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Absentee balloting is underway

Even though Election Day isn't until Nov. 8, voters start making their choices

By BOB FENSKE
editor@nhtrib.com

Technically, the 2022 general election is still more than two weeks away; after all, Election Day is not until Tuesday, Nov. 8.

But in another way, the so-called "off-year" election began this week as absentee balloting began on Wednesday, the same day the

Chickasaw County Auditor's Office mailed out hundreds of ballots to county residents who requested them.

"We're ready to go," Chickasaw County Elections Deputy Commissioner Laura Wickham said. "We have had some people call wondering where their ballots are, so just as a reminder, the law is we can't send them out until Oct. 19."

That's also the day that voters could

start early voting at the Auditor's Office in the courthouse.

Voters can cast ballots during the office's regular hours, which are 8:30 a.m. to 4:30 p.m. Mondays to Fridays, as well as on Saturday, Nov. 5, from 9 a.m. to 5 p.m.

Wickham added that voters need to be aware that this Monday is the deadline both to pre-register for the election and to request a ballot and to be mailed

to them.

She also reminded residents who want to cast ballots in person need to have a photo ID.

Under a state law that took effect last year, all absentee ballots must be delivered to the Auditor's Office before polls close at 8 p.m. on Election Day.

Polls on Nov. 8 will open at 7 a.m.

This year's ballot includes a number

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Bob Fenske/Tribune

A host of New Hampton Elementary School teachers and staff members (above) take a pie in the face in a benefit for the family of Madi Hanson (below), who got in on the fun by delivering a pie into the face of her principal, Emily Steele.

PIED FOR A GOOD CAUSE

NEW HAMPTON ELEMENTARY SUPPORTS STUDENT INJURED IN DOG ATTACK

By BOB FENSKE
editor@nhtrib.com

The chant reverberated through the old auditorium at New Hampton Elementary School Tuesday morning.

"Pie in the face, pie in the face, pie in the face."

For the hundreds of New Hampton Elementary School students, this was the reason they were so excited to attend the morning assembly.

Sure, the skit put on by their fellow students, one that promoted the school's upcoming celebration of Red Ribbon Week was decent and all, but what the kids of New Hampton Elementary really wanted to see was pies in the faces of some of their teachers, paraprofessionals, staff members and even their principal.

They had earned it, after all, by raising \$1,051.56 to help the family



Another week, another EMS director offer

Another candidate backs out, board makes an offer to third candidate to be part-time director

By BOB FENSKE
editor@nhtrib.com

The Chickasaw County Board of Supervisors learned Monday that yet another candidate has turned down the EMS director position, so board members switched gears and made an offer to "Candidate 2" for a part-time position.

After meeting in an "exempt" session for more than two hours, board members reported to open session and approved offering the candidate a part-time position at 24 hours a week. The position would include an annual salary of \$35,000.

The exempt session came after Board Chairman Matt Kuhn announced earlier in the meeting that "Candidate 1" had "rescinded his acceptance of the position on Friday." Kuhn stressed that the candidate was not backing out of the position because of anything "involving the county."

Still, that made the county 0-for-2 when it

SEE AMBULANCE, 5



Bob Fenske/Tribune

Championship smiles

New Hampton volleyball team had plenty to celebrate this past weekend when they became the first Chickasaw team to win the Northeast Iowa Conference tourney title.

See STORY, Page 17

It's the first of its kind in the area

Nashua cemetery installs columbarium

By BOB FENSKE
editor@nhtrib.com

A Nashua cemetery has become the first in Chickasaw County to install a columbarium; in fact, according to Hugeback-Johnson Funeral Home's Andy Hugeback, it is the only columbarium in not only the county but in all the counties that directly surround Chickasaw.

The Greenwood Cemetery Board purchased the more than



Photo courtesy of Andy Hugeback

Workers unload the columbarium at Greenwood Cemetery in Nashua recently.

Enrollment's up, and so is eSports

School Board gets some good news on student count, approves new activity

By BOB FENSKE
editor@nhtrib.com

On a night when the New Hampton School Board received some good news on the district's enrollment, board members Monday night gave the go-ahead to an eSports program.

Board members covered a lot of ground in a relatively short amount of time during a meeting that was pushed up a half-hour because of the Class 3A regional volleyball match that New Hampton hosted.

DISTRICT TRIES TO BE PROACTIVE WITH "SHORTAGES."

— PAGE 7

Maybe the best news of the night came on the last item on the agenda as Superintendent Jay Jurens reported that the district's certified enrollment on Oct. 1 increased 7.7 students from a year ago.

That's important because

SEE SCHOOL BOARD, 3



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It's Pork Month

October is Pork Month, and check out our great sponsors and stories on our annual pork pages!

Pages 13-15

Perfect in district play

The Turkey Valley football team rolls to a big win to finish an undefeated district season

Page 17

Excruciating loss

Chickasaws' rally comes up short in 35-28 loss to Clear Lake

Page 17

Students show their kindness in fundraiser

PIES: FROM 1

of Madi Hanson, the kindergarten student who was attacked by four dogs while attending a birthday party in Nashua over the Labor Day weekend.

“Pie in the face, pie in the face, pie in the face.”

The fundraiser was the brainchild of teacher Theresa Knutson, who was seeking a way for students to show acts of kindness so she came up with the idea of having students and staff drop off change in buckets, and the winners of each grade level, as well as the “specials” teachers — art, physical education, etc. — received the honor of getting pied.

In four days, they raised more than a thousand bucks.

“You guys blew my plan out of the water,” Knutson said. “I mean you really, really, really blew me away.”

When the time came, New Hampton Elementary students gathered on stage, and the chant became a roar that we’re pretty sure could be heard from one end of the city to the other.

“Pie in the face, pie in the face, pie in the face.”

And then the deeds were done by students, including little Madi, who just smiled after she was done plastering the pie to her principal’s face.

Was it fun?

“Yes,” she answered with a huge smile. And the smile, if it was possible, grew a little bigger before she continued.

“And I love my school.”



Awarding quilts of comfort and healing

The Freedom Strippers, the local chapter of the Quilts of Valor, was at it again on Sunday as they awarded quilts to 22 area veterans during a ceremony that was held at the Nashua Fire Station.

A Quilt of Valor is awarded to a veteran or a person on active duty as a thank you, and volunteers say they hope the award will bring comfort and healing to veterans who have sacrificed so much as they serve their country.

Those who received quilts during Sunday’s ceremony included:

- Army Lt. Col. Jeffery Pratt
- Army Maj. Joseph Pratt
- Marine Corps Pvt. 1st Class Jim Pratt
- Coast Guard Capt. Beverly Havlik
- Navy Master Chief Patrick Lumley
- Army National Guard Michael Kepple
- Air Force Staff Sgt. John Cook
- Army 1st Lt. Sid Harris Jr.
- Army Spec. 4th Class Roger Buchholz
- Marine Corps Lance Cpl. Larry Abbas
- Army Sgt. Michael Willert
- Army Sgt. Ralph (Mike) Mathis
- Army Sgt. Beat Martin
- Navy Petty Officer 3rd Class Gordon Locker
- Marine Corps Cpl. Travis Bilharz
- Navy Petty Officer 1st Class Curtis Geerts
- Navy Seaman Chuck Diesburg
- Army Spec. Christopher J. Lee
- Navy Petty Officer Larry Pennington Jr.
- Air Force Pvt. 1st Class Larry Fisher
- Army National Guard Spec. 4th Class Jerry Johnson

Photos courtesy of Ray Kapler



Buena Vista Dean’s List

Jessica Harrington, from Nashua was named to the Buena Vista University’s Summer 2022 semester Dean’s List.

The Dean’s List recognizes students achieving a 3.5 grade point average or higher for the term.



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Area legislative candidates square off at forum

By Travis Fischer

tfischer@charlescitypress.com

Four candidates for the Iowa state Legislature shared their views on a number of political topics during an open forum on Thursday, Oct. 13, at the Charles City Senior Center.

Seeking to represent Senate District 29 there is a race between Republican Sandy Salmon, who has served in the Legislature in the House since 2021, and Democrat Jenn Wolff, an occupational therapist who long advocated for disabled and elderly care and has now entered politics to further that cause.

Vying for House District 58 in this election are two political newcomers. Charley Thomson, an area lawyer and businessman, is running as the Republican candidate.

His opponent is retired teacher Dené Lundberg, running as the Democratic candidate.

The four candidates came together in Charles City where forum moderator Toni Noah presented them with a series of pre-selected questions on a wide range of political topics.

Rather than a debate, each candidate was given one minute of uninterrupted time to express their thoughts before moving on to the next person.

Kicking things off with a major political hot topic, the first question asked the candidates their position on legislation concerning abortion and reproductive choice.

Sticking to their respective party philosophies, the Democratic candidates expressed their support for women to control their bodily autonomy while the Republicans advocated for legal protections of the newly conceived.

"I don't believe that the government should interfere or intervene in a woman's right to choose her health care," said Lundberg. "We need to take the government out of women's health care. It's a very private and oftentimes a very painful issue."

"In terms of legislation, I think we're in a rather unclear and uncertain spot," said Thomson. "When we look at what the legislation should be, our first stop has to be the Iowa Constitution."

