

New Hampton Chickasaw County TRIBune

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Emotions high after police chief resigns

New Hampton leaders: Pederson's actions while shopping off-duty brought 'reproach' to the city

BY BOB FENSK
AND KELLY TERPSTRA
Of the Tribune

Emotions ran high Monday night in the New Hampton City Council chambers after the city's mayor announced that he had accepted the resignation of the city's police chief, Tim Pederson, after council members met in closed session for almost 1 1/2 hours.

FULL TEXT OF STATEMENT RELEASED BY CITY.

— PAGE 8

When the council returned to open session, Mayor Steve Geerts read a short, terse statement.

"I've accepted the resignation of Tim Pederson," Geerts said. "Officer

Doug Eagan will be put in place as interim police chief, effectively immediately."

City leaders would not comment on what prompted the closed session or why Pederson resigned, and Pederson also declined to discuss why he was leaving the city on Monday evening.

But on Tuesday, the city released a statement on its Facebook page that detailed what led to the closed session

and Pederson's subsequent resignation.

"Chief Pederson submitted his resignation because of conduct which was determined to bring reproach upon the city," the statement read, "and which did not MEET the expectations of Pederson's position as the chief of police."

The statement went on to detail that

on March 29, while shopping, Pederson noticed \$40 cash remaining in a self-checkout lane, and rather than turning the money into the

SEE POLICE CHIEF, 8

Supervisors trim a bit more from tax-asking

County leaders hold off on final approval of budget; tax-asking increase is now at 14.1 percent

BY BOB FENSK
editor@nhtrib.com

It's still a healthy percentage increase when it comes to Chickasaw County's tax-asking for the 2024-25 fiscal year, but the Board of Supervisors on Monday did a little more trimming Monday morning.

After a 30-minute public hearing on the proposed 2024-25 budget and tax levy, board members reached a consensus to drop the Rural Services Basic (RSB) levy from \$3.70 per \$1,000 valuation to \$3.52703 per \$1,000 valuation, but they held off on approving the budget and tax levy for the fiscal year that starts on July 1 until at least next Monday.

Monday's consensus means that the tax-asking of the three main levies — General Basic (GB), General Supplemental (GS) and RSB — will increase by 14.1 percent next year. When board members approved their maximum levy last month, that increase was 18.95 percent.

After the max levy public hearing was held on March 27, board members dropped the GS levy rate by about 30 cents per \$1,000 valuation, a move that dropped the tax-asking increase to 15.89 percent.

On Monday, supervisors agreed to move just one sheriff's deputy — not two — from GB to RSB to come up with the savings in the latter's tax levy rate.

The action came after a relatively quiet budget hearing, one in which just one county resident spoke and another submitted a letter to be "read into the record."

Former County Auditor Joan Knoll, who is seeking the District 3 Supervisor seat currently held by Jake Hackman emphasized that she was appearing as a county resident and chastised

SEE SUPERVISORS, 8

Turkey Valley FFA member enjoys the farm bot 'challenge'

New addition to greenhouse just one of many success stories for organization

BY BOB FENSK
editor@nhtrib.com

It's a cool Friday morning on the campus of Turkey Valley High School, and the warmth is welcome as one steps into the school's FFA greenhouse.

"Trust me, it's nice now," FFA Advisor Steve Pfaffle said, "but it gets hot. You'll be sweating soon, I guarantee it."

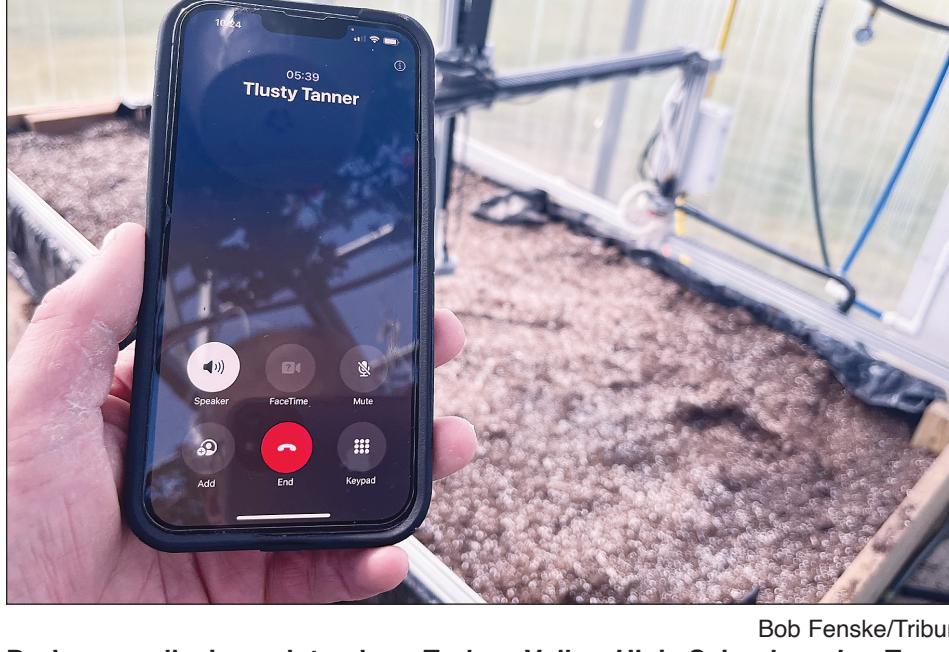
Then again, these

are hot times for the Turkey Valley FFA

SEE TURKEY VALLEY, 2

School start day
New Hampton School Board approves two different calendars for 2024-25 academic year

Page 3



During a cell phone interview, Turkey Valley High School senior Tanner Tlusty controls his school's FFA farm bot.

Non-profit's race critical to keeping organization 'busy'

Annual Everybody Hurts is set for April 26

BY BOB FENSK
editor@nhtrib.com

Since the first Everybody Hurts 5K Walk, Run or Ride was held in 2021, the organization that promotes mental health awareness and suicide prevention has been, in a word, busy.

Everybody Hurts has brought national speakers to Chickasaw County and its schools, provided QPR training (Question, Persuade, Refer) and ASIST training to any county residents who want it, led a monthly group for suicide survivors, helped families who have lost a loved one to suicide by providing packets of information, handed out schol-

arships to individuals furthering their educations in mental health fields and worked with Public Health officials to help educate residents on mental health issues.

Whew, in other words, it's been a busy four years for the men and women of Everybody Hurts.

"I think one of the greatest values that has come from this nonprofit is to be able to share our journey with others," Everybody Hurts volunteer Dawn Heying said, "and help normalize mental health to get rid of the stigma attached to it. There are many people affected by this that don't talk about it,"

SEE EVERYBODY HURTS, 9

Home cooking

New Hampton girls take second at pair of home track meets

Page 15

Not just talking
Four students represent New Hampton Middle School well at regional oratory event

Page 4



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Turkey Valley FFA chapter celebrating a good year

TURKEY VALLEY: FROM 1

organization, and Pfaffle is understandably proud of his 50-strong chapter that has had one heck of a year. As he gives the reporter a tour of the greenhouse, he talks about the accomplishments — partnering with New Hampton's FFA to package 100,000 meals for Meals from the Heartland, garnering success at various contests and expanding their greenhouse offerings.

Pfaffle then comes to the corner of the greenhouse where Turkey Valley's farm bot is

located.

What's this?

"Oh, this is really cool, and I mean really, really cool," he says before talking about the capabilities of the machine that plants seeds in a bed, waters them and weeds them.

So how does it work?

"Let's see if we can get Tanner, and he can explain everything," Pfaffle says as he reaches for his phone.

Can't we just have him come



Bob Fenske/Tribune

Turkey Valley FFA Advisor Steve Pfaffle takes a break in between classes to check on lettuce plants in the greenhouse where scores of plants, flowers and vegetables are being grown for the upcoming Flower Fest sale.

out here?

"Well, Tanner's in Florida but, trust me, if we can get a hold of him, he can show you everything," Pfaffle answers.

Thusty answers the phone, and yes, he says, he has a few minutes to spare on a trip in which he's visiting Cape Canaveral to watch rockets launch into space.

And all of a sudden, the bot comes to life. Yep, Thusty is controlling the bot from more than 1,400 miles away from Jackson Junction.

As he works the bot to pick up seeds and plant them, the Turkey Valley senior is asked about the learning curve he had

to navigate the machine.

"I'm not going to lie," he says with a laugh, "but I've learned a lot — and I mean like a ton — about patience. I'm getting the hang of it now, but man, I was going kind of nuts with it for a while. But Pfaffle's right, it's so cool when it works the way you think you programmed it to work."

And it's been great on-the-job training for Thusty, who plans on attending Iowa State University and studying mechanical engineering.

"Doing things like this," he says as he continues to maneuver the bot, "has just made me even more pumped to get into

mechanical engineering. When we got this, I was jacked up, man, and even though it was um, well, challenging, I've learned so much."

After giving a demonstration for a few minutes, the final day of vacation beckons Thusty away, but Pfaffle says it's because of students like Thusty that the organization he has advised has thrived during the 2023-24 school year.

"This has been a really, really, really good year for Turkey Valley FFA," he says, "and what I love about the kids I have here is that they embrace the challenges. You look at Tanner, he's here nights, weekends ... I'm surprised he doesn't have a cot here. And we have a lot of kids

like that."

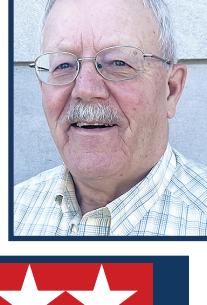
Pfaffle, by the way, wasn't kidding when it came to the greenhouse temperature. The sun bearing through the roof and walls of the facility makes it a warm day in the greenhouse that includes flowers, vegetables and plants hanging from the ceiling and spread out on tables throughout the room.

Those plants are going on sale next month when Turkey Valley FFA holds its annual Flower Fest Sale that is scheduled for May 10-11 and May 18.

"The kids have worked really hard this year, and to me, what makes the program so special," Pfaffle says, "is the fact that they're getting real hands-on experience."

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School start date remains up in the air

New Hampton School Board approves two 2024-25 calendars, certifies next year's budget

BY BOB FENSKE
editor@nhtrib.com

New Hampton Community Schools Superintendent Jay Jurrens is still hopeful that students can head back to class and start the 2024-25 academic year on Tuesday, Aug. 20.

But to do that, he needs the Iowa Legislature's help.

"And I don't know if we're going to get it," Jurrens said Tuesday, a day after the New Hampton School Board approved a pair of school calendars for next year. "The Legislature is close to done but they're debating a bill now that would give us some flexibility."

Under current state law, schools in Iowa can't bring students back to class until Aug. 23, but lawmakers throughout the session have toyed with the idea of loosening that restriction by allowing schools to hold their first day of classes on the Tuesday after the Iowa State Fair ends.

Jurrens told board members Monday night he's "rooting" for a change in the law, especially this year because Aug. 23 falls on a Friday.

"I don't think anyone's a big fan of starting a school year on a Friday," Jurrens said, "and you can count me in that group."

But he's not also betting the proverbial farm that the Legislature will approve the bill moving the allowed start date to the Tuesday after the fair.

"It would help a lot," he said. "There's a lot of issues with our calendar that starts on Aug. 23, and that would solve a lot of the problems."

He pointed out, for example, that there would be a higher likelihood that the school year would end after Memorial Day, especially if there are more snow days needed than in recent years.

"That's something we try to avoid if we can help it," he said, "but basically, we're going to have to do our best with whatever the Legislature gives us ... or doesn't give us."

Board members also on Monday held their second and



Photo courtesy of Matt Manson

New Hampton High School Choir's Skyler Bugenhagen performs a solo for School Board Monday, during the student achievement and recognition portion of the meeting.

final public hearing on the 2024-25 budget and tax levy.

The public hearing passed without comment and board members approved a budget that includes a tax-asking from district property owners that will increase from \$5.91 million this year to \$6.25 million for the fiscal year that begins July 1, an increase of 5.9 percent.

Jurrens has often pointed out that school tax-askings and school tax levy rates are largely formula driven. Also at Monday's meeting:

- Board members approved naming Stefanie Thronson as the district's "literacy leader," a position the board created last month to help the district not only be ready for new literacy

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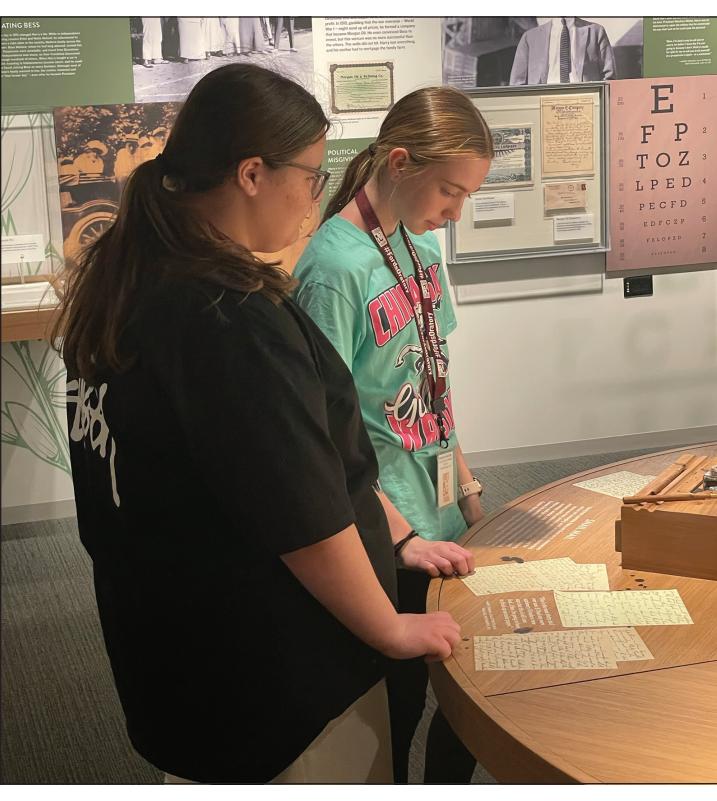
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Photos courtesy of Jason Rude
New Hampton Middle School students Brooklyn Bohaty and Addison Neville (above) look over documents at the Harry S. Truman Presidential Library and Museum and then join fellow eighth-graders Riley Berns and Carson Laures (right), along with instructor Jason Rude, on stage where they performed speeches at a Ford's Theater National Oratory Fellowship regional event.



'Awesome young adults' enjoy regional oratory event

BY BOB FENSKE
editor@nhtrib.com

New Hampton Middle School social studies teacher Jason Rude returned from Kansas City recently impressed.

Yes, the regional event sponsored by Ford's Theater National Oratory Fellowship was outstanding, as was the event location — the Harry S. Truman Presidential Library and Museum.

But what was really inspiring to Rude was the, as he put it, "four awesome young adults" — i.e., four New Hampton eighth-graders — that accompanied him to Kansas City.

"Truthfully, I felt like the New Hampton group set the example for how to conduct themselves at an event like this," Rude said.

"It's the soft skills. Being on time, acting appropriately for the place you are occupying, being quiet and respectful of others who are speaking, and engaging with the others on a human and respectful level."

