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Bob Fenske/Tribune

Grace Maloy (left) reacts after hearing her name announced as the 2023 New Hampton High School homecoming queen while two of her fellow queen candidates — Molly Wegner and Tori Bearman — congratulate her during the ceremony that was held at halftime of Friday's football game between the Chickasaws and North Fayette Valley.

ONE VERY HAPPY HOMECOMING

NEW HAMPTON STUDENTS AND THE COMMUNITY THAT LOVES THEM HAS PLENTY TO CELEBRATE DURING BUSY WEEK

BY BOB FENSKE
editor@nhtrib.com

CHECK OUT MORE HOME-COMING PHOTOS.

— PAGE 9

They dressed up. They attended pep assemblies. They played games. They crowned a king one night and a queen the next. They cheered their football team on to victory. And they danced a night away.

In other words, New Hampton High School had one very happy homecoming week.

Ditto for a community that showed out in full force to support the kids they love so much.

"It's always a hectic week, and it gets a little crazy on homecoming," New Hampton High School Principal Matt Manson said Friday night before the start of the

Chickasaws' home football game with North Fayette Valley. "It's been a good week, a really good week, and here's hoping we end it with a bang."

They did.

When the dust had settled, New Hampton had a new king — Leander Reicks, who was crowned on Thursday night after the annual Homecoming Parade.

It also had a new queen as Grace Maloy received her crown

SEE HOMECOMING, 10



Kelly Terpstra/Tribune
Newly-crowned Homecoming King Leander Reicks receives his sash from 2022 King Ben Tenge during Thursday's coronation ceremony.

Plenty of royalty on display during parade



Kelly Terpstra/Tribune

Vonnie Speltz, New Hampton's homecoming queen in 1948, enjoys the ride during this year's parade.

New Horizons-Chamber director says she is thrilled with turnout of past queens and kings

BY KELLY TERPSTRA
sports@nhtrib.com

The homecoming parade on Thursday evening wasn't so much a cruise around downtown New Hampton as it was a reunion of sorts for longtime alumni and supporters of all things Chickasaw.

There was Cory McDonald, who was NHHS homecoming king in 1991. He made an appearance. One can't forget Ryan Rausch in 1996, who was also crowned king that fall.

Both have remained influential

leaders at their alma mater and currently coach the Chickasaw baseball and basketball squads, respectively.

Stacie (Winter) Shekleton also showed up. She was voted NHHS homecoming queen in 1993. Caitlyn Rochford — the Chickasaw queen in 2021 — was also there and took part in the parade.

The amazing part of Thursday night's assemblage of past NH kings and queens that congregated, shared stories and took photos

SEE PARADE, 10



Wilken

Body of missing Nashua man found

The Chickasaw County Sheriff's Office confirmed Sunday morning that the body of an 18-year-old Nashua man who had been missing since early last Wednesday morning had been found.

In a press release, Sheriff Ryan Shawver said that the body of Kaden Wilken was discovered after his office received a call around 5:30 p.m. on Saturday, although Shawver did not reveal the location.

Shawver went on to add that the medical examiner requested an autopsy be done by the Iowa State Medical Examiner's Office in Ankeny.

Shawver added that there is "no foul play suspected" in the death of Wilken, who graduated from Nashua-Plainfield High School this past May.

In high school, Wilken was a four-sport student-athlete who competed in football, wrestling, track and baseball for the Huskies.

As a senior, he advanced to the state wrestling tournament and also was on the Huskies' medal-winning shuttle hurdle relay team at the state track meet.

Carnegie directors make their 'debut' by honoring county's firefighters

New Hampton museum to hold open house on Saturday to celebrate opening of an exhibit that focuses on area's volunteer departments

BY BOB FENSKE
editor@nhtrib.com

The firefighter uniforms and equipment — some dating back decades — was spread out all over the floor at the Carnegie Cultural Center as Christina

Carlton and Erin Harris went to work late last Friday afternoon.

They did have a deadline to meet, after all.

That's because this Saturday afternoon, the New Hampton museum will hold an open house to celebrate its

latest exhibit — one that celebrates the history and the people who have made Chickasaw County fire departments such a big part of our area for so long.

"I think when you think about what firefighters give up — holidays, family celebrations, getting up in the middle

of the night — it's so important that we honor their legacies," Carlton said.

"It's a really meaningful exhibit for both of us because it tells the story of people who have been so important to Chickasaw County."

And it's also the first exhibit that

Harris and Carlton have put together; in fact, as Harris stood in the old Carnegie library building, she mentioned that she had been on the job as the director of the museum for all of a

SEE CARNEGIE, 3

Celebrating 4-H

Program devoted to youth celebrating a fun-filled week here in Chickasaw County

Pages 12-13

Celebrity readers

Teachers say event is more than a fun event during homecoming for their students

Page 2

Driver's seat

New Hampton puts together best game of year in homecoming win

Page 20

Briefs**NHHS grad takes over as chairman and CEO of Wright Service Corp.**

After more than 25 years with the company, Wright Service Corp.'s Chairman and CEO Scott D. Packard retired on Sept. 30 and will be replaced by Austin Kennedy, son of Kevin and Norah Kennedy of New Hampton.

Kennedy will assume the role of president and CEO of Wright Service Corp. He joined the company as general counsel in April 2013, and has most recently served as the company's president and COO for the last two years.

During Packard's time with the company, Wright Service Corp. has grown nearly six times to 6,000 employees and eight brands under the company's portfolio.

The company has done work in all 50 states, Puerto Rico, seven Canadian provinces and territories, and six countries. He will continue to serve the company as chairman.

"Scott is that rare blend of excellent visionary and nurturing boss. We have all benefited immeasurably from his day-to-day leadership and will look forward to his continued strategic leadership as our chairman," said Kennedy.

Wright Service Corp. is a prominent leader in several environmental services industries and is the parent company to Wright Tree Service, Wright Outdoor Solutions, CNUC, Terra Spectrum Technologies, Sustainable Environmental Consultants, Wright Tree Service of the West, Spectrum Resource Group, ArborCare, Verdure Elements, Wright Foundation for Sustainability and Innovation and Transcon Environmental.

Wright Service Corp. has been employee owned since 2002 and headquartered in Central Iowa since 1933, when Wright Tree Service was founded by John L. Wright.

ISU Extension to offer pesticide course later this month

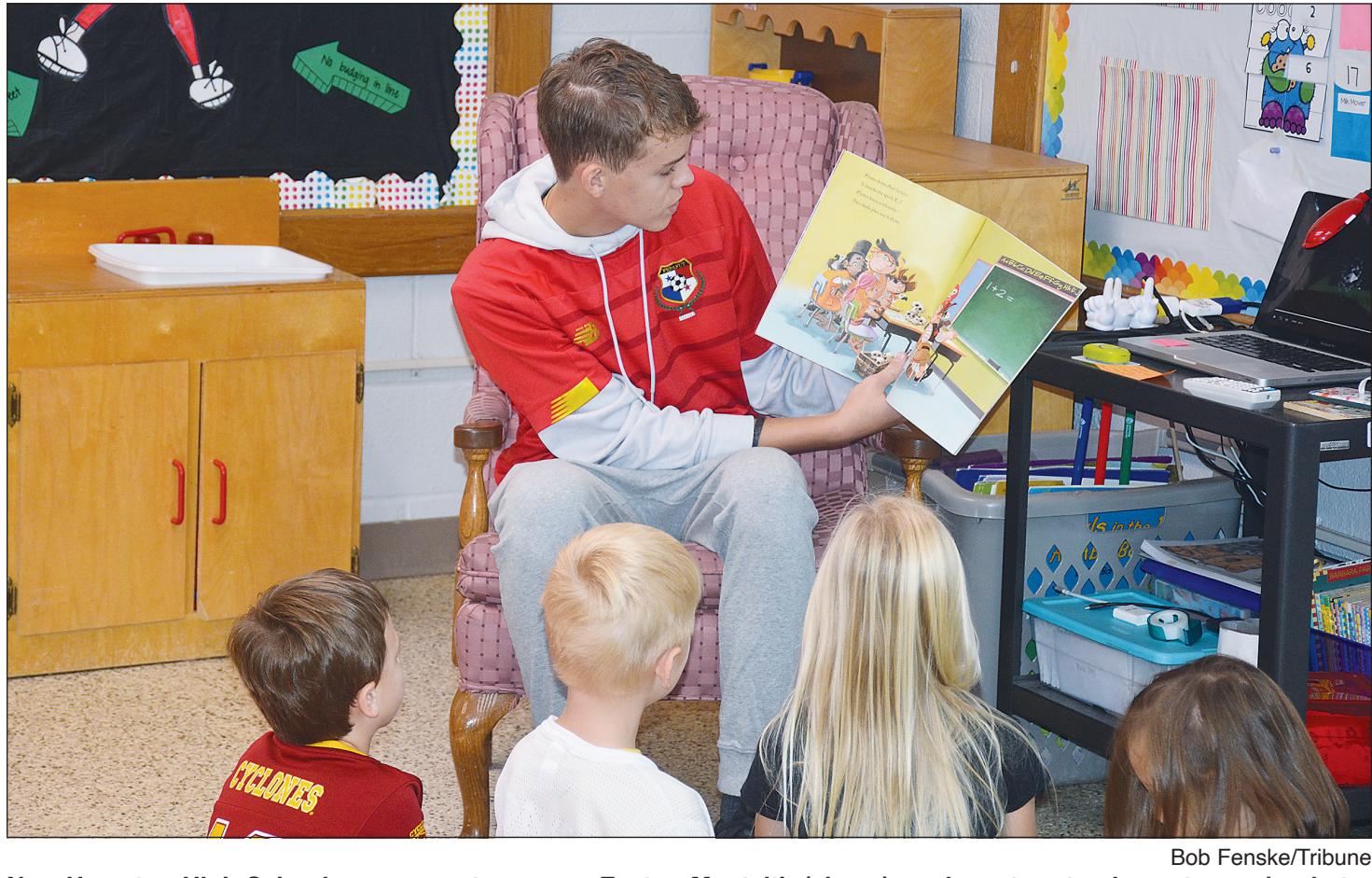
Iowa State University Extension and Outreach Chickasaw County office will host a Forest, Aquatic, and Right-of-Way Continuing Instruction Course (CIC) for commercial pesticide applicators on Wednesday, Oct. 25. The program provided by the ISU Extension and Outreach Pesticide Safety Education Program (PSEP) can be seen at office locations across Iowa.

The local attendance site is the Chickasaw County Extension Office at 115 N. Broadway Ave, New Hampton. Preregistration may be required and walk-ins on the day of the program will only be admitted if room allows.

The course runs from 9 to 11:30 a.m. The registration fee is \$45 on or before Oct. 18 and \$55 after Oct. 18. To register or to obtain additional information about the CIC, contact Lynn Bruess at the ISU Extension and Outreach Chickasaw County office at 641-394-2174.

The course will provide continuing instruction credits for commercial and public pesticide applicators certified in categories 2 (Forest Pest Control), 5 (Aquatic Pest Control), and 6 (Right-of-Way Pest Control).

Additional information and registration forms for this and other courses offered through the PSEP Program can be accessed at www.extension.iastate.edu/PSEP.



Bob Fenske/Tribune

New Hampton High School cross country runner Easton Monteith (above) reads a story to elementary school students while youngsters gather around volleyball player Marissa Cahoy (below) during the Celebrity Readers event that was part of homecoming activities last week.

'Celebrities' help emphasize reading to elementary kids

Teachers say having student-athletes model importance of reading is a key component to annual homecoming event

BY BOB FENSKE
editor@nhtrib.com

Michelle Good looked around her New Hampton Elementary School kindergarten classroom last week and couldn't help but smile.

Her students were, in a word, engaged.

"I love that our celebrity readers are good reading role models in the classroom," she said. "For that short chunk of time, the elementary students are fully engaged and hanging onto every word. Teachers try hard to foster a 'love of reading,' and our high school athletes help us to accomplish that."

Celebrity Readers is a rite of homecoming week in New

Hampton, and yes, it's cute to see high school student-athletes reading to wide-eyed kids, but ask the elementary instructors and they'll tell you the annual program has loads of educational value.

Each year, the event follows pretty much the same pattern. The high school students come downtown to the elementary, head off in different directions to different classrooms, read to students, play for a few games and then head out to the playground to sign autographs and chat with the youngsters.

It's an hour long, tops, but it's an hour in which those kids get another push to read, and study after study shows that reading ability is critical when it comes to educational success.

"Our kindergarten kids admire the high schoolers from afar at sporting events so they most definitely get excited for the celebrity reader event," teacher Cheri Demaray said. "Having them in our rooms modeling the importance of reading and a love of reading is so valuable. Having those 1-on-1 conversations during this event leaves a lasting impact on our kids!"

And it's not just the young-



sters who enjoy the event; so, too, do the "old kids" in the room even if some are a little nervous about grabbing a book and reading aloud to others.

"It's fun to see the kids and do the other things," senior football player Kam Josephson said, "but I'm not going to lie, it's a little nerve-wracking to read in front of them. I mean you want to do a good job and all that. I think I was more nervous about that than I'll be tomorrow for the game."

Don't worry, Kam, you did just fine.

But for one elementary teacher at least, the event highlights two distinctively different sets of students. That's because Kyra Lewis is a fourth-grade teacher by day and the New Hampton cheerleading coach by night, which means she uses the event as a "reminder" for her athletes.

"We talk a lot about legacy and remind them about all of the "little" eyes that are watching them and seeing how they act and promote our school," she said.

Not that her "day students" don't get a lot of the program.

"With my elementary students, I think the benefit with celebrity readers and the impact it has on literacy is huge," she said. "It shows that reading can be fun and is a life-long activity. Seeing older students reading helps motivate the younger students and shows them that reading doesn't have to be dreadful."

**Dementia Education November 2nd at 2pm**

A free 1-hour session led by a Dementia Friends Champion. You'll learn some basics of dementia such as what dementia is, what it's like to live with and disease, and some tips for communicating with people who have dementia. This session is paired with

Dementia Live which offers a unique inside-out understanding of dementia as well as the aging process.



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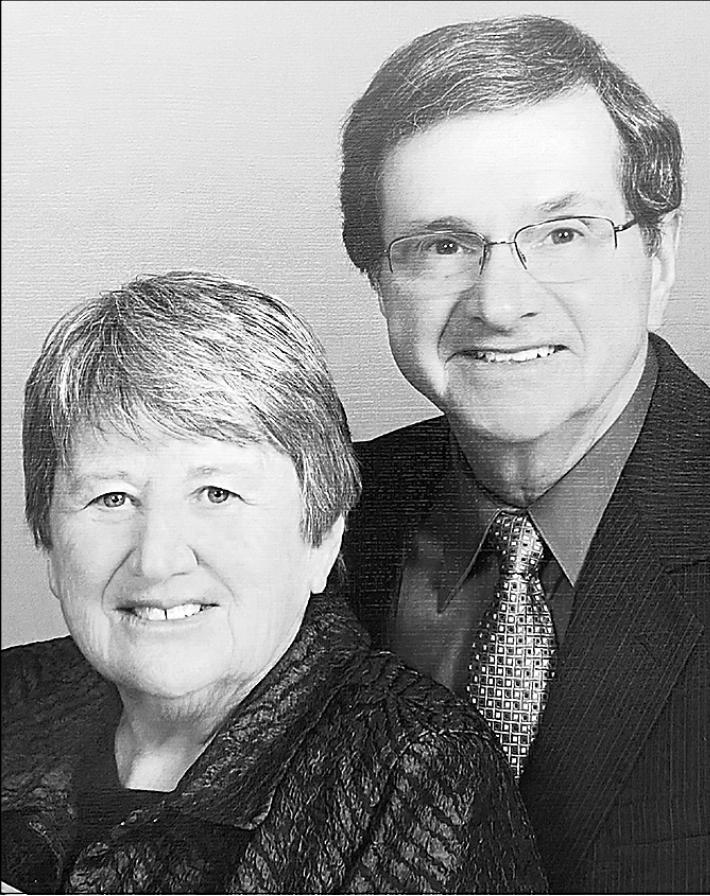
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Linda and Linus Voves

Voves 50th anniversary

The children of Linus and Linda (Meyers) Voves happily announce their parents' 50th wedding anniversary.

Linda and Linus were married on Oct. 6, 1973, at St. Boniface Catholic Church in Ionia by Father Joseph Heineman.

They have been blessed with three children, Brian (Jenny) Voves of Libertyville, Illinois, Renee Voves of Chicago and David (Renee) Voves of Waverly and four grandchildren — Emily, Avery, Michael and William.

Both worked for the United States Postal Service, with Linus serving as the Alta Vista postmaster for 23 years and Linda serving as the Ionia postmaster for 21 years.