Columbarium installed at local cemetery

COLUMBARIUM: FROM 1

8,000-pound columbarium in response to the increased use of cremation. The columbarium is 7 1/2 feet long, almost 3 feet wide and stands 6.5 feet tall.

And just what is a columbarium?

It is a structure for the reverential and usually public storage of funerary urns, holding cremated remains of the deceased.

"It's something you see everywhere in big cities," said Hugeback, who sold the monument to the Greenwood Cemetery Board. "With more and more cremations being done, it just makes sense."

The Greenwood columbarium has 48 "niches" and each can contain two urns. Each panel will list the names of the deceased, their dates of their births and deaths and the names of their children.

Greenwood Cemetery is offering each niche for a special introductory offer of \$1,200 through Jan. 1, and Hugeback said the positive for families is

the cost.

He pointed out that a couple who decides to purchase a niche rather than have a regular ground interment of their urns will save a minimum of \$3,000 when factoring in monument, grave digging and lot prices.

"They're a very nice option for families who are going with cremation," Hugeback said. "It's impressive to watch them bring it in and install it, and it's a really nice addition to Greenwood."

If you would like more information contact Hugeback at 641-394-4334 or if you would like to purchase a spot, contact Dave Edson at 641-330-3128.

Student board members support adding eSports

SCHOOL BOARD: FROM 1

the state uses the Oct. 1 enrollment numbers to determine funding for school districts during the following school year.

This year's Oct. 1 enrollment of 929.94 represents an increase of less than 1 percent, but the superintendent said it still was good news.

"Anytime it's not down," Jurens told board members, "I consider it as a positive."

Jurens said the district's "students-in-seats" count was up 6.6, and he said New Hampton continues to have more students open-enrolling into the district (61.2) than it has open-enrolling out of the district (50.5).

Earlier in Monday's meeting, board members voted 5-0 to approve starting an eSports program at New Hampton High School.

Board members heard a pitch from Justin Adam, the school's band director, during their September meeting but held off on making a decision until Monday.

Adam once again made his pitch that adding the activity that consists of schools playing each other in video games

would provide more opportunities for students to become involved with their fellow students, as well as with adults.

And he received plenty of support from the three student School Board members — Aydin Ries, Catherine Pethoud and Quinten Reicks — all of whom urged the voting members to approve the activity.

"I think last month when Mr. Adam put up the quotes of student who were interested and the one said 'it would give a reason to go to school,' that's the one that really stood out for me," Pethoud said. "I think it's a great incentive for some kids to do well in their classes so that they can be a part of this activity."

In the end, board members agreed to spend the a little less than \$2,750 for equipment and the \$2,000 to \$3,000 for coaches to have the program start this winter. Jurens said the district will use ESSER funds, the federal government's "COVID-19" money, for the start-up costs, and while the district's top administrator said more high-end computers may be needed as the program gets established, he did add that he believes the district can get approval to use ESSER funds for those costs.



Press photo by Travis Fischer

Seated at the front table (from left) Iowa House and Senate candidates Jenn Wolff, Sandy Salmon, Dené Lundberg, and Charley Thomson answer questions from moderator Toni Noah (standing) during a forum at the Charles City Senior Center Thursday, Oct. 13.

We're finally having a discussion about abortion that we should have had in 1974, which is 'what are the rights of the parties involved?' We need to look at what due process protections and equal protection protections there are for newly conceived life."

The next questions asked the candidates if they would like to see the state's budget surplus used to enhance funding of the public school system and their thoughts on the push for school choice.

BOTH REPUBLICAN candidates expressed their doubts that increased school funding would achieve the desired results, instead advocating for school choice, which would allow private schools to receive public funds as they take on public school students.

"I support the public schools, but I think we need to have some alternatives," said Thomson. "As far as taking the surplus toward it, I don't think it's a very smart move to say 'Let's just throw money at education.'"

"We have to think about the goal of what our money does," said Salmon. "This is where I think striking out with a school choice initiative would take us in a different direction and give us an opportunity to have families pick out what would be the best educational option for their child."

The Democratic candidates lamented the level of funding that public education has received in recent years and advocated for increases in funds for school resources and teacher compensation.

"They've been asked at 4% and it's been less than that for the last 10 years," said Wolff. "Schools are desperate."

"Our school system has gone from No. 1 in the country to No. 24. There's a correlation there."

"When we don't fund public schools at a level that are needed, we see them continuing to struggle to meet the demands of their students and community," said Lundberg. "I believe that the budget surplus should be used, in part, for public education."

"THE KEY TO surviving inflation I think is increased productivity, which often means more efficiency in government," said Thomson. "If we become more efficient as a state government operation, the tax burden is lowered and productivity of Iowa industry and economy picks up."

Salmon reiterated policies that the state has already implemented, such as the recently passed flat tax legislation.

"We are lowering our tax rates to 3.9% over four years and exempting retirement income," said Salmon. "Tax

structure affects a great deal whether people move here or not and it affects whether a company moves here or not."

The Democrats were more wary about lowering taxes at the expense of services, particularly for businesses and high income residents.

"While tax cuts are great, and they sound great, they are also what funds our services and our services are being cut," said Wolff, who was particularly concerned about expensive budget items like education and Medicaid. "If we don't have enough money to fund these services, how are we going to entice people to stay in Iowa?"

"Services to Iowans are essential and, like many others, we're struggling to make ends meet every single day," said Lundberg. "We need to lower taxes for working families instead of giving more handouts and tax breaks to large corporations, reducing our state income."

HALFWAY THROUGH the forum, the four candidates finally found themselves all on the same page with a question about the use of eminent domain for the construction of carbon dioxide pipelines.

Whether concerned about the use of eminent domain for private profit, the environmental impact, or the eco-

nomics viability in general, all four candidates declared their opposition to using eminent domain for the pipeline.

Moving back behind party lines, the next question asked the candidates what they thought of how the state has been financially managed over the last decade.

"I have had concerns with the taxation of middle class Iowans and the lack of taxation for those making large amounts of money in our country," said Lundberg, who attributed much of the current budget boon to federal COVID funds.

"I think we've done very well in the state management of the budget but I think we can do better. I think we can always do better," said Thomson, who suggested occasional "zero based budgeting," where the budget starts at zero and every dollar spent must be justified. "I think it's a very healthy exercise and we haven't done it in a while."

Thomson also raised concerns about economic development in Iowa, particularly at the lowest levels.

"I DO BELIEVE that, up until the most recent tax cuts, that some of the taxation things have been good for the state," said Wolff. "I think the most recent one, the flat tax of 3.9, is good for some of Iowans. It's not good for all of Iowans."

Moving back to schools, the candidates were asked if they believed that area schools were indoctrinating students with Marxist political doctrine, and if so, to cite examples.

Wolff began by denying that there was indoctrination happening, but that students do need to understand the country's complicated history and social systems.

"We have got to have youth that can critically think and can think about lots of different problems in critical ways," said Wolff. "That's hard when we come with our very hard history."

Both Lundberg and Thomson likewise dismissed the assertion, chalking the idea up to social media hysterics.

"As someone who spent 33 years in the public school system, I can tell you that a lot of what you're hearing about this is coming from social media," said Lundberg.

Thank you to everyone who remembered me on my 80th birthday with warm wishes and all those cards! You made my day even more special than I could have imagined.

David Balk

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Should You Consolidate Retirement Accounts?

One of the rewards for working over several decades is the ability to contribute to tax-advantaged retirement accounts, which can help provide needed income for you when you do retire. As the years went by, you may well have accumulated several retirement accounts, such as IRAs and 401(k)s or similar employer-sponsored plans. But you might find it advantageous to consolidate these accounts with a single provider.

Consolidating them can provide you with several potential benefits, including these:

- *Less confusion and clutter* – If you have multiple accounts in different locations, it may be difficult to keep track of tax documents, statements, fees, disclosures and other important information. Consolidating accounts could help provide clear, simplified account maintenance.
- *Less likelihood of “lost accounts”* – It may be hard to believe, but many people abandon their retirement accounts, leaving thousands of dollars behind and unclaimed. In fact, at the end of 2021, there were nearly 25 million forgotten 401(k) accounts, worth about 20% of all 401(k) assets, according to an estimate by Capitalize, a financial services company that helps individuals roll over retirement plan assets into new accounts. It’s possible that employers can even move small, old accounts out of their 401(k) plans and into an IRA on behalf of their former employees, thus increasing the chances that savers will lose track of their money. By consolidating your retirement plans with one provider, you can ensure you don’t lose track of your hard-earned money.
- *Ability to follow a unified strategy* – With multiple retirement accounts, and different investment portfolios, you might find it difficult to maintain a unified financial strategy that’s appropriate for your goals and risk tolerance. But once you’ve consolidated accounts with a single provid-



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MAKING SENSE OF INVESTING

er, you’ll find it easier to manage your investment mix and to rebalance your portfolio as needed. The need to rebalance may become more important as you near retirement because you may want to shift some of your assets into investments that aren’t as susceptible to swings in the financial markets.