So take a bow Riley Berns, Brooklyn Bohaty, Carson Laures and Addison Neville, you did well — very well.

Over two days earlier this month, the quartet took part in an event that not only included delivering speeches but also gave them a chance to work on a simulation activity and meet students from different parts of the Midwest.

The students were selected to take the

trip after Rude and language arts instructor Patricia ten Hoeve conducted their annual cross-curricular program in which eighth-graders research, write and deliver speeches on topics that are important to them.

All four admitted giving speeches in Kansas City was much easier than delivering their speeches to their peers.

"It was a lot easier — and I mean a lot easier — giving my speech in front of people I don't know," Neville said. "I was a little nervous right before I gave my speech, but once I got up there, everything went well."

"Trust me," Laures said, "I wasn't as nervous as I was to give it in town. That's hard. Both in class and even at [Oratory Night] with all the parents and stuff, that was hard. This was easy compared to that."

But the students also enjoyed having a chance to explore the Truman Presidential Library and Museum.

"That was definitely the best part for me," Bohaty said. "Being able to explore the museum and seeing all the cool things they had there."

Berns said during the simulation, students were in Truman's cabinet and trying to get food and supplies by air after the Soviet Union shut down all access to West Berlin in 1948. That meant students had a chance to read official documents and papers from the Truman Era.

But ask him about his favorite part of the

trip and he couldn't help but laugh.

Kansas City, of course, is the home to world famous BBQ, and according to Rude, the "mecca of KC BBQ is Joe's ... so we went."

The food at Joe's is outstanding, but it honestly looks like a gas station.

"The best part of the trip was easily the BBQ," Berns said. "When we pulled up to a gas station, I had questions but let's just say those questions were answered."

Rude, though, said he was seriously impressed with how his students "bought into" the simulation activity.

"I think they, and probably most people, figured this trip would be just some talking, a little more talking, and finally, some talking," he said. "What the students found out is that oratory skills are used for things far beyond giving speeches."

In some ways, the cross-curricular activity that led to Kansas City is designed to help students break out of their shells and to allow them to more easily express themselves.

It works.

Just ask Bohaty.

"Standing up in front of people has always been hard for me," she said, "but when it means something to you, when you have said your speech so many times, it makes it much easier. I still don't know if I like it, but I'm glad I can do it and oratory really helped me with that."

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Sunday.

NORTH WASHINGTON

IMMACULATE CONCEPTION

Father Jim Goerend

Mass: Saturday, April
27, 6 p.m.

Abundant love

We take comfort that Jesus was willing to suffer pain and die for us

The word shepherd brings an image to my mind of a male figure with a weather-beaten face, dressed in coarse homespun clothing, with a wooden staff in one hand as he leads a flock of sheep out to pasture.

Mighty Mouse could be considered a precursor to Superman because of his cape and ability to fly in to "save the day"!

Popeye, of course, was protective of Olive Oil, who was bullied by Brutus. He was best known for having superhuman strength after ingesting a can of spinach which caused him the ability to beat Brutus, usually with a mean uppercut.

Jesus, in the tenth chapter of John calls himself the good shepherd ... what makes him "good"? He lays down his life for the sheep in devotion for the sheep.

By laying down his

life Jesus manifested his love for the people. Jesus cares for and has deep concern for his sheep.

Unlike a hired hand, Jesus does what needs to be done by setting boundaries and limits, and makes the sheep do what they are supposed to do. Jesus knows his sheep and they know him.

This relationship between Jesus and his sheep is important to keep the flock together.

Having the ability to gather the sheep for nourishment and protection is a key aspect of a good shepherd's job.

It certainly is com-



Pastor Sue Cira serves Immanuel Crane Creek Lutheran Church in rural Lawler.

forting to know that if a good shepherd is willing to suffer pain and die for the sake of smelly sheep, imagine the love that Jesus, our good shepherd, has for us. Truly an abundant amount, indeed!



CHURCH SPOTLIGHT

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SUNDAY SERVICE TIME: 9 A.M.

What shall we say, then?
Shall we go on sinning so that grace may increase?
By no means! We are those who have died to sin;
how can we live in it any longer?

Romans 6:1-2



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	H	L	P
Wednesday	68	37	--
Thursday	56	39	--
Friday	60	33	--
Saturday	80	32	--
Sunday	78	49	--
Monday	76	47	--
Tuesday	62	45	.78

Forecast

Thursday: Showers likely early; gradual clearing late with a high of 54 and a low of 34.

Friday: Mostly sunny but windy with a high of 49 and a low of 30.

Saturday: Mostly sunny and still cool with a high of 48 and a low of 29.

Sunday: Sunny and warmer with a high of 56 and a low of 35.

Extended forecast: Partly cloudy to start the work week with slight chances of rain; highs in the 60s, lows in the 40s.

Meetings**MONDAY**

• Chickasaw County Board of Supervisors, 9 a.m., Courthouse.

History

• In 1906, at 5:13 a.m., an earthquake estimated at close to 8.0 on the Richter scale strikes San Francisco, California, killing an estimated 3,000 people as it topples numerous buildings.

• In 1945, journalist Ernie Pyle, America's most popular war correspondent, is killed by Japanese machine-gun fire on the island of Ie Shima in the Pacific.

• In 1956, American actress Grace Kelly marries Prince Rainier of Monaco in a spectacular ceremony that generates worldwide media coverage.

• In 2012, Dick Clark, the TV personality and producer best known for hosting "American Bandstand," an influential music-and-dance show that aired nationally from 1957 to 1989 and helped bring rock 'n' roll into the mainstream in the late 1950s, dies of a heart attack at age 82 in Santa Monica, California.

• In 2014, 16 Nepali mountaineering guides, most of them ethnic Sherpas, are killed by an avalanche on Mt. Everest, making it the deadliest day in history on the world's tallest mountain.

Birthdays

• Former Major League Baseball star Miguel Cabrera turns 41.

• American socialite Kourtney Kardashian turns 45.

• Late-night talk show host Conan O'Brien turns 61.

• Canadian comedic actor Rick Moranis turns 71.

• Former NBA basketball star Tiny Archibald turns 76.

• American film actor James Woods turns 77.

Corrections

The Tribune wants to make sure all information it presents is accurate and correct.

If you see an error, please call Editor Bob Fenske at 641-394-2111.

Tribune

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641.394.2111**Donald George Benz, 83**

Donald George Benz, age 83 of Lawler, died Tuesday, April 9, 2024, at his home surrounded by his family.

Funeral service was held at 10:30 a.m. Saturday, April 13, 2024, at Trinity Lutheran Church in New Hampton with the Rev. Kevin Fry and the Rev. Dan Christiansen presiding.

Private family interment will take place at a later date.

Friends greeted the family from 4 to 7 p.m. on Friday, April 12, 2024, at Trinity Lutheran Church in New Hampton. Visitation continued an hour prior to the service on Saturday at the church.

Hugeback-Johnson Funeral Home & Crematory in New Hampton has been entrusted with Don's arrangements.

Don, born on Aug. 18, 1940, in New Hampton, Iowa, was the son of Milton and Dorothy (Rose) Benz. He was raised alongside his siblings in the Lawler area, where he attended Lawler High School and graduated with the Class of 1958.

Following his graduation, Don dutifully served his country, entering the U.S. Army. Upon his return, he resumed his passion for farming, a lifelong endeavor he cherished deeply.

In the course of his farming pursuits, Don met the love of his life, Judy Dinsdale, through his sister. They exchanged vows on June 9, 1963, in Traer, marking the beginning of a beautiful journey together. Their union was blessed with two daughters, who brought immeasurable joy and fulfillment to their lives.

Despite the demands of farming, Don also dedicated himself to other professions, including roles at John Deere in Waterloo and Sara Lee in New Hampton. He maintained a steadfast commitment to both his career and his farm, a testament to his unwavering work ethic and determination.

Don's true passion lay in the fields, where he worked tirelessly alongside his wife, forming a formidable partnership that extended beyond the farm. Together, they nurtured their land and cultivated a legacy of hard work and perseverance.



Don Benz

Beyond his professional endeavors, Don found immense joy in attending his grandchildren's school events ... ALL their events ... fostering cherished memories with each milestone! Even after his own family had graduated, Don continued to support Turkey Valley, exemplifying his deep-rooted commitment to his community.

Don had a knack for making friends wherever he went. He relished in engaging conversations and cherished the camaraderie he found over cups of coffee with friends, taking a brief break from his bustling days.

Donald George Benz leaves behind a legacy of love, dedication, and kindness that will continue to resonate within the hearts of those who knew him. He will be dearly missed and fondly remembered by his family, friends, and the community he so faithfully served.

Don is survived by his wife Judy of Lawler; two daughters, Lana (Ernie) Schmitt of Waucoma, and Rhonda (Dave) Drilling of Waucoma; five grandchildren, Eric Schmitt of Caledonia, Minnesota, Jordan (Nate) Lentz of Peoria, Illinois, Brian (Teresa) Schmitt of Lawler, Isaiah Drilling of Waucoma, and Olivia Drilling of Waucoma; three great-grandchildren, Leo Schmitt and Waylon and Charlie Lentz; and one sister, Lucille (Paul) Hereid of New Hampton.

He was preceded in death by his parents and one brother, Claire (Mona Loy) Benz.

Steven Rae Banser, 65

Steven Rae Banser, age 65 and formerly of Nashua, died Tuesday, April 16, 2024, at his home surrounded by family in Buffalo, Minnesota.

Services are pending with Hugeback-Johnson Funeral Home & Crematory/Olson Chapel in Nashua.

Briefs**Not So Newlywed Game set for tonight at Pub at the Pinicon**

The New Hampton Rotary Club will hold its annual Not So Newlywed Game this evening (Thursday) at the Pub at the Pinicon.

The event featuring the famed television "couple vs. couple" game will start at 6:30 p.m., and tickets are \$30 and available at the door.

New Hampton High School to present spring play this weekend

The New Hampton High School Drama Department is putting the finishing touches on its annual spring play, and the curtain will go up on "North Woods Nonsense" by Andrew Ross this Friday and Saturday evening.

The play has a cast of 26, a crew of three and is directed by Maggie Konecne.

"North Woods Nonsense" is a fast-paced comedy that takes place at an Inn in the woods of Northern Maine. Between a congressman who wants to flood the Grand Canyon and a handyman who has written a story about Bigfoot kidnapping a resident, the inn is seeing more guests than they are used to. Will they find Bigfoot? Will the congressman succeed?

Show times are 7 p.m. both Friday and Saturday at the New Hampton Elementary Auditorium and tickets are \$6 for adults and \$4 for students.

Property Transfers

Paul J. Pleggenkuhle, Paul Pleggenkuhle and Lavonne Pleggenkuhle to Rick Pleggenkuhle and Tony Pleggenkuhle; W20 S1340' E1/2 SE 15-94-12 NW SE 15-94-12.

Tony Pleggenkuhle and Kari Pleggenkuhle and to Rick Pleggenkuhle and Sandy Pleggenkuhle;

PARCEL 2024-2 NW SE 15-94-12 ONE HALF INTEREST W20' S1340' E1/2 SE 15-94-12.

Rick Pleggenkuhle and Sandy Pleggenkuhle and to Kari Pleggenkuhle and Tony Pleggenkuhle;

PARCEL 2024-2 NW SE 15-94-12 ONE HALF INTEREST W20' S1340' E1/2 SE 15-94-12.

Joshua D. Douglas and Theresa M. Douglas to Andrew Stutzman; L3 NW NW 29-97-13.

Ralph Michael Martin to Martin R. Brennen; COMM NW COR W16-53/80AC L12 NW1/4 EX NW SE 17-94-14.

Naomi Hruska EST and Michael Hruska EX to Trevor J. Reicks; PARCEL 2023-45 W1/2 04-96-11.

Naomi Hruska EST and Michael Hruska EX to Adam Michael Kleespies; PARCEL 2023-45 W1/2 04-96-11.

Robert F. Kramer to Robert E. Highley and Patricia A. Highley; L67 E1/2 NW 07-95-12 S22' L68 E1/2 NW 07-95-12.

Pauline G. Ovel EST and Nancy Van Wyk EX to Susan Catherine Bouska and Kyle James Bouska; N6R E93-1/3R EX E363' NE 13-95-13 W395.88' E1335.85' S268.3' SE SE 12-95-13 W225.97' E93.97' S246.77' SE SE 12-95-13 L25 EX E330' SE SE 12-95-13 L26 SE SE 12-95-13 L27 SE SE 12-95-13 L28 SE SE 12-95-13 L29 SE SE 12-95-13 L30 SE SE 12-95-13 L31 SE SE 12-95-13 S42.94' L32 SE SE 12-95-13 ALL OF MAPLE ST LYING S OVELS ADD L3 BLK1 & L4 BLK2 SE SE 12-95-13.

Betty J. Wadey, Betty J. M. Wadey and Wesley R. Wadey POA to Droszler & Hauser LLC; W54' N112' NASHUA CENTRAL ADDITION Lot: 2 Block: J.

Ann Frances Conway, 86

Ann Frances Conway, age 86 of Danbury, Wisconsin, passed away at United Hospital in St. Paul, Minnesota, on Sunday, April 7, 2024, with family at her side, after a brief fight with cancer.

Ann was born to Leo and Margaret (Hackman) Reihle on April 1, 1938, in New Hampton. She grew up in Lawler with her sisters and brother. She graduated from Lawler High School and worked at the Bank of Lawler.

In 1963, she moved to Iowa City to work at the University of Iowa Treasurer's Office. While she was in Iowa City, she met Edward Conway. Ann and Ed were married at Our Lady of Mount Carmel Church in Lawler on May 2, 1964. They began their married life together in New Hampton and had four children.

While raising their children, Ann was active in the community. She worked as an activities director at Health Care Manor for a few years and was a member of the Rosary Society at St. Joseph's Catholic Church.

In 2020, Ann and Ed sold their home in New Hampton and moved permanently to their cabin on Ham Lake in Danbury, Wisconsin.

Family and faith were very important to Ann. She was a

Ann Conway



loving and lifelong partner to Ed and she cherished family gatherings. Even when her kids tried to get her to pick "favorite child," she adamantly refused and always insisted that she loved them all equally.

She also loved her grandchildren, and always made a point to attend special events for each of them. Ann demonstrated her strong Christian faith through the love and support that she shared with family and friends.

She was an avid reader with a knack for selecting a good book and finding new authors. She also enjoyed playing bridge with friends.

Ann is survived by her husband, Ed; children, Amy

Mary Jane (Thronsdson) Markee, 81

Mary Jane (Thronsdson) Markee, age 81 of Lawler, died Sunday April 7, 2024, at Linn Haven Rehab and Healthcare in New Hampton.

Funeral services were held at 4 p.m. Friday, April 12, 2024, at the Hugeback-Johnson Funeral Home & Crematory in New Hampton.

Friends greeted the family from 2 to 4 p.m. Friday at the funeral home.

Interment was in the Immanuel Lutheran Church Cemetery, rural Lawler, at a later date.

Mary Jane (Thronsdson) Markee was born Aug. 4, 1942, in Lawler, the daughter of Clarence and Eva (Galthney) Thronsdson.

