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Hikes needed to pay for new plant; City Council to hold public hearing May 19

New Hampton Public Works Director Casey Mai understands that New Hampton residents and businesses aren't going to like higher water and sewage bills, but he also believes the city has little choice when it comes to raising rates.

It does, after all, have to build a new

wastewater treatment plant, one that, as of right now, will cost \$28.3 million.

"We've been told by engineers based on other projects [they've worked on] that costs could be approximately \$30 to \$35 million," Mai said after Monday night's City Council meeting in which city leaders set a public hearing on May 19 raising rates. "Just to make the \$28.3 million work, we obviously need to raise our rates to make payments."

That's because the city doesn't plan on selling general obligation bonds for the project but instead, will use increased water and sewer revenues to pay for a new plant the Iowa Department of Natural Resources has mandated New Hampton build to meet the state's nutrient reduction standards.

A typical household of four that uses \$3,500 gallons of water a month

currently has a water and sewer bill of \$60.04 and that will increase by 6.3 percent to \$63.84 beginning on July 1 if the council approves the rate increases. That same household would see a 13.8 percent increase to \$72.67 in July 2026 and annual increases are planned through at least 2029.

"The state average for rates across

the state for water and sewer is between \$80 and \$100," Mai said. "That's what it was two years ago. Obviously, I don't know what that

SEE WASTEWATER, 4

Bob Fenske/Tribune

New Hampton High School sophomore Skyler Buggenhagen performs a solo on the marimba that netted her a perfect score at the state solo and ensemble contest during the school's annual Variety Show that was held on Friday night, when students — and a few teachers as well — showed off their talents and yes, courage, on the New Hampton Elementary School Auditorium stage.

See COLUMN and MORE PHOTOS. Page 5

Rosendahl says Scally will return to revamped position, one needed to make sure department is 'operating correctly' when he is unavailable

Almost a year after taking over as New Hampton's police chief, Conrad Rosendahl now has a "backup" if you will when it comes to supervising his department.

That's because Rosendahl has recreated a sergeant's position in the department and appointed

Paul Scally, who held the position as recently as the spring of 2024, effective on May 1.

Last spring, the City Council removed the sergeant's position after learning the city wasn't in compliance with state law with the position. The old sergeant's position had the power to "discipline" fellow officers and was also part of the union that represents officers in collective bargaining.

But Rosendahl, in a memo to the City Council, said “I feel there is a need to have a named supervisor within the New Hampton Police Department. When I am out of town or unavailable, there needs to be someone with experience and knowledge to ensure the department is operating correctly.”

SEE SERGEANT, 4

One student who plans to major in art education may experience the same angst

Without fail, the New Hampton High School Art Show is a bittersweet experience for Melissa Nelson.

And 2025's show this past Saturday was certainly not an exception.

The instructor loves the fact that the show allows her students to show off a school year's worth of artwork, but the tough part each year comes during the show's senior recognition ceremony.

In short, it's tough to say goodbye.

group, no question about it," Nelson said, "and I know I say that pretty much every year. We spend so much time with each other, working on projects and I feel like I really get to know my kids."

But this year's group touched Nelson's heart outside the art classroom as well, helping her with Student Senate and homecoming activities.

"They are so involved, and they do so much for our school and our community," she said. "I just think they are perfect examples of really good kids."

SEE ART. 11



Bob Fenske/Tribune

New Hampton High School art instructor Melissa Nelson and her seniors share a group hug during Saturday's art show.

After weeks of both rain and cold, planting should be shifting into high gear this week

After a maddening slow start to the 2025 planting season, the pace is about to go into overdrive.

That's because Mother Nature is finally going to give area farmers a break.

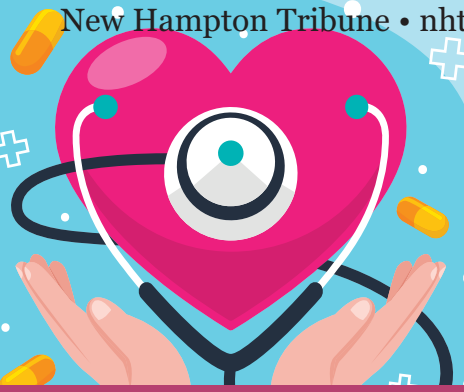
"It's about time," Five Star Cooperative agronomist Bob Sobolik said Tuesday afternoon. "We really haven't had one of these 10- to 14-day windows in two or three years, so yeah, we've earned this one. Let's hope that forecast doesn't change."

How slow has planting gone thus far this season? A look

at the three most recent Iowa Crop and Condition Reports, which are put out weekly by the USDA's National Agricultural Statistics Service, tell the story.

In the report released April 21, 11 percent of the corn and 8 percent of the soybeans had been planted in the Northeast District, which includes Chickasaw County. A week later, the report showed 14 percent of the corn and 12 percent of the soybeans had been planted. And in the most recent report released on Monday, those numbers had climbed to just 19 percent for corn and 17 percent for soybeans.

SEE PLANTING, 7



Celebrating NURSES

Nurse so happy she took her '180'

New Hampton
Nursing and Rehab
director of nursing
loves helping people

By BOB FENSKE
editor@nhtrib.com

It's a "180" that Mariah Riley will never regret. Back in 2016, she had a plan. She would graduate from Sumner-Fredericksburg High School and head to the University of Iowa and pursue a law career. And then one day, her life turned on a proverbial dime. "I really did the ultimate 180, I decided I wanted to go into health care," she said. "I've always loved helping people, and I don't know what it was but I just decided I needed to go into health care. That's where my heart was taking me."

Fast forward nine years, and Riley is now the director of nursing at New Hampton Nursing and Rehabilitation. She took over the position on April 7 after spending seven years at Tripoli Nursing and Rehab, where she started as a certified nursing assistant (CNA), and then worked as a licensed practical nurse (LPN), became a registered nurse and eventually became the nursing home's assistant director of nursing.

"Honestly, I got homesick at Iowa," she said, "and so I transferred to Northeast Iowa Community College and took that job as a CNA in Tripoli. And I'm really not kidding at all when I say I fell in love with geriatrics immediately. Obviously in school, they train you in all aspects of nursing, but I knew I wanted to work in long-term care."



Photo courtesy of New Hampton Nursing and Rehab

Mariah Riley began her duties as the director of nursing at New Hampton Nursing and Rehab on April 7 after spending seven years at a long-term facility in Tripoli.

She loves the fact that she gets a chance to build long-term, meaningful relationships with residents and their families.

"If you're in a hospital or even a clinic setting, you might catch yourself thinking, 'I wonder how it all turned out,'" she said, "where in long-term care,

I know because I'm there every day. Those relationships, they mean the world to me."

Riley, who is engaged and has a 20-month-old son, said she was ready for a new challenge and has found one at New Hampton Nursing and Rehab. And she's appreciative that she has been welcomed with proverbial open arms by the staff at the facility located on New Hampton's east side between Mikkelson Park and Garnant Pond.

"I loved my time at Tripoli," she said, "and I don't think you spend seven years in one place without making it a little hard to leave. But I was ready for something different; I just wanted it to be in long-term care. That's my passion, and I think it always will be."

She laughed when asked what a typical day is like for her.

"Well, for all nurses — it doesn't matter where you work — I don't know if there really is a typical day," she said. "It's one of the things I love about nursing. Every day is different. No two patients, no two residents, are exactly alike."

"One of the most important parts of nursing or any job in healthcare really is to understand that every patient reacts

SEE RILEY, 3



Photos courtesy of Jenny Monteith/MercyOne New Hampton
Nurses pose for a couple of promotional pictures at MercyOne New Hampton Medical Center and MercyOne New Hampton Family Clinic.

MercyOne CEO celebrates key 'foundation' of healthcare

Flugum says New Hampton's hospital, clinic blessed with nurses who are both caring, compassionate

By BOB FENSKE
editor@nhtrib.com

Don't get MercyOne New Hampton Medical Center CEO Aaron Flugum wrong, he appreciates all of the employees who work at the only hospital facility in Chickasaw County.

At the same time, though, Flugum will tell you that traditionally, nurses have been the foundation of MercyOne and hospitals like it across the county.

And as National Nurses Week kicked off on Tuesday, the hospital's top administrator said that tradition remains very much alive at a MercyOne New Hampton.

"A lot of times, yes, it's the provider putting in the orders, but it's the nurses who are providing the direct care," he said, "and we're so lucky here to have caring and compassionate nurses that want our patients to get the possible care they can. I know it's their week and everything, but I'd say that even if it wasn't National Nurses Week."

Flugum also made a pitch to those who might be thinking about a career in nursing.

"Nursing education has a great return on investment," he said, pointing out that a two-year nursing degree can pay great dividends in the future and adding that there's a lot of room for growth in the field of nursing.

Licensed practical nurses become registered nurses who can then go on to earn their BSNs and a master's in nursing.

SEE NURSES, 3



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Sunday, May 11	Happy Mother's Day
Monday, May 12	Dragon Express Food Truck 11 am to 7 pm North Butler Jr. High Band & Choir 9:30 am (Activity Room)
Tuesday, May 13	Black Sheep Coffee Trailer 7 am to 10 am; Funky Pepperoni Food Truck 11 am to 7 pm; Runaway Scrubs 11 am to 3 pm; BINGO on the lawn 5 pm to 7 pm BINGO
Wednesday, May 14	Cosmic Smash Food Truck 11 am to 7 pm; Inflatables 9 am to 12 pm & 3 pm-7 pm; The Balloon Man & Petting Zoo 2pm to 3:30 pm. KIDS DAY
Thursday, May 15	Black Sheep Coffee Trailer 7 am to 10 am; Boyd's Food Truck 11 am to 7 pm; Iowa Sweet Food Truck 4 pm to 7 pm; Tom Hofer & The Iowa Playboys 6-8 pm FREE Admission Bring a Lawn Chair
Friday, May 16	Employee Appreciation Meal 12:00 pm.



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The nursing profession has been supported and promoted by the American Nurses Association (ANA) since 1896. Each of ANA's state and territorial nurses associations promotes the nursing profession at the state and regional levels. Each conducts celebrations on these dates to recognize the contributions that nurses and nursing make to the community.

The ANA supports and encourages National Nurses Week recognition programs through the state and district nurses associations, other specialty nursing organizations, educational facilities, and independent health care companies and institutions.

The week traces its roots back to 1953, when Dorothy Sutherland of the U.S. Department of Health, Education, and Welfare sent a proposal to President Eisenhower to proclaim a "Nurse Day" in October of the following year. The proclamation was never made.

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— American Nurses Association



Photo courtesy of Gina Schumacher

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Long-term care facility welcomes new nursing director with open arms

RILEY: FROM 2

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A month into her new position, Riley said she's been amazed at both the residents and the staff members.

"They've all gone out of their way to make me feel so welcome," she said. "It's overwhelming, but in a very good way."

At home, of course, her son keeps her hopping. "He's moving all the time,"

she said with a laugh, "and I know he's just getting started."

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"My goal, our goal here, is to make sure our residents all get the care they deserve," she said, "and one of the things I love about my job here, is that I get to keep my hands in nursing, I get to use my skills."

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MercyOne New Hampton CEO grateful for nurses at hospital and clinic

NURSES: FROM 2

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"They have a lot of responsibilities," he said, "and I appreciate — we all appreciate — that in their minds, our patients always come first."

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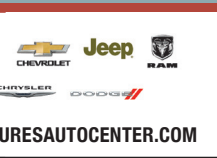
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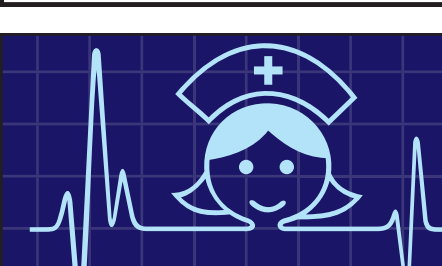
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Police chief says sergeant is a need, not a want, for department

SERGEANT: FROM 1

Rosendahl said he has been considering naming a sergeant almost since he began working for the city on July 1, 2024.

“I started and realized that there needs to be somebody in charge when I’m not here or not around or available,” Rosendahl said during an interview on Monday morning, “so I updated the entire policy manual. In that update, I took away any sergeant position or any supervisor position having any powers to discipline; therefore, bringing this position back into compliance with state

code. ...

“It’s something we need,” he added. “It’s not a want in my opinion; it’s a need. ... Paul and I had a conversation, and I laid out what I expect out of him as far as a sergeant. We’ll see how it goes with the council.”

The memo to the council was on Monday night’s “consent agenda,” and although council members have the ability to “pull” a consent agenda item for more discussion, that didn’t happen. Instead, the council approved the consent agenda, and in effect, the appointment of Scally as the department’s sergeant.

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Bob Fenske/Tribune

Members of the Chickasaw County Board of Supervisors pose for a picture with Pioneer Cemetery Commission members and volunteers after board members approved a proclamation on Monday evening.

Supervisors OK three ‘veterans parking’ spaces at Heritage

SUPERVISORS: FROM 1

on the unit had failed, and while they were able to find switches, Gorman was told that time may be running out when it comes to obtaining replacement parts.

“Within five years or so, they indicated to me that the parts were probably going to be hard to come by,” Gorman said. “We should be past this issue ... and we’re pretty confident that we’re going to be fine for this season.”

But because of the time it will take to replace the 25-year-old unit, Gorman brought the concerns to supervisors.

“It’s something we should probably be planning for,” he said, “because let’s face it, no air conditioning in a building like this, we’re probably going to hear about it.”

Board Chairman Jake

Hackman agreed.

“I think we’d definitely hear about it,” he said. “It would upset the public, the staff, the court system staff. ... I think the best timing would be like in October or November.”

The cost, Gorman said, could be anywhere from \$50,000 to \$100,000, and Hackman said he and Auditor Sheila Shekleton found about \$55,000 in the budget for the year that ends on June 30. He added board members could amend the 2025-26 budget or try to budget for a new AC unit in the 2026-27 budget.

Hackman’s fellow board members said they would want a more concrete estimate of the cost before deciding which way to proceed, and Gorman said he felt the board had time to make a decision.

“We’re pretty confident that the unit will last another year

or whatever,” he said. “We need a plan, though. It’s one of those deals where you basically got to be proactive instead of reactive or you’re going to be sitting without air conditioning.”

Board members agreed to revisit the issue sometime this summer after the new fiscal year begins, unless, of course, new issues with the current unit crop up.

Supervisors also gave Gorman the go-ahead to install new three parking stalls near the Heritage Center’s entrance. He said Heritage custodian Deb Rosonke made the request because some residents who have appointments with the county’s Veterans Affairs Office have difficulty with mobility.

Board members agreed to give the go-ahead for the new parking stalls, as long as they had signs marking them as “veterans parking.”

In other news from Monday’s meeting:

- Board members unanimously approved the annual contract for County Engineer Roman Lensing, who will receive a 3 percent salary increase at the start of the 2025-26 fiscal year.

- Supervisors voted to proclaim May as Pioneer Cemetery Appreciation Month and thanked both commission members and volunteers for their work at some of the county’s oldest resting spots.

- Board members also agreed to send out requests for proposals (RFPs) for both accounting and human resources services. Supervisors were quick to point out that they are not necessarily dissatisfied with the services they are receiving, but as board member Travis Suckow put it, “It doesn’t hurt us to see what’s out there.”

City to begin land acquisition negotiations for new wastewater plant

WASTEWATER: FROM 1

number is right now; it might be close to \$90 to \$110.”

The public works director said the city has pursued grants but none are available. And even if they were, Mai said “we would never get awarded a grant just because we’re not showing that we are willing to pay for that plant on our own.”

Mai expects to hear backlash at the May 19 public hearing that will begin at 7 p.m., but he also used what has become a favorite refrain — kicking the can down the road — as he talked about the city’s aging infrastructure.

“We obviously need to raise rates to make not only the payments for our new plant, but as well for other infrastructure needs that are on the horizon ... because we have a lot of aging, water and sewer mains in the streets that need attention,” he said.

MEMORIAL: FROM 1

his life for the community, and his memory needs to be kept alive. It’s important and I hope we get a good turnout.”

Meadows was responding to a reported break-in at the packing plant when he was shot to death by one of the two suspected robbers. The two men were never apprehended, and the murder of Plainfield’s town

marshal remains an open case.

“I remember when it happened,” Strike said, “and it’s still a gut punch to think about it. Bill Meadows was a good man who did a lot of good things for Plainfield.”

About a year ago, Strike set out on his quest to provide a permanent memorial to the fallen officer, and he quickly found plenty of allies — including Plainfield Mayor Tom Geise

and longtime Plainfield resident Kenn Deike.

Money was raised not only for the bench that will be placed in Plainfield Veterans Park but also for a headstone at Meadows’ gravesite in Waverly.

The Saturday program will begin at 10 a.m. and include opening remarks by Geise, vocalist Sherry Greenlee performing “God Bless the USA,” Strike and Deike will offer up

“Your money; not my money,” Leibold responded. “It’s going to cut up that field something terrible.”

After Mai said that at least some parts of the existing plant will be used in the new facility, Kelvin Leibold wondered if the new plant couldn’t be built to the east of the old plant, but Mai again said that the engineers felt the plan they came up with was the best for the city.

Earlier this year, the city hired A&R Services, an Ames-based firm, to serve as its agent for the land acquisition that will be needed to build the city’s new wastewater treatment plant.

A&R President Ryan Gurwell was at Monday’s meeting, and after the public hearing was closed, council members gave him the OK to “open negotiations to acquire the property, easement(s), or other rights in real property necessary to construct the wastewater treatment plant public improvement.”

“words of remembrances” and current Bremer County Sheriff’s Office Chief Deputy Robert Whitney will read the poem “American Died.”

Following the dedication ceremony, refreshments will be served at the Plainfield Library.

“We’ve had a lot of wonderful financial support,” Strike said, “and I’m really hoping we have a good turnout for the ceremony. Bill Meadows deserves it.”

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New Hampton High School students (from left) Brenna Thronsdon, Braden Manson, Shelby Springer and Jarrin Robinson perform solos during “Chickasaw Showcase Night,” the school’s annual variety show that was held Friday evening.

Variety show gives this guy not what he wants but what he needs

My spot on that couch was calling me — loudly, I might add — but so, too, were the kids who don’t always get the spotlight in our newspaper so I headed to the auditorium knowing that I could get a “pic page” out of the deal.

Honestly, my attitude heading to the show left a little bit to be desired, but I had to laugh as I headed downtown when my playlist landed on the Rolling Stones’ song “You Can Always Get What You Want.”

God, I guess, was sending me a humorous message.

You can’t always get what you want

You can’t always get what you want

You can’t always get what you want

But if you try sometimes, well, you might find

You get what you need

The Stones’ Keith Richards and Mick Jagger wrote the song in the late 1960s, and when the night was over, I realized that the words in that single released in 1969 were written



Bob Fenske has been the editor of the New Hampton Tribune since 2009, and he can be reached by email at editor@nhtrib.com.

for a tired, old, cranky newspaper editor 56 years later.

I walked into that auditorium Friday night with an attitude — not a good one, either — but I departed with a spring in my step.

Look, I’m not saying every single song was my cup of tea, but in the course of an hour or so, I came to appreciate every single performer.

When New Hampton Choir Director Jill Cantu said that her students are required to sing a solo some time during the year and that they had the option of doing so “with a friend in the choir room” or doing it at an event like the variety show, my thought was this: I’d most definitely do it in the choir room and pay someone — quite handsomely, too — to tell a little white lie and say they were there.

This may come as a shock to those who know me, but speaking in front of a crowd is a phobia I possess. Singing or playing an instrument in front of a crowd? Not a chance. A, I can’t sing. B, even if I could, I’d probably rather go through a root canal without anesthesia than do something crazy like have a mic put in front of me.

I’ll tip my hat to Skyler Bugenhagen, Zoey Dreckman, Emma Elliott, Andi Gebel, Addie Hackman, Ariel Hanson, Braden Manson, Kassidy Meyerhoff, Ainslea Pint, Jarrin Robinson, Shelby Springer

and Brenna Thronsdon.

In short, they have way more guts than I ever will.

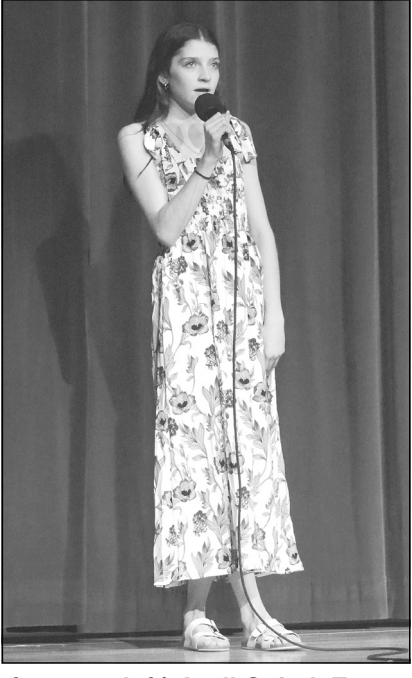
I had my favorites, of course. Bugenhagen’s performance on the marimba was out of this world. I’m still trying to figure out how she was able to flawlessly perform her percussionist piece with four “sticks” in her hands, but after Friday night, I also totally understand how she received a perfect score on the instrument at the recent state solo and ensemble contest.

Springer sang a song, “Chasing Cars,” that is on my “running playlist,” Robinson sang a song from “Fiddler on the Roof,” one of my all-time favorite musicals and Manson’s song, “Waving Through a Window” found a way to my ever-growing, eclectic playlist.

