





Carnegie's 'leprechaun shenanigans' to kick off programs at the museum

The Carnegie Cultural Center has several activities on tap this month — ranging from programs dealing with St. Patrick's Day to a Sunday storytime to Legos to art created by Nashua-Plainfield school students.

- On Saturday, March 15, the New Hampton museum will hold some "leprechaun shenanigans" from 10:30 a.m. to noon. Activities include building a leprechaun trap, reading a story and a photo booth. A special St. Patrick's Day snack will be served.
- On Sunday, March 16, at 1:30 p.m., the Carnegie will hold its "Sunday Story," where milk and cookies will be served.
- On Thursday, March 20, the museum will have "Lego Creations" program that will run from 4:30 to 5:30 p.m.
- And on Sunday, March 30, Nashua-Plainfield Schools will hold an open house art exhibition at the museum from 1:30 to 3 p.m.

For more information about the programs, call the museum at 641-394-2354.

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Mitch Laurens accepts the Lifetime Achievement Award on behalf of his father, Vern, from New Horizons-Chamber board member Kerstin Schwickerath on Friday evening.

'Brisk' chamber gala hits all the right notes

**GALA: FROM 1**

and Jackie Perkins and Theresa Rasmussen.

"I think it speaks to the kind of company an award like this holds," Mitch Laurens said. "Doug and Jackie and Theresa, there are so many people in this community and in this room who are worthy of an award like this. Just look to your left and your right and think about the wonderful things that we've done as a community and as a chamber and as families and as individuals in this great community."

He added that Vern Laurens, who spent 61 years building Vern Laurens Auto Center into a New Hampton institution, was always proud of "all of the positive, forward movement" in New Hampton.

"Everyone knows his saying," Mitch Laurens said, "but I think tonight he might tweak it a little bit. Faith, family and friends is what this community is all about."

The presentation of the Lifetime Achievement Award

- THE AWARD WINNERS AT THE GALA**
- Here are the finalists and the winners (in bold) who were announced at the New Horizons-Chamber Annual Dinner and Award Gala on Friday evening
- Rising Star Award:** Crystal Ball Roller Skating Rink, **Kenny's Tavern** and Rebel Diamonds.
  - Customer Service Excellence Award:** LeisureTime Golf Cars, LS Supply, Muscari, Office World/Rapid Printers and **Schueth Ace Hardware**.
  - Business Volunteer of the Year Award:** Bank Iowa, First Citizens Bank and **Hassman Construction**.
  - Chamber Sponsor of the Year: Pocketful of Posies.**
  - Community Spark Award:** Becky Babcock, **Cory McDonald** and Nick Noehl.
  - Behind-the-Scenes Champion:** **Bob and Kim Hackman**, Brian Quirk and Patty Phillips.
  - Local Loyalty Award:** Lynn Hollister, **Brenda Parks** and Kerstin Schwickerath.
  - Volunteer of the Year Award:** **Chad and Mindy Humpal family**, Nick and Emily Sanford family and Bobby and Emma Schwickerath family.
  - Lifetime Achievement Award:** **Vern Laurens**, Theresa Rasmussen and Doug Schueth and Jackie Perkins.
  - 2025 Heartland Days Parade grand marshal:** **Chickasaw Mutual Insurance Association**.

make the chamber click year in and year out.

The event drew a capacity crowd to the country club, where chamber members not only enjoyed an outstanding meal and plenty of great conversations but also had a chance to meet incoming New Hampton and Turkey Valley Superintendent Erik Smith.

The gala ended with the announcement that Chickasaw Mutual Insurance Association employees will serve as the grand marshals of the parade that kicks off New Horizons-Chamber's biggest celebration of the year, Heartland Days.

And Zweibohmer also shared with members that New Horizons will soon be unveiling a new app that will include a membership directory and a community-wide schedule of events.

"It was a really good night," Zweibohmer said, "and we're just so grateful for the turnout and the support our members give us, not just on a night like tonight but throughout the entire year."



Liz Zweibohmer and Morgan Underwood (above) announce the 2025 Heartland Days Parade grand marshal while Tammy Robinson (right) presents Brenda Parks with the Local Loyalty Award.



Community Spark Award winner Cory McDonald (left) reminds Gala attendees that "every day is a great day to be a Chickasaw" while incoming New Hampton Superintendent Erik Smith (above) shares a few words during Friday's event.

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# For band kids, it's a mad March!

Hectic month will end with Monday's Parade of Bands

By **BOB FENSKE**  
editor@nhtrib.com

Not a single shot will be taken or a basket made, but make no mistake about it, New Hampton's band directors and their instrumentalists are experiencing their own version of March Madness right now.

Between honor bands, the Jazz Dessert Show that was held last Friday, various contests, a visiting clinician and the upcoming Parade of Bands concert on Monday, it's been a hectic month for Jenny and Justin Adam and their students.

"March is definitely the busiest month," said Jenny Adam, who directs the bands at the middle school.

"It is so rewarding to see students get to participate in so many different types of events," said her husband, who directs high school instrumentalists. "Despite the burnout I get around this time of year, it's worth it to see how excited students get to have unique, fun musical experiences and learn from the wider community around them."

Still, the band "plate" in March is heaping.

And yes, the band directors are looking forward to the Parade of Bands that will begin at 7 p.m. on Monday at

the competition gymnasium.

"I look forward to taking a nap after Parade of Bands," Justin Adam joked.

The directors, though, are proud of how their students have responded. They pointed to last Friday's Dessert Show as an example of how band students have kept their focus.

"With honor bands, jazz contests, home concerts, and solo festival preparations going on at the same time," Justin Adam said, "we adopt the mantra of 'one thing at a time' where we can. Focus on the next upcoming thing, then we switch gears. The variety keeps things fun."

Both the directors are hoping that the community will turn out on Monday and celebrate its young musicians who have been working on Parade of Bands music since this past fall.

Jenny Adam said that as busy as March is, it's the best month of the school year.

"The Jazz Dessert Show is my favorite concert of the year," she said, "It's more low key being in the cafeteria and the kids really enjoy eating desserts afterwards. I think that concert really provides a lot of camaraderie," she said.

"The Parade of Bands is definitely a close second — it's really fun to get



Kelly Terpstra/Tribune

**New Hampton High School Jazz Band members — (from left) Kirsten and Lauren Nuss and Kye Rausch — play their saxophones during last Friday night's Jazz Dessert Concert.**

to showcase just the band kids at an event."

And she said the upcoming concert will have a "food" theme, including a program that looks like a menu.

While her husband will get his long-awaited nap, some of Jenny

Adam's students won't be quite done with the arts because the middle school musical begins its two-day run a week from today on Thursday, March 20.

And the middle school band director said both she and Choir Director Jill Cantu are cognizant how busy

some of their students are.

"Mrs. Cantu and I share a lot of students," she said. "Our biggest thing is trying to make sure we don't overload the kids. We've worked together to try to spread out our performances the best we can."



**Members of the New Hampton High School Jazz Choir — (left, from left) Brenna Thronndson, Beth Pickar, Skyler Bugenhagen, Easton Monteith, Elleri Eike and Zoey Dreckman — sing "At Last" while guitarists Makayla Sabelka and Michaela Balik play with the Middle School Jazz Band.**



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# Carefully Consider Social Security Decisions

Your Social Security benefits can be an important part of your retirement income — but when should you start collecting them? It's a big decision, so you'll want to consider your options carefully.

Essentially, you'll need to decide whether you're going to take your benefits as early as possible — age 62 — or if you should wait until your "full retirement age" or even longer. If you begin accepting benefits at 62, they'll be about 30% lower than if you waited until your full retirement age, which is 67 if you were born in 1960 or later. And if you wait until 70, your benefits will be about 24% higher than at your full retirement age.

In deciding when to claim benefits, you'll want to weigh these factors:

- **Income needs** — If you need the money to help meet your daily cost of living, then you may not feel you have much of a choice about when to take Social Security. However, if you have sufficient income from other sources, such as your 401(k) or other retirement accounts, you may be able to delay taking benefits until they're much larger.

- **Employment** — If you're still working and you haven't reached your full retirement age yet, it might be a good idea to wait before claiming Social Security because your benefits will be reduced by \$1 for every \$2 earned above \$23,400.

In the year in which you reach your full retirement age, your benefits will be reduced by \$1 for every \$3 earned above \$62,160. (But once you reach your full retirement age, Social Security will adjust your payments to credit you for the months during which your benefits were lowered because of your income.)

- **Life expectancy** — None of us can say for certain how long we'll live — but you may have some hints. For example, if you have a family history of longevity, and you're in good health, you might decide it makes sense to delay taking



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Social Security until your full retirement age, or even later, as you could potentially have more years of receiving larger checks.

- **Spouse** — If you're married, decisions about when to claim benefits could affect you or your spouse. The spouse with lower Social Security payments may be eligible to receive spousal benefits, which, when combined with their own benefits, can reach up to 50% of the higher-benefit spouse's payment at their full retirement age. To qualify, the lower-benefit spouse's benefit at their full retirement age must be less than half of the other spouse's full-retirement-age benefit. But if the lower-benefit spouse claims their benefits before their full retirement age, their own retirement benefit and the spousal benefit will be reduced. Also, the lower-benefit spouse reaches their maximum benefit amount at their full retirement age — they won't receive additional benefits even if they or the higher-benefit spouse delays taking benefits past their respective full retirement ages.

One other point to keep in mind: If the higher-benefit spouse claims early, the survivor benefit to the other spouse is reduced, but if the higher-benefit spouse delays their benefit beyond their full retirement age, the survivor benefit is increased.

By making the appropriate choices, you can help maximize your Social Security benefits — and possibly enjoy a more comfortable retirement.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

Edward Jones, Member SIPC



Bob Fenske/Tribune

A common site Sunday morning at New Hampton High School is a full cafeteria for the annual New Hampton Lions Club Pancake and French Toast Breakfast.

## Lions have plenty of 'experience' with breakfast jobs

### BREAKFAST: FROM 1

think a lot of people took advantage of the nice day and came out. ... It was nice to see the cafeteria full."

Lions Club President Rick Kramer agreed.

"It did feel like the old days," he said, "and the atmosphere was good, the pancakes and French toast were great and the company was pretty fine, too."

We know we say it every year, but one of the truisms of the event is that Lions Club members know exactly what they're doing each and every year when they show up to work the breakfast. Those who make the pancake batter, get the sausages ready, mix up the batter and prepare the French toast

and pancakes are, in a word, experienced. Ditto for those who serve the food, oversee the high school students who help clear the tables and do the dishes.

As both Kramer and Kuhn put it, once you land a job at the breakfast, you keep it, which begged the question: How do you get a new job at the annual event?

"Well, you become a new member," Kuhn said with a laugh.

Still, despite all that experience, there is plenty of planning that goes into it.

"It does help that we have a lot of people who know exactly what they're doing and how they're doing it," Kuhn said, "but it does take planning."

Once Christmas passes, a group of Lions goes to work on ordering the food, seeking

donations and getting tickets sold to the event. And while the breakfast has drawn solid crowds and raised thousands of dollars for various Lions programs throughout its 53-year history, the line that at times stretched outside the doors was a sign that it continues to be wildly popular for those of us who just don't like to cook when we've "lost" an hour of sleep.

"It was a good day, a really good day," said Kramer, who noted that the breakfast and the club's annual youth wrestling tournament are the club's biggest fundraisers. "It was nice to see that [commons] area so full, and we appreciate everyone who came and supported us."

He paused and laughed. "And we'll be back next year, same time, same place."



Phil Zwanziger and Grant Anderson (left) cook up the French toast while Nick Sanford and Randy Nosbisch (right) flip some pancakes Sunday morning.



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A strange punishment

Because Jesus went to the cross, we have peace, redemption

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This method of torture was typically reserved for non-citizens of the Roman Empire who had broken the law of the land in some way.

But that was not true of Jesus. At least three times, the Roman governor who heard Jesus' case said, "I find no guilt in him."

Jesus was innocent of any crime against the Roman government. So why was He flogged by Roman soldiers and nailed to a Roman cross?

Over 700 years before Jesus was born, Isaiah prophesied about Jesus'

suffering and death in Jerusalem: "But he was wounded for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his stripes we are healed" (Isaiah 53:5).

Isaiah tells us why Jesus was wounded, crushed, chastised, and whipped. It was for our transgressions, our iniquities, our peace, our healing.

Pontius Pilate found no guilt in Jesus, but God finds plenty in us because we have sinned against His holy commands. We have not lived the righteous life that God requires of us— not even close.

It was for our many sins, sins like pride, hatred, lies, lust, greed, and selfishness, that Jesus went to the cross. He had done nothing wrong, but He willingly carried our wrongs. He offered Himself in our place to make atonement for every sin to His Father.

One of our Lenten hymns puts it well:

*What punishment so strange is suffered yonder!*

*The Shepherd dies for sheep that loved to wander;*

*The Master pays the debt His servants owe Him,*

*Who would not know Him. (Johann Heermann, 1585-1647)*



Pastor Peter Faugstad serves Redeemer Lutheran Church in New Hampton and the Jerico and Saude congregations northeast of town (<https://saudejerico.com/>).

Because Jesus went to the cross, we have peace with God.

Because He went to the cross, we have redemption from all our sins.



Bob Fenske/Tribune

Church hosting Lenten suppers and speakers

The New Hampton Methodist Church will kick off a series of Lenten suppers and speakers this coming Wednesday, March 19, at the church. The programs will be held from 5:30 to 6:30 p.m., and a freewill donation will be taken during the suppers that will be held each Wednesday through April 9.

I write these things to you who believe  
in the name of the Son of God so that you  
may know that you have eternal life.

1 John 5:13



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Father Tom Heathershaw  
**Service time:** 6:30 p.m. Saturdays.

ST. JOHN'S UCC -

PLEASANT HILL

10009 Union Ave.  
Pastor Drew McHolm  
**Service time:** Sunday, 9 a.m.

LAWLER

OUR LADY OF MT.

CARMEL CATHOLIC

CHURCH

3030 Highway 24  
Father Nick Radloff  
**Mass:** Saturday, 4 p.m.;  
Ash Wednesday, 6 p.m.

IMMANUEL CRANE

CREEK LUTHERAN

CHURCH

2616 140th St, Lawler  
Pastor Sue Cira  
**Service time:** 9:30 a.m., Sunday.

FREDERICKSBURG

ST. PAUL'S LUTHERAN

CHURCH-MISSOURI

SYNOD

222 S. Washington Ave.  
Pastor Ron Koch  
**Service time:** 8:30 a.m., Sundays.

PEACE UCC CHURCH

221 Oak St.  
Pastor Scott Smith  
**Service time:** 9 a.m.,  
Sundays.

FREDERICKSBURG

UNITED METHODIST

111 S. Hamilton Ave.  
Pastor Alex Johnson  
**Service time:** 10:15 a.m., Sundays.

WAUCOMA

ST. MARY CATHOLIC

218 3rd St. NW  
Father Nick Radloff  
**Mass:** Sunday, Marcj  
23. 8:30 a.m.

ST. LUCAS

ST. LUKE CATHOLIC

215 East Main  
Father Nick Radloff  
**Mass:** Sunday, 10:30 a.m.

PROTIVIN

HOLY TRINITY

124 N. Main St.  
Father Nick Radloff  
**Mass:** Sunday, 8:30 a.m.

LITTLE TURKEY

ASSUMPTION OF THE

BLESSED VIRGIN MARY

3303 160th St.  
Father Nick Radloff  
**Mass:** Sunday, March  
23, 10:30 a.m.

CLARKSVILLE

FIRST UNITED CHURCH

OF CHRIST

31015 150th Street  
Rev. Peter Wenzel  
**Service time:** 10 a.m.,  
Sundays.



| Almanac   |    |    |     |
|-----------|----|----|-----|
|           | H  | L  | P   |
| Wednesday | 29 | 16 | .12 |
| Thursday  | 39 | 28 | --  |
| Friday    | 41 | 24 | .09 |
| Saturday  | 42 | 28 | --  |
| Sunday    | 57 | 30 | --  |
| Monday    | 68 | 30 | --  |
| Tuesday   | 49 | 29 | --  |

**Forecast**

**Thursday:** Mostly sunny with a high of 66 and a low of 50.

**Friday:** Mostly sunny and breezy during the day with rain and thunderstorms in the evening; high 73, low 40.

**Saturday:** Rain likely, with snow showers possible; high 52, low 20.

**Sunday:** Mostly sunny; high 36, low 20.

**Extended forecast:** We'll warm up as we start the work week with highs in the 50s on Monday and in the 60s Tuesday.

**Meetings**

**MONDAY**

- Chickasaw County Board of Supervisors, 9 a.m., Courthouse.
- New Hampton School Board, 6 p.m., High School Family and Consumer Science Room.
- New Hampton City Council, 7 p.m., City Hall.

**History**

- In 1781, the German-born English astronomer William Herschel discovers Uranus, the seventh planet from the sun.
- In 1836, less than a week after the disastrous defeat of Texas rebels at the Alamo, the newly commissioned Texan General Sam Houston begins a series of strategic retreats to buy time to train his ill-prepared army.
- In 1865, with the main Rebel armies facing long odds against much larger Union armies, the Confederacy, in a desperate measure, reluctantly approves the use of African-American troops.
- In 1881, Czar Alexander II, the ruler of Russia since 1855, is killed in the streets of St. Petersburg by a bomb thrown by a member of the revolutionary "People's Will" group.
- In 1942, the Quartermaster Corps (QMC) of the United States Army begins training dogs for the newly established War Dog Program, or "K-9 Corps."

**Birthdays**

- American tennis star Cocoa Gauff turns 21.
- American rapper Jack Harlow turns 27.
- Film actor Emile Hirsch, who starred in "Into the Wild," turns 40.
- Former MLB star first baseman Will Clark turns 61.
- American film star William H. Macy, who starred in "Fargo," turns 75.

**Corrections**

- The Tribune wants to make sure all information it presents is accurate and correct.

If you see an error, please call Editor Bob Fenske at 641-394-2111.

# Tribune

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**Barbara Jirak, 97**

Barbara Jirak, age 97 of Little Turkey, died Monday, March 10, 2025, at Good Samaritan Home in West Union.

A Memorial Mass will be held at 10:30 a.m. Tuesday, March 18, 2025, at Assumption of the Blessed Virgin Mary Catholic Church in Little Turkey with the Rev. Nick Radloff celebrating the Mass.

Inurnment will be held at St. Marys Catholic Cemetery, Little Turkey.

Friends may greet the family from 4 to 7 p.m. Monday, March 17, 2025, at Hugeback-Johnson Funeral Home & Crematory in New Hampton where there will be a 7 p.m. Scripture Service. Visitation continues an hour prior to the Mass at the church in Little Turkey on Tuesday.

Barbara Clara Jirak passed away peacefully on March 10, 2025, at Good Samaritan Nursing Home in West Union. Born on Jan. 7, 1928, the daughter of Frank and Mary (Franzen) Riha, on a farm South of St. Lucas, Barbara's early years were filled with the joys of rural life which laid the foundation for her enduring love of nature and the simple pleasures it brings.

Barbara's education began in St. Lucas and continued after her family moved to the Waucoma area, where she graduated from St. Mary's Catholic School in Waucoma in 1946.

It was at a local basketball game that Barbara met the love of her life, James Jirak. Their love quickly blossomed, leading to their marriage on Sept. 14, 1949, at St. Mary's Catholic Church in Waucoma.