Mary Jane was a lifelong resident whose vibrant spirit and friendly demeanor left a lasting impression on all who knew her.

Mary Jane received her education in her hometown of Lawler, where she also spent her earlier years contributing to the local economy through working on the farm and performing various odd jobs for her beloved Lawler.

Mary Jane's affection for animals was evident to all, but she loved her dogs the most.

Throughout her life, Mary Jane pursued a variety of inter-



ests with enthusiasm and joy. She was a fixture at the 'Brite Spot' in Lawler, where she was known for her skill and sportsmanship in the pool league.

An avid storyteller, Mary Jane delighted in recounting tales of the "good old days," sharing laughter and wisdom with friends and family alike. Her stories served as a bridge between generations, preserving the history and culture of her beloved Lawler.

Mary Jane's affection for animals was evident to all, but she loved her dogs the most.

Throughout her life, Mary Jane pursued a variety of interests with enthusiasm and joy. She was a fixture at the 'Brite Spot' in Lawler, where she was known for her skill and sportsmanship in the pool league.

Her family will miss her popcorn balls every holiday. Raising 300 chickens every summer and butchering them for area folks was great bonding time for her and her daughters.

Bernice is survived by her three daughters, Donna (David) Geerts of New Hampton, Nancy (Riley) Uglum of New Hampton, and Lynette (Roger) Vohsman of Nashua; five grandchildren, Daniel Leichtman, Jennifer (Adam) Schillie, David (Jean) Leichtman, Julie (special friend, Bryan Struchen) Vohsman and Andrea (McKay)

Financial literacy: It's important for everyone

April is National Financial Literacy Month — a good reminder that all of us can benefit from boosting our financial knowledge.

But what is financial literacy? There's no one single definition, but the term certainly covers these areas:

- Saving** — Most of us would probably agree that saving money is important, but actually doing it can be challenging given all the expenses of modern living. Still, techniques are available that everyone can follow, such as having money automatically moved each month from a checking or savings account to a financial account that's not used for daily expenses.

- Budgeting** — Budgeting isn't necessarily a fun activity — but it's an important one. And it's easier than ever these days, given the variety of budgeting tools available online. By tracking your spending every month and organizing it into categories, you may be able to find areas where you can cut back, such as on streaming services you rarely use.

- Borrowing** — Virtually all of us carry some type of debt at various times in our lives. But it's important to manage your debt load so it doesn't become too burdensome. One way of achieving this goal is to use "good" debts wisely — such as a low-rate mortgage on your home — and avoid "bad" debts — such as high-rate credit cards used for unnecessary purchases.

- Investing** — As you go through life, you'll likely have a variety of financial goals, such as making a down payment on a house, sending your children to college and attaining a comfortable retirement lifestyle. And to achieve these goals, you'll need to invest for them.

That's why it's important to learn about different types of investments and how to develop an investment strategy that's appropriate for your objectives, risk tolerance and time horizon.

We aren't born with these skills — we have to learn them.



BY BOB FENSKE
AND KELLY TERPSTRA
editor@nhtrib.com

Although the resignation of Police Chief Tim Pederson dominated Monday's City Council, it was far from the only item on the council agenda Monday night as city leaders approved New Hampton's 2024-25 budget and tax levy, discussed the ongoing saga of a deteriorating Main Street building and an update on the TRIBE Trail.

Start with the budget and levy as the council held the second of two public hearings concerning the revenue and expenditures for the fiscal year that begins July 1.

Just one resident, Jeremy McGrath, spoke at the hearing, and City Clerk Karen Clemens explained the complicated process that is city budgeting and levying.

New Hampton's levy will increase from \$12,15329 per \$1,000 valuation to \$13,81706 per \$1,000 valuation next year, an increase of 13.7 percent, but city officials have pointed out that if a home's value did not increase from last year, the city property tax bill will decrease because the state rollback has changed dramatically.

In the end, council members approved the budget that does come with a tax-asking of \$2,078,098, an increase of 12.4 percent from the \$1,849,097 the city expects to receive from property taxes during the

current fiscal year.

Council members also discussed what to do with the building at 15 W. Main St., a discussion that has been ongoing since December 2021.

City officials say the north wall on the building has not been repaired or restored despite the city issuing a "notice to abate" in March 2022.

City Attorney Todd Prichard told council members that "we've got to get his attention," referring to the building's owner, Josh Mack, who has told city officials that he is having difficulty finding a contractor for the project but with tenants occupying the old New Horizons-Chamber office, the city appears to be getting impatient with the delays on fixing the building.

"On one end we could front the money and fix it ourselves and assess it back and continue with letters and these are the steps that we're going to take," said Prichard.

Councilwoman Mindy Humpal made a motion to have the city hire a certified inspector and recoup the money through property taxes. Councilwoman Katie Fisher seconded the motion and it was passed unanimously.

Also on Monday, New Hampton Parks and Recreation Director Tara Hackman visited with the council, calling it a "FYI update" on concerns the TRIBE Trail

Committee has about the crossing the trail will make on South Linn Avenue once the third and final phase of the trail is constructed later this year.

"People aren't used to a trail there. It's 35-miles-an-hour. It's a concern. We just want to get in front of it before we open," said Hackman. "We don't think it's realistic to go to 25 again and then back to 35," said Hackman. "We don't think changing the speed limit is necessarily the answer."

Hackman said she had talked with Chuck Stanton, who put in the cross walk near New Hampton High School, "and that we are proposing to do something like that. We've got a professional traffic safety committee in to look at that."

She said the crosswalk could potentially include signage and flashing lights and have a push-button on both the west and east sides of the trail that users could then push and then the lights "would be activated for say 30 seconds or whatever we feel is ample time for a family to get across the highway," said Hackman.

Hackman emphasized that she was just bringing the council information.

"We know that there's a lot of talk out there, a lot of concern, so we just want to put it out there that we are working on a solution," said Hackman, who added that the committee is also working on DOT grant to provide some funding.



Bob Fenske/Tribune

Lester Glaser of Country Carpentry works recently on framing the new living quarters at the Chickasaw County EMS building.

Supervisors get EMS remodel update, discuss debt collection for service

BY BOB FENSKE
editor@nhtrib.com

The Chickasaw County Board of Supervisors received a construction update on the new living quarters being put in the Chickasaw County EMS building on Monday, and knock on wood, the construction manager said the project is off to a good start.

Chuck Stanton said, among other things, the rough framing is done, work on plumbing and HVAC is going on right now, and the electrical is up next.

"I don't even want to say this," Stanton said, "but we're quite a ways ahead of schedule but anything can change, as we all know, with a construction project."

Since the county-owned ambulance service began in January 2023, crews have been housed in rental quarters — first a house on South Walnut Avenue and now in an apart-

ment in the complex across the street from Fareway.

Supervisors earlier this year approved spending a little more than \$175,000 and having Stanton lead the crew of mostly local contractors putting in bedrooms, a bathroom and an office for EMS Director Joel Knutson, who currently has a temporary office at the Community Services Building.

Board members also moved ahead with having an outside company, TSA, serve as a debt collector for the service.

County Attorney David Laudner told supervisors that he had no issues with writing so-called "demand letters" to those who haven't paid their outstanding ambulance bills,

but he cautioned supervisors that those letters are the "easy part" when it comes to collecting.

"I know it's going to cost the county some money, but it's going to cost us some money going the opposite direction, too, if you're going to have maybe Joel's staff or Joel himself or me or my staff chasing

down debtors."

Board members then voted to approve hiring TSA for the service's debt collection.

Also on Monday, board members acknowledged the hiring of Bob Hackman Construction to provide updates to the security and safety of the law enforcement building.

Sheriff Ryan Shawver said currently those who enter the Sheriff's Office have access to both his office and the upstairs offices that his deputies use, and that Hackman's work will keep visitors to the office in a smaller lobby until an employee can get to the lobby.

The work is expected to cost around \$3,200 and supervisors acknowledged that the money would be funded through the county's Custodial Department's budget.

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by protecting our sexual health
through talk, test, treat.



Talk with your partner **before** having sex.

Talk about **when** you were last tested and suggest getting tested together.

Talk to your healthcare provider about your sex life and ask **what STI tests** you should be getting and **how often**.

Get tested! It's the only way to **know for sure** if you have an STI or HIV.

Many STIs **don't cause any symptoms**, so you could have one and not know.

If you're not comfortable asking your regular provider for an STI or HIV test, find a clinic that provides confidential testing that is free or low cost.

All STIs, including HIV, are **treatable**. If you test positive for an STI, work with your healthcare provider to get the right treatment.

Ask about partner services to get your partner tested and treated.

If you test positive for HIV, your healthcare provider or testing location will help connect you to treatment and resources!

I STOP HIV IOWA



Bob Fenske/Tribune

It's a longer drive to and from Chuck Town
Construction workers begin dismantling the bridge over the Winters Lake Overflow on Highway 18 near the Ionia "turn-off." The Iowa Department of Transportation says the detour will remain in place until this fall to facilitate the bridge project. DOT officials are also reminding motorists that moving violations in construction zones — which includes detours — can be doubled.



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Kelly Terpstra/Tribune

Members of the New Hampton City Council listen during Monday's meeting as several residents speak about the future of Police Chief Tim Pederson.

Longest-tenured officer to be New Hampton's interim chief

POLICE CHIEF: FROM 1

customer service area of the store or store staff, Pederson retained possession of the money and left the store."

A short time later, the person who had left the cash at the store realized that cash had been left behind and contacted law enforcement officers, who then contacted Pederson, who returned to the area and turned the money over to the officer so it could be returned to the owner.

"While the city of New Hampton is undoubtedly disappointed by Chief Pederson's actions, we have been very pleased with his performance and the direction he has taken the police department," the statement said. "Chief Pederson will be missed by the entire New Hampton community. Chief Pederson will suffer a harsh consequence for his decision almost no other person would experience. However law enforcement is held to a higher standard and Chief Pederson recognized this and accepted responsibility and the consequences for his actions."

Monday's closed session and the resignation of Pederson came after four New Hampton residents, including three former or current law enforcement officers, spoke out in favor of the New Hampton police chief who began work in the city a year ago this Friday.

Chickasaw County Sheriff Ryan Shawver told council members that his office and the police department have a good working relationship.

"Our departments mesh well," said Shawver. "I feel he's been a great asset to the city and to the law enforcement in this

Statement from the city of New Hampton regarding police chief's resignation

EDITOR'S NOTE: This is the complete statement released by the city of New Hampton Tuesday afternoon, a day after Police Chief Tim Pederson resigned.

Following a closed session at the regular New Hampton City Council meeting, Mayor Steve Geerts accepted the resignation of New Hampton Police Chief Tim Pederson.

Chief Pederson submitted his resignation because of conduct which was determined to bring reproach upon the City, and which did not MEET the expectations of Pederson's position as the Chief of Police.

On March 29th, 2024, while shopping Pederson noticed \$40.00 cash remaining in a self-checkout lane. Rather than turning the money into the customer service area of the store or store staff, Pederson retained possession of the money and left the store.

A short time later, the owner realized after leaving the store, they had forgotten to collect the cash from the self-checkout and contacted law enforcement. Pederson was then contacted by law enforcement and made aware the owner of the money had contacted the store regarding the forgotten money. Pederson immediately returned to the area and turned the money over to the officer handling the call for service so it could be returned to its rightful owner.

While the City of New Hampton is undoubtedly disappointed by Chief Pederson's actions, we have been very pleased with his performance and the direction he has taken the police department.

Chief Pederson will be missed by the entire New Hampton community. Chief Pederson will suffer a harsh consequence for his decision almost no other person would experience. However law enforcement is held to a higher standard and Chief Pederson recognized this and accepted responsibility and the consequences for his actions.

county."

Former New Hampton Police Chief Mike Anderson and former Chickasaw County Sheriff Todd Miller echoed Shawver's comments.

Miller, who now works as a paraeducator at New Hampton Community Schools, said he sees Pederson on an almost daily basis.

"I enjoy Tim's camaraderie. I see him at the school. I work at the school as a para," said

Miller. "As far as I understand, Tim's a dedicated person and he talks with the kids. He gets along well with them."

"I know that we have rules and regulations more now," Anderson said, "[and] I feel Tim's an excellent choice for the chief of police. I hope we all feel that way."

Former Chickasaw Ambulance Service owner Jeremy McGrath also backed Pederson, saying that "I just

want to say, minus the rumblings going on, whatever, I myself have heard nothing but good things about the job that Chief Pederson is doing in our community."

Before the council went into closed session, Geerts told the crowd of more than three dozen that "the area of concern and the reason for the closed session tonight is not related to the on-duty conduct or other city employees."

Several council members shed tears immediately after Geerts made his statement.

Pederson was named police chief in April 2023 after serving for 18 years with the Harlan Police Department, spending the final two years as the department's sergeant. Before becoming a law enforcement officer, Pederson worked for Hy-Vee, where he worked in grocery stores in Windom, Minnesota; Mankato, Minnesota; Webster City; and Harlan.

After the April 1 meeting when the council not only suspended Pederson but also ordered him to "create a development plan" the council also said "this will be purged from Tim's record" after one year without any further incidents.

Pederson, at the time, said he did not want to comment on that situation but indicated that he was looking forward to continuing his work as police chief.

The new interim chief, Eagan, is the longest-tenured officer with the New Hampton Police Department.

He has worked as a patrol officer for the city since December 2008, and Geerts indicated that while serving as interim chief, Eagan will be paid the hourly rate the same hourly rate as Pederson.

Legal Notice

THE IOWA DISTRICT COURT FOR CHICKASAW COUNTY IN THE MATTER OF THE ESTATE OF DALE EDWIN STRINGER, Deceased CASE NO. ESPR0003206 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Dale Edwin Stringer, Deceased, who died on or about March 18, 2024: You are hereby notified that on April 8, 2024, the Last Will and Testament of Dale Edwin Stringer, deceased, bearing date of August 26, 2022, was admitted to probate in the above named court and that Joshua Stringer was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file their claim with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Joshua Stringer, Executor of Estate 702 Main Street, Apt. 1 Nashua IA 50658

Judith O'Donohoe, ICIS# AT0005849 Attorney for Executor ELWOOD, O'DONOHOE, BRUAN & WHITE, LLP 116 North Main Street PO Box 307 Charles City, IA 50616

Date of second publication April, 25

No.23879
4/18/24 4/25/24

Week of April 14

1949 (75 years ago)

• The youth activities are staging an Easter Egg Hunt at East Park on Saturday, April 16.

It will begin at 9 a.m. and all children twelve years and younger are invited to attend. The children will be divided into three age groups for prizes. A total of \$25 in cash and merchandise will be given away. Those in charge of the hunt will be John Porter, C.D. Phillips and Francis Uglum.

• On Sale at Ferkin's Super Valu: Hams, 57 cents per Lb.; Eggs, 39 cents per Dozen;

Legal Notice

2023 CHICKASAW COUNTY MULTI-JURISDICTIONAL HAZARD MITIGATION PLANNING COMMITTEE

4th Meeting

Chickasaw County's Emergency Management Agency is holding their 4th committee meeting to update the 2019 Chickasaw County Multi-Jurisdictional Hazard Mitigation Plan. The meeting will take place on Tuesday, April 23rd at 6PM in the Meeting Room of the Chickasaw County Community Building located at 260 E. Prospect Street, New Hampton, IA. The public is invited to attend and observe the meeting. The purpose of the meeting is: (a) review drafts of hazard mitigation plans for each jurisdiction, and; (b) ensure previous or new County jurisdictions that participate in these meetings are in good standing and eligible for disaster mitigation grant programs.