Linda is the daughter of the late Cletus and Amelia (Hub) Meyers of Ionia, and Linus is the son of the late Frank and Clara Voves of New Hampton.

To help celebrate this milestone, please join their children in sending them well wishes at 300 E. Prairie St. Ionia, IA, 50645.

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- How do you define success for your clients? Some investors track their portfolios' performance against that of a specific market index, such as the S&P 500. But these types of benchmarks can be misleading. For one thing, investors should strive for a diversified portfolio of stocks, bonds and other investments, whereas the S&P 500 only tracks the largest U.S. stocks. So, when you talk to potential financial advisors about how they define success for their clients, you may want to look for responses that go beyond numbers and encompass statements such as these: "I'm successful if my clients trust me to do the right things for them. And, most important, I'm successful when I know I've helped my clients reach all their goals."

- How are you compensated?

Financial advisors are compensated in different ways — some work on commissions, some charge fees, and some combine fees and commissions. There isn't necessarily any best method, from a client's point of view, but you should clearly understand how a potential advisor is compensated before you begin a professional relationship.

These aren't the only questions you might ask a potential financial advisor, but they should give you a good start. When you're trusting someone to help you with your important financial goals, you want to be completely comfortable with that individual — so ask whatever is on your mind.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

Managing your finances and investing for your future are important tasks — and they can be challenging. But you don't have to go it alone. Many people benefit from working with a financial advisor, someone who knows their needs and goals and makes appropriate recommendations. If you're considering getting some help, you'll want to ensure a particular financial advisor is right for you, so it's a good idea to ask questions.

Here are some to consider:

• Have you worked with people like me? All of us are unique individuals. Yet, you do share certain characteristics with others — age, income, family situation and so on. And you might feel comfortable knowing that a financial advisor has worked with people like you and can readily understand and appreciate your needs and specific goals: college for your children, a certain type of retirement lifestyle, the kind of legacy you'd like to leave and others. The more information you can provide about yourself upfront, the better your chances of finding a good match.

• Do you have a particular investment philosophy? Some financial advisors follow a particular investment style, while others might focus on specific investments or categories. There's nothing inherently wrong with these types of approaches, but you might be better served by working with someone who takes a broader view — one that emphasizes helping clients meet their goals over any particular philosophy or strategy.

• How will you communicate with me? Open and frequent communication are key to a successful relationship with a financial advisor. So, you'll want to know what you can expect. Will you have annual or semi-annual reviews of your accounts? In between these reviews, can you contact your advisor at any time with questions you may have? How will an advisor notify you to recommend investment moves? Is the financial advisor the individual you'll communicate with, or are other people involved?

Understanding Dementia program set for Nov. 2

New Hampton Nursing and Rehabilitation will be hosting a Dementia Education session on Thursday, Nov. 2 at 2 p.m.

The free one-hour session will be led by a Dementia Friends Champion. You'll learn some basics of dementia such as what dementia is, what it's like to live with the disease, and some tips for communicating with people who have dementia. This session is paired with Dementia Live which offers a unique inside-out understanding of dementia as well as the aging process.

Light refreshments will be served at the event.

City will keep stoplights at Linn and Prospect

After hearing from school superintendent and residents, council members opt for safety at intersection near school

By BOB FENSKE
editor@nhtrib.com

The stoplights at the corner of North Linn Avenue and West Prospect Street are staying put.

New Hampton City Council members on Monday night decided to leave well enough alone and keep the lights in place a month after the city learned that it could remove the traffic lights without having to do a costly traffic study.

During the council's Sept. 5 meeting, City Clerk Karen Clemens told the council that she had received an email from the Iowa Department of Transportation that detailed what the city would have to do to remove the traffic lights.

But two weeks later, the council tapped the brakes on the proposal after Councilman Joe Denner expressed reservations about removing the lights, thoughts that were echoed during that meeting by New Hampton resident Tony Trower, who works at Community Insurance of Iowa that is located near the intersection.

Trower told council members that in addition to the number of pedestrians using the intersection to get to and from New Hampton Elementary School, not having the light would make it difficult at times for motorists turning both into the insurance agency and Carquest.

On Monday, the issue was settled after a short discussion.

"I received an email from [New Hampton School Superintendent] Jay Jurrens ... he suggested that there is value in keeping the signal for pedestrian traffic," said Mayor Bobby Schwickerath, who added that Clemens had also received a call from a couple who wanted the traffic lights to stay. "I've also talked to a couple of citizens who would also like to see the lights stay."

Denner again said he was against the idea of removing the traffic lights.

"After it got out a little more ... I'd say 70 to 80 people [are against it], just for the safety factor," he said, "and for myself, I just think once you lose something, it's



The City Council on Monday night for all practical purposes decided the city will not remove the traffic lights located at North Linn Avenue and West Prospect Street.

hard to get it back. I'd rather err on the side of safety."

And when no one made a motion to remove the lights, the issue for all practical purposes was dead.

Also on Monday, the council approved extending a city water main to the Heritage Center, a county-owned building located just to the south of the city limits as long as the county pays for 100 percent of the work.

In other news from Monday night's meeting:

• Council members approved a recommendation to amend the city's fee schedule so that the city can recoup more of the costs it has when utilities and telecommunications firms bore and core within the city limits.

• The City Council also discussed at length the issues surrounding a legal battle between the city and Precision, which is located in the west-side Industrial Park over a building permit the city has denied the manufacturer because the city has an easement due to infrastructure that is located over where the company wants to

construct.

Council members first discussed in open session a proposal by Precision's Tyler Hansen and the company's attorney, Kit O'Donohoe.

"What I am asking the council to do is to approve the building permit," O'Donohoe said, "based on [Precision's] agreement to repair or replace [the infrastructure] if it fails ... But nobody wants to pay for something that may never need fixing."

After discussing the issue for more than 40 minutes in open session, the council went into closed discussion. When council members returned, they unanimously approved a counter-proposal which the city offered to "pay up to 20 percent of the expense to move the pipe from its existing location to the south, completely removing the pipe from the property owned by Tyler Hansen/Precision of New Hampton Inc."

Council members also want the work performed by a bonded contractor, and the city would also "ask for and be willing to provide mutual releases and any claims the parties may have against each other."

City may use some of its funds to help with move to bins

CITY COUNCIL: FROM 1

\$15.09 a month. The 64-gallon container holds the equivalent of two yellow bags of garbage. He pointed out that those who currently set out two bags of garbage a week pay an average of \$16.19 per month.

Senior citizens, though, would pay \$7.49 a month for the bins, and Kehoe said if those residents are currently putting out one bag a week, they are currently paying \$8.10 a month for garbage collection.

The Jendro general manager said the "containerize system would be much more efficient for us, as well as looking at for the residents something where they would not have to worry about rodents, animals, birds, whatever else they have."

Kehoe told council members that New Hampton would be the first city to have a senior citizen rate, and he added that Jendro would, like it does in other locales,

offer walk-up services for residents who have difficulties in getting their carts to the curb.

Council member Mindy Humpal said she appreciated the fact that "you listened and you responded to the concerns when these conversations have happened previously," and she said she would support the move to the bin system.

Humpal did ask Kehoe how residents would handle weeks — like at Christmas time, for example — when they have more garbage than will fit in a bin, and the Jendro official said that residents would still have the option of using the yellow bags when they have extra garbage.

In response to another question from Humpal, Kehoe said that a bin system — because of its more automated features — may lessen cost increases in future years.

"Because of our efficiencies, because of the potential of a worker's comp claim," he

said, "yes, we are going to look at that ... It's our hope that we won't see the increases we have, but again, I don't have a crystal ball."

And for those residents who don't think the 64-gallon container is large enough, Kehoe said one option is that they could receive two bins, although he pointed out that the costs to those residents would almost double.

When the discussion ended, Councilwoman Katie Fisher made the motion to move to the bins, effective Dec. 1, but she also asked her fellow council members to hold a Committee as a Whole meeting to discuss using some of the city's Solid Waste Fund to help mitigate the costs for residents.

Her fellow members agreed and voted to go from bags to bins in the next two months, and Kehoe said that his company would begin delivering the bins to city residents beginning in mid-November.

New Hampton Calendar of Events

October 2023

New Hampton
TRIBUNE
Chickasaw County
Your Community. Your Team. Your Media.

IOWA STATE UNIVERSITY
Extension and Outreach

MONDAY, OCTOBER 2, 2023

- 4:15pm Football: 7th Game vs. Osage @ New Hampton High School High School Athletic Complex Area
- 4:15pm Volleyball: 8th Match vs. Charles City @ New Hampton Middle School
- 4:15pm Volleyball: 7th Match vs. Charles City @ Charles City High School
- 5:15pm Football: 8th Game vs. Osage @ New Hampton High School High School Athletic Complex Area
- 6:00pm Football: JV Game vs. North Fayette Valley @ NFV High School

TUESDAY, OCTOBER 3, 2023

- 4:00pm Esports NHHS vs South Tama

• 5:00pm Volleyball: JJV Match vs. Waukon @ New Hampton High School High School Gym

• 5:00pm Volleyball: 9th Match

• vs. Waukon @ New Hampton High School High School Gym 6:00pm

• Volleyball: JV Match vs. Waukon @ New Hampton High School High School Gym 7:15pm

• Volleyball: Varsity Match vs. Waukon @ New Hampton High School High School Gym Senior Parent's night

THURSDAY, OCTOBER 5, 2023

- 4:00pm Volleyball: JV Conference Tournament vs. Multiple Schools.. @ New Hampton High School High School Gym

• 4:15pm Cross Country: Girls Varsity Meet vs. Multiple Schools @ Plum Creek Golf Course

• 4:15pm Cross Country: Boys Varsity Meet vs. Multiple Schools.. @ Plum Creek Golf Course

• 4:15pm Cross Country: 7-8 Meet vs. Multiple Schools @ Plum Creek Golf Course

• 4:15pm Football: 8th Game vs. Waukon @ Waukon High School

• 4:15pm Football: 7th Game

MONDAY, OCTOBER 9, 2023

- FFA, AG/IT Building Blood Drive

• 6:00pm Football: JV Game vs. TBD @ TBD

• 7:00pm FFA Meeting

TUESDAY, OCTOBER 10, 2023

- 4:00pm Cross Country: 7-8

Conference Tournament vs. Multiple Schools.. @ Waukon Golf and Country Club

• 4:00pm Esports NHHS @ Williamsburg

• 4:30pm Cross Country: Girls Varsity Conference Tournament vs.

Multiple Schools @ Waukon Golf and Country Club

• 4:30pm Cross Country: Boys

Varsity Conference Tournament vs.

Multiple Schools @ Waukon Golf and Country Club

• Hallowen Hike (Twin Pons) Ionia

FRIDAY, OCTOBER 6, 2023

- 7:15am Interact CORE Meeting in Mrs. Ward's room - 106

• 5:00pm Football: 9th Game vs. Crestwood @ Crestwood High School

• 7:30pm Football: Varsity Game vs. Crestwood @ Crestwood High School

SATURDAY, OCTOBER 7, 2023

- Hallowen in the Park, Nashua

SUNDAY, OCTOBER 8, 2023

- AmVet Auxiliary Post 90 Omelette Breakfast at Fredericksburg Community Center.

MONDAY, OCTOBER 9, 2023

- FFA, AG/IT Building Blood Drive

• 6:00pm Football: JV Game vs. TBD @ TBD

• 7:00pm FFA Meeting

TUESDAY, OCTOBER 10, 2023

- 4:00pm Cross Country: 7-8

Conference Tournament vs. Multiple Schools.. @ Waukon Golf and Country Club

• 4:00pm Esports NHHS @ Williamsburg

• 4:30pm Cross Country: Girls Varsity Conference Tournament vs.

Multiple Schools @ Waukon Golf and Country Club

• 4:30pm Cross Country: Boys

Varsity Conference Tournament vs.

Multiple Schools @ Waukon Golf and Country Club

• Hallowen Hike (Twin Pons) Ionia

FRIDAY, OCTOBER 13, 2023

- 7:30am Interact Club Meeting in Mrs. Ward's room - 106

• 5:00pm Football: 9th Game vs. Waukon @ New Hampton High School High School Athletic Complex Area

• 6:00pm Marching Band High School Athletic Complex Area

• Marching Band performing at home football game.

• 7:30pm Football: Varsity Game vs. Waukon @ New Hampton High School High School Athletic Complex Area Senior Parent's night

SATURDAY, OCTOBER 14, 2023

Almanac

	H	L	P
Wednesday	72	57	--
Thursday	73	57	--
Friday	85	58	--
Saturday	91	61	--
Sunday	90	56	--
Monday	87	56	--
Tuesday	88	60	--

Forecast

Thursday: Sunny and breezy with a high of 70 and a low of 43.

Friday: Partly cloudy and cool with a chance of showers, especially early in the day; high 53, low 38.

Saturday: Mostly sunny with a high of 53 and a low of 34.

Sunday: Mostly sunny with a high of 58 and a low of 36.

Extended forecast: We'll warm up to start the work week as highs will be in the mid-60s and overnight lows will drop to around 40.

Meetings**MONDAY**

- Chickasaw County Board of Supervisors, 9 a.m., Courthouse.

- New Hampton Light Plant and Telecommunications boards, 5 p.m., NHMU Board Room.

History

• In 1947, President Harry Truman makes the first-ever televised presidential address from the White House, asking Americans to cut back on their use of grain in order to help starving Europeans.

• In 1989, the Dalai Lama, exiled religious and political leader of Tibet, is awarded the Nobel Peace Prize.

• In 2001, the Seattle Mariners become the winningest team in American League history for a regular season with a 6-2 win, their 115th victory of the season, over the Texas Rangers.

• In 2011, Steve Jobs, the visionary co-founder of Apple Inc., which revolutionized the computer, music and mobile communications industries with such devices as the Macintosh, iPod, iPhone and iPad, dies at age 56 of pancreatic cancer.

Birthdays

• Chester A. Arthur, the 21st president of the United States, was born in 1829.

• American rocket pioneer Robert Goddard was born in 1882.

• Ray Kroc, who turned McDonald's into the behemoth it is today, was born in 1902.

• Kansas City Chiefs tight end Travis Kelce turns 34.

• British actress Kate Winslet, who starred in "Titanic," turns 48.

• NHL Hall of Famer Mario Lemieux turns 58.

• Famed scientist Neil DeGrasse Tyson turns 65.

• Former Oklahoma and Dallas Cowboys coach Barry Switzer turns 86.

Corrections

The Tribune wants to make sure all information it presents is accurate and correct.

If you see an error, please call Editor Bob Fenke at 641-394-2111.

Tribune

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TRIBAdvertiser at
641.394.2111**Edgar 'Ed' Dunlap, 77**

Edgar Russell "Ed" Dunlap, age 77 of Cedar Rapids, passed away on Tuesday, Oct. 3, 2023, from complications of Alzheimer's Disease.

He was born on September 12, 1946, in Covington, Indiana, the son of John and Lillian (Davis) Dunlap.

Ed graduated from Purdue University.

On February 12, 1977, Ed was united in marriage to Angela "Angie" Lynn in Des Moines. Two daughters, Tiffany and Crystal, were born to this union.

Ed spent his career working at several banks. While working as a loan officer at First National Bank in New Hampton, Ed attended the Graduate School of Banking at the University of Wisconsin. He went on to work as the branch manager for Community Savings Bank in Earville, was the president of First State Bank Iowa in New Hampton and finished his career as the market president at the Luana Savings Bank in New Hampton.

Ed's greatest joy was family, especially his granddaughters. He also loved golf, football, and reminiscing of his time in the Navy Seabees.

Ed is survived by his wife of 46 years, Angie Dunlap of Cedar Rapids; two daughters, Crystal (Eli) Hawkins of Tacoma, Washington, and Tiffany

**Ed Dunlap**

(Chris) Traver of Cedar Rapids; four granddaughters, Everly, Aspen, Lillian, and Esamee; and his siblings, John (Elsa) Dunlap of Riverside, California, and his twin sister, Nancy May of Roundup, Montana.

He was preceded in death by his parents, and his brother Dan.

Online condolences may be sent to www.leonard-mullerfh.com.

A Celebration of Life will be held at 11 a.m., on Saturday, Oct. 14, 2023, at Trinity Lutheran Church, 805 Business Highway 151 W, in Walford.

Inurnment will be at a later date.

Leonard-Muller Funeral Home in Manchester is assisting the family.

Louis Sostak, 87

Louis Sostak, age 87 of Fredericksburg, died Monday, Oct. 2, 2023.

Funeral services will be held at 11 a.m. Saturday, Oct. 7, 2023, at the Trinity Lutheran Church in New Hampton with Pastor Kevin Frey officiating.

Interment will follow in New Hampton City Cemetery.

