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# New Hampton TRIBune

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## Supervisors nix board chairman's landfill pay

Board members side with county attorney when it comes to stipend that Floyd County Mitchell Landfill gives to its board members

By BOB FENSKE

[editor@nhtrib.com](mailto:editor@nhtrib.com)

The Chickasaw County Board of Supervisors reached a consensus on Monday that its board chairman should not accept a stipend for serving on the Floyd Mitchell Chickasaw (FMC) Landfill Board.

Board Chairman Scott Cerwinski said Tuesday night that he receives

a stipend, along with mileage, for attending Landfill Board meetings that include monthly gatherings of the Executive Board, as well as quarterly meetings that include all the members of the FMC Landfill.

He estimated that he receives a \$35 "stipend" — one that he said he understood came about in the past because "they wanted to get people to the meetings" — for each meeting he attends.

On Monday, Cerwinski read a legal opinion written by an attorney for the Heartland Insurance Board that stated "It is not illegal ... for a Board of Supervisor member to receive payment or remuneration for serving on a 28E organization for services provided to that organization."

But County Attorney David Laudner said he respectfully disagreed with that opinion — pointing out that he believes

part of the Iowa code prohibits payment to supervisors for serving on 28E boards.

"You're not rendering services to the county per se, you're rendering services to that entity and that's how they claim to get around it," Laudner said. "I think the bottom line is any specific portion of the code that pro-

hibits something trumps anything else that doesn't prohibit it."

Laudner added that Cerwinski is

**SEE SUPERVISORS, 3**

## RE-ELECT Charley THOMSON IOWA HOUSE

PAID FOR BY CHARLEY THOMSON FOR HOUSE



Bob Fenske/Tribune

New Hampton homecoming royalty candidates include (front row, from left) Kinsley Hackman, Cora Schwickerath, Taylor Ries, Braelyn Rosonke, Emma Sweitzer, (back) Reid Rausch, Tate Schwickerath, Beau Serie, Caleb Rochford and Bryar Usher.

## Students kind of a big deal for homecoming

New Hampton High School Student Senate members put plenty of time into this week's plethora of activities

By BOB FENSKE

[editor@nhtrib.com](mailto:editor@nhtrib.com)

Sunday was not a day of rest at New Hampton High School. Ditto for dozens of the school's students, too.

That's because homecoming week — one themed "We're Kind of a Big Deal" — kicked off with a bang ... or at least a whole lot of redecorating in an effort to maximize school spirit this week.

**GET THE SCOOP ON HOMECOMING**

**WITH OUR ANNUAL BANNER PAGE.**

— PAGE 14

"I think, to me, the whole thing about homecoming is it's student led, it's student driven," said Melissa Nelson, the advisor for the school's Student Senate that puts on the annual celebration. "They're giving up their Sunday, they're

putting in hours and hours to make sure this is a week that our students will remember."

Nelson said it is the members of the Student Senate who have planned the week that includes three assemblies, dress-up days, the parade and king coronation that take place today (Thursday), the queen coronation that will be held at halftime of Friday's homecoming game against Oelwein and the dance that will

**SEE HOMECOMING, 3**



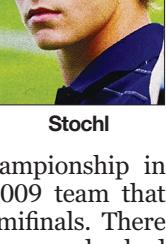
Frerichs



Kramer



Olson



Stochl

## Chickasaw Hall of Fame to add quartet Friday

By BOB FENSKE

[editor@nhtrib.com](mailto:editor@nhtrib.com)

New Hampton High School's Athletic Hall of Fame will welcome four new members before the Chickasaws' football team plays its annual homecoming game this Friday.

Those being inducted include longtime Chickasaw football coach Scott Frerichs, retired New Hampton Parks and Recreation Director Rick Kramer, volleyball and track standout Megan (Lehman) Olson and multi-sport star Carter Stochl, who won the 2017 Class 2A state golf championship.

Each year the Chickasaw Booster Club coordinates the Athletic Hall of Fame induction ceremony for the New Hampton Community School District and has done so since the Hall of Fame was initiated in 1995.

With the addition of the Class of 2024, the hall will have 137 members.

Individuals may be inducted for their success as an athlete, coach or in the area of service as a patron and supporter of the New Hampton athletic programs.

The 2024 Hall of Fame inductees who will be honored Friday night before the Chickasaws take on Oelwein include:

**Scott Frerichs**

Scott Frerichs was an assistant sophomore football coach for three years, an assistant varsity football coach for four years and the head coach of the Chickasaws for 31 years, and he will be the first to say that "every season had special moments."

There were the 1999 Chickasaws, who claimed the first and only state football championship in school history. There was the 2009 team that advanced to the state playoff semifinals. There were the 1994 and 2013 Chickasaws who had undefeated playoff teams.

There were the 21 state playoff teams, the 220 first-team all-district players and the 57 all-state players. In other words, New Hampton football experienced an unparalleled level of success during Frerichs' almost four decades with Chickasaw football.

But it was more than the wins, the championships and the playoff runs that made New Hampton football such a key component of its coach's life.

"I am most happy with how we developed teams that played the game the right way," he said, "and had a lot of fun and working and growing together. Thank you for recognizing me because that recognizes a lot of people who have coached and played football in New Hampton over the past 38 years."

By the time he retired from coaching football following the 2023 season, Frerichs had amassed a school-record 204 wins and become one of only 60 coaches in the long history of Iowa football to

**SEE HALL OF FAME, 5**

## Harvest begins with a 'trickle'

ISU Extension agronomist optimistic that yields will be surprising

By BOB FENSKE

[editor@nhtrib.com](mailto:editor@nhtrib.com)

The harvest in Northeast Iowa has started, albeit slowly, and an ISU Extension agronomist based out of Nashua believes area farmers are going to like looking at their yield monitors in coming weeks.

"I think every indication is that we're going to have some pretty nice yields," Terry Basol said from his office at the Northeast Iowa Research Farm. "You take away the trouble we had getting the crop planted, and we had a pretty solid growing season."

"We got good rain early, and even though it dried out in August, we avoided those prolonged extreme heat situations

**SEE HARVEST, 2**



Bob Fenske/Tribune  
A farmer harvests a soybean field a couple of miles west of Fredericksburg Sunday afternoon.

## Celebrating art

Plum Creek Art Center/Connie Mohr Art Gallery has plenty to celebrate as it turns 10

Page 2

## Fall improvement

Check out our great sponsors and take a look at some helpful home improvement and car care tips

Pages 7-11

## Senior Nights

Chickasaws, Trojans celebrate their volleyball seniors

Page 18



## Turkey Valley kicks off homecoming Sunday

Community kickoff set for 4 to 6 p.m.; FFA will take on Waucoma firefighters in kickball at 6:30

Turkey Valley will kick off its annual homecoming celebration on Sunday with its annual Community Kickoff that will be held from 4 to 6 p.m. at the school's campus in Jackson Junction.

Activities at the event will include inflatables, mechanical bull rides, face painting, spike ball, cross net and bags.

The concession stand will be open and root beer floats will be available, and the Turkey Valley homecoming court will be introduced.

At 6:30 p.m., the school's FFA chapter will take on the Waucoma Fire Department in a benefit kickball game.

The school will have a variety of "dress-up" days during the week and a variety of activities are planned — including girls powderpuff football, boys volleyball, homecoming court games, a class kickball tournament and a pep rally.

The homecoming football game will be played on Friday against Waterloo Christian at 7 p.m. and the homecoming king and queen will be crowned during halftime of the game. The dance will follow the game.

## Fundraiser for Brady Einck set for today before homecoming parade

There will be a meal fundraiser today (Thursday) for New Hampton's Brady Einck.

In 2022, at the age of 7, Brady was diagnosed with Metachromatic Leukodystrophy (MLD), according to the Facebook page providing updates and MLD awareness.

The meal will be held at the corner of Main and Chestnut, during the farmer's market and prior to the Chickasaw Homecoming parade.

Food, including grilled brats, pulled pork sandwiches and moo-mobile shakes will be served from 4 to 6 p.m., with the parade commencing at 6 p.m.

The Einck family will receive 100 percent of the proceeds of the meal toward the care of Brady.

Members of the New Hampton High School cross country team will also be selling pumpkins during the event, with all proceeds going to the family.

**RE-ELECT**

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## Agronomist says rain can stay away until farmers finish harvesting crops

### HARVEST: FROM 1

so we didn't stress the plants. I think the guys are going to like what they see on their monitors this fall."

But it may be a week or two before the harvest season kicks into high gear. Yes, drive around enough and you'll see a few farmers in combines, but Basol said that give it a week or

two and most farmers will be bringing in their 2024 crop.

"It's a little bit of a strange year," he said and then recounted a drive he took this weekend with his wife. "She looked at me and said that field is brown and the one right next to it is still green. It all depends on when they were able to get planted and what they're using but we're in good shape."

According to the USDA Iowa Crop and Condition Report that

came out on Monday, 9 percent of soybeans and 3 percent of corn in the Northeast District, which includes Chickasaw County, has been harvested, but Basol said that number will jump exponentially in the next couple of weeks.

"We're getting close in a lot of fields," he said, "and it won't be long at all and we'll have plenty of farm traffic out there."

One concerning part of the most recent Crop and Condition

Report is that 52 percent of farmland in the Northeast District is short or very short when it comes to topsoil moisture while 44 percent of subsoil moisture is short or very short.

The lack of rainfall the past two months has led to the U.S. Drought Monitor saying that all of Iowa is either abnormally dry or suffering from moderate drought; in fact, much of Fayette County, the southern half of Winneshiek County and

a sliver of southeast Chickasaw County are now classified as dealing with moderate drought.

But any rain that falls now will only help soil moisture for 2025.

"The crop has all the gas it's going to get," Basol said, "so honestly, rain now doesn't really help us. The good thing would be to let the guys get the crop out and then it can rain for a while and set us up for next year."

## Briefs

### Rendezvous at the Fort to be held in Fort Atkinson this weekend

The annual Fort Atkinson Rendezvous will be bringing its unique



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attractions to the small Winneshiek County town on Saturday and Sunday.

At 9:30 a.m. on Saturday the fort opens to the public with a cannoneer drill; other drills will be held at noon, 2 and 4:15 p.m., with the last bus departing for the parking lot below at 4:30 p.m.

Sunday the fort opens at 9 a.m. and the last bus departs at 3:45 p.m.

Among the many events held Saturday are a flint and steel contest, primitive bow shoot, tomahawk throwing contest, music with Gary and Annie and 1840's kids games. The music and kids games also are on tap for Sunday, along with a skillet throw and kids tomahawk throw.

There is no admission charged and the parking is also free.

A 5K run/walk will be held on Saturday, starting at 7:30 a.m. at the Fort Atkinson Community Center Park, with a pre-Rendezvous, Mike Reicks three-piece chicken dinner at the community center on Friday from 4:30 to 7 p.m.

### New Hampton Lions Club to hold scrap metal drive this Saturday

The 13th annual New Hampton Lions scrap metal fundraiser will be held this Saturday.

From 8 a.m. until 2 p.m. scrap metal may be delivered to 2202 225th St., at the LS Supply parking lot.

Questions may be directed to Jim Kiffel at 641-229-6300.



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Photo courtesy of Linda Kapler

Eight area veterans pose for a group photo after they received Quilts of Valor during a presentation ceremony held at the Ionia Fire Station earlier this month.

## Quilt of Valor chapter presents eight 'thank yous'

The Freedom Strippers chapter of the Quilts of Valor wrapped up a busy year with its final presentation ceremony earlier this month at the Ionia Fire Station.

Eight veterans received quilts during the ceremony and they included the following:

- Navy Petty Officer 2nd Class Scott Felder.
- Air Force Staff Sgt. Tracy Felder.
- Army Sgt. Dennis Harkrader.
- Navy Machinist Mate Fireman Eugene Heiselman.
- Army Spec. 4th Class Ron Heit.
- Air Force Tech Sgt. Tekah Kasuboski.
- Navy Petty Officer 2nd Class Gordon Krueger.
- Air Force Senior Master Sgt. Gary Kruger.

## Nashua outreach center to host unique choir for concert next week

**BY BOB FENSK**  
editor@nhtrib.com

Drew McHolm can't wait, and he hopes the feeling is mutual among area residents.

In short, the Little Brown Church pastor believes we're in for a treat on Thursday, Oct. 3, when the Compass Outreach Center will host Watoto, a Christ-centered children's choir from Uganda, for a concert that he believes will provide area residents with an emotional journey.

"I'm really excited, and even though I've never seen them, everything I hear is out of this world," McHolm said about the concert at Compass, which is a ministry of the Little Brown Church and is located near the

intersection of Greeley and Woodbridge streets in Nashua. "The choir has a wonderful story that they will bring through their singing, dancing and their personal stories — ones that are filled with so much restoration and hope."

Watoto has visited twice before when the First Congregational Church hosted the group. That church merged with the Little Brown Church several years ago, and the building is now home to the Compass Outreach Center.

"Many of those Congregational members are now members of our church," McHolm said, "and when they heard that Watoto was on tour again, they told me, 'We have to

have them here again.'"

Watoto is a family made up of people from all over the world who are working together to ensure the forgotten have a place to belong.

In 1984, during a time of civil war, Watoto planted a church in Kampala, Uganda to speak hope and life to the nation. Since then, Watoto has rescued thousands of orphaned and abandoned babies and children, placing them in loving families.

The children of Watoto will be performing songs from their brand-new album, "Better Days – There Is Hope" which presents the story of orphaned and abandoned African children who've received the love and care needed to help them

## Advisor: Homecoming helps student become leaders

### HOMECOMING: FROM 1

be held on Saturday evening at the Chickasaw Event Center.

"For the most part, they are the ones that are in charge, and I'm really what I'm supposed to be, an advisor if they have questions," Nelson said. "Honestly, the more I can have the students plan and do the work, the better it is for everyone. ... Student Senate, after all, is about lead-

ership and I love watching them pick up that mantle and run with it. It's much more meaningful to the students if they're doing it."

Nelson said she and the Student Senate appreciate the community support homecoming receives. For example, she pointed out that businesses like Zip's and Stanton Electric provide flat-bed trucks for the parade. For another, she said the city's two flower shops —

Blue Iris and Pocketful of Posies — go above and beyond when it comes to the flowers each provides on an every-other-year basis.

"We do get really great community support," she said, "but I really believe homecoming is for the students and that's why they need to be in charge, so to speak. It's their celebration and when they have ownership of it, it pays off for them."

## New Hampton Public Library to hold Iowa culinary program Oct. 24

Everyone has an Iowa food story, and Lake City, Iowa, author Darcy Dougherty Maulsby will bring these stories to life on Thursday, Oct. 24, at the New Hampton Public Library for a free, virtual Adventures in Iowa's Culinary History program.

The event starts at 5:30 p.m.

During her fun, interactive program, Maulsby serves up fascinating tidbits and cooking tips related to more than 150 years of Iowa cuisine and ethnic food traditions, from all corners

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## Supervisors reach the consensus that chair shouldn't take stipend

### SUPERVISORS: FROM 1

still serving the county while serving on the board at the landfill.

"You're put on there as a Board of Supervisor member in service to the county itself," the county attorney said. "You can't get on there unless you're a Board of Supervisor member."

Laudner said he understands that lawyers often disagree, but his conclusion was the same as his predecessor, Jennifer Schwickerath, had in 2019 when the issue first came up.

Supervisor Jake Hackman said that he, too, agreed with Laudner.

"I'm the one that brought it up," he said, "I was here when Dave's predecessor was here and I think that was her opinion at that time. I'd just like to see it forfeited, but that's just me."

It turned out it wasn't just him; instead, the other three supervisors — Matt Kuhn, Steve Breitbach and Travis Suckow — agreed, and at the end of Monday's meeting, Cervinske said he would abide by the consensus of the board.

Reached Tuesday, Cervinske emphasized that "it's not about the money."

Instead, he said he felt it didn't make a lot of sense for the landfill to write him a check that he turned over to the county and then received a check from the county for his mileage.