Together, they welcomed five children, forming a family that would become the center of Barbara's world. James and Barbara celebrated their 75th wedding anniversary on Sept. 14, 2024.

Barbara was a true partner on the family farm, working side by side with Jim. She had a genuine passion for farm life, caring for animals such as sheep, rabbits, and chickens, pigs all to support and nurture her family.

Her green thumb was evident in her large vegetable garden, where she skillfully canned the harvest annually, ensuring her family enjoyed the fruits of her labor throughout the year.

Barbara drove her children (and the neighbor kids) to Catholic school in Waucoma for 12 years and then two years to Catholic School in Protivin, making sure they never missed a day of school.

The joy of travel and dance was a significant part of Barbara and Jim's life together. They could often be found gracefully moving across the dance floor at polka dances throughout Northeast Iowa. Their love for



Barbara Jirak

adventure took them on many journeys, including annual family fishing trips to Canada, a tradition that spanned an impressive 50 years. Barbara's adventurous spirit also led her and Jim to explore many destinations around the globe.

Barbara's talents were many and varied. She was an exceptional cook and baker, always ready to welcome guests with a delicious dessert. Her hobbies were a reflection of her creative and active nature, including crocheting, embroidery and collecting glass baskets. She also discovered a love for the game of golf, embracing its challenges with enthusiasm.

A woman of strong faith, Barbara was a dedicated 75-year member of the Assumption of the Blessed Virgin Mary Church in Little Turkey. She served her church community as an active member of the Rosary Society, the Catholic Daughters, and as a Eucharistic minister. Barbara found great joy in participating in all church activities, especially the church picnic, which she looked forward to every year.

Those who knew Barbara would describe her as loving, kind and faith-filled. Her presence was a beacon of warmth and generosity, and her legacy is one of unwavering commitment to her family, her community, and her faith. Barbara's life was a testament to the impact that one person's love and dedication can have on those around them.

Barbara is survived by her three children, Jerome (Gayle) of Waucoma, Joan (Alvin) Bakley of Tuthill, South Dakota, and Janet (Mel) Bodensteiner of West Union; 22 grandchildren; 39 great-grandchildren; and two sisters-in-law, Jeanie Riha of Waucoma, and Shirley Riha of Waucoma.

She was preceded in death by her parents; husband, James in 2024; two daughters, Joyce Uhlenhake and Jane Gilb; and siblings, Jake (Verena) Croatt, Loretta (Alex) Rausch, Edward (Agnes) Riha, Matt (Mary) Riha, Angela (Bill) Brannon, Leonard (Millie) Riha, Francis Riha and Dan Riha.

**Property Transfers**

Wilma H. Lensing to Wilma H. Lensing TR and Wilma H. Lensing REV TR; BEG AT SE COR SE 33-96-13 L2 SW NW 35-96-13 L1 SE NW 35-96-13 E1/2 W1/2 SE 34-96-13 E1/2 SE 34-96-13 NE NW 35-96-13 NW NW 35-96-13 S1/2 EX L1 & EX PARCEL B NW 35-96-13.

Rodney L. Hinz to Wayne Horning and Michelle Z. Horning; EX L1 SE SE 30-06-14.

Rodney L. Hinz to Earl Holt and Esther Holt; N30AC NE 19-96-14 N30AC NW NW 29-96-14.

Stacey S. Bendickson and Jackie D. Bendickson to Mason Lembke; E7R NASHUA COLERS ADDITION Lot: 1 Block: 7 E7R N18-1/2' NASHUA COLERS ADDITION Lot: 5 Block: 7.

Betty JM Wadey EST, Betty J M Wadey WST, Lisa Wessels EX and William Wadey EX to William R. Wadey, Douglas Wadey, Lisa Wessels and Wesley Wadey; N112' NASHUA CENTRAL ADDITION Lot: 1 Block: J N112' E12' NASHUA CENTRAL ADDITION Lot: 2 Block: J.

Earl S. Nolt and Esther Z. Nolt to Steven M. Oberholtzer and Dianna R. Oberholtzer; N301C NE NE 16-96-14 Parcel:190519100001.

Bonnie L. Keller to Sue A. Liddle, Eric A. Jungbluth and Bonnie L. Keller LE; S22' NEW HAMPTON GURLEYS ADDITION Lot: 5 Block: 1 N45' NEW HAMPTON GURLEYS ADDITION Lot: 6 Block: 1.

John M. Terhark and Marilyn J. Terhark to New Hampton Industrial Development Corp.; L23 OF L23 SW SW 07-95-12.

James E. Laures and Joann C. Laures to Gordon F. Davis and Melanie Y. Davis; PARCEL F NW NE 01-94-13.

John F. O'Brien and John Paul O'Brien to Michael McNeil and Carol McNeil; N1/2 E8R L4 OF W1/2 SW 07-95-12.

Jason J. Klimesh, Jason Klimesh, Christina M. Klimesh and Christina Klimesh to Travis M. Ruttman and Tina M. Pinter; LOT2 OF LOT12 SE NW 07-95-12.

Marlowe Steege EST, Heather Steege EX, Karla Steege Justice EX, Karla Steege Justice EX. Karla Steege Krueger EX and Karla Steege Krueger EX to Poppy Properties LLC; FREDERICKSBURG NO ADDITION Lot: 1 Block: 12.

Joseph Dunn and Judy Dunn to Tammi Shafer and Gage Shafer; ONE HALF UNDIVIDED INTEREST NW SW 27-97-14.

Jill Bryant and Matthew Bryant to Glen Nosbisch IRREV TR and Cecelia Nosbisch IRREV TR; NEW HAMPTON CARE FREE SECOND ADDITION Lot: 6 Block: 1.

Speicher Investments LLC to Treyton R. Wurzer; EX W70' FREDERICKSBURG RAILROAD ADDITION (FB) Lot: 12 Block: 3 N1/2 EX W70' FREDERICKSBURG RAILROAD ADDITION (FB) Lot: 11 Block: 3 W8' N90' OF VACATED ALLEY FREDERICKSBURG RAILROAD ADDITION (FB) Block: 3.

Michael R. Murray to Travis Gruenberg, Denise Lenz Gruenberg and Denise Lenz Gruenberg; COMM AT NE COR N1/2 NW 07-95-11.

**Florence 'Flo' Kathryn Boos, 93**

Florence "Flo" Kathryn Boos died Wednesday, March 5, 2025 at Colonial Manor of Elma.

A Mass of Christian Burial was held at 9:30 a.m. Saturday, March 8, 2025 at Holy Family Parish in New Hampton with the Rev. James Goerend celebrating the Mass.

Interment will follow at the New Hampton City Cemetery with Flo's six grandchildren serving as pallbearers and her great-grandchildren serving as honorary pallbearers.

Friends greeted the family from 4 to 7 p.m. on Friday, March 7, 2025 at Hugeback-Johnson Funeral Home & Crematory in New Hampton where there was a 7 p.m. Parish Scripture Service. Visitation continued an hour prior to the Mass on Saturday at the church.

Flo was born on May 17, 1931, in New Hampton, the daughter of Nick and Bertha (Jenn) Jacobs.

She grew up in Ionia and attended St. Boniface Catholic School, graduating with the Class of 1950.

Flo met the love of her life, James Boos, at a high school basketball game in Ionia. He first caught her eye on the court, and a few weeks later, she caught his at the skating rink. Their love blossomed, and they were married on April 11, 1953, at St. Boniface Catholic Church in Ionia.

They were married for 71 years and together, they built a beautiful life, welcoming three children — Debbie, Jim and Steve.



Flo Boos

The couple made their home in Devon, where Flo initially worked at Salisbury in Charles City before dedicating herself to farm life alongside Jim. She embraced the hard work of raising chickens, dairy cows and pigs, driving tractors and handling all aspects of farm life.

In 1972, she joined Sara Lee as a maintenance secretary, where she worked diligently for over 20 years until her retirement in the early 1990s.

Flo had a deep love for gardening, always tending to a large garden and canning a variety of foods. She was also an avid bowler, competing in leagues for many years and achieving great success.

In the early 1960s, she and Jim purchased their first boat and developed a deep passion for the Mississippi River, eventually acquiring a houseboat and later a home in McGregor. Their time on the river brought

them immense joy and cherished friendships.

Travel was a significant part of Flo's life. She and Jim explored Europe, Hawaii and Mexico, and took numerous cruises.

As devoted Iowa Hawkeyes fans, they held season tickets for football and basketball games, traveling to various Big Ten stadiums and attending multiple bowl games, including three Rose Bowls.

They also found joy in playing cards, participating in several neighborhood card clubs where they formed lasting friendships.

In the late 1980s, Flo and Jim began wintering in Florida, escaping the cold and enjoying visits from their children and grandchildren.

Flo was a vibrant woman who lived life to the fullest, embracing every moment with energy and enthusiasm.

Flo is survived by her husband, Jim of New Hampton; one daughter, Debbie Wegner of New Hampton; two sons, Jim (Carol) Boos of New Hampton, and Steve (Shellie) Boos of New Hampton; six grandchildren, Nicole (Andy Kurtz) Boots of Waterloo, Emily (Matt) Ackerson of Cedar Falls, Andrea (Paul) Carroll of McGregor, Tyler (Erin) Boos of New Hampton, Jake (Sheryn) Boos of Denver, and Dylan (Kallie) Boos of Cedar Falls; 18 great-grandchildren; and many nieces and nephews.

She was preceded in death by her parents; one sister, Elaine (Jim) Elenz; one son-in-law, Gary Wegner.



Bob Fenske/Tribune

**Bay Valley Foods' manufacturing plant is located in New Hampton's west-side industrial park.**

**NHED director: There's interest in plant and employees**

**BAY VALLEY: FROM 1**

hire some of those employees."

Robinson said the drying plant, which specializes in non-dairy creamers, currently employs 54 workers and that her office will eventually hold what is called a "dislocated worker evening" with those employees but that Bay Valley allowed Robinson to drop off "re-employment fliers" for those currently working at the plant.

"I've already had two employers reach out to me and want to know how they can contact the dislocated workers because they have openings," Robinson said. "We are by all means assisting with the employees. At this time, it is unknown to us how many live in New Hampton, or Chickasaw County; they haven't given us that information."

What will happen to the plant itself also remains unknown.

"I have been in contact with the real estate person from Bay Valley," Robinson said, "and she does not know at this point when or what will be for sale. So that's the thing, unless we get an official statement from them, I don't know what I have to sell yet."

But Robinson added that two people have already contacted her and expressed interest in the building.

Bay Valley officials told Robinson that they would send out a press release, but as of Tuesday afternoon, they had yet to do so.

"You never want to go through something like this obviously," Robinson said, "but like I said, we have to move forward, we have to turn it into a positive. We're going to do everything we can to help the employees and do what we can to make sure that building gets filled."

The history of the plant goes back 33 years to 1992, when Jon Nicolaisen announced that Custom Foods would build a plant in the industrial park. It opened in 1995 and four years later, Custom Foods was sold to Dean Foods.

In 2005, Bay Valley, a subsidiary of Treehouse Foods, purchased the plant.

**CSS board chair: Lots of questions remain unanswered**

**CSS: FROM 1**

persons experiencing complex-life changing challenges with innovative resources and supports to assist them in moving towards hopeful and happy lives."

In short, CSS officials say they make funding and services available on a more equitable basis across country lines.

The organization currently offers services in 12 counties — Chickasaw, Allamakee, Black Hawk, Butler, Clayton, Fayette, Floyd, Grundy, Howard, Mitchell, Tama and Winneshiek. Years ago, counties offered their own mental health and disability services that were funded by a property tax levy.

Hackman said that CSS began with three counties — Chickasaw, Floyd and Mitchell — banding together and eventually grew to include 22 counties before several counties left the organization.

For years, CSS was funded by property-tax levies from the counties who belonged to it, but in 2022, the state took over funding for MHDS. In Chickasaw County's case, property taxes provided funding of \$345,000 to CSS in 2021-22, the final year counties were required to levy

for MHDS services.

But this past year, the state decided to "realign" the system — moving from 14 regions to 12 districts and sought requests for proposals to deliver MHDS services.

Hackman said CSS submitted RFPs for both behavioral health and disability services but did not receive either. Iowa Primary Care Association won the behavioral health provider for the new District 3, which will lose Black Hawk County but gain Bremer, Cerro Gordo, Franklin, Hardin and Marshall counties. Central Iowa Community Services, meanwhile, was awarded the contract for disability services.

Both of the contract winners are based in Polk County, which has led to concerns on how those organizations will serve residents in Northeast Iowa.

Hackman said his belief is that the realignment was proposed because of concerns about the "administrative" costs for MHDS services, but he said time is running short when it comes to getting the realigned system up and running.

"We don't even know how these districts are going to work? Are they going to put a person of contact in each dis-

trict? We don't know too many things about it yet, and July 1 is coming quick," he said.

At the same time, Hackman said, the CSS board has grappled with how it can continue to offer services to the residents of 12 counties until June 30.

In a meeting last week, the board voted to offer \$15,000 in "transitional pay" to each of its 20 employees if they remain with CSS until June 30.

Hackman said that the employees' final payroll checks will be processed on June 13, and the question became how to make sure that CSS employees remained until June 30.

"They could all walk on June 13, they don't have to stick around. They know their jobs are sunseting, their jobs are not protected so how do you give them 2 1/2 weeks of pay for coming to work every day until June 30? We talked about it for a long time, and again, we need to continue to provide those services and, I get it, those employees are facing a lot of unknowns, too. They don't know if they're going to be re-hired [by the new provider]. Like I said, there are a lot of questions that need to be answered and not a lot of time to do it, either."





Photos courtesy of Rachel Bauler

Advancing to the state FFA competition were New Hampton entries Beth Pickar (left) and the Experience the Action team that included (back row, from left) Kaidance Hall, Braelyn Rosonke, Carrie Schwickerath, Alexa Mashek and Brooklyn McShane, along with “audience members” Adrianna Kinley, Bailee Tenge and Payten Steine

New Hampton FFA students have successful day at district convention

**To the Tribune**  
New Hampton High School FFA chapter members had a big day at Saturday’s Northeast District Convention that was held in Waterloo, as the chapter had two competition entries earn trips to the state convention.  
Beth Pickar received a second-place gold rating in job interview to qualify for next month’s state competition while Experience the Action members Carrie Schwickerath, Braelyn Rosonke, Alexa

Mashek, Brooklyn McShane and Kaidance Hall — along with “audience members” Adrianna Kinley, Bailee Tenge and Payten Steine — also earned a second-place gold rating and advanced to state.  
Brenna Thronsdon received a fifth-place gold rating in prepared public speaking while Troy Federspiel earned a sixth-place silver rating in extemporaneous speaking.  
Other results for the chapter included:  
• Greenlee Pittman received

a gold rating in greenhand quiz, Aiden Zeien and Aiden Underwood both received silvers while Carter Dreckman earned a bronze.  
• Jacob McDonald received a gold rating on the chapter text while Ella Knutson, Tristin Meek and Addie Douglas all earned silver ratings. Taylor Dowd finished with a bronze rating.  
• William Klassen received a silver rating in farm business management while Ben Douglas, Nolan Swehla and Caleb Utley earned bronze ratings.

ings.  
• Jennifer Eichenberger was a district officer candidate and Addie Douglas and Knutson served as district delegates.

Legal Notice

**Public Notice**  
**IN THE IOWA DISTRICT COURT**  
**FOR CHICKASAW COUNTY**  
**IN THE MATTER OF THE**  
**ESTATE OF**  
**David W. Livingston, Jr., Deceased**  
**Probate No. ESPR003277**  
**NOTICE OF PROOF OF WILL,**  
**WITHOUT ADMINISTRATION**  
To All Persons Interested in the Estate of David W. Livingston, Jr., Deceased, who died on or about January 30, 2025.  
You are hereby notified that on the 25th day of February, 2025, the Last Will and Testament of David W. Livingston, Jr., deceased, bearing date of the 18th day of December, 2024, was admitted to probate in the above named court and there will be no present administration of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.  
Dated this 26th day of February, 2025  
Thomas Tobin  
Executor  
Collin M. Davison  
ICIS Pin No. AT 0010905  
Laird Law Firm  
403 Main Avenue  
P.O. Box 187  
Clear Lake, Iowa 50428  
Attorneys for Executor  
Date of second publication 3/20/25  
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3/13/25 New Hampton Tribune  
3/20/25 New Hampton Tribune  
www.iowapublicnotices.com

Legal Notice

**CHICKASAW COUNTY**  
**BOARD OF SUPERVISORS'**  
**MINUTES MARCH 5, 2025**  
The Board convened on Wednesday, March 5, 2025, at 10:30 AM with members Breitbach, Carter, Cerwinski, Suckow and Hackman present in the Boardroom on the second floor of the Court House, New Hampton, Iowa. Chairperson Hackman called the meeting to order. Also present were Board Secretary Sheila Shekleton, Attorney David Laudner, Bob Fenske, member of media, Sheriff Ryan Shawver, Treasurer Shirley Troyna, Engineer Roman Lensing, Public Health Board Members: Joan Knoll and Jeremy McGrath, Assessor Raymond Armel, Treasurer Matt Ysbrand, Terry Johnson  
Motion by Cerwinski, seconded by Suckow to approve the agenda for March 5, 2025. Roll Call: All Ayes: Motion carried.  
Budget work session  
Recessed: 12:10 PM  
Convened: 12:18 PM  
Motion by Suckow, seconded by Cerwinski to adjourn at 1:30 PM Roll Call: All Ayes. Motion carried.  
Jacob Hackman, Chairperson  
Board of Supervisors  
ATTEST: Sheila Shekleton,  
Secretary to the Board  
No. 24716  
3/13/25 New Hampton Tribune  
3/14/25 Nashua Reporter  
www.iowapublicnotices.com

Legal Notice

**PUBLIC NOTICE**  
The Chickasaw County Board of Supervisors, has received a construction permit application for a confinement feeding operation, more specifically described as follows:  
Name of Applicant: Aquamarinebrook LLC  
Location of the proposed construction: Section 34 of Washington Township.  
Type of confinement feeding operation structure proposed:  
One new addition to an existing farrowing barn and one new gestating barn at an existing swine confinement facility.  
Animal Unit Capacity of the Confinement Operation after Construction: 2999.6 animal units (4689 head of gestating sows, 1380 head of farrowing sows & litter, and 1250 head of gilts)  
Examination: The application is on file at the Chickasaw County Auditor's Office and is available for public inspection during the following days:  
Monday-Friday and hours: 8:30 am to 4:30 pm.  
Comments: Written comments may be filed at the Chickasaw County Auditor's Office, until the following deadline:  
By 4:00 pm, Friday, March 21, 2025.  
No. 24718  
3/13/25 New Hampton Tribune  
www.iowapublicnotices.com

Knights of Columbus in Protivin to hold benefit auction March 23

Sunday, March 23 the Protivin Knights of Columbus will hold a benefit auction at the Protivin Community Center, starting at 10:30 a.m.  
Donations for the event, as in new, antique and old usable items, or assorted bakery, including kolaches, may be brought to the center from 4:30 to 6:30 p.m. on Saturday, March 22 or Sunday until sale time.  
All proceeds go toward vocations and special needs. For more information contact Bill Ondrashek at 563-569-8412 or Ken Humpal at 563-203-0671.