Friends may greet the family from 9 to 11 a.m. prior to the service at the church.

Hugeback-Johnson Funeral Home & Crematory in Fredericksburg have been entrusted with arrangements.

Online condolences for Louis' family may be left at www.hugebackfuneralhome.com.

Richard Natvig, 96

Richard Natvig, age 96 of New Hampton, died Tuesday, Oct. 3, 2023, at Colonial Manor in Elma.

A memorial service will be held at 11 a.m. Friday, Oct. 6, 2023, at Hugeback-Johnson Funeral Home & Crematory in New Hampton with MaryAnn Diesburg officiating.

Inurnment will be held at the New Hampton City Cemetery.

Friends may greet the family from 10 to 11 a.m. prior to the memorial service at the funeral home on Friday.

Online condolences for the Natvig family may be left at www.hugebackfuneralhome.com.

Erin Ezra Young, 24

Erin Ezra Young, age 24 of Waterloo, died at her home on Tuesday, Sept. 26, 2023.

Private family services will be held at a later date.

Hugeback-Johnson Funeral Home and Crematory in New Hampton has been entrusted with arrangements.

Online condolences for Erin's family may be left at www.hugebackfuneralhome.com.

Kathleen Chicken, 45

Kathleen Chicken, age 45 of Waucoma, died Tuesday, Oct. 3, 2023, at her home surrounded by her family.

Funeral arrangements are pending at Hugeback-Johnson Funeral Home & Crematory in Waucoma.

Online condolences for Kathleen's family may be left at www.hugebackfuneralhome.com.

Kaden Ray Wilken, 18

Kaden Ray Wilken, age 18 of Nashua, died Saturday, Sept. 30, 2023.

Services are pending with Hugeback-Johnson Funeral Home and Crematory/Olson Chapel in Nashua.

Online condolences for the Wilken family may be left at www.hugebackfuneralhome.com.

Property Transfers

Kevin M. Dix and Jade A. Dix to Jared W. Johnson; FREDERICKSBURG NEWTHS ADDITION Lot: 1 Block: 2 EX S56' FREDERICKSBURG NEWTHS ADDITION Lot: 2 Block: 2 EX S56' FREDERICKSBURG NEWTHS ADDITION Lot: 11 Block: 2 FREDERICKSBURG NEWTHS ADDITION Lot: 12 Block: 2.

Diane Mary Avenson EST, Clay C. Avenson COEX and Eric P. Avenson COEX to Big Squeeze LLC; N44-1/2' W153' L37 SE SE 12-95-13 S30-1/2' W153' L38 SE 12-95-13.

Bonnie J. Cain TR and Bonnie J. Cain Trust to From His Hand Foundation; EX N390' E420' W800' NE 32-94-11 E1/2 NW 32-94-11.

Kenneth D. Boeding and Sandra K. Boeding to Greg Havlik and Rebecca Ptacek Havlik; PARCEL 2022-77 NE SW 15-95-12 S1/2 NW 15-95-12.

Chickasaw Wind Energy Center LLC to MidAmerican Energy Company; PARCEL 2021-50 IN N1/2 NW 13-96-13 PARCEL 2021-50 NW NE 13-96-13.

Muth Goss Family Trust, James Raymond Muth CO TR, Sue Ellen Muth CO TR and Sue Ellen Goss CO TR to Chelsea Gerleman and Aaron Ryan; PARCEL BB NE SW 04-95-11.

Iowa Natural Heritage Foundation to Chickasaw County Conservation Board Chickasaw County; PT LYING IN RR ROW EX NW 20-95-13 PT LYING IN RR ROW EX NE 20-95-13 PT E1/2 NE 19-95-13.

Jill M. Samee to Brock W. Hanawalt; L37 S1/2 SE NE NW 07-95-12 ALL OF ALLEY BETWEEN LOTS 37 & 39 NE NW 07-95-12.

Thank You
The Family of Jason Winter would like to express sincere thanks for the support and sympathy we received after our devastating loss. As it will be impossible to thank all those individually, please accept this press acknowledgment as a token of our heartfelt appreciation. Jason was something special in our lives and will be deeply missed.
Rest in Peace. We love you!

Charlotte Markle, 85

Charlotte Markle, age 85 of New Hampton, died Saturday, Sept. 30, 2023, at MercyOne North Iowa Medical Center in Mason City.

Funeral services will be held at 10:30 a.m. Friday, Oct. 6, 2023, at Harvest Church in New Hampton.

Interment will be held in the New Hampton City Cemetery with Mandy Turner, Nicki Litfin, Hunter Carey, Jake Benda, Sammy Benda, Chad Young and Cory Austin as pallbearers.

Visitation will be 6 to 8 p.m. Thursday, Oct. 5, 2023, at the Hugeback-Johnson Funeral Home and Crematory in New Hampton. Further visitation will be one hour prior to the service on Friday at the church.

Online condolences for the Markle family may be left at www.hugebackfuneralhome.com.

**Charlotte Markle**

at the First Baptist Church in New Hampton.

The couple owned the New Hampton Skating Rink from 1962 to 1972, a venture that brought joy to their community. Charlotte was also actively involved in her community,

serving on the Library Board, leading a Girl Scout troop and holding various offices at her church, including secretary, choir director, accompanist and organist.

Charlotte was a devoted mother to her son, Rex, and daughters, Lori and Tammy. She was a beacon of love and wisdom for her six grandchildren and five great-grandchildren. Her family was her pride and joy, and she cherished every moment spent with them.

Known for her kind and intelligent nature, Charlotte had a zest for life that was contagious.

She had a love for bowling and was a longstanding member of the Coffee Cup League and at one point in her bowling career, she belonged to three leagues at once, joining her sister Barbara Meyers and daughter Lori.

On August 17, 1963, Charlotte married the love of her life, Donald James Markle,

She was also an avid traveler, embarking on numerous trips to England, Ireland, and across the U.S. with her sister Maxine. Charlotte had a passion for collecting antiques, and when traveling with her family or friends, she loved stopping at antique shops to look for treasures.

Charlotte's husband, Donald, passed away on Oct. 26, 2011. Despite the loss, she remained a pillar of strength for her family, demonstrating the same resilience and grace that had defined her throughout her life.

Charlotte's life was a testament to her wisdom, kindness, and unwavering love for her family. Her legacy will live on in the hearts of those who knew and loved her. She will be deeply missed, but the memories she created will continue to inspire and comfort her family and friends.

Charlotte is survived by her children, Rex Markle of Blaine, Minnesota, Lori (Scott) Carey of New Hampton, and Tammy (Steve) Benda of Ankeny; six grandchildren, Mandy Turner, Nicki Litfin, Hunter Carey, Jake Benda, Sammy Benda and Chad Young; five great-grandchildren, Freya Knudtson, Astrid Knudtson, Turner Litfin, Eleanor Litfin and Cory Austin; one brother, Marion "Bub" (Esther) Cagley of Ionia; and one sister, Shirley VanAndel of Denver, Colorado.

She was preceded in death by her parents; her husband, Don; daughter-in-law, LeeAnn Markle; siblings, Robert Cagley, Gwen (Leslie) Schroeder, Barbara (Jerry) Meyers and Maxine Cagley; brothers-in-law, Dave (Betty) Markle and Johnny Van Andel; and sister-in-law, Annabelle (Davis) Henderson.

Briefs**Halloween Hike set for Tuesday at Twin Ponds**

On Tuesday, Oct. 10, the Chickasaw County Conservation Board will hold its annual Halloween Hike at the Twin Ponds Nature Center.

This is an educational hike and is not scary. Hike times are 6 p.m., 6:15, 6:30 and 6:45 p.m.

There are a limited number of spots available, call 641-394-4714 to register.

There is no cost, but free will donations will be taken to help cover costs.



Bob Fenske/Tribune

Going like gangbusters

A farmer harvest soybeans from a field along Highway 18 in between Bassett and the Ionia turnoff on Monday evening.

No surprise, yields for both corn and soybeans are all across the board

BY BOB FENSKE
editor@nhtrib.com

The harvest is going like gangbusters this week, and to absolutely no one's surprise, corn and soybean yields are running the gamut.

With Northeast Iowa in the midst of its most serious drought in 11 years, the question heading into the harvest was how bad would it be?

"You know, one thing we're definitely seeing is that the genetics have come a long ways," ISU Extension Agronomist Terry Basol said Tuesday afternoon, "and there are places — with good soils and that got at least some rain — where I think yields have surprised some of the guys, but..."

He paused for a moment before delivering the bad news.

"Where the soils are lighter, sandier, we're getting hit pretty hard," he said. "The bottom line is yields are as varied as I've ever seen them. You have places where I'm hearing 200 bushes [an acre] for corn and

not too far away, they're hoping for a 100. It depends on the soil and the fortunate places that got some rain. No one got a lot this year obviously, but ask the folks who didn't get a drop when a few miles away they got a half-inch and they're feeling it."

Basol said that the harvest was slowed by the heavy rains that fell on Sept. 22-23, but that activity picked up late last week and has continued this week when temperatures soared into the upper 80s and lower 90s.

He said those warm temperatures will help drying costs.

"We'll see some," he said, "but nothing like we've had in some years. The crop matured fairly quickly and the heat lately is going to keep those down this year."

According to the USDA National Agricultural Statistics Service's Iowa Crop Progress and Condition Report that was released on Monday, 16 percent of the corn and 21 percent of the soybeans in the Northeast District, which includes Chickasaw County, have been harvested.

Basol expects that number to jump considerably this week, which, save for a chance of showers early in the day on Friday, has little rain in the forecast.

"We can use it, and like I said last month, as much as the guys want to get the crop out of the field," he said, "we also need some rain — OK, we need a lot of rain — to replenish soil moisture heading into next year."

In the latest Crop Progress report, 23 percent of topsoil moisture in Northeast Iowa is "very short" and another 45 percent is "short." The numbers are worse for subsoil moisture profiles as 78 percent of the district's farmland is either "very short" or "short."

Still, Basol said that considering what growers endured from Mother Nature this year, it could be worse.

"I'm not going to put on rose-colored glasses and say it's going to be good," he said. "We're going to be below normal with yields, but the genetics are helping us get something out of this year."

Jeannette 'Jan' Hillegas, 82



Jan Hillegas

Jeannette "Jan" Hillegas, 82, of Charles City, passed away Thursday, Sept. 28, 2023, at MercyOne North Iowa Medical Center in Mason City.

A funeral Mass was held at 10:30 a.m. on Tuesday, Oct. 3, 2023, at Immaculate Conception Catholic Church with the Rev. Tom Heathershaw officiating.

Burial followed at Sunnyside Memory Gardens in rural Charles City.

Visitation was held from 5 to 7 p.m. on Monday, Oct. 2, 2023, at Hauser Weishaar Funeral Home in Charles City with a Rosary prayer at 5 p.m. Visitation continued one hour prior to the service at the church on Tuesday.

Jeannette Rose (Tilkes) Hillegas was born July 12, 1941, to John and Leone (Diederich) Tilkes in New Hampton.

She graduated from Immaculate Conception High School in North Washington in 1959. She worked at Mercy Medical Center (St. Joseph's Hospital) in New Hampton from 1959 to 1962 as a nurse's assistant; then Jan worked at the Floyd County Medical Center (Floyd County Memorial Hospital) in Charles City from 1962 as a nurse's assistant for

versation with a fence post if the fencepost would talk back.

She was a huge Chicago Cubs and Minnesota Twins fan.

She was an avid supporter of the Hospital Heartbeats softball team and never missed a game.

Jan greatly enjoyed playing cards and was a member of the Hospital Card Club for many years. Anyone who knew Jan well always knew she had a book with her. Jan enjoyed attending Jam sessions.

Jan is survived by her daughter, Kim (Jeff) Claypool, Ottumwa; grandchild, Samantha Claypool, Newton; daughter-in-law, Christine McClure, New Hope, Minnesota; and sister, Grace Pittman, Casa Grande, Arizona.

Jan was preceded in death by her husbands, Brian McClure and Bob Hillegas; son, Chris McClure; parents, John and Leone (Diederich) Tilkes; brothers, Lawrence Tilkes and Nick Tilkes; sisters, Sr. Lois Tilkes, Carolyn Havel and Madelyn Lansing; and brother-in-law, Richard Havel.

Hauser Weishaar Funeral Home, Charles City, was in charge of local arrangements.

Online condolences may be left on the Tribune Wall for the family at www.hauserfh.com.

Patricia Ann Roark Carney, 98

Patricia Ann Roark Carney passed away after a brief illness on Wednesday, Aug. 30, 2023, at Ryan House-Hospice of the Valley in Phoenix at 98 years young.

A Mass of Christian Burial will be held at 1 p.m. on Thursday, Oct. 5, 2023, at Holy Family Church, New Hampton, with the Rev. Jim Goerend celebrating the Mass.

Interment will be held at Calvary Cemetery in New Hampton.

Friends may greet the family two hours prior to the Mass at the Holy Family Gathering Space at the church.

Online condolences may be left at www.hugebackfuneralhome.com.

In lieu of flowers, memorials may be directed to Holy Family Church, New Hampton; Our Lady of Mt. Carmel Catholic Church in Lawler; or Ryan House-Hospice of the Valley in Phoenix.

Briefs

MercyOne New Hampton to hold 'Mammo Nights' this month

Breast cancer affects 1 in 8 women in the United States. But through yearly mammograms and self-breast awareness, women can take the necessary steps to lower their risk. At MercyOne, we don't want work schedules or cost-related barriers to get in the way of these important preventive services — and are hosting Mammo Nights this October.

"We know work schedules and the cost can be a barrier for many women scheduling a mammogram," says Wendy Burke, supervisor of radiology services at MercyOne New Hampton Medical Center. "We want to remove that barrier and give women the opportunity to care for themselves. Far too often women spend so much time taking care of everyone else in their family that they forget to take care of themselves."

The event is for women ages 40 and older who are due for their yearly mammogram. Financial assistance will be available through the Care for Yourself Program. Mammo Nights will take place at MercyOne New Hampton Medical Center:

- Monday, Oct. 9 from 3 - 7 p.m.
- Monday, Oct. 16 from 3 - 7 p.m.

The event is financially supported by the MercyOne New Hampton Medical Center, the Care for Yourself Program and New Hampton High School Trapshooting's Shoot for a Cure benefit.

Appointments are required and a limited number are available. Call 641-394-1614 to schedule an appointment today!

Assistance available for farmers performing conservation practices

Agricultural producers interested in implementing conservation practices are encouraged to apply for the Conservation Stewardship Program (CSP) and Environmental Quality Incentives Program (EQIP). In Iowa, the deadline to submit initial paperwork is Nov. 3.

"Whether farmers are veterans in conservation or trying no-till, cover crops, or other practices for the first time, these programs provide them with an opportunity to take care of Iowa's agricultural lands," said Kate Hansen, senior policy associate for the Center for Rural Affairs.

Administered by the U.S. Department of Agriculture's Natural Resources Conservation Service (NRCS), CSP and EQIP provide financial and technical assistance for producers to implement conservation practices while keeping their land in production.

CSP is designed to support conservation efforts operation-wide. To be eligible, producers must demonstrate they are currently addressing regional resource concerns with approved conservation practices and a willingness to implement additional practices, called enhancements.