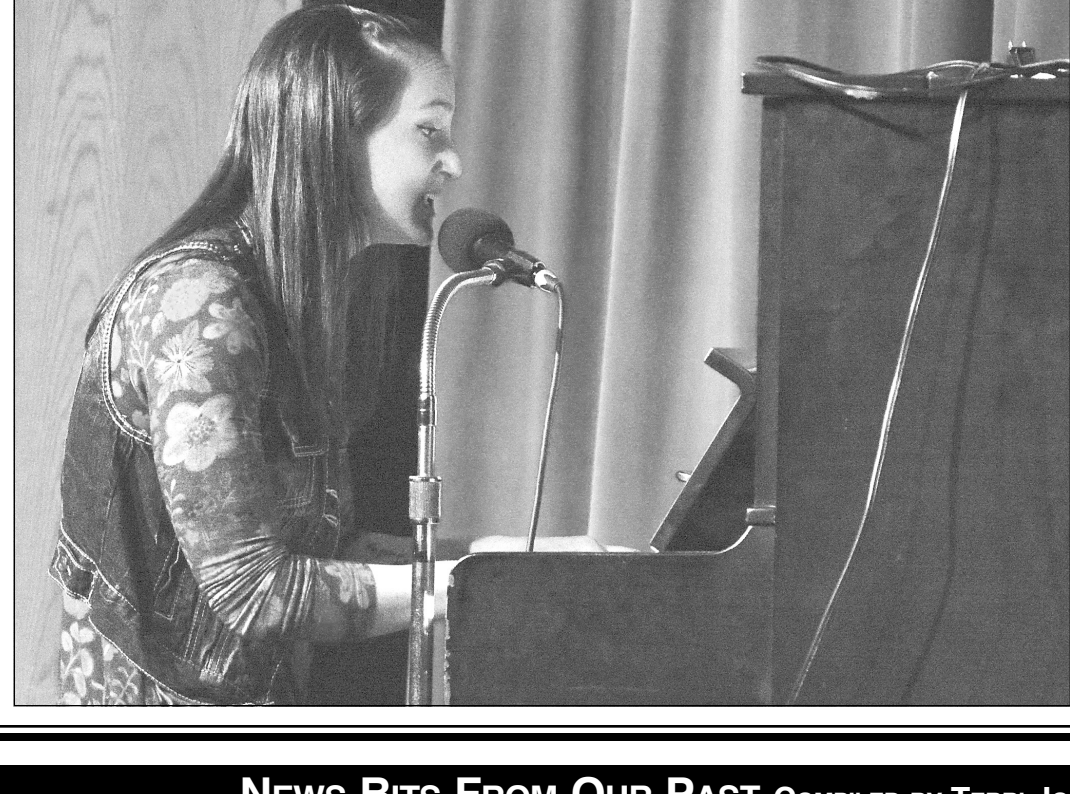
There was Thronsdon, who sang her song without the microphone on and nobody knew it. That, my friends, is confidence.

And there were the three teachers — elementary music teacher Erica Koster, Cantu and high school English teacher Maggie Konecne — who performed. I’ve got one word for you that sums up all three: Bravo.

What I wanted on Friday night was my spot. Instead, I received yet another reminder that our kids — and our teachers, too — sometimes give me exactly what I need.



New Hampton students (clockwise from top left) Andi Gebel, Emma Elliott, Addie Hackman and Ainslea Pint perform at the show.



New Hampton vocal music teachers Erica Koster (left) and Jill Cantu (above) sing songs during Friday’s variety show.

NEWS BITS FROM OUR PAST COMPILED BY TERRI JOSEPHSON

Week of May 4 1950 (75 years ago)

- The baseball season starts Sunday, May 7, when the local team meets Cresco here in a Northeast Iowa league game. A number of merchants have offered prizes to those hitting home runs.
- Hauth Corner Drug will offer a choice of a Sheaffer pen or an Amity billfold. If the home run comes with bases full, both will be given.
- The New Hampton Bottling works will give a case of Squirt. Lampson’s Shell Service is giving a \$1 worth of gas. The Maindiner Cafe and Little Butch’s will each give a large steak for the first home-team man to get a home run.
- Leuthold O’Connor will give \$2.50 in merchandise to the first two base hits and Wholesale Food Market will give a case of Coke to the first man to hit a home run.
- The Tri-M’s of the Methodist Church will serve a Mother’s Day breakfast in the church dining room from 8 a.m. to 9 a.m. A short program will follow before Sunday School time.
- 1975 (50 years ago)**
- “The best city clerk in any city in the State of Iowa, perhaps the entire history of the state,” is how City Attorney William Wegman described Gerald Bailey in his letter of regret after hearing of Bailey’s resignation from the office after 26 years, because of ill health.
- Bailey received many letters and notes of well-wishes from his home community and throughout the state.
- On Sale at IGA Foodliner: Pork Chops,

79 cents per Lb.; Oscar Mayer Bologna, 59 cents per Lb.; Bananas, 2 Lbs. for 29 cents; Oranges 69 cents per Lb.; Yellow Onions, 3 Lbs. for 39 cents; Sunbeam Sandwich Bread, 4 loaves for \$1.00; Banquet Frozen Pies 4 for \$1.00; Potato Chips, Twin Pack, 49 cents; Tuna, 3 cans for 98 cents; Hellmann’s Salad Dressing, 49 cents per Qt.

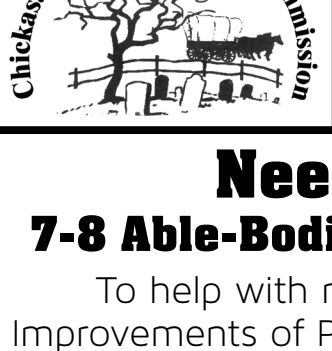
2000 (25 years ago)

- The New Hampton High School boys track team was represented in two events last weekend at the Drake Relays.
- Blake Flansche competed in the 110 meter hurdles, he hit a hurdle near the finish and placed fourth in his heat with a time of 15.37 and did not qualify for the finals.
- The 4x100 relay team of Matt Shatek, Flansche, Ryan Speltz and Jason Reicks ran a 45.16.
- The New Hampton varsity girls track also competed in two events at the Drake Relays. Bridgette Duffy threw the discus 108’0” and the 4x100 relay team of Cassie Beck, Tara Heiselman, Lindsey Smith and Megan Vorwald ran a 51.65. New Hampton did not place in the top six in either event.
- Qualifying for one of the state’s top track meets is a tremendous honor and a great chance to compete at a higher level against athletes from all classes for both boys and girls.
- 2015 (10 years ago)**
- So far this season, the timeline for the Chickasaw girls golf team is pretty impressive.

The Chickasaws opened their season with a 195. They set a new nine-hole school record in their third meet with a 187 and took first place at the New Hampton coed with an 18-home school record of 371. They tied their nine-hole record in a win over Decorah.

In a win over Don Bosco, the NH girls not only broke the record, but cut 11 strokes off a new school record of 177. After that meet, the nine-hole average was a 189.13, which was second best in Class 3A. The girls ran their record to 14-0 with a win the next night with a 179-211 win over Waukon.

- The Chickasaw County Veterans Memorial Committee is ready to unveil the newest addition to the memorial located on the courthouse square.
- So instead of holding the annual program at the New Hampton Cemetery, like they have in the past, the May 25 ceremony will be held uptown at the courthouse square at noon.
- 2020 (5 years ago)**
- It’s a sign of the virus times, you have heard of absentee balloting and voting by mail, but now there is a new one, drive-up balloting.
- The early voting for the June 2 primary began Monday, even though the courthouse will remain closed to the public through at least mid-May.
- Voters will pull into the driveway on the north side of the courthouse, call the Auditor’s office, and two employees wearing masks and gloves will come and allow voters to cast their ballots in their cars.



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Needed: 7-8 Able-Bodied Volunteers

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Please consider contacting:
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Dale Liddle 563-237-9001 or 641-229-1807

You will NOT be disappointed with showing your respect to our heritage and honoring our areas pioneers that paved the way for all of us through this county funded program.



Church Services

NEW HAMPTON

TRINITY LUTHERAN

223 S. Water
trinitylutherannewhampton.org
641-394-2552
Pastors Dan Christensen
and Sue Cira
Service times: 6 p.m.
Wednesday; 9 a.m., Sunday.

HOLY FAMILY CATHOLIC

202 N. Broadway
641-394-2105
Father Jim Goerend
Mass times: 4 p.m.,
Saturday; 8 and 10 a.m.,
Sunday

NEW HAMPTON METHODIST

201 N. Locust Ave.
641-394-2893
Pastor Paula Hemann
Service time: 9 a.m.
Sunday.

REDEEMER LUTHERAN

611 W. Court St.
saudejerico.com
Pastor Peter Faugstad
Service time: Saturday,
Divine Service, 4 p.m.

HARVEST CHURCH

481 S. Linn Ave.
harvestcares.com
641-394-4380
Pastor: Josh Jacobs
Service time: 9:30 a.m.
Sunday.

PRAIRIE LAKES

234 S. Linn Ave.
prairielakeschurch.org
641-456-6880
Pastor Cory Orr
Service times: 9 a.m.,
Sunday.

UNITED CHURCH OF CHRIST

4 E. Court St.
Service time: 10:30
a.m.

JERICO

JERICO LUTHERAN

2512 120th St., New
Hampton
saudejerico.com
Pastor Peter Faugstad
Service time: 10:30
a.m., Sunday Divine Service.

SAUDE

SAUDE LUTHERAN

2949 Stevens Trail, Lawler
saudejerico.com
Pastor Peter Faugstad
Service time: 8:30 a.m.,
Sunday Divine Service.

IONIA

UNITED CHURCH OF CHRIST

firstumcnewhampton.com
Service time: 9 a.m.
Sunday.

ST. BONIFACE CATHOLIC

Father Jim Goerend
Mass: Saturday, May 17,
6 p.m.

LOURDES

OUR LADY OF LOURDES CATHOLIC

Rev. Telesphore Dusabe
Mass time: Saturday, 4
p.m.

ALTA VISTA

ST. BERNARD CATHOLIC

Rev. Telesphore Dusabe
Mass time: Saturday, 6
p.m.

ELMA

IMMACULATE

CONCEPTION CATHOLIC

Rev. Telesphore Dusabe
Mass: Sunday, May 18,
7:15 a.m.

ST. PETER LUTHERAN CHURCH

Pastor Bruce Miller
107 Wood St. Elma
Service time: 9 a.m.
Sunday.

ELMA CHRISTIAN CHURCH

Pastor Paula Hemann
207 Plum Street Elma
Service time: 10:30
a.m. Sunday.

NORTH WASHINGTON

IMMACULATE

CONCEPTION

Father Jim Goerend
Mass: Saturday, 6 p.m.



Photos courtesy of Jayden Burke/Good Shepherd Cluster

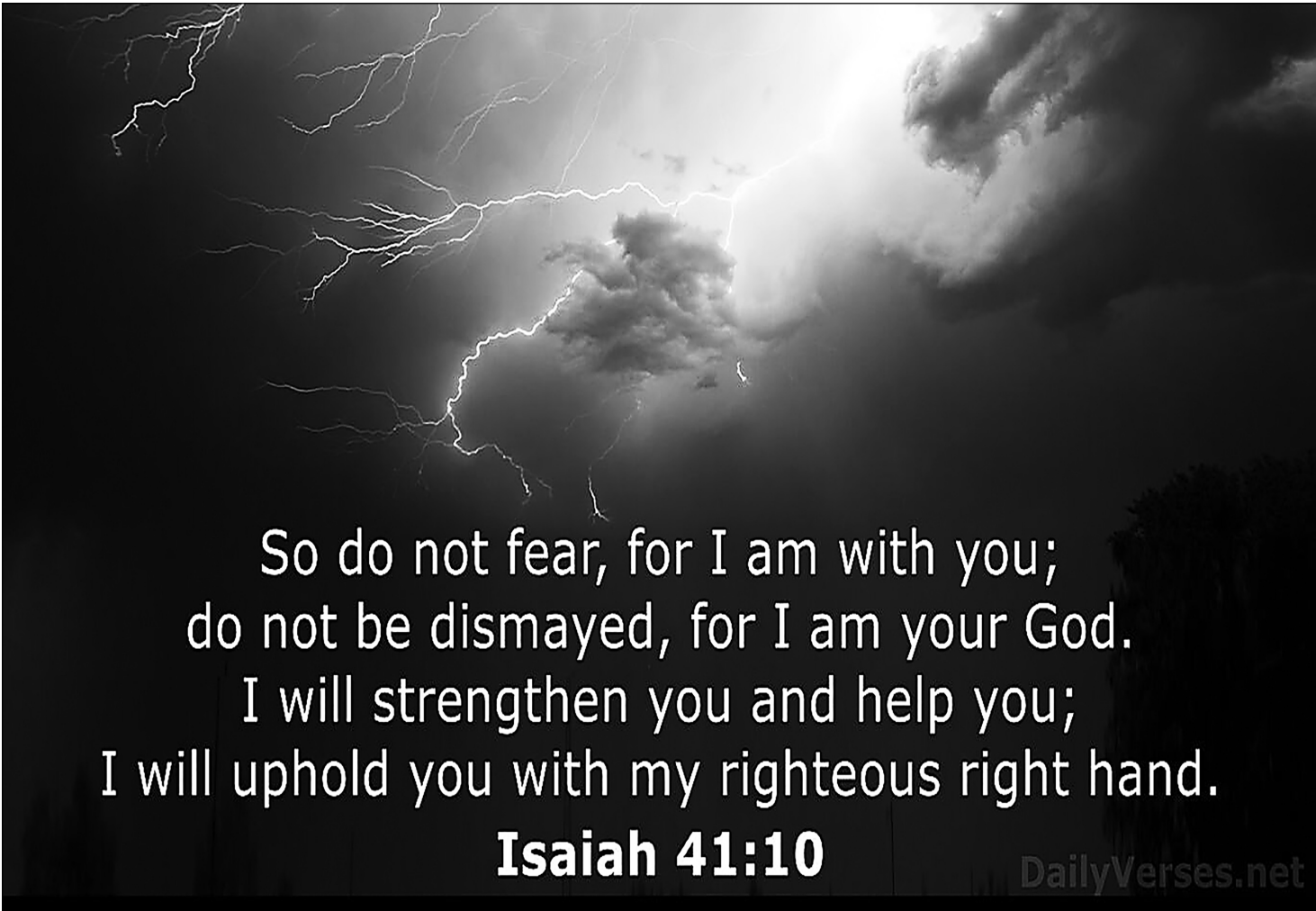
First communion at Good Shepherd

Good Shepherd Cluster celebrated First Communion April 26-27 as the cluster's young parishioners affirmed their belief the elements of bread and wine truly become Jesus Christ; body, blood, soul, and divinity. In receiving the Eucharist, Catholics reaffirm their share in the Body of Christ, the Church, and they hold to what all the Church teaches.

Children taking their first communion at Holy Family Parish in New Hampton included (in alphabetical order) Kooper Abbas, Mia Boss, Juan Pablo Cardona, Jocelyn Eichenberger, Haizlee Fye, Peyton Geerts, Kenlyn Hackman, Shay Hackman, Alex Heim, Taya Holthaus, Kate Hoskins, Chloe Jeffrey, Kemper Kleiss, Troy Kleiss, Johnatha Knutson, Laken Kurash, Brea Lechtenberg, Harlow Lechtenberg, Vivian Lynch, Jack Mitchell, Keylor Ortiz, Skylar Phillips, Jesus Ramirez, Miller Reicks, Adela Rodriguez, Jayla Rodriguez, Sophia Shatek, Clara Shekleton, Kai Smith, Adalynn Vidales and Everly Wegner.

At St. Boniface in Ionia, (below left), receiving first communion was Corbin Schwickerath and at Immaculate Conception in North Washington (below right), Finley Uhlenhake received the Eucharist for the first time.





So do not fear, for I am with you;
do not be dismayed, for I am your God.
I will strengthen you and help you;
I will uphold you with my righteous right hand.

Isaiah 41:10

DailyVerses.net

Church Services

NASHUA

LITTLE BROWN CHURCH

littlebrownchurch.org
Pastor Drew McHolm
Service times: Sing-A-
Long Service, 10:15 a.m.,
and worship service at
10:30 a.m., Sunday.

REPUBLIC CHURCH

1794 280th St., Ionia
Pastor Sarah Namukose
Service time: 10:30
a.m. Sundays.

UNITED METHODIST CHURCH

314 Brasher Street
Pastor Sarah Namukose
Service time: 9 a.m.
Sundays.

ST. JOHN LUTHERAN

300 Merrill St.
Pastor Todd Burrichter
Service time: 9 a.m.
Sundays.

CEDAR POINT CHURCH

310 Main Street
Pastor Darin Cerwinski
Service time: 6:30
p.m. Friday.

ST. MICHAELS CHURCH

602 Cedar Street
Father Tom Heathershaw
Service time: 6:30
p.m. Saturdays.

ST. JOHN'S UCC - PLEASANT HILL

10009 Union Ave.
Pastor Drew McHolm
Service time: Sunday,
9 a.m.

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3030 Highway 24
Father Nick Radloff
Mass: Saturday, 4 p.m.;
Ash Wednesday, 6 p.m.

IMMANUEL CRANE CREEK LUTHERAN CHURCH

2616 140th St, Lawler
Pastor Sue Cira
Service time: 9:30
a.m., Sunday.

FREDERICKSBURG

ST. PAUL'S LUTHERAN CHURCH-MISSOURI SYNOD

222 S. Washington Ave.
Pastor Ron Koch
Service time: 8:30
a.m., Sundays.

PEACE UCC CHURCH

221 Oak St.
Pastor Scott Smith
Service time: 9 a.m.,
Sundays.

FREDERICKSBURG

UNITED METHODIST

111 S. Hamilton Ave.
Pastor Alex Johnson
Service time: 10:15
a.m., Sundays.

WAUCOMA

ST. MARY CATHOLIC

218 3rd St. NW
Father Nick Radloff
Mass: Sunday, May 18,
8:30 a.m.

ST. LUCAS

ST. LUKE CATHOLIC

215 East Main
Father Nick Radloff
Mass: Sunday, 10:30
a.m.

PROTIVIN

HOLY TRINITY

124 N. Main St.
Father Nick Radloff
Mass: Sunday, 8:30
a.m.

LITTLE TURKEY

ASSUMPTION OF THE BLESSED VIRGIN MARY

3303 160th St.
Father Nick Radloff
Mass: Sunday, May 18,
10:30 a.m.

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If you’re adding a child to your family, it’s an exciting time, and you have much to anticipate. Of course, this new addition will bring many changes in your life, so you’ll want to be prepared — especially in terms of your finances.

What financial moves should you make as you welcome your new child? Here are a few to consider:

- Estimate expenses — and create a new budget. You will likely have several new expenses associated with a new child, ranging from relatively minor purchases — car seat, stroller, crib, etc. — to potentially much larger costs, such as a vehicle with more space or even a new home. You’ll need to estimate what you can afford for these initial expenses and then work in to your budget the everyday additional costs — food, clothing, uncovered medical expenses and so on.
- Look at options to support taking time off work. Depending on where you live and where you work, you might have some sources of support if you take time off from work after the arrival of your child. These options may include paid time off — such as sick leave and vacation time — paid family leave, short-term disability insurance, and some benefits from the Family Medical and Leave Act.
- Determine how child care will be provided. Child care can be expensive and, in some areas, hard to find. Well before the arrival of your child, start looking for child care, so you can explore your options and start factoring in the costs to your cash flow and monthly budget. During your search, look at offerings from local community centers, religious institutions and nonprofit organizations, some of which may offer low-cost child care programs.
- Contribute to your emergency fund. It’s generally a good idea to keep up to six months’ worth of living expenses in a liquid, low-risk account to pay for unexpected costs — and with a growing family, these costs may well



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MARKING SENSE OF INVESTING

increase as your child grows older.

- Look at your tax situation. You may want to consult with a tax professional to determine whether you qualify for credits or deductions, such as the dependent care credit, the federal child tax credit, and adoption-related credits (if you adopted a child). Also, you may want to update your Form W-4 to add a dependent — a move that may lower your tax withholding and increase your take-home pay.
- Start your education planning. It’s never too soon to think about paying for costs associated with your child’s education. You might want to consider a 529 education savings plan, which offers tax benefits and can be used for college and many vocational programs, as well as some K-12 costs. A financial advisor can help you explore all available education savings options.
- Check your insurance. You’ll need to add your child to your existing health insurance, but if you don’t have insurance, see whether you qualify for Medicaid or the Children’s Health Insurance Program (CHIP), or look for a marketplace plan at healthcare.gov. You might also need to purchase additional life insurance coverage. And with a growing family to support, you might want to add disability coverage to protect your income against short- or long-term disabilities.

Bringing a new child into your life is certainly a joyous occasion — and by being financially prepared, you can make the whole experience even more enjoyable.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC



Photo courtesy of Liz Zwiebohmer/New Horizons Chamber

New Horizons welcomes new member

The Cottage at Woodland Farm owner Katie Maynes and her husband Jeff cut the ribbon as New Horizons Chamber members welcome the couple and their event coordinator, New Hampton resident Kayla Smith, to the organization. The Cottage at Woodland Farm is located near Fredericksburg and offers its grounds and buildings for weddings and other events.