Cervinske said he would ask the landfill to only write him a

check for the mileage he drives to and from landfill meetings.

"I enjoy serving on that board, and I'm going to continue to do so," he said. "We reached out to get a legal opinion, and obviously our county attorney and my fellow board members disagreed with it but that doesn't mean I'm going to stop doing what I'm doing for the landfill board."

In other news from Monday's Board of Supervisors meeting:

- Supervisors agreed to accept bids for stored furniture and equipment the county has no plans to use in the future.

- Board members agreed to hire Purple Wave Auction Company to help with the sale of two Sheriff's Office vehicles — a 2016 Durango and a 2017 Durango — that are being "decommissioned" with the arrival of new vehicles.

- And Hackman also spent a short time discussing the state of county finances, pointing out that the county, as of Monday, had about \$2.26 million of cash on hand even though it has yet to collect the first round of property taxes in the 2024-25 fiscal year.

"We always worry about having enough money to get through the first three months [of a fiscal year] until we get property taxes in," Hackman said.

"That's a lot of cash, and I think it's something we need to keep in mind when it comes to budget time."

## New Hampton Lions 13th Annual Scrap Metal Fundraiser

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#### ALTA VISTA

#### ST. BERNARD CATHOLIC

Rev. Telesphore Dusabe

Mass time: Saturday,

Oct. 5, 6 p.m.

#### ELMA

#### IMMACULATE

#### CONCEPTION CATHOLIC

Rev. Telesphore Dusabe

Mass: Sunday, 7:15 a.m.

#### ST. PETER LUTHERAN

#### CHURCH

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107 Wood St. Elma

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Sunday.

#### ELMA CHRISTIAN CHURCH

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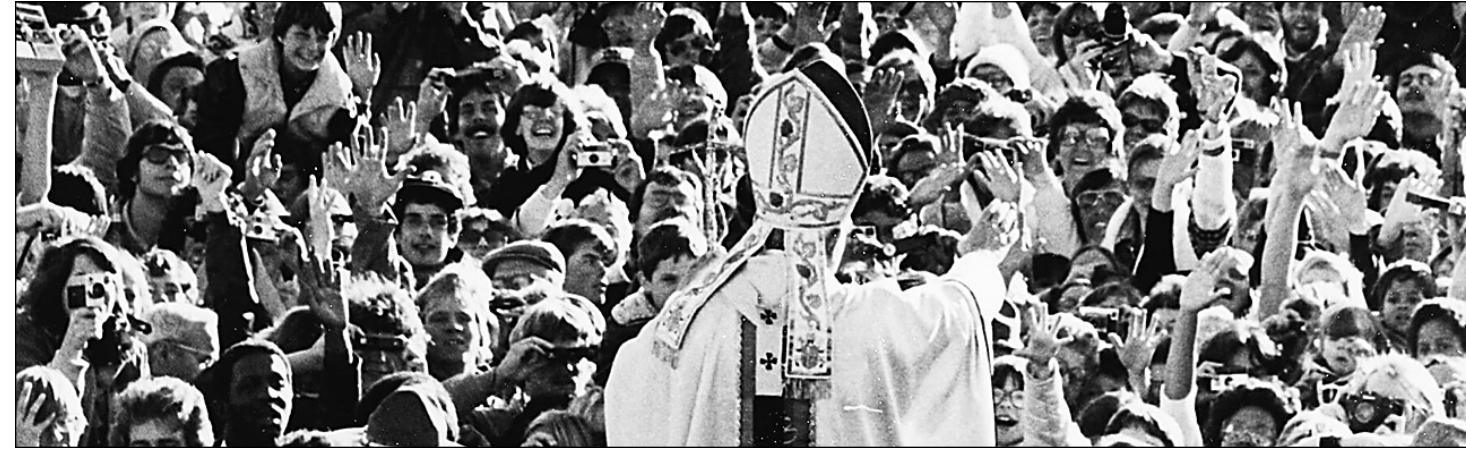


Photo courtesy of Living History Farms

Pope John Paul II waves to the crowd during his October 1979 visit to Iowa.

## Iowa PBS to look back on pope's visit

In October 1979, Pope John Paul II made his first trip to the United States as leader of the Roman Catholic Church. A passionate invitation written by one Iowa farmer caught the attention of the Holy Father, setting in motion a breathtaking and unprecedented event for the state.

The Pope's Visit to Iowa, a new documentary from Iowa PBS, will premiere Monday, Oct. 7, at 8 p.m. and be rebroadcast on Tuesday, Oct. 15, at 10:30 p.m. It will also be available to stream on iowapbs.org and on the PBS app.

"In the documentary, there's a part where Marty Jorgenson, the filmmaker, describes what it was like when the helicopter

first shows up and everything just becomes more reverent. He couldn't be more right," said Iowa PBS producer John Torpy. "I still remember seeing that helicopter on the horizon, and all of a sudden the clouds parted."

"It warmed up and it just became like the most peaceful place on earth. I hope I did the moment justice because you can't describe it."

The Des Moines Roman Catholic Diocese hired a filmmaker to document preparations for the first visit by a Pope to the state of Iowa.

The film was made available to Iowa PBS to commemorate the 45th anniversary of the Pope's visit. Meet several peo-

ple involved in the film and the event for a unique look at the history behind the logistical and spiritual planning it took for such a momentous event.

Iowans interested in seeing the documentary before the Iowa PBS broadcast are invited to Living History Farms for a premiere screening on September 30. Guided tours of the Church of the Land will be available beginning at 5 p.m. with refreshments served in the visitor center.

The film will begin in the visitor center at 6 p.m.

Parking at Living History Farms is available in the paved lots to the south and east of the visitor center, with overflow parking on the front lawn.

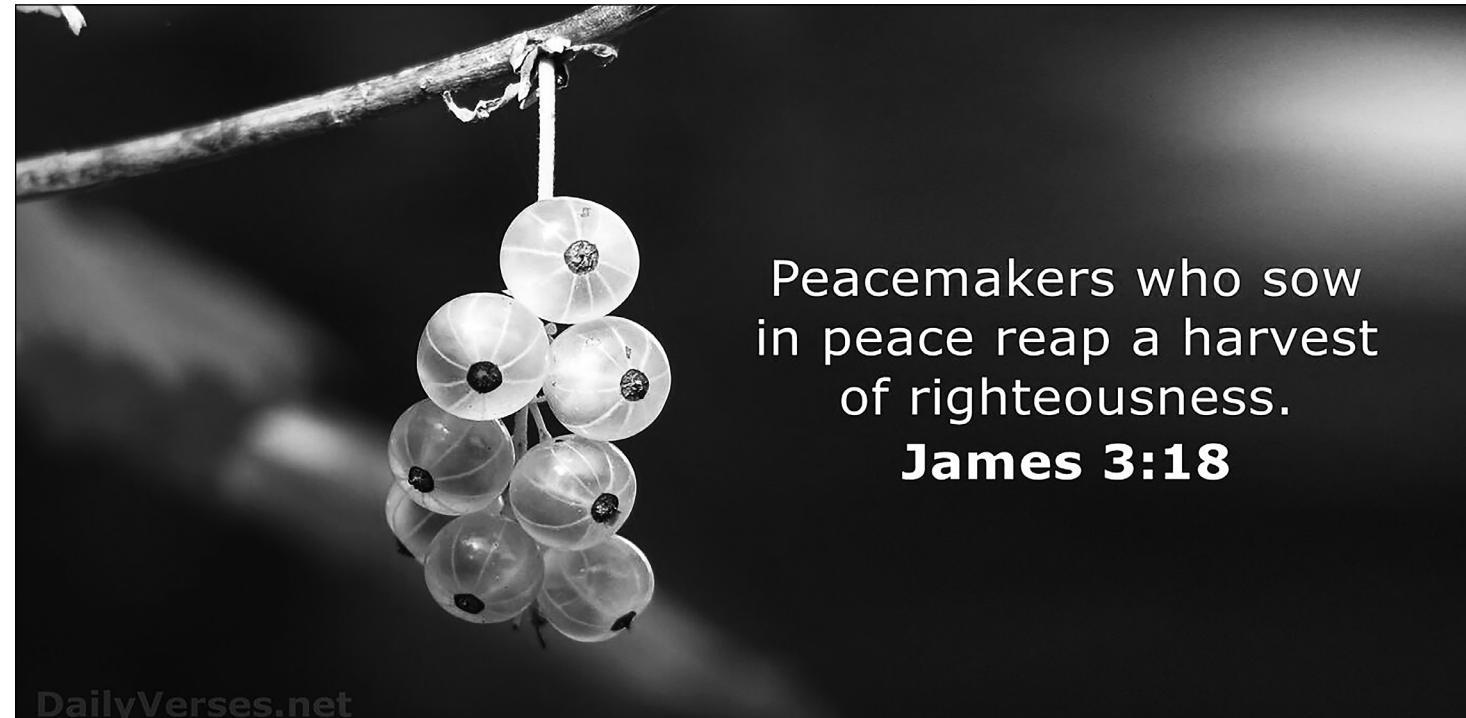
Guests who do not wish to walk from the visitor center to the Church of the Land (about 1/5 mile on boardwalk and dirt/gravel path) should call 515-278-5286 in advance to arrange parking at the Church of the Land.

A short discussion will follow the hour-long premiere, including Iowa PBS producer John Torpy and individuals featured in the documentary: David Oman, press secretary for Gov. Robert Ray; Marty Jorgensen, filmmaker; Monsignor Bognanno; and Gen. Harold "Tommy" Thompson.

For more information and to register for this free event, visit iowapbs.org/events.

Each of you should give  
what you have decided  
in your heart to give,  
not reluctantly  
or under compulsion,  
for God loves a cheerful giver.  
**2 Corinthians 9:7**

DailyVerses.net



Peacemakers who sow  
in peace reap a harvest  
of righteousness.

**James 3:18**

DailyVerses.net

### Harvest Church to welcome pastor Sunday

Harvest Church in New Hampton will hold a "Meet the Pastor" event to celebrate the arrival of Pastor Josh Jacobs to the church.

The Sunday event will include an ice cream sundae bar will run from 3 to 4 p.m. and be held at the church that is located on New Hampton's south side.

Like newborn babies,  
crave pure spiritual milk,  
so that by it you may  
grow up in your salvation.

**1 Peter 2:2**



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## Do You Need To Fear Retirement?

If you're planning to retire in a few years, are you looking forward to it? Or are you somewhat apprehensive? Are you asking yourself: "What sort of retirement can I afford?"

It's a good question — because the answer can make a big difference in your ability to enjoy life as a retiree.

And retirement can indeed be enjoyable, exciting and fun. Consider this from a recent survey by Edward Jones and AgeWave: A majority of respondents said retirement should be looked at as a whole new chapter of life, and not just a time for rest and relaxation. In other words, people are viewing retirement as a chance for new experiences and new opportunities, rather than a time to simply wind down. But if you're going to make the most of your retirement — which could last two or even three decades — you need to be financially prepared.

This preparation can involve many steps, but here are some of the key ones:

- *Decide what your retirement lifestyle will look like.* How you choose to spend your retirement years can make a big difference in the financial resources you'll need. For example, if you plan on traveling the world, you might need more income than if you were to stay close to home and pursue your hobbies. If you can envision your retirement lifestyle and estimate how much money you'll need to support it, you can help reduce some of the uncertainties you might face once you do retire.

- *Review your income sources.* During retirement, you'll likely need to draw on all your income sources, so it's a good idea to know what you'll have available, such as your IRA, 401(k) and other investment accounts. You'll also need to decide when to take Social Security — if you



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Financial Advisor  
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wait until your full retirement age (probably between 66 and 67), you'll get much larger monthly benefits than if you started taking them at 62. And here's another variable: earned income. Even if you've retired from your career, you might, if you desire, use your acquired skills in a consulting or part-time position. The more you can earn, the less you may have to withdraw from your investment accounts and the better position you'll be in to delay taking Social Security.

• *Consider adjusting your investment portfolio.* For most of your working years, you may have invested mostly for growth — to increase your assets as much as possible. But growth-oriented investments are also, by nature, riskier, so when you retire, you should review your portfolio to determine whether you need to move it toward a more conservative position. Also, more conservative investments may provide more current income in the form of interest payments. However, even in retirement, you may need some investments with growth potential if you want to keep ahead of inflation.

Retirement is certainly a major milestone in your life — and adjusting to it can take some time. But there will be much less to fear — and much more to enjoy — if you've done what you can to prepare yourself financially.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC*



**Chickasaw Athletic Booster Club officers — (from left) President Jodi Njus, Membership Director Misti Shawver, Vice President Ryan Shawver, Treasurer Jen Ewert and Secretary Tara Pesek — before their monthly meeting last week. The quintet that will induct four new members into the organization's Hall of Fame on Friday, are reminding New Hampton "backers" that they're more than welcome to attend Booster Club meetings that are held on the third Wednesday of each month.**

## Hall of Fame to welcome four new members Friday

### HALL OF FAME: FROM 1

have more than 200 career victories.

For 38 years, he was a mainstay of Chickasaw athletics. He coached track and field for 23 seasons, including 17 as head coach. His 2015 team won the school's only NEIC track title, and he said "watching Blake Flansche and Noah Fenske be two-time state champs was special."

He has great memories from coaching sophomore basketball for 11 years and said "we worked hard to create a good program and it was satisfying watching these teams experience success during that time."

Frerichs, who also served as New Hampton's activities director for four years, continues to teach math at the high school, and he and his wife, Lori, raised four children — Megan, Mitch, Connor and Lauren — who were all active and successful Chickasaw student-athletes. They are also the proud grandparents to Kaia and Annabelle Boeding and Hayes and Madden Frerichs.

"I want to thank my family for supporting my coaching and all of the Chickasaw teams," he said and added that he appreciated the support long-ago administrators showed him. "I also want to thank Bob Longmuir and Gary Ross for believing in me and giving me the opportunity to be a head coach."

### Rick Kramer

For more than 30 years, Rick Kramer was a mainstay at the New Hampton Parks and Recreation Department, where he says he was "blessed to work with a lot of good people and have great partnerships with our community on a number of improvements in our parks."

And those improvements helped create an atmosphere for Chickasaw sports — especially baseball and softball — that was second to none.

Kramer graduated from New Hampton High School in 1977 and went on to work at Sara Lee and the CNH Lumber Yard before taking a job with the New Hampton Parks Department in 1990. He was named the Parks and Recreation director in 2006, a position he held until retiring early in 2023.

During his time as director, he was part of updates to the baseball and softball diamonds at Mikkelsen Park, helped lead

the renovation of the park's famed "Rocket Slide," oversaw a major renovation project at Garnant Park and its pond, took the lead in upgrades to the city's swimming pool and helped plan and raise funds for the TRIBE Trail.

Kramer and his wife, Donna, have four adult children — Scott, Travis, Nicole and Ryan — all of whom were involved with Chickasaw athletics and graduated from New Hampton.

In retirement, he has remained busy, working several part-time jobs, but the apples of his eye in this latest chapter are definitely his seven grandchildren — Bryson, Addy, Eden, Fletcher, Jamie, Cal and Laney.

"This is a great community with a lot of great people," he said, "and it's been an honor to work with them."

### Megan (Lehman) Olson

Megan (Lehman) Olson may not have that one a-ha moment as a Chickasaw; instead, she is thankful for the opportunities her alma mater gave her.

"I'm grateful to have experienced high school through two very different activities — sports and music," said the 2008 New Hampton graduate, who went on to play volleyball at the University of Northern Iowa in Cedar Falls. "They gave me an opportunity to surround myself with various types of friends, learn a wide range of skills and be introduced to a diverse set of challenges to overcome."

Lehman was a standout volleyball player and track athlete and also was a member of the New Hampton Concert and Marching bands before taking her talents to Cedar Falls, where she earned a degree in graphic communications.

She was a two-year starter for the Panthers — leading the team in kills during her senior season in 2012 — on the volleyball court and in both of those years, Lehman helped UNI earn trips to the NCAA tournament.