For information about meeting details, contact the meeting coordinator, Leon Begay, (319) 235-0311, or lbgay@inrcog.org.

Oranges, 39 cents per Dozen; Ritz Crackers, 31 cents per Box; Wheaties, 21 cents per 12 oz. pkg.; Quaker Oats, 31 cents per 3 Lb. Box; Velveeta, 2 Lb. Box, 69 cents; Miracle Whip, 59 cents; Tide, 29 cents per large box; Northern Tissue, 3 rolls for 24 cents.

1974 (50 years ago)

• The American Legion 1974 Girls State will be held June 9 to 15 on the University of Northern Iowa campus, Cedar Falls.

Named as delegate to Girls

State by American Legion Fae Stine Unit 38 of New Hampton is Joy Willadsen, 16, daughter of Mr. and Mrs. Peter Willadsen of New Hampton. Alternate to Girls State is Jean Hill, 16, daughter of Mr. and Mrs. Robert Hill.

• Ray Lunemann of New Hampton has been honored as Supersweet Feeds' plant manager of the year. Earlier this year, he and his wife, Donna, were awarded a four-day, all-expense paid trip to Acapulco, Mexico, for his outstanding performance as plant

manager.

Supersweet Feeds is part of the agricultural products division of International Maltfoods.

1999 (25 years ago)

• Joel Rochford of New Hampton is a member of Wartburg College's 1999 men's track team. Rochford, who throws shot put for the Knights, recently received All American Division III status in the National Indoor Trials at Ohio Northern University and has 54 feet one-half inches as his best throw. He has one more year of eligibility at Wartburg, where he also plays football. Rochford is the son of Jerry and Jean Rochford.

• The Iowa Hawkeye senior

players will play a team of All-Stars at New Hampton High School this Sunday as part of the team's Farewell Tour. This year's Iowa team became the first in 11 years to advance to the Sweet Sixteen.

The seven Hawkeyes on the tour include Jess Settles, Kent McCausland, J.R. Koch, Sam Okey, Jason Bauer, Bryce

County must certify its budget, levy by April 30

SUPERVISORS: FROM 1

board members for not looking at ending fund balances sooner in the budgeting process. Higher-than-expected fund balances were part of the reason the board reduced its original GS max levy request.

"Shouldn't that have been done earlier, before this first public hearing," Knoll said. "That should have been done at the re-estimates. ... I assume you look at those budgets every single month where they're at, like all the department heads do."

Knoll said her family's personal tax bill — not including "new construction" on the property — will increase by \$400, or more than 24 percent next year.

"Some of the people are not going to be able to afford that," she said. "We have to think about those people, too. ... I don't think the taxpayers will mind if it goes up a little bit, but this is quite a bit of a jump."

Former Supervisor Arnie Boge, who served on the board for 24 years before retiring in 2010, asked Board Chairman Scott Cerwinski to read his "protest" letter during the public hearing.

Boge, as he did at the max levy public hearing, asked the county to reduce the proposed tax increase by at least 75 percent, saying "low taxes make for happy votes."

Boge wrote that he understood that "your job is not an easy one" but he also cautioned supervisors that raising ending fund balances will only "kick the can down the road to next year. ... There are many property taxpayers who are on fixed incomes. CRP, Social Security and farm rental incomes don't keep up with your growth."

Hackman said there were a variety of factors that have led the county "to be where we are at."

He said there was a "huge budget amendment back in July for body cameras and car cameras. I think that cost \$225,000 out of the ending fund balance that was not budgeted for."

He added that there were pay raises approved during the budget year, increased property and liability insurance costs, the decision supervisors made to have the county pay some of the costs of family health insurance policies and the cost of running county buildings has become more expensive.

He said that "building expenses never go down ... I think we have one or two, maybe one, too many buildings owned by the county."

"And the thing we always forget is that we can get the Bypass Basin given to us by the DOT, we can get farmland donated to us, but who's going to maintain it under the county Conservation Department? Wages are not cheap, gasoline

is not cheap, tractors are not cheap."

He said he still wants the county to consider having employees take on a little more of their own health insurance premium costs — again suggesting that employees with single plans should pay 5 percent of their premium costs and lower the county contribution for family health plans from 75 percent to 70 percent.

"I brought that back up ... maybe we should tap the brakes on the family health insurance," Supervisor Matt Kuhn said, "and Jake, you said we couldn't do that to our employees ... I don't know how now we can lower that."

Hackman, though, said the county could do it now "because you would do it [at the beginning of] the fiscal year [during] open enrollment."

Although board members decided to hold off on approving the overall county budget and tax levy at Monday's meeting, they did approve the Iowa DOT Secondary Roads budget and the county's DOT five-year program for the county.

They did so because those two documents, under state law, had to be submitted by Monday, and County Engineer Roman Lensing said if by chance the supervisors tweaked his budget, he would be able to file an amendment to the DOT.

Before adjourning, supervisors did discuss the project of ending fund balances for the 2024-25 budget year that include 26 percent of expected expenditures for GB/GS and 20 percent for RSB.

Hackman asked supervisors "do we need it?"

Cerwinski, though, pointed out that the ending fund balance will have to be used to pay property and liability insurance costs, plus get the county through the first three months of the next fiscal year until property taxes are collected.

"You've got a million dollars, but the first check you're going to write is \$600,000," Cerwinski said, "and then you have to get until September. I know it's a lot more than we've had in the past, but things cost a lot more."

Supervisor Steve Breitbach said he felt "we've backed it down quite a ways," and he also pointed out that, "if I'm doing my figuring right, we'll have the second lowest tax rate" among seven Northeast Iowa counties.

Board members will in all likelihood vote on the proposed budget and tax levy this coming Monday, but if a wrinkle develops, they will still have time to act on the budget either later next week or early the following week.

That's because under state law, counties have until April 30 to certify their budgets with the state.

The meet was held at the Bob Devaney Center Track in Lincoln, Neb.

2019 (5 years ago)

• The New Hampton girls golf team not only won their varsity meet and the JV meet, but set an individual school record and a coaching milestone with the big win over Waverly-Shell Rock. Winning the meet was Chickasaw junior Allison Nuss.

In each of her first two years Nuss set an 18-hole record, with a 76 as a freshman and a 75 in her sophomore year. She did it again this year with a 74. The win also gave New Hampton coach Eric Olson his 200th career victory.

• The Carnegie Cultural Center hosted a reception for Denny Ungs and Stacey Kunce, to honor the siblings exhibit "Drawing with Fire." Pyrography is the art of decorating wood or leather by burning a design on the surface with a heated metallic point.

The Ungs' siblings grew up in Fredericksburg and still call the small town home.

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New Hampton
Tribune
Your Community. Your Team. Your Media.

Everybody Hurts event set for next Friday at Mikkelsen

EVERYBODY HURTS: FROM 1

but it is so important."

Heying started the non-profit after her daughter, Brittney, died from suicide at the age of 23 in the summer of 2020. The following April — on what would have been Brittney's 24th birthday — the first 5K Run, Walk or Ride was held.

This year's event — which will be held a week from Friday on April 26 — holds the key for the organization. Without it, Everybody Hurts would not have been able to accomplish all it has done since that first walk, run or ride was held at Mikkelsen Park.

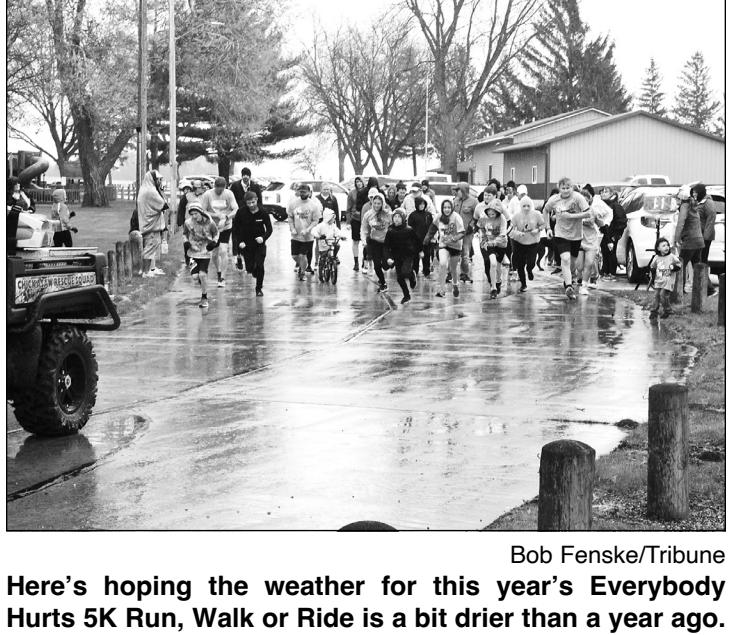
"We are very grateful to all the sponsors and volunteers," her mother said, "who put in many hours of their time to make this possible so that we can do the things, provide the services and scholarships, we do."

The April 26 event will begin with check-in at 4:30 p.m., and the opening ceremony is set for 5:45 p.m., with the 5K race set to hit the streets of New Hampton at 6 p.m.

As in the past, the event will include a free-will donation meal and a silent auction, both of which will be held from 4:30 to 7:15 p.m.

Following the race, Cindy Tank-Murphy will deliver a keynote address.

"She lost her father LeRoy to suicide and has also helped



Bob Fenske/Tribune

Here's hoping the weather for this year's Everybody Hurts 5K Run, Walk or Ride is a bit drier than a year ago.

her daughter navigate her own mental health," Heying said. "She is passionate about mental health and helping people."

"We would love to see the community come out and support this event," Heying said. "We want to continue to provide the services, the trainings, the speakers and the scholarships, and to do that, we need our community to be behind us."

She said that if weather becomes an issue on April 26, the event will be moved to the New Hampton Community Center, 112 E. Spring St.

Everybody Hurts officials

Legal Notice

THE IOWA DISTRICT COURT FOR CHICKASAW COUNTY IN THE MATTER OF THE ESTATE OF DALE EDWIN STRINGER, Deceased

CASE NO. ESPR0003206 NOTICE OF PROBATE OF WILL, OF

APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Dale Edwin Stringer, Deceased, who died on or about March 18, 2024:

You are hereby notified that on April 8, 2024, the Last Will and Testament of Dale Edwin Stringer, deceased, bearing date of August 26, 2022, was admitted to probate in the above named court and that Joshua Stringer was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Joshua Stringer, Executor of Estate

704 Main Street, Apt. 1

Nashua IA 50658

Judith O'Donohoe,

ICIS#: AT0005849

Attorney for Executor

ELWOOD O'DONOHOE, BRAUN & WHITE, LLP

116 North Main Street

PO Box 307

Charles City, IA 50616

Date of second publication April, 18, 2024.

No. 23866

4/11/24 4/18/24

Legal Notice • Legal Notice • Legal Notice • Legal Notice • Legal Notice

TELECOMMUNICATIONS UTILITY BOARD ROOM

MONDAY, APRIL 8, 2024 5:15 P.M.

The members of the Telecommunications Board of Trustees met for a regular meeting on Monday, April 8, 2024 at 5:15 p.m. in the Telecommunications Office at 112 East Main Street, New Hampton. Board members present were Dahl, Hendricks, Anderson and Babcock. Cantu was absent. General Manager Brian Quirk, Attorney Trevor Hurd, and City Clerk Karen Clemens and were also present.

The meeting was called to order by Board Chair Anderson at 5:36 p.m.

Moved by Hendricks; seconded by Dahl; that the agenda be approved as presented. Ayes — Four. Nays — None. Absent — Cantu. Motion carried.

Moved by Babcock; seconded by Hendricks; that the minutes of the regular meeting held on March 11, 2024, be approved as presented. Ayes — Four. Nays — None. Absent — Cantu. Motion carried.

Moved by Babcock; seconded by Hendricks; that claims in the amount of \$51,411.55, be approved as presented. Ayes — Four. Nays — None. Absent — Cantu. Motion carried.

Moved by Babcock; seconded by Hendricks; that the Finance Reports for March, 2024, be approved. Ayes — Four. Nays — None. Absent — Cantu. Motion carried.

Moved by Babcock; seconded by Hendricks; that the minutes of the regular meeting held on March 11, 2024, be approved as presented. Ayes — Four. Nays — None. Absent — Cantu. Motion carried.

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CLASSIFIEDS

New Hampton Tribune • nhtribune.news

Thursday • 04.18.24 • A10

CHARLES CITY CITY WIDE GARAGE SALES

CHARLES CITY CITY WIDE GARAGE SALES

1008 ELLIS DRIVE *SATURDAY ONLY! 8 to 5* craft supplies, women's XL clothing, encased bookshelves, antique compacts, original art, cleaning supplies, and misc TREASURE "Be first! Park on street PLEASE" No Driveway access* Condo unit 6 Thank you!

1102 21ST AVE Thursday 18th 4 to 7 and Friday 19th 8 to 4. Little tike toys, large pictures decoration, home decor, large rug, outside ornaments, clothes lady, men, girls, women's small, oak table with 6 chairs.

1900 BAILEY Street Thursday 8-5, Friday 8-5, and Saturday 8-12. Lots of new and used tools, misc, household, 2 flatbed trailers, 1 motorcycle trailer, golf clubs and balls, totes, some clothes, cargo carrier, and Stihl weed whip. Everything priced to sell! Call 641-220-0146 on trailers.

2314 OLD HWY RD 3 miles South of Charles City on blacktop. Saturday, April 20th 8 to 3. Desk, matching cabinet, baby clothes, bedding, team sport fleece, fabric, beach chair, yarn, kitchen items, power ranger, Marvel toys, Star Wars, dinosaurs, board books, baskets, women's small to XL clothing, home decor, John Deere bank.

400 15TH AVENUE Charles City Thursday, Friday, and Saturday 8-4. Women's clothes new with tags small to XXL. Summer clothes, all sizes. Boys clothes 0-12 months, girl clothes 3T and 4T. DVD's, board games, m&m collection, jewelry, purses, scentsys, nke shoes, cocktail dresses, CD's, Men's shirts Med to XXL.

404 6TH AVE Wednesday - Saturday 9am to 5pm. Weather permitting. Tools, grill and campfire items, kitchen items, home/car cleaning supplies, painting supplies, AA/AAA batteries, Disney banks, socks, hats, packing tape, letter boards, ear buds, misting diffuser, disinfecting wipes, house/deck wash, dog play-pens, restraints, lounger and toys, carpet/floor cleaners, fishing items and much more.

501 16TH AVE Charles City. Friday 9-6 (4/19) and Saturday 9-4 (4/20). Estate Sale. Washer and Dryer, tools, kitchen items, Holiday items and much miscellaneous.