Area farmers finally get a forecast decent for getting crop into ground

PLANTING: FROM 1

Blame a relatively cool and very rainy April, but finally, there is nothing but blue skies ahead. In the seven-day forecast for New Hampton put out by the La Crosse, Wisconsin, office of the National Weather Service, there is not a single mention of rain, and that has area farmers positively giddy. So, too, does the fact that temperatures are expected to be in the 70s and until at least the middle of next week. “I’d say by mid-week, definitely later in the week, you’re going to see a lot of planters in the field,” Sobolik said Tuesday. “Then again, they’re already out there. I had a guy in the office today ... he came from Rudd to Lawler back to New Hampton and he told me he saw 30 planters.” New Hampton received 5.08 inches of rain in April, almost an inch more than the normal 4.18 inches Chickasaw County’s largest city receives in the month. It marked the second straight month New Hampton had received above-average precipitation. In March, the

city’s reporting station recorded 2.94 inches of rain, about six-tenths of an inch above average. That has helped ease drought fears, even though the latest U.S. Drought Monitor report that was released last week showed that Chickasaw County remains classified as “abnormally dry.” “We have enough moisture to get the crop in the field,” Sobolik said. “I am concerned about a hot, dry summer that they’re saying we might get, but for now, we’re good.” Sobolik said he also has some worries about the level of subsoil moisture in the area, but “you get down two feet right now and we’re looking good. ... It’s the same thing every year; timely rains are going to be important, and that’s especially so this year.” For now, though, he’s just happy for his fellow farmers; after all, they’ve been raring to go for a while now. “They’re getting that window, and after all the stuff we’ve been through the last few years,” Sobolik said, “you know what? They’ve earned it.”



Ernie and Mary Willsher

Willsher 50th anniversary

Mary and Ernie Willsher of Nashua will celebrate their 50th wedding anniversary this month. Ernie Willsher and Mary Roethler were married at St. Boniface Church in Ionia on May 10, 1975. Their children are Tige Willsher of Nashua, Casey (Andy) Neuhaus of Belle Plaine, Nick Willsher of Santa Cruz, California, and Allie (Zach) Wesselmann of Nashua. The couple have nine grandchildren and reside at 1302 Greeley St., Nashua, Iowa.

Letter to the Editor

Soil and Water districts have a long, rich history in Iowa

EDITOR’S NOTE: *This letter to the editor was inadvertently left out of the May 1 Tribune, and we apologize for the error.* This year, Iowa celebrates its 84th Soil and Water Conservation Week April 27 through May 4, coinciding with national Stewardship Week organized by the National Association of Conservation Districts.

Iowa passed a law in 1939 to establishing a state agency and the means for soil and water conservation districts to organize. This legislation declared it the policy of the State of Iowa to: preserve soil and water; protect the state’s tax base; and promote health, safety and public welfare of people of Iowa.

This year’s theme for the week was “Home is Where the Habitat Is.” One of the highlights of the week for our local SWCD was the poster contest for our local elementary schools. We have been receiving completed posters in the office and all are enjoying seeing the kids’ ideas for the theme come to life in their artwork!

Three winners from each age division at each school will receive prizes of \$35, \$25 and \$15. We choose to support local business by purchasing gift certificates for these prizes rather than cash awards.

The Chickasaw County Soil and Water Conservation District (SWCD), led by five elected commissioners, is one of 100 SWCDs in the state of Iowa and 3,000 conservation districts across the country that were established in the years following the severe erosion of the “Dust Bowl” period of the 1930s.

Our mission is to provide the citizens of Chickasaw County with financial and technical assistance in the design, construction and maintenance of structures and practices used to preserve and enhance the natural resources of this land.

Our district also sponsors scholarships for high school seniors continuing their education in a program related to agriculture or conservation in their first year of college. All these things are made possible solely through donations to our district from people like YOU!

If you are interested in making a tax deductible donation, please mail your check payable to Chickasaw SWCD to 420 W Milwaukee Street, New Hampton, IA 50659 or stop in and say hello! You will receive a receipt for tax purposes.

We also invite you to check out our website Chickasaw-swcd.com and our Facebook page for more news and events.

Thank you and we hope you had fun finding your way to celebrate Soil & Water Conservation Week!

Chickasaw County Soil and Water Conservation Commission

Middle school concert is Monday

New Hampton Middle School vocalists and instrumentalists will present their annual spring concert this coming Monday at the competition gymnasium.

The concert begins at 7 p.m. and will include performances from both band and choir students.

Mahjong at the Library

Every Friday, a group is scheduled to meet at the New Hampton Public Library for a game of Mahjong. “This is a fun group who gather just to learn a new game,” says the press release. “Come along and meet a friend. We meet weekly at 1 p.m.”

May 18 stories at the Carnegie

It’s storytime at the Carnegie Cultural Center on Sunday, May 18 with a free storytime with milk and cookies from 1:30 to 2:30 p.m.

Farmers Market to start May 22

Opening day of the Farmers Market is scheduled for Thursday, May 22 at the corner of Main and Chestnut, next to the Riley’s Inc. store, from 4 to 6 p.m.

Elma thrift store hands out \$7,500 in grant awards

The Tossed & Found thrift store in Elma awarded \$7,500 in funding to Elma-area non-profit groups and projects in its March charitable grant program. The organizations & the projects receiving funding included:

- The City of Elma ECC Project to re-surface the playground, adding painted games & activities; received \$1,000 toward this \$27,000 project.
 - The Alta Vista Days Committee Inc. group to replace the out-dated electric scoreboard received \$1,000 toward this \$8,000 project.
 - The Elma Park Board to continue with handicap-accessible sidewalks throughout the park, connecting the splash pad & bathrooms received \$1,000 toward this \$7,500 project.
 - The City of Alta Vista to replace siding on the city park concession stand received \$500 toward this \$2,500 project.
 - The City of Elma-Splash Pad to erect landscaping pillars around the facility received \$1,000 toward this \$2,000 project.
 - The Alta Vista Library to purchase a new circulation computer received \$500 toward this \$1,500 project.
 - The Little Cats Daycare in Riceville to increase and replace classroom supplies due to expanding enrollment received \$500 toward this \$645.95 project.
- Since the number of qualified applications and amounts requested did not use the allotted \$7,500 this funding cycle, the remaining \$2,000 will be set aside to establish a fund for replacing the aging furnace/air conditioner in the Tossed & Found store in the future. The next grant cycle takes place in September 2025 and Tossed



Submitted photo

Featured in this photo are the award recipients of the Spring 2025 Tossed & Found charitable grant program. From left to right: Kevin O’Brien of the Elma Park Board, Katie (& Mya) Lee for Riceville’s Little Cats Daycare, Renee Burke for the ECC Project, Emily Ptacek for the Elma Splash Pad and Kim Hubka for the Alta Vista Library. Not available for this photo were Christy Roethler for the Alta Vista Days Committee and Jarrett Holthaus for the City of Alta Vista.

& Found encourages all Elma-area non-profit groups to begin now to plan their future projects so that they may request funding in September. As a reminder, the Elma-area includes the Elma, Alta Vista, Lourdes and Riceville communities. Applicants must be a government entity or qualified 501(c)(3) non-profit organization or sponsored by such with proof of status submitted with the application. Highest award preferences are given to those organizations and projects that provide information on their other collaborating fund-raising efforts or partnerships toward the project.

To date, Tossed & Found (under the fiscal governance of The BRIDGE Organization, Inc.) has awarded over \$49,000 in grants to area non-profit groups & projects since opening in June 2019. A complete list of all grants awarded/projects funded is posted in the thrift

store located at 321 Main Street in Elma.

Shirley Engel
Celebrates her 90th trip around the sun on Monday, May 12

Open House will be held
Saturday, May 17th
1:00 pm - 4:00 pm
Homestead Circle
520 South 1st Ave., New Hampton

Please send birthday wishes to:
520 South 1st Ave. #112
New Hampton, IA 50659



Almanac

	H	L	P
Wednesday	67	41	.12
Thursday	57	43	.14
Friday	64	44	T
Saturday	60	39	--
Sunday	72	40	--
Monday	72	39	--
Tuesday	77	45	--

Forecast

Thursday: Mostly sunny with a high of 67 and a low of 43.

Friday: Mostly sunny with a high of 72 and a low of 52.

Saturday: Mostly sunny with a high of 77 and a low of 52.

Sunday: Mostly sunny with a high of 79 and a low of 56.

Extended forecast: Our almost perfect weather continues as we start the work week with highs in the upper 70s and lows dropping into the 50s.

Meetings

MONDAY

- Chickasaw County Board of Supervisors, 9 a.m., Courthouse.
- New Hampton Light Plant and Telecommunications boards, 5 p.m., NHMU.

History

- In 1945, the United States, Great Britain and other Allied countries celebrate Victory in Europe Day as World War II comes to an end on the European continent.
- In 1963, North American film audiences get their first view of James Bond when “Dr. No” premieres.
- In 1973, armed members of the American Indian Movement (AIM) surrender to federal authorities, ending their 71-day siege of Wounded Knee on the Pine Ridge Indian Reservation in South Dakota.
- In 1984, claiming that its athletes will not be safe from protests and possible physical attacks, the Soviet Union announces it will not compete in the Olympics in Los Angeles that summer.
- In 2010, 88-year-old actress Betty White becomes the oldest person to ever host Saturday Night Live.

Birthdays

- Harry Truman, the 33rd president of the United States was born in 1884.
- American novelist Peter Benchley, who wrote “Jaws” and “The Deep,” was born in 1940.
- Spanish singer and songwriter Enrique Iglesias turns 50.
- “Little House on the Prairie” star Melissa Gilbert turns 61.
- Hall of Fame NFL coach Bill Cowher turns 68.
- English naturalist and TV producer David Attenborough, whose works include “Our Planet,” turns 99.

Corrections

- The Tribune wants to make sure all information it presents is accurate and correct.

If you see an error, please call Editor Bob Fenske at 641-394-2111.

Tribune

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Contact theTRIB! and the TRIBAdvertiser at 641.394.2111

Sylvia Ann Vaala, 77

Sylvia Ann Vaala, age 77, passed away on Wednesday, April 16, 2025, after facing an aggressive form of cancer.

She was born on November 25, 1947 in Saude and later made South Minneapolis her longtime home.

She was a dedicated volunteer at Minneapolis public libraries and was a familiar face on bike paths all across the metro. She stayed active and connected through a variety of groups — knitting circles, Norwegian language classes, the YWCA, Native Plant Society, and the Mindekirken Norwegian Language and Culture Programs.

She loved researching and learning about numerous topics from art to plants to her family genealogy.

She had strong and lasting friendships — lifelong friends Linda and Bernis; Jerie and her daughter Niki, who were dear to her for over 40 years; and college friends Kathleen, Pat, and Linda.

She is survived by four siblings, Jeanne, Martin, Randy, and Janette; along with her five nieces and nephews.

She was preceded in death by her parents, Gregory and Valborg; and one brother, Glen.

Services will be handled by Peterson Chapel and Lakeview Cemetery in Buffalo, Minnesota.

In lieu of flowers, the family suggests a donation to your local public library.

She is survived by four siblings, Jeanne, Martin, Randy, and Janette; along with her five nieces and nephews.



Sylvia Vaala

Property Transfers

Jeffrey L. Larson, Deborah A. Larson and Debra Larson to Jeffrey L. Larson and Deborah A. Johnson; E1/2 SW 22-96-12 E1/2 NW 27-96-12 W1/2 W1/2 NE 27-96-12.

ACC 940 LLC to Jared R. Rowel; NASHUA GREELEYS ADDITION NUMBER 1 Lot: 7 block: 1 S32' NASHUA GREELEYS ADDITION NUMBER 1 Lot: 8 Block: 1.

Louann Schaufenbuel to Todd M. Schaufenbuel, Denise M. Grove, Amy L. Thompson, Tina K. Buzicky and Louann Schaufenbuel LE; NEW HAMPTON RAILROAD ADDITION Lot: 7 Block: 23 NEW HAMPTON RAILROAD ADDITION Lot: 8 Block: 23 NEW HAMPTON LEICHTMANS ADDITION Lot: 2 Block: 3.

C & J Properties LLC and C&J Properties LLC to Jim Kuhn and Lindsay Kuhn; NEW HAMPTON RAILROAD ADDITION Lot: 11 Block: 23.

Adam Drewelow and Brooke Drewelow to Cedar Ridge Precision Real Estate LLC; PARCEL COMM AT NW COR NW NW 18-94-14.

Dwight O. Tew, Roberta A. Tew, Nelda Jackson, John K. Jackson, John Jackson, Ronald Zeigler, Paul E. Tew, Danielle A. Welsh, Danielle Welsh, Eric S. Welsh, Suzanne D. Welsh, Carol A. Van Dyke, Joseph B. Welsh and Joseph Welsh to Christopher Hoey and Diane Hoey; E1/2 SW 35-96-11.

Angela M. Zeigler Roelofsen EST and Angela M. Zeigler Roelofsen EST and Carrie Garr EX to Christopher Hoey and Diane Hoey; E1/2 SW 35-96-11.

Marlys J. Hackman to ONE HALF UNDIVIDED INTERES, Jacob Hackman TR, Jacob Hackman REV TR, UNDIVIDED ONE HALF INTEREST Cassie Hackman TR and Cassie Hackman REV TR; S1/2 SE 25-96-13.



Thank You

The family of Glenda Holthaus expresses heartfelt gratitude to everyone cherishing Glenda during her time on earth and remembering her at the time of her passing. Special thanks to Hugeback-Johnson Funeral Home, Drew Johnson, Connie Njus, Laurie Sorenson, Julie Baltes, Blue Iris, Holy Family Church & Rosary Society Members, Father Jim Goerend, Deacon Vic DeSloover, Karen Bonfig, Marcia Howe, Ann Bennett, Kimberly Ball, Bubba's Catering, and all friends and family. Your assistance, support, memories, and kindness will always be remembered!

Malee Kathern Rosonke, 83

It is with heavy hearts that we announce the passing of Malee Kathern Rosonke on April 29, 2025, at the age of 83. She was a beloved wife, mother, grandmother, and great-grandmother, cherished by all who knew her.

A Mass of Christian Burial will be at 11:00 a.m. on Friday, May 9, 2025, at St. Mary's Catholic Church in Aberdeen, South Dakota.

Visitation will be one hour before the service.

A time for fellowship and lunch will follow Mass at the parish hall.

Schrivers' Memorial Mortuary and Crematory, 414 5th Avenue NW, Aberdeen, is in charge of arrangements. Family and friends may sign the online guestbook at www.schrivers-memorial.com. Services will be recorded and posted on Schriver's website following the service.

Malee Kathern Shaw was born on December 27, 1941, to Jack and Bernice (Kennedy) Shaw in New Hampton.

She moved to Kansas City, Missouri, and graduated from high school, then went on to nursing school.

She married Jerome Rosonke on Aug. 10, 1963, and they shared 61 years of marriage. Their four children are LaCinda (Howard) Tilton of Casper, Wyoming, the late



Malee Rosonke

Lisa (Brent) Olson of Aberdeen, South Dakota, Dr. Brad Rosonke of Scottsdale, Arizona, and Kimberly (Alan) Rausch of Humboldt, South Dakota. She had five grandchildren — Shae (Colby) Lynch, Parker Rausch, Blake Olson, Tiffany (Taten) Thomassan and Malee Olson and also to three great-grandchildren — Tate Lynch, Nolan Rausch and soon-to-be Oliver Rausch.

Malee spent many years in the nursing profession. She started as an OB nurse and ended her 46-year nursing career at an assisted living center.

She loved her elderly patients. She was always willing to help out where needed, she would bring baby chicks or

baby lambs for the residents to “remember the good ole days.”

She also had a great love for sheep. She kept her sheep until the age of 83 before she decided she did not want to feed them through another winter. She still insisted she wanted bottle lambs through in the spring and not just one or two, she was talking 10!

She was known to “hide animals” from Jerome in order to help an animal who needed an extra boost of tender loving care.

She was a master gardener, gave many talks on starting seeds and helped with the Brown County Fair.

Malee was very active in AARP and gave many talks on Fraud and helped at events for AARP.

A joint burial service with Jerome Rosonke, her husband, will be held in New Hampton, their hometown, on Saturday, July 26, 2025, at Hugeback-Johnson Funeral Home at 12:30 p.m.

She will be deeply missed by all, but never forgotten. She was preceded in death by her husband, Jerome Rosonke; her daughter, Lisa Olson; her brother Maurice Shaw; and her parents.

Please make donations to the Master Gardeners of Brown County.

You will make a great angel.

Michael Alan Aegerter, 63

Michael Alan Aegerter, age 63 of Nashua, died Sunday, April 27, 2025, at his home in Nashua.

Friends may greet the family from 2 to 4 p.m. Thursday, May 1, 2025, at Hugeback-Johnson Funeral Home & Crematory in Fredericksburg.

A private family graveside service will be held at the New Hampton City Cemetery.

Hugeback-Johnson Funeral Home & Crematory in Fredericksburg have been entrusted with arrangements.



Bob Fenske/Tribune

Prom season comes to an end

Nashua-Plainfield High School students, their dates and their families fill the gym floor Saturday night, when the school wrapped up our area's prom season. And now it's on to commencement as all four area schools — New Hampton, Turkey Valley, Nashua-Plainfield and Sumner-Fredericksburg — will hand out diplomas on Sunday, May 18.



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GARAGE SALE 514 E. Hamilton Street, New Hampton. Thursday 5/8, Friday 5/9 8am-4pm and Saturday 5/10 8am-noon. Gun Cabinet, recumbent exercise bike, queen Serta mattress, coffee table, 2 bikes, yard tools, misc. tools, foot detox, cpap and supplies, men and women's clothing. Lots of misc. items.

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Vulcan 900 Classic SE. 12,600 Miles. Very Good condition.
\$3,500 OBO
Call 641-220-2918



2018 Harley Davidson
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\$9,500
Call 641-220-2918



2005 Honda VTX 1300
18,000 miles
Very Good Condition
\$3,300 obo
Call 641-228-7550

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DOES YOUR basement or crawl space need some attention? Call Thrasher Foundation Repair! A permanent solution for waterproofing, failing foundations, sinking concrete and nasty crawl spaces. FREE Inspection & Same Day Estimate. \$250 off ANY project with code GET250. Call 1-866-554-1730

PREPARE FOR power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-855-954-5087 today to schedule a free quote. It's not just a generator. It's a power move.

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SAFE STEP. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-844-376-4154

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FOR SALE: Happy Ads. If you or a friend are celebrating a birthday, anniversary, or just a special occasion then a "Happy Ad" will only make it brighter. To run a 2 column by 2" ad with a photo is only \$25 and a 2 column by 4" ad is only \$35! Call the New Hampton Tribune office at 641-394-2444 or email: ads@nhtrib.com for more information.

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Call Bob Rosonke
New Hampton, IA
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ALUMACRAFT, CRESTLINER BOATS, YAMAHA, MERCURY OUTBOARDS. STARK'S PRICE IS BEST. PH 608-326-2478

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Fredericksburg Housing in Fredericksburg, Iowa, is taking applications for the waiting list for persons 62 years of age or older, or handicapped or disabled regardless of age. Rental assistance available. To see, call Cindy at 563-237-5725. To apply, call Lena at 1-563-432-6160.

Equal Housing Opportunity



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AFFORDABLE TV & INTERNET. If you are overpaying for your service, call now for a free quote and see how much you can save! 1-866-472-7954. (mcn)

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AGING ROOF? NEW HOMEOWNER? STORM DAMAGE? You need a local expert provider that proudly stands behind their work. Fast, free estimate. Financing available. Call 1-833-889-4410. Have zip code of property ready when calling! (mcn)

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GOT AN UNWANTED CAR??? DONATE IT TO PATRIOTIC HEARTS. Fast free pick up. All 50 States. Patriotic Hearts' programs help veterans find work or start their own business. Call 24/7: 1-833-485-1046. (mcn)

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Shipping & Receiving Coordinator



Homeland Energy Solutions, LLC, an ethanol production facility located in Lawler, IA is currently accepting applications for a Shipping and Receiving Coordinator.

We are looking for a safety-oriented, motivated and energetic self-starter to be part of the Maintenance team. Primary duties will include handling incoming and outgoing shipments for the facility. Will be receiving inventory parts, sending out parts for repairs, cycle counting, organizing and maintaining stock rooms and communicating with suppliers. Will work directly with Maintenance Manager, Coordinator & CMMS Scheduler. Must have a strong initiative, easily adapts to change, works well in a team environment and under pressure to meet tight deadlines. Ability to lift 60 pounds, climb ladders, work in loud noise, dusty conditions and outdoor elements, and manage confined space entry. Must be able to work safely with exposure to chemicals and operate a fork lift. Overtime will be mandatory from time to time. Competitive wage and excellent benefits include health, dental, vision, life, FSA, HSA, STD, LTD, AD&D and 401K available. Paid time off and holidays.

Come join our exciting industry & rewarding team! Job descriptions and application are available online at www.homelandenergysolutions.com or apply in person.

Please forward application & resume to
Homeland Energy Solutions,
Attn: Human Resources,
2779 Iowa Hwy 24, Lawler IA 52154. EOE.

New Hampton CITY WIDE GARAGE SALES

Thurs. thru Sat. June 12, 13 & 14

\$20.00
50 Words Max

- Only one word per space
- Abbreviations count as a word
- House numbers are a word

Examples: 10 N. Chestnut is THREE words; "8 a.m. to 5 p.m." is five words and " 8 to 5" is three words.



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Include Your
Sales Days &
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Run your ad
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Use this convenient form as a pricing guide, then mail it to
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11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31	32	33	34	35
36	37	38	39	40
41	42	43	44	45
46	47	48	49	50

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NHHS senior to follow in art teacher's footsteps

ART: FROM 1

themselves.”