Legal Notice • Legal Notice • Legal Notice • Legal Notice

**City of Lawler**  
The Lawler City Council met in regular session on March 3, 2025 at 7:00 PM. Mayor pro-tem Dale King presided.  
Council members present: Scheidel, King, Wilson, and Croell  
Council members absent: Roberson  
Others present: John Cuvelier and Travis Suckow  
Motion made by Scheidel to approve the agenda. Second by Croell.  
All Ayes. Motion passed.  
Motion made by Scheidel to approve the previous minutes and approval of current bills.  
Second by Croell.  
All Ayes. Motion passed.  
VESTIS, RUGS ..... 276.86  
JENDRO, GARBAGE CONTRACT ..... 3,373.97  
POLLARD PEST CONTROL CO., PEST ..... 62.49  
UPS ..... 82.92  
TEST AMERICA ..... 110.95  
EFTPS, FID/FICA TAX ..... 1,695.55  
IPERS, IPERS ..... 1,289.86  
BLACK HILLS ENERGY, GAS UTILITY ..... 503.9  
MIENERGY, ELECTRICITY 25 ..... 487.02  
CASH ..... 161.82  
HAWKINS ..... 736.44  
BLAZEAK CORPORATION, WATER MAIN BREAK ..... 2,130.00  
NEW HAMPTON TRIBUNE, FEBRUARY 2025 MINUTES ..... 76.70  
QUILL CORPORATION, OFFICE SUPPLIES ..... 216.66  
ANDERSON ..... 528.00  
IOWA UTILITIES BOARD, DIRECT ASSESSMNET ..... 150.00  
NAPA, DUMP TRUCK ..... 144.35  
STATE HYGIENIC LAB ..... 21.00  
ROSENBAUM AUTO ..... 125.00  
VISA - J UHLENHAK ..... 167.86  
VISA - S BYRNE ..... 905.59  
HAWKEYE INTERCONNECT, Jan-25 ..... 49.91  
FEHR GRAHAM, IA DNR FEES & PAYMENTS ..... 1,315.04  
DEPOSIT REFUNDS, REFUND DATE 02/24/2025 ..... 45.38  
PAYROLL CHECKS, TOTAL PAYROLL CHECKS ..... 6,481.56

REVENUE  
CLAIMS TOTAL ..... 46,138.83  
GENERAL FUND ..... 6,385.66  
SANITATION FUND ..... 3,373.97  
ROAD USE TAX FUND ..... 828.55  
CAP PRO STORM DRAINAGE FUND ..... 1,315.04  
WATER FUND ..... 8,577.99  
SEWER FUND ..... 2,351.61  
ELECTRIC FUND ..... 27,054.90  
DEPOSITS - ELECTRIC FUND ..... 45.38  
LIBRARY  
IPERS, IPERS ..... 277.51  
INGRAM, BOOKS ..... 323.37  
CONSUMER REPORTS ..... 32.10  
US POSTAL SERVICE, BOX RENT ..... 84.00  
HAWKEYE INTERCONNECT ..... 31.24  
SMITHSONIAN ..... 29.99  
PAYROLL CHECKS, TOTAL PAYROLL CHECKS ..... 1,387.48  
CLAIMS TOTAL ..... 2,165.69  
GENERAL FUND ..... 2,165.69  
The council discussed the Public Hearing for the Proposed Tax Rate for FY25/26. Suzette explained to the council this Public Hearing will need to be a separate council meeting.  
Motion made by Croell to set Public Hearing for Property Tax Levy April 7, 2025 at 7:15pm. Second by Wilson.  
Ayes: Croell, Wilson and Scheidel  
Nays: None  
Motion passed.  
Motion made by Croell to set Public Hearing for Budget Amendment April 7, 2025 at 7:20pm. Second by Scheidel.  
Ayes: Croell, Scheidel and Wilson  
Nays: None  
Motion passed.  
The council reviewed at bid from C.A.S.H. Lumber for supplies for the city hall repairs. The city hall repairs will be discussed further in April.

John Cuvelier with Insurance Associates discussed raising deductibles for property coverage. Motion made by Scheidel to increase insurance deductible from \$5000 to \$10,000. Second by Croell.  
Ayes: Croell, Scheidel and Wilson  
Nays: None  
Motion passed.  
Scheidel discussed a new Kawasaki side by side for Jay. Kawasaki is offering a promotion for Kawasaki side by sides for municipalities. The city would pay the insurance and any maintenance for the side by side and we would receive a new one each year. Jeremy will continue to research the offer further. John Cuvelier will check into insurance costs. This will be tabled to April.  
Kurt Croell asked Travis Suckow, Chickasaw County Supervisor why he had voted to give \$50,000 to Nashua to fix the damn. If money gets returned to the county Croell would like to see Mr. Suckow represent the district that voted for him. The City of Lawler could have used the money to help with expense of the repairing the box culverts in town to help with possible flooding.  
The city will be changing amending Chapter 92, water rates and affecting Chapter 99, sewer service charges, of the Lawler Municipal Code regarding water and sewer utility discontinuance fees. Motion made by Scheidel to set public hearing April 7, 2025 at 7:25pm. Second by Croell.  
Ayes: Scheidel, Croell and Wilson  
Nays: None  
Next meeting will be April 7, 2025 at 7:20pm  
Motion made by Croell to adjourn at 7:30pm. Seconded by Wilson.  
Ayes: King, Wilson, Scheidel, and Croell  
Nays: None  
Motion passed.  
Suzette Byrne, City Clerk  
No. 24714  
3/13/25 New Hampton Tribune  
www.iowapublicnotices.com

City of Alta Vista Council Meeting Monday, March 3, 2025

The regular meeting for the City Council of Alta Vista convened on Monday, March 3, 2025, at 6:00 pm with the following Council members present: Adam Roethler, Kayla Pride, Samantha Slick, Rick Heying, and Amy Lares in the Alta Vista City Hall. The meeting was called to order by Mayor Burt Ostert. Agenda was discussed. Lares made the motion, seconded by Heying to approve the agenda. All ayes. Motion carried.  
February 10, 2025 regular meeting minutes were discussed. Roethler made the motion, seconded by Slick to approve the February 10, 2025 regular meeting minutes. All ayes. Motion carried.  
Citizen Forum was discussed.  
Library was discussed. Estimate for siding the library was discussed.  
Fire Department was discussed. Pride made the motion, seconded by Slick to approve Adam Roethler as the Fire Department liaison. Roll call vote. Ayes: Slick, Pride, Lares, Roethler, Heying. Nays: none. Motion carried. Grass truck was discussed.  
FY26 Budget was discussed. Agreement with General Law Enforcement Services was discussed. The drive-through services will be \$3,859.00. Pride made the motion, seconded by Slick to approve the Agreement with General Law Enforcement Services. Roll call vote. Ayes: Slick, Pride, Lares, Roethler, Heying. Nays: none. Motion carried. Pathways was discussed. INRCOG funding was discussed. INRCOG is requesting \$.54 per capita (\$125.00). Roethler made the motion, seconded by Pride to approve INRCOG funding. Roll call vote. Ayes: Slick, Pride, Lares, Roethler, Heying. Nays: none. Motion carried. Setting a date, time, and place for the Proposed Tax Levy Public Hearing was discussed. Slick made the motion, seconded by Lares to set the Proposed Tax Levy Public Hearing for Monday, March 24, 2025 at Alta Vista City Hall at 5:00 pm. Roll call

Briefs

New Hampton FFA seeking donations of canning jars and lids

There is a search on for canning jars and rings that are in good shape by the New Hampton FFA Chapter.  
Members will be using these items to can their produce that is grown, raised and processed in their facilities. The plan is to sell the products at the banquet and at the local farmers market.  
Jars and lids may be dropped off in the entry way of the lobby on the north side of the New Hampton High School.

Residents reach LifeServe blood donor milestones

Results from the Feb. 25 LifeServe blood drive show that 40 donors registered to give blood, with 41 units collected.  
Milestones reached were James Gorman, donating his 24th gallon — at eight pints to a gallon, that is 192 pints — and Thomas Ryan reaching the 12-gallon mark. Steven Glaser marked his fourth gallon and Rebecca Hoehne gallon No. 2.

Fredericksburg daycare to hold fundraising dinner March 30

Fun in the Son Day Care and Preschool, Fredericksburg, is having a dinner, silent auction, and bake sale on Sunday, March 30, from 11a.m. to 1 p.m. at the Fredericksburg Community Center. The menu includes lasagna, garlic bread, green beans, desserts, and beverages.  
A freewill offering will be taken for the meal.  
The silent auction consists of items contributed by local businesses and individuals. Anyone wishing to contribute an auction item or baked goods for the bake sale should contact Janiece Kramer at (563)237-6117.

Fun in the Son Day Care and Preschool is a nonprofit, state licensed Christian child care center. Proceeds from fundraisers are used for building maintenance and day care and preschool programming and supplies.

Legal Notice

**THE IOWA DISTRICT COURT**  
**FOR CHICKASAW COUNTY**  
**IN THE MATTER OF**  
**THE ESTATE OF**  
**Doris Katherine Galligan, Deceased**  
**CASE NO. ESPR003276**  
**NOTICE OF APPOINTMENT OF**  
**ADMINISTRATOR AND NOTICE**  
**TO CREDITORS**  
To All Persons Interested in the Estate of Doris Katherine Galligan, Deceased, who died on or about December 11, 2024:  
You are hereby notified that on February 25, 2025, the undersigned was appointed administrator of the estate.  
Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above-named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.  
Dated on February 26, 2025.  
Marcy Linn Free,  
Administrator of the Estate  
PO Box 13110  
Des Moines, IA 50310  
Christina I. Thompson,  
ICIS# AT0011346  
Attorney for the Administrator  
Phil Watson, P.C.  
535 East Army Post Road  
Des Moines, IA 50315  
Date of second publication 3/13/25

Legal Notice

**IN THE IOWA DISTRICT COURT**  
**FOR CHICKASAW COUNTY**  
**In the Matter of the Estate of**  
**Probate No. ESPR003270**  
**WARREN W. MEANS, Deceased.**  
**NOTICE OF PROBATE OF WILL,**  
**OF APPOINTMENT OF WILL,**  
**EXECUTOR, AND NOTICE TO**  
**CREDITORS**  
To: Shaun Means, Chantel Means, and Brandon Means  
YOU ARE HEREBY NOTIFIED that on the 29th day of January, 2025, the Last Will and Testament of Warren W. Means, deceased, bearing date of December 13, 2017, was admitted to probate in the abovementioned Court and that Patricia Means Neuroth and Rhonda Means Plamann were appointed co-executors of the estate. Any action to set aside the Will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the Will whose identities are reasonably ascertainable, or thereafter be forever barred.  
Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the Clerk of the abovementioned district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.  
Dated this 20th day of February, 2025.  
Patricia Means Neuroth  
Co-Executor of Estate  
32191 G Avenue  
Conrad, IA 50621  
Rhonda Means Plamann  
Co-Executor of Estate  
9433 Harbor Greens Way  
Unit 506  
Seminole, FL 33776  
Daniel L. Fretheim  
ANDERSON, WILMARTH,  
VAN DER MAATEN,  
FRETHEIM, EVELSIZER OLSON,  
NOBLE, LYNCH & ZAHASKY  
212 Winnebago  
P.O. Box 450  
Decorah, IA 52101  
(563) 382-2959  
Email: dan.fretheim@andersonlawdecorah.com  
Date of third publication:  
March 13, 2025  
No. 24669  
2/27/25 New Hampton Tribune  
3/6/25 New Hampton Tribune  
3/13/25 New Hampton Tribune  
www.iowapublicnotices.com

Legal Notice • Legal Notice • Legal Notice • Legal Notice

vote. Ayes: Slick, Pride, Lares, Roethler, Heying. Nays: none. Motion carried.  
City attorney was discussed.  
Ordinance book codification was discussed.  
Insurance was discussed.  
Nuisance property was discussed.  
Delinquents were discussed.  
Water was discussed.  
Sewer was discussed.  
Streets were discussed. Street sweeping was discussed.  
Sanitation was discussed.  
Parks were discussed.  
Municipal Hall was discussed.  
Electric was discussed.  
No financial reports were present.  
Heying made the motion, seconded by Pride to approve the disbursements. All ayes. Motion carried.  
February Disbursements  
To Whom..... Amt, Purpose, US Treasury ... \$1,641.44, Withholdings State of IA .....\$369.71, Sales State of IA ..... \$171.79 , WET IPERS ..... \$1,000.75, Withholdings Buchholtz, Dale W \$1,194.66 , 1/19-2/1 Holthaus, Jarrett ..... \$514.49 , 1/19-2/1 Alliant Energy ..... \$13,390.66 , Electric Purchase  
Wellmark..... \$811.03 , Health Insurance AV Express ..... \$186.68 , Fuel Bodensteiner Implement Co \$21.72, Oil and Filter  
E&E Welding LLC .. \$75.51, Hyd Hose Repair  
Innovative Ag Services .. \$2,368.65 , LP Iowa One Call ..... \$18.10, Locates Iowa Utilities Board ..... \$1,118.35.  
Electrical Inspection  
Jendro Sanitation..... \$1,472.80 , Garbage Leisure Time ..... \$16.86 , Shipments Macqueen ..... \$958.50 , Ball Valve New Hampton Tribune \$315.27, Minutes Rapid Printers..... \$125.85 , Utility Cards and Papers  
Stanton Electric LLC \$407.54, Outages John Deere Financial \$101.72, Tissues, Scale, Oil, and Filter  
Microbac Laboratories, Inc. .... \$17.50 , Drinking Water Analysis  
City of Alta Vista ..... \$418.01, Utilities Buchholtz, Dale W. \$1,194.66, 2/2-2/15 Holthaus, Jarrett ..... \$653.71, 2/2-2/15 Kayla Pride ..... \$46.12, Council Pay Amy Lares ..... \$46.12, Council Pay Adam Roethler ..... \$46.12, Council Pay Samantha Slick ..... \$46.17, Council Pay Burt Ostert ..... \$92.35, Mayor Pay ..... \$28,842.84  
Library Account  
Flatjord, Christina ..... \$220.40, 1/19-2/1 Taylor-Griffen, Crystal ..... \$251.25, 1/19-2/1

Patricia Halvorson ..... \$52.06 , Wages New Hampton Tribune ..... \$58.00 , Subscription  
AV Express ..... \$10.00 , Coupons AV Shopper ..... \$31.50, Publications VISA ..... \$184.09 , Supplies City of Alta Vista ..... \$465.84, Payroll Liability  
City of Alta Vista ..... \$24.64, Utilities Flatjord, Christina ..... \$230.37 , 2/2-2/15 Taylor-Griffen, Crystal ..... \$2,667.92 , 2/2-2/15  
Biblionix \$800.00 , Annual Subscription Windstream \$132.57, telephone/internet ..... \$31,510.76  
February Disbursements  
General ..... \$9,960.54  
Road Use Taxes ..... \$554.42  
Snow Removal ..... \$417.48  
Water ..... \$1,015.36  
Water Control ..... \$139.38  
Sewer ..... \$908.70  
Electric ..... \$15,846.96  
Library ..... \$2,667.92  
Economic Development ..... \$ -  
Debt Services ..... \$ -  
Total ..... \$31,510.76  
February Receipts  
General ..... \$5,992.07  
Option Tax ..... \$6,315.37  
Road Use Tax ..... \$4,970.69  
Water ..... \$6,155.36  
Sewer ..... \$4,415.73  
Electric ..... \$43,205.00  
Utility Deposits ..... \$ -  
Debt Service ..... \$ -  
Economic Development ..... \$0.22  
Library- Account ..... \$27.65  
Library- County ..... \$ -  
Library- City ..... \$ -  
Library- State ..... \$ -  
Library Donations ..... \$ -  
Library Sales ..... \$36.33  
Sales ..... \$ -  
Transfers In ..... \$ -  
TOTAL ..... \$71,118.42  
Council and Mayor concerns were discussed.  
Pride made the motion, seconded by Roethler to adjourn at 7:53 pm. All ayes. Motion carried.  
The next council meeting will be Monday, March 24, 2025 at 5:00 PM at Alta Vista City Hall.  
Burt Ostert, Mayor  
Attest: Jarrett Holthaus, City Clerk  
No. 24711  
3/13/25 New Hampton Tribune  
www.iowapublicnotices.com



News Bits From Our Past Compiled by Terri Josephson

**Week of March 9 1950 (75 years ago)**  
• The coaches of the Northeast Iowa Conference met in New Hampton to pick an all-conference first and second team. Ball of New Hampton was named as center on the first team, Blietz and Lynch were given honorable mention as forwards and Drape was given honorable mention as a senior.

**Legal Notice - Legal Notice**

**Notice of Sheriff's Levy and Sale IN THE IOWA DISTRICT COURT IN AND FOR 19-CHICKASAW COUNTY.**

State of Iowa 19-Chickasaw County Iowa District 19-Chickasaw County, Case # EQCV004350, Civil# 24-000484 US Bank Trust National Association, not in its individual capacity but solely as owner trustee for VRMTG Asset Trust VS Duane Eichenberger, Patsy Eichenberger, parties in possession, absolute resolutions investments, LLC, JHPDE Finance I, LLC Special Execution As a result of the judgment rendered in the above referenced court case, an execution was issued by the court to the Sheriff of this county. The execution ordered the sale of defendant(s) Real Estate Described Below To satisfy the judgment. The Property to be sold is LOT ONE OF THE NW 1/4 OF THE NE 1/4 OF SECTION 36, TOWNSHIP 94 NORTH, RANGE 13 WEST OF THE 5TH P.M. Property address: 2170 300th ST Fredericksburg, IA 50630. The described property will be offered for sale at public auction for cash only as follows:

Sale Date: 04/10/2025  
Sale Time: 13:00  
Place of Sale: Chickasaw County Sheriff's office lobby, 116 N Chestnut, New Hampton, IA 50659  
This sale not subject to Redemption.  
Property exemption: Certain money or property may be exempt. Contact your attorney promptly to review specific provisions of the law and file appropriate notice, if acceptable.  
Judgment Amount \$66,975.47  
Cost \$13,696.98  
Accruing Cost PLUS Interest \$10,899.57  
Sheriff's Fees Pending

Attorney Richard Reinblatt  
13160 Foster Ste 100  
Overland Park, KS 66213  
(913)663-7600

Date 12/30/2024

Ryan Shawver  
Chickasaw County Sheriff

No. 24530  
3/13/25 New Hampton Tribune  
3/27/25 New Hampton Tribune  
www.iowapublicnotices.com

**Legal Notice - Legal Notice**

**OFFICIAL NOTICE**

BEFORE THE UTILITIES COMMISSION OF THE STATE OF IOWA TO THE CITIZENS OF CHICKASAW COUNTY:

Notice is given that Corn Belt Power Cooperative, Humboldt, Iowa, pursuant to Iowa Cose chapter 478, has filed a petition with the Iowa Utilities Commission (IUC) for amendment of franchise to maintain and operate an electric transmission line setting forth the following as the maximum voltage, starting points, routes, and termini of the existing line:

EXHIBIT A  
69,000 Volts Nominal (72,500 Volts Maximum)  
Electric Transmission Line  
Chickasaw County, Iowa

The south endpoint of this line is in the Northeast Quarter of Section 17, T-94N, R-12W of the 5th P.M., Chickasaw County, Iowa; and the south terminus of this line is in the Northeast Quarter of Section 17, T-94N, R-12W of the 5th P.M., Chickasaw County, Iowa.

The north endpoint of this line is at the Northeast Corner of the Southeast Quarter of the Southwest Quarter of Section 8, T-94N, R-12W of the 5th P.M., Chickasaw County, Iowa; and the north terminus of this line is in the Southeast Quarter of Section 2, T-94N, R-14W of the 5th P.M., Chickasaw County, Iowa.