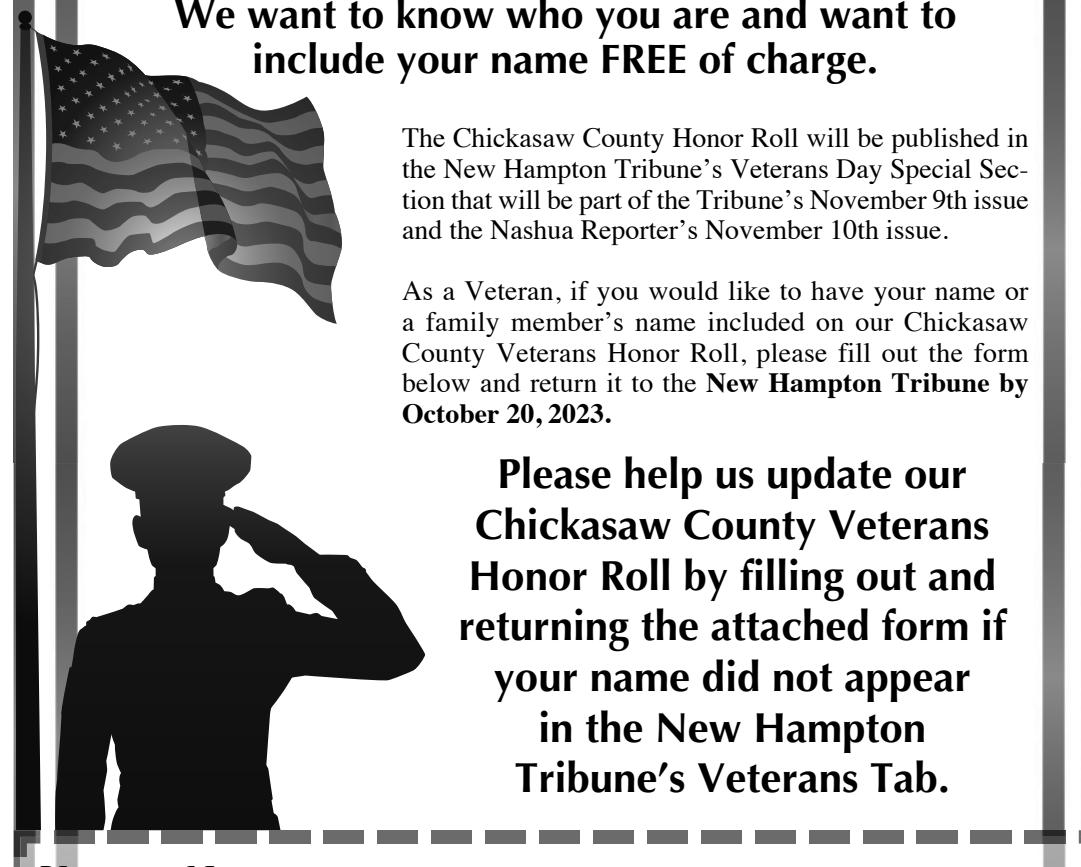
EQIP is designed to help producers address a particular resource concern with a single practice or project. Through EQIP, a number of structural practices, such as terraces, are available as well.

When applying for a contract, producers develop a conservation plan with their local NRCS staff that benefits natural resources, improving water quality and soil health. In 2022, more than 327,000 acres in Iowa were enrolled in CSP and EQIP.

Farmers interested in applying should call their local NRCS office to begin the process.

Chickasaw County Veterans

If your name did not appear in our Chickasaw County Veterans' Honor Roll listing from the 2022 New Hampton Tribune's Veterans Tab, We want to know who you are and want to include your name FREE of charge.

The Chickasaw County Honor Roll will be published in the New Hampton Tribune's Veterans Day Special Section that will be part of the Tribune's November 9th issue and the Nashua Reporter's November 10th issue.

As a Veteran, if you would like to have your name or a family member's name included on our Chickasaw County Veterans Honor Roll, please fill out the form below and return it to the New Hampton Tribune by October 20, 2023.

Please help us update our Chickasaw County Veterans Honor Roll by filling out and returning the attached form if your name did not appear in the New Hampton Tribune's Veterans Tab.

Veterans Name _____

First _____

Middle Initial _____

Last _____

War Era _____ or Peacetime Service _____

Branch of Service _____

Dates of Service _____

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It turns out I've become my father and my mother after all

The desperate attempt not to become my parents continues, but it hit me the other night as I was driving from Charles City home to New Hampton. I'm fighting an unwinnable battle.

Aging sucks. Period.

The creaks I feel when I first get out of bed in the morning are real.

The aches

and pains I feel as I start my daily walk become more pronounced with each and every passing day.

The dislike of driving at night grow each time I meet another vehicle on the highway. The nightly trips to the bathroom, once a rarity, are now a daily ritual.

In other words, I have become my father, who I know is laughing hysterically from above.

So scratch the lead to this column, for I have become my parents.

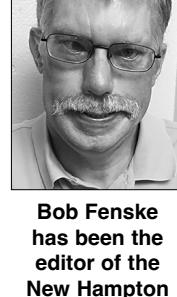
I may not remember the phone call I took five minutes ago, but I vividly recall Christmas 1989. I was 24; Dad was 56. We went to my cousins' house in Osseo, a Twin Cities suburb, for the Fenske gathering. We arrived at noon, and at 3 p.m., Dad was already hinting that we should think about hitting the road.

"Dad, it's 3 o'clock," I said with a healthy dose of incredulity.

"If we don't leave now, we'll be driving in the dark," he replied.

"Dad, they have these cool new inventions," I said, "they're called headlights."

My attempt at sarcasm was lost on my old man, but it turned out that — like with most things — Mel Fenske was right. A decade after the "let's-not-drive-in-the-dark" Christmas, we were at my



Bob Fenske
has been the editor of the New Hampton Tribune since 2009, and he can be reached by email at editor@nhtribe.com.

mom's house for the holiday. I was 34; mom was 60, and we decided to take the kids on a walk. We walked a few blocks, and mom started hinting that we should turn back.

"Mom, we just started," I said, and she immediately started going on and on about her joints, arthritis and probably that it would be dark soon.

OK, maybe that last one went unsaid, but trust me, she was thinking about it.

Now, I have to forcefully will myself to get to the trail each day, and I'm only doing so because there's a full slate of basketball games on my officiating schedule this winter. By the time the middle school basketball season begins in early November, my hope is to be "just" out of shape instead of pitifully out of shape.

I'm writing this column in the kitchen at Noah's house in Carbondale, and I'm dead-you-know-what tired. After covering the New Hampton-North Fayette Valley game Friday

night, I stayed up until 2, 3 in the morning going through my pictures, uploading stories to the internet and doing laundry for another quick trip to Southern Illinois.

We left New Hampton at 7:30 a.m., endured the most boring drive in America (trust me, drive from Iowa City to St. Louis once) and stayed up way too late after we arrived home from the football game.

Don't get me wrong, I wouldn't trade the late nights spent with Josh and Noah for the world, maybe not even a billion-dollar Powerball ticket.

We actually do, at times, talk about serious things, but for the most part, when you get Josh, Noah and me together, nothing's sacred and the crap flies fast and furious. My stomach hurts from laughing so much, and even last night, after I sensibly turned in for the night, I could still hear my sons laughing.

There Is. No. Better. Sound. In. The. World.

Still, as I sit here, I'm dreading the drive home. It's almost 2 p.m. as I type this sentence, and we have a 7 1/2 hour marathon ahead of us. And that means, if we leave right now, we won't be home until 10.

Yes, I realize 2 plus 7 1/2 equals 9:30, but again, I've turned into my parents, which means the every-other-hour (and that is, if I'm being honest, the optimist in me) bathroom stop. But it doesn't matter if we arrive home at 9:30 or 10 because as I told my father so many Christmases ago, those ears have those things called headlights.

The problem is, now that I'm my dad, I'm still not sold on the new invention.

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CHICKASAW COUNTY BOARD OF SUPERVISORS' MINUTES

September 25, 2023

The Board convened on Monday, September 25, 2023, at 9:02 A.M. with members Breitbach, Suckow, Kuhn, Cerwinski, and Hackman present in the Boardroom on the 2nd floor of the Court House, New Hampton, Iowa. Chairperson Kuhn called the meeting to order. Also present were Auditor Sheila Shekleton, Attorney David Laudner, Bob Fenske, member of the media, Engineer Roman Lensing, EMA/911 Director Jeff Bernatz, EMS/Rescue Brannon Anderson, EMS Director Joel Knutson, Jeremy McGrath, Sheriff Ryan Shawver, Ahlers & Cooney Attorney Jason Comisky, Assessor Raymond Armel.

Motion by Suckow, seconded by Hackman to approve the agenda for September 25, 2023. Roll Call: All Ayes. Motion carried.

Motion by Breitbach, seconded by Cerwinski to approve the meeting minutes from September 18, 2023 with changes. Roll Call: Ayes: Breitbach, Cerwinski, Suckow, Kuhn. Abstained: Hackman Motion carried.

Public comment: Attorney David Laudner said land purchase agreement has been signed by Mike Franke.

Motion by Hackman, seconded by Cerwinski approve drawing for remodel of the EMS building and move forward to phase 2 to get drawing on electrical and plumbing. Roll Call: All Ayes. Motion carried.

Discussion of sale of 2017 Dodge Charger AWD and 2016 Dodge Ram SSV for sheriff department. Sealed bids must be to the Chickasaw County Board of Supervisors on or before October 13, 2023 at 4:30 P.M. and time stamp by the auditor's office. The Board of Supervisors will open them on October 16, 2023 during the meeting.

Discussed department updates with Engineer Roman Lensing.

Motion by Hackman, seconded by

Breitbach to acknowledge Elections/Real Estate Deputy, Gina Fangman's hourly wage of \$25.84 which is 65% of elected official's salary effective September 18, 2023. Roll Call: Ayes: Breitbach, Hackman, Suckow, Cerwinski, Kuhn. Motion carried.

Motion by Suckow, seconded by Breitbach to acknowledge Elections/Real Estate Deputy, Gina Fangman's hourly wage of \$25.84 which is 65% of elected official's salary effective September 18, 2023. Roll Call: All Ayes. Motion carried.

Committee Assignments.

Supervisor Cerwinski September 14, 2023. Floyd Chickasaw Mitchell Landfill.

Motion by Hackman, seconded by Cerwinski to approve the resignation of Shelley McShane who will be retiring October 27, 2023. Roll Call: Ayes: Suckow, Breitbach, Cerwinski, Kuhn. Abstained: Hackman Motion carried.

Motion by Suckow, seconded by Breitbach to approve the meeting minutes from September 11, 2023. Roll Call: Ayes: Suckow, Breitbach, Cerwinski, Kuhn. Abstained: Hackman Motion carried.

Motion by Hackman, seconded by Cerwinski to approve the resignation of Andrea Kime to Full Time LPN/Immunization Nurse effective December 1, 2023 or when new Environmental Health Specialist trained, at the rate of \$23.95 per hour. Roll Call: Ayes: Breitbach, Cerwinski, Suckow, Kuhn. Abstained: Hackman Motion carried.

Motion by Cerwinski, seconded by Suckow to amend the acknowledgement of Megan Lester start date from August 28, 2023 to August 31, 2023. Roll Call: Ayes: Cerwinski, Suckow, Breitbach, Kuhn. Abstained: Hackman Motion carried.

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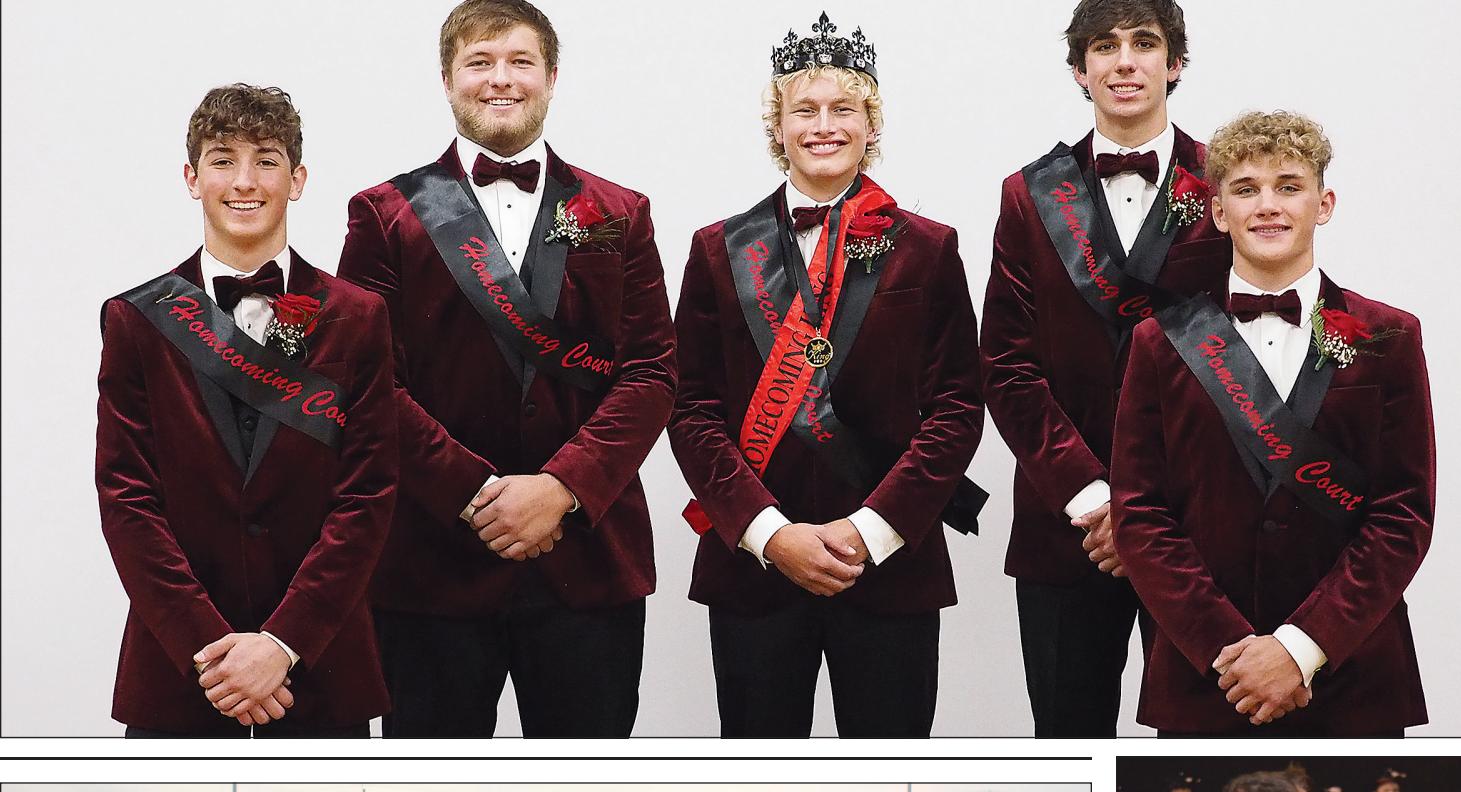
Motion by Hackman, seconded by Cerwinski to approve the resignation of Andrea Kime to Full Time LP



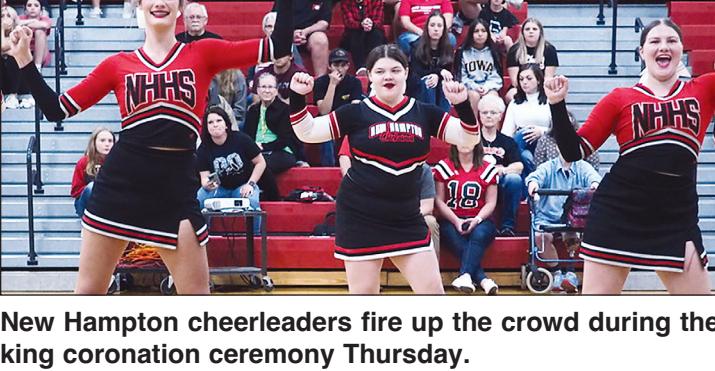
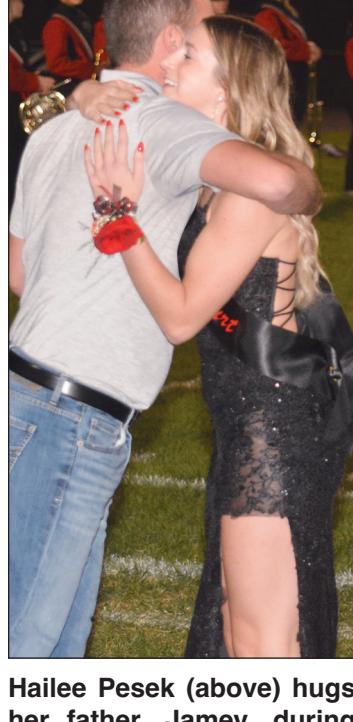
New Hampton Marching Band member Xander Meyerhoff (left) keeps an eye on his notes during Thursday evening's parade while a day later, newly-crowned Homecoming Queen Grace Maloy (above) is flanked by her fellow court members — (from left) Tori Bearman, Molly Wegner, Taryn Smith and Hailee Pesek.

Let the games begin!

A look back at New Hampton's fun-filled homecoming celebration



Homecoming King Leander Reicks (left) poses with his fellow candidates — (from left) Talyn Bohaty, Gatlin McCumber, Cael Laures and Karson Kolbet — on Thursday night while Cole McDonald (above), his wife Cassidy and son Hendrix make their way down the track during the Chickasaw Athletic Hall of Fame induction ceremony Friday evening.



New Hampton cheerleaders fire up the crowd during the king coronation ceremony Thursday.