Nelson highlighted three of those seniors —Beth and Karla Pickar and Carrie Schwickerath — as students she could always turn to for help.

“Karla and Beth were there for anything,” Nelson said, “and if Karla and Beth couldn’t do it, then Carrie was there. We have some really good younger students in our school, but trust me, they have really big shoes to fill.”

As she bade farewell to the five seniors — the Pickar twins, Schwickerath, Summer Kamps and Aurora Paladini — who were able to attend the recognition ceremony on Saturday, Nelson fought a battle with her emotions. At times, it was a losing cause.

She said she felt the same way about the rest of her art seniors — Manuel Guevara, Noemi

Cardona, Yarethzy Camarillo Garcia, Olivia Eichenberger, Hayden Hackman and Devon Snyder.

“I’m not a good goodbye person,” she said with a laugh, “but I also know high school is just one part of the journey and that they’re ready for the next chapter.”

For one of her graduating seniors, art will remain a very important part of the next journey. That’s because Karla Pickar plans on attending the University of Northern Iowa and majoring in art education.

“I’m a very indecisive person, and there’s so many things I could do and wanted to do,” she said. “It came down to what I think I’d enjoy the most. I’ve always wanted to help people. I’ve always thought of being a teacher but I didn’t know for what. The more I thought of what my dream job, it always came back to being an art teach-

er. That would be so cool.”

Pickar came to art a tad late. She said she always loved art, but didn’t take her first class from Nelson until she was a sophomore.

“I always thought I had to do ag because my brothers did,” she said, “and then I took my first [art] class and I found I really enjoyed them.”

Her favorite medium is glass, and she said she works a lot on fused and stained glass projects.

“It’s more harder work so I like using my hands and almost getting dirty,” she said. “You cut your fingers. A lot. It’s hard, but it’s fun, too.”

Pickar, though, said what she has learned in the last three years is art can be for everyone.

“You get the satisfaction of completing something, and like, painting something they didn’t think they could paint,” she said. “Like watercolors, I never



Bob Fenske/Tribune

New Hampton art teacher Melissa Nelson poses with several of her seniors — (from left) Karla Pickar, Beth Pickar, Carrie Schwickerath, Aurora Paladini and Summer Kamps — during Saturday’s Art Show.

thought I could do that, but by God, I can.”

Her high school teacher is understandably proud that one of her students is following in her footsteps, but Nelson also believes art can be a lifelong passion for all her seniors.

“It teaches you so much, how to be creative, how to be focused, how sometimes to work with others,” she said, “and my hope for all these kids is that they don’t put the paint brushes or the drawing pencils down and continue being artists. I know I’m biased, but life is better — way better — with art.”

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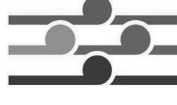


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Kelly Terpstra/Tribune

Lauren Nuss and one of her playing partners watch Nuss’ putt roll toward the hole during a recent tournament.

Chickasaws top defending state champs by 22 strokes

NH GIRLS GOLF: FROM 19

“Realistically, at any meet we have five girls that have a chance to score,” said Olson.

New Hampton took down the field last week Tuesday at the Clear Lake Open – played at the nine-hole Veterans Memorial Golf Course. The Chickasaws topped defending state champ Sumner-Fredericksburg – 346 to 368 – to claim the team title. S-F has won two out of the last three state crowns in 2A and graduated two seniors from its 2024 roster. Olson said the Cougars are without one of their better golfers this spring in Greyson Smith, who tore her ACL last winter in basketball and has not returned to action out on the links.

S-F features Cougar senior Chloe Bolte – the three-time defending state champ. Bolte was crowned medalist at Clear Lake with a one-under par 71.

“Their one, two and three are pretty good. If they get somebody that can get that fourth score, they can make some noise,” said Olson. “It was just good to see that head-to-head matchup. We were paired up with a lot of their girls in our group. We got to see what they’re kind of all about, too.”

New Hampton senior Lauren Nuss was medalist runner-up with a 77, followed by NH freshman Kirsten Nuss’ third-place total of 84. Chickasaw junior Alivia Geerts was tied for sixth with a 92 and New Hampton senior Maycen Hackman carded a 93, which was tied for eighth-place.

The Chickasaws – who placed fourth at state last year – are attempting to qualify for the eighth-consecutive time to state in the coming weeks. NH won its one and only state crown back in 2019.

“We can play really good golf, but you can also have a blow-up hole. If you go back and start playing really good again and not letting it bother you – you can still salvage a round,” said Olson. “That’s what we gotta be able to do in the postseason, because you’re going to have those holes where things just don’t go right for you.”

New Hampton shot a 162 last week Thursday at home – a 26-stroke triumph over the

visiting Go-Hawks of Waverly-Shell Rock (188).

“One-sixty-two would have been one off the school record coming into the year,” said Olson, whose current team holds the new record for a nine-hole best round in 151.

Hackman fired a career-low of 39 to nab the top spot on the leaderboard. Lauren Nuss finished with a 40 and Kirsten Nuss ended up with a 41 despite taking a nine on the first hole. She played even par the rest of the way. Geerts tallied a 41, senior Brenna Flattum worked her way to a 50 and junior Camryn Smith shot a 56.

“It’s about facing adversity,” said Olson about one of the keys to his team’s success each and every year.

Olson is commanding a well-oiled machine this year that is confident and knows how to perform when it matters the most. As the captain of a superior vessel such as his that is leading the pack thus far in its class, it’s oftentimes best to set the sail and keep on cruising into the cool breeze. The wake these Chickasaws are leaving has created choppy waters for would-be contenders that hope to challenge New Hampton’s dominance in a season that is about to reach its crest.

“I tell people sometimes you just gotta know when to get out of the way as a coach,” said Olson. “These girls have incredible experience. You kind of just tweak what you need to tweak.

Legal Notice

City of Lawler
The Lawler City Council met in special session on April 28, 2025 at 7:00 PM.
Mayor Mark Mueterthies presided.
Council members present: Scheidel, Wilson, Croell, and Roberson
Council member absent: King
Others present: None
Motion made by Croell to approve the Agenda
Second by Scheidel All Ayes. Motion passed.
Motion made by Wilson to open public hearing on Budget FY 25-26.
Second by Roberson
Ayes: Scheidel, Roberson, Croell, and Wilson
Nays: None
Absent: King
Motion passed.
Suzette informed the council no questions or comments were received at city hall. The council reviewed the Budget FY25-26 for approval.
Motion made by Croell to close public hearing. Second by Roberson,
Ayes: Scheidel, Roberson, Croell, and Wilson
Nays: None
Absent: King
Motion passed.
Motion made by Scheidel to approve Budget Resolution #2025-04282025 to approve the Budget FY25-26. Second by Croell
Ayes: Scheidel, Roberson, Croell and Wilson
Nays: None
Absent: King
Motion passed.
Motion made by Croell to adjourn at 7:06pm. Second by Scheidel
Ayes: Scheidel, Roberson, Croell, and Wilson
Nays: None
Absent: King
Motion passed.
Suzette Byrne
City Clerk

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There’s always things to work on. You can always putt better, you can always chip better, you can always be more consistent driving the ball. At this point we’re just trying to get everything to peak at the right time.”

Roland-Story is ranked second in that latest IHSGCA’s poll. The Norse were runner-up to 2024 state champ Sumner-Fredericksburg, which is rated No. 5. Grundy Center is third and Oelwein is fourth. The Huskies finished third at state last year and have been beaten twice in head-to-head matchups against New Hampton this season.

“The rankings don’t matter – it’s how you finish,” said Olson.

NH and S-F will tangle once more before the post-season rolls around when the Cougars roll into town tonight (Thursday) for the New Hampton Invite. Crestwood, Denver and Waverly-Shell Rock will also compete in the home Chickasaw tourney. Olson said four teams in attendance are ranked in the top 15 in their class.

“You’ve got to play those quality opponents because it’s just preparing you,” said Olson.

The Chickasaws closed out the conference dual portion of their season at Waukon on Monday.

New Hampton played in

its last NEIC dual ever as the league will disband after the end of the 2024-2025 sports season. NH downed the Indians, 175 to 224. The victory was the 42nd league dual victory in a row, an amazing streak that dates back to 2016.

Kirsten Nuss was the meet’s medalist with a 40 and Hackman fired a 41 for the medalist runner-up spot.

The Class 2A regional finals are slated for Wednesday, May 21.

CLEAR LAKE OPEN TEAM SCORES

New Hampton 346, Sumner-Fredericksburg 368, Mason City Newnan 385, Clear Lake 401, ADM 410, Charles City 423, South Hardin 434, Osage 447, Central Springs 489.
Medalist - Chloe Bolte, Sumner-Fredericksburg 36-35-71.

New Hampton scores - Nuss 38-39-77, Kirsten Nuss, 45-39-84, Alivia Geerts 47-45-92, Maycen Hackman 44-49-93, Brenna Flattum 52-47-99, Camryn Smith 50-52-102.

NEW HAMPTON 162, WAVERLY-SHELL ROCK 188

Medalist - Hackman, New Hampton 39.
New Hampton scores - Hackman 39, L. Nuss 40, Geerts 42, K. Nuss 41, Flattum 50, Smith 56.

JV results - Drey O’Brien 55, Ella Wassenaar 60, Kennadee Anderson 63, Ava Shoemaker 68, Ariel Hanson 82, Kaydena Rasing 60.

NEW HAMPTON 175, WAUKON 224

Medalist - K. Nuss, New Hampton 40.
New Hampton scores - K. Nuss 40, Hackman 41, L. Nuss 44, Geerts 52, Flattum 55, Smith 50.

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CHICKASAW COUNTY BOARD OF SUPERVISORS’ MINUTES April 28, 2025

The Board convened on Monday, April 28, 2025, at 9:00 AM with members Breitbach, Carter, Cerwinske, Suckow and Hackman present in the Boardroom on the second floor of the Court House, New Hampton, Iowa. Chairperson Hackman called the meeting to order. Also present were Board Secretary Sheila Shekleton, Attorney David Laudner, Bob Fenske, member of media, Sheriff Ryan Shawver, EMS Director Joel Knutson, Safety Coordinator Ranae Carey

Motion by Suckow, seconded by Carter to approve the agenda for April 28, 2025 and the additional agenda. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Breitbach to approve the minutes for April 21, 2025 meeting. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Hackman to abate the property tax at 311 Main Street, Nashua which is owned by the City of Nashua.

Roll Call: Ayes: Cerwinske. Nays: Breitbach, Carter, Suckow, Hackman. Motion failed.

Discussed to have the County Attorney look into the 311 Main Street, Nashua which is owned by the City of Nashua.
Public Comment: Auditor Shekleton shared that Heartland was going to send a check for the remainder of what is due on the Heritage Center water damage. Supervisor Hackman shared he filled out a questionnaire for ISAC who want to do a 99-county tour. Open enrollment for County health insurance will be May 1, 2025 with Denise Ballard from IGHCP.

Motion by Breitbach, seconded by Carter to acknowledge the invoice from Kiesler Police Supply for \$21,276.39 which \$8,494.00 will be paid from the forfeiture fund and the remaining from Rifles/Body Armor and Police Supplies per purchase policy for the Sheriff Department. Roll Call: All Ayes: Motion carried.

Motion by Carter, seconded by Breitbach to change the status of Dispatcher/Jailer Jamie Ekwall from fulltime to part-

time on call. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Breitbach to rescind the termination documents for Cassie Kilcher and direct the Auditor to do the paperwork for approval. Roll Call: All Ayes: Motion carried.

Motion by Suckow, seconded by Carter to approve suspension of Property tax for an individual per Iowa Code 427.9. Roll Call: All Ayes: Motion carried.
Motion by Cerwinske, seconded by Suckow to direct the auditor to publish an ad for two vacancies on the Chickasaw County Veterans Affairs Commission (3-year term) in the official county newspapers and the county website to be filled by July 1, 2025. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Breitbach to acknowledge the Landfill Inspection Report for 2025 given by HLW Engineering Group. Roll Call: All Ayes: Motion carried.

Motion by Suckow, seconded by Cerwinske to approve the EMS Director Joel Knutson’s employment contract with the changes of dates and the performance evaluation to read annually. Roll Call: Ayes: Suckow, Cerwinske, Carter, Hackman. Abstained: Breitbach Motion carried.

Motion by Cerwinske, seconded by Suckow to approve hiring a Medical Examiner Investigator, Conrad Rosendahl, for an interim of six months then reevaluation the hiring, effective May 1, 2025. Roll Call: All Ayes: Motion carried.

EMS updates by EMS Director Joel Knutson
Discussed Assessment Report for Chickasaw County from Troy Schultzen, ARM SR Risk & Safety Consultant, PC. For Heartland Insurance.

Motion Suckow, seconded by Cerwinske to acknowledge the end of employment for the following individuals, effective June 1, 2025, due to FY25-26 budget constraints: Brenda Schnoebelen – Treasurer’s Office, Holly Bailey – Public Health, Mistie Deere – Public Health, Julia Shekleton – Public Health. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Carter to approve one-month additional insurance per Permanent Layoff Notice

Briefs

Fredericksburg art gallery to show off school students work on Saturday

Art students from New Hampton, Turkey Valley, and Sumner Fredericksburg Schools will have an exhibit of their best work at Plum Creek Art/Connie Mohr Gallery this Saturday from 10 a.m. to 2 p.m.

Art creations of K-12th grade will be displayed at this one day event. All are welcome to stop in at 115 W. Main Street in Fredericksburg to meet the students and teachers, and view the exhibit.

The public can vote for its favorite project. Awards will be presented to students by People’s Choice in each category (\$10 gift certificate to use in the gallery). Admission is free.

The May 10 special event honoring area art students will give patrons the chance to enjoy the company, along with cookies and lemonade.

LifeServe blood drive is May 20

There will be a LifeServe community blood drive on Tuesday, May 20 at the New Hampton Community Center, 112 E. Spring St. New Hampton, from noon until 5:30 p.m.

Appointments are encouraged and may be made by texting LIFESERVE to 999-777, by calling 800-287-4903 or by visiting the website at lifeserve.info/schedule.

Library event to focus on mobility

On Thursday, May 8 the New Hampton Public Library will host a “Restoring Independent Mobility” (RIM) session from 10 to 11 a.m.

RIM is a 501c3 organization in Waverly that assists people with mobility issues, with a goal to ensure that everyone has access to the mobility they need to live life to the fullest with a range of power chairs and scooters “designed to meet needs without breaking the bank.”

May 20 library ‘stuffie’ sleepover

Kids can bring their favorite stuffed animal, their “stuffie” if you will, to a special pajama storytime on Tuesday, May 20 at 5:30 p.m. at the New Hampton Public Library.

They will be able to tuck the stuffies in, say goodnight, and then follow their overnight adventure on the library’s Facebook page. Those stuffies may be picked up during or after the 10 a.m. storytime on May 21.

Legal Notice

NOTICE OF PUBLIC HEARING FOR AN ORDINANCE AMENDING SEWER AND WATER RATES AND INFRASTRUCTURE MAINTENANCE AND OPERATION FEES

You are hereby notified that the City Council of the City of New Hampton will hold a public hearing on May 19, 2025 at 7:00 p.m. at City Hall, 112 East Spring St. New Hampton, Iowa, in order to receive public comment with regard to:

An Ordinance Amending Sewer and Water Rates and Infrastructure Maintenance and Operation fees

You are, therefore, notified that the hearing will be before the Council at the date, time, and place set forth above. Comments with regard to the merits of selling the property may be made in writing prior to the hearing or in person at the time of hearing.

Dated this 6th day of May, 2025.
CITY OF NEW HAMPTON
Karen Clemens, City Clerk
112 East Spring St.
New Hampton, IA 50659

No. 24880
5/8/25 New Hampton Tribune
www.iowapublicnotices.com

Legal Notice

THE IOWA DISTRICT COURT CHICKASAW COUNTY IN THE MATTER OF THE ESTATE OF DANA A. DIMEL, Deceased.

Probate No. ESPR003288 NOTICE OF APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS

To All Persons interested in the Estate of Dana A. Dimel, Deceased, who died on or about December 3, 2024.

You are hereby notified that on the 15th day of April, 2025, the undersigned was appointed personal representative of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred. Administration will be a small estate as provided by Chapter 635, The Code.

Dated this 5th day of May, 2025.

Julie Dimel
Personal Representative of estate
2110 Panora Ave.
New Hampton, IA 50659

Christopher F. O’Donohoe
ELWOOD, O’DONOHOE, BRAUN & WHITE, LLP
Attorney for personal representative
101 North Locust Avenue,
P.O. Box 310
New Hampton, Iowa 50659
ICIS Pin #: AT0005848

Date of second publication
15th day of May, 2025

No. 24876
5/8/25 New Hampton Tribune
5/15/25 New Hampton Tribune
www.iowapublicnotices.com

Legal Notice

THE IOWA DISTRICT COURT CHICKASAW COUNTY IN THE MATTER OF THE ESTATE OF RICHARD J. BLAZEK, Deceased.

Probate No. ESPR003289 NOTICE OF PROBATE OF WILL OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons interested in the Estate of Richard J. Blazek, Deceased, who died on or about March 29, 2025.

You are hereby notified that on the 18th day of April, 2025, the last will and testament of Richard J. Blazek, deceased, bearing the date of the 19th day of July, 2021, was admitted to probate in the above-named court and that Robert E. Blazek was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this 5th day of May, 2025.

Robert E. Blazek
Executor of estate
1755 Ridgeway Blvd.
Lawler, IA 52154

Christopher F. O’Donohoe
ELWOOD, O’DONOHOE, BRAUN & WHITE, LLP
Attorney for executor
101 North Locust Avenue,
P.O. Box 310
New Hampton, Iowa 50659
ICIS Pin #: AT0005848

Date of second publication
15th day of May, 2025.

No. 24875
5/8/25 New Hampton Tribune
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www.iowapublicnotices.com

Legal Notice

THE IOWA DISTRICT COURT CHICKASAW COUNTY IN THE MATTER OF Probate No. ESPR003290 THE ESTATE OF Justin T. Hollister, Deceased. NOTICE OF APPOINTMENT OF CO-ADMINISTRATORS, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Justin T. Hollister, Deceased, who died on or about September 28, 2024:

You are hereby notified that on April 21, 2025, the undersigned were appointed as Co-Administrators of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the second publication of this notice or one month from the date of the mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.
Dated: April 21, 2025

Terrill R. Hollister,
Administrator of Estate
108 East Hamilton, Apt #1
New Hampton, IA 50659

Lynnette R. Hollister,
Administrator of Estate
506 W Hamilton Street
New Hampton, IA 50659
Matthew J. Kriegel
Attorney for Co-Administrators
Firm Name: EELLS & TRONVOLD
LAW OFFICES, PLC
Address: 1921 – 51st Street NE,
Cedar Rapids, IA 52402

Date of second publication
8th day of May, 2025

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Track puzzle coming together for NH girls

NH GIRLS TRACK: FROM 20

sprint medley; Taylor Ries to Sophie Glaser to Jersey Pemble to Kinslee Rings gave New Hampton not only a season-best time of 10:09.60 but also a win in the 4x800 and Ries to Lester to Hackman to Rings capped the night in Waukon with a season-best time of 4:13.83 on their way to a 4x400 victory.

Two nights later, New Hampton thrived in chilly, wet conditions at the Crestwood Coed — finishing second to the host Cadets in the team standings.

Ries won the 400 hurdles and the Chickasaws also got wins from three relays — the sprint medley (Shaver, Cahoy, Lester and Hackman), the 4x800 (Rings, Glaser, Juanita Cardona and Adrianna Kinley) and the 4x400 (Rings, Pemble, Natalie Nobsisch and Ries).

Laures said during particularly busy stretches of the season that she likes to have her athletes compete in different events.

“To me, it’s like putting a puzzle together,” the New Hampton coach said. “I’ll try a lot of different combinations of kids. I’ll have kids run events longer or shorter events than their preferred event for training, and I’ll use these meets as opportunities to see something new. By the end of season, there aren’t any surprises or things we wish we would’ve tried. I think adding variety keeps track fresh for kids too.”

And she said while her team may not have a lot of quantity, it has plenty of quality. And it also has a healthy dose of athletes who are willing to try any event. “My favorite part of this team is that they’re always willing to try new things,” Laures said.

And so she was happy that the Chickasaws were rewarded with a dominating victory Monday night as New Hampton scored 203 points to best the host Cyclones by 49 points, for the team title.

New Hampton had entries in 18 of the 19 events and won nine of them. From Cahoy in the 100 to Cardona in the 1,500 to Rings in the shot put to Braelyn Rosonke in the discus to the five



Kelly Terpstra/Tribune

New Hampton’s Sydney Laures (above) competes in the shuttle hurdle relay while senior teammate Kinsley Hackman runs the 100 at last month’s home coed meet.

winning relays — 4x200, 4x800, sprint medley, distance medley and shuttle hurdle — New Hampton had itself a solid final regular season meet.

And now it gets real for the Chickasaws, who head to Waukon tonight (Thursday) for the Northeast Iowa Conference meet and then travel back to Cresco for next Thursday’s Class 2A state qualifying meet.

Although Decorah is an overwhelming favorite to win its 20th straight title in the last NEIC meet and the rest of the league teams are all relatively solid, Laures is excited for tonight’s meet.

“We know Decorah is a powerhouse with lots of depth,” she said. “That puts us at a disadvantage, but it allows us to prepare for districts and state against some excellent competition.”

WAUKON INDIAN RELAYS TEAM SCORES

Decorah 185, Crestwood 136, Waukon 105, New Hampton 88, Osage 47, Central Elkader 18.