ACCEPTING BIDS

The Chickasaw County Conservation Board is accepting quotes for the installation of a concrete pad at Twin Ponds Nature Center. All items will be subject to State Inspection when completed. Those interested in the specifications for this project may call Chad Humpal at 641-394-4714.

Quotes are due May 3, 2024 at 12:00 p.m. and shall be delivered or mailed to the Chickasaw County Auditor's Office, Courthouse, PO Box 311, New Hampton, IA 50659, or Chickasaw County Conservation Board, 1811 – 240th St., Ionia, IA 50645-9404.

Quotes will be opened at approximately 6:30 p.m. May 6, 2024 at the Twin Ponds Nature Center.

The Chickasaw County Conservation Board reserves the right to refuse any and all quotes.



PART TIME SHOP HELP

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- must be 16 years or older
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CONTACT

contact: Buck Henderson
e) buckh@redpowerteam.com
p) (641) 394-3178

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Fill Sand
Fill Material
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Call Bob Rosonke

New Hampton, IA

Cell: 319-240-6249

Ph.: 641-394-3894

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EVENTS & ENTERTAINMENT

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Chickasaws find some success at home coed meet

NH BOYS TRACK: FROM 14

"I liked Adam's run in the 100, and really he gave us a great effort in all three of his races," Jenkins said. "I know people will look at that 100 time (12.07), but the wind was still really blowing right into his face that race. It was solid, real solid."

The New Hampton coach also had high praise for Serie, who missed more than a week of practice and meets earlier this month with an illness. The junior ran a 53-second 400 split in the sprint medley, took third in the 200 and anchored the 4x400.

"He's still getting his shape back," Jenkins said, "but with Beau, you know where you're going to get all he has every time he steps on the track. We need that 400 time to come down, but as windy as it was during that race, I'll take that time."

Jenkins was also pleased with the fact that New Hampton "double scored" in the 400 (Carpenter and Maloy) and in both the shot put and the discus (Braden c and Marshall Zeien).

Thursday's home meet was also the closest New Hampton has come to fielding a full team. Injuries and illnesses have sapped the Chickasaws for much of the outdoor season, but on Thursday, they welcomed back Caden Rochford, who hadn't competed in more than two weeks after dealing with both a knee injury and a bout with influenza.

"It's going to take a little time to get that shape into his legs," Jenkins said, "but it was nice to have him back. We've had so many people in and out of the lineup, it was nice to play with as much of a full deck as we can."

Jenkins added that he expects McShane, who has run just one race this spring, to return to the track this week.

Mostly, though, the Chickasaw coach is hoping the coed meet will give his team some momentum heading into the second half of the season. New Hampton is scheduled to take a small portion of its squad to Denver on Thursday before ending the week in Waukon on Friday.

"It was good for our guys to have some success, to get some medals," he said of the home coed meet. "When you're as young and as inexperienced as we are, that's where you start and then you build

New Hampton girls go low in home win over Decorah

GIRLS GOLF: FROM 14

school history after regional qualifying is complete next month?

The answer is pretty good.

New Hampton shot a season-low 170 at home versus

Decorah last week Thursday.

Olson and his perennial-power squads have not shot that low since a 161 was carded in a meet over five years ago when New Hampton won its first and only state title back in 2019. That score came against Oelwein in a dual at the NHGCC on May 2, 2019. New Hampton also shot a 170 that remarkable season at the Mason City Country Club versus Mason City and Clear Lake.

That 161 accumulated by New Hampton in 2019 is the school record for a low-round on a nine-hole course.

New Hampton senior Kinsli Dahl added to that incredible 170 by shooting a career-low, one-over-par 37 against the Vikings, which earned her medalist honors.

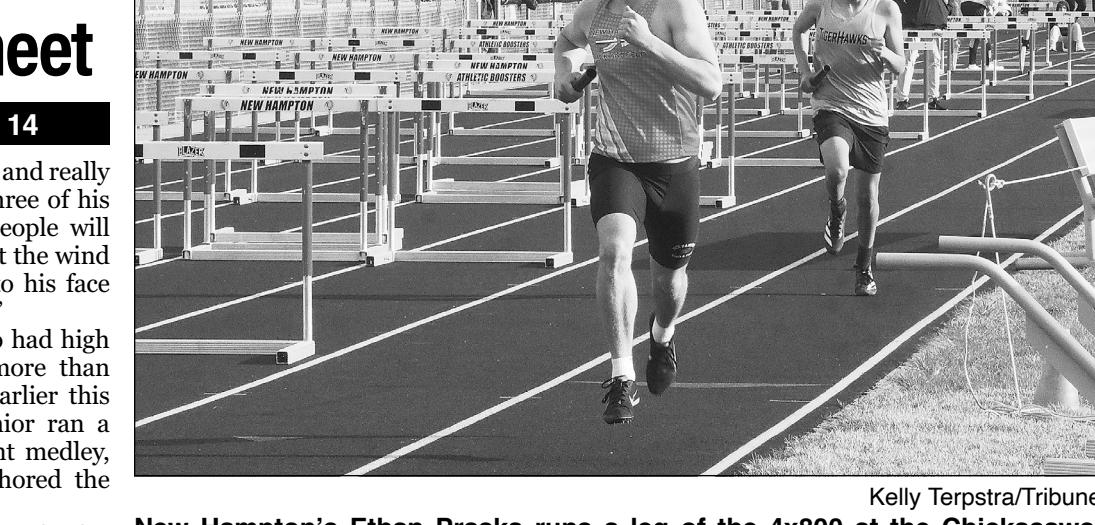
"She was really comfortable.

It was just clicking for her," said Olson.

New Hampton topped

Decorah - 170 to 209.

Against Tripoli and Don Bosco last Friday at Maple Hills Country Club – which featured fast greens and 25-mile-an-hour winds – Dahl encountered a hiccup with an uncharacteris-



Kelly Terpstra/Tribune

New Hampton's Ethan Praska runs a leg of the 4x800 at the Chickasaws' annual coed meet that was held last week.

off of that."

.....

New Hampton was among a number of teams that "beat" Tuesday's severe weather as Charles City moved its coed meet up a day, but the Chickasaws, who were missing several athletes who were attending the state FFA convention, struggled to get much traction.

The Chickasaws finished fourth in the six-team meet with 49 points.

McShane took second in the shot put to post New Hampton's best finish, and Jenkins said he was pleased with the performances of Serie and Bryce Flugum in the sprint events.

The Chickasaw coach also had high praise for freshman Braden Manson who ran the first 3,200 of his life and finished sixth with a solid time of 11:49.22.

"Since he hadn't run it, I put a time down of 12 and he said, 'There's no way I can run that' but Braden's one of those guys who's always going to give you all he has," Jenkins said. "That was a really nice run and definitely something we can build on."

NEW HAMPTON COED TEAM SCORES

Waukon 164, Sumner-Fred 122, NNFV 92, New

Hampton 90, Nashua-P 84, Turkey Valley 22.

NEW HAMPTON RESULTS

Sprint medley - 2. Kinnick Wisner, Dylan Maloy,

Adam Ewert, Beau Serie 1:43.60.

4x800 - 3. Caden Rochford, Braden Manson,

Ethan Praska, Cade Carpenter 9:37.39.

100 - 1. Adam Ewert 12.07, 12. Dylen Schmitt

13.82.

Distance medley - 4. Jay Pickar, Bryce Flugum,

Wisner, Weston Praska 4:19.0.

400 - 2. Carpenter 56.16, 4. Maloy 57.04.

4x200 - 4. Kade Venem, Dakota Martzahn,

Ashton Pitz, Elliott Eiler 1:45.82.

800 - 8. Manson 2:28.76, 14. Colin Shatek

2:49.71.

200 - 3. Serie 24.77.

400 hurdles - 4. Eiler 1:05.36.

1,600 - 4. W. Praska 5:35.06.

4x100 JV - 1. Venem, Jayden Bucknell,

Martzahn, Roy Barron 51.99.

4x100 - 2. Wisner, Maloy, Pickar, Ewert 47.06.

4x400 - 4. Rochford, Carpenter, E. Praska, Serie

3:56.20.

Long jump - 5. Pickar 16-10.75.

Discus - 3. Marshall Zeien 134-11, 5. Braden

McShane 119-8, 18. Jaxon Kuehn 72-8.

Shot put - 3. McShane 41-8.5, 4. Zeien 41-2, 13.

Kuehn 27-1.5.

EASTERN IOWA FESTIVAL NEW HAMPTON RESULTS

Shot put - 14. McShane 43-10.75, 17. Zeien

41-4.75.

Discus - 15. Zeien 130-9.

COMET RELAYS TEAM SCORES

Forest City 231, Charles City 146, Nashua-

Plainfield 100, New Hampton 49, Riceville 31,

Mason City Newman 13.

NEW HAMPTON RESULTS

100 - 4. Pickar 12.09, 8. Venem 12.51.

200 - 3. Serie 24.33, 5. Flugum 25.05.

400 - 6. Rochford 1:01.88, 9. Martzahn 1:05.23.

400 hurdles - 7. Eiler 1:09.14.

800 - 9. Manson 2:24.63.

1,600 - 9. Shatek 5:56.99.

3,200 - 5. Manson 11:49.22.

Discus - 3. McShane 122-10, 8. Kuehn 74-2.

Long jump - 8. Pickar 17-5, 10. Flugum 15-3.75.

Shot put - 2. McShane 42-10.5, 10. Kuehn

27-4.25.

Sprint medley - 5. Martzahn, Pitz, Eiler, Rochford

1:53.41.

Distance medley - 5. Wisner, Maloy, Carpenter,

Serie 4:10.40.

4x100 - 3. Pickar, Venem, Flugum, McShane

47.40.

4x200 - 3. Pickar, Venem, Flugum, Eiler 1:45.55.

4x400 - 4. Wisner, Carpenter, Maloy, Serie

3:57.45.



Bob Fenske/Tribune

Kira Tenge watches her ball after she hits it out of the rough during a meet in Tripoli last week.

tically high round of 50.

"You have days like that – things don't go right. She wasn't hitting the ball quite the way she was yesterday. The speed of the greens got in some people's heads – not just hers," said Olson.

Olson had this to say about his team's performance where there didn't seem to be a cloud in the sky on a sunny day in Tripoli, but that didn't mean his squad played up to its capabilities, either.

"We don't replicate this at home because our greens are slower. It's tough when you're trying to make those adjustments," said Olson. "It was tough conditions – scoring's going to be a little higher. You always have a day or two where the weather just didn't work in your favor or the course doesn't work in your favor. You just gotta move on."

Last week Tuesday at Willow Run Country Club in Denver, New Hampton bested the Cyclones, 182 to 209.

New Hampton junior Lauren Nuss was overall medalist with a 43. She shot that same 43 on Monday versus Crestwood.

Maycen Hackman, a junior, was medalist runner-up at Tripoli with a 48.

Chickasaw sophomore Alivia Geerts' low round in the last four meets came at Denver as she fired a 45.

New Hampton hosts an invite today (Thursday) at 11 a.m. versus Oelwein and Waukon. The varsity will play 18 holes and Olson said junior varsity golfers will more than likely get in nine holes.

NEW HAMPTON 182, DENVER 209

Medalist - Lauren Nuss, New Hampton 43.

New Hampton scores - Alivia Geerts 45, Kinsli Dahl 45, Maycen Hackman 49, Katie Brincks 60, Kira Tenge 61.

NEW HAMPTON 170, DECORAH 209

Medalist - Kinsli Dahl, New Hampton 37.

New Hampton scores - Dahl 37, Nuss 40, Hackman 46, Geerts 47, Tenge 54, Brincks 60.

TRIPOLI TRIANGULAR TEAM SCORES

New Hampton 194, Don Bosco

229, Tripoli (no team score).

Medalist - Nuss, New Hampton 44.

New Hampton scores - Nuss 44,

Hackman 48, Dahl 50, Geerts 52,

Brenna Flattum 55, Tenge 57, Brincks

60.

NEW HAMPTON 187, CRESTWOOD 208

Medalist - Nuss, New Hampton 43.

New Hampton scores - Nuss 43,

Dahl 45, Geerts 49, Hackman 52,

Flattum 50, Tenge 51.

JV scores - Brincks 56.

New Hampton scores - Dahl 37, Nuss 40, Hackman 46, Geerts 47, Tenge 54, Brincks 60.

TRIPOLI 170, NEW HAMPTON 209

Medalist - Dahl, New Hampton 43.

New Hampton scores - Dahl 45, Geerts 49, Hackman 52,

Flattum 50, Tenge 51.

JV scores - Brincks 56.

New Hampton scores - Dahl 37, Nuss 40, Hackman 46, Geerts 47, Tenge 54, Brincks 60.

NEW HAMPTON 187, CRESTWOOD 208

Medalist - Nuss, New Hampton 43.

New Hampton scores - Nuss 43,

Dahl 45, Geerts 49, Hackman 52,



Kelly Terpstra/Tribune

A pair of Turkey Valley freshmen compete in the 4x800 relay at the Nashua-Plainfield Co-Ed Invite last week Tuesday as Trojan Jayden Rausch grabs the baton from Hugo Busta.

Trojans kick start season at N-P Co-Ed

BY KELLY TERPSTRA

sports@nhtrib.com

The Turkey Valley Trojans got the ball rolling this spring with their first outdoor track meet of the season last week Tuesday at the Nashua-Plainfield Co-Ed meet.

The Trojans then competed at the New Hampton Co-Ed on Thursday to conclude the week.

A slew of underclassmen and a few seniors for Mark Scott's Trojans hit high marks out on the oval during the first week competition.

Burke Busta, a senior, placed third in the open 400 in a time of 55.68 at Nashua. J.D. Kruse, a sophomore, was fifth in that event in 58.39.

Russell Nieman, a senior, finished fourth in the mile run (1,600) in a time of 5:19. Nieman ran the opening leg of the 4x800, which finished fourth as well in Nashua with the squad of Hugo Busta, Jayden Rausch and Avery Franzen. The foursome's time was 9:51.

Sophomore Trojan Dairean Keyes shot out of the blocks first in the sprint medley

and helped lead TV to a fourth-place finish (1:45) with team members Logan Busta, Kruse and Burke Busta.

Rausch, a freshman, ran to a fourth-place finish in the two-mile run (3,200) in 11:54 over in New Hampton.

Kruse sprinted down the track for a fourth-place result in the 100 dash in 12.63.

TV's meet at Crestwood was canceled and the Trojans will run next tonight (Thursday) at Kee High.

NASHUA-PLAINFIELD CO-ED TEAM SCORES

Central Springs 165, Nashua-Plainfield 102, Janesville 88, Northwood-Kensett 64, Dunkerton 59, Clarksville 52, Turkey Valley 27, Riceville 25.

TURKEY VALLEY RESULTS

100 - 8. Kaden Schmidt 12.89, 10. Isaiah Wheeler 13.35.

200 - 6. J.D. Kruse 25.66, 8. Burke Busta 26.43.

400 - 3. Busta 55.68, 5. Kruse 58.39.

800 - 6. Hugo Busta 2:23.25, 10. Avery Franzen 2:30.35.

1,600 - 4. Russell Nieman 5:19.35, 6. Jayden Rausch 5:30.11.