- *Possible improvement in investment options* – Often, 401(k)s may have limited investment selection, so consolidating accounts with a full-service firm may allow for a wider array of products and strategies. This broader exposure can potentially help you improve your overall retirement income strategies.
- *Greater ease in calculating RMDs* – Once you turn 72, you will need to start taking withdrawals — called required minimum distributions, or RMDs — from your traditional IRA and your 401(k) or similar plan. If you don’t take out at least the minimal amount, which is based on your age and account balance, you could face a penalty. If you have several accounts, with different providers, it could be cumbersome and difficult to calculate your RMDs — it will be much easier with all accounts under one roof.

So, if you do have multiple retirement accounts, give some thought to consolidating them. The consolidation process is not difficult, and the end result may save you time and hassles, while also helping you manage your retirement income more effectively.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.
Edward Jones, Member SIPC

Park and Rec, Chamber to hold Halloween celebration Oct. 29

The New Hampton Parks and Recreation Department and New Horizons-Chamber will their annual downtown Halloween celebration on Saturday, Oct. 29.

The event will include the parade that starts at 10:30 a.m. and will run from the Community Center’s Water Avenue side and then down Main Street and will be followed by downtown trick-or-treating at participating businesses.

The parade will be led by the winners of the costume contest, and those who want to be judged should enter the Community Center’s south doors (off of Spring Street) and go through the council chambers before exiting the building’s east doors.

Contest winners will be announced at 10:20 a.m. so those who want to participate need to have made their way through the Community Center by then.



Dorothy Huber/Tribune

Good eats in AV!

Chloe and Marshall Jeffery “dig in” during the Alta Vista Fireman’s Breakfast that was held Sunday at the fire station and beyond ... as firefighters delivered breakfasts to a number of area farmers who were busy bringing in their crops.



Beyond Iowa

Local artist and teacher displays works

“Beyond Iowa,” Paintings by David Prehm is currently on display at the Plum Creek Art/Connie Mohr Gallery, 115 W. Main Street in Fredericksburg.

Prehm’s new watercolors are on display from Oct. 15 to Dec. 31, 2022. “Many people in our area appreciate the work of this talented local artist,” said a statement from the gallery. “Come to view his new watercolor paintings anytime this fall.”

“As an educator, I was blessed with some time off in the summer, then later we took advantage of early retirement and hit the road,” said Prehm. “Recording the beauty of nature I always carry

my sketchbook to draw and take notes. Beaches, sights off the beaten path and National Parks seemed to lure us in. Painting on sight, (Plein air painting) forces an artist to work fast and capture the fleeting moments. I seem to be most attached to these paintings. I guess it is the memory of what took place while sitting and painting in that location. Being there makes it an experience, not just a painting.”

Plum Creek Art/Connie Mohr Gallery is open Thursdays and Fridays 12 to 4 p.m., Saturdays 10 a.m. to 2 p.m., and Sundays 1 p.m. to 4 p.m.

Admission is always free at Plum Creek Art/Connie Mohr Gallery.

Supervisor suggests using Rescue Squad garage to house rigs

AMBULANCE: FROM 1

came to hiring a EMS director for the county owned ambulance service that will provide service to New Hampton, Bassett, Fredericksburg, Ionia, Lawler and North Washington and is scheduled to be up and running by Jan. 1.

Two weeks ago, the supervisors offered the job to “Candidate 3” for an annual salary of \$75,000, but that candidate turned down the job. That led to “Candidate 1” being offered the job, and the way Kuhn talked Monday, it sounds as if that candidate first accepted the job last week before rescinding that acceptance on Friday.

That led to Monday’s third offer, which was approved by a 4-0 vote as Steve Breitbach did not participate in the interviews or the exempt session because he is related to “Candidate 2.”

The offer is contingent on the candidate passing a background check, and supervisors say they hope that if he accepts, the candidate will begin work on Oct. 31.

Supervisors also discussed where the ambulances would be based, at least temporarily.

Kuhn said the city of New Hampton

has agreed to rent the garage at the police department, which is currently being used by the Chickasaw County Ambulance Council to house two rigs owned by the Chickasaw Ambulance Service, the county’s current EMS provider.

During the discussion about the proposed contract, though, Supervisor Jake Hackman suggested that the county use the Community Services Building at least temporarily to house its ambulances.

“I may not make friends here,” he said. “You know we don’t have nothing with the Rescue Squad. Can we give them notice to remove and put our rigs in there since it’s a department, a county department, now.”

Earlier in the discussion, EMS Advisory Committee member Bridget Edson said it was important for the county to soon know where it will house the two new ambulances it purchased in late August.

Supervisors approved a bid for \$4,800 from the Samuels Group to do building assessments and master plans at the Heritage and the Community Services Building, but Edson said it was “Whatever our arrival date for these rigs,” she said, “we need a place for them to be where we can start preparing them for licensing and

training.”

That’s when Hackman suggested using the Community Services building — a thought that county resident Kathy Shekleton seconded after she was told that the all-volunteer Rescue Squad was not technically a county agency but one operated by the Emergency Management Agency.

“So they’re in our building anyway,” she said, “How come that is?”

EMA Director Jeff Bernatz quickly jumped in and said “we provide to the citizens of the county,” but Hackman responded that he has been pushing for years to clarify the legal status of the squad.

“Kick ‘em out,” Shekleton said. “It’s our county.”

That led Edson to join the fray as she pointed out “they do all your first responders.”

But by that time, Kuhn had had enough and cut off the discussion.

“We’re not getting into that today,” he said. “It will be on next week’s agenda.”

Instead, the supervisors held off on approving the contract with the city of New Hampton until a number of concerns addressed by County Attorney David Laudner were addressed.

Briefs

Group to hold LOST meeting tonight

The Citizens for Ambulance Service tonight (Thursday) will hold the second of three informational meetings about the Nov. 8 referendum that will decide if the city of New Hampton can reallocate its local-option sales tax (LOST) revenue.

City leaders want to use the LOST funds to pay its fee to Chickasaw County EMS for ambulance service and use the rest for infrastructure.

Tonight’s meeting is set for 6:30 p.m. and will be held at the Community Center.

The third and final meeting will be held on Wednesday, Nov. 2, and also will start at 6:30 p.m. and be held at the Community Center.

Blood drive to be held this Tuesday

LifeServe Blood Center will hold its monthly blood drive Tuesday at the New Hampton Community Center.

Blood can be donated between noon and 5:30 p.m., but an appointment must be made by calling 800-287-4903 or going online to lifeserveblood-center.org.

LifeServe provides blood to hospitals, including MercyOne New Hampton Medical Center, in three states.

Officials say that there is a critical need for O-positive, O-negative, A-negative, B-positive and B-negative blood, but that all types of blood donations will be accepted.

Craft and Bake Sale set for Oct. 29-30

The 36th annual Holiday Craft and Bake Sale, billed as the biggest of its kind in Northeast Iowa, will be held Oct. 29-30 at Decorah High School.

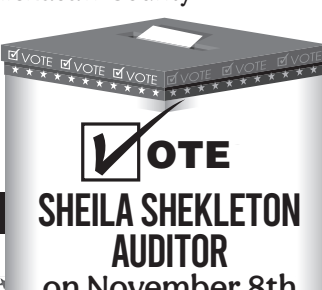
The sale will be open from 9 a.m. to 4 p.m. on Saturday and from 10 a.m. to 3 p.m. on Saturday.

The event has free admission and a chance to register to win a television set, and all proceeds go to the Decorah Music Boosters.

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November 8, 2022

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OCT. 24: DEADLINE TO REQUEST ABSENTEE BALLOTS TO BE MAILED

NOV. 8: ELECTION DAY AND DEADLINE TO RECEIVE ABSENTEE BALLOTS

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Church Services

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223 S. Water
trinitylutherannewhampton.org
641-394-2552
Pastors Kevin Frey
and Dan Christensen
Service time: 9 a.m.
Sunday.

HOLY FAMILY CATHOLIC

202 N. Broadway
641-394-2105
Father James Goerend
Saturday, 4 p.m.; Sunday,
8 a.m. and 10 a.m.

FIRST UNITED METHODIST & UNITED CHURCH OF CHRIST

at First United Methodist
201 N. Locust Ave.
Pastor Dong Hun Shin
Service time: Sunday,
9:30 a.m. at United Church
of Christ.

REDEEMER LUTHERAN

611 W. Court St.
saudejerico.com
Pastor Peter Faugstad
Service time: 4 p.m.
Saturday Divine Service

HARVEST CHURCH

481 S. Linn Ave.
harvestcares.com
641-394-4380
Pastor Doug Harvey
Service time: 10:30
a.m. Sunday

PRAIRIE LAKES

234 Linn Ave.
prairielakeschurch.org
641-456-6880
Pastor Cory Orr
Service times: 9 and
10:30 a.m. Sunday

JERICO

JERICO LUTHERAN

2512 120th St., New Hampton
saudejerico.com
Pastor Peter Faugstad
Service time: 8:30 or
10:30 a.m. Sunday Divine
Service (check website).

SAUDE

SAUDE LUTHERAN

2949 Stevens Trail, Lawler
saudejerico.com
Pastor Peter Faugstad
Service time: 8:30 or
10:30 a.m. Sunday Divine
Service (check website).