NEW HAMPTON RESULTS

100 — 4. Aleigha Cahoy 13.74, 8. Ava Leichtman 14.58.
200 — 2. Madi Shawver 28.65, 8. Leichtman 31.53.
400 — 7. Gretta Kuehner 1:14.70.
800 — 2. Jersey Pemble 2:39.34, 8. Natalie Nobsisch 2:59.60.
1,500 — 3. Sophie Glaser 5:24.89, 7. Adrianna Kinley 5:51.10.
3,000 — 5. Juanita Cardona 12:40.11.
100 hurdles — 8. Kadence Rings

18.23, 10. Bailee Tenge 18.42.
400 hurdles — 3. Sydney Laures 1:26.09.
4x100 — 3. Leichtman, Shawver, Zoey Kellogg, Cahoy 54.57.
4x200 — 3. Taylor Ries, Capri Lester, Kinsley Hackman, Aleigha Cahoy 1:52.72.
4x400 — 1. Ries, Lester, Hackman, Kinslee Rings 4:13.83.
4x800 — 1. Ries, Glaser, Pemble, Ki. Rings 10:09.60.
Sprint medley — 1. Lester, Shawver, Cahoy, Hackman 1:59.14.
Distance medley — 3. Kellogg, Shawver, Nobsisch, Kinley 4:48.62.
Shuttle hurdle — 5. Ka. Rings, Laures, Rylie Vsetecka, Tenge 1:18.00.
High jump — 4. Kinley 4-6.
Long jump — 8. Ki. Rings 13-5.5, 9. Tenge 13-5.
Shot put — 7. Ki. Rings 31-9, 9. Braelyn Rosonke 28-9.
Discus — 7. Rosonke 88-11, 8. Laures 77-5.

JUNIOR VARSITY RESULTS

100 — 5. Brooklyn McShane 15.09.
200 — 4. McShane 31.50, 6. Vsetecka 31.95.
800 — 3. Cardona 2:54.02.
1,500 — 6. Kuehner 6:04.18.
100 hurdles — 6. Laures 19.13.
4x100 — 4. Ka. Rings, Vsetecka, McShane, Tenge 58.06.
Sprint medley — 3. Leichtman, Ka. Rings, Kellogg, Vsetecka 2:09.59.

CRESTWOOD COED TEAM SCORES

Crestwood 156, New Hampton 125, South Winneshiek 101, Osage 79, Dunkerton 50, Postville 30, Riceville 28.

NEW HAMPTON RESULTS

100 — 3. Hackman 13.90, 5. Kellogg 14.40.
200 — 2. Cahoy 27.81, 4. Hackman 28.91.
400 — 4. Vsetecka 1:11.24.



800 — 3. Ki. Rings 2:29.87, 6. McShane 15.20.
200 — 4. Kellogg 29.52, 7. McShane 31.23, 8. Vsetecka 31.40.
4x100 — 2. Shawver, Hackman, Lester, Cahoy 53.99; 4. Leichtman, Kellogg, Vsetecka, Tenge 57.63.
400 — 3. Hackman 1:05.67, 6. Knutson 1:09.99.
4x200 — 1. Shawver, Lester, Ries, Cahoy 1:51.42; 5. Leichtman, Kinley, McShane, Vsetecka 2:02.70.
800 — 2. Glaser 2:41.82, 4. Kuehner 2:52.38.
4x400 — 2. Ki. Rings, Kinley, Nobsisch, Lester 4:20.88.
1,500 — 1. Cardona 5:47.00.
4x800 — 1. Glaser, Kinley, Kuehner, Cardona 10:48.75.
Sprint medley — 1. Shawver, Hackman, Cahoy, Ries 1:55.17; 4. Leichtman, Ka. Rings, Knutson, Vsetecka 2:06.63.
100 hurdles — 2. Ka. Rings 18.49, 3. Tenge 18.68, 5. Laures 19.44.
Distance medley — 1. Kellogg, Ries, Nobsisch, Ki. Rings 4:38.55.
Shuttle hurdle — 1. Ka. Rings, Laures, Knutson, Tenge 1:44.44.
400 hurdles — 3. Laures 1:17.00, 4. Knutson 1:18.54.
Long jump — 3. Ki. Rings 13-4.5, 4. Tenge 12-9.5.
High jump — 2. Kinley 4-6.
Shot put — 1. Ki. Rings 30-8.5, 2. Rosonke 28-4.
Discus — 1. Rosonke 97-0.5, 2. Laures 80-6.5.

DENVER COED TEAM SCORES

New Hampton 203, Denver 154, East Buchanan 136, Gladbrook-Reinbeck 86.

NEW HAMPTON RESULTS

100 — 1. Cahoy 13.68, 3. Shawver 13.89, 5. Leichtman 14.44, 7.

New Hampton heads to final NEIC with eye on 2A qualifier

NH BOYS TRACK: FROM 20

and from its 4x400 relay team as they finished a solid fourth in the team race with 97 points.

New Hampton also finished fourth on Monday night, and Laures again was a “double winner” as he claimed the high jump, tying his season-best leap of 6-1.

But now they’re focusing on the final-ever NEIC meet that is set for tonight (Thursday) in Waukon and the May 15 Class 2A state qualifying meet in Cresco.

Jenkins, who grew up and graduated from Waukon, admits the NEIC meet will be a tad bittersweet.

“I’m sad that this is the end of the NEIC and that this is the last track meet for it,” he said. “I think back to some of the athletes, guys and girls, that have been a part of the meet over the years, and there have been a ton of Division I level kids that put on quite a show.”

Still, there’s little doubt that the biggest meet is that qualifier next week.

“We will put together some events that we think have a good shot at placing high, and we’ll continue to look at the other events to improve as they have been,” Jenkins said. “This meet is important, but not as important as the district meet next week; we’ll do what we can at the NEIC to help us be ready for the following week.”

CRESTWOOD COED TEAM SCORES

Osage 139, Crestwood 127, Waukon 108, New Hampton 97.5, South Winneshiek 54, Dunkerton 40, Riceville 31.5, Postville 0.

NEW HAMPTON RESULTS

100 — 5. Kinnick Wisner 11.97, 7. Austyn Kleppe 12.05.
200 — 11. Kye Rausch 25.72, 12. Cade Carpenter 25.74.
400 — 4. Carpenter 54.32, 8. Cargin Robinson 58.62.
800 — 9. Colin Shatek 2:26.41, 10. Trenton Horner 2:27.92.
1,600 — 4. Braden Manson 5:16.89.
3,200 — 3. Manson 10:59.67.
400 hurdles — 1. Carson Laures 58.56, 2. Beau Serie 59.84.
4x100 — 4. Jay Pickar, Kleppe, Wisner, Elliott Eiler 46-7, 12. Dakota Martzahn, Aiden Underwood, Aiden Zeien, LJ Robinson 59.94.



Bob Fenske/Tribune

New Hampton’s Dylan Maloy (above) gets ready to hand off the baton to 4x200 teammate Kinnick Wisner and Cargin Robinson and Cade Carpenter compete in the 400 during Monday’s home meet.

4x100 weightman’s - 3. Francisco Valdez, Roy Barron, Jaxon Kuehn, Jacob McDonald 52.16.
4x200 — 5. Pickar, Eiler, Rausch, Wisner 1:39.44; 10. Ashton Pitz, Edgar Rodriguez, Martzahn, Kleppe 1:41.95.
4x400 — 1. Ethan Carter, Laures, Serie, Dylon Schmitt 3:36.63.
4x800 — 4. Kamdyn Trower, Riley Berns, Horner, Shatek 9:43.84.
Sprint medley — 3. Wisner, Carter, Serie, Schmitt 1:40.80; 14. Kale Venem, Rodriguez, Pitz, Asher Jirak, 1:52.36.
Distance medley — 2. Carter, Serie, Schmitt, Laures 3:46.28.
Shuttle hurdle — 3. Will Dieterich, C. Robinson, Jace Schipper, Elliott Eiler 1:17.34.
High jump — 3. Laures 6-0, 5. Rausch 5-4.
Long jump — 2. Carter 17-7, 7. Dieterich 15-10, 10. Schipper 15-3.
Shot put — 4. Kleppe 43-9.5, 14. McDonald 34-6.25, 17. Kuehn 31-10.
Discus — 9. Barron 110-7, 10. Zeien 110-1.



NEW HAMPTON INVITATIONAL TEAM SCORES

Waverly-Shell Rock 147, Dike-New Hartford 86, Crestwood 79, New Hampton 57, Waukon 41.

NEW HAMPTON RESULTS

Sprint medley — 3. Maloy, Kleppe, Schmitt, Carter 1:42.25.
3,200 — 2. Manson 11:19.18.
4x800 — 4. Trower, Berns, Horner, Shatek 9:40.74.
Shuttle hurdle — 4. Dieterich, Robinson, Rausch, Eiler 1:15.54.
100 — 4. Serie 11.65, 7. Wisner 12.05.
Distance medley — 1. Carter, Serie, Schmitt, Laures 3:46.20.
400 — 4. Carpenter 56.21, 7. C. Robinson 59.84.
4x200 — 3. Pickar, Eiler, Maloy, Wisner 1:38.39.
800 — 4. Shatek 2:18.96, 6. Trower 2:25.80.
200 — 4. Laures 24.71, 8. Carpenter 25.76.
400 hurdles — 4. Rausch 1:03.20.
1,600 — 5. Berns 5:30.48, 6. Manson 5:38.00.
4x100 weightman’s - 3. Valdez, Barron, Kuehn, McDonald 52.24, 6. Zeien, Underwood, Hubka, L. Robinson 58.84.
4x100 — 3. Pickar, Kleppe, Maloy, Wisner

46.25.
4x400 — 3. Carter, Laures, Serie, Schmitt 3:38.35.
Long jump — 7. Carter 16-4, 8. Dieterich 16-3.75.
High jump — 1. Laures 6-1, 6. Rausch 5-6.
Shot put — 3. Kleppe 41-2.25, 8. McDonald 35-4.25.
Discus — 6. Barron 132-1, 7. Zeien 105-0.

JUNIOR VARSITY RESULTS

Sprint medley — 3. Schipper, Venem, Pitz, Jirak 1:51.65.
100 — 1. Pickar 12.20, 4. Rodriguez 12.52.
4x200 — 4. Martzahn, Emmett Kuehner, Nolan Swehla, Rodriguez 1:45.50.
200 — 5. Rodriguez 25.74.
400 hurdles — 1. Dieterich 1:05.59, 2. Eiler 1:07.21.
4x100 — 3. Maloy, Swehla, Kuehner, Pitz 51.31.
4x400 — 4. Shatek, C. Robinson, Jirak, Horner 4:14.93.
Long jump — 1. Pickar 16-6, 3. Schipper 16-3.25.
Shot put — 5. Kuehn 30-6, 8. L. Robinson 27-6.5.
Discus — 3. Carpenter 112-1, 6. McDonald 100-9.

It’s a tough day on the course for New Hampton boys at Sailor Invite

By KELLY TERPSTRA
sports@nhtrib.com

The 15-team field was solid at Sunnyside Golf & Country Club on Monday, the site of the Waterloo Columbus Sailor Invite.

It was New Hampton’s second 18-hole meet of the year and the Chickasaws finished in

13th place overall with a team score of 376.

The host Sailors won the meet with a 314, while runner-up Grundy Center was three strokes back at 317, followed by third-place Aplington-Parkersburg (323).

Chickasaw freshman Evan Geerts shot the best 18-hole round of his varsity career as

he carded an 88. NH senior Adam Ewert (92) and sophomore Charlie Kriener (94) posted the next best scores for New Hampton.

NH senior Gabe Macon and freshman Lane Flattum both fired rounds of 102, while freshman Drew Kipp entered the clubhouse with a 105.

New Hampton played a meet

at home on Tuesday versus Don Bosco, Tripoli and Waukon. The Chickasaws’ last competition before sectionals is the NEIC meet in New Hampton on Monday, May 12.

WATERLOO COLUMBUS SAILOR INVITE TEAM SCORES

Waterloo Columbus 314, Grundy Center 317, Aplington-Parkersburg 323, Osage 327, East Marshall 328, Dike-New Hartford

333, Charles City 340, Oelwein 345, Sumner-Fredericksburg 368, Gladbrook-Reinbeck 369, Tripoli 374, Wapsie Lake 375, New Hampton 376, Don Bosco 377, Central Elkader 387.

Medalist - Cody Weaver, East Marshall 74; Carson Costello, Dike-New Hartford 74.

New Hampton scores - Adam Ewert 92, Charlie Kriener 94, Gabe Macon 102, Lane Flattum 102, Drew Kipp 105, Evan Geerts 88.

ON TAP FOR THE CHICKSAWS AND TROJANS

THURSDAY

New Hampton girls golf vs. Crestwood, Sumner-Fredericksburg, Denver and Waverly-Shell Rock, noon

New Hampton trapshooting vs. Nashua/Charles City and Turkey Valley, 4 p.m.

Turkey Valley golf vs. South Winneshiek and Waukon, 4 p.m.

Turkey Valley coed UIC track at MFL MarMac, 4 p.m.

New Hampton coed track at NEIC meet, Waukon, 4:30 p.m.

FRIDAY

Turkey Valley golf vs. Crestwood, 4 p.m.

New Hampton soccer vs. MFL MarMac, boys at 4:30 p.m., girls at 6:15 p.m.

SATURDAY

New Hampton and Turkey Valley trapshooting, Waverly and Cedar Falls dual invites, Cedar Falls, 8 a.m.

MONDAY

Turkey Valley boys UIC golf at Jackson Heights Golf Course, 9 a.m.

New Hampton girls NEIC golf at Cedar Ridge, Charles City, 10 a.m.

New Hampton boys NEIC golf at NH Golf and Country Club, 10 a.m.

New Hampton trapshooting handicap and doubles at Turkey Valley, 4 p.m.

New Hampton boys soccer vs. Mason City, 5 p.m.

TUESDAY

Turkey Valley girls UIC golf at Guttenberg Golf & Country Club, 9 a.m.

New Hampton trapshooting vs. Cedar Falls, Waverly, Nashua/Charles City, Dike-New Hartford at Cedar Falls, 4 p.m.

WEDNESDAY

New Hampton boys golf at Class 2A sectional tournament, 10 a.m., site to be announced.

Turkey Valley boys golf at Class 1A sectional tournament, site to be announced.

THURSDAY, MAY 15

New Hampton trapshooting at Turkey Valley, 4 p.m.

New Hampton coed track at Class 2A state qualifying meet, Crestwood, 4 p.m.

Turkey Valley coed track at state qualifying meet, Edgewood-Colesburg, 4 p.m.

New Hampton soccer at Charles City, girls at 5 p.m., boys at 7 p.m.

Win over Go-Hawks shows Chickasaws have a bright future

NH BOYS GOLF: FROM 20

“At the beginning of the season, I hoped for our younger players to contribute, but Lane, Drew and Evan have exceeded my expectations. Not only this group, but we have a lot of guys on the team who enjoy the game and play as often as they can. This self-drive to play and improve will help us in the future,” said Shatek, a 2006 NH grad.

New Hampton may not have to break the school record to advance to districts as a team, but just in case if you’re curious as to what that is for a nine-hole round — it’s 144 according to Shatek. That all-time best tally at New Hampton coincidentally occurred in Shatek’s junior year at his alma mater in 2005 over in Nashua.

Shatek said his players are familiar with the course in Clermont.

“Many of the guys played a practice round there recently. It’s similar to New Hampton, so I would say it fits us well,” said the New Hampton head coach.

NEW HAMPTON 152, WAVERLY-SHELL ROCK 169

Medalist - Charlie Kriener, New Hampton 36; Adam Ewert, New Hampton 36.

New Hampton scores - Ewert 36, Kriener 36, Lane Flattum 40, Drew Kipp 45, Evan Geerts 42, Gabe Macon 40.

JV results - Kody Kleen 53, Caleb Utley 54, Chase Gebel 52, Brayden Rosonke 51, William Klassen 59, Riley Scheidel 47.

Beef in a healthy, sustainable diet

By the Cattlemen's Beef Board and National Cattlemen's Beef Association

The Internet is flooded with trendy diets and conflicting advice on what a healthy diet is. The conversation has expanded beyond nutrition to consider whether the foods we eat are not only healthy but also sustainable – often leaving people confused about what is “good” and “bad” to eat.

To help cut through the confusion about what contributes to a healthy sustainable diet, beef farmers and ranchers have worked using science and research to build a solid foundation. Using this research as a guide, we'll look at how beef promotes health and helps prevent nutrient deficiencies, and the ways in which cattle play a unique role in our food system by upcycling inedible plants to high-quality protein.

All of these factors can impact your choices at the meat case and on the menu.

BEEF'S ROLE IN A HEALTHY DIET

Right now in America and other developed countries, it is common to be both overweight and, at the same time, undernourished. Why? We are surpassing recommended levels of calories, but we're not balancing that with enough physical activity, and we're not getting the recommended amounts of many important nutrients.

Beef – including steak, roasts and ground beef – offers a solution to this dilemma. It's both delicious and it provides more nutrients in fewer calories than many other food choices. For example, a 3 oz. serving of beef contributes over 50% of the daily value of protein and is also an excellent source of zinc, vitamins B6 and B12, niacin, and phosphorus and a good source of iron.14

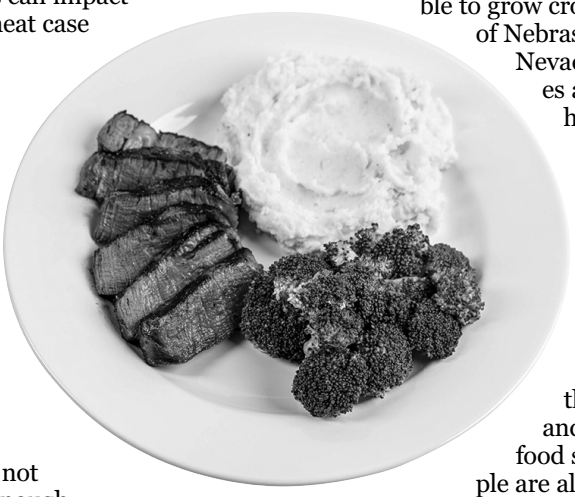
ALTERNATIVE PROTEINS: BETTER THAN REAL BEEF?

It seems like every time you open a health or fitness magazine, a celebrity is promoting the newest power protein food. And for good reason – a healthy, balanced diet includes protein from a variety of sources. While alternative proteins are gaining attention and space in the fridge and on plates, their perceived health benefits may not outweigh the nutritional consequences of not including lean meats in your diet.

Current diet fads like to tout the proteins in plant-based products. We like black beans, quinoa, and edamame, too, especially when they are paired with a great beef meal. But they are no substitute for beef's high-quality protein, which contains fewer calories and more nutrients.

A cooked 3-oz. beef top sirloin steak averages about 156 calories while providing approximately 25 grams of protein, which is nearly half of the recommended daily value.

To get the same amount of protein (25 grams), you'd need to eat six tablespoons of peanut butter (amount customarily consumed is 2 Tbsp) or a whopping three cups of quinoa (amounts customarily consumed is about ¾ cup), for instance, which both also deliver a sizable amount of calories (564 calories for peanut butter; 666 calories for quinoa).



SUSTAINABLE FOOD SYSTEM: WOULD LESS BEEF BE BETTER?

Cattle are beneficial in a sustainable food system because of their unique stomach structure, which allows them to eat and digest what we as humans can't.

In addition to the grasses they graze on for most of their lives, they can eat numerous other byproducts from plant-based food production, such as brewers grains, pea pulp, beet tops, potato peelings and sunflower hulls, which are all byproducts of human activities or other products, such as pea-protein burgers and meat crumbles.

Instead of going to a landfill, cattle eat these “waste” products and turn them into a high-quality protein edible for human consumption.

Cattle also graze in areas where it's impossible to grow crops, like the sand hills of Nebraska or the arid land of Nevada, taking those grasses and turning them into high quality protein, in places that could otherwise never be used to feed a growing population.

CONTRIBUTING TO A HEALTHY SUSTAINABLE DIET

The bottom line is that beef is nourishing and part of a sustainable food system, and most people are already eating beef within global dietary guidelines. So, what can we all do to help make our diets healthier and more sustainable? There are three big opportunities that can make the biggest difference: waste less food, eat a balanced diet and improve the productivity of agriculture globally.

On average, 40% of all the food brought home in America goes uneaten, enough to fill a 90,000-seat Rose Bowl stadium every day, and that means food waste costs the average American family \$2,500 annually. If we wasted less beef, and less food in general, we would improve the environmental impact of our diets because that waste wouldn't be emitting methane in a landfill.

One great way to avoid food waste is using ingredients you already have to make a new meal or eating “plannedovers” to re-create leftovers.

We can also eat a balanced diet to contribute to a healthy and sustainable food supply. We know that on average, 3 ounces of cooked beef provides 10 essential nutrients in about 170 calories including 25 grams of high quality protein, zinc, iron, and B vitamins. Beef packs a nutrient punch that can't afford to be lost.

By eating a variety of whole grains, fruits, vegetables, and lean proteins – and not wasting it – we can create a sustainable food system that will support a growing global population, so all people can thrive.

As we work together to build a healthier, more sustainable food supply for ourselves and future generations, our focus should be on changes that are science-based, practical and highly impactful, like reducing food waste, consuming balanced meals and improving global agricultural productivity.