4x100 - 8. Logan Busta, H. Busta, Franzen, Wheeler 52.06, 13. Hunter Kruse, Gavin Berst, Traejin Keel, Wyatt Maklenburg 1:03.69.

4x200 - 6. Dairean Keyes, L. Busta, Kaden Schmidt, Nieman 1:43.21, 13. Wheeler, H. Kruse, Schmitz, Nieman 1:43.21, 13. Wheeler, H. Kruse,

Keel, Rausch 2:03.98.
4x400 - 5. B. Busta, Schmidt, J.D. Kruse, Keyes 3:55.32.

4x800 - 4. Nieman, H. Busta, Rausch, Franzen 9:51.18.

Sprint medley - 4. Keyes, L. Busta, J.D. Kruse, Burke Busta 1:45.61.

Shot put - 13. H. Kruse 28, 14. Keel 25-11.

Discus - 12. Berst 73-7, 13. Maklenburg 62-9.

NEW HAMPTON CO-ED TEAM SCORES

Waukon 164, Summer-Fredericksburg 122, North Fayette Valley 92, New Hampton 90, Nashua-Plainfield 84, Turkey Valley 22.

TURKEY VALLEY RESULTS

Sprint medley - 6. Wheeler, Schmidt, Nieman, J.D. Kruse 1:48.48.

3,200 - 4. Rausch 11:54.63.

100 - 4. J.D. Kruse 12.63, 9. Schmidt 13.24.

Distance medley - 5. Keyes, Wheeler, Rausch, L. Busta 4:37.84.

400 - 6. Nieman 59.19.

800 - 5. Nieman 2:25.9, 6. H. Busta 2:26.42.

200 - 5. J.D. Kruse 26.03, 7. Schmidt 26.4.

400 hurdles - 7. Keyes 1:14.49.

4x100 (Throwers) - 4. Keel, H. Kruse, Berst, Nieman 1:00.43.

4x100 - 6. Schmidt, J.D. Kruse, Wheeler, Keyes 50.19.

High jump - 4. H. Busta 5.

Discus - 18. Berst 67-1, H. Kruse (SCR).

Shot put - 14. Keel 24-8.5, 15. Berst 23-7.5.

Turkey Valley picks up plenty of experience with meets in Nashua, New Hampton

BY KELLY TERPSTRA

sports@nhtrib.com

The Turkey Valley girls track team is off and running – and throwing.

While the Trojans and co-coaches Sarah Bakula and Dalton Hackman don't have any athletes that have competed in the high jump and long jump as of yet – they do have a squad that can compete near the front of the pack in several events.

The Trojans competed last week Tuesday at the Nashua-Plainfield Co-Ed Invite as well as the New Hampton Co-Ed on Thursday and at the NH Invite back in Chickasaw County on Monday.

Turkey Valley sports a small squad this spring, so you probably won't see the Trojans place all that high atop the team standings, but there are several TV runners that are making their mark early on.

Bella Stika, just a freshman, placed runner-up to defending state champ – Kadence Huck of Nashua-Plainfield – in the open 800 in a time of 2:39 in Nashua. Stika was also second in the open 400 at Nashua in a time of 1:05. Stika was a member of the sprint medley squad in Nashua that placed third in 2:02 along with Ryann Schmitt, Kinsey Reicks, Nieman, Stika 56.69.

4x200 - 8. Schmitt, Reicks, Weber, Kuennen 2:08.14.

Sprint medley - 3. Schmitt, Reicks, Stika, Nieman 2:02.93.

Shot put - 9. Raelen Manderfield 200 - 15. Ellaney Bodensteiner 25-2.5.

Discus - 11. Manderfield 68-9, 12. Bodensteiner 67-7.

NEW HAMPTON CO-ED TEAM SCORES

Northwood-Kensett 103, Central Springs 99, Nashua-Plainfield 88, Dunkerton 61, Janesville 58, Riceville 44, Tripoli 41, Clarksville 38, Turkey Valley 36.

TURKEY VALLEY RESULTS

100 - 10. Halle Weber 15.92, 16. Ava Kuennen 17.77.

200 - 4. Hazel Nieman 29.16, 13. Weber 32.78.

400 - 2. Bella Stika 1:05.59, 3. Nieman 1:05.93.

800 - 2. Stika 2:39.8.

4x100 - 4. Ryann Schmitt, Kinsey Reicks, Nieman, Stika 56.69.

4x200 - 8. Schmitt, Reicks, Weber, Kuennen 2:08.14.

Sprint medley - 3. Schmitt, Reicks, Stika, Nieman 2:02.93.

Shot put - 9. Raelen Manderfield 200 - 15. Ellaney Bodensteiner 25-2.5.

Discus - 11. Manderfield 68-9, 12. Bodensteiner 67-7.

NEW HAMPTON CO-ED TEAM SCORES

Crestwood 136, New Hampton 120, Waukon 101, Summer-Fredericksburg 85, Nashua-Plainfield 58, North Fayette Valley 41, Turkey Valley 23, Tripoli 17.

TURKEY VALLEY RESULTS

Sprint medley - 4. Schmitt, Reicks, Stika, Nieman 2:03.14.

100 - 11. Weber 15.64, 16. Kuennen 17.02.

Distance medley - 3. Schmitt, Reicks, Nieman, Stika 4:48.53.

400 - 3. Layni Schuchhardt 1:11.36.

4x200 - 8. Schmitt, Weber, Emersyn Hoffert, Kuennen 2:11.88.

800 - 4. Schuchhardt 2:52.04.



Kelly Terpstra/Tribune

TV freshman Bella Stika (2) breaks from the starting line in the 800 run right next to the defending Class 1A state champ in the event – Husky junior Kadence Huck – at the N-P Co-Ed in Nashua last week Tuesday.

200 - 13. Weber 32.99.

4x100 - 5. Schmitt, Reicks, Nieman, Stika 56.04.

4x400 - 6. Nieman, Reicks, Schuchhardt, Stika 4:55.44.

Discus - 17. Bodensteiner 72-1, 18. Manderfield 71-5.

Shot put - 15. Manderfield 26-11.5, 17. Bodensteiner 26-6.5.

NEW HAMPTON INVITE TEAM SCORES

Wapsie Valley 145, New Hampton 125, Independence 76, Nashua-Plainfield 70, Osage 70, Central Elkader 49, Turkey Valley 35, MFL MarMac 10.

TURKEY VALLEY RESULTS

Sprint medley - 7. Schmitt, Weber, Kuennen, Weber.

200 - 13. Weber 32.99.

4x100 - 5. Schmitt, Reicks, Nieman, Stika 56.04.

4x400 - 6. Nieman, Reicks, Schuchhardt, Stika 4:55.44.

Discus - 17. Bodensteiner 72-1, 18. Manderfield 71-5.

Shot put - 15. Manderfield 26-11.5, 17. Bodensteiner 26-6.5.

NEW HAMPTON 168

Reicks, Jenna Thordson 2:11.02.

4x800 - 2. Stika, Schuchhardt, Reicks, Nieman 11:48.07.

100 - 6. Schmitt 14.28, 13. Weber 15.2.

400 - 7. Schuchhardt 1:14.64.

4x200 - 3. Schmitt, Reicks, Nieman, Stika 2:00.96.

200 - 6. Schmitt 30.78, 14. Hoffert 33.51.

400 hurdles - 5. Nieman 1:22.93.

1,500 - 3. Stika 5:40.8, 6. Schuchhardt 6:28.88.

4x400 - 4. Nieman, Reicks, Thordson, Stika 4:47.11.

Discus - 5. Thordson 84-5, 10. Bodensteiner 73-7.

Shot put - 8. Thordson 25-8, 10. Bodensteiner 24-2.

CLEAR LAKE 154

Reicks, Jenna Thordson 2:11.02.

4x800 - 2. Stika, Schuchhardt, Reicks, Nieman 11:48.07.

100 - 6. Schmitt 14.28, 13. Weber 15.2.

400 - 7. Schuchhardt 1:14.64.

4x200 - 3. Madison Schaufenbuel 33-2.

Discus - 7. Schaufenbuel 93-0, 10. Geerts 80-11.

TRIPOD TRIANGULAR TEAM SCORES

New Hampton 177, Don Bosco 187, Tripoli 187.

Medalist - Cal Heavner, Clear Lake 36.

New Hampton scores - Jack Shawver 42, Adam Ewert 43, Kam Josephson 44, Carter Newbrough 43, Charlie Kriener 40, Jax Shekleton 49.

CLEAR LAKE 154, NEW HAMPTON 168

Medalist - Taylor Plagge, Clear Lake 36.

New Hampton scores - Jack Shawver 42, Adam Ewert 43, Kam Josephson 44, Carter Newbrough 43, Charlie Kriener 40, Jax Shekleton 49.

NEW HAMPTON COED TEAM SCORES</

McShane signs with UNI as preferred walk-on

BY KELLY TERPSTRA
sports@nhtrib.com

Athletes like Braden McShane come around only so often for high school programs across the state of Iowa.

For the New Hampton Chickasaws – he'll without question go down as one of the better student athletes to grace the hallways at NHHS.

McShane – with his family, coaches, friends and teammates by his side – made a big decision last week Tuesday to sign on the dotted line and play for the University of Northern Iowa football program.

"These past four years have been a good ride. I'm looking forward to what the future holds," said McShane, a senior.

What those past four years have seen materialize is a four-sport star for the Chickasaws in football, wrestling, baseball and track that had a dream and vision early on in his athletic career to one day make his mark.

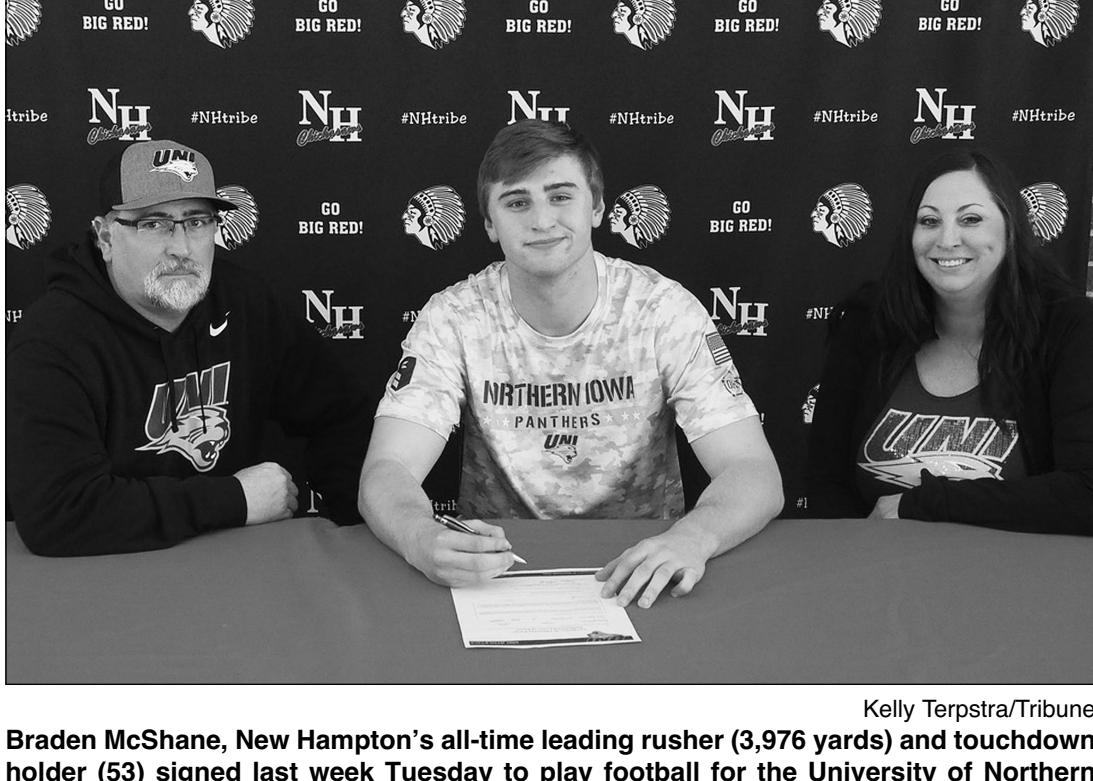
Mission accomplished.

"I was talking to Coach "Mac" as an eighth grader. I told him I wanted to be the best athlete to come out of New Hampton – ever," said McShane. "He said to me, 'you gotta lot of work to do.' I'm just glad I can be put in that conversation."

While McShane still has some unfinished business yet to take care of this spring in track and later this summer for Coach "Mac" – aka Cory McDonald – in baseball, he's eager to snap on a purple and gold Panther helmet and get to work for longtime UNI head coach Mark Farley.

"He liked that I was a four-sport athlete – obviously good on the football field and good at wrestling, too," said McShane about what Farley saw in him. "It's a historic program at the FCS level."

McShane will be a preferred walk-on at UNI and plans to play linebacker – a position he managed to rack up 131.5 career total tackles to go along with 20 tackles for loss as a three-year starter. McShane was also a force to be reckoned with at running back and is the all-time leading



Kelly Terpstra/Tribune

Braden McShane, New Hampton's all-time leading rusher (3,976 yards) and touchdown holder (53) signed last week Tuesday to play football for the University of Northern Iowa. With him are his father (left) Tony McShane and mother Theresa Douglas.

rusher at New Hampton with 3,976 yards. He accumulated a school record 53 touchdowns.

"Braden has been a really good athlete for us in four sports for four years, as well as a good student in the classroom. He's been a leader. He's a great competitor. He's been in the weight room more than anybody else I can think of in the last four years and he's done a lot of things the right way," said head Chickasaw football coach and New Hampton Athletic Director Scott Frerichs.

"We're really excited for Braden and we wish him luck. We'll be following him."

McShane battled injuries his senior season out on the gridiron and that altered his recruitment path in the eyes of some programs that were interested in his ability to make plays on the

defensive side of the football.

After a monster junior season in which he was the top rusher in Class 2A (1,733 rushing yards) and a first-team all-state selection at running back, a hamstring injury saw McShane miss a few games his senior year out on the football field. He still managed 995 yards rushing to go along with 15 touchdowns and 36 tackles (7.5 TFL) at linebacker.

McShane visited Iowa and Iowa State spring football practices and made game day visits where other potential recruits attended games before he made his decision to attend college down in Cedar Falls.

"It was kind of a tough process for me," said McShane. "I was offered by UNI as a junior and

obviously dealt with a lot of injuries and stuff like that. That slowed down my recruiting a lot, but I'm just grateful for the opportunity at UNI to play football there. UNI is home right now."

McShane reflected on a four-year run that was matched by very few on the elite prep level of the gridiron – specifically defense, where he'll look to make critical stops for the Panthers and slow down offenses.

"To be linebacker, you gotta be smart. You gotta know how to read offenses – be strong, fast, agile," said McShane. "You have to be an overall good athlete to play linebacker."

McShane was quick to point out the tremendous help and tutelage he received along the way to hone in his talent and skill at all the various sports he excelled at.

"They've all been crucial to my development – in the weight room, on the field and helping me become a better athlete overall," said McShane.

McShane left his mark in the sport of football and wrestling.