IONIA

UNITED CHURCH OF CHRIST

firstumcnewhampton.com
Pastor Dong Hun Shin
Service time: Sunday,
8 a.m.

ST. BONIFACE CATHOLIC

Father James Goerend
Mass time: Saturday, 6
p.m.

LOURDES

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Rev. Jerry Kopacek
Mass time: Saturday, 4
p.m.

ALTA VISTA

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Rev. Jerry Kopacek
Mass time: Saturday, 6
p.m.

ZION LUTHERAN CHURCH

Student Pastor Sue Cira
641-364-2115
Service time: Sunday,
8 a.m.

ELMA

IMMACULATE

CONCEPTION CATHOLIC

Rev. Jerry Kopacek
Mass: Sunday, 7:15 a.m.

ST. PETER LUTHERAN CHURCH

Pastor Bruce Miller
107 Wood St. Elma
Service time: 9 a.m.
Sunday.

NORTH WASHINGTON

IMMACULATE

CONCEPTION

Father James Goerend
Mass: Saturday, Oct. 29,
6 p.m.

Halloween and Christianity

Done right, Halloween doesn't have to be controversial for believers

Traditionally, Oct. 31, which is named Halloween or All Hallows' Eve, has been considered a pagan holiday. On All Hallows' Eve, it is said that the souls and spirits of the dead are given the ability to roam the Earth.

All Saints' Day, or All Hallows' Day, was a religious feast day celebrated on November 1. The feasting was to honor the Saints. Although there are differing beliefs as to its origin, everyone seems to agree on a connection to the ancient Celts over 2,000 years ago. Yet, many Christians have always been left wondering if they should celebrate Halloween.

Many Christians now celebrate Reformation Day on Nov. 1, in place of Halloween, because it is the day Martin Luther chose to nail his 95 theses to the church doors. Some church communities choose to host a Trunk-or-Treat, which is considered an acceptable alternative to door-to-door Trick-or-Treating.

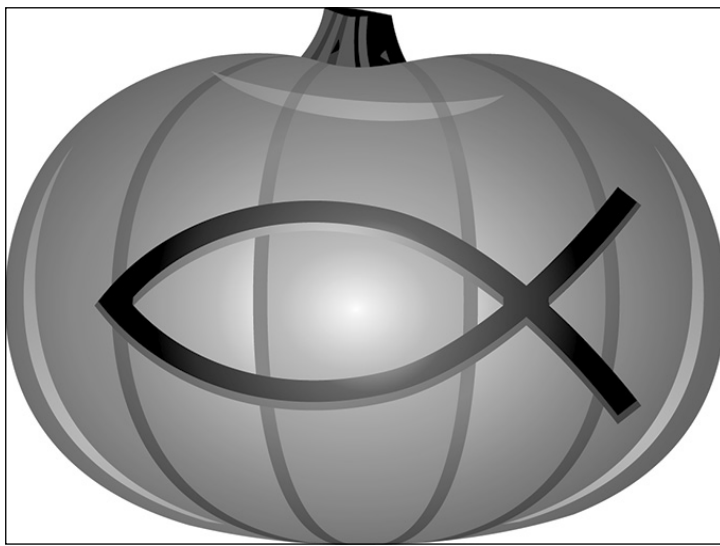
Members of the church decorate the trunks of their cars and hand out candy to children, it is expected that scary costumes and décor not attend.

Other churches hold a Fall Festival on the evening of Oct. 31. A fall-themed atmosphere and carnival-style booths help to mask the fact it is actually Halloween, except for all the people dressed in costume with children getting candy.

Still, other Christians believe in ignoring the day altogether — they turn off their porch light to avoid Trick-or-Treaters and go about business as usual.

Those who practice witchcraft, Satan worship, or who consider themselves Pagan or Wiccan may still celebrate All Hallows' Eve in a more traditional way, which includes many rituals to connect with the dead.

Clearly, Halloween is a controversial topic for Christian communities. Can a Christian celebrate Halloween in good conscience?



Is Halloween “Bad” Holiday?

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full (John 10:10).

As a girl growing up, Halloween was generally viewed as a bad holiday. I still remember listening to the Adventures in Odyssey episode, “What Are We Going To Do About Halloween?” where they warned about the evils of Halloween as well as hearing similar teachings at church too.

We were taught to be afraid of evil things. Spirits, skeletons, and all manner of scary things were Satanic and to be avoided at all costs. Fun fact: The term Holy Spirit is mentioned at least 90 times in the Bible.

Typically, on Halloween night we would have something fun to eat and gather around the TV to watch an old scary movie. Although once, I did attend a “haunted church” hosted for the youth group by our church staff.

Some years, my family would hand out candy to anyone who knocked on the door, and often a gospel tract would accompany the candy.

We were pretty much like all the other Christians within our circles.

Now, in my own home, we do participate in Halloween festivities. For us, Halloween

is not a celebration of fear or death — God kicked those to the curb through Jesus. We celebrate family being silly together.

We celebrate the community around us.

We celebrate dress-up.

We celebrate sweetness.

We celebrate life in all its abundance!

Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go (Joshua 1:9).

We believe that Jesus can take what was intended for evil and flip it right around for good. History tells us that Halloween started out full of evil and fear, death, and torment. Those are things that my Lord has defeated. They no longer have a grip on me or little superheroes and princesses.

Sin breaks and kills — Jesus brings back to life. Fear lies to us — Jesus is the Truth.

But it has now been revealed through the appearing of our Savior, Christ Jesus, who has destroyed death and has brought life and immortality to light through the gospel (2 Timothy 1:10).

Redeeming Halloween for Christians

He did not enter by means of the blood of goats and calves; but he entered the Most Holy Place once for all by his

own blood, thus obtaining eternal redemption (Hebrews 9:12).

If your background includes witchcraft or a world revolving around the dark side to Halloween, I promise, I get it. I am not saying Halloween cannot be used for the unspeakable. Halloween might well be traumatizing for you, and with good reason.

I am terribly sorry for what you have experienced — but, I do challenge you to see how our God is bigger than evil and bigger than sin. Do not let fear continue to keep you captive.

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love (1 John 4:18).

How and why we “do” Halloween has been actively taught in my home, in fact, I have heard it repeated straight out of the mouths of babes — while in the checkout line, with Halloween décor everywhere, with a line of people around — the week before Halloween, “Why do people have to have blood and scary stuff at Halloween? Jesus brings life and beat death; don’t they know that?”

Well, do they? That’s the point! The cross was not pretty. There was pain and suffering, blood, and violence.

Do the people around you know that Jesus’ life-giving sacrifice on the cross completely crushed death? That the agony and misery and terror celebrated every year on Oct. 31 was already lived out by Jesus and it is finished?

Should Christians really celebrate Halloween? Yes, you can because the blood of Jesus has redeemed Halloween.

“You, dear children, are from God and have overcome them, because the One Who is in you is greater than the one who is in the world” (1 John 4:4).

— This column was written by Rebekah Drumsta for christianity.com



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Church Services

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LITTLE BROWN CHURCH

littlebrownchurch.org
Pastor Drew McHolm
Service times: Sing-A-Long Service, 10:15 a.m., Sunday; Traditional Service, 10:30 a.m.

REPUBLIC CHURCH

1794 280th St., Ionia
Pastor Sarah Namukose
Service time: 10:30 a.m. Sundays.

UNITED METHODIST CHURCH

314 Brasher Street
Pastor Sarah Namukose
Service time: 9 a.m. Sundays.

ST. JOHN LUTHERAN

300 Merrill St.
Pastor Todd Burrichter
Service time: 9 a.m. Sundays.

CEDAR POCK CHURCH

310 Main Street
Pastor Darin Cerwinski
Service time: 10 a.m. Sundays.

ST. MICHAELS CHURCH

602 Cedar Street
Father Tom Heathershaw
Service time: 6:30 p.m. Saturdays

ST. JOHN’S UCC - PLEASANT HILL

10009 Union Ave.
Pastor Drew McHolm
Service time: Sunday, 9 a.m.

PLAINFIELD

UNITED METHODIST

404 2nd St.
319-276-3195
Pastor Roberta Robbins
Service time: Sunday, 8:30 a.m.

LAWLER

OUR LADY OF MT. CARMEL CATHOLIC CHURCH

3030 Highway 24
Father Nick Radloff
Mass: Saturday, 4 p.m.

IMMANUEL CRANE CREEK LUTHERAN CHURCH

2616 140th St, Lawler
Student Pastor Sue Cira
Service time: 9:30 a.m., Sundays.

FREDERICKSBURG

ST. PAUL’S LUTHERAN CHURCH-MISSOURI SYNOD

222 S. Washington Ave.
Pastor Ron Koch
Service time: 9 a.m., Sundays.

PEACE UCC CHURCH

221 Oak St.
Pastor Scott Smith
Service time: 9 a.m., Sundays.

WAUCOMA

ST. MARY CATHOLIC

218 3rd St. NW
Father Nick Radloff
Mass: Sunday, Oct. 30, 8:30 a.m.