— information courtesy of Beef. It's What's For Dinner; www.BeefItsWhatsForDinner.com



Facts and Figures on Today's Beef

By the Iowa Beef Industry Council

ABOUT BEEF – NUTRITION

It's hard to beat the nutrients you get from a serving of real beef. Beef supplies 10 essential nutrients that support a healthy lifestyle, including protein, zinc, iron and B vitamins.

Beef is an authentic source of high-quality protein without a long list of ingredients and no added sodium – it's just beef that you're getting for dinner.

One serving of beef is 3 ounces, about the size of a deck of cards, and provides 25 grams of protein (roughly 50% of your daily value) in about 170 calories.

Animal proteins such as lean beef are complete, high-quality proteins that contain all the essential amino acids your body needs.

All beef choices have to meet the same safety standards. Vigilance on farms, rigorous safety inspections, and strict government guidelines ensure the highest level of safety for whichever type of beef you choose.

You would have to eat 6 tablespoons of peanut butter (564 calories) to get the same amount of protein provided by one 3-oz serving of lean beef (150 calories).

Lean beef has less than 10 grams of total fat per 3-oz serving. About half the fat in beef is monounsaturated fat, the same heart-healthy kind found in olive oil.

ABOUT THE BEEF COMMUNITY

Livestock turn feed-grade

grains into high quality protein for our diets. Less than 5 percent of global grain production is used to feed livestock.

One farmer or rancher today raises enough food to feed 155 people compared to just 19 in 1940. In fact, less than 1% of the U.S. population raises our food.

The beef community directly or indirectly accounts for more than 1.4 million jobs and contributes more than \$188 billion in output to the national economy.

Cattle farmers and ranchers have invested more than \$30 million since 1993 in safety research and outreach programs. The beef community as a whole invests at least \$550 million in safety annually.

87% of farmers and ranchers who raise beef follow best management practices consistent with BQA because it's the right thing to do.

Raising beef today requires less water, land, and energy and has a smaller environmental footprint thanks to continuous improvements by farmers and ranchers.

Compared to 1960, there are half as many farmers and ranchers today feeding a U.S. population that has more than doubled.

Approximately 85% of U.S. grazing lands are unsuitable for growing crops. Grazing cattle on this land more than doubles the area that can be used to raise food.

ible plants into high-quality protein.

90% of what cattle eat is forage and plant leftovers that people can't eat and would otherwise go to waste.

Cattle generate more protein for the human food supply than would exist without them because their unique digestive system allows them to convert human-inedible plants into high-quality protein.

ABOUT THE IOWA BEEF INDUSTRY COUNCIL

Funded by the \$1 per-head National Beef Checkoff Program and the \$0.50 per-head Iowa State Beef Checkoff Program

The Iowa Beef Industry Council Board of the Directors is comprised of beef and dairy farmers from across the state who provide guidance and oversight of beef checkoff investments for the beef industry.

Checkoff dollars are invested in beef promotion, consumer information, research, industry information and foreign market development, all with the purpose of strengthening beef demand.

The Beef Checkoff acts as a catalyst for building beef demand, inspiring others domestically and internationally to grow the consumer demand for purchase of beef. This can be accomplished through initiatives such as consumer advertising, marketing partnerships, public relations, education, research and new-product development.

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A place on the map

Pleasantville bar and grill named home of this year's Iowa's Best Burger

By ERIKA OSMUNDSON
For the Iowa Beef Industry Council

On the square in Pleasantville, family, community and Iowa's best burger intersect at Halftime Bar & Grill. The Iowa Beef Industry Council and Iowa Cattlemen's Association have named Halftime Bar & Grill – and its owners, the DeHeer family – the home of Iowa's Best Burger for 2025.

As long-time residents of Pleasantville, Kevin and Kathy DeHeer, along with their children, Amanda and Tyler DeHeer, have owned and operated Halftime Bar & Grill for just over two years.

Kathy was the one to steer the family down the path of restaurant ownership and going into business as a family. She has worked for Frosty's, a restaurant where Halftime Bar & Grill is now. The owners were looking to retire and approached Kathy to see if she was interested in buying them out.

"I had always wanted to run a cafe," said Kathy. "I talked with Amanda, who also worked part-time for Frosty's, to see if she wanted to be a part of it, too. We both kind of had this restaurant dream, so we thought, why not?"

Pleasantville is known for its school sports and the community had expressed the need for a local sports bar. As the DeHeers made the restaurant their own, they went with it. TVs are spread throughout the restaurant and tuned to major sporting events and the décor definitely gives a fun sports bar vibe.

Some might wonder if a sports "bar" is for kids. Halftime Bar & Grill is family-friendly and kids are always welcome. In fact, Kathy said that they have been known to turn a TV or two to cartoons when kids are in. There are coloring books and crayons available, plus a menu just for the kids. And yes, there is a burger option for them, too.

At this family-owned business, the staff feel like family, too. Andy Moen, one of the cooks, said that the restaurant

can be hectic, but everyone in the family throws their backs into the restaurant's success. They are quick to help and treat the team like family.

Amanda commented that taking over the restaurant has been life-changing and that it is a lot harder than they thought it would be, but she said it is rewarding.

"I remember thinking one of the most rewarding times was when we first opened and I was in the kitchen working," Kathy echoed. "There was a game going on and a bunch of people in here. Everybody was laughing and having a good time and I could hear it in the kitchen. That moment – hearing laughter fill the restaurant – was when I knew we had created something special."

Halftime Bar & Grill has nine burger offerings on its menu featuring combinations of toppings for every palate. From their classic Bacon Cheeseburger to their Sriracha Bourbon Burger and the Over-The-Top Beer Cheese Burger to the Barnyard Argument Burger, the DeHeers have amped up the tasting experience, providing patrons with a variety of options to choose from.

After several years of the trendy smash burger claiming the Iowa Best Burger crown, Halftime Bar & Grill returns us to an original grilled patty. Sourced from a local meat locker, their all-beef patties are 8 ounces of fresh, never frozen beef. You can decide if you want one or two patties (a whole pound of beef) for each burger selection.

A fan favorite and one that the Iowa Best Burger judges



mentioned was the Humpback Burger, which features an 8-ounce all-beef patty topped with ham, pepper jack cheese, bacon and sautéed onions, drizzled with Halftime's smoky house sauce. Burgers are served with your choice of fries or a premium side for an upcharge.

This contest has already made a difference in sales. Before Halftime Bar & Grill was announced as one of the Top 10, they were selling approximately 170 burgers in a week. Following the announcement, burger sales increased to 392 burgers at their peak.

Amanda also said they've seen increases among all sales within the restaurant, not just the burgers.

The purpose of Iowa's Best Burger contest is to promote beef and the producers who raise it. The DeHeers had several examples of guests who came in, not knowing that Halftime Bar & Grill existed,



Photo courtesy Iowa Cattlemen's Assoc.
Kathy and Amanda DeHeer show off one of the burgers that earned the Halftime Bar & Grill in Pleasantville the designation as the home of Iowa's Best Burger for 2025, selected by the Iowa Beef Industry Council and Iowa Cattlemen's Association.

but had heard radio advertisements about the contest and stopped in for a burger.

Kathy and Amanda watched the Iowa's Best Burger contest unfold last year and dabbled with getting Halftime Bar & Grill into the contest, but fell short of the Top 10. This year, Amanda said that they focused more on the promotion and concerted effort to see what they could do.

"We got on and printed materials provided for the contest," said Amanda. "And we told our staff if someone is eating a burger and enjoying it, ask them to vote. We used the QR codes provided and even showed some of our older guests how to use the code to vote."

Another area of focus for the DeHeers is quality and consistency. Tyler said that they care about the quality of their food because if they serve bad food, people won't come back. He expressed that repeat busi-

ness in a smaller community is crucial. If they are busy, it isn't just about getting the food out, they are honed in on quality, he said.

"People kept telling us that we should enter the contest and that our burgers are the best thing ever," said Kathy. "When the contest started, we had regulars say that we were going to be No. 1. Making the Top 10 was our goal and winning was just icing on the cake."

Both Amanda and Kathy said there were happy tears when they found out that they had made the Top 10 and then even more when they found out they'd won.

The family said they appreciate the outpouring of local sup-

port and will always be grateful to the community regulars. But winning this contest and the exposure it generates to a larger audience will help their restaurant thrive.

Thanks to the community, quality beef and one unforgettable burger, Halftime Bar & Grill isn't just serving food – it's earned a permanent place on Iowa's culinary map.

Halftime Bar & Grill's kitchen is open 11 a.m. to 9 p.m. Tuesday through Thursday, 11 a.m. to 10 p.m. Friday and Saturday and 11 a.m. to 7 p.m. on Sunday. You can learn more about Halftime Bar & Grill and get updates on specials by following them on Facebook.

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Cattle have taught high school senior plenty of lifetime lessons

SCHWICKERATH: FROM 17

"I wouldn't be where I'm at today without cattle."

Her parents, Tony and Janet Schwickerath, nodded their heads in unison as their youngest daughter spoke those words.

"It's true," Tony said. "She's learned the value of hard work, I can tell you that. As a parent, we couldn't be prouder of our girls — both Carrie and her older sister, Beth. They are kind, they have great work ethics. That's what you want as a parent, right?"

Beth graduated from New Hampton in 2021; Carrie will take the same walk across the stage a week from this coming Sunday. And in a way, it will be the end of an era — one that revolved around cattle — for Tony Schwickerath.

"It was always me-and-the-girls' time," he said. "We go out when it's 10 below out and whatever, we'd spend one hour out. That's when the girls could talk ... it's barn talk and I loved every minute of it."

Janet smiled as her husband talked.

"I'm pretty sure that was the favorite part of his day, no matter how much work had to be done," she said. "It was cool to see how they bonded together."

CARRIE SCHWICKERATH was just 6 years old when she bought her first cow.

New Hampton farmer Garth Griffin took her and her father out to a pasture and told her to pick one.

"He said whichever one I wanted I could have," she said, "and I found this one that was really friendly, really nice and I just had to have that red Angus cow."

She named it C6 — C for Carrie; 6 for her age at the time — and she was hooked on cattle for life.

Over the years, she's shown cattle both at the Chickasaw County 4-H and FFA Achievement Fair and the Iowa State Fair. She's had good days and not so good days, but the former far outnumber the latter. That trailer is Exhibit A.

A work ethic was born the day C6 came to her farm.

"They have to be fed twice a day, and so even if you have after-school activities and you're involved in things like that," she said, "you always have to come home and do the chores — no matter if it's light or dark out, you still have to get them done."

And as fairs drew near, she was constantly washing and cleaning her cows, working on halter breaking them and gearing up for another trip to another show ring.

She also learned that cows are ... well, they're a lot like people.

"They're more comfortable at home so sometimes the show ring can be a scary place for them," she said. "They have their good days and they have some bad ones, too — just like me, just like everyone, I guess. But it's been so worth it. I've met so many people from so many places, I just feel lucky that I got to do this."

NOT THAT SHE isn't involved in other activities.

Her senior bio that is, in a word lengthy.



Photos courtesy of Carrie Schwickerath

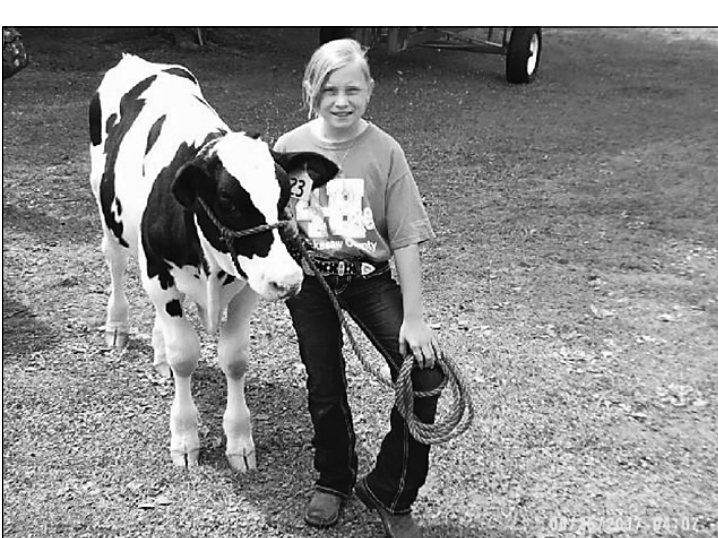
New Hampton High School senior Carrie Schwickerath poses for one of her senior pictures in front of a trailer that contains a host of awards she has won at cattle shows around the state during a showing career that began when she was just a shy, quiet and reserved youngster.

She has been the president of the 4-H County Council, a Little Wapsie Legend 4-H officer and served on just about every 4-H committee that exists. She's been an active member of the New Hampton FFA and served as it president this past year. She's the senior class treasurer, member of Core Interact, C.L.A.S.S. and the National Honor Society. She's also the Iowa Junior Red Angus Association Northeast District representative and has worked at the New Hampton Veterinary Clinic for the past five years.

Does she sleep?

"When I can," she said with a laugh, "but I'm glad I've had all these opportunities. It's made me who I am today."

Garth Griffin remembers that 6-year-old well, and he and his wife, Nancy, have



grown very fond of the young lady they helped turn into a cattleman.

Did he see the makings of a cattle showing champion 12 years ago when he first took her and her dad out to that

pasture?

"Absolutely not, and I don't want that to sound bad, but Carrie was the quietest, shyest little girl," he said. "She hid behind Tony's leg, but that's the beauty of this. Look at her now. Look at how much she's grown. It's been amazing to watch her, and we feel like we almost adopted her. We're so proud of her."

And she has continued to grow in high school.

"You would look at me as a freshman or sophomore, and see I was not outgoing or talkative or any of that jazz," she said, "but through a lot of the clubs and everything ..."

She paused and laughed.

"And I'm not quiet anymore."

IN SOME WAYS, though, she is a typical high school senior. She's ready for commencement, ready to end this

chapter and move on to the next.

She will head to Ames and Iowa State University this fall and begin working on a pre-vet degree. She'd love nothing more than to one day return to New Hampton and work as a veterinarian.

But there are still a few more "lasts" to experience.

She remembers the first time one of her animals was sold at the fair auction and loaded on a trailer.

It was 2018, and she won't lie, she cried.

She found a friend in Barbara Schwickerath, who had graduated from New Hampton that spring.

"When it was my first year, I was crying because I just put my animals on the trailer," she said, "and Barbara was a senior, and it was her last year so she was loading her very last steer and she was crying, too."

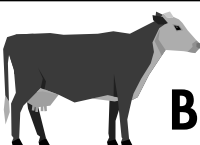
It's a memory that Tony and Janet Schwickerath will have for the rest of their lives. There was Barbara, the high school senior, consoling their daughter, Carrie.

"And now it's going to be your turn," Tony said to his daughter, "to do the same thing for someone this year."

For a moment, the garage was quiet.

And then Carrie Schwickerath smiled.

"I will because that's what I've loved about cattle ever since C6," she said. "It's not just about the cow; it's about the people."



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HOW CATTLE SHAPED A YOUNG WOMAN

FROM C6 TO A SENIOR IN HIGH SCHOOL, CARRIE SCHWICKERATH IS GRATEFUL FOR AN AMAZING EXPERIENCE

By Bob Fenske
editor@nhtrib.com

One of Carrie Schwickerath's senior pictures tells the story of just how much success she's attained over the years showing cattle and being involved in a wide range of activities — both in and out of school.

There's the New Hampton High School senior in front of her cattle trailer, which is covered in ribbons and awards she's earned over the past decade that started with a shy, quiet girl and ended with a vibrant young woman.

And as she and her parents sat in a garage on their acreage northwest of New Hampton recently, the New Hampton High School senior said, in a way at least, she owes it all to cattle.

"I think it's taught me so much about me," she said. "It's more than just showing the cattle in the show ring. It's about the friends that you make along the way, the leadership things you learn and things like that. And it's a family feel when you go to the fair and you're with the same cattle people every year and you're always inviting new people in to make the family even bigger."

She paused for a moment and smiled.

SEE SCHWICKERATH, 16



One of Carrie Schwickerath's senior pictures pretty much sums up how she feels about cattle, but she has some other favorites, too. There are her parents, her sister, the legions of friends she's made over the years at cattle shows and folks like Garth Griffin (left), who has been a mentor to her since she bought her first cow from him when she was a shy 6-year-old.

Photos courtesy of Carrie Schwickerath

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Trojans place fifth at South Winn



Turkey Valley scores - Bernhardt 40, Busta 47, Blong 50, Franzen 51, Kurtenbach 56, Maklenburg 63.

TV-SF's William Diers (46), as well as Hunter Nelson, Lincoln Holtz, Graham Schmitt and Ethan Orvis all shot rounds of 45 to help the Trojans consistently knock down targets.





Kelly Terpstra/Tribune

New Hampton’s Tegan Dungey (above) races downfield while the Chickasaws Kevyn Torres (below) looks for an open teammate during games played last month.

Chickasaws face top-notch competition on soccer field

By KELLY TERPSTRA
sports@nhtrib.com

The New Hampton soccer squads took on some of the state’s best over the course of the past week and the results speak for themselves.

It was a tough go for the Chickasaws as the boys dropped contests to top-ranked North Fayette Valley, No. 3 Hudson and Postville. The No. 1 ranked TigerHawks won 10-0 on Tuesday, April 29, while Hudson, which sports the same Pirate nickname as Postville, also won 10-0 just this past Monday over New Hampton. Last week Thursday Postville also shutout NH, 6-0.

The NH girls lost to the TigerHawks, 5-1, and the top-rated team in the small school class – Denver (10-0) – topped New Hampton just this past Monday by a margin of 10-0.

Chickasaw sophomore Caycee Crawford scored the team’s only goal versus NFV, a contest which was tied at 1-1 at intermission.

“The first half was evenly contested, with NFV scoring an early goal. We responded by intensifying our efforts and eventually equalized through Caycee, ending the half in a draw,” said NH head girls coach Fayssal Talib. “However, fatigue set in during the second half, leading to a lapse in focus and defensive errors.”

A bright spot for the Chickasaws came in the form of an 8-1 rout over Postville back on Thursday, May 1 which saw junior forward Tegan Dungey score four goals. Dungey scored five goals in the first meeting with Pirates last month and she’s now accumulated 13 goals on the season.

Crawford added two goals in the most recent impressive win over Postville, which New Hampton has defeated by a combined score of 18-1 this spring. Kimber Dungey and



Josi Singewald notched a goal apiece for New Hampton.

“We had a strong grip on the game, controlling play from the start. This match also provided an opportunity to test all our players on the field,” said Talib.

New Hampton sophomore Jay Pickar recorded a shot on goal versus NFV (10-1-1). Chickasaw junior goalkeeper Easton Monteith had 23 saves versus Postville (7-3-1). Hudson (8-0-2) led 5-0 at halftime over the Chickasaws.

The New Hampton girls improved to 4-5 overall and the Chickasaws boys squad dropped to 1-10 on the season.

NH hosts MFL MarMac in a girl/boy doubleheader this Friday. The boys game will start first at 4:30 p.m., followed by the girls contest at approximately 6:15 p.m. out on the pitch.

Rochford finding success at Iowa

A former New Hampton multi-sport star is enjoying a banner outdoor track and field season at the University of Iowa.

Carlee Rochford, a 2023 graduate of New Hampton High, claimed the javelin title this past weekend during the Musco Twilight event in Iowa City. She came up with a collegiate-best throw of 124-0 to win the event.

The javelin win came just a few weeks after Rochford scored a collegiate-best 5,114 points in the heptathlon at the Mt. SAC Relays in Walnut, California. She posted college PRs in the 100-meter hurdles (14.36), 800 meters (2:24.99), long jump (17-7), and shot put (37-9 1/4), and her point total was the eighth-best ever recorded by Hawkeye heptathlete.

While at New Hampton, Rochford starred in volleyball, basketball and track for the Chickasaws and won the 2023 Class 2A state long jump title.

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Top-ranked Chickasaw girls continue to roll



Bob Fenske/Tribune

New Hampton’s Camryn Smith keeps an eye on her tee shot during a recent meet at the New Hampton Golf and Country Club.

Chickasaws have another solid week on range

By KELLY TERPSTRA
sports@nhtrib.com

New Hampton continued to put up impressive numbers out on the trapshooting range this spring.

The Chickasaws took on the very talented Cresco Area Clay Crushers at home last week Thursday. CCAC won the meet with a 238, while New Hampton’s No. 1 team finished with a 230 and the Chickasaws’ No. 2 squad was third with a 225.

NH junior Chase Humpal was just one clay shy of a perfect 50 as he wound up with a 49. Kail Schemlzer of Cresco was perfect with a 50 to take home top individual honors. Chickasaw junior Emmett Kuehner was tied for third overall with a fantastic round of 48.

While Cresco’s Harley Fisher won the girls side of competition with a 49, New Hampton represented well as Aleah Eichenberber (senior), Harper Humpal (freshman) and Karla Pickar (senior) all tied for the runner-up spot with 46s.

Not to be outdone, NH senior Devon Snyder, along with fellow senior Jake Schwickerath and sophomore Wyatt Schwickerath all came up with rounds of 47. NH sophomore Jackson Kellogg fired a 46.

New Hampton finished sixth at the Cedar Falls 100 Target Open Invite on Saturday with a 451.

The Chickasaws tallied scores from Kuehner (92), Wyatt Schwickerath (92), freshman Carter Dreckman (90), Kellogg (90) and Chase Humpal (87).

THURSDAY, MAY 1
TOP-THREE SQUADS
Cresco Area Clay Crushers 1 238, New Hampton 1 230, New Hampton 2 225.