Today, the daughter of Cary and Julie Lehman runs two businesses — Graphic Design and Nutrition Consulting — but ask her about her recent accomplishments and one stands alone.

"Although cliché, my greatest recent accomplishment is motherhood," said Lehman, who added that she is appreciative and humbled by her induction into the Hall of Fame. "Learning and growing alongside my son means more to me than anything."

### Carter Stochl

Carter Stochl was the epitome of a student-athlete — he excelled in the classroom and on the athletic field.

The 2017 graduate ranked No. 1 in his class academically, was a member of the National Honor Society, was an all-state golfer and baseball player and an all-district quarterback.

It was in golf, though, that he cemented his status as a Chickasaw legend.

As a senior, Stochl fired a 68 on the final day of the Class 2A state tournament to become the first and thus far only Chickasaw to bring home a state individual championship in the sport.

And it's a moment from that Memorial Day weekend Saturday that will always bring back fond memories to the Chickasaw standout student-athlete.

"As I walked to my last hole at the 2017 state golf tournament, I looked at Keegan Tenge, my teammate who had finished early and was watching my final hole," Stochl said, "and I said, 'Holy crap, I'm five under,' I then proceeded to almost hit my tee shot out of bounds and make bogey but still won by two."

He also excelled in football and baseball — leading the Chickasaws to a playoff berth on the gridiron during his senior year and, as a pitcher and shortstop, helping New Hampton to a No. 1 ranking on the baseball diamond the following summer.

Stochl went on to play golf at the University of Northern Iowa in Cedar Falls, where he was a Presidential Scholarship recipient for four years, UNI's 2021 Student-Athlete of the Year and a Missouri Valley Conference first-team academic all-conference selection.

He graduated with degrees in biochemistry and biology and a minor in psychology and is currently a student at Georgetown Law School in Washington, D.C.

## Briefs

### Leah's Pancake Breakfast to be held at Mikkelsen Park Saturday

Rain or shine Saturday a memorial pancake breakfast for the late Leah Schwickerath will be held at Mikkelsen Park from 9 to 11 a.m.

Leah's Annual Pancake Breakfast will serve pancakes and sausage with authentic maple syrup, and the free-will donations collected will be used to benefit local causes.

To-go orders are available by calling 641-229-5510.

### Third annual New Horizons-Chamber scarecrow contest underway

Sign-up has started, and ends Oct. 11 for this year's scarecrow contest in New Hampton, the third year for the event that is sponsored by New Horizons-Chamber.

All New Hampton businesses and industries are invited to participate. All displays must be in place by Oct. 17, voting will be open via Facebook Oct. 21 and 22, with the winner announced Oct. 25.

To sign up, contact New Horizons Director Liz Zweibohmer at 641-394-2021 or email [nhcnewhampton@gmail.com](mailto:nhcnewhampton@gmail.com).

### Pancake breakfast Oct. 13 benefits Alta Vista Fire Department

Extrication tools are on the shopping list for the Alta Vista Fire Department, and the department will be holding its annual pancake breakfast to raise money for the equipment.

On Sunday, Oct. 13 pancakes, sausage and scrambled eggs, along with juice, milk and coffee will be served at the station in Alta Vista from 7:30 to 11 a.m.

It's the fifth year for the annual event, which will ask for a free will donation to "fill the boot."

Food will be served drive-thru or dine-in, with delivery available within the AV fire district. Please call 641-229-6523 by 7 p.m. on Saturday, Oct. 12 for that service.

There will also be a drawing for door prizes and a gun raffle drawing at 11 a.m., contact any firefighter for details.

### Ionia farm wins at State Fair

Niehaus and Feldman Genetics of Ionia took home the Champion Gilt, Champion Boar, Reserve Champion Boar and Premier Exhibitor titles at the Spotted Swine show judged at the 2024 Iowa State Fair.

Places for Niehaus and Feldman Genetics are as follows:

1) 150.1, Class 1 Boars

1) 150.2 Class 2 Boars

1) and 6) 155.1 Class 1 Gilts

1) and 2) 155.3 Class 3 Gilts

4) 155.4 Class 4 Gilts

1) and 2) 900 Champion and Reserve Boar

1) 901 Champion and Reserve Gilt

1) 902, Premier Exhibitor

### CHICKASAW COUNTY COMMISSION AND BOARD MEMBER OPENINGS

*The Chickasaw County Board of Supervisors seeks candidates to serve on various openings with terms vacant or expiring on December 31, 2024*

#### Local Board of Health - 1 opening

#### Conservation Board District 5 - 1 opening

#### Magistrate Appointing Commission - 1 opening

#### Civil Service Commission - 2 openings

#### Planning & Zoning Commission - 1 opening

*Application forms are available in the Chickasaw County Auditor's Office on the second floor of the Courthouse in New Hampton or on the Chickasaw County Website:*

<https://chickasawcounty.iowa.gov>

*Submit application form no later than 4:30 PM on Friday, Dec. 13, 2024 to the Chickasaw County Auditor*

**8 East Prospect, P.O. Box 311 New Hampton, IA 50659**



## CHICKASAW COUNTY Veterans Tribute

Submit yours or a family member's Veteran photo to be honored in our Special Veterans Day Tab

There is a \$5 fee for each Veteran photo submitted. All funds raised will directly benefit various Veterans organizations in Chickasaw County.

The Chickasaw County Veterans Day Tab will be published as a special section in the New Hampton Tribune on November 7th and in the Nashua Reporter on November 8th.

Please submit the form below along with your \$5 to: New Hampton Tribune c/o Veteran's Tab 801 Riverside Dr., Charles City, Iowa 50616 or email the above information and a picture in JPEG format to [accounting@nhtrib.com](mailto:accounting@nhtrib.com) by the October 24, 2024 deadline.

Please only one form per Veteran.

Name _____	Rank _____
Branch of Service _____	Dates of Service _____
Picture and information must be received by October 24, 2024	
Submitted by _____	Date _____
Phone Number _____	Paid <input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/>
To return your picture, please include a self-addressed stamped envelope.	

**Almanac**

	H	L	P
Wednesday	84	60	--
Thursday	85	55	--
Friday	84	55	--
Saturday	90	56	--
Sunday	68	46	--
Monday	71	46	--
Tuesday	74	49	--

**Forecast**

**Thursday:** Mostly sunny with a high of 77 and a low of 53.

**Friday:** Partly sunny with a slight chance of showers; high 77, low 56.

**Saturday:** Partly sunny with chance of a pop-up shower; high 76, low 57.

**Sunday:** Partly sunny with slight chance of showers; high 76, low 56.

**Extended forecast:**  
More of the same to start the work week with partly cloudy skies, slight chances of showers, highs in the 70s and lows in the 50s.

**Meetings****MONDAY**

• Chickasaw County Board of Supervisors, 9 a.m., Courthouse.

**History**

• In 1580, English seaman Francis Drake returns to Plymouth, England becoming the first British navigator to sail the earth.

• In 1820, the pioneering frontiersman Daniel Boone dies quietly in his sleep at his son's home near present-day Defiance, Missouri; he was 86.

• In 1918, more than 700 Allied tanks, followed closely by infantry troops, advance against German positions in the Argonne Forest and along the Meuse River, signaling the start of the last great offensive of World War I.

• In 1957, "West Side Story" premieres on Broadway.

• In 1960, for the first time in U.S. history, a debate between major party presidential candidates is broadcast on live television as presidential hopefuls, John F. Kennedy, a Democratic senator of Massachusetts, and Richard M. Nixon, the vice president of the United States, met in a Chicago studio to discuss U.S. domestic matters.

• In 1970, the first episode of "The Brady Bunch" airs on ABC.

**Birthdays**

• The great American poet T.S. Eliot was born in 1888.

• The late singer and actress Olivia Newton-John was born in 1948.

• Actress Zoe Perry, who played the mother of the title character in TV's "Young Sheldon," turns 41.

• Former tennis great Serena Williams turns 43.

• Linda Hamilton, who starred in the early "Terminator" movies, turns 68.

**Corrections**

The Tribune wants to make sure all information it presents is accurate and correct.

If you see an error, please call Editor Bob Fenckle at 641-394-2111.

**Tribune**

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**Nancy Jean Anderson, 63**

Nancy Jean Anderson, age 63 of Evansdale and formerly of New Hampton, died Monday, Sept. 16, 2024, at MercyOne Waterloo Medical Center of natural causes.

A private family graveside committal service will take place at the New Hampton City Cemetery.

Hugeback-Johnson Funeral Home and Crematory has been entrusted with the arrangements.

Nancy Jean Anderson was born June 1, 1961, in Rochester, Minnesota, the daughter of Walter and Dorothy (Johnson) Anderson.

A proud 1980 graduate of New Hampton High School, Nancy's academic journey was a testament to her determination and love for learning.

Her pursuit of excellence led her to the Mayo Clinic School of Health Sciences in Rochester, where she earned her registered nursing degree with a spirit of perseverance and grace.

As a nurse, she touched countless lives in Rochester, Minnesota, Iowa City and Minneapolis — working to ensure the health and well-being of her patients.

Nancy's recent move to Evansdale marked a new chapter in her career, where she continued to shine as a patient coordinator at MercyOne Waterloo Medical Center.

Away from her professional life, Nancy embraced her passions with the same fervor she dedicated to her patients.

She was an extraordinary cook and baker, known for her delectable dishes and sumptuous treats that she enjoyed sharing with friends and family.

**Robert 'Bob' Kriener, 77**

Robert "Bob" Kriener, age 77 of Brooklyn, died Tuesday, Sept. 17, 2024, at UnityPoint Allen Memorial Hospital in Waterloo.

A Mass of Christian Burial will be held at 11 a.m. Wednesday, Nov. 27, 2024, at St. John Nepomucene Catholic Church in Fort Atkinson with the Rev. Nick Radloff celebrating the Mass.

Interment will follow at St. Boniface Cemetery in Ionia.

Friends may greet the family an hour prior to the Mass on Wednesday, Nov. 27, 2024, at the church.

Hugeback-Johnson Funeral Home and Crematory has been entrusted with the arrangements.

**Property Transfers**

Wade A. Waddell and Jennifer M. Waddell to Paul Hackman and Teresa Hackman; JOHNSONS ADD L7 SW 19-95-12.

Elizabeth Joann Robinson, E. Joann Robinson and Elizabeth J. Robinson to Clement O. Merchant; N52' NEW HAMPTON MAPLE LEAF ADDITION Lot: 2 Block: 3.

Thomas Franzen and Irene Franzen to Thomas Franzen and Irene Franzen; PARCEL C SW SE 27-97-13 N1/2 NW 35-97-13 N1/2 NE 34-97-13 N1/2 SE 27-97-13 PT COMM E1/4 COR NE SE 27-97-13.

Eldon A. Sternat EST, Daniel Sternat EX, Dan Sternat EX and Joe Sternat EX to Michael Sternat; L2 NE SE 10-94-13 SW SE 10-94-13 SE SE 10-94-13 L2 SE SW 10-94-13 L2 NE SW 10-94-13 L2 NW SE 10-94-13.

Eldon A. Sternat EST, Daniel Sternat EX, Dan Sternat EX and Joe Sternat EX to Joe Sternat; SE SW 36-95-14 S1/2 SE 28-95-13 W3/4 NE 10-94-13 W3AC N60AC W1/2 NW 11-94-13 W1/2 SW 02-94-13 UNDIVIDED ONE HALF INTEREST N1/2 SE 111-94-13.

Eldon A. Sternat EST, Daniel Sternat EX, Dan Sternat EX and Joe Sternat EX to Daniel Sternat; EX N RR NW SE 02-94-12 SW SE 02-94-12 PT OF STRIP 100'WIDE NW 02-94-12.

Naomi Hruska EST and Michael Hruska EX to Lawrence Hruska; SE SE 05-96-11 N1/2 EX PARCEL C NE 08-96-11.

Lincoln Savings Bank Successor Trustee and Donald D. Larue REV TR to 1/2 INTEREST Troy D. Larue; E30AC NE NE 22-94-13 NW NW 23-94-13 WITH EASEMENT FOR ACCESS.

Theodore Steege III and Karen K. Steege to Theodore Steege IV; PARCEL 2004-44 NE SW 25-94-12.

**Nancy Anderson**

Donald "Don" Lester Boss, age 92 of Nashua, died Tuesday, Sept. 17, 2024, at Floyd County Medical Center in Charles City surrounded by his family.

A Mass of Christian Burial was held at 10:30 a.m. Tuesday, Sept. 24, 2024, at St. Michael's Catholic Church in Nashua with the Rev. Tom Heathershaw celebrating the Mass.

Interment followed at St. Michael's Catholic Cemetery in Nashua with Richard Nehl, Jeff Nehl, Tom Nehl, Leon Mast, Tom Beaben and David Boss serving as pallbearers.

Friends greeted the family from 4 to 7 p.m. on Monday, Sept. 23, 2024 at Hugeback-Johnson Funeral Home & Crematory/Olson Chapel in Nashua. Visitation continued an hour prior to the Mass on Tuesday at the funeral home.

Hugeback-Johnson Funeral Home & Crematory/Olson Chapel in Nashua has been entrusted with arrangements.

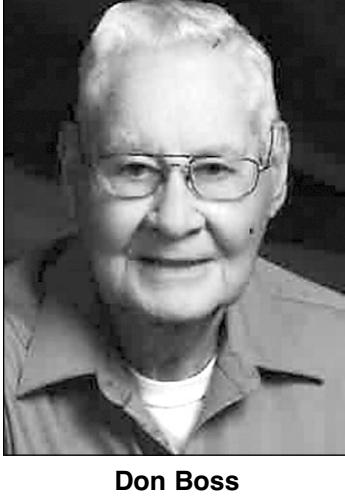
Born on May 8, 1932, in Waterloo, to Robert and Bonnie (Hamilton) Boss, Don's life was

a testament to the values of hard work, dedication and the joy of simple pleasures.

Don spent his early years in Alta Vista, where he graduated from high school and met the love of his life, Florence Nehl, at a basketball game in 1951.

Their courtship blossomed into a lifelong partnership, and they were married on Nov. 25, 1953, at St. Bernard's Catholic Church in Alta Vista. Together, they built a family foundation that would endure for over 70 years.

A dedicated family man,

**Donald 'Don' Lester Boss, 92****Don Boss**

After high school, Don worked on the family farm until he was drafted into the Army in 1954, serving his country with honor until 1956. Upon returning home, he became a farmhand in Tripoli.

His industrious nature led him to work at the elevator for Urban Sinnwell in Alta Vista for several years before finding his true calling in managing a lumber yard.

Don's career in the lumber industry took him to various towns, and he eventually retired from his last position in Nashua.

Don's life was rich with interests and hobbies that brought him and those around him much joy. He had a passion for bluegrass music and could often be found dancing or playing cards with friends. Socializing was second nature to Don, and he cherished the trips he took with friends and family.

Lois Marie Mahan, affectionately known to all as Lois, passed away peacefully on Thursday, Sept. 19, 2024, at the age of 79, in Charles City.

Born on May 6, 1945, in New Hampton, Lois was a beacon of gentle strength and unwavering generosity throughout her life.

A public graveside service will be held at the Immaculate Conception Cemetery in North Washington at 1 p.m. on July 22, 2025, their 49th wedding anniversary.

Lois's early education took place in North Washington, where she completed through the eighth grade, and she later graduated from New Hampton High School in 1963.

Her academic journey laid a strong foundation for the dedicated work ethic she was known for.

It was while working that Lois's life took a romantic turn as she met a young man named Jack Mahan. Their chance meeting blossomed into a profound love, culminating in marriage on July 22, 1976, in Sioux Falls, South Dakota. Together, Lois and Jack chose the Colwell area to plant their roots and build their forever home.

Professionally, Lois was the heart and soul of Ray's Union House Restaurant in Charles City. She worked her way up to managing the establishment, a role she embraced with passion and pride. Lois's dedication to Ray's was evident in the joy

and satisfaction she brought to her customers, many of whom became lifelong friends. Under her management, Ray's wasn't just a restaurant; it was a community hub that mirrored Lois's warmth and hospitality.