The south terminus of this line is the Corn Belt Power Cooperative Fredericksburg substation, located in the Northwest Quarter of the Northeast Quarter of Section 17, T-94N, R-12W. The south endpoint of this line is a connection point with an existing Corn Belt Power Cooperative 69kV transmission line, on private right of way, along the west boundary of the Corn Belt Power Cooperative Fredericksburg substation property, located approximately 215 feet south of the North Quarter Corner of Section 17, T-94N, R-12W.

Thence northerly, as a single circuit 69kV transmission line, on private right of way, along the north-south center section line of Section 17, T-94N, R-12W, to a connection point with an existing Corn Belt Power Cooperative/New Hampton Municipal 69kV double circuit transmission line, on private right of way, along the south boundary of United States Highway 18, near the northeast corner of the Corn Belt Power Cooperative Fredericksburg substation property, located approximately 75 feet south and 5 feet west of the North Quarter Corner of Section 17, T-94N, R-12W; approxi-

mately 0.03 mile.

Thence north, as the west circuit of the Corn Belt Power Cooperative/New Hampton Municipal 69kV double circuit transmission line, on private right of way, along the north-south center section lines of Sections 17 & 8, T-94N, R-12W, crossing the public road right of way of United States Highway 18, to a point on private right of way, and there ending, at the Northeast Corner of the Southeast Quarter of the Southwest Quarter of Section 8, T-94N, R-12W; approximately 0.27 mile.

The north endpoint of this line is a connection point with an existing Corn Belt Power Cooperative 69kV transmission line, on private right of way, at the Northeast Corner of the Southeast Quarter of the Southwest Quarter of Section 8, T-94N, R-12W. The north terminus of this line is the Corn Belt Power Cooperative Bradford substation, located in the Southeast Quarter of the Southeast Quarter of Section 2, T-94N, R-14W.

The total distance of this 69,000 Volts line is approximately 0.30 mile.

A map showing the route of the electric line may be obtained at no cost by calling (515) 322-7746 or by writing to Corn Belt Power Cooperative; Attn: Dan Shiftlett; 1300 13th Street North; P.O. Box 508; Humboldt, IA 50548-0508.

Orders issued and documents filed in this docket (No. E-21520, Amendment No. 1) may be viewed by searching under the docket number in the IUC's electric filing system (EFS) at [efs.iowa.gov](https://efs.iowa.gov). Objections to the granting of the amendment to franchise may be filed electronically using EFS and filed in writing with the IUC no later than 20 days after the date of second publication of this notice. Instructions for submitting an electronic filing can be found in EFS; written objections must be mailed to the Iowa Utilities Commission, 1375 E. Court Avenue, Des Moines, IA 50319.

The date of the first publication is March, 13, 2025. The date of the second publication is March 20, 2025.

IOWA UTILITIES COMMISSION  
BY: Jon Tack  
General Counsel  
Dated this 6th day of March, 2025.

No. 24713  
3/13/25 New Hampton Tribune  
3/20/25 New Hampton Tribune  
www.iowapublicnotices.com

**Legal Notice - Legal Notice**

**City of Ionias COUNCIL PROCEEDINGS**

The City Council of Ionias met in regular session Monday, March 3, 2025, at 7:00 pm in City Hall.

Mayor Taylor called the meeting to order. Council members present were Crooks, Day, Geerts, Holthaus, Rausch, Clerk Donna Geerts, Dave Schulz, Carla Rosenbaum, Erin Phillips, India Watson, Terry Phillips, Linus and Renee Voves, Gene and Connie Parson, Ed and Shirley Hoffman, Katie Gilmour, Sara Rethamel, Darci Warnke, and Tony Schmitz were also present.

Motion by Holthaus, seconded by Day to approve the agenda. All voted aye. Motion carried.

Motion by Day, seconded by Rausch to approve the minutes of the February 3, 2025, meeting. All voted aye. Motion carried.

Motion by Day, seconded by Holthaus to open the Public Hearing at 7:05 pm for Amendment of FY 24/25 budget. All voted aye. Motion carried. Mayor asked if there were any oral or written objections or comments. After discussion and being there were no objections, motion by Day and seconded by Geerts to close Public Hearing at 7:06 pm. Ayes: All. Motion carried.

Holthaus made a motion, seconded by Day that RESOLUTION 25-1 A Resolution approving the City's Proposed Amendment #1 to the Fiscal Year 2024-2025 Budget, be approved. Roll Call: Ayes: Crooks, Day, Geerts, Holthaus, Rausch. Nays: None. Motion carried. Resolution adopted. Passed and approved. Mayor Randy Taylor. Attest: City Clerk Donna Geerts. The resolution adopted is a summary. Anyone wishing to review the entire resolution may view a copy at Ionias City Hall or email city clerk at [ioniaclerk@outlook.com](mailto:ioniaclerk@outlook.com).

Motion by Day, seconded by Holthaus, to approve the claims. All voted aye. Motion carried.

Alliant Energy .....\$1734.86  
Black Hills Energy .....\$ 312.16  
Library Acet.....\$1456.03  
Payroll.....\$1697.01  
Brian Sigler, mlg reimb.....\$ 525.00  
941 deposit.....\$ 637.22  
IPERS.....\$ 588.30  
Jendro Sanitation, recycling & bags .....\$1904.82  
New Hampton Tribune, min, bud amend .....\$ 204.17  
Microbair Lab, water tests .....\$ 42.50  
Synbay & Assoc, eng srvs WWT Project .....\$ 640.00  
IMFOA, and dues .....\$ 50.00  
Parson Real Estate Trust, earnest money-100 E Union St property .....\$50,000.00

Office of Auditor of State, anl periodic exam fee .....\$ 550.00  
Rapid Printers, paper, ink.....\$ 72.74  
Total.....\$ 60,414.81  
Total Revenues \$15,809.88 Check not cleared \$10.00

RECEIVED, FUND DISBURSED bank \$ 7,960.75, General .....\$13,888.14  
\$ 1,403.24, Road Use .....\$1,033.81  
\$ 2,897.30, Water .....\$2,794.45  
\$ 3,548.40, Sewer .....\$395.89  
\$.18.....\$ Savings Int

Motion by Crooks, seconded by Geerts, to approve the monthly financial report. All voted aye. Motion carried.

Mayor discussed water and wastewater reports.

Public comment: Carla announced there will be an egg hunt at park on April 19.

Clean up day will be the morning of April 12. Trash and items can be brought to a dumpster that will be located at the fire station, 501 West Main Street.

Members from Ionias Fun Days Committee were present to discuss schedule of events for August 1 & 2, 2025.

No hearings were requested for delinquent accounts. Water service will be disconnected if payment is not made.

Tony Schmitz was present to discuss his property-fence has been installed and vehicle in front yard will be moved.

Clerk will check with city attorney on status of infraction filed regarding property – 207 E Iowa Street, Ionias.

Part time maintenance job duties were reviewed. Discussed hiring person for a part time position. Motion by Crooks, seconded by Day to post and hire a part time maintenance person. All voted aye. Motion carried.

Motion by Crooks, seconded by Day to review, approve, and authorize Mayor's signature on purchase agreement for property at 100 E Union St, Ionias. Ayes: Day, Crooks, Geerts, Holthaus, Rausch. Motion carried.

FY budget 25/26 was discussed. Public Hearing regarding the Proposed Property Tax Levy for Fiscal Year 2026 set for March 24, 2025 at 6:45 pm at Ionias City Hall. Council meeting to follow at 7:00 pm to set Public Hearing on the proposed budget for Fiscal Year 2026.

Moved by Holthaus, seconded by Geerts, that the meeting adjourn at 8:06 pm. All voted aye. Motion carried.

Randy Taylor, Mayor  
Attest: Donna Geerts, City Clerk

No.24709  
3/13/25 New Hampton Tribune  
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• March 15 is a double deadline for all tax payers to remember. It is the last day that federal income taxes for 1949 can be filed and also the last day for those who must file an estimate for their 1950 income taxes. Final date for filing the state income tax is March 31.

**1975 (50 years ago)**

• A new program for young area families is being organized by the Chickasaw County Extension Service. Serving as a Young Families Program Aide to help carry out the project will be Mrs. Don (Nancy) Schneider of New Hampton. She will organize small groups of mothers and pre-school children to get together in a private home once or twice a month from now until the end of May.

Each meeting will feature a educational home economics-related project. This program is open to all interested mothers and pre-schoolers.

• The position of head football coach at New Hampton High School has been filled. The New Hampton Board of Education hired Steve Lounsberry, who will succeed Rupert Hartshorn at the football helm. The board also confirmed the retention of Hartshorn as the school's athletic director, Hartshorn had previously held the head coach and A.D. posts jointly.

Lounsberry was a varsity line coach under Hartshorn. The other two assistants, Jerry Rochford, offensive backfield and Dave Petersen, defensive backfield, will continue in those capacities under Lounsberry.

**2000 (25 years ago)**

• A former New Hampton resident, Dean Hassman, has invented and patented a tool which enables a person to install drywall alone. The patent was received for the tool named "Evergreen-RockLedge" on Nov. 9, 1999. The tool is a device for installing drywall or others sheet materials over an existing ceiling. Hassman, the son of Paul Hassman, New Hampton and the late Lucille Hassman, is a graduate of New Hampton High School.

• New Hampton teachers and coaches Scott Frerichs and Bill Boyd were recognized at the district basketball game for recent state-level awards they received. Chickasaw head football coach Scott Frerichs was named Class 3A "Coach of the Year" by the Iowa Football Coaches Association, and Bill Boyd was named

**Legal Notice - Legal Notice - Legal Notice - Legal Notice**

**CITY COUNCIL COUNCIL CHAMBERS MONDAY MARCH 3, 2025 7:00 P.M.**

The City Council of the City of New Hampton met in regular session in the Council Chambers at 112 East Spring Street, New Hampton Iowa at 7:00 p.m. Monday, February 17, 2025. The meeting was called to order by Mayor Geerts at 7:00 p.m. Council members present were Speltz, Denner, Humpal, Larsen, Porath, Schwickerath. Nays – None. Absent- None. Resolution Approved.

The City of New Hampton has received and Iowa Department of Transportation Federal Aid Agreement for the City Highway Bridge Program Project for the reconstruction of the East Spring Street bridge. City acceptance of the funding project is necessary for to begin the project. Moved by Larsen, seconded by Speltz; To direct Mayor Steve Geerts to the Acceptance of Funding for Bridge Replacement of the East Spring Street bridge and forward the agreement with the Iowa DOT, be approved. Ayes –Six. Nays – None. Absent – None. Motion carried.

PWD Mai discussed the five different water main breaks during the last week. Larsen shared that first Safety Committee meeting will be on Monday, March 10th held in the economic development office.

Moved by Porath, seconded by Humpal; that the meeting adjourn at 7:24 pm. Ayes –Six. Nays – None. Absent – None. Motion carried.

ATTEST: KAREN CLEMENS, CMC City Clerk

STEVE GEERTS, Mayor  
COUNCIL CHAMBERS CITY HALL  
MONDAY, MARCH 3, 2025 7:00 P.M.

CITY - WRITTEN SINCE FEBRUARY 17, 2025  
John Deere Financial, Supplies (Police WA SR ST Fire) .....582.16  
USPS, Postage for Utility Bills (WA SR) .....227.82  
Total Written..... 809.98  
CITY - TO BE WRITTEN  
Bodensteiner, End Loader Battery (Street) .....384.02  
Capital Sanitary Supply, Paper towels (Custodial) .....169.84  
Chickasaw County Auditor, Share of Hotel/ Motel Tax Revenue 1,871.40  
City Laundering Co, Uniforms (WA SR ST) Mats (SR St) Tissue (Fire) .....632.93  
Croell Inc, Snow Removal - 2 hrs.....260.00  
Culligan Water, DI Equipment Rental, Filter (Sewer) .....398.31  
Douglas, Ken, February Mileage - Reading Meters (97 x \$7) (WA) ...67.90

FM Controls, Inc, Annual RC Remote Access & Support (ComCtr) .....1,200.00  
Hacker Nelson & Co, Annual Audit 23/24 .....13,625.00  
IA Municipal Solutions LLC, Monthly Wastewater Operator Services (SR) .....4,333.00  
Iowa Law Enforcement Academy, MMPI Evaluation (Police) ...150.00  
Jendro Sanitation, February Garbage & Recycling .....33,418.26  
LeisureTime Golf Cars, UPS Shipping (Water) .....33.69  
Lexi Holthaus, Cleaning Service February (44 hrs @ \$25) .....1,100.00  
LS Supply & Rental, Lumber (Water) ...46.26  
Mick Gage Plumbing & Heating, Replace Capacitor on Furnace (Street) .....105.50  
Mitko, O Ring (Sewer) Hose Ends (Street) .....42.36  
New Hampton High School, Hotel / Motel Grant for Softball Diamond...2,500.00  
Petty Cash, Postage (Clerk PD) Record (Trail) Record (Clerk) .....156.49  
Prichard, Todd, Regular Salary.....3,318.00  
Strand Associates, Engineering & Design (WWTP Proj) M&O (SR) .....55,253.67  
Total to be Written .....119,066.63  
TOTAL TO BE APPROVED .....\$119,876.61  
PAYROLL - WRITTEN SINCE FEBRUARY 17, 2025  
AFLAC, Supplemental Insurance .....368.40  
EFTPS, FICA Tax, Federal Tax .....10,600.95  
Employee Benefit Systems, Administration Fees .....264.00  
Empower Retirement, Deferred Comp ..875.00  
Globe Life Liberty National, Supplemental Insurance .....16.40  
Iowa Dept of Revenue, State W/H Tax .....2,705.14  
City of New Hampton, Self Funding Fees .....8,421.00  
Treasurer, State of Iowa, IPERS .....16,899.13  
Wellmark, Health Insurance .....27,367.92  
.....67,517.94

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3/20/25 New Hampton Tribune  
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**Legal Notice - Legal Notice - Legal Notice - Legal Notice**

**COUNTY NAME: CHICKASAW COUNTY**

**NOTICE OF PUBLIC HEARING -PROPOSED PROPERTY TAX LEVY**  
Fiscal Year July 1, 2025 - June 30, 2026

**COUNTY NUMBER: 19**

The County Board of Supervisors will conduct a public hearing on the proposed Fiscal Year County tax asking as follows:  
**Meeting Date: 3/24/2025 Meeting Time: 09:00 AM Meeting Location: Boardroom, 2nd floor of the Courthouse, 8 E Prospect, New Hampton, IA 50659**  
At the public hearing any resident or taxpayer may present objections to, or arguments in favor of the proposed tax levy. After the hearing of the proposed tax levy, the Board will publish notice and hold a hearing on the proposed county budget.

County Website (if available)  
<https://www.chickasawcounty.iowa.gov/>

County Telephone Number  
(641) 394-2100

| Iowa Department of Management                                                 | Current Year Certified Property Tax<br>FY 2024/2025 | Budget Year Effective Tax<br>FY 2025/2026 | Budget Year Proposed Tax<br>FY 2025/2026 |
|-------------------------------------------------------------------------------|-----------------------------------------------------|-------------------------------------------|------------------------------------------|
| Taxable Valuations-General Services                                           | 934,724,123                                         | 963,875,713                               | 963,875,713                              |
| Requested Tax Dollars-Countywide Rates Except Debt Service                    | 5,073,010                                           | 5,073,010                                 | 5,230,404                                |
| Taxable Valuations-Debt Service                                               | 955,153,388                                         | 980,179,851                               | 980,179,851                              |
| Requested Tax Dollars-Debt Service                                            | 459,333                                             | 459,333                                   | 465,174                                  |
| Requested Tax Dollars-Countywide Rates                                        | 5,532,343                                           | 5,532,343                                 | 5,695,578                                |
| Tax Rate-Countywide                                                           | 5.90818                                             | 5.73175                                   | 5.90101                                  |
| Taxable Valuations-Rural Services                                             | 671,612,468                                         | 691,160,209                               | 691,160,209                              |
| Requested Tax Dollars-Additional Rural Levies                                 | 2,364,566                                           | 2,364,566                                 | 2,453,619                                |
| Tax Rate-Rural Additional                                                     | 3.52073                                             | 3.42115                                   | 3.55000                                  |
| Rural Total                                                                   | 9.42891                                             | 9.15290                                   | 9.45101                                  |
| Tax Rate Comparison-Current VS. Proposed                                      |                                                     |                                           |                                          |
| Residential property with an Actual/Assessed Valuation of \$100,000/\$110,000 |                                                     |                                           |                                          |
| Urban Taxpayer                                                                | 274                                                 | 308                                       | 12.41                                    |
| Rural Taxpayer                                                                | 437                                                 | 493                                       | 12.81                                    |
| Tax Rate Comparison-Current VS. Proposed                                      |                                                     |                                           |                                          |
| Commercial property with an Actual/Assessed Valuation of \$300,000/\$330,000  |                                                     |                                           |                                          |
| Urban Taxpayer                                                                | 1,209                                               | 1,376                                     | 13.81                                    |
| Rural Taxpayer                                                                | 1,928                                               | 2,203                                     | 14.26                                    |

Note: Actual/Assessed Valuation is multiplied by a Rollback Percentage to get to the Taxable Valuation to calculate Property Taxes. Residential and Commercial properties have the same Rollback Percentage at 150,000 Actual/Assessed Valuation. The Proposed Property taxes assume a 10% increase in property values for the year as a comparison to the current year.

Reasons for tax increase if proposed exceeds the current:  
Rural Services Basic levy rate has increased (.02927) due to increase in operating expenses. Total property tax asking increased \$252,288.00 due to ongoing expenses of HF718, increased costs associated with public safety, costs of insurance and costs of required state mandates.

No. 24699  
3/13/25 New Hampton Tribune  
3/14/25 Nashua Reporter  
www.iowapublicnotices.com

"Umpire of the Year" by the Iowa Baseball Coaches Association. The awards were presented by New Hampton superintendent, Robert Longmuir.

**2015 (10 years ago)**

• Chris Eiler, optometry doctor at Eye Care Associates in New Hampton, has recently returned from his third trip to Tegucigalpa, Honduras, where he works with a mission, The Hands of Christ, to provide eye glasses to those in need. Eiler got involved with this mission, The Hands of Christ, through a church he attended when living in Tennessee.

This is the first year a team from First United Methodist Church in New Hampton has sent a team. The team consisted of Pastor Candie Carey, Dee Larkin, Bob Sobolik and Eiler.

• St. Joseph Community School recently held its Jump Rope For Heart day. The students spent their gym time jumping rope or doing a jumping activity.

The Jump Rope For Heart event is a fundraiser done by the schools and organizations for the American Heart Association and for every \$50 raised one life is saved. The students worked to fundraise before the event and all together, St. Joe's raised \$2,135 for the American Heart Association.

**2020 (5 years ago)**

• A location change wasn't going to cause any problems for the New Hampton Lions Club members when it came to their annual French Toast and Pancake Breakfast. After all, they've been doing this for 48 years, and some of the same guys have been doing the same jobs for that long.

Their new digs was the cafeteria at New Hampton's new middle school. The Lions served almost 900 people on Sunday.

• A record-breaking season, one in which the Turkey Valley's boys basketball team won a school-record 22 games, has netted the Trojans plenty of postseason recognition. The Trojans, who shared the Upper Iowa Conference crown with MFL-Mar-Mac, had two all-league first team players.