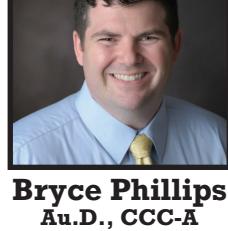
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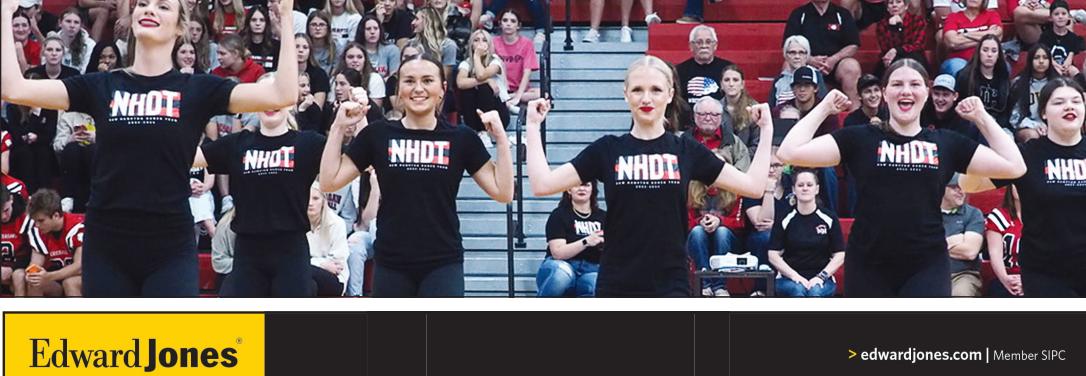
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Our newest Hall of Fame members!

The Chickasaw Booster Club welcomed four new members to its Hall of Fame on Friday night, and pictured are Booster Club members Ryan Shawver (left), Jodi Njus and Brad Schmitt (right) with the new inductees — (from left) Cole McDonald, Lauren Frerichs, Robert Ives and Kelly Winter, representing her late husband, Jason.



Hailee Pesek (above) hugs her father, Jamey, during the queen coronation ceremony at halftime of Friday night's football game while members of the dance team (left) perform during the king coronation ceremony that was held Thursday night.

Homecoming photos
by Kelly Terpstra
and Bob Fenske

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Community shows its support for students during celebration

HOMECOMING: FROM 1

at halftime on Friday and four new Chickasaw Athletic Hall of Fame members as Lauren Frerichs, Robert Ives, Cole McDonald and the late Jason Winter were inducted before the football game.

In some ways, it was a typical homecoming week; in others, it was not, especially when it came to the weather, which was, at times, dang near hot.

Then again, unlike some years in the not too recent past, there was no need for either an umbrella or a coat ... or even a sweatshirt for that matter.

But what was impressive about the 2023 version of the celebration was the sheer number of folks who turned out

for the parade and the football game.

That fact was not lost on New Hampton football coach Scott Frerichs during his postgame talk with the Chickasaws after their 30-14 victory over North Fayette Valley.

"There's a lot of people who support you," he said. "Look at those stands tonight, and you know that."

And of course, it was a homecoming, which meant scores of alumni turned out for events like the parade and the game.

"It's really fun to be back," McDonald said after his Hall of Fame induction. "I have so many good memories here, and even for those of us who don't live here now, New Hampton will always be a big part of us."



Kelly Terpstra/Tribune

Former New Hampton High School homecoming queens enjoy the ride in the 2023 Homecoming Parade that was held last Thursday evening.

Queen crowned in 1947 enjoys parade experience

PARADE: FROM 1

before the start of the parade route strolled down Main Street in New Hampton, was every decade dating back to the 1940s was represented.

And front and center was 92-year old Vonnie (Cero) Speltz.

Speltz, a 1948 NH grad, was voted as the queen that fall in 1947. She wore her tiara, just like several queens did that made it a point to show their Chickasaw pride and school spirit by attending the homecoming function.

"I'm just very proud to be here," said Speltz.

Speltz mentioned she even came up with a school fight song or cheer – whatever you want to call it. She wrote it over 75 years ago.

She even gave it a name – "Boom-a-lacka."

"Boom-a-lacka, chick-a-lacka, chow, chow, chow," sang Speltz as she recited the lines from her song. "We're from New Hampton and we couldn't be prouder. If you don't believe us, yell a little louder."

That's a lot of royalty on parade!

Here are the former kings and queens who returned to take part in the 2023 Homecoming Parade that was held last week:

- 1947: Vonnie (Cero) Speltz
- 1954: Marilee (Tiernan) Christensen
- 1959: Nancy (Freeman) Josephson
- 1968: Connie (Kramer) Seery
- 1969: Jean (Brady) Kolbet
- 1972: Jo (Skoda) Vaala
- 1977: Micki (Gilbert) Paulsen
- 1981: Tammy Tilkes and Perry Laures
- 1984: Missy (Thronsdson)

Boos.

- 1991: Kristen (Pickar) Reicks and Cory McDonald
- 1993: Stacie (Winter) Shekleton
- 1996: Ryan Rausch
- 2002: Tessa (Heimerdinger) Reicks
- 2008: Jennifer (Shatek) Dellaert
- 2010: Matt Paulus and Kayla Flick
- 2012: Brady Tenge
- 2013: Walker Howe and Colton Utley
- 2014: Marisa Flick
- 2018: Tom Clark
- 2019: Abby Robinson
- 2021: Caitlyn Rochford and Gavin Rings
- 2022: Ben Tenge

ent. It's not the Heartland Days parade," said Zweibohmer.

Oh, and there was candy – lots of sweets and goodies that were tossed to the parade spectators that lined the streets – many of them wearing Chickasaw black and red.

Zweibohmer took over her new role as director of New Horizons-Chamber in August 2022. She talked about some of the new and exciting things her committee did for this year's homecoming parade.

"We want to help out. We do the Heartland Days parade. There's a lot of logistics and we kind of have that down," said Zweibohmer. "We thought if we could help and get the community more involved, that it would be really awesome. Some years you would drive through New Hampton and you wouldn't even know homecoming's going on."

Of course bringing back previous homecoming kings and queens to gather as a group was an resounding success.

"It's fun for community members – not only for the students at school, but to bring back people who have been alumni or involved in the community. It's been cool. We've had a lot of good compliments just getting the community involved and all that it entails," said Zweibohmer.

Zweibohmer was happy – and at the same time proud – to see Speltz make her way down the parade route to represent all generations of Chickasaw past and present king and queens.

"She started sharing stories from 'I remember this and this,' said Zweibohmer. "It's been really cool to see how excited she is. It just comes back to the community thing – getting the young, the old, every one in between involved."

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Demonstrated solid communication, interpersonal and leadership skills with the ability to inspire and motivate others

Excellent verbal and written communication skills with the ability to communicate with tact and diplomacy

Strong proficiency in Microsoft Office with experience in managing and operating a Human Resources Information System (HRIS)

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Chiropractic & Physical Therapy Month

Chiropractors can help with various ailments

Anyone who has experienced pain understands that it can be debilitating. Pain can make it challenging to manage everyday tasks and can affect relationships and physical and mental health in many ways.

Pain medications were once the norm, but with the rise of the opioid epidemic, it may be wise to take a different approach to pain treatment.

Statistics from the Centers for Disease Control and Prevention, the Agency for Healthcare Research and Quality and the United States Department of Health and Human Services reveal that as many as one in five people received prescription opioids long-term for noncancer pain in primary care settings.

While opioid use for pain does not always lead to abuse of these medications, opioid addiction has become a widespread problem across North America. These same agencies report that approximately 1,000 people are treated in emergency departments in the United States each day for misuse of prescription opioids.

Chiropractic care may be one avenue to pursue as a viable alternative to pain medications. While chiropractic manipulations are most often associated with back and neck pain, there are many different benefits — some of which may surprise those unfamiliar with chiropractic care — for this type of care.

Migraines and headaches

Research shows that spinal manipulation can be an effective way to treat migraines, tension headaches and headaches that begin in the neck.

In clinical trials conducted at Macquarie University, 72 percent of migraine sufferers had noticeable or substantial improvement after a period of chiropractic treatment.

Accident injuries

Chiropractors can assess musculoskeletal anomalies caused by motor vehicle accidents as well as slips and falls. Whiplash is a common issue in car crashes, and this may be addressed by a chiropractor.

Anxiety and stress

The fight or flight mechanism that is activated when a person experiences stress and anxiety can take its toll on various parts of the body.

Because stress involves nerve impulses, chiropractors may be able to work primarily with the spine where these impulses originate to help release tension and nerve irritation.

In addition, adjustments can improve blood circulation, which may help signal the brain to turn off its "rally to action" response to stressful situations.

Fibromyalgia

Fibromyalgia is marked by widespread musculoskeletal pain in the joints, muscles, tendons, and other soft tissues. It can be combined with temporomandibular joint syndrome, or TMJ, as well as irritable bowel syndrome, among other illnesses.

Chiropractors can remove subluxations, which are misalignments of the vertebrae in the spine and joints that lead to pain responses.

A Florida State University study found that those with fibromyalgia who combined resistance training with chiropractic treatment two times a week saw improvements in their symptoms.



How to avoid injuries while gaming

Gaming is a popular activity across the globe. WePC, a custom computer-building company, says there are more than 2.5 billion video gamers around the world. Sixty percent of United States-based gamers play video games daily, according to the Entertainment Software Association, a trade association of the video game industry.

According to the 2019 report "The State of Online Gaming" from Limelight Networks, gamers are spending more time than ever before engaged in play. Gamers spend an average of seven hours and seven minutes each week playing games, which represents a 20 percent spike from last year. Gamers between the ages of 26 and 35 are playing for more than eight hours a week. All that gaming can leave gamers vulnerable to injury.

Many individuals are now experiencing overuse injuries from extended gaming sessions. Dominic King, D.O., a sports medicine physician at the Cleveland Clinic, says gaming athletes can be injured in similar manners to traditional athletes. Doctors have seen overuse injuries of the hand associated with eSports. Carpal tunnel syndrome, overuse in the elbow and shoulder, tendinitis, and even something called "gamer's thumb" can occur. Gamer's thumb is a nickname given to a condition called de Quervain's tenosynovitis, which occurs when the tendons that move the thumb become inflamed, leading to limited movement. Gaming and even smart-

phone use can result in this condition.

Staying informed about the potential for injury can keep gamers in better health. Gamers also can take steps to prevent common conditions.

- Eye strain: Staring at a screen for hours while immersed in play can cause eye strain. Symptoms can include pain, redness, dryness, and blurry vision. Taking breaks and focusing on items at various distances can help rest the eyes.

- Gamer's thumb: Stretching the hand and thumb before playing and during breaks can rest the tendons in the hand and reduce the risk of inflammation.

- Carpal tunnel syndrome: This occurs when there's a pinched nerve in the wrist that causes hand or wrist pain, numbness, tingling, or weakness. Stretches that engage the palms, fists and thumbs can help. A chiropractor or physical therapist can help people learn stretches and find relief.

- Hearing damage: Wearing headphones and listening to loud game play can damage hearing. Keeping the volume low and avoiding earbuds that keep the noise close to the eardrum can help reduce risk.

- Back and neck strain: Improper posture while playing may lead to pain in the neck and back. Rest, breaks and stretching can help reduce and alleviate pain. Look for ergonomic gaming chairs, which may help prevent injury.



Bob Fenske/Tribune

Physical therapist Becky Hoehne (center) poses for a picture with physical therapy assistants Michelle Opperman (left) and Karen Ptacek at the MercyOne New Hampton Medical Center therapy lab.

An injury leads to a career

Physical therapists who put Hoehne on road to state title inspire her to follow their footsteps

BY BOB FENSK
editor@nhtrib.com

Becky Hoehne's journey to becoming a physical therapist began during her sophomore year of high school.

A star runner for the Riceville track team, she was running a race when heard and felt a pop in her hamstring, and for a moment, her season flashed before her eyes.

"It was the Monday of conference and we had the district on Saturday," she said, "and I thought, 'No, not now' ... I saw a physical therapist, they got me good to go by Saturday and it all worked out."

Indeed, it did as Hoehne not only qualified for the state meet but, a week later, she claimed the first of her four state track titles when she won the 100-meter dash.

"It was really eye-opening for me, and it really got me interested in this field," she said, "and I've never really looked back. The funny thing is the same thing happened to Brett [Kruthoff], who also provides physical therapy services at MercyOne New Hampton Medical Center. He had an injury, and that's what kind of prompted him into the field."

She paused and laughed.

"Maybe that's the trick to getting more people into our field — get them injured."

But in all seriousness, Hoehne has no regrets about the road she's navigated since she heard that pop more than 18 years ago because she found a career that is both rewarding and offers a variety.

Yes, she and the physical therapy assistants she works

"TO SEE A PATIENT ACCOMPLISH SOMETHING HE OR SHE DIDN'T THINK WAS POSSIBLE, THAT'S PRICELESS."

— BECKY HOEHNE

with do help get athletes back on their feet, but they do so much more, too. They may be helping an athlete get back on the field one minute and then working with an elderly resident recovering from a stroke the next. They work with folks recovering from heart surgeries. They work with those suffering from pulmonary diseases. They work with those who have suffered "repetitive" injuries. The list can go on and on.

And the ages of patients they help runs the gamut.

"Right now, I'd say my youngest patient is 8 and my oldest is in their 90s," she said. "The thing about physical therapy is that no two days are alike, and really no two patients are alike, either. It's fun to see the rewards — be it someone getting back to a sport or someone who gets some normalcy back in their life."

As a physical therapist, Hoehne sets up a plan for each patient and physical therapy assistants help her carry out that plan, but she said it's also critical for physical therapists to have good rapport with doctors, too.

"The nice thing here is having the clinic so close," she said. "I can walk over there, they can walk over here, and honestly, we can all probably do it in our sleep."

But maybe the biggest X factors in physical therapy are the patients themselves.

And No. 2? Sometimes that work, those exercises, aren't easy.

"It's not always going to be pain free," Hoehne said.

But like we said, she has no regrets about the career path she found back in the spring of 2005.

"To see a patient accomplish something he or she didn't think was possible," she said, "that's priceless. It's because they put the work into it, but it's always rewarding to see."

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NATIONAL

Celebrating all things 4-H

BY PATRICK DIRKS
Chickasaw County Youth Director

It's National 4-H Week and just like the rest of the country, Chickasaw County, is celebrating an organization that remains a vital part of our nation.

People ask what is 4-H and why should youth join the Chickasaw County 4-H Program?

Here's the long answer! 4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

We have 10 4-H Clubs in Chickasaw County. These clubs usually meet monthly and develop a year-long plan for their program. Clubs elect their own officers and conduct their own business.

Meetings may include presentations, games, family events, and field trips. Members develop leadership skills and complete a variety of community service projects.

Project Areas that youth can participate in are agriculture and natural resources, small and large animals, creative

arts, personal development, mechanics and design, and family and consumer sciences.

4-Hers also take part in workshops and day camps, our county fair, leadership camps, youth trips, county-wide recreation activities, and record keeping.

Chickasaw County Clubs include Alta Vista Aces, Bradford Eager Beavers, Diamonds in the Ruff, Fredericksburg Futures, Ionia Rustlers, Jolly Blue Bells, Lawler Lassies and Lads, Little Wapsie Legends, and New Hampton Harvesters. We also have a club just for K-3rd graders, our Chickasaw County Clover Kids Club.

If you have any questions about these clubs such as who the leaders are, where they meet, and when they meet, contact the Chickasaw County Extension Office at 641-394-2174 or xchickasaw@iastate.edu.

So as we mark National 4-H Week, which started Sunday and runs through Saturday, Chickasaw County will be home to a series of events and fun activities for all youth.



Kelly Terpstra/Tribune

The exhibit hall fills up quickly with 4-H members who have a host of projects to be judged during the Chickasaw County 4-H and FFA Achievement Show this past summer.

We started National 4-H Week on Sunday with a skating party in New Hampton at Crystal Ball Roller Skating Rink.

On Monday, we hid a pair of 4-H Clovers in Alta Vista, Fredericksburg, Ionia, Lawler, Nashua, and New Hampton. Once you find the clover, bring the clover back to the Extension Office to take your picture and claim your prize.

On Tuesday, we held a

pumpkin painting party at Mikkelsen Park and also played a bunch of fun outdoor yard games for everyone to participate in.

Wednesday was wear your 4-H shirt to school day, and we asked our members to take pictures of themselves in their 4-H shirt and tag Chickasaw County 4-H in a Facebook post. Any photos that were tagged to the Chickasaw County 4-H page will be in the running for

a prize.

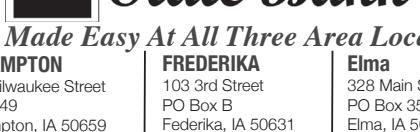
We will be doing our traditional Throwback Thursday today, and everyone should follow along on our Facebook page; we will be posting photos of 4-H Alumni in photos throughout the day. The first person to correctly identify the people in photos will win a prize!

On Friday, we are unveiling a newer activity — 4-H Fun Fact Friday. We are going post fun facts about the 4-H

program. The first person to answer the question correctly will win a prize. Only one prize per participant.