Despite battling health complications throughout her life, Lois never let these challenges dim her spirit.

Her love for reading was insatiable, providing her with countless hours of adventure and escape. She was also an avid fan of soap operas, which she followed with enthusiasm and joy.

Lois's admiration for Elvis

was no secret to those close to her, as his music and charisma resonated with her deeply, marking the soundtrack of many cherished memories.

She was preceded in death by her parents, Sam and Gertie (Boggess) Houser of New Hampton.

Lois is survived by her husband, Ronald "Jack" Mahan of Colwell; two step-daughters, Jackie (Leland Wayne) Mahan of Charles City, and Roxanne Mahan of Charles City; one brother, Rick (Donna) Houser of New Hampton; two sisters, Karen (Denny) Shearman of Charles City, and Diane (Darryl) Dietzenbach of New Hampton; several nieces and nephews; four grandchildren; and several great-grandchildren.

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# Fall HOME IMPROVEMENT *& Car Care*



# It's a family affair at Garman Excavating



**Sarah Garman (above) and her husband, Eric, started their own excavation company a year ago next week.**

If it has to do with dirt, husband, wife and their children are all in

**BY BOB FENSKE**  
*editor@nhtrib.com*

Sarah Garman knows the look; in fact, she knows it by heart. She and her husband, Eric

will tell other couples about the business they own and operate — Garman Excavating — and almost invariably, out comes the "look."

and tell them we work together and a lot of them say, 'There's no way I could work with my spouse,' but we love it," she said. "We get along great, we work really well together and I know Eric would say the same thing. I tell people this is the best job I've ever had."

And their business is about

to become a toddler, if you will, as Garman Excavating, turns 1 on Oct. 1.

a virtue during the first year in business for the little family-owned company that is truly a family affair as the couple's two teenagers — 17-year-old

"It's starting to pick up,"

Sarah said, "and I think the big thing we're working on is getting our name out there. Not too many people know us

yet, and we know it takes time to get known is probably the best way to put it. We're hoping after the crops get taken in that it'll pick up. That's the busy season because farmers know they need some help fixing tile and things like that."

Asked what her and her husband's business does, Sarah's

band's business does, Sarah's response was simple: "If it involves dirt, we can help." From dirt work to tree

From dirt work to tree removal to hauling to fixing the above-mentioned tile, that's the lifeblood of Garman excavating, and both Eric and Sarah bring plenty of life experiences to their firm.

the small north-central Iowa town of Wesley.

SEE GARMANS, 10



The advertisement features the company logo at the top left, followed by the phone number "319-559-0407". Below the logo is a slogan in a stylized font: "The quality you can rely on and the workmanship we stand behind." The central section is titled "Features:" with a bulleted list of services: "New Construction", "Additions", "Remodels", "Pole Sheds", "Siding", "Decking", and "Roofing". To the right of the text are three photographs of completed projects: a modern house with a large sunroom addition, a mobile home with a new deck and entrance, and a red metal pole barn.

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The advertisement features a split-screen image. The left side shows a red Hunter brand four-post vehicle alignment lift in a garage setting. A blue starburst graphic contains the text "State of the Art Alignment Machine.". The right side shows a man in a grey shirt and glasses working on a car's wheel and tire. A large white text overlay "WE SELL TIRES" is positioned above the tire. Below the tire, another text box states "We offer a wide variety of tire sizes from several different brands". At the bottom left is a red Native American head logo. The main company name "VERN LAURES" is written in large red letters, with "AUTO CENTER" below it in white. To the right is the address "1950 N. LINN AVE. NEW HAMPTON" and phone number "641.394.3025", along with the website "WWW.VERNLAURESAUTOCENTER.COM". A small Facebook icon is in the bottom right corner.

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## Build your gift list for DIY enthusiasts

We know holidays are a ways off, but here's some gift ideas for those who do it themselves

### Metro Creative Connections

Rising prices have pushed people to look for new ways to save money. The do-it-yourself approach to home repairs has long been seen as a potential avenue to save money, and holiday shoppers can consider DIY when shopping for loved ones this year.

A recent survey by the remodeling company Allstar Home reported that 70 percent of Americans have recently engaged in DIY home improvement projects.

Similarly, a new Ipsos poll conducted on behalf of the DIY Network found that 73 percent of Canadian homeowners have done a renovation project themselves in the past.

With so many homeowners tackling projects around the home on their own, DIY-related products may be just what's needed to hammer down the perfect gift.

The following are some potential home improvement presents for DIY enthusiasts in your life:

- **Magnetic wristband:** Keeping items close at hand takes on new meaning when one utilizes a magnetic wristband.

The BinyaTools Magnetic Wristband is just one of the versions of this handy tool that's ideal for wrangling screws, nails, washers, and any other ferrous items. It's also a great option for crafters and jewelry makers.

- **Painting essentials kit:** Painting is an easy and effective way to transform a room.

For those DIYers who have yet to compile

all of their painting gear, local home improvement retailers often package kits that include a dropcloth, assorted roller sizes, brushes, a paint tray, and even painter's tape to get started on projects.

- **Rolling work bench:** People serious about projects will need a place to store all the tools they have collected.

A rolling work bench, such as the Gladiator nine-drawer work bench, has drawers to store tools and a wooden top on which smaller tasks can be tackled. Roll it where needed.

- **Hearing protection:** Drills, sanders and other power tools can be noisy.

DIYers will want to protect their hearing, and a set of workshop earmuffs can be a thoughtful gift.

Some even come with Bluetooth technology to offer both hearing protection and the ability to listen to tunes while working.

- **Headlamp:** DIYers need both hands to tackle jobs effectively, which can make holding a flashlight to illuminate the area challenging.

Hands-free lighting is possible with an LED headlamp. The light is easily focused where the user is looking.

- **Laser measuring tape:** A smart measuring tape utilizes a laser to increase measuring size, calculate distances and ensure that every home improvement project lines up.

- **Sawhorse:** DIYers working on large projects can benefit from an adjustable saw horse to support materials and ensure safer cuts.

### Trends always changing when it comes to home improvement

#### Metro Creative Connections

Home improvement trends come and go. In a testament to that reality, the wildly popular open floor plan concepts that have dominated homeowners' desires over the last decade-plus could be falling out of favor, a shift that Rachel Stults of Realtor.com linked to the COVID-19 pandemic in a 2023 interview with Business Insider.

Stults noted open floor plans will likely exhibit some measure of staying power, but linked the shift toward more traditional layouts to COVID lockdowns and the desire for more privacy among residents.

The shift away from open floor plans is a testament to the fleeting nature of home renovation trends.

But trends still deserve a place at the table among real estate investors and homeowners who want to renovate their homes with an eye on projects



that could be most appealing to prospective buyers.

As homeowners balance their own preferences with those that might help them sell their homes down the road, they can consider this list of the most popular rooms to renovate, courtesy of the "2024 U.S. Houzz & Home Study" from Houzz Research.

When considering renovating these or other rooms, homeowners should know that the median spend increased for most interior room upgrades compared to the previous year. However, the median cost to upgrade living rooms and home offices remained unchanged.

6. Primary bedroom
7. Laundry room

8. Closet

9. Dining room

10. Home office

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# How to make your home more 'cozy'

Some simple tips to make houses more inviting and comfortable

## Metro Creative Connections

The meaning of the term "cozy" varies as it pertains to home decor. For some, cozy may mean intimate spaces with lots of quilts and throws. For others, cozy could indicate bright and airy spaces enhanced by plenty of fresh foliage.

Regardless of how they define cozy, homeowners typically want their homes to be inviting and comfortable. With that in mind, the following are some ways to impart a cozy vibe to any living space.

### • Make use of a fire-place.

Flames lapping wood (or faux wood in the event of gas-powered fireplaces) can put anyone in a tranquil state of mind. Fireplaces add instant ambiance and make great places for people to congregate and engage in conversation. During warmer months when the fire isn't blazing, decorative candles can be lit to mimic the same feel.

### • Add texture in the design.

Texture can be anything from a raised pattern on wallpaper to a knotty area rug to a mosaic piece of artwork. A home with texture tends to create cozier impressions than one with all sleek and smooth surfaces.

### • Enjoy a soft rug.

Although many design experts say hardwood floors or lam-

inate options are easier for allergies and keeping a home clean, a soft rug underfoot can be welcoming. Rather than wall-to-wall carpeting, place area rugs in spots that can use some cozying up, such as beneath beds and even under the dining table.

• **Light candles.** The warm, flickering light of candles adds cozy vibes in spades. According to The Spruce and Paula Boston, a visual merchandiser for Festive Lights, candles can be used throughout a home to create instant atmosphere. Exercise caution with candles and fully extinguish them before retiring for the evening.

• **Update bedding for the season.** Crisp and light cotton and linen are cozy materials when the weather is warm. But when the temperature starts to dip, flannel or jersey bedding makes a bed that much more inviting, says Real Simple.

• **Invest in lots of pillows.** Pillows can instantly make a spot more cozy, whether it's the living room sofa or an outdoor lounging nook. Look for materials that are durable for the space in which they're being used.

• **Think about warm lighting.** The transition from incandescent light bulbs to halogen and LED is benefi-



cial from an environmental standpoint. However, LEDs illuminate with a more stark, blue light that can seem clinical in home spaces. Look for bulbs where the "temperature" can be customized. The more the

color spectrum leans toward warm light, the more cozy a space will feel. This can be enhanced by putting some lights on dimmer switches, and toning down the brightness as needed.

• **Install a bookshelf.** Even for those who are strict devotees of e-readers, a shelf full of actual books interspersed with some well-placed knickknacks can make a room feel more cozy. Books add

texture, the feel of hallowed halls and libraries, and visual appeal.

Making a home more cozy doesn't have to be complicated. A few easy modifications can improve interior spaces.

## Make time for planning home improvement

Planning plays an integral role in the home improvement process, and it's perhaps a more time-consuming component of renovations than homeowners realize. According to the "2024 U.S. Houzz & Home Study" from Houzz Research, homeowners spent almost twice as much time planning their kitchen renovations in 2023 as it took for the projects to be completed.

The researchers behind the report found that the average time spent planning a kitchen renovation in 2023 was 9.6 months, while the building took 5.1 months. Additional projects featured a similar disparity between the time to plan and the time to build. For example, homeowners spent 8.1 months planning living room renovations, which then took an additional 4.1 months to complete.

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## How to make renovation projects go smoothly

### Metro Creative Connections

Homeowners are spending big bucks on home renovations. According to the Joint Center for Housing Studies at Harvard University, home improvement project spending continues to increase. It's predicted to go from \$472 billion spent in 2022 to \$485 billion in 2024.

Those targeting a specific home renovation likely know there is much that goes into the process from start to finish. Patience is a requisite virtue with any remodel, as even a thoroughly conceptualized plan can encounter a few bumps along the way. Although there is no way to completely remove renovation-related obstacles, there are ways to make projects go more smoothly.

- Establish a clear plan from the beginning.** Now is not the time to be on the fence about details. A vision for the renovation is essential, and should include details about layout, materials, colors, and design.

- Manage your expectations.** Again, this speaks to a need for patience with a project but also involves flexibility. Being too rigid when choosing materials can require waiting for back-ordered supplies to come in.

- Establish a budget.** It can be easy to spend beyond one's means, especially when issues crop up. Black House Real Estate stresses the importance of creating a budget before starting a renovation, which may involve working with a local professional to help. Houzz advises preparing for worst-case scenarios by adding anywhere from 1 percent to 20 percent to the budget. Commit to sticking to the budget no matter what comes down the pike.

- Assemble a good team.** Thoroughly research all contractors who will be involved with the renovation. These include designers, architects, builders, and more.

- Prepare the space for the remodel.** Any work you can do will help save on labor costs and make it easier for the team to get started on the project. Clear out clutter and personal items.

- Have an escape hatch at the ready.** Home renovations can cause upheaval to daily life, and that can mean stress on top of already chaotic schedules. If money and situation allow, plan a getaway during a particularly tough stretch of the project so the noise, mess, and disruptions will not induce headaches.



Photo courtesy of Sarah Garman

Eric Garman and his son, Colin, pose for a photo before taking part in a parade this past summer.

## Husband, wife look to grow excavating business

### GARMANS: FROM 7

Navy for four years, he went to work for one of the big electrical unions and traveled around the country helping move dirt for those massive power lines one sees in and around large metropolitan areas like the Twin Cities. He also worked for tiling companies so he has the knowledge to help farmers get their tile back running and

has worked on all the wind turbines recently put up in Chickasaw County, preparing the dirt for the structures.

Sarah grew up as a Gorman — "I only had to change one letter when I get married," she said with a laugh — on a farm near New Hampton, graduating from high school in 1996.

"I was a farm girl who liked to get my hands dirty," she said, "so I love this kind of work. I was all for this, and even though we knew it would take time to grow our business, I'm glad we did it. We're invested in this as a family and that makes it even more mean-

ingful."

The couple also have a really cool backstory, too.

The Garmans met at, of all places, massage therapy school, where Sarah was a teacher and Eric the lone male student in her class.

"When the class had to work together, no one wanted to be with the good-looking guy and no one certainly wanted to work with the teacher," she said with a laugh. "I think our bond is that we both aren't afraid to get dirty and do hard work. It's why we were so excited to start this business."

And it's just as exciting

for mom and dad that son and daughter also are part of Garmen Excavating. Colin recently graduated early from high school and works more with his parents on the equipment, but Claire, who also plans on graduating early from high school, does her part when it comes to some of the odd jobs — picking up sticks, for example — that come with a start-up excavating business.

"Doing this with each other, doing this with our kids," Sarah said, "that's the best part of our business. We're excited to keep getting our name out and see where it takes us."

## Kitchens remain popular home improvement project

### Metro Creative Connections

Kitchens are often described as the most popular room in a home, and that's not mere conjecture.

A 2022 survey from House Digest asked participants to identify the room they consider most important in their homes, and roughly 41 percent chose the kitchen.

Residents tend to congregate in kitchens in the morning and then again in the evening when meals are prepared and, in homes without formal dining rooms, eaten. With so much time spent in the kitchen, it's no wonder that the 2022 U.S. Houzz & Home Study: Renovation Trends found kitchens to be the most popular interior room to upgrade.

With so many people interested in kitchen renovations, the following are four things homeowners should know:

- Expect to spend some money.** Most home improvement projects require a significant financial investment, but kitchen renovations are among the more expensive undertakings.

The overall cost of a project will depend on a

host of variables unique to each home, including homeowners' preferences, but HomeAdvisor estimated the average kitchen remodel in 2023 cost between \$14,611 and \$41,432.

### 2. Expect a good return on investment.

If sticker shock settles in when receiving an initial kitchen remodel estimate, perhaps it can help homeowners to know that such a project may provide a strong return on investment (ROI). According to Remodeling magazine's "2024 Cost vs. Value Report," a minor kitchen remodel provides a 96 percent ROI.

### 3. Expect the project to take some time.

Kitchens are large rooms with a lot of components, so renovating these spaces can take some time. Estimates vary depending on the size of the room, the scale of the remodel and the materials chosen, but Angi reports a kitchen remodel for most homes takes six weeks to four months.

### 4. Expect to use your kitchen during the renovation.

If the timeline of a renovation is scary, homeowners should know they will likely be able to use their kitchen even after the project begins.

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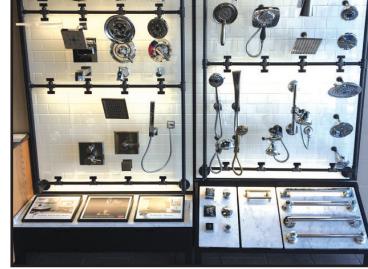
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# How to protect your vehicle's paint job

## Metro Creative Connections

Drivers go to great lengths to ensure what's under the hood of their vehicles is well taken care of. But it's equally beneficial to tend to the exterior of a vehicle, including its paint job.