Ethan Leibold became a rarity as he was named to the all-UIC first team for the fourth straight year. Keegan Balk was also a first-team pick. Eli Nymeyer and Eli Reicks took second team honors and Kannon Leuenberger and Garrett Kurtenbach were honorable mention selections. All the all-conference honorees are seniors, save for Kurtenbach, who is a sophomore.

**Legal Notice**

**IN THE IOWA DISTRICT COURT FOR CHICKASAW COUNTY IN THE MATTER OF THE DAVID W. LIVINGSTON, JR. TRUST DATED DECEMBER 18, 2024 DAVID W. LIVINGSTON, JR., DECEASED, probate no. ESPR003277 NOTICE IN COMPLIANCE WITH IOWA CODE SECTION 633A.3110**

To All Persons regarding David W. Livingston, Jr., Deceased, who died on or about January 30, 2025.

You are hereby notified that Thomas Tobin Trustee of the David W. Livingston, Jr. Trust dated December 18, 2024, and any Amendments thereto.

Any action to contest the validity of the Trust must be brought in the District Court of Chickasaw County, Iowa, within the latter to occur of four (4) months from the date of second publication of this Notice or thirty (30) days from the date of mailing of this Notice to all heirs of the decedent settlor and the spouse of the decedent settlor whose identities are reasonably ascertainable. Any suit not filed within this period shall be forever barred.

Notice is further given that any person or entity possessing a claim against the Trust must mail proof of the claim to the Trustee at the address listed below via certified mail, return receipt requested, by the later to occur of four (4) months from the second publication of this Notice or thirty (30) days from the date of mailing this Notice if required or the claim shall be forever barred unless paid or otherwise satisfied.

Dated this 26 th day of February, 2025.

DAVID W. LIVINGSTON, JR.  
TRUST DATED DECEMBER 18, 2024  
Collin M. Davison  
ICIS Pin No. AT0010905  
Attorneys for Trustee  
Laird Law Firm, P.L.C.  
11 Fourth Street N.E.  
P.O. Box 1567  
Mason City, Iowa 50402-1567

Date of second publication  
20th day of March, 2025.

No. 24696  
3/13/25 New Hampton Tribune  
3/20/25 New Hampton Tribune  
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**AUDIBLE HEARING CENTER** 121 West Main Street #3, New Hampton, IA. Call 641-999-6145. Complimentary hearing evaluation.

**BLISS BRIDAL AND FORMAL WEAR** 2810 S. Federal Ave. Mason City 641-201-1032 [www.blissformalwear.com](http://www.blissformalwear.com)

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**CHICKASAW COUNTY PUBLIC HEALTH** and Home Care Services. Located at 260 East Prospect, New Hampton. Call 641-394-4053.

**COUNSELING AND FAMILY CENTERED SERVICES, INC.** Counseling and Mental Health Services. Located at 951 N. Linn Ave., Suite 3, New Hampton, IA. Call 641-394-2505.

**COUNTRY CARPENTRY** offers new homes, remodeling, cabinetry, custom furniture. New Hampton, call 641-394-5157.

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**FARM BUREAU FINANCIAL SERVICES** Curtis Franzen-Agent Ph: 641-394-3020 Auto, home, farm, business, life and annuities. 515 W. Milwaukee, New Hampton. [curtis-franzen.fbfsagents.com](http://curtis-franzen.fbfsagents.com)

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## BUSINESS SERVICES

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**HEROLD - REICKS - SURVEYING.** Land & Construction Surveying, ALTA & FEMA Surveying. [www.hr-surveying.com](http://www.hr-surveying.com) 641-394-2725. 10 E. Main St, New Hampton, IA

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Art's Milling Serivce, Protivin, IA is hiring part-time spring help. Agronomy Operations. Temporary CDL, Class A or B required or ability to obtain. Tender Truck Drivers.

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# Assessor says tax-levy notices are once again ‘misleading’

Forms being published, mailed out use 10 percent valuation increase but Armel says values did not change for 94 percent of county’s properties

By **BOB FENSKE**  
editor@nhtrib.com

The public notices that governmental taxing entities had to publish before setting their 2024-25 levies were, as Chickasaw County Assessor Ray Armel put it last spring, “misleading.” So the state changed the form that is both sent out to property owners and published as a legal notice.

But last Wednesday,, Armel said that the new forms are just as misleading.

A year ago, as counties, cities and schools prepared their 2024-25 max levies, they were required to list the tax impact of a residential property with a valuation of \$100,000 both in the current and upcoming fiscal years. They also had to do the same for a commercial property with a valuation of \$300,000 in both fiscal years.

That meant that the level of tax increase was muted because it did not take into account valuation increases.

"You've got to remember that every odd number assessment year is a re-evaluation year," Armel said during a Board of Supervisors meeting last week. "That's where we re-value all property by code, based upon what has occurred in the marketplace over the prior years."

So that meant that those notices last year didn't take into account that 2024-25 was a "re-evaluation year."

This year wasn't, yet this year's form takes the tax impact of a residential property valued at \$100,000 last year but now



Bob Fenske/Tribune

**Chickasaw County Assessor Ray Armel (left) shares information about the form all tax-collecting government entities are required to send to property owners during a Board of Supervisors meeting last week.**

has a \$110,000 value — a 10 percent increase. It provides the same for the \$300,000 commercial property, meaning it's looking at a tax impact of \$330,000.

Yet, Armel said during Wednesday's meeting that 94 percent of properties in Chickasaw County saw no increase to their valuations.

Supervisors and county officials, though, know they will in all likelihood be inundated with questions because in the form that has been put out on various social media sites and will be published in its two legal newspapers — the New Hampton Tribune and the Nashua Reporter — show that a \$100,000 urban residential property paid \$274 in county taxes this year and will pay \$308 in 2025-26, an increase of 12.41 percent. A rural residential property, according to the form, would see a 12.81 percent increase — from \$437 to \$493.

Armel, though, showed supervisors that urban residential properties without a valuation increase would have a county tax bill of \$280, an increase of \$6, or 2.1 percent, while a rural property without a valuation increase would have a county

tax bill of \$448, an increase of 2.3 percent.

"I think that was the misleading factor there with last year's statement," Armel said, noting that last year's form didn't take into account the increase in valuations many properties had. "Now, this year's statements are misleading again because the '24 assessment is not a re-evaluation year. So to say you go from \$100,000 and add 10 percent ... is again misleading because 94 percent of our properties did not receive an increase in value."

When Armel had finished his presentation, Board of Supervisors Chairman Jake Hackman urged residents who have questions about the statements that will be mailed out later this month and that detail max levies for tax-collecting entities to reach out to those entities.

"You look and see a 12 percent increase or a 13, 14 percent increase, and I get it, that's going to be concerning," he said, "but the information Ray presented is more accurate than what those statements are going to be. Ask questions because we want to be transparent and we want people to understand how this works."

# Podcast offers shining example of why Laures family help makes New Hampton so special

When Perry Laures shared his story on “Men Pursuing More,” a podcast that I host, he honored his father, Vern Laures, by reflecting on the values of faith, family, and community that shaped both their lives.

Perry’s journey of growth, resilience and service was deeply influenced by Vern, a man who always pursued more for his family and the New Hampton community. Just as the podcast encourages men to strive for more in life, Vern was a living example of that philosophy. His legacy is one of unwavering dedication, generosity, and an unshakable belief in faith, family, and friends.

In the heart of New Hampton, Iowa, where community and connection matter most, the Laures name stands as a beacon of integrity, perseverance, and kindness.

Today, we pay tribute to the life and legacy of Vern Laures — a man whose impact reached far beyond his successful business ventures and deep into the lives of those who had the privilege of knowing him.

Born in 1939 in New Hampton, Vern’s roots in the community run deep. He grew up in a household that valued hard work, and from a young age, he was no stranger to rolling up his sleeves alongside his father, collecting and hauling trash to the city dump. His humble beginnings never left him, even as he built a successful career and a legacy of generosity. A proud graduate of New Hampton High School in 1959, Vern was known for his spirited personality, including a memorable performance as the Big Bopper at the Howard County Fair. But beyond the public persona, Vern was a man dedicated to faith, family, and friends — values he held dear until his final days.

Vern was blessed with four children — Lisa, Perry, Tracy, and Mitch — who were the light of his life. He often said he was “the luckiest man alive,” not because of financial success but because of the strength of his family. He instilled in his children the values that guided his own life: honesty, hard work, and putting people first. These lessons continue to shine through in his son Perry, who recently shared his father’s profound influence on the “Men Pursuing More” podcast.

**Guest View**

Perry’s journey is a testament to the foundation his father built. Growing up in New Hampton, he thrived in both academics and athletics, earning the title of Homecoming King and making a name for himself on the field and in the community. His path led him to Iowa State University, where he played football for the Cyclones, embracing the challenges and triumphs that came with collegiate athletics. The discipline and perseverance he learned through sports would carry him far beyond the football field.

After graduation, following his father’s sage advice to “get some experience outside of New Hampton,” Perry spent several years working for Maytag, gaining valuable business and leadership experience. Though he appreciated the opportunities that came with working for a large corporation, the pull of home never waned. He knew that his heart belonged to New Hampton, where he could not only continue his family’s legacy but also create one of his own.

Returning to New Hampton proved to be one of the most meaningful decisions of Perry’s life. It was at Vern Laures Auto Center, the family dealership, where he met his wife — a serendipitous encounter that solidified his future in the town that had given him so much. Perry has carried on his father’s belief that the business is about more than selling cars — it’s about building relationships, serving the community, and ensuring that every customer is treated like family.

The Laures name is synonymous with service — not just in business, but in the generosity shown to the community. Vern gave selflessly to projects that strengthened New Hampton, ensuring that future generations would benefit from a town rooted in goodwill and mutual support. That same spirit continues through Perry and his family, who remain dedicated to making a difference, whether through their business, local initiatives, or simply by being there for those in need.

For me, hosting “Men Pursuing More” is not just about telling stories — it’s about connecting with people like Perry who

remind me of the strength of community. My love for New Hampton runs deep, shaped by parents who were also devoted servants to the town. Like Vern, they believed in giving back, in lifting others up, and in making sure the next generation had even more opportunities than the last. Many others in New Hampton have followed that same path of service, and it’s what makes this town truly special.

Through all of life’s challenges — including health struggles in recent years — Perry has leaned on the unwavering support of the New Hampton community, just as his father once did. Perry’s resilience, much like his father’s, has been a testament to the power of faith, family, and the strength of a close-knit town. The sense of belonging and care found in New Hampton has been invaluable, reinforcing why it is more than just a hometown — it’s a family.

For those considering a move to New Hampton or returning to their roots, the Laures family’s story is a shining example of what makes this community special. It’s a place where hard work is honored, where friendships are lifelong, and where faith and family remain at the center of it all. New Hampton is not just a place to live; it’s a place to grow, thrive, and be supported by a community that genuinely cares.

As we honor Vern Laures and the legacy he leaves behind, we are reminded that a life well-lived is not measured by material success but by the love and kindness we share.

His words ring true now more than ever: “Faith, Family, and Friends are what this life is all about.”

To the Laures family — thank you for sharing Vern with all of us. His impact will never be forgotten, and his spirit will continue to inspire generations to come.

To hear more about Perry’s story and the legacy of Vern Laures, tune in to the “Men Pursuing More” podcast, hosted by myself at [maupincoaching.com](http://maupincoaching.com).

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*Roger Maupin, a New Hampton native, is an educator, coach, entrepreneur, podcaster, and certified life coach who has spent a lifetime involved in business, sports and personal development.*

# To elected officials, department heads, staff, citizens and property owners of Chickasaw County

Welcome to FY25/26 budget year. It has been very tough to try and figure out this budget for the next FY. We have come a long way over the years managing this budget while being in a position of never knowing what the state might do after our budget is set, that will affect our property tax laws, therefore go back on our set budget possibly.

Why are we here, some examples but not limited to, HF718, exemption to age 65-plus homestead and military for this year and next. By which approximately 1,263 homesteads voluntarily signed up for as one resident is 65-plus and 512 veterans voluntarily signed up for. Also, the city of New Hampton TIF district using values for themselves, which is OK but hurts the county evaluations by approximately 88,000 less dollars for this year and next. Also 65-plus and military exemption approximately \$35,000 this year and \$72,000 next year.



**Jacob Hackman is the chairman of the Chickasaw County Board of Supervisors**

These are just a couple examples of why things have made this year difficult. Not saying these things are wrong, but it puts an effect on the overall funds for county departments. This is real dollars lost to make this budget work, but the state allows this to happen, so much of it is out of the boards control!

How we get money to run the county departments is different than most people think. Property tax is currently maxed out and has been for many years at \$3.50 per \$1,000 of evaluations and general supplementals is around \$1.90 per \$1,000 but is limited to what it can be spent on.

Some money comes from the state roll backs and state and federal funding, with the understanding that this is not coming in like many past years.

Some county departments also make money through contracts for services provided to cities, state, Medicare, Medicaid, private pay, insurances, etc. All of this is making it truly hard to keep the budget balanced as reimbursements back are not enough to cover said service. We have a financial obligation to keep property owned by Chickasaw County taxpayers up to safety standards whether it be land, buildings, roads, bridges, equipment; along with all the things that run the everyday parts of the county business.

Staff and county citizens want more, I don’t blame you all. Although, inflation is high, and as much as we want the same services to stay the same or add this and that, when the balance runs out, what is there left to do?

Our county does not have enough tax base from buildings, homes, commercial/industrial, etc. to run like those counties that do have the tax base to do those things. While it is great to have all the things we would like, we have to be able to afford those things if you would say. Therefore, we have to work together to come up with solutions.

I feel we have tried some options that have been hard because we have to start somewhere each year and that is why this is so hard and it hurts sometimes. We may have to lose staff, co-workers, friends and for that I apologize.

I don’t blame anyone for bettering themselves if that day comes. If the funds are not there and we are maxed out on what we can even ask, our hands are tied on the overall budget and these things have to be looked at. Not because we think anyone has done a bad job or we don’t need a service and the great things in our county are not needed, but with the tax base that we do have we have to be able to pay for the everything we have.

There is a difference between how county taxes are made that I think some people don’t understand. In Chickasaw county we are pretty rural when approximately 70% of the base is from the rural properties and 30% of the tax base is in the urban areas or the nine cities. So, from every 1.00 dollar collected, .70 cents come from rural property. Also, this year and next year approximately 299 parcels in the city of New Hampton are not generating any funds for county taxes towards general and supplemental levies because the city elected to keep it for TIF projects. Again, not saying this is wrong, but I am saying this takes away funds then that could be allocated towards county funds.

The rural pay an additional levy rate at 3.55 per 1,000 dollars for rural services only. But from the 2020 census, our cities are more populated than our rural townships, with approximately 60 percent of our population living in one of our nine cities. Bringing us to where rural taxpayers are having to be 70% of the county tax base.

I hope we can do our best to keep Chickasaw County a great place to live, work, and get involved in. We all need to try and grow our rural county with more homes, industrial and commercial property; bring people to our county; that is how we can grow our tax base to generate more funds for all the things we’d like to have here.

If anyone has ideas, please reach out to me or any other Board of Supervisor member. Remember, we all live here too. We, all five of us, have had great discussions when we’ve talked budgets and I want to personally thank them for all the time and hard work they have done this year.

It is more than a 20-hour work week as we are here for our constituents 24/7 attending meetings and things outside of our regular scheduled board meetings. Keep up the good work board!! Also, the staff of Chickasaw County, thank you for all your work and dedication to residents and property owners of Chickasaw County!!

## Have an opinion? Write a letter!

The New Hampton Tribune welcomes letters to the editor. Deadline for letters is noon on Fridays, and all letters must be signed and include a phone number for verification purposes. To submit a letter to the editor or a Guest View, e-mail editor@nhtrib.com.

# I gave those lawmakers that earful at recent forum, and now it’s your turn

I am writing to urge the New Hampton Tribune to thoroughly cover the recent and unprecedented changes to Iowa’s civil rights laws, specifically the removal of gender identity protections.

These legislative actions have far-reaching consequences for transgender and nonbinary individuals in our community.

As a librarian in Iowa, I have seen firsthand how misinformation is weaponized to justify laws that strip rights from citizens with no evidence to support the decision.

Supporters of these changes, such as Senator Salmon and Representative Thomson, repeatedly fail to back their bombastic claims, and instead pontificate and fabricate

**Letter to the Editor**

or simply flee accountability by avoiding difficult subject and leaving as quickly as possible.

Representative Thomson, for instance, falsely asserted that the Waukeke Public Library faced legal trouble over obscenity complaints, when in reality, the only complaint involved a “Blind Date with a Book” program—an initiative also hosted by other Iowa libraries, including my own.

Furthermore, Thomson misrepresented the cost of gender-affirming healthcare in Iowa’s prison system, stating that it exceeds \$1 million per year.

This could not possibly be accurate,

as Iowa prisons cover no cosmetic procedures and hormone replacement therapy costs about \$30/month. He also perpetuated the baseless fear that schools have no recourse when a transgender student commits sexual assault in a restroom, despite admitting that no such incident has occurred in Iowa. Of course, the judicial system would handle a sexual assault, even if it occurred in a public school.

In my professional life as a registered nurse, if I were to change a longstanding policy with no evidence-based practice (in the biz, we call that EBP, and it dictates everything we do), and then I lied to my patients about the change, and that change resulted in harming my patients, I would face two repercus-

sions: I would lose my job and never be allowed to practice as a nurse again.

Despite peaceful pleas and protests, trans and nonbinary Iowans are no longer protected by anti-discrimination laws.

This legislation harms their ability to get housing, healthcare, and employment.

Legislators cite some bizarre claim that trans people are a threat to women.

I am a woman, and I reject the claim. Statistics reject the claim. The majority of Iowans reject this claim. What does threaten women, (and men, and nonbinary friends) is the erosion of human rights based on misinformation.

I acknowledge the challenge of the New Hampton Tribune's position in this political climate.

I am also challenged in providing an inclusive, safe learning and community gathering space for everyone, and to support thorough research and critical thinking, in an era that will be marked in history books by American division and misinformation.

I implore the New Hampton Tribune to provide the public with accurate, fact-based coverage.

Our community deserves to know the truth about the laws being passed and the impact they will have on our neighbors, friends, and families.

**India Watson, Ionia Community Library director**



On Tap for Chickasaws, Trojans

**MONDAY**  
New Hampton girls track at Wartburg indoor meet, 2:30 p.m.

**TUESDAY, MARCH 18**  
New Hampton boys track at Wartburg indoor meet, 2:30 p.m.

New Hampton girls track at Mason City indoor meet, 3:30 p.m.

**WEDNESDAY, MARCH 19**  
New Hampton Letterman's Club Lift-a-Thon, middle school at 3:35 p.m., high school girls at 5 p.m., high school boys at 5:15 p.m.

Chickasaw Athletic Booster Club meeting, 5 p.m., New Hampton Middle/High School Cafeteria.

**FRIDAY, MARCH 21**  
Turkey Valley boys and girls track at UIC Indoor, Luther College, 4 p.m.

**TUESDAY, MARCH 25**  
New Hampton boys and girls track at NEIC Indoor, Luther College, 4:30 p.m.

**TUESDAY, APRIL 1**  
New Hampton trapshooting vs. South Winneshiek and Oelwein, 4 p.m., doubles vs Oelwein, 6 p.m.

Fredericksburg Sportsman's Club.

**THURSDAY, APRIL 3**  
New Hampton trapshooting vs. Echo Valley and Butler County, Fredericksburg Sportsman's Club, 4 p.m.