And to close out the week on Saturday, we're heading at Get Air (a trampoline park) in Waterloo from 2 to 4 p.m. If youth are enrolled or re-enrolled in 4-H Online by Friday, your entry for this event will FREE! All individuals must provide or purchase their own jump socks.

We proudly salute our area 4-H Chapters. Keep up the great work!



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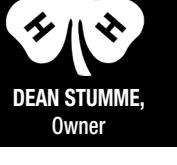
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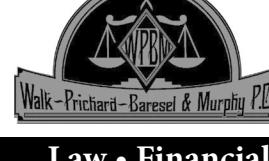
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Chickasaws head to Cresco Friday for key game

NH FOOTBALL: FROM 20

yards on 13 carries and Praska had 32 yards on four rushes.

"Those guys ran really well, and I mean really well," McShane said, "and our line did a great job, too. I love that we have guys like Jaxon and Ethan, because seriously, it keeps me fresh. I wasn't tired at all tonight because I got those breaks while they were getting all kinds of yards. That's cool, man, really cool."

Meanwhile, the Chickasaw defense was brilliant for much of the night — holding the TigerHawks, who came into the game leading the district in rushing, to just 73 ground yards on 22 carries.

Ty Robinson led New Hampton with 5.5 tackles while Jaxon Eckley had five, including two for losses.

While New Hampton was handing North Fayette Valley its first district loss of the season, Waukon was throttling Oelwein and Crestwood was shocking Osage 22-16. That left the Chickasaws in a four-way tie with the TigerHawks, Waukon and Crestwood at 2-1 while Osage is now 1-2 in district play.

"We can't be satisfied," McShane said, "and I don't think we will. We had to win this game to set ourselves up. Now, we've got to finish strong and keep pounding the ball at people and playing the way we did tonight."

And while Frerichs and his



players are well aware that if New Hampton wins its next two games that the Chickasaws will be district champs, the veteran coach says the focus this week must be on Crestwood.

"They're a lot like us in that they've shown a lot of improvement since the start of the season," Frerichs said of the Cadets, who, like the Chickasaws, are 2-4. "Our guys have been really good at focusing one game at a time, and we're going to do that

this week, too."

NEW HAMPTON 30, NORTH FAYETTE VALLEY 14

NFV 0 0 14 0 - 14
NH 0 14 8 8 - 30

SECOND QUARTER

NH - Braden McShane 1 run (Jack Shawver kick), 4:18.

NH - Cael Laures 18 pass from Ben Gilbert (Shawver kick), 0:32.

THIRD QUARTER

NH - Laures 75 pass from Gilbert (McShane run), 10:23.

NFV - Ayden Turner 13 run (run failed), 6:27.

NFV - Decklyn Heins 1 run (Ayden



Bob Fenske/Tribune

New Hampton's Ethan Svehla (left) puts pressure on the quarterback while teammate Jaxon Eckley (above) cuts upfield during Friday's game against North Fayette Valley.

Burrow pass from Heins), 0:11.

FOURTH QUARTER

NH - Ethan Praska 20 run (Praska run), 7:22.

TEAM STATS

	NFV	NH
First downs	7	13
Rushes-yards	22-73	49-275
Passing yards	153	117
Total yards	226	392
Att-Comp-Int	18-10-1	7-5-1

NEW HAMPTON INDIVIDUAL STATS

Rushing - Braden McShane 23-119, Jaxon Eckley 13-70, Ethan Praska 4-32, Ben Gilbert 5-25, Adam Ewert 1-16, Ethan Svehla 3-13.

Passing - Gilbert 5-7-1 - 117.
Receiving - Cael Laures 2-93,

McShane 1-12, Eckley 1-6, Talyne Bohaty 1-6.

Tackles - Ty Robinson 5.5, Eckley

5, Bohaty 4.5, McShane 4, Ewert

3, Gatlin McCumber 3, Gilbert 2.5,

Laures 2.5, Svehla 1.5, Olandreon

Saunders 1.5, Ty Shekleton 1, Kam

Josephson 1, Leander Reicks 0.5,

Ryan Willadsen 0.5.

Tackles for loss - Eckley 2,

McShane 1, Robinson 0.5, Shekleton

0.5.

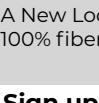
Interceptions - Laures 1-20.

Kickoff returns - Ewert 1-19.

Punt returns - Ewert 1-13.

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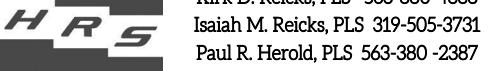
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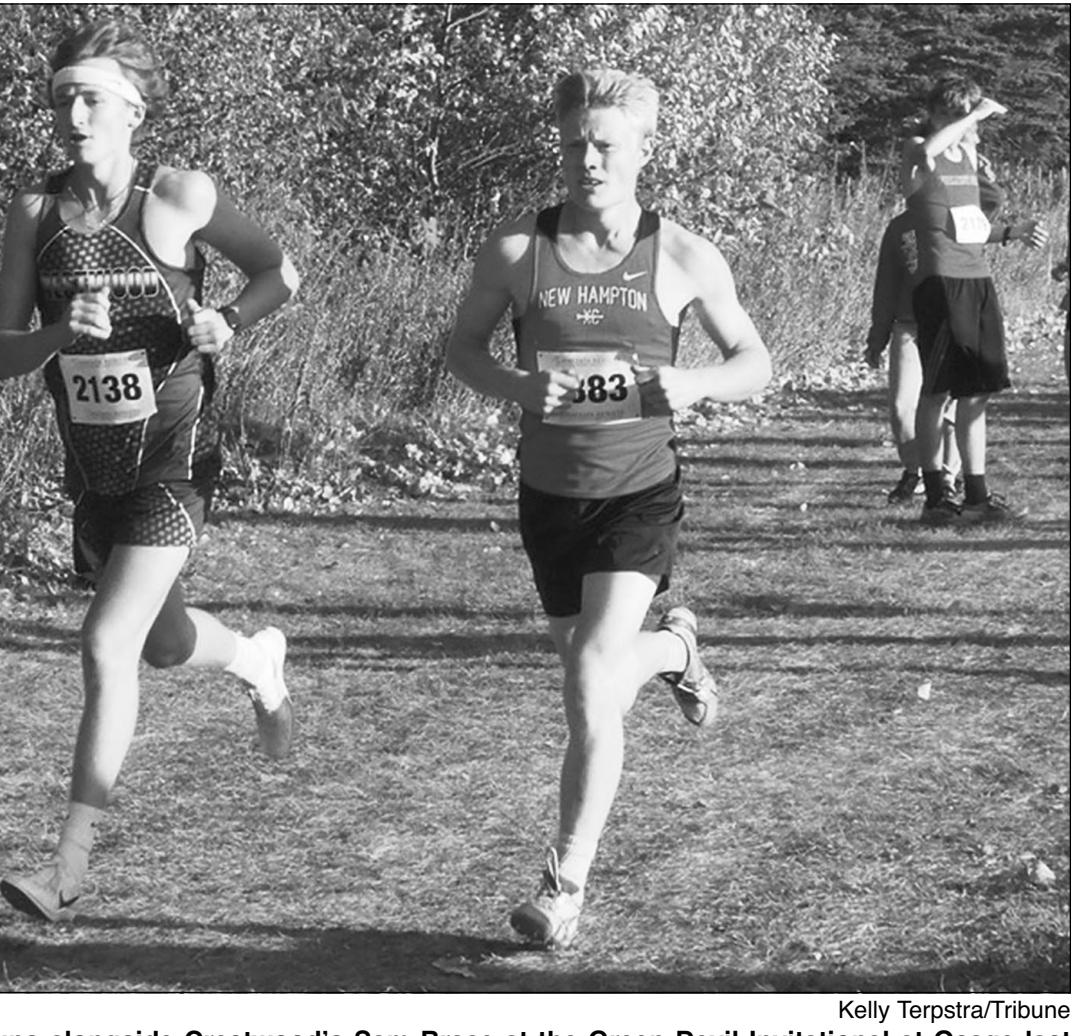
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Kelly Terpstra/Tribune

New Hampton's Calyb Zeien runs alongside Crestwood's Sam Brace at the Green Devil Invitational at Osage last month.

NH runs at two meets –Jesup and Cresco

Glaser continues to shine with fourth-place finish at Crestwood Invite

BY KELLY TERPSTRA
sports@nhtrib.com

The New Hampton Chickasaw harriers got in two meets last week – one on Tuesday at Jesup and the other at Cresco on Saturday.

New Hampton freshman Sophie Glaser continued to make her mark on Saturday with a fourth-place finish at the Crestwood Invite. She ran the challenging course to a clip of 21:24. Glaser also medaled at the Jesup Invitational with a 15th-place finish in a time of 20:50.

New Hampton senior Megan Pickar – running in the sport of cross country for the first time – also made strides with another strong performance. Pickar placed 12th at Cresco in 22:25 and 23rd overall in 21:32 at Jesup.

Connor Stumme, a freshman, placed 64th at Jesup to lead the New Hampton pack on the boys side. He ran a time of 19:17.

Calyb Zeien, a junior, engineered a 16th-place finish in 21:04. He almost dipped under 20 minutes at Jesup with a 20:08. That time placed him in the 93rd position.

Chickasaw sophomore Ella Knutson ran across the tape in

23rd place at Cresco in 24:39. She finished 81st place at Jesup in 23:46.

Natalie Nobsisch – an individual state qualifier as a freshman – placed 25th at Cresco in 24:48. Nobsisch was faster at Jesup with a 23:34, which saw her cross the finish line in 76th place.

NH freshman Kailynn Gebel placed 26th at Cresco (24:50) and 79th at Jesup (23:39).

Lauren Nuss, a junior who is also competing in her first year, placed 28th at Cresco in a time of 25:35.

Junior Xander Meyerhoff was 25th for NH at Cresco in 22:26 and Isreal Ortiz, another freshman, was 27th in 23:07. Jarrin Robinson finished in 28th place at Cresco. The junior completed the course in 23:23.

The Chickasaw girls team placed fourth as a team at Cresco with 82 points and ninth at Jesup with 239 points. The New Hampton boys were fifth at Cresco (117) and 20th at Jesup (488).

NH hosts its home meet tonight (Thursday) at Plum Creek Golf Course in Fredericksburg. Team in attendance are Cedar Falls, Central Springs, Clear Lake, Crestwood, Dunkerton, Lake Mills, Nashua-Plainfield, Riceville, St. Ansgar,

Sumner-Fredericksburg, Tripoli and Wapsie Valley.

The Chickasaws travel to Waukon for the NEIC meet on Tuesday, Oct. 19. New Hampton's state qualifier is scheduled to take place on Thursday, Oct. 19 at a site yet to be determined.

JESUP INVITATIONAL GIRLS TEAM SCORES

Center Point-Urbana 126, Union 132, North Linn 134, Denver 134, Hudson 137, Dike-New Hartford 186, Jesup 193, Benton Community 225, New Hampton 239, North Fayette Valley 240, Oelwein 245, Mason City Newman 265, MFL-Mar-Mac 283, Wapsie Valley 285, Edgewood-Colesburg 327, Aplington-Parkersburg 332, Alburnett 412, East Buchanan 474.

Individual winner (126 runners) - Meghan Wheatley (NL) 18:10.6.

New Hampton runners - 64. Connor Stumme 19:17.8, 93. Calyb Zeien 20:08.7, 124. Xander Meyerhoff 21:50.5, 125. Israel Ortiz 21:56.2, 131. Jarrin Robinson 22:54, 136. Carter Newbrough 23:52.6.

JV results - 74. Eddie Arnold 22:39.9, 114. Jon Baker 24:56.3, 119. Ramon Conde 25:33.3, 120. Colin Shatke 25:54.4.

CRESTWOOD INVITATIONAL GIRLS TEAM SCORES

South Winneshiek 44, Sumner-Fredericksburg 46, Crestwood 55, New Hampton 82.

Individual winner (36 runners) - Hillary Trainor (SF) 19:30.1.

New Hampton runners - 4. Glaser 21:25.5, 12. Pickar 22:25.2,

23. Knutson 24:39, 25. N. Nobsisch 24:48.7, 26. Gebel 24:50.5, 28. Nuss 25:35.3, 32. Rebecca Wickman 26:45.

JV results - 16. K. Meyerhoff 30:05.8, 17. Kellogg 30:55.9, 19. A. Nobsisch 32:10.8, 20. Singewald 32:20.3.

JESUP INVITATIONAL BOYS TEAM SCORES

Waukon 67, Denver 84, Center Point-Urbana 89, Oelwein 125, Jesup 166, Maquoketa Valley 186, Alburnett 232, Benton Community 234, Hudson 303, Starlinton/West Central 303, Mason City Neman 320, North Fayette Valley 330,

Individual winner (126 runners) - Meghan Wheatley (NL) 18:10.6.

New Hampton runners - 15. Sophie Glaser 20:50.1, 23. Megan Pickar 21:32.7, 76. Natalie Nobsisch 23:34.4, 79. Kailynn Gebel 23:39.8, 81. Ella Knutson 23:46.6, 118. Zoey Kellogg 26:14.7.

JV runners - 18. Lauren Nuss 25:22.6, 41. Cassidy Meyerhoff 26:45.4, 78. Alexis Nobsisch 28:58.4, 82. Josi Singewald 29:10.4, 86. Zoey Dreckman 29:38.8.

CRESTWOOD INVITATIONAL BOYS TEAM SCORES

Sumner-Fredericksburg 41, Crestwood 44, South Winneshiek 79, Postville 89, New Hampton 117.

New Hampton runners - 16. Zeien 21:04.6, 25. X. Meyerhoff 22:46.1, 27.

Ortiz 23:07.7, 28. Robinson 23:23.6, 30. Arnold 24:30.2, 32. Newbrough 25:53.1.

Union 359, Waterloo Columbus 376, Independence 389, MFL-Mar-Mac 395, Dike-New Hartford 409, Kee High 426, Wapsie Valley 468, New Hampton 488.

Individual winner (145 runners) - Neal Pinter (DEN) 16:14.2.

New Hampton runners - 64.

Connor Stumme 19:17.8, 93. Calyb Zeien 20:08.7, 124. Xander Meyerhoff 21:50.5, 125. Israel Ortiz 21:56.2, 131. Jarrin Robinson 22:54, 136. Carter Newbrough 23:52.6.

JV results - 74. Eddie Arnold 22:39.9, 114. Jon Baker 24:56.3, 119. Ramon Conde 25:33.3, 120. Colin Shatke 25:54.4.

CRESTWOOD INVITATIONAL GIRLS TEAM SCORES

South Winneshiek 44, Sumner-Fredericksburg 46, Crestwood 55, New Hampton 82.

Individual winner (36 runners) - Hillary Trainor (SF) 19:30.1.

New Hampton runners - 4.

Glaser 21:25.5, 12. Pickar 22:25.2,

23. Knutson 24:39, 25. N. Nobsisch 24:48.7, 26. Gebel 24:50.5, 28. Nuss 25:35.3, 32. Rebecca Wickman 26:45.

JV results - 16. K. Meyerhoff 30:05.8, 17. Kellogg 30:55.9, 19. A. Nobsisch 32:10.8, 20. Singewald 32:20.3.

CRESTWOOD INVITATIONAL BOYS TEAM SCORES

Sumner-Fredericksburg 41, Crestwood 44, South Winneshiek 79, Postville 89, New Hampton 117.

New Hampton runners - 16. Zeien 21:04.6, 25. X. Meyerhoff 22:46.1, 27.

Ortiz 23:07.7, 28. Robinson 23:23.6, 30. Arnold 24:30.2, 32. Newbrough 25:53.1.

New Hampton takes on defending state champ

NH VOLLEYBALL: FROM 19

Xavier) and two state semifinalists from a year ago in No. 2 Mount Vernon and seventh-rated AGWSR.

NH topped AGWSR by a score of 21-19, 11-21 and 15-9. But Mount Vernon (24-2) – which competes in New Hampton's Class 3A – topped the Chickasaws 21-15 and 21-16.

Xavier (19-5) – which won it all in Class 4A last year – turned back NH by scores of 21-18, 21-17.

"Going into Saturday we knew it was going to be a tough day and it was also a long week with homecoming activities. I would say we were a bit off, but played with most of the teams," said Geerts.

New Hampton also lost to Nevada (19-12) in a three-setter – 21-14, 16-21, 15-12.

"We were disappointed we didn't get the "W" against Nevada, but also learned from it. As the day went on I think our focus became harder and harder. We know what we can't do against tough teams. On a positive note, it was good to see that we can play with those tougher teams," said Geerts.

NH senior Marissa Cahoy accumulated 31 kills in the five matches played in Waverly on Saturday. The all-stater also came up with 30 digs.

Chickasaw senior Hailee Pesek was the leader in digs on the team with 38. She also managed 23 kills.