According to Popular Mechanics, oxidation can adversely affect iron-based metals. That can put vehicles in jeopardy and take significant time off their life expectancy.

The good news is that rust and other issues that can affect a vehicle's paint job and appearance are typically avoidable. That should be music to the ears of new vehicle owners, who likely need no reminder of the sizable financial investment required to drive off the lot with a fresh set of wheels.

Drivers who want their cars and trucks to maintain their looks over the long haul can consider these simple strategies to protect their paint jobs.

### Make car washes part of your vehicle maintenance routine.

Seasoned drivers are undoubtedly familiar with the conventional wisdom surrounding oil change intervals, but those same motorists may not recognize the importance of routine car washes.

Over time, contaminants such as pollen, dust and pollution can settle on a vehicle's exterior, potentially jeopardizing the paint job. Routine car washes can prevent such damage

and help a car look like it was just driven off the lot.

**Wax the exterior of the vehicle.** The automotive experts at Carfax report that waxing is a significant and simple way to protect vehicle paint.

Carfax notes that certain paste waxes contain mild abrasives that help remove fine scratches from painted surfaces. Wax also can protect paint jobs from fading related to exposure to ultraviolet rays. That's especially noteworthy for drivers who do not routinely park their cars in a garage.

**Use a car cover.** Car covers may or may not be practical for cars drivers use every day, but they are an effective way to protect a paint job from the elements.

Drivers who have a spare car they rarely drive or even those who do not drive their primary vehicle a lot each day can purchase a universal-fit car cover or a premium cover designed specifically for their vehicles. Car covers protect paint jobs from ultraviolet rays and the elements and may reduce the need for more frequent trips to the car wash.

**Park in the shade, but choose spots wisely.** Parking in the shade may protect vehicles from the ultraviolet rays of the sun, but it's important that drivers pick the right shady spot to park their cars and trucks. A



shade tree might seem like a great ally to vehicle owners, but if birds nest or rest in the tree, drivers could be exposing their cars to bird droppings.

That's no small threat, as bird droppings are high in uric acid, which quickly damage a vehicle's exterior.

Parking directly beneath a tree also might expose the paint job to sap or fallen leaves or berries, each of which can adversely affect vehicle exteriors.

If you plan to park in the shade to protect the paint job, ideally choose a spot that is not directly beneath the

tree.

A well-maintained paint job can improve the appearance and life expectancy of a vehicle, which is something drivers should keep in mind as they hope to get the most out of their automotive investment.

## Taking a look at the benefits that comes with a garage renovation

### Metro Creative Connections

Homeowners tend to want to maximize all of the space they have in their homes. For some this may involve turning a garage from a utilitarian space into one that serves multiple purposes.

According to The Mortgage Reports, a home-buying and improvement resource, garage renovations can increase the value of a home and add living space. Garage remodels can create additional storage space, provide an area for a home gym or even create room for a home office. Prior to beginning a garage remodel, homeowners may have some common questions about the process.

### How much does the renovation cost?

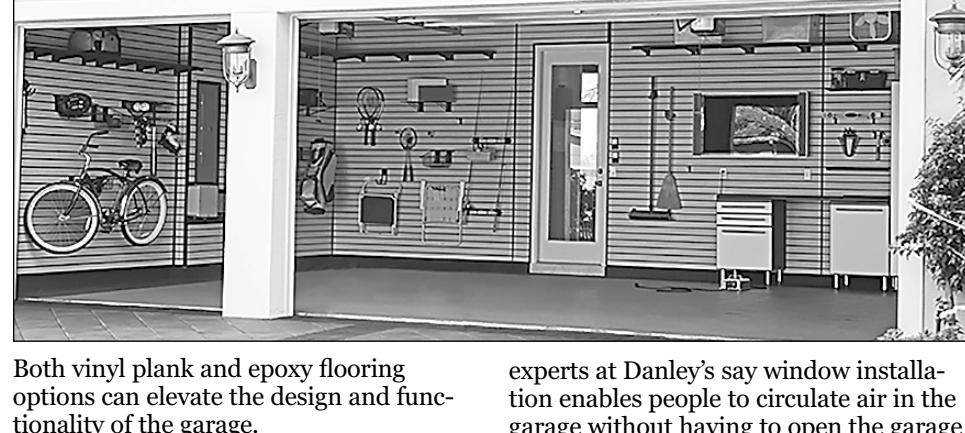
Several factors will ultimately determine the final price of a garage remodel, but HomeAdvisor says the national average for a garage remodel falls between \$6,000 and \$26,000. Most homeowners come in at around \$15,000 for a total garage conversion.

### Will I recoup the investment?

A garage conversion adds value to a home if it creates new and usable living space. The firm Cottage, which pulled together a team of builders, architects and technologists, advises the average garage conversion provides an 80 percent return on investment. That ROI varies depending on location.

### How can I upgrade the flooring?

Gardens traditionally feature concrete floors. Although durable, concrete floors can feel damp, hard and cold underfoot.



Both vinyl plank and epoxy flooring options can elevate the design and functionality of the garage.

### Can I have the best of both worlds?

Sometimes a garage needs to serve many purposes. Lofting the garage means a homeowner can still park cars or utilize the lower space as a living area, all the while items are stored overhead. Some flip this design scenario and have the loft area as a bedroom or finished living space, while the lower portion remains a traditional garage area. Another thought is to finish only a portion of the garage. This works well for two- or three-car garages where there will be room to park a car and the remainder will serve another purpose.

### What are other ways to improve the garage?

Installing more windows or improving on the lighting in the garage can be important. The garage improvement

experts at Danley's say window installation enables people to circulate air in the garage without having to open the garage door. Improving the lighting means the garage can still be enjoyed or utilized after dark. Spread out lighting in the garage, and use a combination of overhead and task lighting just as one would in the home itself.

### How do I deter bugs or other pests from entering?

Insects often want to hunker down in garages, and they may find it easy to get inside a garage. Keeping the garage clean and organized is the best way to deter pests and to spot infestations before they become problematic.

Reducing water and humidity in the space, weatherproofing at the base of the garage door and other entry spots and utilizing insect repellents to make the garage less hospitable also can decrease the risk of insect infestation.

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**Briefs****Timber harvest at Twin Ponds to be discussed Oct. 23**

The Chickasaw County Conservation Board will hold a public meeting on Wednesday, Oct. 23, at 6:30 p.m. at the Twin Ponds Nature Center in regard to a potential future timber harvest at the Twin Ponds Recreation Area.

The proposed harvest would occur over two-5 acre sections. All interested public are welcome to attend. Conservation staff and a DNR forester will be at the meeting and would be happy to hear any comments or concerns regarding the timber harvest.

**Waucoma company donates to Decorah Food Pantry**

Lynch Family Foundation, the nonprofit extension of Lynch Family Companies, donated 285 pounds of hams and 240 pounds of ground pork to the Decorah Community Food Pantry on Thursday, Sept. 12.

The Foundation and Lynch Family Companies' employees were excited to make this donation in recognition of National Hunger Action Month, which is a nationwide campaign to bring awareness to hunger across the United States.

National Hunger Action Month was established by Feeding America in 2008.

**Legal Notice**

**THE IOWA DISTRICT COURT FOR CHICKASAW COUNTY IN THE MATTER OF THE ESTATE OF CRAIG ALAN BORLAUG, Deceased. Probate No. ESPR003237 NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS**

To All Persons Interested in the Estate of Craig Alan Borlaug, Deceased, who died on or about June 4, 2024:

You are hereby notified that on the 13th day of September, 2024, the undersigned was appointed Administrator of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the abovenamed district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated September 17, 2024.

Cindy Pfremmer

Administrator of the Estate

16684 US Hwy 52

Harmony, MN 55939

John S. Anderson

ANDERSON, WILMARSH, VAN DER MAATEN, FRETHEIM,

EVELSIZER OLSON,

NOBLE, LYNCH & ZAHASKY

Attorney for the Administrator

212 Winnebago

P.O. Box 450

Decorah, IA 521010450

john.anderson@andersonlawdec

orah.com

(563) 382-2959

Date of second publication

3rd day of October, 2024.

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**THE IOWA DISTRICT COURT FOR CHICKASAW COUNTY IN THE MATTER OF THE ESTATE OF ROBERT PETER BRINCKS, Deceased. CASE NO. ESPR003235 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS**

To All Persons Interested in the Estate of Robert Peter Brincks, Deceased, who died on or about August 15, 2024:

You are hereby notified that on September 11, 2024, the last will and testament of Robert Peter Brincks, deceased, bearing date of April 17, 2017, was admitted to probate in the above-named court and that Jeff T. Brincks was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated September 11, 2024

Jeff T. Brincks, Executor of estate

Address: 2036 11th Ave. SE, Apt. C

Rochester, MN 55904

Nathaniel W. Schwickerath,

ICIS# AT0007110

Attorney for executor

Schwickerath P.C.

2069 170th Street

New Hampton, Iowa 50659

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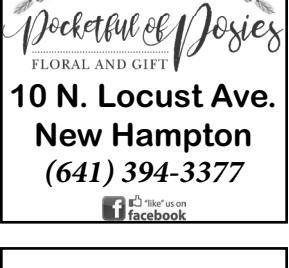
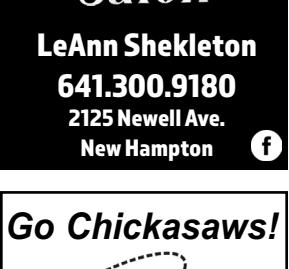
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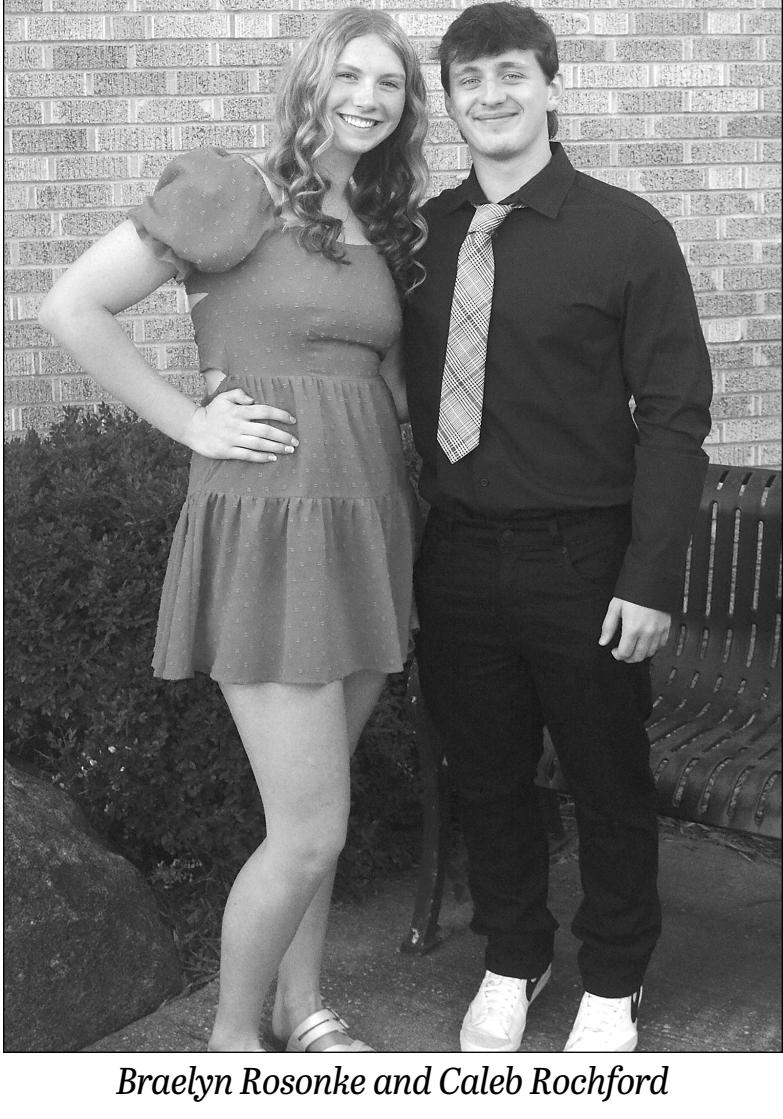
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# It's kind of a big deal!

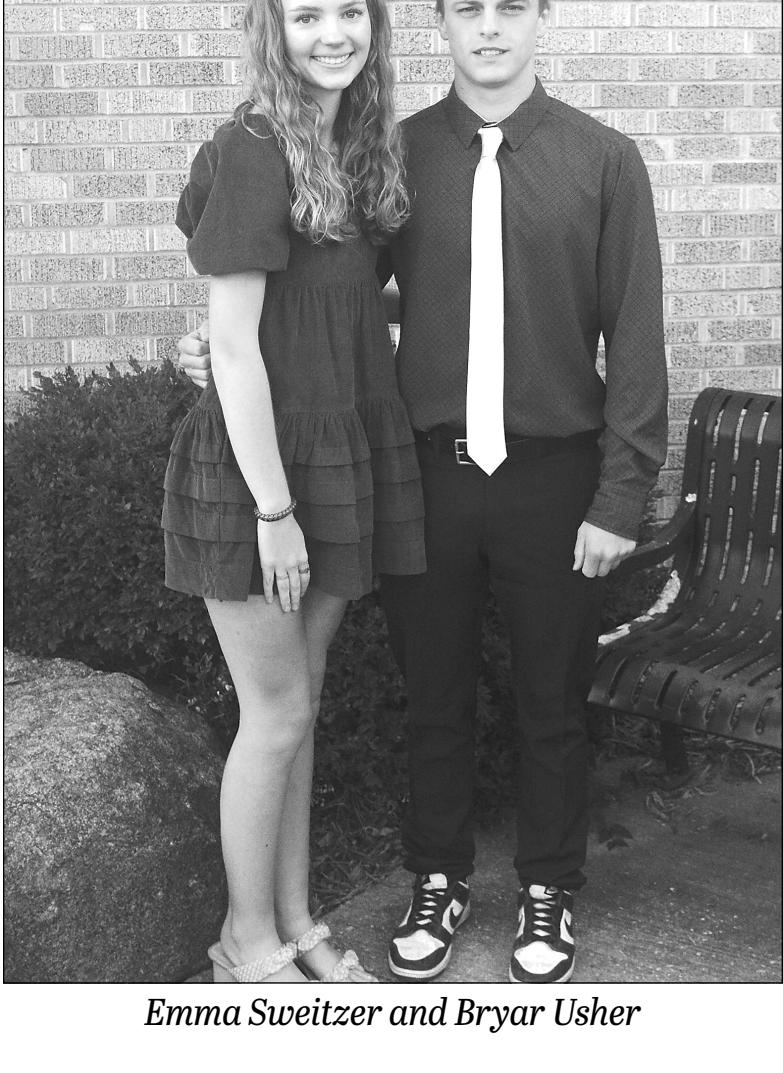
Be loud and proud as New Hampton celebrates homecoming



Braelyn Rosonke and Caleb Rockford



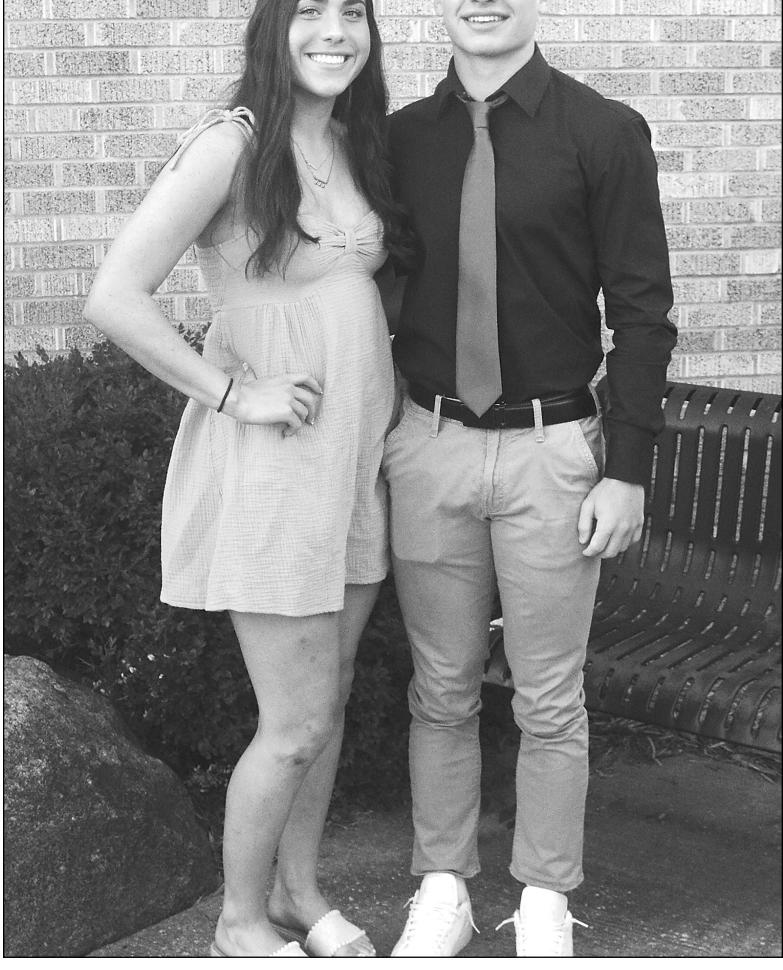
Cora Schwickerath and Tate Schwickerath



Emma Sweitzer and Bryar Usher



Kinsley Hackman and Reid Rausch



Taylor Ries and Beau Serie

## Wrapping up homecoming 2024 with a bang!

Thursday

- 6 p.m.: Parade down Main Street from the high school to Water Avenue
- Immediately following the parade: King coronation will be held in the old high school gymnasium

Friday

- 6:45 p.m.: Induction of the Chickasaw Athletic Hall of Fame new members — Scott Frerichs, Rick Kramer, Megan (Lehman) Olson and Carter Stochl
- 7:30 p.m.: Kickoff of the homecoming game between our Chickasaws and Oelwein

• Halftime of the game: Coronation of the homecoming queen

Saturday

- 8 to 11 p.m.: Homecoming dance for high school students at the Chickasaw Event Center.