New Hampton girls and boys soccer vs. Charles City, 5 p.m.

New Hampton girls and boys track at Waverly-Shell Rock Coed Invitational, 5 p.m.

BOWLING

COFFEE CUP

| STANDINGS                                                                                    | W  | L  |
|----------------------------------------------------------------------------------------------|----|----|
| Geerts Plumbing                                                                              | 24 | 12 |
| Vern Laures Auto                                                                             | 23 | 13 |
| Dak's Tap                                                                                    | 20 | 16 |
| Mid-Tech Services                                                                            | 17 | 19 |
| Hugeback-Johnson                                                                             | 14 | 22 |
| Rochford Insurance                                                                           | 10 | 26 |
| <b>MARCH 11 WEEK 21</b>                                                                      |    |    |
| Rochford Insurance 4, Hugeback- Johnson 0                                                    |    |    |
| Vern Laures Auto 2, Geerts Plumbing 2                                                        |    |    |
| Dak's Tap 3, Mid-Tech Services 1                                                             |    |    |
| <b>LEADERS</b>                                                                               |    |    |
| <b>High individual games:</b>                                                                |    |    |
| Rita Geerts 204, Diane Nehl 198, Kristy Kirkus 191.                                          |    |    |
| <b>High individual series:</b>                                                               |    |    |
| Geerts 546, Nehl 540, Kirkus 519.                                                            |    |    |
| <b>High team games:</b> Mid-Tech Services 450, Dak's Tap 443, 441.                           |    |    |
| <b>High team series:</b> Dak's Tap 1,266, Rochford Insurance 1,243, Mid-Tech Services 1,238. |    |    |
| <b>MOST PINS OVER AVG. (GAME)</b>                                                            |    |    |
| Karen Denner 81.                                                                             |    |    |
| <b>MOST PINS OVER AVG. (SERIES)</b>                                                          |    |    |
| Denner 105.                                                                                  |    |    |
| <b>Splits converted</b>                                                                      |    |    |
| Linda Lechtenberg 3-4-7-8-10.                                                                |    |    |
| <b>Karen Schmitt, Secretary</b>                                                              |    |    |

Chickasaw Women's Pool

| Week 19 March 5                                           | W  | L   | GB |
|-----------------------------------------------------------|----|-----|----|
| Kenny's Tavern I                                          | 99 | 72  | 0  |
| Dak's Tap I                                               | 98 | 73  | 1  |
| Bowlaway Lanes                                            | 94 | 77  | 5  |
| Kenny's Tavern II                                         | 93 | 78  | 6  |
| NH Country Club                                           | 92 | 79  | 7  |
| Hide A Way                                                | 85 | 86  | 14 |
| Dak's Tap II                                              | 62 | 109 | 37 |
| The Office                                                | 61 | 110 | 38 |
| <b>RESULTS</b>                                            |    |     |    |
| NH Country Club - 6, Kenny's Tavern I - 3                 |    |     |    |
| Dak's Tap I - 6, Hide A Way - 3                           |    |     |    |
| Bowlaway Lanes - 8, Dak's Tap II - 1                      |    |     |    |
| Kenny's Tavern II - 9, The Office - 0                     |    |     |    |
| <b>THREE-GAME WINNERS</b>                                 |    |     |    |
| NH Country Club - Leslie Noehl & Cathy Knutson            |    |     |    |
| Bowlaway Lanes - Krissy Anderson & Ann Crook;             |    |     |    |
| Maria Roethler & Carrie Geerts                            |    |     |    |
| Kenny's Tavern II - Karen Schwier & Sue Matthews;         |    |     |    |
| Dawn Philo & Carie Gorman; Michelle Rosonke & Jess Heying |    |     |    |



New Hampton senior Kinsley Hackman (above) sprints to the finish line in the 55-meter dash while Chickasaw teammates Riley Vsetecka and Gretta Kuehner (below) compete in the 400 at an indoor track meet that was held at Wartburg College on Monday afternoon.

Chickasaw girls get chance to compete

New Hampton opens track season that will focus on quality, not quantity

By Kelly Terpstra  
sports@nhtrib.com

Leave it to good old Mother Nature to bring out the sun on Monday with a mercury that eclipsed 70 degrees in technically the third week of March.

Welcome to Iowa, where outdoor enthusiasts or pretty much anybody that lives in middle America takes the good with the bad when it comes to outside elements.

Yes, it was definitely shorts weather in a month that can be as unpredictable as a roulette wheel.

Of course that meant that same sunny and unseasonably warm spring day coincided with the start of the indoor track season for prep athletes across Iowa.

If that doesn't make sense, you haven't lived in Iowa long enough.

That indoor get-together included the New Hampton Chickasaws girls squad and their head coach Jeanette Laures, who didn't have far to travel to take part in the Wartburg Indoor meet down in Waverly.

Laures, who officially began her 20th season as Chickasaws' head coach at that meet held on the campus of her alma mater – Wartburg College – had this to say about what would have been a perfect day to run, jump and throw – outside.

"It never fails. It happens like that every single year. Then watch the outdoor season and it's probably going to snow again," laughed Laures.

In all seriousness, a snowflake-filled spring day this far up north in Iowa is certainly not out of the question – but neither are fast times produced this early for Laures' Chickasaws. NH won't sport a large roster (22 kids out), but the Chickasaws will feature plenty of key returnees and exciting newcomers that will definitely be worth the price of admission this spring if you're planning on taking in a high school track and field event.

"We know that every single one of the girls that we have is going to play a key role on the team in some way. Our job is always to find the best ways that we can utilize everybody's talent," said Laures. "We might end up moving kids from one event to another because maybe they can help the team out in a different way that they did in the previous year just because we don't have a lot of kids. They are all very athletic and talented kids. We want to find a very positive role for all of our girls."

Laures – who took over the reins of New Hampton's girls track and field program in 2006 – returned to her roots (she's a 2000 Wartburg grad) on Monday at the orange inside oval that featured a whole host of teams from all across the state.

There was southeast Iowa's Class 4A Ottumwa, 1A's Clarion-Goldfield-Dows and South Tama, who competes in Class 3A. Powerhouse girls programs like Iowa City West, Waukee Northwest and West Des Moines Valley also rubbed shoulders with the rest of the co-ed field – though the "big boys" often only bring their younger JV runners to compete indoors, but not always.

Like Laures has stated before – you get a little bit of everything at an indoors meet with the official start of spring still a week away.

"There aren't very many indoor meets around. They travel. At these indoor meets you get everything from your 1A to 4As. You might have a state champion and then you might have someone who's never done track before," said Laures. "It's kind of fun to watch all levels of competition."

What will surely be fun to watch this spring is New Hampton's progression as the Chickasaws' stars pick up speed as the season moves into April and Laures' underclassmen start to make their mark.

To put it simply, this is just the start of what should be another impressive run for New Hampton.

"We always look at our indoor meets as scrimmages to kind of see where we



New Hampton's Capri Lester focuses on the finish line as she runs the 200.

are. We try to get girls in a lot of different events so we can see where our strengths and weaknesses are," said Laures. "Nothing about that changes."

Back this year for New Hampton are seasoned veterans in seniors Taylor Ries, Kinsley Hackman and Natalie Noshisch. That award-winning Chickasaw trio is no stranger to the blue oval down in Des Moines at the state meet as each has hauled in state medals and has been competing on that fast track since freshmen.

"We look for Taylor and Kinsey as returning letterwinners and state qualifiers in multiple events over the last several years to be really key performers for us this year," said Laures. "They've done a great job of leading the team through all of our warmups and setting a very positive tone on the team."

Ries placed 10th in the 400 hurdles (1:07) last year and was 20th in that same event as a sophomore. She ran the opening leg a year ago on NH's 4x400 relay at state that just missed the finals. She also ran the first leg on the Chickasaws' 4x800 state team, which finished 13th in

2024. Noshisch anchored that relay and ran in the 1,500 and 3,000 runs at state as a ninth-grader.

Laures talked about Ries – who is ready to roll this spring in what will be her final go-round.

"She works really hard in the offseason to prepare her conditioning for track," said Laures.

"I look for really big things from her this year. She's focused and ready to enter the year and maybe get some hardware down at the state meet."

Also back for New Hampton that ran at state is junior Madison Shawver, the lead leg on last year's 16th-place state sprint medley squad along with Hackman and Ries.

Hackman placed 19th in the open 400 last year and had to overcome the dreaded lane eight, up against the wall at Drake Stadium.

Hackman ran 8.10 in the 55-meter dash prelims on Monday, which was good for 16th place.

Another major piece of the puzzle for New Hampton in 2025 is sophomore Sophie Glaser, who ran the third leg on that aforementioned state 4x800 team last year. Glaser ran second leg in that event on Monday and helped propel New Hampton to a number-two finish in 10:41 with the squad of Ries, freshman Adrianna Kinley and sophomore Kinslee Rings.

NH's 4x400 relay, comprised of Ries, sophomore Capri Lester, freshman Jersey Pemble and Rings placed fifth in 4:26. The Chickasaws' 4x200 relay also placed fifth in 1:55 with the foursome of freshman Aleigha Cahoy, Shawver, sophomore Ava Leichtman and Hackman.

Glaser ran to an eighth-place finish in the open 800 in a time of 2:44.

New Hampton travels to Mason City next Tuesday for the Riverhawk Invite and concludes the indoor portion of its season at Luther Decorah College in Decorah at the NEIC meet on Tuesday, March 25.

| NEW HAMPTON RESULTS |                                                            |
|---------------------|------------------------------------------------------------|
| 55 dash prelims -   | 16. Kinsley Hackman 8.10, 25. Madison Shawver 8.39.        |
| 55 hurdle prelims - | 27. Kadence Rings 10.82.                                   |
| 200 dash -          | 17. Capri Lester 29.63, 32. Rings 31.52.                   |
| 400 dash -          | 23. Gretta Kuehner 1:13.54, 25. Riley Vsetecka 1:14.43.    |
| 800 run -           | 8. Sophie Glaser 2:44.99, 16. Ella Knutson 2:55.83.        |
| 1,500 run -         | 16. Juanita Cardona 6:15.29.                               |
| High jump -         | 14. Adrianna Kinley 4-4, 20. Jersey Pemble 4-2.            |
| Long jump -         | 17. Bailee Tenge 13-4.5.                                   |
| Shot put -          | 17. Braelyn Rosonke 26-9, 23. Sydney Laures 24-1.5.        |
| 4x200 -             | 5. Aleigha Cahoy, Shawver, Ava Leichtman, Hackman 1:55.95. |
| 4x400 -             | 5. Taylor Ries, Lester, Pemble, Kinslee Rings 4:26.03.     |
| 4x800 -             | 2. Ries, Sophie Glaser, Kinley, Ki. Rings 10:41.67.        |

Sports Briefs

IHSAA announces new football districts

New Hampton's football district for the next two seasons is going to look very much like the one it has had for the past two years.

Save for swapping out Oelwein for Forest City, Class 2A, District 3 didn't change that much when the Iowa High School Athletic Association made its every-other-year changes to Iowa's football districts and group last Wednesday.

The new District 3 includes the Chickasaws, Crestwood, Forest City, North Fayette Valley, Osage and Waukon.

Meanwhile, Turkey Valley will remain in eight man's District 3, but its district changed more dramatically than the Chickasaws' as three new schools – Dunkerton, Janesville and Tripoli – were placed in the district that also includes holdovers Don Bosco, Waterloo Christian and West Central.

The 2025 announcement marked the second cycle with a socioeconomic factor added for football classifications.

Approved in 2023 by the State Board of Education, the classification adjustment will reduce 40 percent of a school's free or reduced lunch (FRL) count from its annual enrollment to determine their final classification number.

As in the past, the IHSSA will announce schedules for teams later this spring.

Lift-A-Thon set for Wednesday

New Hampton High School and Middle School student-athletes are heading to the weight room next week as the Lettermen's and Letterette Clubs hold their annual Lift-A-Thon to raise funds for new weights, accessories and speed and agility equipment.

The event will be held on Wednesday, March 19, with middle school students lifting at 3:45 p.m. and high school athletes taking over at 5 p.m.

Student-athletes raise money by seeking pledges from family, friends and community members based on the amount of weight they bench press during the event.

For more information on how to donate to the fundraiser, reach out to a student-athlete or call Dennis Pagel, Jordan Rommes, Cory McDonald or Krissy Anderson at 641-394-2134.

News Briefs

St. Pat's pork chop dinner set for this Sunday

A grilled pork chop is on the menu for the St. Patrick's 39th drive-through supper this Sunday.

The Alta Vista Municipal Hall is where those hungry souls can pay and pick up the meal, which will include a grilled pork chop, dressing, corn, potatoes and gravy, coleslaw and pie. Serving is from 3 to 6 p.m.

Tickets are \$16 in advance for adults and children – or \$17 at the door – and are available from parishioners or New Hampton Fareway, AV Express in Alta Vista or Security State Bank in New Hampton and Elma.

Raffle tickets are also available.

In case of inclement weather, a snow date has been set on March 23.

LifeServe blood drive is March 25

There will be a LifeServe community blood drive on Tuesday, March 25 at the New Hampton Community Center, 112 E. Spring St. New Hampton, from noon until 5:30 p.m.

Appointments are encouraged and may be made by texting LIFESERVE to 999-777, by calling 800-287-4903 or by visiting the website at lifeserve.info/schedule.

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Supervisors want to talk with treasurer about decision to cut only half a position

SUPERVISORS: FROM 1

department’s requests from GB and General Supplemental (GS).

That drew the ire of Jeremy McGrath, one of two Board of Health members who attended the meeting. During that meeting last week, McGrath said that the department will probably have to eliminate home care services, which account for 84 percent of Public Health’s revenues.

“By eliminating home health, we’re eliminating the revenue,” he said, “so that seems ass backwards to me. The department that makes the most revenue in the county is the one [you’re] cutting the most by over double, basically half of what you need, that makes no sense.”

The Board of Health, meanwhile, met on Friday and agreed to institute a wage freeze, cut three of its 14 employees and also reduce the county’s environmental health director from 35 to 30 hours a week.

Public Health Administrator Lisa Welter said before Tuesday’s meeting that her department will have to do away with its homemaker services that range from helping residents with cooking, getting groceries, cleaning and laundry.

Supervisors, though, said last week the growing deficit between expenditures and revenues gave them little choice. That deficit for 2023-24 was \$428,702.60, according to a document that Board of Health member Joan Knoll passed out to supervisors during the meeting.

“I know that probably gets rid of home care, but it’s not part of the state code,” Supervisor Scott Cerwinske said, “and we’re losing money and we can’t afford it. ... The way I look at it is you guys are losing the largest amount. I mean \$428,000 is a lot of money.”

McGrath said he was frustrated that while some departments began the process with relatively large increases to their budgets, Public Health had requested a 1 percent increase in the budget it submitted to supervisors.

“Maybe we made the mistake by running a tight budget and trying to be fiscally responsible as we could,” he said. “I guess we should have padded the hell out of it.”

NOT THAT OTHER

departments and others who receive county funding were spared.

The issue supervisors have said for weeks is that the proposed GB budget expenditures left the county \$363,000 short of reaching its goal of having the recommended 25 percent ending fund balance at the end of the fiscal year. They have also pointed out its combined GB and GS expenditures in 2025-26 were \$749,000 more than its projected fiscal year revenues.

Board members began last week’s meeting “leading by example,” as Board Chairman Jake Hackman put it, and cut more than \$40,000 from its GB/GS budgets. They agreed to not take a pay raise in 2025-26 and also scaled back on expenses like mileage and lodging, which accounted for about \$20,000 in GB savings.

And then after more than an hour of discussion, they went to work on budgets. By the time they were finished, they had sliced about \$535,000 from GB budgets. While Public Health’s \$250,000 cut in GB was the highest, the Sheriff’s Office had \$130,000 trimmed, the Treasurer’s Office lost \$50,000, non-departmental expenditures were cut \$30,000, the Auditor’s Office lost \$25,000, Environmental Health was cut \$15,000, the Recorder’s Office

had \$10,000 trimmed and Veterans Affairs took a \$5,000 cut.

AFTER THE BOARD

returned from a short recess last Wednesday, Hackman said he had just learned that Bremer County had just announced that its Treasurer’s Office it will no longer be open to the public on Tuesdays.

“Change has to happen, and I know it’s tough,” Hackman said. “That’s a big county just south of us that is actually shutting the door to the Treasurer’s Office one day a week to the public. None of these decisions is easy, but if we don’t have the money to spend, we can’t spend it, right?”

Also on Wednesday, board members considered — and rejected — offering severance packages to employees the county will lay off. Supervisors two weeks ago reached a consensus to eliminate a position in the Treasurer’s Office, the Auditor’s Office, the Sheriff’s Office and Public Health and decided not to fill a half-time vacancy in Public Health.

Board members on Wednesday appeared to be inclined to offer laid-off employees two months of health insurance but indicated the county can’t afford to do things like pay out some of the sick leave employees have accrued.

“I’d be in favor of the health insurance for a couple of months,” Supervisor Steve Breitbach said. “It won’t affect the GB, but if we pay them some sort of severance package, I don’t think we have the money to do it.”

By Tuesday, even the health insurance seemed in jeopardy because there is a chance the money to pay those premiums would have to come from GB.

MAYBE THE MOST

contentious part of Tuesday’s meeting came with the news that Treasurer Matt Ysbrand’s resubmitted budget does not include the elimination of one full-time position.

Ysbrand said his budget includes the elimination of one-half of a position, with the half position being picked up by the Auditor’s Office, which had the resignation of clerk Mellisa Johnston approved during the regular Board of Supervisors meeting Monday.

“My intention is probably cut down the other half of that when we have a retirement,” Ysbrand said during Tuesday’s meeting.

“Is than an option? Because I would have liked to do that,” Welter said. “I have retirements coming up in the next couple of years.”

It appeared that three supervisors — Cerwinske, Issac Carter and Breitbach — first learned about the proposal during Tuesday’s meeting, and all three, along with Hackman and Travis Suckow, said they want to meet with Ysbrand during Monday’s meeting.

“I guess I was gone the week it was thrown out there to begin with,” Ysbrand said. “My revenue is increasing by \$100,000 and I agreed to cut half of an employee or I proposed that. I also have another budget that [Auditor] Sheila [Shekelton] has that would cut the full employee.

‘... If we’re bringing in another \$100,000 and I’m cutting half of an employee, that’s why I presented this budget. I don’t feel like I had a chance to defend my department.”

McGrath, meanwhile, continued to ask how Public Health could have its current fiscal year budget chopped 23 percent while some other departments were receiving increases, albeit smaller than proposed.

He also pointed out that the

Board of Supervisors, despite the cuts they made, will still have a slightly larger budget next year than it has this year.

That drew the ire of Suckow. “Your letter that you wrote everybody,” Suckow said to McGrath, “you’re right I didn’t cut anything out of my budget this year, except for I said I was willing to adjust my wages. But I eliminated my health care last year, \$9,000. I did add a little bit of mileage ... because I think that’s important to do your job. But I’m going to tell you also as of now, my mileage is gone. ... So my two meetings in Postville, one in Mason City and one in Waterloo is on me.”

With his voice rising in anger, Suckow added that “don’t tell me I’m not cutting. You want to go at somebody, go ahead.”

When the budget discussion was finally over, County Attorney David Laudner asked the question on everyone’s mind: “Are you comfortable with it?”

Board members began the process last month with a \$749,000 gap between GB and GS expenditures and revenues. The numbers on the screen Monday showed GB and GS expenditures are now \$306,000 more than revenues.