NH senior setter Molly Wegner paced the offensive attack for NH with 58 assists.

New Hampton concluded the regular season at home versus Waukon on Tuesday evening during Senior Night. The Chickasaws get some time off before starting the first leg of the NEIC Tournament in New Hampton on Thursday Oct. 12. The second leg of the league tournament will be played on Saturday, Oct. 14 in Charles City.

The Chickasaws are the defending regular season and NEIC Tournament champs. New Hampton accomplished that feat last fall for the first time in school history.

NEW HAMPTON 3, WAVERLY-SHELL ROCK 0

New Hampton 26 25 25 Waverly-Shell Rock 24 18 20

Kills - Marissa Cahoy 20, Braelyn Rosonke 12, Hailee Pesek 8, Jenna Heeren 3, Paige Steinlage 2, Molly Wegner 1.

Assists - Wegner 23, Steinlage 17.

Digs - Pesek 13, Cahoy 10, Wegner 9, Claire Geerts 7, Taylor

Ries 6, Heeren 3, Rosonke 2.

Blocks - Cahoy 3, Steinlage 1, Heeren 1, Wegner 1.

Serving - Geerts 14-15, Wegner 8-8, Pesek 13-15, Ries 4-4, Cahoy 7-9, Heeren 8-8, Steinlage 13-13.

Aces - Steinlage 6, Pesek 1.

NEVADA 2, NEW HAMPTON 1

Nevada 21 16 15

New Hampton 14 21 12

Kills - Cahoy 8, Pesek 5, Steinlage 3, Rosonke 3.

Assists - Wegner 13, Steinlage 2, Geerts 1.

Digs - Cahoy 10, Pesek 10, Steinlage 2, Wegner 7.

Blocks - Cahoy 3, Steinlage 1, Geerts 1.

Serving - Geerts 5-5, Wegner 5-5, Pesek 5-6, Ries 9-9, Cahoy 8-9, Heeren 6-7, Steinlage 3-6.

Aces - Wegner 2, Cahoy 2, Heeren 2, Ries 1, Geerts 1.

NEW HAMPTON 2, AGWSR 1

New Hampton 21 11 15

AGWSR 19 21 9

Kills - Cahoy 8, Steinlage 4, Rosonke 4, Wegner 3, Pesek 3.

Assists - Wegner 10, Steinlage 8, Pesek 2, Ries 1, Heeren 1.

Digs - Pesek 10, Geerts 9, Cahoy 5, Steinlage 5, Ries 4, Wegner 1, Heeren 1.

Blocks - Cahoy 2, Pesek 1.

Serving - Geerts 6-6, Wegner 6-7, Pesek 4-5, Ries 3-3, Cahoy 3-4, Heeren 2-2, Steinlage 6-8.

Aces - Cahoy 2, Geerts 1, Wegner 1.

CEDAR RAPIDS XAVIER 2, NEW HAMPTON 0

Cedar Rapids Xavier 21 21

New Hampton 18 17

Kills - Cahoy 8, Pesek 4, Rosonke 3.

Assists - Heeren 2, Steinlage 2.

Digs - Pesek 8, Ries 6, Geerts 4.

Blocks - Cahoy 2, Pesek 1.

Serving - Geerts 9, Cahoy 9, Pesek 6, Steinlage 4, Heeren 1.

Aces - Pesek 7, Steinlage 7, Cahoy 1.

MOUNT VERNON 2, NEW HAMPTON 0

Mount Vernon 21 21

New Hampton 15 16

Kills - Steinlage 5, Pesek 4, Cahoy 1.

Assists - Heeren 2, Steinlage 10, Wegner 8, Ries 1, Cahoy 1.

Digs - Geerts 7, Wegner 7, Pesek 6, Steinlage 4, Cahoy 2, Ries 1, Heeren 1.

Blocks - Cahoy 2, Steinlage 1.

Nieman sets his sights on football playoffs and state cross country meet

NIEMAN: FROM 20

meet a year ago. He wound up as the first person out as he placed in 11th place.

"He's definitely still got his goal set on Fort Dodge," said Bakula.

How big of a blow was it that Nieman's dream of a state berth last year as a junior was almost within his reach? It hurt, no doubt. But he got over the heartache and frustration of being so close to something he's worked so hard for.

"It sucked for an about an hour. I didn't want to talk to anyone or anything. Man, I was close," said Nieman.

Nieman is the starting defensive end for the Trojans – which are currently 4-2 on the year and fighting for a playoff berth. He's registered 23.5 tackles and two sacks. He's also got three tackles for loss.

"With the elevated role I'm playing in football, it's a lot more physically demanding to go out and run a race at any point of the week. Once you're playing full football, you're never physically 100 percent," said Nieman, who suffered a calf injury in TV's homecoming game versus Central Elkader, but toughed it out.

As you can expect, Nieman rarely leaves the field, except for timeouts or stoppages in play.

"Basically, he's on everything. He's on our kick return, he's on our kickoff. He never leaves the field for us. That kind of tells you what he does," said Scott. "We only have five seniors and no juniors so his role is always crucial."

Nieman's achievements are impressive and it takes time to do them. He said he wakes up some days at 5:30 in the morning to lift weights and doesn't leave school until 8:30 at night.

But it's what he does when he's not practicing out on the gridiron or trying to improve his running skills outside those aforementioned sports that is even more remarkable than any stat or stopwatch can document.

Brace yourself, because here's the list of what Nieman is involved in at Turkey Valley.

He's a pitcher on the baseball team. He's also a guard/forward for Izer's father – John – on the basketball team and runs long distance in track for Scott – who also coaches that sport. Here's the kicker, he plays in the band (baritone), is an FFA officer and is involved in speech as well. Nieman also invests his times in TV's robotics team.

It's just another day at the "office" for Nieman, who sports a 3.73 GPA.

"From a small school – it's an experience. I can do everything. I remember my sophomore year, they needed people for the musical. I told them I can help them out. Turns out they gave me a bigger role than I expected. Honestly, it was a fun experience," said Nieman, who lives on an acreage with his family near Fort Atkinson.

Nieman downplayed his involvement in extra-curricular activities – which characterizes his humble approach to life.



Kelly Terpstra/Tribune

Turkey Valley's Russell Nieman (20) leads the way for Trojan running back Oliver Schmitt in a game against West Central earlier this season.

"There's a lot of people involved in a lot of stuff in a small school like this," said Nieman. "It's really kind of normal for everyone."

Oh, one more thing, he also farms.

His parents – Justin Nieman and Liz Simmons – are divorced. But some Sundays – during his "down time" – he'll travel 90 miles south to where his father lives and help out with chores on the farm.

Wait, there's more.

"Sundays are usually my days. I might volunteer for a YSF (Youth Sports Foundation) – run a chain gang," said Nieman, who also attends church on Sundays with his family.

Nieman has also dealt with the pain and grief of losing a loved one. His younger sister – Lucy Nieman – passed away two years ago in the July of 2021 due to an accident at her home.

She was 13 years old and dreamed of pitching one day for Junior Hackman's Trojan softball squad.

"I'm pretty open about it. It was a freak accident from what I could tell," said Russell. "One of her friends called me and then I ran out and I found her there."

The devastating loss of a sibling has made Nieman appreciate things more and the future University of Iowa college student doesn't stress out on things that almost seem trivial compared to Lucy's life being cut short.

"It definitely changes your perspective on things a little bit. That's how come I

wasn't too upset about the cross country thing for more than an hour," said Nieman.

Lucy Nieman would be a Trojan sophomore this season.

"That night she told mom she wanted to do pitching lessons. Softball was her sport and she wanted to pitch," said Nieman. "I was more than happy. I said, 'I'll catch for ya.'

Nieman said he's leaning toward becoming a teacher, although he hasn't quite yet ruled out the possibility of entering law school after he achieves his undergraduate degree.

Nieman said he has coached fifth and sixth-grade baseball for the last three years.

That has led him down a path to one day possibly guiding and instructing kids that might be trying to do something similar to what he's signed up for this fall with the double-duty responsibility.

Add inspiring mentor to Nieman's list of achievements.

"I kind of realized I liked it a lot. I loved it," said Nieman. "I kind of want to do this the rest of my life – teach kids and maybe some day be a high school coach."

One last thing, Nieman is an Iowa State sports fan.

He explained what kind of attire he'll be representing in Iowa City on the campus of the U of I. Here's a hint – it won't involve the colors black and gold.

"I'll be wearing my Iowa State gear all over campus," smiled Nieman. "Maybe I'll keep quiet during Cy-Hawk week."

Trojans strike early and often in 62-7 win

TV FOOTBALL: FROM 20

exception of 8-Man. Eight-Player football takes the top three finishers in each of the 10 districts, as well two statewide at-large qualifiers.

The state also uses the 17-point tiebreaker to determine seeding if fewest district losses and head-to-head matchups don't apply or meet the postseason qualifying criteria. That aggregate total is a combination of the plus and minus points of district games played. That average unlocks a tie within the division.

That plus or minus total cannot exceed 17 points either way.

The 10 district champions in 8-Man will have the opportunity to host first round playoff games, along with six district runner-ups. The first criteria used to determine which district runner-ups will host a first-round game is fewest number of district losses. There are two other deciding tiebreakers to see which district runner-ups host – unlike Class A, 1A and 2A where the top two seeds in a district are guaranteed a home playoff game in the first round.

Turkey Valley is currently second in its district with a plus/minus total of 9.75. Riceville sports a 7.25 total and is third. Kee High is fourth in the district with 3.40 points.

Enough of the number crunching and back to the actual football that was played on the field last Friday night.

TV had another stellar offensive performance against Waterloo Christian, which is now 1-5 overall and 1-3 in the district. All of the Regents' games this season are to be played on the road as they are in their first year of competition.

The Trojans were firing on all cylinders as they scored 32 first-quarter points and amassed over 400 yards of total offense.

Trojan sophomore quarterback Logan Busta was efficient as one could be in the pocket as he fired two touchdown passes to Oliver Schmitt (37 yards) and J.D. Kruse (46 yards) – both in that wild first quarter.

Busta was 4-5 passing for 107 yards and Kruse, a sophomore, hauled in two touchdown passes for 100 yards.

Schmitt once again did what he does as the all-state running back/linebacker rushed for over 100 yards and also threw a touchdown pass of his own – a

54-yarder to Kruse to the start the scoring in the second quarter. Schmitt gained 127 yards on the ground and scored on a 11-yard touchdown run in the third quarter.

Burke Busta, a senior like Schmitt, scored twice on the ground and racked up 53 yards of rushing.

Schmitt led the Trojans in tackles with nine, followed by freshman Jordan Kriener's six stops.

The Turkey Valley win was the next game played after seventh-ranked Clarksville (7-0) had its way with the Trojans in a 62-22 victory in a non-district tilt.

"This was a good game for our players to bounce back from after the previous week. We played well in all aspects of the game," said Scott.

TURKEY VALLEY 62, WATERLOO CHRISTIAN 7

WC	0	0	0	7	-	7
TV	32	16	6	8	-	62

FIRST QUARTER

TV - Burke Busta 11 run (Oliver Schmitt run)

TV - Schmitt 7 run (Logan Busta pass from Schmitt)

TV - Schmitt 37 pass from L. Busta (L. Busta run)

TV - J.D. Kruse 46 pass from L. Busta (Caleb Kurtenbach pass from L. Busta)

SECOND QUARTER

TV - Kruse 54 pass from Schmitt (B. Busta run)

TV - B. Busta 7 run (Schmitt run)

TV - Schmitt 11 run (run failed)

THIRD QUARTER

WC - Cambridge Wainscott 3 run (kick good)

TV - Treyton Franzen 10 run (Parker Reicks run)

FOURTH QUARTER

WC - Cambridge Wainscott 3 run

(kick good)

TV - Treyton Franzen 10 run

(Parker Reicks run)

TEAM STATS

WC	TV
Rushes-yards	N/A 20-276
Passing yards	N/A 161
Total yards	N/A 437
Att-Comp-Int	N/A 5-4-0

TURKEY VALLEY INDIVIDUAL STATS

Rushing - Oliver Schmitt 16-127, Burke Busta 8-53, Treyton Franzen 6-32, Cale Langreck 3-19, Parker Reicks 3-16, Logan Busta 3-14, Hugo Busta 1-15.

Passing - L. Busta 3-4-107, Schmitt 1-1-54.

Receiving - Kruse 2-100, Schmitt 1-37, Caleb Kurtenbach 1-24.

Tackles - Schmitt 9, Jordan Kriener 6, B. Busta 4.5, Kruse 4, Russell Nieman 3.5, Hunter Kruse 3.

Reicks 2.5, Langreck 1.5, Franzen 1.5, Mitchell Kriener 1, Caden Tiedt 1, Eli Holthaus 1, Tucker Thulst 1, Kurtenbach 1, Tucker Reicks 0.5.

Tackles for loss - H. Kruse 1.5, Tiedt 1, Nieman 1, Schmitt 0.5.

Interceptions - J. Kruse 1.

Kickoff returns - Schmitt 1-25.

Punt returns - Schmitt 4-88.

Kickoffs - Schmitt 8-369, J. Kriener 1-40.



Kelly Terpstra/Tribune

Turkey Valley coach Mark Scott goes over strategy before the opening kickoff in a game against West Central earlier this season.

ON TAP FOR OUR NEW HAMPTON CHICKASAWS AND TURKEY VALLEY TROJANS

Hampton, 6 p.m.

FRIDAY, OCT. 13

New Hampton football vs. Waukon (senior parent night),

9th grade at 5 p.m. and varsity at 7:30 p.m.

Turkey Valley football at

Riceville, 7 p.m.

SATURDAY, OCT. 14

New Hampton varsity volleyball, NEIC tournament continued at Charles City, 9 a.m.

Golf & Country Club, 4:30 p.m.

Turkey Valley volleyball vs. West Central, JV at 6

p.m., varsity to follow

THURSDAY, OCT. 12

Turkey Valley cross country at UIC meet, South Winneshiek, 4 p.m.

New Hampton JV football vs. Tripoli, 6 p.m.

TUESDAY

New Hampton cross country at NEIC tournament, Waukon

MONDAY, OCT. 11

New Hampton JV football vs.

West Central, 6 p.m.

Turkey Valley JV football vs.

West Central, 7 p.m.

Turkey Valley JV football vs.

West Central, 8 p.m.

Turkey Valley JV football vs.

West Central, 9 p.m.

Turkey Valley JV football vs.

West Central, 10 p.m.

Turkey Valley JV football vs.



Bob Fenske/Tribune

New Hampton's Marissa Cahoy (above) puts down a kill while teammate Jayda Noehl (below) gets ready to take a "swing" at the net during the Chickasaws' victory over Waukon on Tuesday.

Chickasaws celebrate seniors with a title

New Hampton honors senior class before beating Waukon to claim the outright NEIC regular season crown

BY BOB FENSKA

editor@nhtrib.com

This was a night that belonged to the seniors on the New Hampton volleyball team, and although it was shall we say choppy at times, the eight girls playing their final home regular season match delivered an undisputed conference championship to their faithful fans.

New Hampton's 25-21, 25-7, 25-23 victory over Waukon Tuesday pushed the Chickasaws to 24-5 overall and a perfect 5-0 in the NEIC as they head into postseason play with the start of the conference tournament a week from today.

But more importantly, those eight seniors — Marissa Cahoy, Hailee Pesek, Jenna Heeren, Paige Steinlage, Jayda Noehl, Molly Wegner, Claire Geerts and Megan Pickar — left the court winners.

"They're a great group," New Hampton coach Jess Geerts said, "and a lot goes into that. Obviously, they have talent, but they work hard, they get along, they're fun to be with, and I hope we get to play a lot more volleyball."

Give Waukon credit; the Indians, despite coming into the match with an 8-12 record, put up a decent fight against the Chickasaws, who are ranked sixth in Class 3A.

New Hampton found itself in a 6-1 hole, but a Steinlage kill started a 5-0 run, and a Claire Geerts service ace gave New Hampton its first lead at 9-8.

Waukon, though, trailed just 22-21 before New Hampton closed with a Pesek kill, a Noehl block and a Cahoy back row kill.

After romping through the second set, the Chickasaws appeared set to get the sweep. They did, but it was tough sledding at times as Waukon jumped out to a 9-4 early lead

before New Hampton clawed its way back into the set. A Wegner kill pulled the Chickasaws into a 16-16 tie, and New Hampton finally put the Indians away when Pesek came up with two late booming kills to secure the victory.

"You know me, I have expectations," Geerts said, "and obviously, there were times it wasn't always pretty tonight. But I give our girls credit, they did what they had to do. It wasn't our sharpest night, that's for sure, but the whole goal is to win, right?"