*As students, alumni and the  
community celebrate homecoming,  
let's always remember once a  
Chickasaw, always a Chickasaw!*



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# Turkey Valley sweeps Clayton Ridge in UIC tussle

Trojan volleyball team competes at Waukon Invitational over weekend; loses to NFV in road league matchup

**BY KELLY TERPSTRA**  
sports@nhtrib.com

The Turkey Valley volleyball team swept Clayton Ridge at home last week Tuesday by scores of 25-21, 25-23 and 25-13.

That earned the Trojans their second win of the season in the conference. TV dropped its first league tilt later that week on Thursday at North Fayette Valley – 25-23, 25-23 and 25-18.

The Trojans co-head coach Tammy Vrzak – along with Ashley Walz – was happy about how the Trojans played in the win over CR.

"The games were close, but the girls kept their composure and won in three," said Vrzak.

Vrzak also thought her team came to play against NFV, but just came up short in the opening games.

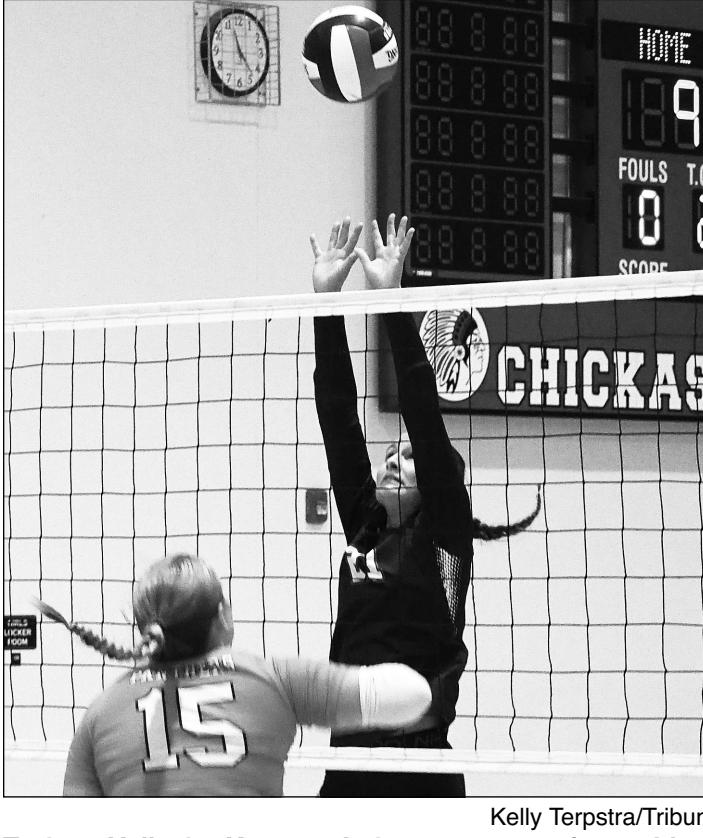
"The score doesn't necessarily

show it, but the girls played well. They are resilient to the changes we are making within the team, which shows," said Vrzak.

TV (6-10, 2-1) competed in the Waukon Invite this past Saturday and topped MFL MarMac for the second time this year this fall by a score of 21-6 and 21-16. The host Indians defeated TV, 21-17 and 21-16. Crestwood turned back the Trojans, 21-12 and 21-15 and Riceville pulled away from TV for a sweep, 21-15 and 21-19.

"The girls went 50/50 for the day. Their serving was fantastic, with Alexis Elsbernd's many aces. Morgan Vsetecka was a very versatile player for us, having to go from libero to a regular player during a game and the last game," Vrzak added.

TV senior middle Kinsey Reicks led the team in kills (8) against NFV. Layni



Kelly Terpstra/Tribune

**Turkey Valley's Karstyn Lukes goes up for a block attempt at the New Hampton Invite earlier this year.**

Schuchhardt, a senior, posted 13 kills against CR and senior Alexis Elsbernd came up with

26 digs versus the Eagles. Vsetecka, a senior, was the top digs leader against NFV with

**Trojans limit Central Elkader to under 80 yards rushing**

**TV FOOTBALL : FROM 17**

evident by his 82 yards receiving and two interceptions against the Warriors. He also led the Trojans with 11.5 tackles (10 solo) – two of them for loss.

Kruse is listed as the fourth-best receiver in terms of yardage through the air in 8-Man with 399 yards on the season. He has caught 15 passes for a remarkable yards-per-catch average of 26.6. He's scored seven touchdowns in the passing game and leads TV in tackles with 35. His three picks on the year are also tops on the team.

Turkey Valley sports a lot more explosiveness on offense than just Kruse, though.

TV junior signal caller Logan Busta scampered for a 37-yard rushing touchdown in the second quarter. He also hooked up with Kruse for a 21-yard pass to start the second-quarter scoring for the Trojans.

Busta finished with 68 yards rushing and 70 yards passing.

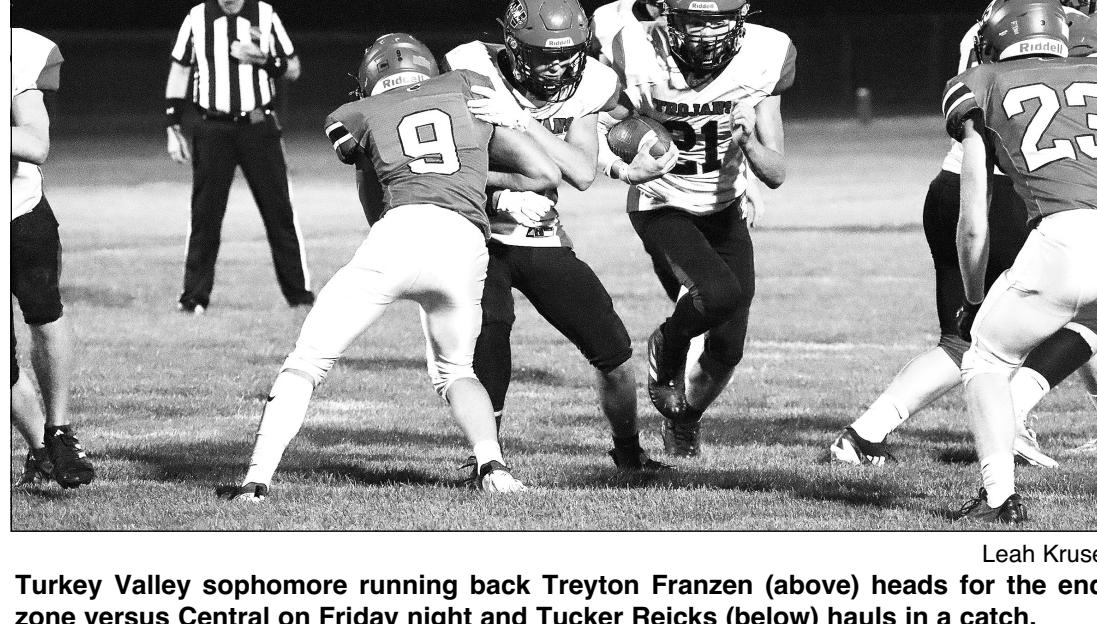
But it was another Busta – sophomore Hugo Busta – that had another superb game. Busta cranked out 109 yards rushing on just nine carries. He scored TV's last touchdown on a 40-yard rush and also threw a 20-yard scoring strike to Kruse in the second quarter.

Schmidt and Franzen combined to rush for 147 yards and score four touchdowns. Schmidt's rushing scores came in the first and third quarters. Franzen scored the game's first touchdown on the ground and found the end zone from eight yards out on a pass from Logan Busta to finish off the first-half fireworks for TV.

Central did throw for 160 yards courtesy of Griffen Hammersland – who is just an eighth-grader. Hammersland punched it in the end zone two times on the ground and was 9-19 passing, but as stated before, Kruse picked him off twice.

"Defensively we gave up some yards passing and made a couple of assignment errors, but that is expected when you are a young team," Scott said.

TV heads out of its district this Friday when it takes on



Leah Kruse

**Turkey Valley sophomore running back Treyton Franzen (above) heads for the end zone versus Central on Friday night and Tucker Reicks (below) hauls in a catch.**



Receiving - J.D. Kruse 6-82, Reicks 0.5.

Tackles for loss - H. Kruse 2, Holthaus 1, J.D. Kruse 1.

Interceptions - J.D. Kruse 2.

Kickoff returns - J.D. Kruse 2-42.

Punt returns - J.D. Kruse 3-43.

Kickoffs - J. Kriener 9-319.

**Trojan harriers experience "fun day" out on TV football field**

**TV XC : FROM 17**

JV race, which put him in the 94th slot.

Bakula said the Trojans always have one "fun day" during the year, which came last week Wednesday the day before the race at Starmont. The TV runners – including the middle-schoolers – competed in ultimate football out on the Trojans' gridiron just down from the school's building.

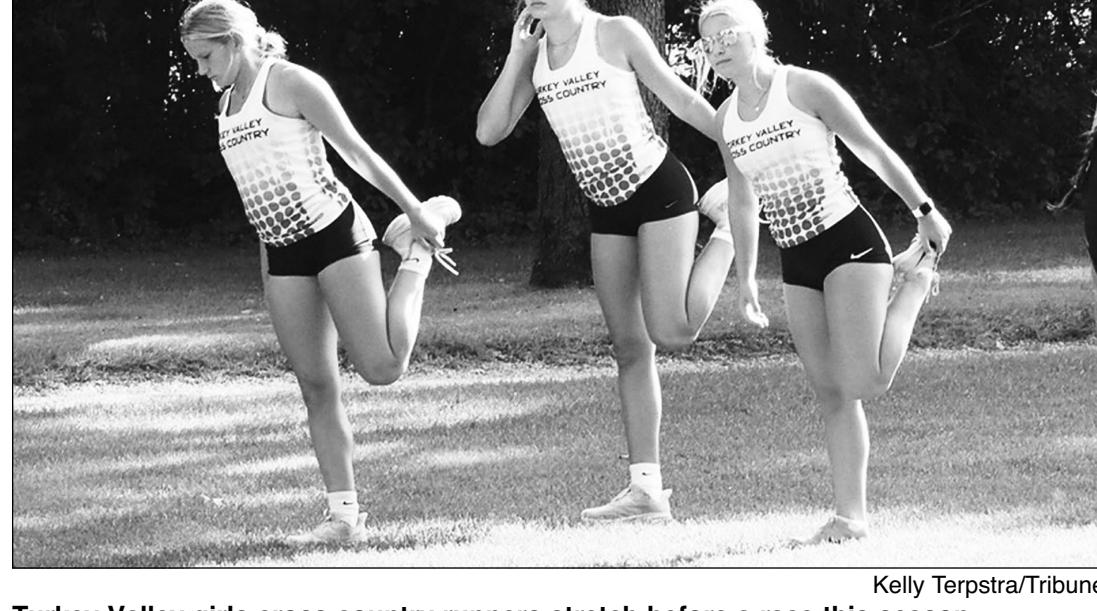
"It's still running related. They still get a good cardio workout because they have to keep running," said Bakula.

The Trojans can also look forward to Bakula's culinary skills as the team gets to take part in a breakfast at her house during homecoming week, which is slated for next week at TV.

"It kind of breaks up the season a little bit," said Bakula.

The rest of the regular season looks like this for TV.

The Trojans run at the

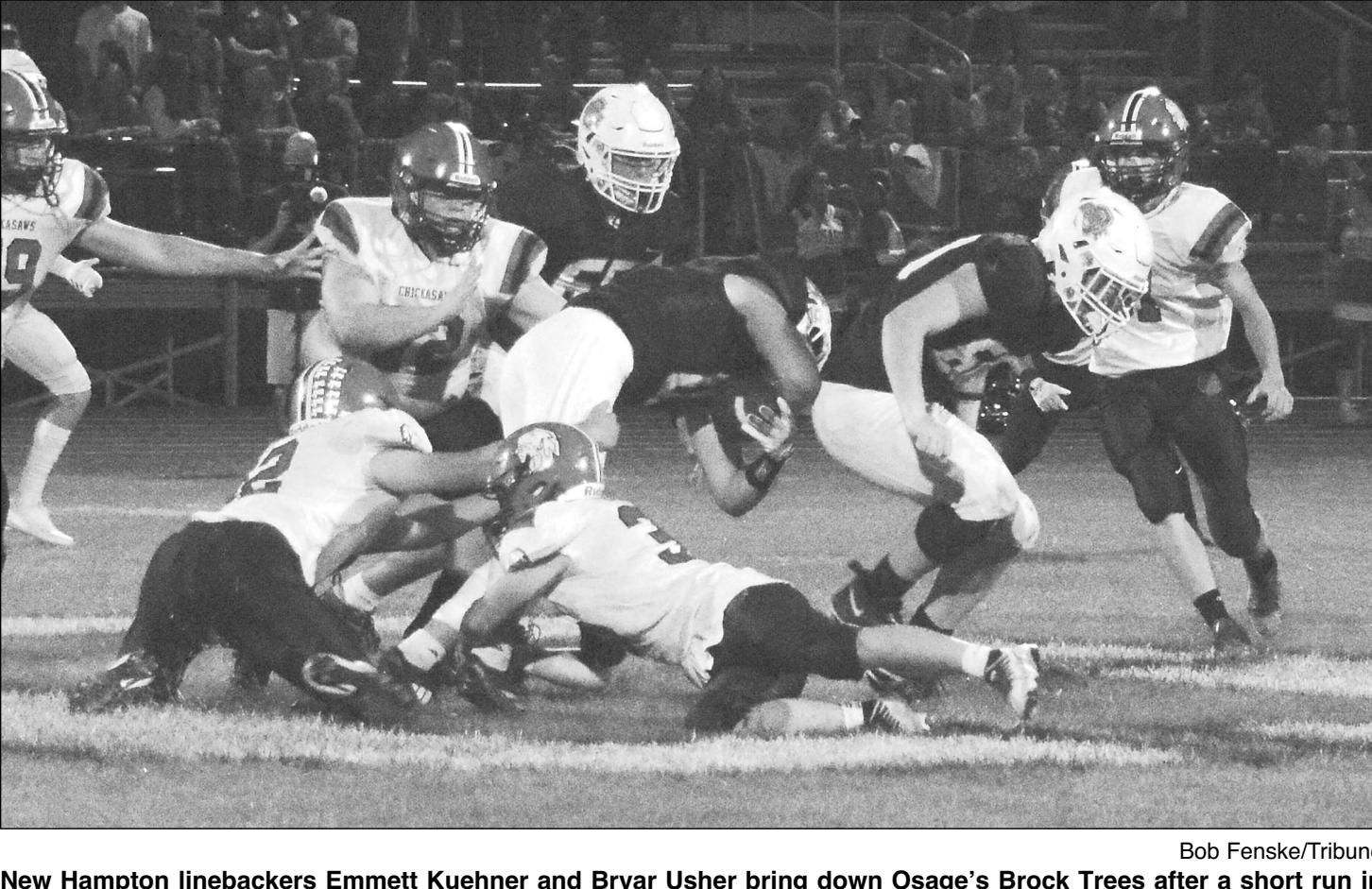


Kelly Terpstra/Tribune

**Turkey Valley girls cross country runners stretch before a race this season.**

Iowa Conference meet on Thursday, Oct. 17. The state qualifier in Class 1A for Turkey Valley – at a site yet to be determined – is slated to go down

on Thursday, Oct. 24. The state meet at Fort Dodge in Class 1A will take place on Saturday, Nov. 2 at Lakeside Municipal Golf Course at Kennedy Park.