Last month, most supervisors said they wanted to find the \$363,000 needed to have GB with the recommended 25 percent ending fund balance.

Legal Notice

THE IOWA DISTRICT COURT  
CHICKASAW COUNTY  
IN THE MATTER OF THE ESTATE  
OF SANDRA L. MAHAN Deceased  
Probate No. ESPR003278  
NOTICE OF PROBATE OF WILL,  
OF APPOINTMENT OF EXECUTOR,  
AND NOTICE TO CREDITORS

To All Persons interested in the Estate of Sandra L. Mahan, Deceased, who died on or about December 26, 2024.

You are hereby notified that on the 25th day of February, 2025, the last will and testament of Sandra L. Mahan deceased, bearing the date of the 4th day of December, 2020, was admitted to probate in the above-named court and that David Brunning was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated This 10th day of March, 2025.

David Bruning  
Executor of estate  
9 ½ E. Main St., Apt. 2  
New Hampton, IA 50659

Christopher F. O'Donohoe  
ELWOOD, O'DONOHOE,  
BRAUN & WHITE, LLP  
Attorney for executor  
101 North Locust Avenue,  
P.O. Box 310  
New Hampton, Iowa 50659  
ICIS Pin #: AT0005848

Date of second publication  
20th day of March, 2025.

No. 24720  
3/13/25 New Hampton Tribune  
3/20/25 New Hampton Tribune  
www.iowapublicnotices.com

At the time, a number of supervisors said they wanted to get closer to a balanced budget, especially with concerns about how the Legislature will affect

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CHICKASAW COUNTY  
BOARD OF SUPERVISORS'  
MINUTES March 3, 2025

The Board convened on Monday, March 3, 2025, at 9:03 AM with members Breitbach, Carter, Cerwinske, Suckow and Hackman present in the Boardroom on the second floor of the Court House, New Hampton, Iowa. Chairperson Hackman called the meeting to order. Also present were Board Secretary Sheila Shekleton, Attorney David Laudner, Bob Fenske, member of media, Conservation Director Chad Humpal, Sheriff Ryan Shawver, Custodian Dave Gorman, Treasurer Shirley Troyna, Engineer Roman Lensing, Public Health Director Lisa Welter, Terry Johnson, Kathy Shekleton, Assessor Raymond Arnel.

Motion by Suckow, seconded by Cerwinske to approve the agenda for March 3, 2025. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Breitbach to approve minutes for meeting on February 24, 2025 and February 27, 2025. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Carter to approve amendment for a Class C Retail Alcohol License which expires May 22, 2025 for Town and Country Club for an ownership update. Roll Call: All Ayes: Motion carried.

Motion by Breitbach, seconded by Suckow to approve a Class C Retail Alcohol License for Jerico Jo’s for a 12-month term. Roll Call: All Ayes: Motion carried.

Public comment: Supervisor Hackman shared the City of Nashua’s readit and Attorney Laudner shared he was working with the City of Nashua’s attorney.

Discussed and reviewed bids for Chickasaw County Bridge.

Motion by Suckow, seconded by

|          |                            | BUDGET FY 24-25 | Budget Amendment 1 | Budget Amendment 2 | TOTAL Budget FY 24-25 |
|----------|----------------------------|-----------------|--------------------|--------------------|-----------------------|
| DEPT. NO | DEPT                       |                 |                    |                    |                       |
| 5        | SHERIFF                    | \$ 2,381,678.00 | \$ 26,748.00       | \$ 500.00          | \$ 2,408,926.00       |
| 20       | CO ENGINEER                | \$ 8,630,232.00 | \$ 345,000.00      | \$ 500,000.00      | \$ 9,475,232.00       |
| 22       | CONSERVATION               | \$ 665,632.00   |                    | \$ 15,000.00       | \$ 680,632.00         |
| 26       | HERITAGE CENTER            | \$ 356,720.00   |                    | \$ 50,000.00       | \$ 406,720.00         |
| 32       | ENVIRONMENTAL HEALTH       | \$ 89,686.00    |                    | \$ 20,000.00       | \$ 109,686.00         |
| 37       | EMERGENCY MEDICAL SERVICES | \$ 1,015,754.00 | \$ 46,805.00       |                    | \$ 1,062,559.00       |
| 51       | GENERAL SERVICES           | \$ 1,002,802.00 | \$ 15,000.00       |                    | \$ 1,017,802.00       |
| 99       | TRANSFER TO GENERAL BASIC  |                 |                    | \$ 300,000.00      | \$ 300,000.00         |

|                                   | TOTAL BUDGET AS CERTIFIED ON LAST AMENDMENT | Budget Amendment 2 | TOTAL BUDGET AFTER CURRENT AMENDMENT |
|-----------------------------------|---------------------------------------------|--------------------|--------------------------------------|
| SERVICE AREAS                     |                                             |                    |                                      |
| PUBLIC & LEGAL SAFETY             | \$ 4,105,082.00                             | \$ 500.00          | \$ 4,118,882.00                      |
| PHYSICAL HEALTH & SOCIAL SERVICES | \$ 1,827,227.00                             | \$ 20,000.00       | \$ 1,847,227.00                      |
| COUNTY ENVIRONMENT AND EDUCATION  | \$ 928,270.00                               | \$ 15,000.00       | \$ 943,270.00                        |
| ADMINISTRATION                    | \$ 2,343,710.00                             | \$ 50,000.00       | \$ 2,393,710.00                      |
| CAPITAL PROJECTS                  | \$ 801,721.00                               | \$ 300,000.00      | \$ 1,301,721.00                      |
| OPERATING TRANSFER OUT            | \$ 2,811,676.00                             | \$ 300,000.00      | \$ 3,111,676.00                      |

PASSED, APPROVED, AND AD- OPTED THIS 3RD DAY OF MARCH, 2025. /ss/ Ayes: Cerwinske, Breitbach, Suckow, Carter, Hackman Attest: Sheila Shekleton, Auditor Detailed document on file at Auditor’s office and on county’s website https://www.chickasaw-county.iowa.gov

Motion by Breitbach, seconded by Suckow to approve RESOLUTION 03-03-25-10 A RESOLUTION APPROVING THE MINOR SUBDIVISION PLAT OF: Parcel 2025-7 IN the SE1/4 OF THE SE1/4 OF section 29 all in Township 96 NORTH, Range 12 WEST OF THE 5TH P.M., Chickasaw County, Iowa WHEREAS, ON THE 3rd day of March, 2025 at a regular meeting by the Board of Supervisors, Chickasaw County, Iowa a minor subdivision plat of Parcel 2025-7 IN the SE1/4 OF THE SE1/4 OF section 29 all in Township 96 NORTH, Range 12 WEST OF THE 5TH P.M., Chickasaw County, Iowa has now been considered and should be approved. NOW THEREFORE, it is hereby resolved by the Board of Supervisors, Chickasaw County, Iowa that said Minor Subdivision Plat be approved, accepted and the Chairman is hereby directed to certify this Resolution of Approval. PASSED AND APPROVED on this 3rd DAY OF MARCH, 2025. /ss/ Ayes: Breitbach, Suckow, Carter, Cerwinske, Hackman Attest: Sheila Shekleton, Auditor Detailed document on file at Auditor’s office and on county’s website https://www.chickasawcounty.iowa.gov

Discussed Resolution No. 03-09-20-21 Township Trustee and Clerk Compensation.

Discussed repair for the water damage at the Heritage Center

Motion by Suckow, seconded by Cerwinske to approve quote for sprinkler system drain for \$2,850.00 from Blackhawk Sprinkler for the Heritage Center. Roll Call: All Ayes: Motion carried.

Motion by Breitbach, seconded by Cerwinske to approve invoice from Team Services for \$16,886.00 for contract drilling services at the landfill. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Carter to approve quote from Solinst for \$682.00 for a water level meter for the landfill. Roll Call: All Ayes: Motion carried.

Recessed: 10:03 A.M.

Convened: 10:05 A.M.

Budget work session:

Motion by Breitbach, seconded by

revenue in future years.

Hackman, in response to Laudner’s question, said he was, but other supervisors hedged a bit.

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Breitbach to approve RESOLUTION #03-03-25-07 that awards contract to Minnowa Construction, Inc. for \$1,599,694.69 and authorize Chickasaw County Engineer Roman Lensing to sign contract on the Chickasaw County Board of Supervisors’ behalf. PASSED, APPROVED, and adopted this 3rd day of March 2025 the vote thereon being as follows: /ss/ Ayes: Suckow, Breitbach, Cerwinske, Hackman. Abstained: Carter. Attest: Sheila Shekleton, Auditor Detailed document on file at Auditor’s office and on county’s website https://www.chickasawcounty.iowa.gov

Discussed Secondary Roads updates with Engineer Roman Lensing.

Motion by Cerwinske, seconded by Suckow to open public hearing for the Budget Amendment #2 for FY 24-25 at 9:13 A.M. Roll call: Ayes: Cerwinske, Suckow, Breitbach, Carter, Hackman. Motion carried.

No public comment and written.

Motion by Breitbach, seconded by Carter to close public hearing for the Budget Amendment #2 for FY 24-25 at 9:14 A.M. Roll call: Ayes: Breitbach, Carter, Cerwinske, Suckow, Hackman. Motion carried.

Motion by Breitbach, seconded by Suckow to approve RESOLUTION NO. 03-03-25-09 RESOLUTION FOR INTERFUND OPERATING TRANSFERS WHEREAS, it is desired to authorize the County Auditor to periodically transfer funds from the General Supplemental Fund to the General Basic Fund during the FY 2024-2025 budget year, and WHEREAS, said transfers must be in accordance with Section 331.432, Code of Iowa, and

NOW, THEREFORE, BE IT RESOLVED by the Board of Supervisors of Chickasaw County, Iowa, as follows:

1. Funds of \$300,000.00 were transferred from the General Basic Fund to the

“We’re getting closer,” said Breitbach, but supervisors wanted to hold off signing off until they talked to Ysbrand on Monday.

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General Supplemental Fund.

2. The County is planning to repay the General Basic Fund.

3. The total maximum transfers from the General Supplemental Fund to the General Basic Fund for the fiscal year beginning July 1, 2024 shall not exceed \$300,000.00.

4. The amount of any transfer shall not exceed available fund balances in the transferring fund.

The Auditor is directed to correct her books when said operating transfers are made and notify the Treasurer of the amounts of said transfers. PASSED, APPROVED, and adopted this 3rd day of March 2025 the vote thereon being as follows: /ss/ Ayes: Breitbach, Suckow, Carter, Cerwinske, Hackman Attest: Sheila Shekleton, Auditor Detailed document on file at Auditor’s office and on county’s website https://www.chickasawcounty.iowa.gov

Motion by Suckow, seconded by Hackman to remove the Sale of Vehicles \$13,300.00 expenditure from the Resolution 03-03-25-08 to Amend Department Appropriations for the Sheriff Department. Roll Call: All Ayes: Motion carried.

Motion by Cerwinske, seconded by Breitbach to approve RESOLUTION NO. 03-03-25-08 RESOLUTION TO AMEND DEPARTMENTAL APPROPRIATIONS WHEREAS the Board of Supervisors approved a Departmental Appropriations on June 10, 2024, for all departments for the fiscal year beginning July 1st, 2024 in accordance with Section 331.434, Subsection 6, Code of Iowa, and

WHEREAS, the appropriations approved on June 10, 2024, are hereby amended in accordance with the attached sheet for the following reasons and with no increase in current fiscal year taxes.

|          | Budget Amendment 1         | Budget Amendment 2 | TOTAL Budget FY 24-25 |
|----------|----------------------------|--------------------|-----------------------|
| DEPT. NO | DEPT                       |                    |                       |
| 5        | SHERIFF                    | \$ 26,748.00       | \$ 500.00             |
| 20       | CO ENGINEER                | \$ 345,000.00      | \$ 500,000.00         |
| 22       | CONSERVATION               |                    | \$ 15,000.00          |
| 26       | HERITAGE CENTER            |                    | \$ 50,000.00          |
| 32       | ENVIRONMENTAL HEALTH       |                    | \$ 20,000.00          |
| 37       | EMERGENCY MEDICAL SERVICES | \$ 46,805.00       |                       |
| 51       | GENERAL SERVICES           | \$ 15,000.00       |                       |
| 99       | TRANSFER TO GENERAL BASIC  |                    | \$ 300,000.00         |

|                                   | TOTAL BUDGET AS CERTIFIED ON LAST AMENDMENT | Budget Amendment 2 | TOTAL BUDGET AFTER CURRENT AMENDMENT |
|-----------------------------------|---------------------------------------------|--------------------|--------------------------------------|
| SERVICE AREAS                     |                                             |                    |                                      |
| PUBLIC & LEGAL SAFETY             | \$ 4,105,082.00                             | \$ 500.00          | \$ 4,118,882.00                      |
| PHYSICAL HEALTH & SOCIAL SERVICES | \$ 1,827,227.00                             | \$ 20,000.00       | \$ 1,847,227.00                      |
| COUNTY ENVIRONMENT AND EDUCATION  | \$ 928,270.00                               | \$ 15,000.00       | \$ 943,270.00                        |
| ADMINISTRATION                    | \$ 2,343,710.00                             | \$ 50,000.00       | \$ 2,393,710.00                      |
| CAPITAL PROJECTS                  | \$ 801,721.00                               | \$ 300,000.00      | \$ 1,301,721.00                      |
| OPERATING TRANSFER OUT            | \$ 2,811,676.00                             | \$ 300,000.00      | \$ 3,111,676.00                      |

Cerwinske to set the public hearing for March 24, 2025 at 9:00 A.M. in the Boardroom located on the 2nd floor of the Courthouse for the proposed property tax levy and direct the auditor to publish Notice of Public Hearing – Proposed Property Tax Levy and Maximum Property Tax Dollars for FY 2025-2026 in the New Hampton Tribune on March 13, 2025 and Nashua Reporter on March 14, 2025. Roll call: All Ayes: Motion carried.

Committee Assignments:  
Supervisor Carter, February 24, Pathways  
Supervisor Breitbach, February 24, Northeast Iowa Community Action  
Supervisor Hackman, February 26, CSS

Motion by Breitbach, seconded by Suckow to adjourn at 11:10 AM. Roll Call: All Ayes. Motion carried.  
Jacob Hackman, Chairperson  
Board of Supervisors  
ATTEST: Sheila Shekleton, Secretary to the Board

No. 24717  
3/13/25 New Hampton Tribune  
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CITY NAME: NOTICE OF PUBLIC HEARING - CITY OF ALTA VISTA - PROPOSED PROPERTY TAX LEVY  
ALTA VISTA Fiscal Year July 1, 2025 - June 30, 2026 CITY #: 19-161

The City Council will conduct a public hearing on the proposed Fiscal Year City property tax levy as follows:  
Meeting Date: 3/24/2025 Meeting Time: 05:00 PM Meeting Location: Alta Vista City Hall- 110 E Weber St. Alta Vista, IA 50603  
At the public hearing any resident or taxpayer may present objections to, or arguments in favor of the proposed tax levy. After the hearing of the proposed tax levy, the City Council will publish notice and hold a hearing on the proposed city budget.

City Website (if available) City Telephone Number (641) 364-2975

| Iowa Department of Management                                                 | Current Year Property Tax | Certified 2024 - 2025  | Budget Year Effective Property Tax | Effective 2025 - 2026 | Budget Year Proposed Property Tax | Proposed 2025 - 2026 |
|-------------------------------------------------------------------------------|---------------------------|------------------------|------------------------------------|-----------------------|-----------------------------------|----------------------|
| Taxable Valuations for Non-Debt Service                                       |                           | 3,657,269              |                                    | 3,679,933             |                                   | 3,679,933            |
| Consolidated General Fund                                                     |                           | 31,032                 |                                    | 31,032                |                                   | 31,224               |
| Operation & Maintenance of Public Transit                                     |                           | 0                      |                                    | 0                     |                                   | 0                    |
| Aviation Authority                                                            |                           | 0                      |                                    | 0                     |                                   | 0                    |
| Liability, Property & Self Insurance                                          |                           | 25,947                 |                                    | 25,947                |                                   | 25,949               |
| Support of Local Emergency Mgmt. Comm.                                        |                           | 0                      |                                    | 0                     |                                   | 0                    |
| Unified Law Enforcement                                                       |                           | 0                      |                                    | 0                     |                                   | 0                    |
| Police & Fire Retirement                                                      |                           | 0                      |                                    | 0                     |                                   | 0                    |
| FICA & IPERS (If at General Fund Limit)                                       |                           | 5,988                  |                                    | 5,988                 |                                   | 6,986                |
| Other Employee Benefits                                                       |                           | 8,982                  |                                    | 8,982                 |                                   | 9,980                |
| Capital Projects (Capital Improv. Reserve)                                    |                           | 0                      |                                    | 0                     |                                   | 0                    |
| Taxable Value for Debt Service                                                |                           | 3,657,269              |                                    | 3,679,933             |                                   | 3,679,933            |
| Debt Service                                                                  |                           | 0                      |                                    | 0                     |                                   | 0                    |
| CITY REGULAR TOTAL PROPERTY TAX                                               |                           | 71,949                 |                                    | 71,949                |                                   | 74,139               |
| CITY REGULAR TAX RATE                                                         |                           | 19.67279               |                                    | 19.55171              |                                   | 20.14684             |
| Taxable Value for City Ag Land                                                |                           | 526,783                |                                    | 541,304               |                                   | 541,304              |
| Ag Land                                                                       |                           | 1,582                  |                                    | 1,582                 |                                   | 1,626                |
| CITY AG LAND TAX RATE                                                         |                           | 3.00313                |                                    | 2.92257               |                                   | 3.00375              |
| Tax Rate Comparison-Current VS. Proposed                                      |                           |                        |                                    |                       |                                   |                      |
| Residential property with an Actual/Assessed Valuation of \$100,000/\$110,000 |                           | Current Year 2024/2025 |                                    | Budget Year 2025/2026 |                                   | Percent Change       |
| City Regular Residential                                                      |                           | 912                    |                                    | 1,051                 |                                   | 15.24                |
| Commercial property with an Actual/Assessed Valuation of \$300,000/\$330,000  |                           | Current Year 2024/2025 |                                    | Budget Year 2025/2026 |                                   | Percent Change       |
| City Regular Commercial                                                       |                           | 4,023                  |                                    | 4,697                 |                                   | 16.75                |

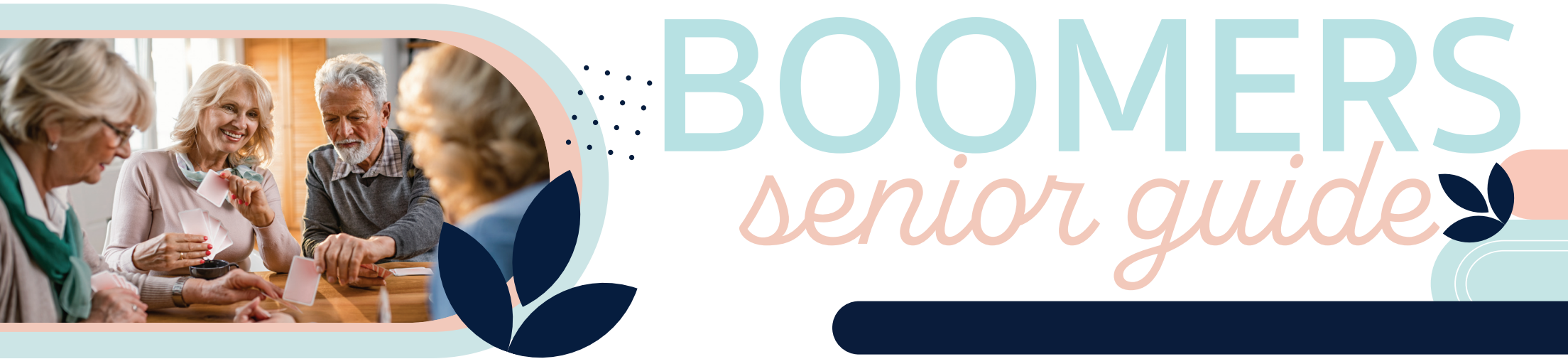
Note: Actual/Assessed Valuation is multiplied by a Rollback Percentage to get to the Taxable Valuation to calculate Property Taxes. Residential and commercial properties have the same rollback percentage through \$150,000 of actual/assessed valuation.