TOP-THREE BOYS
Kail Schmelzer (CACC) 50, Chase Humpal (NH) 49, Emmett Kuehner (NH) 48, Kady Schmelzer (CACC) 48, Logan McCabe (CACC) 48.

TOP-THREE GIRLS
Harley Fisher (CACC) 49, Aleah Eichenberger (NH) 46, Harper Humpal (NH) 46, Karla Pickar (NH) 46, Madi Fritcher-Larson (CACC) 44.

NEW HAMPTON RESULTS
NH1 (230) - Eichenberger 46, Carter Dreckman 44, H. Humpal

46, Wyatt Schwickerath 47, Jake Schwickerath 47.
NH2 (225) - Pickar 46, Kuehner 48, Haylen Schekleton 42, Ben Douglas 45, Nolan Swehla 44.
NH3 (208) - Jackson Kellogg 46, Vanessa Snyder 32, Devon Snyder 47, Benson Burke 43, Danielle Ellingson 40.
NH4 (155) - Carson Burke 37, Aidan Eichenberger 35, C. Humpal 49, Liz Deere 34.
CEDAR FALLS 100 TARGET OPEN INVITE TOP THREE-SQUADS
Cedar Valley Shotgunners 471, Waverly-Shell Rock 464, CC/NP/RRMR 462.

TOP-THREE BOYS
Gavin Nielsen (Cedar Valley) 98, Colton Chase (W-SR) 96, Emmett Davison (Janesville) 95, Cole Jones (CC) 95, Benjamin Buhr (Red Cedar) 95.



Kelly Terpstra/Tribune

New Hampton senior Jake Schwickerath competes in a night shoot at Nashua earlier this year.

TOP-THREE GIRLS
Jalyn Hawk (Van Buren) 97, Evelyn Erhardt (Cedar Valley) 96, Ali Blickenderfer (CC) 91.

NEW HAMPTON RESULTS
NH (451) - Kuehner 92, W. Schwickerath 92, Dreckman 90, Kellogg 90, C. Humpal 87.

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Bob Fenske/Tribune
New Hampton's Ethan Carter hands the baton to distance medley relay teammate Beau Serie during Monday's New Hampton Invitational.

New Hampton boys discover success in distance medley

Chickasaws take solid fourth at Cresco; freshman wins high jump, anchors winning relay at New Hampton Invitational

BY BOB FENSKE
editor@nhtrib.com

As New Hampton boys track coach Scott Jenkins put it when it comes to the Chickasaws' annual home meet Monday night, "It's the knife that cuts both ways."

The Chickasaws welcomed four teams to the stadium Monday, and anytime you have a five-team meet that includes combining some junior varsity and varsity races, the meet won't last long.

"Getting done sooner means the recovery time for the kids," Jenkins said, "is shortened throughout the meet, so it tests their fitness."

New Hampton senior Beau Serie offered the perfect example of the "knife."

When he crossed the finish line in the 100-meter dash, he never left the track. Instead, he walked part way around it and ran the second 200 leg of the distance medley relay.

"I was thinking there would be a JV race for that relay to give him time to catch his breath," Jenkins said. "When they combined the JV and varsity relays into one heat, that took away Beau's recovery time ... so his walk to the other side of the track was his recovery time. He got all of about three minutes. He still did a great job with his leg and helped give us the lead we needed."

And that d-med was certainly one of the highlights for the Chickasaws as Ethan Carter to Serie to Dylen Schmitt to

Carson Laures produced one of the two wins garnered by the home team.

The first three Chickasaws gave the freshman Laures a solid lead, and the freshman ran a personal-best 800 split of 2:04 to hold off Waukon's anchor, Brandon Leppert, to give New Hampton a season-best time of 3:46.20 and a win by less than half of a second.

"We need those first three guys to get us out front like we were last night," Jenkins said Tuesday. "Our district has a slew of great 800 runners, including Carson so if we decide to load this relay then, getting a lead in those first three legs is incredibly important."

"Carson did two things very well Monday night. He set his own pace because he was all alone in front, and then held off a very tough runner at the finish line to win the race. I was very proud of Carson and his effort there."

Now, all of a sudden, the d-med may very well be in play for the Chickasaws when they head to Cresco a week from today (Thursday), May 15, for the Class 2A state qualifying meet.

It was at Crestwood's Coed last week that Jenkins put together a "loaded" distance medley and the Chickasaws' ran to a second-place finish with a time of 3:46.28, a season-best time by more than 5 1/2 seconds.

The Chickasaws also got wins from Laures in the 400 hurdles

SEE NH BOYS TRACK, 13

NH girls peaking on track at right time

Chickasaws put together a slew of PRs, win team title at Denver during a hectic week

BY BOB FENSKE
editor@nhtrib.com

The timing couldn't be better for the New Hampton girls track team; after all, the Chickasaws are coming off a heck of a hectic stretch — one that saw the Chickasaws not only run a slew of season-best times but ended with a team title at a four-team meet in Denver Monday night.

That title run ended a three-meet, seven-day stretch, which in track and field is a lot of running, throwing and jumping in a relatively short amount of time.

"It's been a busy couple weeks with meets," Chickasaw coach

Jeanette Laures said, "but those meets essentially become our workouts. We want kids to have time to recover from meet to meet, so we take those practice days in between very light."

And the results were pretty solid during trips to Waukon last Tuesday, Cresco last Thursday and Denver on Monday.

Start with the Waukon meet, where the Chickasaws used three relays wins to finish a solid fourth in the team standings.

Capri Lester to Madi Shawver to Aleigha Cahoy to Kinsley Hackman gave the Chickasaws the win in the

SEE NH GIRLS TRACK, 13



Kelly Terpstra/Tribune
New Hampton senior Taylor Ries sprints to the finish line in the open 400 during the Chickasaws' home coed meet.



Kelly Terpstra/Tribune
New Hampton's Evan Geerts tracks his putt as it heads toward the hole while teammate Lane Flattum chips to the green during a recent meet at the New Hampton Golf and Country Club.

Chickasaw boys go low at home

New Hampton shoots season-low 152 in win over Waverly-Shell Rock

BY KELLY TERPSTRA
sports@nhtrib.com

New Hampton picked a great time to fire the round of the year so far with just one meet to go before sectionals begin in Clermont.



Ewert

The task at hand now is to repeat that blistering team tally of 152 carded last week Thursday at home in a win over Waverly-Shell Rock.



Kriener

Five of New H a m p t o n head coach Brad Shatek's Chickasaws fired career-low rounds in the 152 to



169 victory over W-SR.

New Hampton sophomore Charlie Kriener and senior Adam Ewert were two of those standouts who did exactly that as they tied for medalist honors with career-best nine-hole totals of 36 each. Chickasaw freshman Lane Flattum and

senior Gabe Macon carded 40s, freshman Evan Geerts notched a 42 and fellow frosh Drew Kipp came up with a 45.

"This was definitely nice to see, especially after we struggled two days earlier in the triangular meet against Turkey Valley and Sumner-Fredericksburg,"

said Shatek.

The Go-Hawks' Tyler Gade was medalist runner-up with a one-over par 37.

New Hampton fired a 177 in that New Hampton meet Shatek was referencing — a shot back of Sumner-Fredericksburg's 176.

The simple fact of the matter is New Hampton may have to go that low like last Thursday at its Class 2A sectional over in Clermont at the Pleasant Valley Sports Club on Wednesday, May 14 in order to keep its season alive. District qualifiers that break on through to the next round will play at Fox Ridge Golf Course in Dike on Monday, May 19.

"You can't expect everyone to come up with their best round all the time, but this should show that we have the potential to compete with anybody. Even the scores we didn't count (42 and 45) would typically count for us and many other teams," said Shatek about the stellar round played against the Go-Hawks.

New Hampton engineered one of the lowest nine-hole rounds in quite some time, although the Chickasaws matched that 152, coincidentally against these same Go-Hawks on April 27 of 2023.

Ewert continued his string of snaring the top spot on the leaderboard with another medalist-winning effort. He's been either co-medalist or medalist at his last four meets. Kriener was co-medalist in two of those meets and was the individual winner of the New Hampton Invite with a 74 in the Chickasaws' lone 18-hole round back on April 19.

Shatek talked about Ewert's fantastic play as the season enters its most important stretch.

"He works hard and pays attention to the areas of the game that are important. He's been playing well and I look for his success to continue," said Shatek.

The improved play by the Chickasaws is especially encouraging as Shatek's younger players — which include three freshmen in his top six on varsity — are starting to turn it on. That obviously bodes well for the future.

SEE NH BOYS GOLF, 13

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Chickasaw CHAT

Celebrating New Hampton Middle School's Endmester!

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Students in the Endmester class Chickasaw Chat listen as New Hampton Tribune Editor Bob Fenske speaks about writing articles.

Students learn to help each other and members of community

BY ANNALISE HACKMAN
New Hampton Middle School

If you like helping the community then Will You Go Out with Me is the right Endmester class for you. It was taught by Brian Schmitt and had 37 students. The students helped the community while also staying active and cleaning the community. This class took place in the gym and the community.



Bryer Leichtman is getting directions by Blake Opperman during a class.

Schmitt said. "I like teaching this class because I like seeing kids active. It's a great course because it teaches kids to go outdoors. As a PE teacher it is always nice to include many activities for summer."

"I would recommend this class because you stay active during Endmester when we don't have specials," Easton Brown said.

For Showcase night students made slideshows of the work they did during the Endmester.

Students took this class because it sounded fun to be active, but still helping the community. They learned health literacy and collaboration.

"I like going outside and doing hands-on activities," Bryer Leichtman said.

"I like seeing different age groups work together,"

Endmester leads students to success

Middle school principal says key to success is to 'flow students into what they like' so they can explore passions

BY MICHAELA BALIK
New Hampton Middle School

Have you ever wondered why New Hampton Middle School has Endmester, what Endmester teaches students, or even what the Middle School's principal enjoys most about it? If you have, you no longer need to wait because Principal Brad Schmitt has all the answers.

"We are fortunate enough to have Endmester because it is something that our school board says our kids should experience. We have Endmester because it's based on project-based learning. For two weeks, we have some kids who are learning how to sew, and we have some kids who are learning how to be social and have social experiences. That's why we have Endmester, because it allows

us to be creative, and collaborate, and critically think with our peers," Schmitt said.

"My favorite part of Endmester is seeing kids experience new things, like we have some kids who have never knitted before, some have never cooked, some have never wrenched on a racecar before, and some have

SEE ENDMESTER, 2



Kaci Tindell looks up directions for her knit while Carter Azbill and Evelyn Kuehn work on their knit for Showcase.

With needles and yarn, students can make anything

BY TINLIE VSETECKA
New Hampton Middle School

Knit It Up is an Endmester class, taught by Patricia ten Hoeve, that taught students how to start a basic knit. Soon, the student will be able to make something of their choosing. This class is new this year at New Hampton Middle School.

Emma Praska, a student in the class, said that learning the basic knit was really

easy for her, and it didn't take long for her to be able to do it on her own.

Prasak said she will keep knitting when this class is over.

"I already told my mom to get some stuff," she said

"I've been knitting for two and a half years now," ten Hoeve said. This course focused on a fun hobby that starts with just needles and yarn.

"I wanted to take my passion and turn it

into a class," she said.

Students recommend this class to all their classmates. "You can learn a new hobby, actually it's a lifestyle not a hobby," Coralie Bruess said.

"Sadly, I will not keep teaching this class here at New Hampton because I will be leaving after this year," ten Hoeve said. But if she were staying at New Hampton, she said she would gladly keep teaching this course.



Ellie Carlson is adding the fixings to make a pizza hot dog during one of her Endmester classes.

Students find a lot of cool ways to jazz up a hot dog

BY KOURTNEY HACKMAN
New Hampton Middle School

If you ever wanted to grill hot dogs and make hot dogs with friends at school, Hot Diggity Dog, an Endmester class taught by Missy Sinnwell, would be the class for you.

Thirty-two students spent Endmester learning that there are a lot of different ways to prepare a hot dog.

"We are making a loaded pizza hot dog with marinara sauce, mozzarella cheese, and pepperoni," Lucy Ellingson said. "We went to the Ionia locker yesterday, and today we got to grill hot dogs."

Ava Kuehn liked the Hot Diggity Dog class because she is always hungry, and they got to make food.

"I have learned how to make hot dogs, and it was fun taste testing them. I like mine with ketchup," Kuehn said.

"Seeing the creativity, and you would think you would see the same thing every year, but you don't. Kids just are coming up with new ideas every year," Sinnwell said.

Sinnwell's favorite part of the class is "seeing them grow and grilling hot dogs. This might be some kids' first time ever grilling."

Bake Me Happy students create tasty treats

BY JACOB CAMARILLO
New Hampton Middle School

Imagine baking cookies and all that sweet stuff!

In Laura Schwickerath's class, Bake Me Happy, students learn how to bake and cook. Every day twenty-four students travel to the kitchen on the second floor to start baking.

Each day, the students received new recipes to bake a variety of tasty treats.

In Bake Me Happy, students learned how to read the recipes and how to bake.

"I learned how to mix the pot and ingredients. You actually

have to learn about that. Also, the class was fun and the recipes were interesting," Dakari Barron said.

"It's fun and important to take your time doing what you're doing," Je'Juan Carter said.

"Students learn time management and how to collaborate," Schwickerath said. She enjoyed, "Just watching kids pick their own recipes and having success in what they made."

Barron said he liked how he gets to cook, and Carter likes hanging out with friends. Overall, students enjoyed cooking with their friends.



Cole Hansen and Dylan Herrmann try o think of an idea to pick up the hula hoop.

Sports done different

BY BRENNEN PITZ
New Hampton Middle School

Have you ever wanted to learn about sports and also try new sports? A good class for people who enjoy sports would be Sports Fanatics, taught by Cael Krueger. Thirty-five students took this Endmester class. Students played games and tried other sports.

Layton Pitz and Dalton Wilson took Sports Fanatics because they wanted to learn about sports. They learned about different sports by doing slide shows and researching information. They compared sports from back then and now. They also researched different sports.

"I wanted to teach this class because I really enjoy sports and the history of sports, and wanted kids to be aware of how many sports there really are," Krueger said. "I wanted kids to dive deeper into their history and how they became sports that we play today."

"You get to research sports, so you know more about them in life," Dalton said. "You can play games and sports" was the best part of the class.



New Hampton Middle School students (from left) Emerald Malta, Je'Juan Carter and Dakari Barron are making cookies in Bake Me Happy.

Video game course teaches students a variety of skills

BY HENRY URIBE
New Hampton Middle School

Thirty-three middle schoolers played Mario Kart in Jenny Adam's Endmester class, but they also learned valuable lessons in creativity, collaboration, communication and critical thinking as they played the video game.

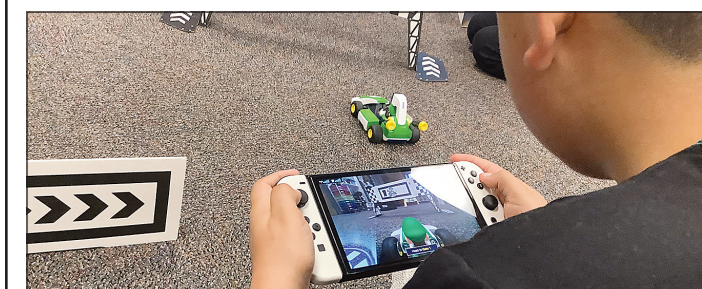
Students said they took the class because it seemed fun to do.

"There were a lot of kids who wanted to take this course but did not get the chance to, so I wanted to teach to give more kids the opportunity to take it," Adam said about why she wanted to teach Mario Kart Live again.

The most difficult task was "probably getting the right section of like strength and speed and handling," Kipp Sheets said.

There are a lot of students who like video games, and Mario Kart Live is one of their favorite video games.

During the Showcase, students displayed the different courses that the groups built, and community members could race the courses.



Oscar Cardona Vega uses a Nintendo Switch to drive his Mario Kart through his course.



Logan Carter takes a photo at Garnant Pond for the Say Cheese class that was part of Endmester.

Students learn how to take better pics in Say Cheese

By Easton Brown
New Hampton Middle School

The Say Cheese Endmester class taught students how to be good photographers. This Endmester class had 30 students, and the teacher was Erin Moorman. In Say Cheese, they took photos at different locations across the community.

“I like going out, taking pictures off campus, and going out in nature. I really like to see my students get excited with what they capture,” Moorman said

Say Cheese students said that one objective of the class was to learn how to become a photographer. Students learned the rules of composition with photography. Students said they love taking photos.

“My favorite part of this class is taking photos and going out in nature,” Gicel Rocha Murillo said.

The reason the students chose this class was because they love taking photos, and they thought it sounded fun.

Logan Carter said that the most important thing that came out of this class was giving him a taste of the life of being a photographer.

For Showcase night, the students displayed their favorite pictures.



Mason Phillips is showing his class what he likes to do on the internet in his free time.

Students learn to be safe on the internet

By Rylee Gratz
New Hampton Middle School

Do you want to be safe on the internet? Nineteen students took Digital Footprints with Cari Laures to learn to be safe on the internet. Students worked on how to use social media responsibly. They worked on this in the high school computer lab.

The students said that when they were picking classes, this class sounded fun!

It’s good to “talk about ways we can unplug from technology,” Laures said. She is trying to get kids away from their phones.

“It’s important to be safe on the internet,” Mariana Hill said.

A lot of these students like the class because it uses technology. Students commented on how they liked how they could play games and work by themselves while also having freedom.

That freedom comes when students share their stories about social media use, and the things they like to do when they’re not on their phones.

Card games fun part of Endmester

By Evelyn Mahlstedt
New Hampton Middle School

Card games aren’t just about winning and losing; they’re also a great way to socialize with friends — both those you’ve known for years and those you just met.

In Amanda Rodgers’ Endmester class Don’t Get Lost in the Shuffle, students got a chance to learn card games.

Rodgers teaches by first showing them examples.

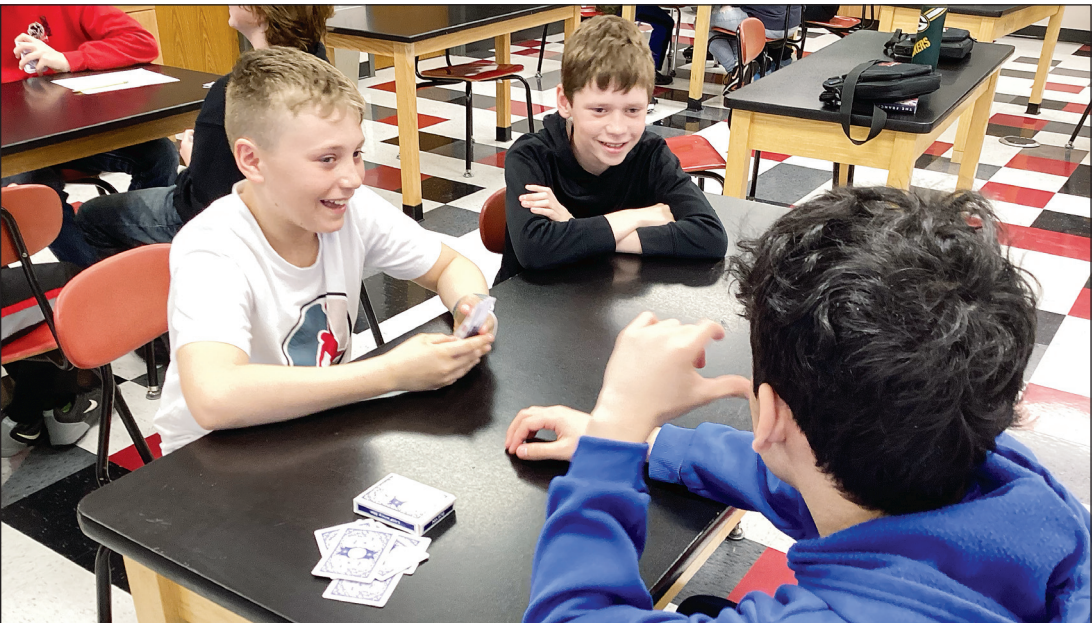
“I’m not new to teaching this class, I’ve been teaching it for nine years,” Rodgers said.

“I took this class to learn card games I’ve never played or seen,” Paige said.

Some kids wanted to be in this class and learn how to play card games in real life and not just on devices, they wanted to be with friends and play new card games they’ve never played in their life.

Not only did students compete against each other, but they also visited a local nursing home and played cards with the residents.

In the end, the students came to a simple conclusion: Endmester is fun with cards!



New Hampton Middle School students have some fun playing a card game against each other.



Students learn about the danger of fire as they watch a doll house consumed by a blaze during Disaster Zone.

Learning to deal with disasters

By Gabe Bucknell
New Hampton Middle School

Thirteen people in the Disaster Zone class learned first aid, CPR, how to apply a tourniquet, and fire prevention during Endmester this year. Jason Rude’s first class of the day, Disaster Zone, also taught students how to make the best 911 call possible.

Students said one reason they took Rude’s class was that it sounded fun. Another reason was that they would go to the fire department to burn up a wooden doll house.

The EMS came in to teach them CPR, and then the next day the fire department came in to show fire safety.

Rude even showed students how to apply a tourniquet to “stop the bleed” in case it is a

life-threatening bleed.

“What does fire do, what does it wanna do ... we’re going to show that in action,” Rude said. “We’re gonna burn a doll house up, and we’re gonna show how we can move the fire around.”

The best part of the class was “probably that we get to blow stuff up,” Bryson Balk said, who added that he and his fellow students learned to “watch your surroundings at all times.”

Fun at Monster Jam U!