Cahoy led the Chickasaws' attack with 13 kills while Pesek and Heeren added eight and seven, respectively. Cahoy added 10 kills and four service aces while Wegner and Steinlage combined for 36 assists.

But New Hampton struggled at the service line, misfiring on 11 of its 72 serves, which allowed Waukon to stay in at least two of the sets.

Still, 24-5 and 5-0 sounded pretty nice to the Chickasaw coach.

"This is a nice accomplishment," Geerts said, "but trust me, these girls have bigger goals and I know they're coming in every day to work hard to reach them."

**NEW HAMPTON 3,
WAUKON 0**

Waukon 21 7 23
New Hampton 25 25 25

Kills - Marissa Cahoy 13, Hailee

Pesek 8, Jenna Heeren 7, Paige

Steinlage 6, Jayda Noehl 3, Molly

Wegner 2.

Assists - Wegner 22, Steinlage 14,

Heeren 1.

Digs - Cahoy 10, Pesek 9, Claire

Geerts 7, Wegner 2, Steinlage 2,

Noehl 1.

Blocks - Noehl 1.5, Cahoy 1,

Pesek 0.5.

Serving - Geerts 14-15, Cahoy

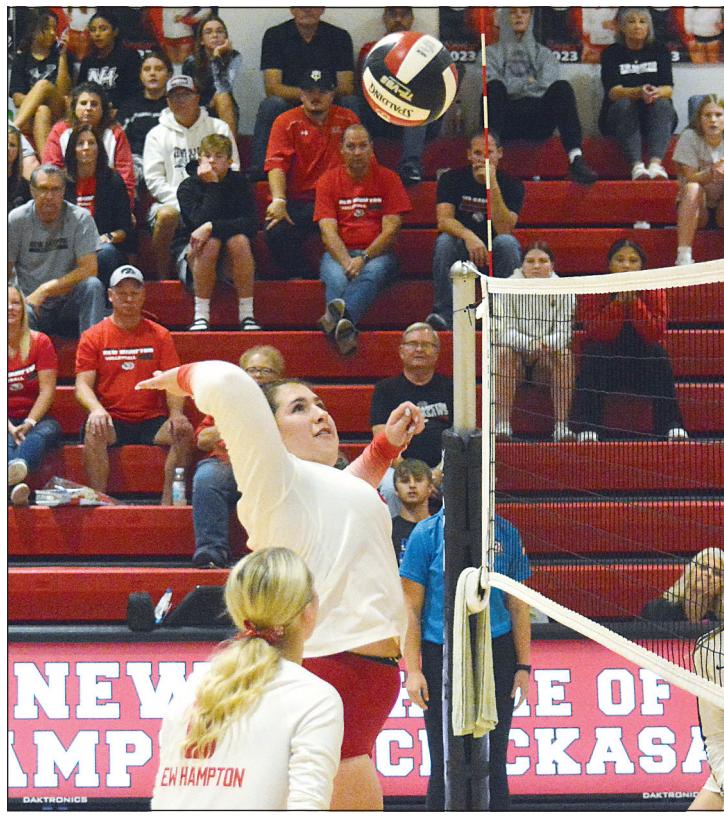
14-18, Steinlage 12-13, Wegner 8-9,

Pesek 6-8, Jackie Pickar 6-6, Heeren

1-3.

Aces - Cahoy 4, Wegner 1, Geerts

1.



New Hampton gets tough competition it needs as playoffs near

Chickasaws go 2-3, fall to two ranked teams at loaded Waverly-Shell Rock Invitational

BY KELLY TERPSTRA
sports@nhtrib.com

The sixth-ranked New Hampton Chickasaws butted heads with some serious competition on Saturday at the Go-Hawk Invite in Waverly on Saturday.

While the Chickasaws and head coach Jess Geerts did not go unscathed in the challenging weekend tournament — they did manage to beat the host school for the third time this fall.

New Hampton (23-5) topped Waverly-Shell Rock for the second time in five days and third time overall in 2023 with another

er straight-set win on Saturday. The Chickasaws defeated W-SR 21-19 and 21-18. Just this past week on Tuesday, NH clinched at least a share of back-to-back NEIC regular season titles with a 3-0 sweep over the Go-Hawks. The Chickasaws also topped Waverly-Shell Rock last month in two-straight sets.

The 7-18 Go-Hawks wouldn't be the Chickasaws toughest challenge on this day.

New Hampton faced off against one defending state champ (No. 4 Cedar Rapids

SEE NH VOLLEYBALL, 17

Chickasaw fresh-soph pick up big victory over North Fayette Valley on homecoming

NEW HAMPTON SCORING

Peyton Erlanson 9 pass from Cargin Robinson (Jay Pickar run)
Pickar 6 run (Pickar run)
Pickar 46 punt return (conversion failed)
Cade Carpenter 8 run (conversion failed)

Chase Humpal 18 pass from Robinson (Pickar kick)
Pickar 29 run (Jayden Bucknell kick)

TEAM STATS

	NFV	NH
Rushes-yards	41-116	21-113
Passing yards	68	94
Total yards	184	207
Att-Comp-Int	9-4-1	11-6-1

NEW HAMPTON STATS

	NFV	NH
Rushing	Jay Pickar 8-78, Cade Carpenter 7-42, Kale Venem 1-4, Dylan Schmitt 2-(2), Cargin Robinson 3-(9).	21-113
Passing	Robinson 6-9-1 - 94, Caden Rochford 0-2-0 - 0.	94
Receiving	Pickar 2-35, Peyton Erlanson 2-31, Chase Humpal 1-18, Schmitt 1-10.	207

Tackles - Jayden Budkell 10, Emmett Kuehner 7, Isaac Vidales 6, Humpal 6, Weston Praska 5, Jake McDoanld 5, Dylan Maloy 4, Andy Pedersen 4, Venem 3, Roy Barron 3, Jack Kellogg 2, Schmitt 2, Rochford 2, Kinnick Wisner 1, Spencer Sittig 1, Troy Federspiel 1, Ben Douglas 1, Pickar 1, Carpenter 1, Lohen Tank 1, Benson Burke 1, Erlandson 1.

Blocked punts - Kellogg 1.

Fumble recoveries - Erlandson 1.

Kickoffs - Pickar 7-43.0.

Punts - Venem 2-37.0.

Kickoff returns - Maloy 1-10, Pickar 1-7.

Punt returns - Pickar 4-15.0.

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New Hampton



New Hampton senior Megan Pickar serves the ball during the third set of Tuesday night's match against Waukon.



Jeremy Troendle/Waukon Standard
Turkey Valley's Russell Nieman runs the course at the Waukon Invitational last month.

Trojan senior doubles up his workload

Nieman is putting together solid seasons in two sports

BY KELLY TERPSTRA
sports@nhtrib.com

Russell Nieman never lets an opportunity pass him by.

He stays busy and he's involved in the community — inside and outside the classroom.

He also wears many hats, as evident by his diversified undertakings.

Simply put — the Turkey Valley High School senior refuses to sit by idly and remain on the sidelines.

Just ask his Trojan football coach — 21-year TV veteran Mark Scott. Scott knows a thing or two about commitment and getting the job done as he's guided Turkey Valley to 14 playoff berths in his tenure.

"Russell works hard. He's going to give you everything he has. He's a smart kid. He gets after it," said Scott. "You don't have to tell him three times."

Nieman's also brave and doesn't back down from a challenge.

That's why — for the second consecutive season — Nieman is pulling double-duty in cross country and football in 2023.

"It's showing that it's possible to do both. He's kind of set the standard that says it's okay to do more than one sport if you set your mind to something," said TV cross country coach Sarah Bakula. "If you prioritize your time appropriately you can do more than one sport and still excel in school."

Obviously, that decision to compete in two separate sports in the same fall season is not unheard of.

Turkey Valley's Ryan Izer did the same thing Nieman's doing for a couple of seasons on the high school level a little more than 10 years ago. Izer ran XC and suited up for football. Then he chose to focus solely on XC after his sophomore season and came within a razor-thin margin of reeling in a state title for the Trojans. Izer finished eighth one-hundredths of a second back of state champ Peyton Twedt of West Fork at the state cross country meet in Fort Dodge back in 2014. Izer placed in the top 10 (seventh place) at Fort Dodge his junior year.

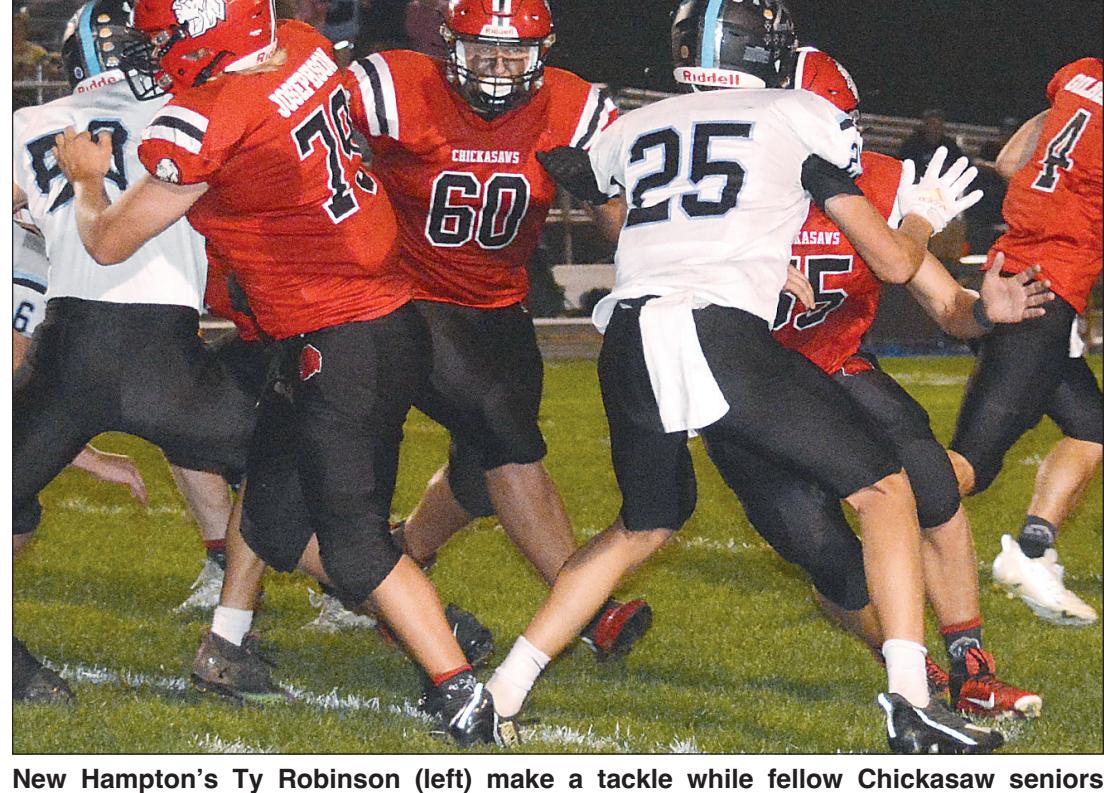
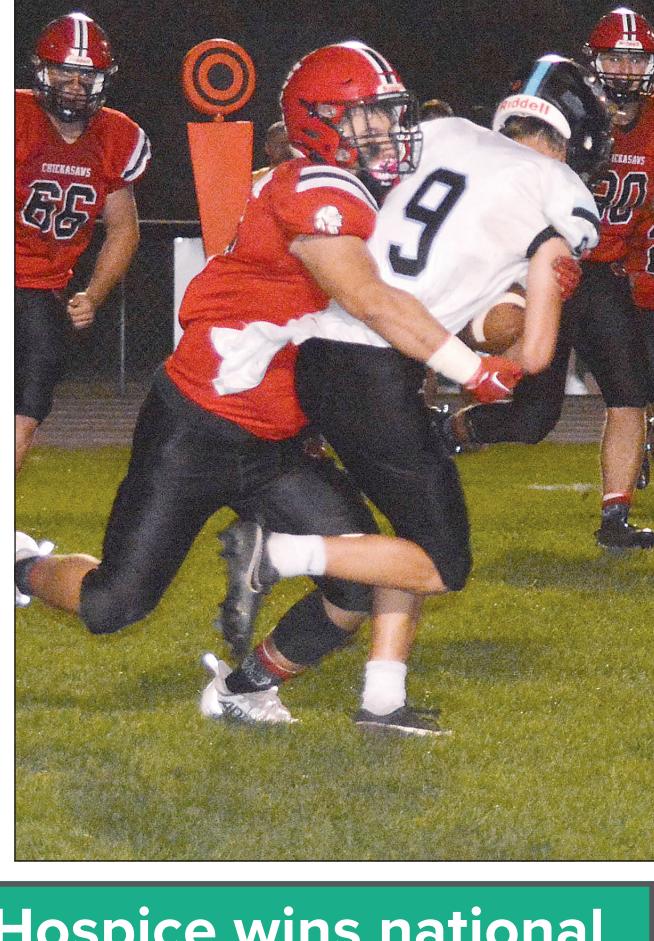
While a medal-producing finish at the state cross country meet probably isn't in the cards for Nieman in Class 1A — he's looking to at least make the field. He was just 12 seconds back of the last state qualifier at the district

SEE NIEMAN, 18

CONVINCING ON HOMECOMING!



Bob Fenske/Tribune
Cael Laures goes up and takes the ball away from a North Fayette Valley defender for a New Hampton touchdown late in the first half of Friday night's homecoming game.



New Hampton's Ty Robinson (left) make a tackle while fellow Chickasaw seniors (above, from left) Kam Josephson, Gatlin McCumber and Leander Reicks do the dirty work up front to create a hole for a Chickasaw running back.

Cedar Valley Hospice wins national CAHPS award for patient care!

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Bob Fenske/Tribune
Turkey Valley's Hunter Kruse makes a block in a game played earlier this season in Jackson Junction.

Trojans bounce back, cruise to district win

BY KELLY TERPSTRA
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The top four teams in 8-Man, District 3 football in the state of Iowa are pretty much set in stone.

Now it comes down to which team wants to host a playoff game.

After Turkey Valley's thorough destruction of first-year program Waterloo Christian on Friday night in Jackson Junction — a 62-7 thrashing — there's two huge district contests that loom large to finish the regular season for Mark Scott's Trojan squad.

It's going to be awfully interesting to see how it all plays out.

First — TV (4-2, 3-1) has a

date at home with sixth-ranked Don Bosco (5-1, 4-0) this Friday night in the last regular season home contest. The perennial-power Dons control their own destiny in the district with a perfect 4-0 mark. Then TV ends its regular season at Riceville (5-1, 3-1), which currently sits in third place in the district standings.

Turkey Valley is currently second in the district and Kee High (4-2, 3-2) is fourth. The Hawks defeated TV in a shootout in Week Two, 68-56.

The state takes the top four teams to the playoffs in each of the eight districts in the small-school classes — with the

SEE TV FOOTBALL, 18

Dist.

Waukon	2-1	3-3
New Hampton	2-1	2-4
Crestwood	2-1	2-4
North Fayette Valley	2-1	2-4
Osage	1-2	3-3
Oelwein	0-3	0-6

FRIDAY, SEPT. 29, GAMES

New Hampton 30, North Fayette Valley 14

Crestwood 22, Osage 16

Waukon 49, Oelwein 20

FRIDAY, OCT. 6, GAMES

New Hampton at Crestwood

Oelwein at North Fayette Valley

Osage at Waukon

THURSDAY, OCT. 12, GAME

North Fayette Valley at Crestwood

FRIDAY, OCT. 13, GAMES

Waukon at New Hampton

Oelwein at Osage

line on a fourth down play and New Hampton had a 7-0 lead with 4:18 left in the half.

But New Hampton was just getting started as the Chickasaws went off for 22 points in a span in which just six minutes elapsed from the clock.

After forcing a TigerHawk punt that Adam Ewert returned 13 yards to the North Fayette Valley 44-yard line, New Hampton went on the march again. An Ewert reverse that went for 16 yards set up a Ben Gilbert-to-Laures 18 yard touchdown pass with 32 seconds left in the half.

"We both went up for it and both had it and I guess I just took it away from him," Laures said. "Ben threw it high enough that I could get to it and I just think I had way better leverage than their guy did."

New Hampton didn't waste any time after coming out of the locker room for the second half as Gilbert hit Laures with an almost perfect deep pass as he ran between the cornerback and safety. Laures hauled it in, split the defenders, stayed on his feet and dashed into the end zone for a 75-yard score.

The senior receiver credited New Hampton coach Scott Frerichs for the play call.

"Mr. Frerichs drew it up at halftime and said we might use it," Laures said. "We had never practiced it or anything. It was a really good ball, the line gave Ben time and I'm just glad I didn't fall

SEE NH FOOTBALL, 15