He became the 42nd Chickasaw to claim a state individual title in New Hampton's storied grappling program. McShane struck gold with his state crown secured at 215 pounds after a 5-4 decision over South Tama's Gavin Bridgewater this past winter. Prior to his state championship, he finished third at 220 pounds and fourth in the 182-pound weight division in his other trips to state. He accumulated over 150 career wins in the sport and went 43-1 his senior season.

McShane broke Chickasaw legend Curt Heideman's 1992 NH career rushing mark of 3,775 yards and 51 touchdowns last fall.

McShane is also a standout out on the baseball diamond and was a key player as a freshman on McDonald's 2021 New Hampton squad that reached the state tournament in Carroll.

The pitcher/outfielder ran on New Hampton's distance medley and 4x400 relays as a sophomore at the 2022 state track meet in Des Moines as well.

McShane plans to major in business at UNI. He is the son of Tony McShane and Theresa Douglas of New Hampton.

Venem wins shoot-off with Humpal to win Turkey Valley-SF Invite

BY KELLY TERPSTRA
sports@nhtrib.com

Ashton Venem had himself a week out on the trap range last week.

The Chickasaw senior, along with a whole host of New Hampton trapshooters, hit their marks in the past three meets as the regular season has picked up steam for Jay Matthews' talented bunch.

Venem out-shot his teammate, NH soph Chase Humpal, in a shoot-off on Saturday at the Turkey Valley-SF Invite. Each finished their rounds with 48s, but Venem would be the victor on this day as he nailed 22 targets to Humpal's 19 in the shoot-off.

NH Red won the weekend tournament with a team score of 228 – seven clays better than NH Black's 221.

But NH Black would claim a victory at a home dual with Charles City/Nashua-Plainfield last week Tuesday with a score of 231. N-P was second with a 228, while NH Red was third (226).

Ethan Svehla, another senior for New Hampton, was red-hot out on the range with smoking 49. Venem brought in another 48, as did senior Hunter Humpal, freshman Jackson Kellogg and senior Nick Brincks.

NH senior Tori Bearman fired a 46.

At last Friday's meet at the Sportsman's Club Boyd in Fredericksburg in a meet dubbed "Friday Night Lights," NH Black

reigned supreme once more with 224. But this time NH Red was up for the challenge as one of New Hampton's top squads tied NH Black with a 224 for top team honors.

Venem fired another 48, while Svehla, Hunter Humpal and senior Trinity Schwickerath also came up with 48s.

Bearman shot a 45 and sophomore Jennifer Schwickerath was the third-best girls shooter last Friday with a 43.

New Hampton's scheduled meet at Nashua on Tuesday was cancelled because of rain. New Hampton is scheduled to take on Cedar Falls tonight (Thursday) at home.

TUESDAY, APRIL 9 TOP-THREE SQUADS

NH Black 231, Nashua-Plainfield 228, NH Red 226.

TOP-THREE BOYS

Ethan Svehla (NH) 49, Ashton Venem (NH) 48, Hunter Humpal (NH) 48, Jackson Kellogg (NH) 48, Micaiah Groothuis (NP) 48, Nick Brincks (NH) 48, Colin Wilson (NH) 47.

TOP-THREE GIRLS

Morgan McMurchy (CC) 48, Tori Bearman (NH) 46, Ali Blickenderfer (CC) 45.

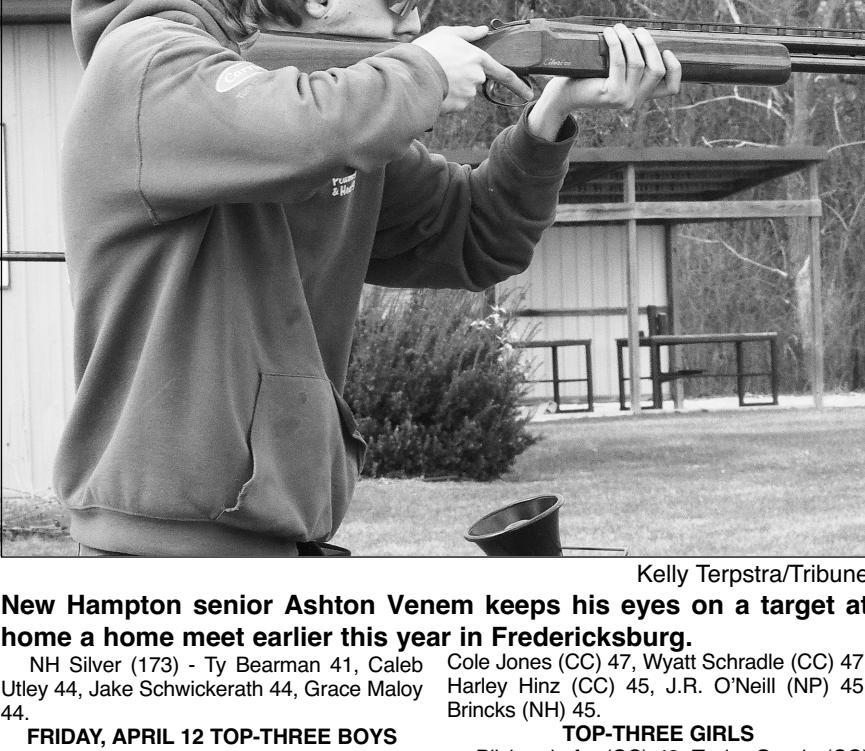
NEW HAMPTON SQUAD RESULTS

NH Black 231 - Humpal, 48, Jonathan Condon 46, Svehla 49, Wyatt Schwickerath 40, Kellogg 48.

NH Red (226) - Venem 48, Isaak Schwickerath 44, Trinity Schwickerath 44, Brincks 48, Aaron Holschlag 42.

NH White (215) - Chase Humpal 39, Ben Douglas 42, Wilson 47, Nolan Svehla 42, Devon Snyder 45.

NH Gold (211) - Bearman 46, Aleah Eichenberger 39, Karla Pickar 43, Rhiannon Ellingson 42, Emmett Kuehner 41.



Kelly Terpstra/Tribune

New Hampton senior Ashton Venem keeps his eyes on a target at home a home meet earlier this year in Fredericksburg.

NH Silver (173) - Ty Bearman 41, Caleb Utley 44, Jake Schwickerath 44, Grace Maloy 44.

FRIDAY, APRIL 12 TOP-THREE BOYS

NH Black 224, NH Red 224, Charles City 1 220.

TOP-THREE BOYS

Venem (NH) 48, Cole Cross (CC) 48, E. Svehla 48, H. Humpal 48, T. Schwickerath 48,

TOP-THREE GIRLS

Cole Jones (CC) 47, Wyatt Schradle (CC) 47, Harley Hinz (CC) 45, J.R. O'Neill (NP) 45, Brincks (NH) 45.

FRIDAY, APRIL 12 TOP-THREE BOYS

NH Black 224, NH Red 224, Charles City 1 220.

TOP-THREE BOYS

Venem (NH) 48, Cole Cross (CC) 48, E. Svehla 48, H. Humpal 48, T. Schwickerath 48,

TOP-THREE GIRLS

Cole Jones (CC) 47, Wyatt Schradle (CC) 47, Harley Hinz (CC) 45, J.R. O'Neill (NP) 45, Brincks (NH) 45.

FRIDAY, APRIL 12 TOP-THREE BOYS

NH Black 224 - H. Humpal 48, Condon 42, E. Svehla 48, W. Schwickerath 42,

TOP-THREE GIRLS

Cole Jones (CC) 47, Wyatt Schradle (CC) 47, Harley Hinz (CC) 45, J.R. O'Neill (NP) 45, Brincks (NH) 45.

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FRIDAY

SPORTS

New Hampton Tribune • nhtribune.news

Thursday • 04.18.24 • A14

Chickasaw boys just miss goal, but coach finds plenty of positives at home coed meet

Ewert leads New Hampton medal haul with victory in the 100-meter dash

BY BOB FENSKE
editor@nhtrib.com

Scott Jenkins was hoping for a top-three finish at the New Hampton Coed Invitational this past Thursday, and although the Chickasaws came up two stinking points from accomplishing that goal, their coach was still smiling.

"I'm pretty happy because, for the most part, we accomplished what we wanted to," Jenkins said. "We scored in pretty much every event we competed in and that was a big goal. We doubled up in a few events. And we competed, for the most part, pretty well. On a night like that, I was less worried about times and wanted to see

our kids keep battling."

Waukon won the wind-swept meet with 164 points, 42 more than second-place Sumner-Fredericksburg, while North Fayette Valley edged New Hampton for third, 92-90.

New Hampton had just one win — Adam Ewert claimed the 100-meter dash title — but the Chickasaws came up with a trio of runner-up finishes as Kinnick Wisner to Dylan Maloy to Ewert to Beau Serie took second in the sprint medley, freshman Cade Carpenter was second in the 400 and the 4x100 team of Wisner, Maloy, Jay Pickar and Ewert also finished second.

SEE NH BOYS TRACK, 11



Kelly Terpstra/Tribune

New Hampton's Adam Ewert runs to a victory in the 100-meter dash during the New Hampton Coed Invitational that was held this past weekend.

Variety is serving New Hampton very well

Chickasaw girls coach's philosophy producing solid results, some 'nice surprises' on the track

BY BOB FENSKE
editor@nhtrib.com

They say variety is the spice of life, but New Hampton girls track coach Jeanette Laures will also tell you variety also builds strong track teams.

Her runners aren't going to argue with her.

"She's good at adding variety for us," New Hampton junior Taylor Ries said. "She doesn't make us all run the same thing all the time, which is pretty nice. She ran in college, so she understands what it's like. She's a good person, good coach. She makes it fun."

And the Chickasaws had plenty of fun in what turned into a busy seven-day stretch as they won three relays at a meet in Osage last Tuesday and then finished a strong second in their home coed meet last Thursday before taking runner-up honors at its home invitational on Monday.

Few, if any Chickasaws, run the exact program in back-to-back meets early in the season, and this year is no exception. Laures wants her track athletes to experience a variety of races.

"That's been my philosophy and coach [Brian] Schmitt's philosophy since Day 1 ... for a lot of different reasons," she said Monday night. "You can get bored running the same thing, and it's a good training tool to move your races around so if I want to be a better 200 runner, I should run 400s so I can finish better. Plus, I think it adds value to everyone on the team."

New Hampton claimed titles in the sprint medley, 4x200 and 4x400 relays in Osage, although it was the latter that provided the biggest splash as Ries to Kinsley Hackman to Megan Pickar to Hailee Pesek completed the four laps in 4:13.54, which as of Tuesday was the fifth fastest time recorded in Class 2A this spring.

"What really impressed me is we ran that all by ourselves," Laures said. "The girls really showed some heart in that because running a 4:13 being pushed is hard; doing it when you're running all by yourself is even harder."

Two nights later, New Hampton won five races and earned a slew of medals but the Chickasaws didn't quite have enough to overtake Crestwood's prowess in the field events and had to settle for a runner-up finish.

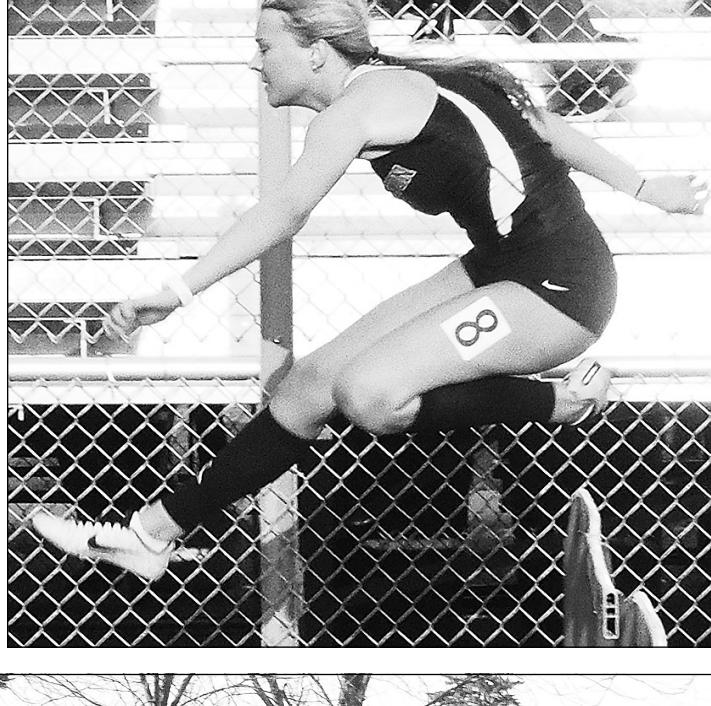


Kelly Terpstra/Tribune
Taylor Ries (above) anchors New Hampton's winning distance medley relay while senior Addison Trower (right) competes in the shuttle hurdle relay at last Thursday's home meet.

Sophie Glaser to Kinslee Rings to Natalie Nosbisch to Megan Pickar produced a win in the 4x800, Pesek won both the 100 and 200, Ries claimed a 400 hurdles win and Hackman to Pickar to Shawver to Pesek won the 4x100.

On Monday, it was Wapsie Valley that denied the host Chickasaws a team title, but New Hampton did get wins from its 4x800 team of Ries, Rings, Nosbisch and Pickar and

SEE NH GIRLS TRACK, 12



Kelly Terpstra/Tribune
New Hampton's Charlie Kriener watches his ball roll toward the hole during a meet at Tripoli last week.

Chickasaw boys get first wins at Tripoli

Freshman Kriener is medalist runner-up as New Hampton gets victory in road triangular

BY KELLY TERPSTRA
sports@nhtrib.com

And two freshmen shall lead them?

That was exactly the case for the New Hampton boys golf team at Maple Hills Country Club over in Tripoli on Friday.

Chickasaw ninth-graders Jax Shekleton and Charlie Kriener led the charge for New Hampton in a triangular versus the host Panthers of Tripoli and Don Bosco.

Kriener — fresh off of his team-leading 40 at Veterans Memorial Golf Course in Clear Lake last week Tuesday — carded a 43 at Maple Hills for medalist runner-up honors.

New Hampton won the meet with a score of 177 – 10 strokes better than Tripoli and Don Bosco's 187.

Shekleton — the somewhat rare combo of wrestler/golfer — notched a 44, which ended up being the second-best score for NH on the par 36 course that is

as flat as they come. While that non-hilly landscape may make it seem like it would be an easy course to tame, the fast greens and 25 mile-an-hour wind that ravaged tee and iron shots was a true reality check for some linksters out there on a day that was almost devoid of clouds.

"It's as fast as you'll see," said NH coach Doc Ewert about the greens. "Compared to our course — our kids had a little trouble adjusting."

Golfers soaked in the sun on a beautiful spring day, which saw Cale Halverson of Tripoli nab medalist honors with a one-over-par 37 on the nine-hole course just east of town.

But that wind, it was tough to overcome.

"That affects it a little bit, too," said Ewert, who mentioned the same greenskeeper that manages Tripoli's course also takes care of Jesup and Denver's putting surfaces.

SEE BOYS GOLF, 12



Kelly Terpstra/Tribune
New Hampton golf coach Eric Olson talks with Alivia Geerts (left) and Maycen Hackman as they make their way up a fairway during a meet last week in Tripoli.