ST. LUCAS

ST. LUKE CATHOLIC

215 East Main
Father Nick Radloff
Mass: Saturday, 6 p.m.

PROTIVIN

HOLY TRINITY

124 N. Main St.
Father Nick Radloff
Mass: Sunday, Oct. 30, 8:30 a.m.,

LITTLE TURKEY

ASSUMPTION OF THE BLESSED VIRGIN MARY

3303 160th St.
Father Nick Radloff
Mass: Sunday, 10:30 a.m.

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31015 150th Street
Rev. Peter Wenzel
Service time: 10 a.m., Sundays

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Almanac

	H	L	P
Wednesday	64	32	.14
Thursday	64	25	--
Friday	51	25	--
Saturday	60	32	--
Sunday	47	26	--
Monday	38	22	--
Tuesday	43	21	--

Forecast

Thursday: Mostly sunny with a high of 57 and a low of 37.

Friday: Mostly sunny and warmer with a high of 69 and a low of 39.

Saturday: Mostly sunny with a high of 70 and a low of 53.

Sunday: Partly cloudy early and good chance of rain; high of 71 and low of 5.

Extended forecast: Mostly cloudy to start the work week with a chance of rain; cooler with highs near 60 and lows near 30.

Meetings

MONDAY

- Chickasaw County Board of Supervisors, 9 a.m., Courthouse.

History

• In 1947, the notorious Red Scare kicks into high gear in Washington, as a Congressional committee begins investigating Communist influence in one of the world's richest and most glamorous communities: Hollywood.

• In 1968, 21-year-old Oregonian Dick Fosbury debuts the "Fosbury Flop" and wins gold — and sets an Olympic record — when he high-jumps 7 feet 4 1/4 inches at the Mexico City Summer Games.

• In 1973, solicitor General Robert Bork dismisses Watergate special prosecutor Archibald Cox; Attorney General Richardson and Deputy Attorney General Ruckelshaus resign in protest in what becomes known as the "Saturday Night Massacre."

• In 1944, after advancing island by island across the Pacific Ocean, U.S. General Douglas MacArthur wades ashore onto the Philippine island of Leyte, fulfilling his promise to return to the area he was forced to flee in 1942.

Birthdays

- The late great Yankee outfielder Mickey Mantle was born in 1931.
- The late rock 'n' roll singer Tom Petty was born in 1950.
- Actor John Krasinski, who starred on TV's "The Office," turns 42.
- American rapper Snoop Dogg turns 51.
- U.S. Vice President Kamala Harris turns 58.
- Former Major League Baseball first baseman Keith Hernandez turns 69.

Corrections

• The Tribune wants to make sure all information it presents is accurate and correct.

If you see an error, please call Editor Bob Fenske at 641-394-2111.

Tribune

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Bob FenskeEditor
editor@nhtrib.com

Kelly TerpstraSports/News
sports@nhtrib.com

Dorothy HuberSports/News
dorhubernews@gmail.com

Laurie TiemessenSales
accounting@nhtrib.com

Terri JosephsonCopy Editor
tribune@nhtrib.com

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Wayne Ivan Nystel, 59



Wayne Nystel

Wayne Ivan Nystel passed away peacefully on Friday, April 29, 2022 at the Iowa City Veterans Affairs Medical Center at the age of 59. Surrounded by family members, he expressed his wishes and with love said his goodbyes to each and everyone.

A Celebration of Life Service was held on May 4, 2022, at Hugeback-Johnson Funeral Home.

Family and friends are invited to gather at Immanuel Lutheran Crane Creek Cemetery, rural Jerico, on Saturday, Oct. 22, 2022, at 11 a.m. for a military rites service and interment. Please bring a chair if you would like to sit during the service.

Heroism Doesn't Always Happen In A Burst Of Glory.

Sometimes Small Triumphs And Large Hearts Change The Course Of History.

Victory L. Thronndson, 79

Victory L. Thronndson, age 79 of Lawler, died peacefully on Wednesday, Oct. 12, 2022, at her home.

Arrangements are pending at Hugeback-Johnson Funeral Home & Crematory in New Hampton, and for more information, please call 641-394-4334.

Women of Today to host its annual Spook Walk Saturday

The New Hampton Women of Today will holds its annual Spook Walk on Saturday, Oct. 22, from 3 to 4:30 p.m. at Mikkelson Park.

Organization members are asking residents to "dress up" and walk through the park for both tricks and treats.

There is no charge for the event that will be moved to Sunday, Oct. 23, in case of inclement weather.

For more information on the fifth annual event or to sponsor a booth call either Jeany Ridpath at 319-486-0017 or Laura Bentley at 641-229-0022 or email nhwomentoday@gmail.com.

Property Transfers

Verne E. Steege, Verne E. Steege LE, Vern E. Steege and Vern E. Steege LE to Isabella Langreck; S210' N66o' W250' N1/2 NW 27-94-12.

Michal Lindner EST, Michal A. Linder EST and Dennis Lindner EX to Calvin Meyer and Mary Meyer; L1 OF LB EX NE215 E1/2 17-94-14 L9 EX S65' E1/2 17-94-14.

Jackie R. Wilken and Sherry L. Wilken to David D. Nelson and Jessica R. Nelson; W310' S602' N1/2 SW NW 09-94-14.

Harvey B. Drewelow, Harvey Drewelow, Faythe Drewelow and Faythe E. Drewelow to UNDIVIDED ONE HALF INTEREST Harvey B. Drewelow TR, Harvey B. Drewelow REV TR UNDIVIDED ONE HALF INTEREST Faythe E. Drewelow TR and Faythe E. Drewelow REV TR; EX E2R SE SE 01-94-12 SW 08-94-11 PARCEL R SW SE 07-94-11 EX LOTS 1 & 2 EX PARCELS B, L, O & R & ROADS SW SE 07-94-11EX LOTS 1 & 2 EX PARCELS B, L, O & R & ROADS NW SE 07-94-11 EX NW 07-94-11 E1/2 S & E ADD EX NE NW 18-94-11 S & E ADD EX NE NW 18-94-11SW 23-95-12 N3oAC NW 26-95-12 S46' FREDERICKSBURG ORIGINAL PLAT (FB) Lot: 1 Block: 11 S46' FREDERICKSBURG ORIGINAL PLAT (FB) Lot: 2 Block: 11S46' FREDERICKSBURG ORIGINAL PLAT (FB) Lot: 3 Block: 11.



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VOTE ON NOVEMBER 8TH

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NEWS BITS FROM OUR PAST COMPILED BY TERRI JOSEPHSON

Week of Oct. 16 1947 (75 years ago)

- A series of fires since last Friday have kept the local fire department on alert. The Friday fire was a burning milk house on the Walter Hackman farm, it was extinguished with little damage done.

Monday afternoon the fire department was called out twice. The first call was sent in by Mrs. Helen Mangan as the peat marsh blaze had spread and was creeping to her property. Later a grass blaze got out of control at the Lloyd Boos farm and another broke out at the Herman Schwickerath farm.

On Tuesday afternoon a truck caught fire at the Oscar Bottin farm. Before the two fire wagons made it back to the station the siren blew a second time. Once again the peat marsh came into its own and they extinguished a grass fire creeping up to adjacent property. The peat bed has created quite a problem and will continue to do so until we receive a drenching rain.

- The New Hampton high school footballers dealt Osage a crushing blow Friday night at East Park in New Hampton when they handed the visitors a stinging 34-0 defeat.

Coach Glen Cowlshaw's Chickasaws showed new fire in the Northeast Iowa Conference tilt as a result of a revamp of the team which had previously lost three straight engagements.

The Chicks were not to be stopped in this engagement as they lashed out from the starting gun and delivered trip-hammer blows from which the Osage team was unable to recover.

1972 (50 years ago)

- Five new engine operators were hired the past week by the New Hampton Light Plant Board of Trustees, and all started work on Monday.

Plant Superintendent Graham Morrison said the additional men were added to the plant's complement to allow two operators a shift when the new plant facilities go into operation. There are now 10 operators working at the plant.

Starting salaries of all five of the new employees were set at \$500 monthly by the board. The new operators, all from New Hampton include: Wayne Roths, Gerald Burgart, Robert Gorman, Robert Gilbert and Ed Hennings.

- A Candidates Night will be held in New Hampton on Oct. 26, beginning at eight o'clock at the Legion Hall. This non-partisan session is sponsored by the New Hampton Jaycees and all area voters are invited to attend.

Jaycee Chairman Bill Riley said that candidates for state senator, state representatives county offices and candidates for supervisors posts have been invited to participate and each candidate is asked to present a short summary of their position.

1997 (25 years ago)

- New Hampton running back Casey Tierney scored five touchdowns as the Chickasaw varsity routed the Sailors 47-7 at Waterloo Columbus Friday night.

The junior standout running back played only two-and-one-half quarters as the Big Red dominated the game from start to finish on both sides of the ball.

- On sale at Liddle's Super Valu: Kraft

Singles, \$2.79/16 oz.; Pepsi Products, 24 pack/\$4.57; Chiquita Bananas, 3 Lbs./\$1.00; Red Baron Pizza, 4/\$10.00; Wonder Bagels, 6 ct., 2/\$3.00; Home Pride Wheat Bread, \$1.29/loaf; Stuffed Pork Chops, \$1.99/Lb.; Dubuque Boneless Half Ham, \$1.59/Lb.; Whole Pork Loin, \$1.49/Lb.