By Dominic Ramirez
New Hampton Middle School

The most-oft noise heard in Jeff Monteith’s class, better known as Monster Jam University, was definitely “vroom, vroom.”

Students used their group working abilities to assemble a monster truck.

This class helped build critical thinking and social skills. In Monster Jam University, they used collaboration skills and were patient while listening to Monteith explain the instructions.

“The hardest part of teaching this class is making sure the students are paying attention, teaching them the skills, and then having them work

on their own and keep everybody moving forward without getting frustrated,” Monteith said.

“It’s kind of tough when everyone gets to a different point at a different time.”

Students enjoyed Monster Jam University for different reasons.

“I like creativity and social skills,” Eli McCarthy said. “Monster Jam helps me work with a group better.”

“I like working in groups,” Leelu Drewelow said. “We will have a race at showcase night.”

Peyton Ackerson works on getting all the parts of his truck together while attending Endmester’s Monster Jam University.



Sewing class entices young minds

By Amelia Uribe
New Hampton Middle School

As school comes to an end, everyone gets excited about the prospect of Endmester at New Hampton Middle School.

Students picked their classes for two weeks straight. Kim Olson taught her students how to sew in her Endmester class called Owl Teach You How to Sew.

Spencer Schwier was one of the many students in this course who found it interesting and believed the course was very engaging.

Several students said that this class sounded interesting and had hands-on activity in this class too. They were able to construct their owl pillow with their choice of colors and sewing styles.

“They are learning just some of the basics. As far as tying knots, learning different types of stitches ...To use their motor skills just in simply cutting out their pattern pieces,” Olson said.

“I think it’s cool because I’ve never ever seen people sew, I’ve never



As she gets ready to stitch, student Daisy Malta sets up her owl.

actually tried to do it,” Schwier said.

This course engaged the students who took it. They also presented their amazing projects on Showcase night.

Students get chance to learn ‘different things’ in Endmester

ENDMESTER: FROM 1

never thought about computer science. So, seeing how they interact in their classes is probably my favorite part.”

Schmitt went on to say, “I also enjoy teaching a class with Mr. Crane, one of our county conservationists with Life in the Outdoors. I kind of get to experience twice as much. If the teacher is gone, then I get to sub in their class, so it’s a fun time for me,” Schmitt said.

“It’s kind of just trying to flow students into what they like. Where is their passion at? It helps students

learn more about that, so that when they get further into high school, they can have more job opportunities, sort things out a little bit better, and have an idea of what they want to do after high school. I do think it helps kids. It allows them opportunities,” Schmitt urged.

He continued, “If you think about kids, it’s all about making sure that they have opportunities to learn different things. And we can have writing and introduce skills, and mathematical skills, and our computer science classes all at the same time. It’s just learning in a little different way for two weeks,” Schmitt said.



Students race each other in a Mario Kart game during an Endmester class.



Lily Underwood and Gabbi Shekleton work hard on a project in their Endmester class.

Students get chance to build own game board

BY MARIANA HILL
New Hampton Middle School

Monopoly, Uno and Candyland are games everyone has heard of, but have you ever considered making your own game?

Hasbro is hiring!

In the class taught by Nicole Sanford, students play and create their own game board.

Thirty students took this class to learn how to make their own board game. They used teamwork and communication to make their games come to life.

“I really enjoy playing board games and card games out of school, and I thought I would bring that into school and share that with the kids too,” Sanford said.

“Building your own game board,” Evelynnn Keen said, was her favorite part of the class.

Students played existing games and then made a new board game for their peers to read up on, test out, and enjoy. Students learned about different types of games and the thinking that goes into creating a new game.



Maya Lester and Lane Babcock work on the K for the mural during an Endmester class in which students learned about the life of a mural artist.

Students get chance to collaborate on mural

BY ADAM SCOTT
New Hampton Middle School

Have you ever wanted to collaborate on an art piece? Students who took Day in the Life of a Mural Artist during Endmester got that chance, thanks to the effort of instructor Lorraine Dunagan.

The class worked on creativity and collaboration, and Beau Johnson took this

class because he likes painting while Lane Babcock signed up for the course because he wanted to be with his friends.

Students learned how to draw a pattern and paint really well.

“It is fun where everybody is painting and collaborating, and they get to make their own designs,” Dunagan said.

“You just get to relax and paint,” Johnson said.

Most of the class agreed that painting and collaborating were the best part.

They designed and painted a big mural for Showcase Night.

The mural was hung in the foyer of the middle school.

They were all very focused on their work to keep it neat.

They took all of Endmester working and perfecting their pieces.



Gabe Bucknell, Alex Sabelka, and Landon Meyerhoff are unpacking some T-bone steaks on the rooftop “patio” at New Hampton Middle School.

Trim, Season, Smoke, EAT!

BY PAYTYNN PITTMAN
New Hampton Middle School

Sizzle, sizzle, sizzle goes the grill in the Roof Top BBQ class taught by Jason Rude.

Students learned how to make a variety of food, ranging from smoked pineapple, to ribs, to pork loins, in the class that was held in both Rude’s

classroom and on the patio that overlooks the football stadium.

Those who took the class found many positives.

“I like cooking, and it’s fun to work with the grills and black stones,” Kingsley Paulson said. “We have made pop can chicken, ribs, pork loin and smoked pineapple.”

“I like cooking and BBQ,” Landon

Rude said. “We are learning how to cook by ourselves, and Mr. Rude is telling us how to do it. On Showcase Night, we are gonna make some pork loin and possibly another pineapple.”

Students learned how to grill and cook. They also had the chance to explore BBQ methods, outdoor griddles, sauces, rubs and trimming meat in Roof Top BBQ.

Reporters share Endmester stories

BY OLIVIA WYGLE
New Hampton Middle School

Click click click, that is the sound of 34 reporters creating the special edition of Chickasaw Chat. The class, Chickasaw Communication, was taught by retired English teacher and curriculum leader, Karen Kayser-Kemp.

“In this class, you can take photos and interview people. I like that you

can be yourself in the class,” Avani Hoffman said.

“I liked the class because it is a great opportunity to learn something that you don’t always learn in school,” Eve Mahlstedt said.

“I taught Chickasaw Chat last year, and I liked it so much that I came back to teach it again,” Kayser-Kemp said. She added, “The students are learning by doing and are creating something they should be proud of.”



Blanka Morlum and Maxie Mohlis talk to fellow students about taking a backpack trip.

Students enjoy planning and heading outdoors

BY KADRIAN WIGANT
New Hampton Middle School

If you want to go outside but don’t know what to do, Life in the Outdoors is for you!

Students went fishing, kayaking, and did some archery. They go outside most of the time, but sometimes they had to spend time in the shared classroom.

The class with 28 students was taught by NHMS Principal Brad Schmitt and Chickasaw County Naturalist Matt Crayne.

The students chose the class because they like to go outdoors. They are learning in this class by going outside and doing various activities. Some students got to cook over an open fire.

“How to be good at natural resources,” Braxton Boehmer said. He also said “So I can go outside and do active outside stuff.”

Blanka Morlum took the class “to learn how to do stuff outdoors, clean up, and pick up our community.” She added, “Because I’m always outdoors with my family, so more time outdoors.”

Class looks for new doughnut flavors

BY DESTINY CANNON
New Hampton Middle School

Get in touch with your creative side and make a new flavor of doughnut! That was the pitch to get students to take the Endmester class, Holey Foods, which was taught by Amanda Rodgers and held in the kitchen upstairs in the middle school.

The students either chose it because they wanted to try it, or they did not choose it, and some got in and still enjoyed it. They learned from Rodgers, and she set them on their way to make their own doughnuts.

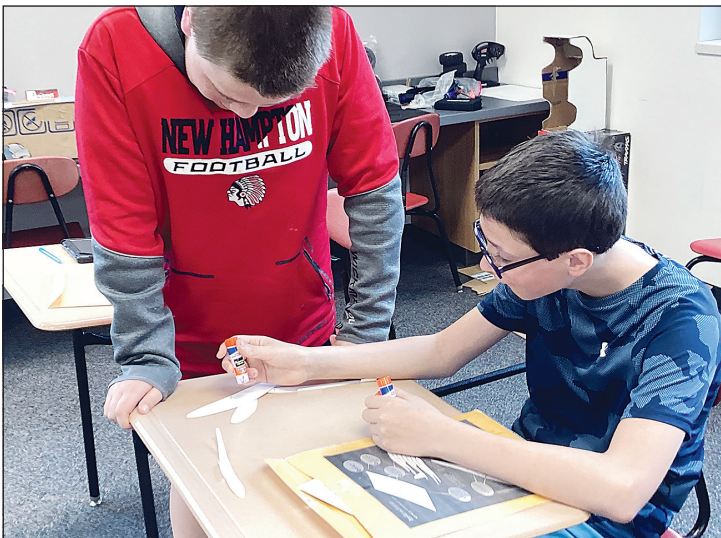
“Mrs. Rodgers explained it very well and really helped us out,” Jamie Schwickerath said.

“I didn’t like this class at first,” eighth-grader Nora Fisher said, “but once I found out what we did in it, I liked it.”

Student created a Doughnut of the Month Club Calendar by assembling a different flavor of doughnut for each month.



Nora Fisher works hard to prepare the batter for her new doughnut creation.



Russel Wickman and Tristan Jenn discuss and glue their plane during a Top Gun class.

Top Gun students get chance to take to the skies

BY BROCK MILLER
New Hampton Middle School

Have you ever wanted to build and fly planes at school? Top Gun, a class of 20 students, taught by Jeff Monteith, built paper planes to fly.

Students learned about the properties of an airplane and how to build them for flight. The students flew the planes with a motor, using an app to help fly the paper planes.

They made paper planes and added motors to fly. They learned properties and parts of planes through an app.

“I wanted to try engineering to see if I liked it,” Jersey Roethler said, “and Mr. Monteith just knows what he is talking about, so it makes it easier to learn.”

“I like the aspect of flying and the planes overall in general,” Levi Hanson said.

The students also learned about the historical aspect and how planes helped form the aviation world. This class focused on planes and flight. Most of the students enjoyed this class and would do it again.

Middle School students head to the movies for Endmester class

By ELDON EVANSON
New Hampton Middle School

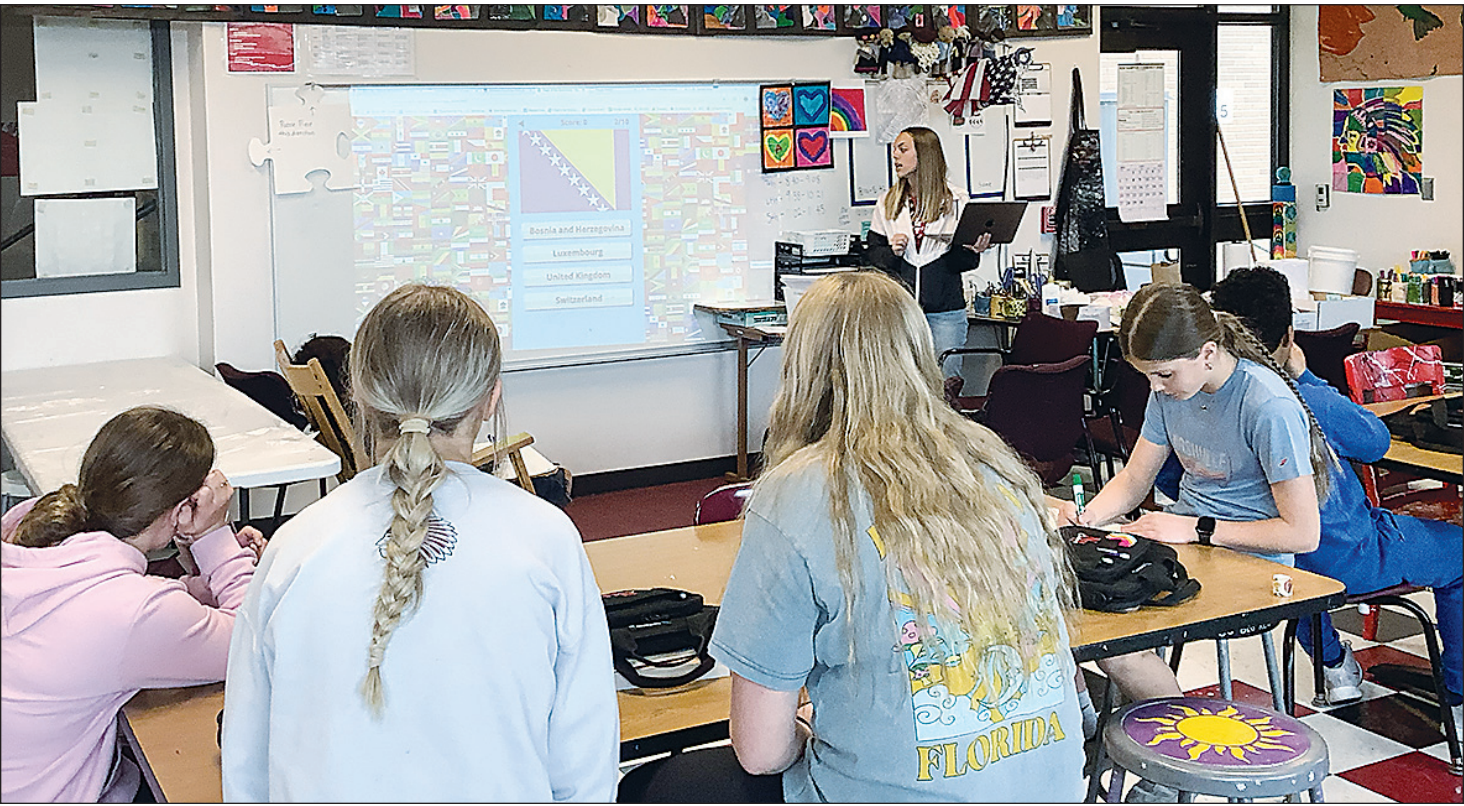
If you love to watch movies, then you'll love the class Magnifying Movies. The class was taught by Christine Bridges. The 57 students watched

movies and found quotes from the movies that matched their lives.. "The most enjoyable thing about the Endmester class Magnifying Movies is watching the movies," Chase Meier said. "I learned in this class about the dif-

ferent kinds of movies," Gracie Sears said. Bridges wanted to teach this class because she wanted to encourage students to watch different types of movies. "The most challenging thing is not

knowing what the next movie would be. The most fun thing about this class is the brainteasers," Bridges said. Students watched movies for entertainment. Two of the movies students viewed during the class were "8 Seconds and Lucy Shimmer" and "The

Prince of Peace." Each class period started with fun brainteasers. Students watched many movies and connected to characters using their own experiences and connecting to the characters' experiences.



Hannah Bonde teaches students about Bosnia and Herzegovina during the Endmester class Cultural Curiosities.

Students get a chance to explore cultures

By ACCALIA JOHNSON
New Hampton Middle School

Trying new foods, learning about traditions in faraway places, and much more were a daily experience for students in Cultural Curiosities, an Endmester class taught by Hannah Bonde. "I am very interested in different cultures that are not in North America," Bonde said.

In addition to tasting new foods, students also learned about different styles of clothing and other cultural differences in foreign countries. Students enjoyed the class, saying they learned a lot of new things in Cultural Curiosities. "She is Mrs. Bonde. She is the best," said Addison Wiltse. "I wanted to try new things, different

food from different countries to learn about different things and try new things," Harper Dunge said. Students said that their most enjoyable part of Cultural Curiosities was eating the food from the different countries. "The most fun part is having students learn fun things that they didn't know, some of them only know about America," said Hannah Bonde.

'Chill' teacher makes for a fun School Reimagined course

By DELAYNE VEGA
New Hampton Middle School

Welcome to School Reimagined, where the students make slime, origami, or body scrub. Patricia ten Hoeve's students get to choose what they do for a project, giving students lots of flexibility. Students researched and made things they wanted to learn about. For example, three students made slime and researched it. Three other students researched the history of sports and making origami. Kinsley Angel learned about the history of slime. "The teacher made the class better because

she's nice and helpful," Kinsley Angel said. "The teacher made the class better because she was chill," Easton Brown said. At first, Brown did not like the class, but then it got more fun and he enjoyed it. ten Hoeve chose to teach this course because it is a lot of fun, and it gives students the freedom and flexibility to choose what their passionate about to explore for the two weeks. ten Hoeve thought the most enjoyable thing about this class was seeing the creativity of all the students and having so many different things happening in the room.



New Hampton Middle School students Ellie Carlson and Kinsley Angell work to make some slime during the two-week Endmester course that came to an end this past Friday.

Spreading kindness theme of class

By NORA FISHER
New Hampton Middle School

Spreading kindness can be for everyone. If you enjoy spreading kindness, Erica Koster's Endmester class would be a great fit! Koster's class Shine Bright like a Diamond teaches students to spread kindness throughout the community by doing acts of service. This Endmester class has 36 students participating. They take time out of their day to go out into the community and spread as much kindness as they can. "I would say that kindness is a great thing to spread!" said Kacey Shekleton. "It is fun to make other people's day," said Nick Pickar. "I am so passionate about positive mindsets and just getting rid of the negative things," Koster said. "It's really becoming a problem in the world. I just want to teach kids how to be a light, because everybody has a light. Just some of them don't recognize that, and so I am here, I'm just here to pump kids up in this class." Students from this class recommended that students take it next year.



Erica Koster teaching kids about being a light in people's lives.



Students learn a new dance during Life is Better When You Dance.

Students show off dance moves in class

By TATUM LECHTENBERG
New Hampton Middle School

If you ever want to learn how to line dance, you would want to take the class Life is Better When You Dance. The class is taught by Joanne McAvoy and has 20 students. This was her first time teaching the class, and she wanted her students to find ways to express

themselves. Students took this class because it seemed fun and to hang out with friends. They learned line dancing for when they go to weddings, dances, and parties. "I've been learning Cotton Eye Joe, Copperhead Brod, and Cupid Shuffle," Lauren Thronson said. "We're doing line dancing, but added

just dance," McAvoy said. McAvoy made sure everyone was involved, so no one was sitting out, and so students had a happy place. "McAvoy is nice and helps us learn the dance better," Bailey Anderson said. Students picked this class because they wanted to try something new and enjoyed the songs they knew. They had so much fun.

Aspiring authors get chance to write a book

By GARRETT SWEHLA
New Hampton Middle School

Have you ever wanted to learn how to write a book? A good Endmester class for you would be Creating Kids Lit taught by Jenna Miller. Thirty-three students in this class learned how to write children's books. Students were eager to learn how to write a book. Cael Sanford and Phoenix Boehmer took Creating Kids Lit for an Endmester class because they wanted to learn how to write a book. "They are learning how to write books by writing books," Miller said. She said, "I enjoy teaching this class because I wanted to be an author when I was younger, and I get to see kids get excited about finishing their books." "I like the class because I get to share



Ada Schwickerath, Elsie Kuehner and Kambri Wickham are writing books in the Creating Kids Lit class.

how I feel, but in a story," Boehmer said. "One thing I can learn in this class

that could help me in real life is that I can make books and make them make sense," Sanford said.

Students learn to code, create own game

By SKYLAR BENTLEY
New Hampton Middle School

Coding is about having to make your own game. Introduction to Computer Science was a fun and engaging class offered during Endmester. Students created their own games. Shane Erlandson taught his 29 students how to code in this class. Some students took this class for computers, while others took this class to learn how to code. Erlandson helped the students develop code to create their own versions of games. "I wanted to take this class because of the computers, and it was fun using the computers," Brody Brase said. "I took the class for coding, and Mr. Erlandson was specific and helped a lot," Coralie Bruess said. Computer science was a class where students learned how to code and how to make their own game. The teacher, Shane Erlandson, helped the students a lot, and that was what helped the students learn. The students were inventing games for Showcase night.



Coralie Bruess and Tinlie Vsetecka work on a coding issue.

Endmester students find out future is now

By JACKSON WAHL
New Hampton Middle School

Students learn life skills and about their future in the class, The Game of Life. The teachers of The Game of Life are Jenn Gates and Lanette Pint. The class centered around guest speakers explaining to students about various jobs. Students took this class because it teaches different jobs students can do when they are older. The Game Of Life taught life skills and gave students choices

they can use in the future. It also showed students what opportunities there are for jobs in New Hampton. "I really like this class because we get guest speakers and it teaches life skills for later on when I'm older," Brock Sitting said. "I enjoy that people come from all over New Hampton and talk to us," Eimy Ortiz said. She added, "You get to plan your future." The Game Of Life teaches life skills for the future, students explored different careers and jobs in New Hampton.



Megan Abbas talks with Game of Life students about renting and the rental process.

Editor thanks students and their teacher

This Endmester gig has become a rite of spring for me, and it's one that I treasure each and every year. It's also one that reminds me how grateful I am for middle school teachers and the students they instruct. Each year, the Tribune works with the Chickasaw Chat instructor to help students chronicle New Hampton Middle School's two-week break from math, science, English, social studies, etc., so that both students and teachers get a chance to explore their passions. The result is this four-page special section in which students wrote the stories and took the photos that hopefully give our readers a good glimpse into Endmester. Yes, there are times when students in grades 5-8 can get a little squirrely, but for the most part, they are so much fun to work with each year when I head back to the classroom to offer advice or suggestions. A perk for me is that over the past several years is that I get to see a lot of these students grow into high school students who become accomplished, both in and out of the classroom. And the bonus this year is that I also got to reunite with teacher Karen Kayser-Kemp, who retired after the 2023-24 school year but returned to lead Chickasaw Chat this spring. It was an honor to work with her and the students once again.

— Tribune Editor Bob Fenske