Bob Fenske/Tribune

New Hampton linebackers Emmett Kuehner and Bryar Usher bring down Osage's Brock Trees after a short run in the first half of Friday night's game.

## Chickasaws show positive signs, especially in first half

**NH FOOTBALL: FROM 18**

### Class 2A, District 3 Football

	Dist.	All
North Fayette V	1-0	3-1
Crestwood	1-0	1-3
Osage	1-0	1-3
Waukon	0-1	1-3
New Hampton	0-1	0-4
Oelwein	0-1	0-4

#### LAST FRIDAY RESULTS

Osage 34, New Hampton 6  
Crestwood 1, Oelwein 0  
(forfeit)

North Fayette Valley 31,  
Waukon 14

#### THIS FRIDAY GAMES

Oelwein at New Hampton  
Osage at North Fayette  
Valley  
Waukon at Crestwood

eight tackles.

"Those three guys all are relentless kids and they played some really good football," Pemble said. "They don't give up on too many plays I can tell you that much."

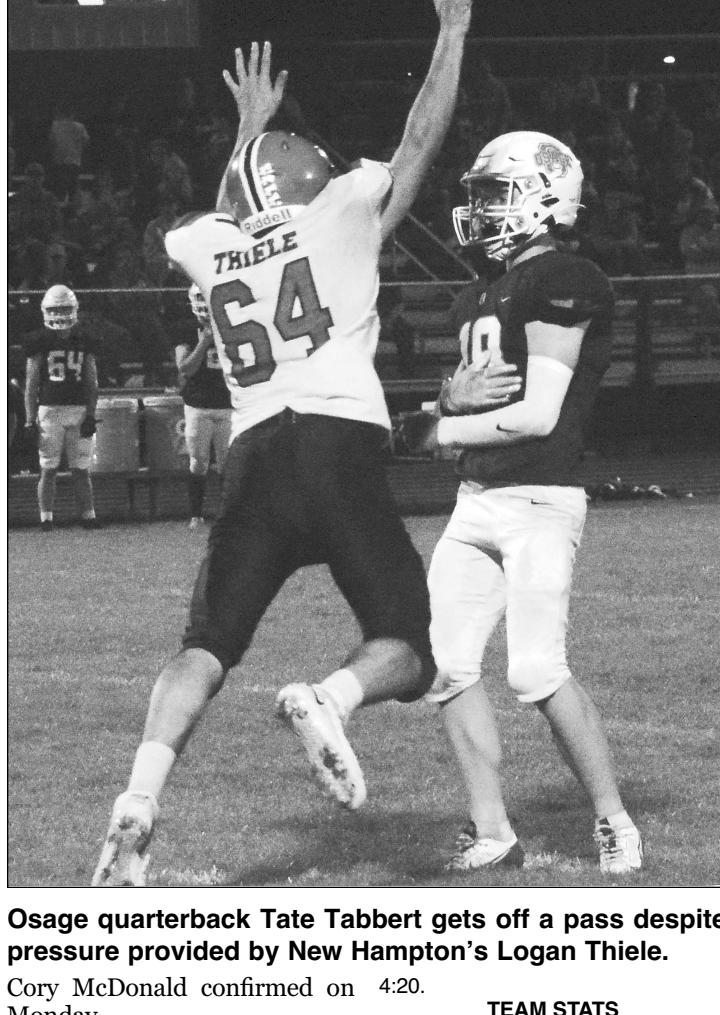
New Hampton's offense was led by Rausch, who completed 13 of 21 passes for 100 yards, but the Chickasaws' running game couldn't find traction until late in the game. Osage held the Chickasaws' leading rusher, Beau Serie, to just 48 hard-fought yards on 18 carries. The senior came into the game with 373 rushing yards on 66 carries.

"We didn't block very well, let's just leave it at that," Pemble said. "We'll get back to work this week and find a way to improve."

The big question, at least going into the week, was the state of New Hampton's Friday homecoming game against Oelwein. The Huskies for a second straight week forfeited their varsity game because of limited numbers due to injuries suffered in a game against Jesup on Sept. 6.

"We obviously want to play and hopefully we get the chance," Pemble said. "Our focus, though, is going to be the same — get ready to play a game and get better."

The good news, though, is it appears Oelwein's varsity has healed up enough to play Friday, a fact that New Hampton Activities Director



Osage quarterback Tate Tabbert gets off a pass despite pressure provided by New Hampton's Logan Thiele.

Cory McDonald confirmed on 4:20.

Monday.

The freshman game kicks off at 5 p.m., and in between games, the Chickasaw Athletic Booster Club will induct four new members — Scott Frerichs, Rick Kramer, Megan (Lehman) Olson and Carter Stochl — into its Hall of Fame.

The varsity game is set for 7:30 p.m., and at halftime, New Hampton will crown its homecoming queen.

#### OSAGE 34, NEW HAMPTON 6

NH 6 0 0 0 - 6  
Osage 0 6 13 15 - 34

#### FIRST QUARTER

NH - Adam Ewert 25 pass from Reid Rausch (kick failed), 4:05.

#### SECOND QUARTER

O - Brock Trees 5 run (run failed), 8:32.

#### THIRD QUARTER

O - Madden Uhlenhopp 28 pass from Tate Tabbert (run failed), 8:07.

O - Gavin Muller 34 run (Isaac Houdek kick), 3:21.

#### FOURTH QUARTER

O - Uhlenhopp 47 pass from Tabbert (Tabbert run), 8:48.

O - Trees 26 run (Houdek kick),

#### TEAM STATS

	NH	O
First downs	8	11
Rushes-yards	29-72	44-268
Passing yards	100	119
Total net yards	172	387
Att-Comp-Int	21-13-0	9-7-0

#### NEW HAMPTON STATS

Rushing - Kale Venem 8-55, Beau Serie 18-42, Reid Rausch 3-2.

Passing - Reid Rausch 13-21-100.

Receiving - Tate Schwickerath 7-26, Adam Ewert 4-77, Jay Pickar 2-(3).

Tackles - Emmett Kuehner 9.5,

Bryar Usher 9, Jackson Kellogg 8,

Serie 6, Schwickerath 4, Logan Thiele 3.5, Roy Barron 3, Jay Pickar 2.5,

Bryce Flugum 2.5, Tristin Willadsen 2.5, Kyson Kielman 2.5, Dylan Maloy 1.5, Cade Carpenter 1.5, Cargin Robinson 1, Isaac Vidales 0.5, Ryan Willadsen 0.5.

Tackles for loss - Usher 4, Kuehner 2.5, Barron 1.5, Kellogg 1, Kielman 0.5, Flugum 0.5.

Sacks - Barron 1.5, Kuehner 1.5,

Usher 1, Kielman 0.5.

Fumble recoveries - Usher 1-0,

Kuehner 1-0, Rausch 1-0.

Kickoffs - Pickar 2-50.0.

Punts - Venem 6-37.2.

Kickoff returns - Ewert 3-19.0,

Serie 2-15.5.

## ON TAP FOR CHICKASAWS, TROJANS

### THURSDAY

Turkey Valley 9/JV/V volleyball at Kee High, 5 p.m.

### FRIDAY

New Hampton football vs. Oelwein, 9th at 5 p.m., varsity at 7:30 p.m. (Homecoming)

Turkey Valley football at Clarksville, 7 p.m.

### SATURDAY

New Hampton 9th volleyball at Mason City tournament, 9 a.m.

### MONDAY

New Hampton 9th volleyball at Charles City, 5 p.m.

New Hampton JV football at Oelwein, 6 p.m.

New Hampton JV volleyball quad, 6 p.m.

Turkey Valley JV football vs. West Central, 6 p.m.

### TUESDAY

New Hampton cross country at Jesup, 4:15 p.m.

Turkey Valley 9/JV/V volleyball vs. South Winneshiek, 5 p.m.

### FRIDAY, OCT. 4

New Hampton football at North Fayette Valley, 9th at 5 p.m., varsity at 7:30 p.m.

Turkey Valley football vs. Waterloo Christian (Homecoming) 7 p.m.

### SATURDAY, OCT. 5

New Hampton varsity volleyball at Waverly-Shell Rock tournament, 9 a.m.

Turkey Valley varsity volleyball at Oelwein tournament, 9 a.m.

New Hampton and Turkey Valley cross country at Cresco Country Club, 9:30 a.m.



**NH FOOTBALL: FROM 18**

## Sports Briefs

### After impressive streak ends, Wartburg picks up big gridiron win

The Wartburg football team that is coached by former New Hampton standout Chris Winter bounced back from its first regular season loss since 2021 in a big way Saturday when the Knights beat Central 10-6 on the road in the American Rivers Conference opener for both teams.

Coach Chris Winter, a 2000 graduate of New Hampton High School, and the Knights saw their 22-game regular season winning streak — one that dated back to November 2021 — come to an end with a 35-13 road loss at Minnesota power St. John's.

That set up an almost must-win situation for Wartburg, and the Knights jumped out to a 10-0 lead and then rode a suffocating defense to a victory in a matchup of the two ARC favorites.

Wartburg limited Central to just 27 rushing yards on 22 rushes and held the Dutch, who came into the game averaging 467.5 yards of offense a game, to 256 total yards.

The Knights, who are ranked 16th in the nation, will play their first home game this Saturday when they take on Nebraska Wesleyan. Kickoff is set for 1 p.m.

### Shooting for a cure set for Oct. 5 at Fredericksburg Sportsman's Club

A benefit shoot at the Fredericksburg Sportsman's Club will take place on Saturday, Oct. 5 at 10 a.m. to kick off Cancer Awareness Week at the New Hampton High School.

Contestants at the event — which is located at 2410 Odessa Ave., New Hampton just south of Boyd — are charged a \$35 entry fee, which does not include ammunition. There will be 50 rounds fired and prizes will be awarded for the top three shooters.

"Ribbons In Honor" may be purchased at Schueth Ace Hardware or Office World in New Hampton, to be displayed in honor of a loved one impacted by cancer.

Also at the event will be a bake sale, raffle and a free-will donation meal.

Proceeds from the event will be used by MercyOne New Hampton Middle School and Beyond Pink TEAM in the fight against cancer.

### COFFEE CUP BOWLING

#### STANDINGS

	W	L	High individual series:
Vern Laures Auto	5.5	2.5	Nehl 567, Linda Lechtenberg 542, Rita Geerts 508.
Geerts Plumbing	5	3	
Rochford Insurance	4.5	3.5	
Hugeback-Johnson	4	4	Laures Auto 460, Hugeback-Johnson 447, Rochford 441.
Mid-Tech Services	3	5	
Dak's Tap	2	6	

#### SEPT. 18 RESULTS WEEK 2

Hugeback-Johnson 2,

Geerts Plumbing 2

Rochford Insurance 3, Mid-Tech Services 1

Vern Laures Auto 3, Dak's Tap 1

#### LEADERS

##### High individual games:

Diane Nehl 212, Linda Lechtenberg 191, 191.

Karen Schmitt, Secretary



Kelly Terpstra/Tribune

New Hampton's Connor Stumme sprints to the finish line at a meet held in Waverly earlier this month.

Ohrt talked about her squad's cohesive bond that helps them run faster.

"The really cool thing about the boys is they have a bond. They're all in," said Ohrt. "They're goofy, they're silly, but they also support each other because they're all friends. It's really neat to see at meets."

#### OSAGE INVITE BOYS TEAM SCORES

Crestwood 50, Osage 73, Central Springs 95, New Hampton 96, St. Ansger 117, Mason City Newman 137, Nashua-Plainfield 148, Forest City 214.

Individual winner (99 runners) - Kade Van Roekel, Lake Mills 17:14.6.

New Hampton results - 20. Calyb Zeien 19:37.9, 32. Connor Stumme 20:37.4, 33.

&lt;p

**TV looks to finish strong**

XC season heads into most important stretch

By KELLY TERPSTRA

sports@nhtrib.com

The Turkey Valley Trojans are getting close to that time of the year that most cross country coaches call their "championship season."

For Sarah Bakula and her Trojan harriers, that means more than half of her squad's meets are complete after Tuesday's run at Waukon.

"We're training through the meets eventually with the goal to increase aerobic fitness," said Bakula. "We're looking toward the end of October where districts and hopefully state are where we're going to peak and where we're going to drop the mileage and focus on our best times of the year."

TV ran at Starmont last week Tuesday and the temperature at the start of the girls race was unseasonably warm.

That mid-80-degree mercury isn't always the best weather to run in and the Trojans' time reflected those less-than-ideal conditions.

"Biologically, our bodies can handle only so much heat," said Bakula. "So your body is going to slow down and it's going to get fatigued faster in general. I wouldn't say that's for everybody. Some people can certainly run really great in the heat. It's just not ideal."

Bella Stika, a sophomore,

clipped out on the 5K course at Starmont to a tune of 23:02.37, which placed her in the 34th position.

Stika's sophomore teammate – Hazel Nieman – finished her race in a time of 23:37.86. Nieman is looking to improve on that 53rd placing the rest of the way in 2024. She's eyeing a career PR that is well over a minute faster than that.

"She's a lot stronger than she was last year. She didn't even think she was going to run that fast last year," said Bakula about Nieman's PR. "I think it's fully possible this year. Her and Bella have been doing a lot of workouts together."

Nieman is only about 15 seconds off of her career PR (22:29), which was set at the conference meet last year. Her PR this fall of 22:44 was accomplished at the All-American meet at Luther College in Decorah the week prior to this Starmont run.

"They are improving, whether that's just in mindset – at least going out and giving an effort, because your best effort is not always going to be a PR," said Bakula.

TV freshman Madalyn Vsetecka earned a top-10 finish in the JV girls race with a time of 25:36.22 (eighth place). Trojan sophomore Avery Franzen ran 25:28 in the boys

SEE TV XC, 15

Turkey Valley quarterback Logan Busta (above) follows the block of Hunter Kruse for a big gain while the Trojans' Mitchell Kriener (below) puts pressure on the quarterback in last Friday's game in Elkader.

**Trojans overpower Warriors**

Turkey Valley runs for 375 yards on its way to 58-22 district win over Central Elkader



By KELLY TERPSTRA

sports@nhtrib.com

Everyone got in on the fun in Turkey Valley's rout over Central Elkader on Friday night – except if you're a Warrior.