2012 (10 years ago)

- The "Main Street planters" have been very successful. New Hampton Chamber officials are hoping to double the number of planters- from six to 12- on Main Street by the spring of 2013.

The planters aren't just a summer thing. Instead during the non-growing season, the planters will contain theme-type decorations such as Halloween, Thanksgiving and Christmas, and the list can go on and on.

Chamber officials have a good start on doubling the numbers of planters after the Jenn family in memory of their mother, Betty Lou Jenn, donated enough to purchase two new planters.

- Chickasaw County Public Health Nursing Services is starting a new mentoring program. Star Mentoring has received a \$15,000 grant from the Families Making Connection of Floyd, Mitchell and Chickasaw County and will be under the umbrella of Public Health.

Its advisory board will be the Chickasaw County Coalition for Preventing Underage Drinking (CCCPUD).

The program isn't just for at-risk youth, anyone can benefit from a mentor.

2017 (5 years ago)

- The bad news is New Hampton Community Schools has seen it enrollment drop from a year ago. The good news is it didn't decline as much as school administrators feared.

Superintendent Jay Jurrens said the district's certified enrollment as of Oct. 2 was 959.57 students, a decrease of a little more than 0.3 percent from last year's enrollment of 962.8. The Oct. 2 date is important because that is what state officials will use to determine New Hampton's spending authority for the 2018-19 school year.

The New Hampton School Board officially approved the final plans for New Hampton's \$19.415 million building project.

The project will include a new middle school, vocational agriculture and industrial technology center and competition gymnasium that were approved by district voters in February.

2021 (1 year ago)

- The New Hampton Parks and Recreation's storage sheds were nearing the end, the Little Light of Mine Committee needed some permanent storage and the New Hampton Lions Club had taken a dramatic fundraising hit because of the COVID-19 pandemic.

A new building at Mikkelson Park is going to go a long way to helping all three entities solve their problems. The Parks and Recreation Department and the Little Light of Mine Committee partnered up and the Lions Club agreed to build the 24-by-50-foot building for a greatly reduced cost.

New Hampton Parks and Recreation Director Rick Kramer said it was a win-win situation for everyone.

Briefs

Trinity youth to hold bingo fundraising event this Sunday

Trinity Lutheran Church's youth group will play "Halloween Bingo" later this month to raise money for its annual mission trip next summer.

The event will be held on Sunday, Oct. 23, with bingo being played from 10:30 to 11:30 a.m. and a soup lunch served from 11:30 a.m. to 12:30 p.m.

Bingo cards will be available for \$10 and include prizes like chicken dinner tickets, a bucket of Christmas cookies and more.

Mobile Food Bank to make monthly stop in county today

The Northeast Iowa Mobile Food Bank will make its monthly distribution in Chickasaw County this afternoon (Thursday).

All food-insecure residents in the county can receive food from 4 to 5:30 p.m. at Trinity Lutheran Church in New Hampton. Those who would like to volunteer to help with the distribution should be at the church by 3:45 p.m.

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FULL-TIME CUSTODIAN

Chickasaw County is accepting applications for a Full-Time Custodian position.
Minimum Requirement/Skills required but are not limited to:

- Maintains all the County owned buildings.
- Grounds keeping and building premises upkeep according to desired standards regarding general appearance, cleanliness and Operational efficiency.
- Perform basic trades work.

Complete job description and applications are available at the Auditor's Office, 8 East Prospect Street, New Hampton, IA 50659 or at Chickasaw County Website: www.chickasawcounty.iowa.gov

Submit complete application to Chickasaw County Auditor 8 East Prospect, P. O. Box 311, New Hampton, IA 50659 Closing Date: Open Until Filled.

Persons needing assistance with the application process should contact the Chickasaw County Auditor at the above address or call (641) 394-2100

Chickasaw County is an equal opportunity employer, committed to equity and diversity in its employment practices. The County does not discriminate on the basis of sex; race; age; color; creed; national origin; religion; disability; sexual orientation; gender identity; genetic information or marital status in its employment practices. Veteran status is also included to the extent covered by law. Reasonable accommodations will be made for applicants in accordance with the Americans with Disabilities Act.

DEPUTY CLERK POSITION

The City of Fredericksburg, Iowa is seeking a part time Deputy City Clerk. We are looking for someone with excellent customer service, good organizational skills, strong attention to detail, excellent task/time management with the ability to multi-task and meet deadlines. Experience in billing processes, record management, finances, city policies code enforcement, and/or grant writing is strongly preferred. The position is an administrative position that works under the direct supervision of the City Clerk and takes direction from the Mayor and Council. High school graduate or equivalent required, at least two years' experience in office administration or a related field. Computer/software knowledge is a must especially proficiency in Microsoft Office programs. Salary DOQ. Applications may be picked up at City Hall. A full job description may be seen upon request.

Please send cover letter, resume and completed application to:
City of Fredericksburg
ATTN: City Clerk, PO Box 318, Fredericksburg, IA 50630 or Cityclerk@fburg.iaweb.org.

Applications will be accepted until Tuesday, November 1, 2022 at 4:00 PM.

The City of Fredericksburg is an EOE.

CHICKASAW COUNTY EMS Driver CPR Certified

Chickasaw County EMS Director is accepting applications for a Part-time CC EMS Driver CPR Certified. \$13 per hour, Non-exempt.

This person will respond to 911 calls and interfacility transfer requests, providing direct patient care within the Chickasaw County EMS service-area. Initiate and provide care within the scope of practice as defined by law providing emergency care to a wide range of patients including pediatric, adult, and geriatric.

QUALIFICATIONS

- Valid State of Iowa Driver's License with a clean record.
- Current BLS or obtain within 1 month after employment.
- Take Emergency Vehicle Operation Course initially and yearly updates.
- Must pass criminal background check, drug screen, physical examination and agility screen.

For a full job description, please visit chickasawcounty.iowa.gov/employment/driver_cpr_certified/

Please send a cover letter, resume, three references, and application to PO Box 311, New Hampton, IA 50659
ATTN: Driver CPR Certified or via email to auditor@chickasawcounty.iowa.gov.

Deadline is October 28, 2022 by 4:00pm

Chickasaw County is an Equal Opportunity Employer

7-COUNTY AREA COORDINATOR

Families Making Connections (FMC) & Partners 4 Children (P4C) Decategorization and Community Partnerships for Protecting Children (CPPC)

Provide leadership and community planning for the FMC, P4C Decat and CPPC projects. Coordinator will oversee a 7-county territory including Floyd, Mitchell, Chickasaw, Cerro Gordo, Hancock, Winnebago and Worth. Duties include fostering community connections, development and implementation of Child Welfare and Juvenile Court focused service contracts, program monitoring, outcome evaluation and budget oversight.

Preference of primary/secondary office locations between Charles City and Mason City DHS offices is optional as well as opportunity for some remote work.

Annual Salary: \$38,000-44,000 pending education and experience.
Benefits: Health and dental insurance, Flex Cafeteria, IPERS and PTO.

Apply at www.floydcoia.org or Floyd County Auditor's office, 101 S. Main St, Ste 302, Charles City, IA 50616. For more information call 641-257-6131 or e-mail gcarr@floydcoia.org.
Applications/resumes must be submitted by October 31.

EOE

CHICKASAW COUNTY EMS Full-Time/Part-Time EMT

Chickasaw County EMS Director is accepting applications for a Full time/ Part time EMT. \$15-\$20 per hour, based on experience. Non Exempt.

Job Purpose: This person will respond to 911 calls and interfacility transfer requests, providing direct patient care within the Chickasaw County EMS service-area. Initiate and provide care within the scope of practice as defined by law providing emergency care to a wide range of patients including pediatric, adult, and geriatric.

QUALIFICATIONS

- Certified State of Iowa EMT, must maintain active certification.
- Complete required continuing education every two years to maintain current certification status.
- Knowledge of National Incident Management System and Emergency Preparedness.
- Current BLS.
- Take Emergency Vehicle Operation Course initially and yearly updates.
- Must pass criminal background check, drug screen, Physical examination, agility screen, and have a valid Driver's License with a satisfactory driving record.
- Full-time status employees must be available to work on a full-time basis including evenings and weekends when necessary. Additional outside employment is only permitted if it is approved by the EMS Director through the Board of Supervisors and does not interfere with assigned duties.

For a full job description, please visit chickasawcounty.iowa.gov/employment/emt/

Please send cover letter, resume, three references, and application to PO Box 311, New Hampton, IA 50659
ATTN: EMT Position or via email to auditor@chickasawcounty.iowa.gov.

Deadline is October 28, 2022 by 4:00pm.

Chickasaw County is an Equal Opportunity Employer

IMMEDIATE OPENINGS

Farmers Win Coop is currently seeking applicants for these positions:

Bulk Feed Truck Driver Cresco West location

The truck driver will deliver and pick up product from specified locations. Must be able to obtain Class B CDL License.

Tender Truck Driver Cresco East location

The truck driver will deliver and pick up product from specified locations. Must be able to obtain Class A CDL License.