Chickasaw girls remain unbeaten

New Hampton girls golf team post its best nine-hole score in five years

BY KELLY TERPSTRA
sports@nhtrib.com

The New Hampton girls golf team is halfway home — at least in the regular season portion of its 2024 slate of meets.

Now it's time to take a bit of a breather.

The Chickasaws and head coach Eric Olson — ranked third according to the Iowa High School Golf Coaches Association (IHSGCA) — moved to 8-0 on the season on Monday with a 187-208 dual triumph over Crestwood on Monday at the New Hampton Golf & Country Club (NHGCC).

It's been a busy start to the season as that meet against the Cadets put in the books the sixth meet of the year already. That means right at half of NH's 12 regular season meets are complete.

"That's a lot," said Olson, who is hoping to guide New Hampton to its seventh-consecutive state berth in his time as leader of the Chickasaw golf program later this spring.

Just how talented is Olson's bunch — who is hoping to play in its eighth state tournament in

SEE GIRLS GOLF, 11

Chickasaws pick up road soccer sweep

New Hampton girls slip past Clayton Ridge 2-1 before boys roll to an 8-1 win

BY BOB FENSKE
editor@nhtrib.com

The New Hampton soccer teams had a week to stew over a painful trip to Clear Lake, and that was bad news for Clayton Ridge on Friday night as the Chickasaws made the long drive to Garnavillo with a sweep on the pitch.

The girls opened the night with a 2-1 victory while the boys bounced back from a 10-0 trouncing at the hand of Clear Lake with a dominating 8-1 victory.

"It was a really good night for New Hampton soccer," boys coach Jeff Monteith said, "and I think what we liked the most about it was just how both teams were really solidly behind each other. The girls could hear us, and our boys definitely heard the girls."

Start with the Chickasaw girls, who

SEE SOCCER, 11



Spring HOME IMPROVEMENT



Make it a relaxing bathroom

Homeowners want to view their homes as a respite from all that goes on outside their doors.

Indeed, turning a home into a residents-only retreat can ensure everyone looks forward to walking through the front door at the end of the day.

One of the more popular ways to turn a home into one's own personal retreat is to upgrade the bathroom.

A renovated bathroom can completely transform how individuals feel about their homes.

The following are some features to consider when remodeling a bathroom with relaxation in mind.

Open shower

An open shower is a visually stunning addition to any bathroom. Such showers give a bathroom a more open look, thanks in part to the fact that these modern features do not feature a door or require the use of a shower curtain.

The result is a clean look that many

people associate with a luxury hotel. When speaking with a contractor about an open shower install, homeowners can ask about a half-wall to safeguard against water splashing out of the shower.

In addition, a heat lamp can help ensure residents stay warm until they're ready to leave the bathroom.

Heated features

Additional features to keep everyone calm and warm can be considered when upgrading the bathroom.

Radiant flooring can ensure everyone's toes remain toasty, and the installation of such a feature can eliminate the need for floor mats and bath mats that some homeowners may not like.

Commit further to the heat theme with a heated towel rack, which is another feature associated with luxury hotels that can be just as enjoyable at home.

Soaking tub

An open shower creates an instant feeling of luxury, but few things are more suggestive of relaxation than a soaking tub.

A long day at school or the office or a day when winter winds are howling outside is made much better with a good a soak.

The National Kitchen & Bath Association notes that luxury bathrooms featuring soaking tubs are wildly popular, and that vaunted status is undoubtedly due to the relaxing benefits of a good soak.

Skylight

Even if the goal of a luxury bathroom is to leave the outside world outside, allowing some natural light inside is a great way to add a little extra calm to the room.

Floor-to-ceiling windows may seem appealing in brochures or ads, but such features do not create the sense of privacy many people prefer in their bathrooms.

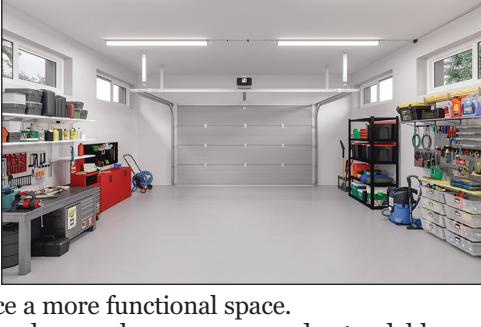
One or two skylights can create that sense of privacy and still allow for natural light to enter the room, making this an option that provides the best of both worlds.

Don't forget about possibility of giving garage a new look

Garages may rank below kitchens and bathrooms in the home renovation pecking order, but these unsung heroes of dwellings deserve their day in the sun.

It's easy for garages to become convenient, if crowded and disorganized, storage spaces, but scores of homeowners are embracing the idea that renovated garages can serve a more functional purpose.

Prior to beginning a garage renovation, homeowners can consider a host of factors that will guide the direction of the project and ultimately produce a more functional space.



Appeal: Though many homeowners understandably want to ensure their homes are amenable to their own lifestyles without worrying about the effects a given project might have on resale value, it's best that they do not completely ignore the latter variable.

Now that more people work from home, some may see a garage converted into a home office space as more functional. Homeowners can speak with a local real estate agent to learn more about local buyers' preferences before beginning garage renovation project.

Function of the space: It's important to consider why you want to renovate the garage. Is it to build a designated home office space? A fully outfitted home gym? A home theater? An extra bedroom? An in-laws suite?

Each of these options are popular reasons to renovate a garage, and each may require a different approach during the project. The desired function also may affect the cost, so it's best to identify precisely what the room will be used for post-renovation.

The existing space: When mulling a garage renovation, contact a local garage conversion expert to audit the space. Such a professional can assess the existing space and determine what will need to be done beyond the design of the room. Will additional electrical outlets need to be installed? Will the room require additional ventilation? Will a new doorway need to be created to allow for easier access?

Storage: The home renovation experts at Angi estimate that the average garage remodel costs around \$18,000. That's considerably less than a home addition project, which can easily exceed six figures. So a garage remodel might be more budget-friendly than a room addition. However, homeowners should consider what's currently in their garages and where those items will end up if the room is repurposed. If it's primarily lawn care items and kids' toys, a new shed with ample storage space might work.

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Spring HOME IMPROVEMENT

Create that storage space you need in your kitchen

If home is where the heart is, then the kitchen is where that heart spends most of its time. Kitchens are where family and friends tend to congregate during holiday celebrations, and many a homework assignment has been completed at a kitchen island while parents prepare dinner.

The popularity of kitchens is reflected in the attention these rooms get from renovation-minded homeowners. Data from the National Association of Home Builders indicates kitchens are the most popular room to remodel. Upgrading kitchen storage is a popular renovation project, and it's also one that has practical appeal. Adding more storage in the kitchen gives the room a more organized feel, which can make preparing meals more enjoyable and create space when hosting and guests inevitably congregate around an island. With those benefits in mind, would-be organizers can consider these strategies to create more storage space in the kitchen.

- Take stock of the spice rack.** Creating more storage space does not necessarily have to involve tools like screwdrivers, hammers and nails. Spice racks can easily become overcrowded as amateur cooks expand their culinary repertoire. A crowded spice rack inevitably spills out onto the surrounding countertop. Take stock of the spice rack and discard any spices or seasonings you haven't used in a while. This can create a more organized look and free up extra counter space.

- Make a digital cookbook.** If your go-to recipes are filling a binder or two, those binders are almost certainly taking up precious storage space. Scan printed recipes and convert your physical recipe collection into a digital cookbook you store on a tablet.

- Install roll-out shelving in the pantry.** Roll-out shelving puts the entire pantry to use. Without such shelving, items are destined to be relegated to that nether region known as the back of the pantry. Some items never emerge from this area, as cooks forget they're there and then purchase duplicates, which inevitably contributes to storage issues. Roll-out shelving ensures all items in the pantry can be found and greatly reduces the likelihood that cooks will have lots of duplicate items taking up precious kitchen space.

- Remove single-use gadgets from the kitchen.** Much like spices and seasonings vital to the preparation of specialty meals have a tendency to be used just once, kitchen gadgets that lack versatility have a way of gathering dust and taking up storage space. Whether it's a popcorn maker or a seldom-used but space-needy wok, store single-use gadgets in the garage or another area of the house.

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Add a few bucks to that selling price

The adage "there's a lid for every pot" suggests that, even in relation to the real estate market, there's bound to be a buyer for every home on the market.

Price is a significant variable in the minds of potential buyers, but there are additional factors that can affect the impression people get of a given home.

Certain home features can tip the scales in favor of sellers. In fact, various renovations can help sell homes more readily.

And these renovations need not cost a fortune. Putting a home on the market can be stressful, but these renovations may help it sell fast.

- A fresh coat of paint:** Although painting is relatively inexpensive and a job that some do-it-yourselfers can tackle, it's not a task relished by many.

Painting is messy, it takes time, and requires moving furniture. In fact, prepping a room for painting often is the toughest component of any painting

job. But fresh coats of paint can create a strong first impression. Choose a neutral color and get painting.

Jennie Norris, chairwoman for the International Association of Home Staging Professionals, says gray is a "safe" color that has been trending in recent years.

- Minor bathroom remodel:** Remove dated wall coverings, replace fixtures, consider re-glazing or replacing an old tub, and swap old shower doors for fast fixes in a bathroom.

If there's more room in the budget, replacing a tub, tile surround, floor, toilet, sink, vanity, and fixtures can cost roughly \$10,500, says HGTV. You'll recoup an average of \$10,700 at resale, making a minor bathroom remodel a potentially worthy investment.

- Redone kitchen:** The kitchen tends to be the hub of a home. This room gets the most usage and attention of any space, and it's a great place to focus your remodeling attention.

The National Association of the Remodeling Industry estimates that homeowners can recover up to 52 percent of the cost of a kitchen upgrade upon

selling a home. Buyers want a functional and updated kitchen. Trending features include drawer-style microwaves and dishwashers, commercial ranges, hidden outlets, and even wine refrigerators.

- Updated heating and cooling system:** Better Homes and Gardens reports that homeowners may be able to recoup 85 percent of the cost of new HVAC systems when they sell their homes.

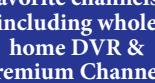
Heating, cooling and ventilation components are vital to maintain. You don't want buyers to be taken aback by an older system, and many millennial buyers are not willing to overlook old mechanical systems.

- Fresh landscaping:** A home's exterior is the first thing buyers will see. If they pull up to a home with eye-catching landscaping and outdoor areas that are attractive yet functional, they're more likely to be intrigued.

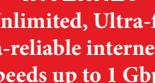
Often buyers will equate a home that features an impressive exterior with upkeep inside as well. The American Nursery Landscape Association says the average homeowner may spend \$3,500 for landscaping.



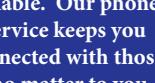
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Spring HOME IMPROVEMENT

Create a peaceful feel in your home

Homes are often characterized as sanctuaries for their residents. A calm place to come home to after a busy day at work or school is often just what people need to unwind.

Certain design components can help individuals turn their homes into relaxing respite from the daily grind. With that goal in mind, individuals can consider these ideas to create a peaceful feel inside their homes.

Paint with neutral colors

Wall colors can define the mood in a given room, and neutral colors have long been linked to a calming effect. Subtle shades like beige, taupe and light gray are known to create a relaxed vibe in a room, so these colors can be a go-to choice.

Some people consider neutral colors a tad boring, so individuals concerned by that impression can limit neutral colors to rooms designated as sanctuaries, like a reading room, a spa bathroom or a bedroom.

Employ natural light

Natural light also can help to establish a serene setting at home. Large windows that let daylight in can improve anyone's mood.



A 2022 study from researchers at the University of Chile in Santiago found that the more natural light that entered a home, the happier people said they felt. Study authors even noted that the largest uptick in well-being was found among participants who lived in homes in which windows cov-

ered at least 40 percent of the dwelling's wall space.

Opening blinds or curtains and, if possible, installing larger windows in a home can help to establish the relaxing, happy vibe individuals are aiming for.

Utilize plants to set a peaceful tone

The United Kingdom-based Royal Horticultural Society notes that research has found that indoor plants can benefit psychological well-being. The RHS notes that improved mood and reduced stress levels are two benefits that indoor plants can provide. A good mood and less stress can help individuals establish the peaceful feel they're aiming for at home.

Keep devices out of bedrooms

Watching television while lying in bed, scanning a smart-

phone before turning off a nightstand light and retiring for the night, or reading an e-reader instead of a print book at night can transform a bedroom from a serene setting into one that's overrun with stimuli.

According to the Sleep Foundation, technology stimulates the mind, which can make it harder to fall asleep. In addition, blue light emitted by devices disrupts the natural production of melatonin, a hormone that makes it easier to fall asleep.

That can negate any efforts individuals have undertaken to make their bedrooms as peaceful as possible. Designate bedrooms in the house as technology-free zones to ensure the peaceful vibe continues uninterrupted until everyone goes to bed.



Help your kids, create an ideal study space

Study skills are integral to academic success. Such abilities help students learn more efficiently and effectively, which can lead to better grades on assignments and tests. Developing strong study habits can prepare students for future success in life, as dedication to studying can be mirrored in habits related to job performance.

The desire to study is one component of being involved in the task. However, setting up an environment conducive to studying is another part of this important equation. Students looking to study longer and better may want to re-evaluate study environments at home. Here are some ways to implement positive changes.

• Isolate from interruptions. The first step to setting up a study location is to pick a spot away from the hustle and bustle of the household. While a separate room or home office can be helpful, an out-of-the-way nook or similar spot can be just as effective.

• Keep only pertinent materials nearby. It may be tempting to check your phone or watch videos or television if those devices are close to the study area. Make it stark and outfitted with only what's necessary for the study session.

• Focus on good lighting. To avoid eye strain and avoid difficulty focusing, make sure the study area has adequate lighting. Lighting behind you will help illuminate the pages of textbooks and additional reading materials.

• Aim for ergonomics and comfort. You'll want to be comfortable while studying, but not so much that you're falling asleep. Choose a chair that is supportive and keeps you seated in a neutral position.

• Store supplies nearby. Having to constantly get up and grab supplies increases the risk of distractions adversely affecting your study time. A zippered pouch or a tote bag that contains all of your study materials can be kept within reach.

• Keep a clock in view. A clock should not deter you from studying. Setting deadlines and time constraints on study time can encourage focus.

• Utilize noise effectively. Some people need absolute quiet to study. Others appreciate some white noise or music to sharpen their focus. Identify what works for you and incorporate that into your study area.



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Spring HOME IMPROVEMENT

Tips to help everyone bring their gardens back to life

Gardening is a rewarding hobby that pays a host of significant dividends. Many people love gardening because it allows them to spend time outdoors, and that simple pleasure is indeed a notable benefit of working in a garden.

But the National Initiative for Consumer Horticulture notes that gardening provides a host of additional benefits, including helping people get sufficient levels of exercise, reduce

stress and improve mood.

With so much to gain from gardening, it's no wonder people look forward to getting their hands dirty in the garden each spring. As the weather warms up, consider these tips to help bring a garden back to life.

- Discard the dead weight.** Winter can take its toll on a garden, even in regions where the weather between December and early spring



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