The Dittmer Sports Complex in Elkader saw a lot of points scored in Week Four of this particular high school football clash. The problem for the host Warriors was that the majority of those touchdowns scored came from the opponent – Mark Scott's Trojans.

Turkey Valley (2-2, 2-1) encountered little resistance in its third 8-Man, District 3 contest of the fall as it pummeled Central, 58-22.

TV ran for 375 yards and bounced into the end zone eight times. The Trojans led 44-14 at the break and proceeded to limit Central (1-3, 0-2) to just 76 yards on the ground – although all of the Warriors' points came via their rushing attack.

"This was a good district win for the team. Offensively we moved the ball very well," said Scott.

Treyton Franzen and Kaden Schmidt – both Trojan sophomores – each plunged into the

**Eight-Man,  
District 3 Football**

	Dist.	All
Don Bosco	3-0	4-0
Kee High	2-1	3-1
Turkey Valley	2-1	2-2
Riceville	1-1	3-1
Waterloo Christian	1-1	2-2
Central Elkader	0-2	1-3
West Central	0-3	0-4

**LAST FRIDAY RESULTS**

Turkey Valley 58, Central Elkader 22  
Don Bosco 49, Kee High 12  
Riceville 67, West Central 7  
Waterloo Christian 36, GMG 14

**THIS FRIDAY GAMES**

Turkey Valley at Clarksville  
Central Elkader at Waterloo Christian  
Kee High at Riceville  
West Central at Don Bosco

end zone on rushing scores in the first quarter.

Then TV busted out for four scores in the second quarter – two by Trojan standout J.D. Kruse.

Kruse, a junior, is one of 8-Man's most dangerous weapons on both sides of the ball as

SEE TV FOOTBALL, 15



Turkey Valley freshman Madalyn Vsetecka pulls ahead of a Lake Mills runner at Charles City earlier this year.

**Seniors get spotlight in Senior Night's first game****NH VOLLEYBALL: FROM 18**

mode as to what its future conference affiliation may look like.

Before the conference is put to rest and forever enshrined in the annals of history books – there's still league crowns left to be won in one last go-round for the proud league that sports countless state titles achieved.

The five-team league title is up for grabs and that's something the two-time defending champ Chickasaws still want to reel in this fall – even if their 11-match regular season NEIC win streak was snapped earlier this month by Charles City.

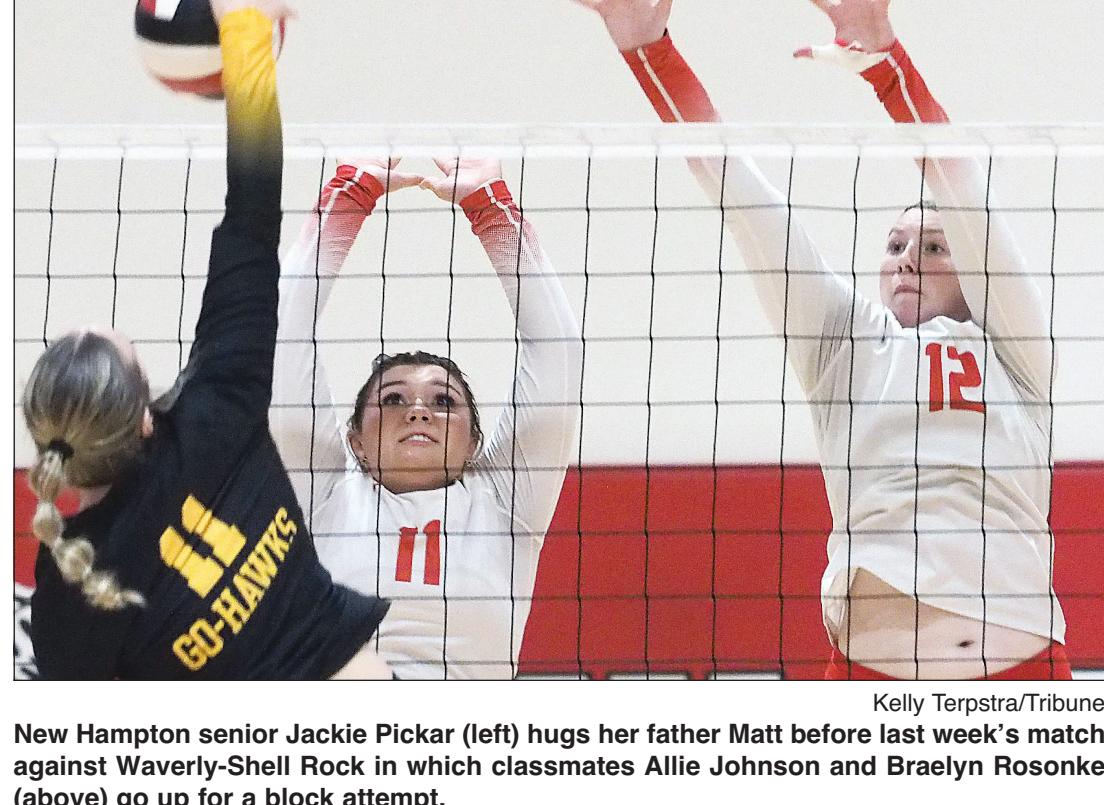
"Do we want to win it? Yes – especially in a year like this year, absolutely," said Geerts, in her 19th season at the helm of her Chickasaws. "You want to see some success in that."

The 14-4 Comets are 2-0 in the league and have two more NEIC matches to play before the conference tournament is going to be played all in one day over in Cresco on Saturday, October 19. The league has not crowned a shared champion since 2013 when Charles City and W-SR were christened co-champs.

"I hope it's a shared thing. We should have beat Charles City. We know we can beat them," said Geerts. "Hopefully somebody can get them and we can finish out with wins and go from there. Maybe two people will beat them, you never know."

NH defeated Charles City in two sets at the Comets' triangular last month – 25-23 and 25-21.

While New Hampton wasn't able to exact revenge on the Go-Hawks the second time around on Thursday – W-SR defeated NH 21-15, 20-22, and 15-10 at the Osage Invite a few weeks back – the Chickasaws did play well during stretches, but not good enough to pull out



New Hampton senior Jackie Pickar (left) hugs her father Matt before last week's match against Waverly-Shell Rock in which classmates Allie Johnson and Braelyn Rosonke (above) go up for a block attempt.

The Chickasaws also play in a stout quad at Wapsie Valley on Thursday, Oct. 17 against the likes of the host Warriors, who are rated No. 13 in Class 2A, sixth-ranked Dike-New Hartford and No. 9 Summer-Fredericksburg. D-NH pulled off a perfect 50-0 season en route to its third state crown in the last four seasons in 2023.

The conference standings in the NEIC as of Tuesday afternoon look like this. Charles City is in first place, as noted before, and Decorah (8-1, 1-0) sits in second-place. The Vikings' lone loss of the season came at the hands of W-SR last week Tuesday by scores of 25-22, 25-13, 23-25 and 25-14. Crestwood (15-3, 1-1) is tied with New Hampton for third in the league and Waukon (12-6, 0-1) is in fifth place.

It was also a special moment

for the Chickasaws on Thursday before the W-SR match as New Hampton celebrated its seniors in their final home match of the year. Geerts and her coaching staff recognized six seniors on the roster in Taylor Ries, Olivia Hoy, Allie Johnson, Braelyn Rosonke, Aleah Eichenberger and Jackie Pickar.

That meant every senior was on the court at the start of game one versus the Go-Hawks – a tradition Geerts hopes to continue long in the future.

"Game 1 is always special because it was Senior Night and kids have the opportunity to play who maybe don't see a lot of court time. Those seniors did great, although we didn't get the win, we still played with a lot of joy and heart," said Geerts.

As far as the stats were concerned in the W-SR match, Rosonke led NH in kills with 12,

followed by freshman Aleigha Cahoy (seven kills). NH junior Maici Weber accumulated 16 assists and made five blocks. Ries led the way with 13 digs and was 11-11 serving.

The start of regional play in Class 3A begins on Oct. 22.

**WAVERLY-SHELL ROCK 3,**  
**NEW HAMPTON 0**

Waverly-Shell Rock 25 27 25  
New Hampton 22 25 16

Kills - Braelyn Rosonke 1, Aleigha Cahoy 7, Chloe Weigel 3, Sydney Laures 2, Allie Johnson 1, Ella Wassenaar 1.

Assists - Maici Weber 16, Johnson 7, Rosonke 1, Taylor Ries 1.

Digs - Ries 13, Cahoy 7, Weber 7, Johnson 7, Jackie Pickar 6, Camryn Smith 5, Wassenaar 4, Laures 2, Olivia Hoy 1, Aleah Eichenberger 1.

Blocks - Weber 5, Laures 3, Rosonke 3, Eichenberger 1.

Serving - Ries 11-11, Wassenaar 6-6, Cahoy 9-11, Weber 3-6, Hoy 3-3, Johnson 3-4, Rosonke 9-10, Eichenberger 6-6, Pickar 7-8.

Aces - Wassenaar 1, Cahoy 1, Hoy 1, Rosonke 1, Pickar 1.

# Chickasaws show growth but remain winless



Bob Fenske/Tribune

New Hampton's Roy Barron jars the football loose from Osage quarterback Tate Tabbert during the first quarter of Friday's Class 2A, District 3 game.



Kelly Terpstra/Tribune

Turkey Valley's Kinsey Reicks and Delaney Busta (above) put up a block while teammate Layni Schuchhardt (below) scores a point near the net against Postville Tuesday.

## Trojans make it quick in UIC win over Pirates

Turkey Valley improves to 3-1 in Upper Iowa

**BY KELLY TERPSTRA**

sports@nhtrib.com

What does it mean to be a Turkey Valley senior?

Trojan all-conference senior middle Kinsey Reicks let it be known after her squad's three-set sweep over the underdog and winless Postville Pirates on Tuesday night in Jackson Junction.

"I try and be a leader on the court. I try and lift people up and I hope people do the same for me also," said Reicks. "Everyone needs someone to look up to. When I started sophomore year I was very nervous, but those seniors led me through it."

That type of leadership was critical on this evening when the overmatched Pirates (0-7, 0-3) had Turkey Valley on its heels after a 8-2 lead in game two. Turkey Valley later managed an 11-0 run in that crucial set two to take control of the match.

The final scores read 25-21, 25-14 and 25-14 – all in the Trojans' favor.

"It was definitely not how we thought we were going to go into the games. They were definitely a lot more scrappy than we were expecting," said TV head coach Ashley Walz, who splits coaching duties with longtime Trojan coach Tammy

Vrzak.

Game one really didn't go all that well for the favored Trojans either – at least early on – as the Pirates stuck around before a 7-1 run closed out game one.

"I think we just found our groove. We started off rough. We weren't really talking much. Once we started to get our kills, get our hits, then we got hyped up. Then we started to put things down," said Reicks.

Reicks – who leads the Trojans in blocks (18) alongside fellow senior Delany Busta's 16 up front near the net – was one of five seniors honored on Senior Night. The other Trojan seniors who received recognition before the start of the varsity match were outside hitter Layni Schuchhardt, libero Morgan Vsetecka and defensive specialist Alexis Elsbernd.

Schuchhardt made several plays down the stretch for the Trojans to help dominate game three. She leads the team in kills with 59.

TV improved to 7-10 overall and 3-1 in the Upper Iowa Conference. Although that mark could well change for the better as the Trojans are looking to catch fire here as the latter portion of the regular season awaits with a key match versus rival South Winn scheduled to be played at home on Tuesday, Oct. 1.



Kelly Terpstra/Tribune

New Hampton's Aleah Eichenberger and Aleigha Cahoy (above) go up to try to thwart a kill attempt by Waverly-Shell Rock's Kylee Reuter and the Chickasaws' Olivia Hoy (below) puts up a serve during a match last week.

## Chickasaws battle on Senior Night

New Hampton competitive but falls to old NEIC rival W-SR in non-league match

**BY KELLY TERPSTRA**

sports@nhtrib.com

The oldest conference in the entire state of Iowa will soon be no more after the 2024-2025 athletic season.

So one really can't chide volleyball fans in attendance that felt just a tad nostalgic when New Hampton and Waverly-Shell Rock locked horns once more on Thursday night on the Chickasaws' home floor.

That's why this old-school NEIC battle sure felt like a key league clash for Jess Geerts' Chickasaws – even if it wasn't.

Waverly, before it consolidated with the much smaller community of Shell Rock, was part of the initial seven-team league that formed over 100 years ago back in 1920.

Those founding members were Waverly, New Hampton, Charles City, Cresco (which later became Crestwood), Decorah, Oelwein and Osage.

All that's left in the conference now after W-SR became an independent starting this school year, Oelwein jumped ship to the NICL and Osage



left clear back in the late 50s, are charter members New Hampton, Decorah, Charles City, Crestwood and Waukon, which joined the NEIC later on.

Starting next fall Charles City will move over to the North Central Conference and New Hampton, Waukon and Crestwood will compete in the Upper Iowa Conference.

Decorah is still in wait-and-see

**SEE NH VOLLEYBALL, 17**



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New Hampton's solid first half goes for naught as Osage uses strong running game late in 34-6 victory

**BY BOB FENSK**

editor@nhtrib.com

It was, in coach Chad Pemble's mind, a step in the right direction for the New Hampton football team.

Granted, the Chickasaws were still winless after Friday's Class 2A, District 3 opener at Osage as the Green Devils pulled away for a 34-6 victory, but New Hampton showed plenty of resilience, especially in the first half, after a disheartening couple of weeks when the Chickasaws were outscored by a combined 118-27.

"We made a lot of growth," Pemble said, "and I know from the outside looking in, people probably don't see that but as coaches, we saw a lot of positives, especially in that first half. And then, not because we're not in shape, but I think we got a little worn

down because of our lack of size and experience. But we moved the needle a lot against Osage."

That was especially true in the first 24 minutes of the ballgame.

Midway through the first quarter, New Hampton took its first lead since the opening game of the season, and it started with the defense.

Sophomore defensive lineman Roy Barron forced a fumble on a sack near midfield and Emmett Kuehner recovered to give the Chickasaws excellent field position at midfield.

"Roy made a great play there," Pemble said. "He was explosive off the ball, had a really good rush and made a great hit and Emmett was coming hard and fell on it. Forcing turnovers is a big part of football, and we took advantage

**SEE NH FOOTBALL, 16**

## New Hampton runners are halfway home

Chickasaws' 19th-ranked girls get top-10 finish from Glaser

**BY KELLY TERPSTRA**

sports@nhtrib.com

Jamie Ohrt has a goal this year for her New Hampton Chickasaw cross country runners.

She wants to inspire her runners for worthy achievements and her route to commanding them for their hard work this fall is by awarding them a free T-Shirt.

Not just any T-Shirt – mind you – but a Flash Gordon one.

Those are some snazzy, retro threads indeed.

For those that aren't old enough to remember the comic strip character that is Flash Gordon – a short history lesson is in order. The character in question is a spaceman hero of science-fiction lore that also spawned an early 1980s movie and television show clear back in the 50s – among other things.

Just what do his super powers have to do with cross country?

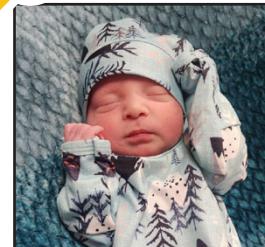
That's a good question that

**SEE NH XC, 16**



Kelly Terpstra/Tribune  
New Hampton's Adrianna Kinley competes at a meet in Waverly earlier this month.

**It's A Boy!**  
**Abel Paul**



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Born September 11, 2024 at 12:26 am

Weight: 6 lbs. 7 oz. • Length: 18"

Parents: Felisha Flugum & Jacob Rosonke

Hometown: New Hampton, IA

Siblings: Ava (4)

Grandparents:  
Faith Stevens of Lynxville, WI; Ryan Flugum of Lime Springs, IA;  
Paul Rosonke & Cheryl Anderson of Alta Vista, IA

Delivery Team: Dr. Kammerer; nurses Hriti, Haley G, & Zoe

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