Grain Attendant Cresco East location

Performs basic grain elevator operations duties including receiving grain, accurately weighing and grading and placing in proper bins; loads out grain according to contract specifications; maintains facility, equipment and grounds. Position may also require help loading and unloading Tender Trucks, loading bagged feed, and other duties as assigned.

Benefits include health insurance, matching 401k, retirement plan, vacation and profit sharing!



To be considered for these positions, contact Courtney Hageman, Human Resources: 563-237-5324 chageman@farmerswin.com

CHICKASAW COUNTY EMS FT/PT Paramedic/ RN Nurse

Chickasaw County EMS Director is accepting applications for a Full time/ Part time Paramedic/RN Nurse. \$22-\$27 Per Hour based on experience. Non-Exempt.

JOB PURPOSE

Respond to 911 calls and interfacility transfer requests, providing direct patient care within the Chickasaw County EMS service-area. Initiate and provide care within the scope of practice as defined by law providing emergency care to a wide range of patients including pediatric, adult, and geriatric.

QUALIFICATIONS

- Certified State of Iowa Paramedic (required), must maintain active licensure with current ACLS, PAS, and BLS certifications.
- Complete required continuing education every two years to maintain current certification status.
- Knowledge of National Incident Management System and Emergency Preparedness.
- OR
- Licensed Registered Nurse in the State of Iowa, must maintain active licensure.
- Minimum of 2 years of experience in providing emergency care to patients in the pre-hospital or hospital setting.
- Current ACLS, PALS, NRP BLS required.
- Take Emergency Vehicle Operation Course initially and yearly updates.
- Must pass criminal background check, drug screen, physical examination, agility screen, and have a valid Driver's License with a satisfactory driving record.
- Full-time status employees must be available to work on a full-time basis including evenings and weekends when necessary. Additional outside employment is only permitted if it is approved by the EMS Director through the Board of Supervisors and does not interfere with assigned duties.

For a full job description, please visit chickasawcounty.iowa.gov/employment/

Please send a cover letter, resume, three references, and application to PO Box 311, New Hampton, IA 50659
ATTN: Paramedic/RN Nurse Position or via email to auditor@chickasawcounty.iowa.gov.

Deadline is October 28, 2022 by 4:00pm.

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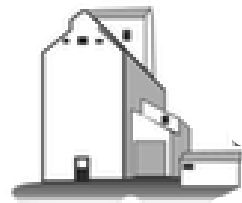
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If interested, please contact Kim at 563-238-7421.

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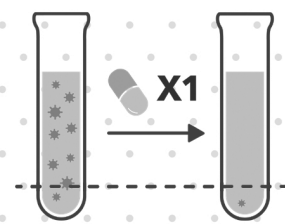


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Tough schedule leads to NEIC tourney crown

NEIC TOURNEY : FROM 17

a site to be determined by the state. The criteria to determine which venue the regional final is played at is based off which team is higher ranked. The higher ranked team would host that state-qualifying match if travel distance permits. Whether or not NH gets past the Green Devils – it should be a good one as New Hampton is playing its best volleyball of the season at the perfect time. Osage swept NH at its home tournament last month by scores of 21-13, 21-9. “We have talked a lot about the importance of having a great tournament with the postseason right around the corner,” said Geerts.

NH started out the first leg of the league tourney at home on Thursday in a three-set triumph over Waukon. The Indians played well, as exemplified by their game two win over the Chickasaws. NH would close them out 21-11, 16-21 and 15-7. Then it was on to face Decorah. This entertaining match did not disappoint as both teams went back-and-forth before New Hampton finally seized control and earned the hard-fought win with a 21-17, 25-23 sweep.

“It was a really good game to win. We really needed that to know we could do it,” said NH junior Hailee Pesek. “We definitely have some hard matches coming up. To know we have that fight and what we can do is really good.”

NH earned the final match-clinching point against Decorah in odd fashion. The Vikings were called for over-lapping before the serve, which is an alignment fault. The foul is called when a player is not positioned correctly before the ball is served.

New Hampton trailed 5-0 in game two versus Decorah, but engineered a 6-0 run to take a 6-5 lead. The match saw 10 ties and several instances where NH faced match point and the potential of coming up short on the scoreboard.

The Chickasaws pulled through, though, and kept their win streak intact.

“I think it was a great push in the right direction,” said NH junior Paige Steinlage, who celebrated her 500th career assist on Thursday after the two big wins. “We always bounce back. I feel like it’s just a New Hampton thing that we always know that we can come back even if we do start a little rough.”

Of New Hampton’s 14 losses on the year, all but one has come against a ranked opponent. The Chickasaws’ brutal schedule prepared them for moments like Thursday.

“Having our schedule being a lot tougher this year has definitely benefitted us,” said Pesek.

NH continued its never-say-die-attitude on Saturday when the Chickasaws dropped the opening sets to W-SR and Charles City. New Hampton rebounded on each occasion to outlast those aforementioned league foes in three sets. NH also topped Crestwood over the weekend before facing them again three days later on Monday in the regional round.

“We were not flawless, by any means, but the girls bat-

ted back when needed. It has become a joke that they like to keep everyone entertained. A big thing that is key for us is we know we can beat good teams. Sometimes we just need to regroup,” said Geerts.

Some might say New Hampton received an unfair draw in its regional – with three more ranked teams to potentially get past.

Pesek wasn’t worried about the challenge that lay ahead.

“I’m okay with it because we’re going to have to beat good teams no matter what we do,” said Pesek.

Steinlage concurred. “Nothing we can’t handle,” said Steinlage about the tough regional.

NEW HAMPTON 2, WAUKON 1
New Hampton 21 16 15
Waukon 11 21 7
Kills - Marissa Cahoy 8, Braelyn Rosonke 6, Carlee Rochford 5, Hailee Pesek 3, Paige Steinlage 1, Elaina Rosonke 1.

Assists - Steinlage 11, Molly Wegner 5, Pesek 2.
Digs - Rochford 7, Cahoy 7, Alivya Wisner 5, Steinlage 5, E. Rosonke 5, B. Rosonke 1, Pesek 1.

Blocks - E. Rosonke 3, B. Rosonke 2, Cahoy 2, Pesek 2, Steinlage 1, Rochford 1.
Serving - Wisner 12-12, Wegner 3-3, Cahoy 10-10, Steinlage 9-10, Rochford 4-5, E. Rosonke 10-11.

Aces - Cahoy 2, E. Rosonke 1, Wisner 1.

NEW HAMPTON 2, DECORAH 0
New Hampton 21 25
Decorah 17 23

Kills - Cahoy 6, B. Rosonke 6, E. Rosonke 3, Steinlage 2, Rochford 1, Pesek 1.

Assists - Steinlage 10, Wegner 7.
Digs - Cahoy 8, Wisner 6, E. Rosonke 3, Rochford 2, B. Rosonke 2, Pesek 2.

Blocks - B. Rosonke 3, Rochford 3, E. Rosonke 2, Pesek 1.

Serving - Wisner 6-6, Wegner 3-4, Cahoy 7-7, Steinlage 10-10, Rochford 5-8, E. Rosonke 8-10.

Aces - Cahoy 3, Steinlage 1, Rochford 1, E. Rosonke 1.

NEW HAMPTON 2, CRESTWOOD 0

New Hampton 21 21
Crestwood 4 9

Kills - Cahoy 8, B. Rosonke 6, Pesek 4, Steinlage 4, Rochford 3, E. Rosonke 2, Wegner 1.

Assists - Steinlage 12, Wegner 6, Pesek 1, Cahoy 1, Rochford 1.

Digs - Rochford 6, Cahoy 5, Wisner 4, Wegner 3, Steinlage 1, B. Rosonke 1, E. Rosonke 1.

Blocks - B. Rosonke 1.
Serving - Wisner 1-1, Wegner 5-5, Cahoy 8-8, Steinlage 11-11, Rochford 12-12, E. Rosonke 4-5.

Aces - Steinlage 2, Cahoy 1, Rochford 1.

NEW HAMPTON 2, CHARLES CITY 1

New Hampton 15 21 15
Charles City 21 11 6

Kills - Cahoy 12, B. Rosonke 5, Rochford 3, E. Rosonke 2, Steinlage 1.

Assists - Wegner 12, Steinlage 9, Wisner 1.

Digs - Wegner 8, Cahoy 6, Rochford 6, Wisner 6, Steinlage 4.

Blocks - E. Rosonke 2, Cahoy 1.

Serving - Wisner 8-8, Wegner 6-7, Cahoy 6-6, Steinlage 12-12, Rochford 12-14, E. Rosonke 2-3.

Aces - Steinlage 3, Rochford 3, Cahoy 3, Wisner 2, E. Rosonke 1.

NEW HAMPTON 2, WAVERLY-SHELL ROCK 1

NH 18 22 15
WSR 21 20 10

Kills - Cahoy 13, B. Rosonke 5, Pesek 4, Rochford 3, Steinlage 2.

Assists - Wegner 16, Steinlage 10, Rochford 1.

Digs - Wisner 15, Rochford 9, Wegner 3, Pesek 1, Cahoy 1, Jenna Tank 1, Steinlage 1, E. Rosonke 1.