Reasons for tax increase if proposed exceeds the current:  
Increase in wages and insurance.

No. 24722  
3/13/25 New Hampton Tribune  
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# How to budget for retirement

The following are a few steps to creating a retirement budget.

After what feels like a lifetime in the workforce, retirement is a welcome change for many individuals. Upon retiring, people often engage in hobbies they may have previously relegated to the back burner. Travel opportunities increase in retirement, and retirees may live more relaxed and less stressful lives.

Stress stemming from a looming retirement can creep up for those people who have not taken the time to account for how their finances will change once they're no longer working. Without a consistent salary or other income coming in, retirees may have to

change their habits and spending accordingly. This is particularly true for those who did not sock away enough in retirement savings.

The key to enjoying retirement is creating a retirement budget and sticking to it. Budgeting sets retirees up for more enjoyable golden years. The following are a few steps to creating a retirement budget.

- Add up all of your income. As retirement nears, it can be helpful to sit down with a financial professional and calculate all of the income streams that ultimately will be replacing your paycheck. These include Social Security benefits, tax-advantaged retirement accounts like IRAs and 401(k)s, pensions, taxable investments, and even part-time earnings. This will give you a picture of projected income, which can be divided by the number of years you expect to spend in retirement.

- Figure out your mandatory expenses. Charles Schwab suggests considering the spending items that you will really need in retirement. These can include housing, utilities, clothing, medical insurance costs, and transportation. These needs may change through the years, so the budget can be reevaluated each year.

- Calculate any discretionary expenses. Spending that falls in the "want" territory

may include travel, hobbies, gifting family members like grandchildren, and any big purchases like a boat or vacation time-share.

- Consider expenses that may go up. While certain expenses may go down, like commuting costs, grocery bills, and expenses related to children, bills for utilities, recreation, property taxes, and more likely will increase through the years.

- Compare projected income against projected expenses and see where the chips fall. If you find that income streams fall short, you may have to adjust investments before your retirement or you may have to take a part-time job after retirement. Sometimes spouses may not be able to retire at the same time if one person's salary will be needed to continue covering all expenses.

- Don't overlook health care. Although you may be covered by Medicare and an insurance plan from a former employer, supplemental premiums and out-of-pocket costs may continue to rise during retirement. According to the 2024 Fidelity Retiree Health Care Cost Estimate, on average, a 65-year-old person may need \$165,000 in after-tax savings to cover health care expenses.

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# Keep your brain sharp as you age

Older adults interested in strengthening their brains may want to consider these strategies.

Cognitive decline is on the minds of many adults as they get older. Memory loss and trouble processing things can sometimes be a side effect of aging, as Everyday Health says the brain changes in size and structure as a person gets older. These changes can affect how well the brain works over time. Furthermore, illnesses affecting the brain, such as Alzheimer's disease, may start showing their symptoms in people when they've reached their mid-60s, says the National Institute on Aging.

Cognitive decline and dementia are not a certainty of aging. But older adults interested in strengthening their brains may want to consider these strategies.

**ADDRESS HIGH BLOOD PRESSURE**  
High blood pressure can

increase the risk of heart disease and stroke. Maintaining healthy blood pressure and cholesterol levels is associated with better cognitive function, according to data published in 2021 in the Journal of Alzheimer's Disease.

**USE ALL YOUR SENSES**  
Harvard Health says the more senses used in learning something, the more of the brain that is involved in retaining the memory. Studies have shown that images paired with pleasant aromas leads to better recall later on.

**EXERCISE REGULARLY**  
Staying physically active helps maintain blood flow to the brain, which also helps reduce the risk for hypertension.

**EAT BRAIN-HEALTHY FOODS**  
According to Cone Health Medical Group, studies show eating fish rich in omega-3 fatty acids, like tuna, salmon

and mackerel, decreases risk for cognitive decline. People should avoid saturated fats, trans fats and hydrogenated oils.

**READ AND WRITE FREQUENTLY**  
According to a study in the journal Neurology, regular reading and writing in one's older years reduced the rate of memory decline by 32 percent. Joining a book club or simply reading more on one's own can improve cognition. Similarly, writing improves memory and communication abilities and can help strengthen the brain as well.

**DRINK HEALTHY BEVERAGES**  
Tea and coffee can improve alertness and focus, as they're rich in polyphenols and antioxidants. A Place for Mom says caffeine in these beverages can help solidify new memories. Avoid drinking sugary beverages and limit consumption of alcohol, as neither boasts brain-boosting properties.

# Managing Medicare Rules

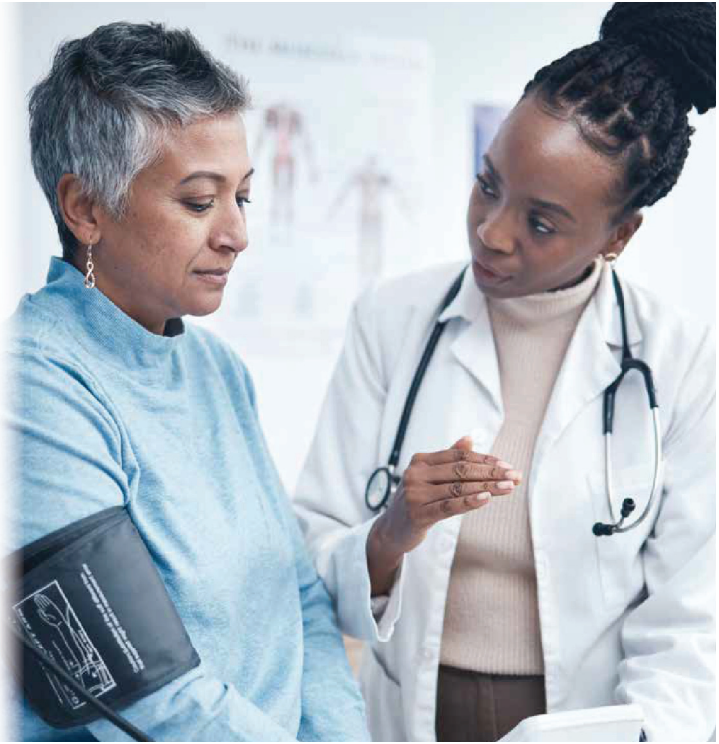
While Medicare provides critical health care assistance to seniors, it doesn't cover everything.

Understanding which services are and are not part of the Medicare plan can help you put a plan in place before you have a pressing health issue.

**EYE EXAMS**  
Medicare typically does not cover routine eye exams, eye-glasses or contact lenses, except in specific situations like post-cataract surgery and diabetic eye exams. Consider private vision insurance plans or the discounted vision services provided by organizations like AARP to manage these costs.

**DENTAL WORK**  
Most dental procedures are not covered — including routine cleanings, dentures and fillings. Seniors may need to obtain separate dental insurance or find low-cost dental clinics and discount programs.

**HEARING AIDS**  
Hearing aids are not covered, so many seniors end up paying out of pocket. Others turn to supplemental insurance plans that include hearing aid benefits or take advantage of community programs that offer financial support for these



essential devices.

**PODIATRY SERVICES**  
Medicare covers certain treatments for foot conditions, but does not include routine foot care services. Look into Medicare Advantage plans that may offer enhanced podiatry coverage. Community health clinics may also provide free or low-cost services.

**NURSING HOME CARE**  
There is only limited coverage for nursing home care. Specifically, short-term skilled nursing care in a nursing home

or rehabilitation facility is covered after a hospital stay, but long-term custodial care or assisted living expenses are not. Look into your Medicaid eligibility or long-term care insurance options.

**CHIROPRACTIC SERVICES**  
Medicare provides coverage for spinal manipulation and certain chiropractic services related to specific medical conditions, but it does not extend to comprehensive ongoing chiropractic care.

**MASSAGE THERAPY**  
Massage therapy for general relaxation or wellness is usually not covered by Medicare. Look for practitioners who offer senior discounts or consider other therapies covered by Medicare like acupuncture and physical therapy.

**COSMETIC SURGERY**  
Medicare does not reimburse for elective cosmetic surgeries or procedures performed solely for aesthetic reasons. You'll have to explore private financing options or consider non-surgical cosmetic treatments.

**OVERSEAS CARE**  
Healthcare services obtained outside the United States are not generally covered by Medicare. Exceptions are made only for rare emergency situations or specific cases. Seniors who frequently travel or live part-time elsewhere should consider travel insurance or international health insurance.



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# Experiencing Hearing Loss?

Having trouble hearing? You're not alone: Some 55% of those over 75 have some sort of hearing loss. In adults aged 64-74, it's 22%.

There are many reasons why, but chief among them is the aging process itself. Presbycusis is diagnosed, and may involve changes to nerves used to hear, the blood flow to the inner ear or how the brain processes speech and sounds.

## SYMPTOMS OF HEARING LOSS

Presbycusis typically devel-

ops gradually, according to experts. Common indicators include challenges in hearing softer voices and difficulty understanding speech in a noisy place. Some find it hard to understand conversations over the phone. Sufferers may frequently ask friends and family to repeat themselves, wrongly perceive that others are not speaking loudly enough or mumbling, and turn up the volume on televisions and radios to levels that are uncomfortable to everyone else.

## PREVENTIVE MEASURES

In many cases, hearing loss could have been avoided. If your hearing is still in great

shape, practice good ear health. Steer clear of loud noises and use ear protection. A healthy diet can also help prevent hearing loss. Look for foods that are rich in nutrients like omega-3 fatty acids, potassium, zinc and magnesium. Doctors usually recommend fish, leafy greens, eggs and bananas. If your hearing is starting to fail, see a doctor right away. Neglecting the problem could make it worse.

## TREATMENT OPTIONS

Hearing loss can lead to related symptoms such as fatigue, dizziness, vertigo and tinnitus. Several factors can worsen presbycusis, including diabetes, long-term exposure to loud noises, inadequate cir-

ulation and certain medications. If left untreated, hearing loss can lead to strained social interactions. It's also been associated with various mental health issues, including anxiety, depression, paranoia and cognitive decline.

## GETTING HELP

Hearing aids are commonly recommended for older adults who need to recover some of their diminished hearing, though they are not the only solution. Doctors may recommend medication or some form of aural rehabilitation to address what has always been a multi-faceted problem. Unfortunately, Medicare covers hearing tests but will not cover



the expense of your hearing aids. You may have to use private funds to fill this gap. Some charitable organizations offer assistance to seniors.

# Senior Scams Why Seniors Are Targeted

Scams targeting seniors are a growing concern, costing older Americans billions of dollars annually.

According to the FBI's Elder Fraud Report, adults aged 60 and older reported losing over \$3.4 billion to fraud in 2023, an 11% increase — which as on top of a 35% increase in 2022. year. Nasdaq reported about 1 in 10 elderly Americans are scammed each year and that, in 2024, \$77.7 billion of all reported global fraud was linked to senior victims. The average loss per victim was \$34,000.

Seniors are targeted for several reasons, making them more vulnerable to these deceptive schemes. One major factor is financial stability. Many

seniors have accumulated savings, own property or receive a steady income from pensions or Social Security. Scammers see this as an opportunity to exploit a perceived abundance of resources. Additionally, older adults may be less familiar with newer technologies, such as online banking or digital payment platforms, leaving them susceptible to phishing emails, fake tech support calls or fraudulent websites.

Cognitive decline can also play a role. While not all seniors experience memory or decision-making difficulties, those who do may find it harder to recognize scams or remember warning signs. This makes them easy targets for repeated fraud attempts. Social isolation is another contributing factor. Scammers often prey on loneliness, using friendly conversa-

tions to gain trust before introducing fraudulent schemes.

Romance scams, for instance, frequently target older adults looking for companionship. Some of the most common scams targeting seniors include government impersonation scams, sweepstakes scams, robocall scams, tech support scams, confidence/romance scams and investment scams.

While seniors are prime targets, efforts to combat scams are increasing. Organizations like the National Council on Aging (NCOA) and the AARP Fraud Watch Network provide resources and education to help seniors recognize and avoid scams. Law enforcement agencies, including the

FBI and local police departments, also work to track and prosecute fraudsters. One effective prevention method is rais-

ing awareness among seniors and their families. Education campaigns teach seniors to identify red flags, such as unsolicited requests for personal information or high-pressure tactics demanding immediate payment. Families can play a critical role by helping older relatives monitor financial accounts and reviewing unusual transactions together.

Legislation also offers protections. For example, the Senior Safe Act of 2018 encour-

ages financial institutions to train employees to detect elder financial abuse and report suspected scams.

Additionally, the FTC and Consumer Financial Protection Bureau (CFPB) work to enforce laws and provide resources to safeguard seniors' assets. Despite these efforts, scams targeting seniors remain a significant issue. Staying informed and vigilant is key to reducing losses. By fostering open communication and providing

seniors with tools to protect themselves, communities can help shield vulnerable individuals from falling victim to fraud.

Older adults should remember: when in doubt, pause and verify. A quick check with a trusted friend or family member could prevent financial loss and emotional distress. Together, we can build a safer, more informed community for everyone.

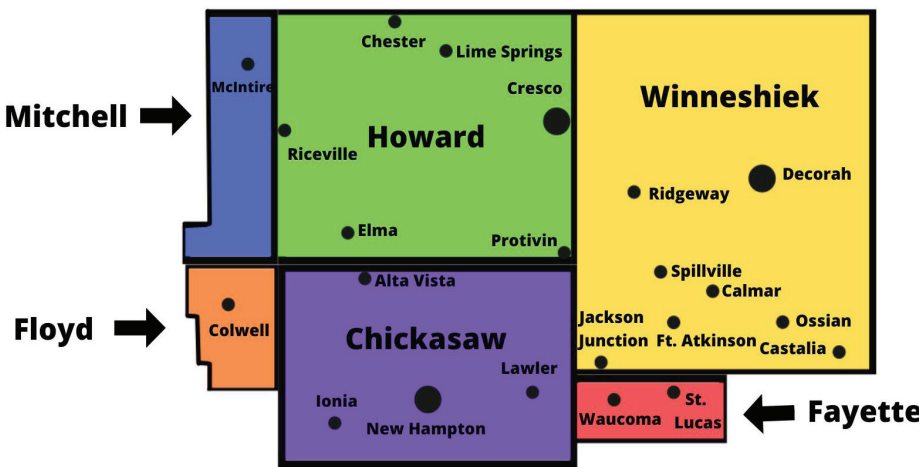


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# Signs a loved one might need assisted living



Assisted living facilities can ensure men and women get the help they need to live as fully and actively as possible.

Assisted living facilities provide an invaluable service. When a medical condition, developments associated with aging or another variable affects an individual's ability to live independently, assisted living facilities can ensure such men and women get the help they need to live as fully and actively as possible.

It's not always easy to identify when an individual may need to move into an assisted living facility.

Some individuals choose to do so on their own, but families often make such decisions together. As families work to determine if a loved one should move into an assisted living facility, they can look for various signs that suggest the time is right to do so. According to the Elder Care Alliance, signs that an individual may benefit from assisted living include:

- Requiring routine reminders to take medication
- Noticeable changes in weight, including weight loss or gain
- Loss of mobility or increase in falls
- Signs that household maintenance is being neglected
- Difficulty with daily tasks like grooming and meal preparation

- Increased isolation
- Loss of interest in hobbies

It's important for families to recognize that some of the signs noted above might suggest the presence of a condition or disease that would not, if treated successfully, compromise an individual's ability to live independently. For example, the SilverSneakers program offered through Tivity Health notes that weight gain among seniors may be attributable to slower metabolism, a less active lifestyle or menopause for women. Each of those conditions can be addressed without requiring a relocation to an assisted living facility. Family members are urged to discuss anything that seems to be affecting a loved one's ability to live independently with that person's

health care team before they consider if a person needs to move into an assisted living facility. It's equally important to ask a loved one's health care team which type of facility they think might be most beneficial if, in fact, they think it's in an individual's best interest to relocate. No two facilities are the same, and the Elder Care Alliance notes many specialize in specific types of care, such as tending to individuals with cognitive issues like dementia or physical issues like limited mobility.

Assisted living facilities help millions of individuals every day. Families can work together to decide if a loved one can benefit from moving into such a facility.

# Over 60? How to maintain a healthy weight as you age

A registered dietician can help people develop eating and exercise plans that will help them achieve and maintain a healthy weight.

Age often brings wisdom, experience, and for many people, some body weight changes that might affect their health over time.

Maintaining a healthy weight

is important throughout life, but as a person gets older, it can be harder to keep extra pounds off. The Centers for Disease Control and Prevention says obesity prevalence was 44.3 percent among adults between the ages of 40 and 59 in May 2024. Obesity prevalence was 51.5 percent for people age 60 and older. According to a report from the Government of Canada, 40.1 percent of seniors are overweight, and 28.1 percent are obese. Yet some older adults also are underweight and

struggle to keep weight on.

It's important to note that a healthy weight for one age group may not be the same for another. Verywell Health says a healthy weight and BMI range for adults over age 65 could translate into carrying extra pounds. The National Institutes of Health says a BMI of 25 to 27, which normally is considered overweight, may offer benefits to adults over the age of 65 by way of bone health side effects that protect against osteoporosis. Some studies also

indicate that being underweight can increase risk of disability, dementia and even cancer or heart failure.

Before one binges at the all-you-can-eat buffet, it is important to discuss weight with a doctor and develop a customized plan that takes individual variables, including age, into consideration. In addition, these tips can help people maintain a healthy weight.

- Spread out smaller meals. Eat five to six small meals per day to help with digestion and circumvent slower metabolism. Eating smaller meals also may help seniors who find they don't have appetites and push away food.

- Vary the foods you eat. Eat more vegetables, whole grains, fish, beans, and low-fat or fat-free dairy. Try to keep meat and poultry lean, only splurging on fattier cuts once in a while.

- Watch empty calories. Empty calories come from sugars, sugary beverages and processed foods with little or no nutritional value, indicates



WebMD. Instead, when choosing calories, look for whole, nutritional foods.

- Eat more protein. Older adults are at risk of losing muscle mass, so protein is essential. Protein also helps a person feel fuller longer, which can help with avoiding eating empty calories or overeating in general.

- Consume extra fiber. As a person gets older, fiber can help prevent constipation, colorectal cancer and hemorrhoids. Whole-grain fiber also reduces

the risk of heart disease. In addition, whole grain fiber is filling, which can help with weight control.

- Exercise daily. Weight loss involves a formula in which more calories are burned than consumed. For those who need to shed some pounds, increasing physical activity through low-impact exercise can help. Bike riding, swimming, pickleball, yoga, and other activities can be beneficial.

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