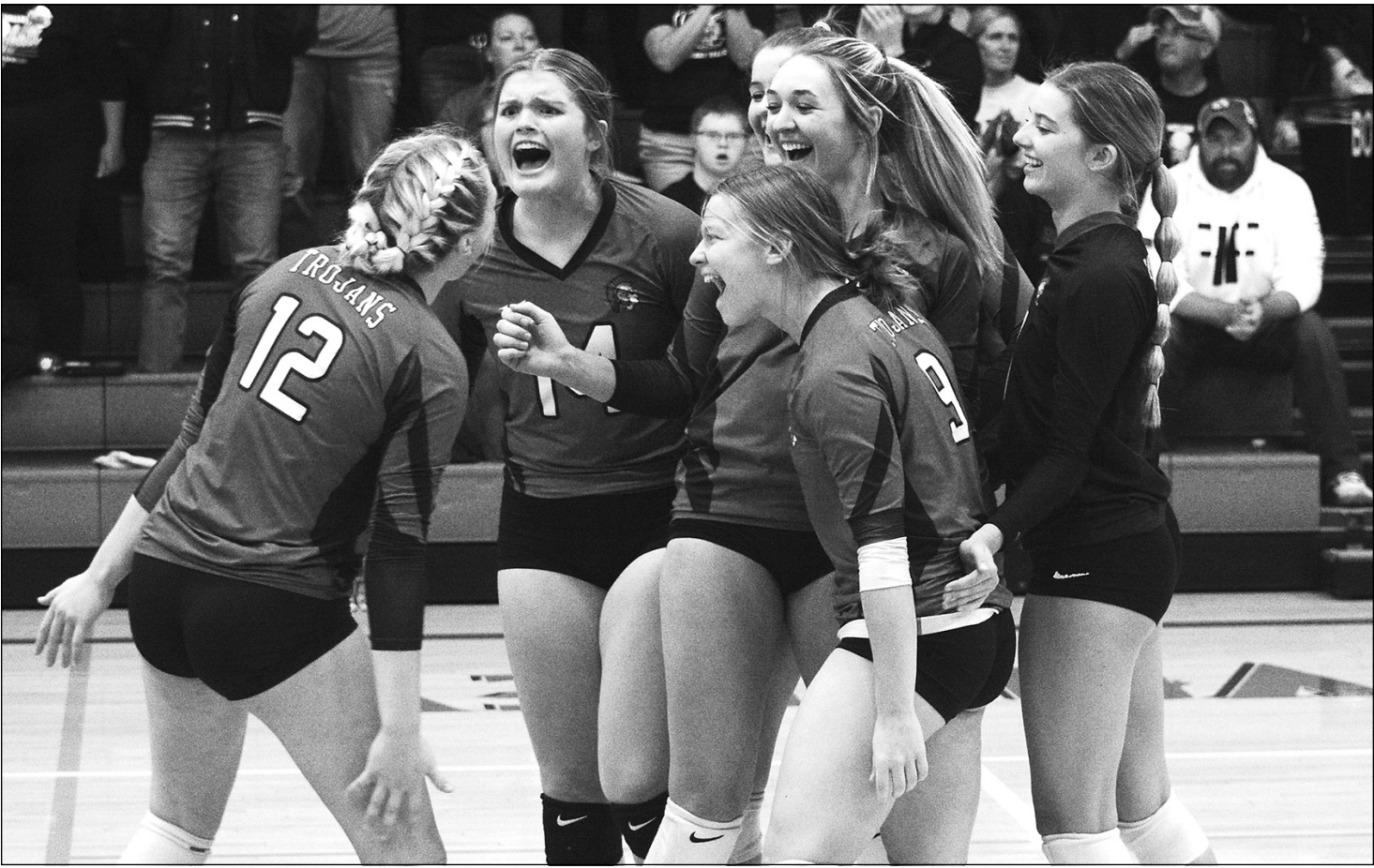
Blocks - Cahoy 3, E. Rosonke 3, B. Rosonke 2, Steinlage 2, Rochford 1.

Serving - Wisner 7-7, Wegner 6-7, Cahoy 5-6, Tank 3-3, Steinlage 11-11, Rochford 15-16, E. Rosonke 3-5.

Aces - Steinlage 3, Rochford 2, E. Rosonke 1.



Kelly Terpstra/Tribune
Chickasaw senior Elaina Rosonke takes a swing near the net versus Waukon in the first leg of the NEIC postseason tournament last Thursday in New Hampton.



Dorothy Huber/Tribune
Turkey Valley players celebrate a winning point during Monday’s Class 1A regional matchup Monday night, and although the Trojans’ season came to an end, they had plenty to smile about after claiming a share of the Upper Iowa Conference championship last week.

Trojans earn a share of UIC title

By KELLY TERPSTRA
sports@nhtrib.com

Shelbie Balk had a plan. Let’s just say it worked out pretty well.

The Turkey Valley Trojan volleyball team closed out its regular season on the road with a five-set victory last week Tuesday over West Central. TV then proceeded to sweep rival South Winneshiek on the Warriors’ home floor last Thursday to do something that no Trojan team has managed to accomplish in 15 years.

That’s win an Upper Iowa Conference title.

Turkey Valley – under the direction of Balk, who is in her first year of leading the Trojans – claimed a share of the league crown alongside Clayton Ridge (15-14). Each squad finished with league records of 7-1. CR defeated TV back in late September in four games, which ended up being the only loss the Trojans encountered in league competition. The Eagles’ lone loss of conference play was against Central Elkader, which topped CR in four games as well.

No matter, TV (17-16) reeled in the hardware for the first Trojan UIC league title since 2007.

“I wanted to redo this program from the ground up, and it feels amazing to know that it is a successful program,” said Balk. “A conference championship

my first year and having the most grounded and hard-working athletes definitely puts the icing on the cake.”

TV’s season came to a premature end last Monday in a loss at home to Edgewood-Colesburg. The Vikings outlasted TV in the two team’s Class 1A, Region 6 battle at Jackson Junction – 23-25, 26-24, 25-11 and 25-23.

Still, the season was a success because of a large contingent of players that Balk got to believe in the program and themselves.

“I wanted to instill that volleyball is a team sport made up of individuals. I started from the beginning stating that nothing is going to be handed to anyone. You have to work hard in order to have your spot, and you must continue to earn it,” said Balk.

The disappointing post-season loss for TV should be fuel for the fire for next year’s Trojans – which will return several key players next fall in what should be another winning and exciting brand of volleyball that Balk’s teams bring to the court.

“We have been able to accomplish trusting relationships that we wanted in the beginning of the season both on and off the court,” said Balk. “We continued to improve our offense and defense. Volleyball is all about what team makes what error for the other team to score. I think breaking down the basic

skills and relearning them have helped the players drastically.”

Part of that successful approach in 2023 will remain the same and include countless hours spent working on one’s game to get better. If a loss does occur, Balk wants her players to learn from the setback and be better because of it.

“Winning doesn’t come with luck, it comes from consistent hard work. Every loss this season has been a lesson to improve,” said Balk.

Ed-Co (15-19) advanced on to the next round of the post-season and played at North Linn (20-10) on Wednesday.

TV junior Halle Weber managed a whopping 58 digs in the five-set victory over West Central. She finished the season as the leader of the category in the UIC with 423. Weber was also second in the league in serve efficiency, with a clip over 95 percent.

Trojan freshman Maici Weber, Halle’s younger sister, was No. 1 in aces in the league with 43. She was also third in the conference in assists (348).

Brianna Busta, TV’s senior middle, led the conference in blocks (54) and was second on the team in kills (127). Busta was 26-26 serving with two aces against South Winn.

Adriana Tiedt, a junior, was fourth in the conference in kills with 175.

Turkey Valley won the con-

ference outright in 2007. The Trojans also secured outright league crowns in 1999 and 1991. TV shared the league championship in 1996 with South Winn.

TURKEY VALLEY 3, WEST CENTRAL 2

TV 21 25 25 19 15
WC 25 15 16 25 6

Kills - Adriana Tiedt 12, Kinsey Reicks 9, Olivia Snyder 7, Brianna Busta 5, Jacqlyn Schmitt 4, Mariah Thronson 2, Alison Leibold 1, Maici Weber 1.

Assists - Thronson 17, Leibold 14, Halle Weber 2, M. Weber 1, Reicks 1, Schmitt 1.

Digs - H. Weber 58, Tiedt 38, Clare Courtney 30, Thronson 13, Reicks 12, Leibold 11, Snyder 8, Busta 6, Schmitt 3, M. Weber 2, Ryann Schmitt 1.

Blocks - Reicks 6, Busta 4, Tiedt 3, Snyder 2, M. Weber 1, Leibold 1.

Serving - Busta 20-21, Leibold 13-15, M. Weber 2-2, Courtney 13-16, Tiedt 12-12, H. Weber 14-15, Thronson 18-19.

Aces - Leibold 3, Busta 2, H. Weber 2, Thronson 2, Tiedt 1, Courtney 1.

TURKEY VALLEY 3, SOUTH WINNESHEIK 0

TV 26 25 25
SW 24 10 10

Kills - Tiedt 10, Busta 8, J. Schmitt 5, Reicks 4, Snyder 4, M. Weber 2.

Assists - M. Weber 23, H. Weber 3, Snyder 1, Tiedt 1.

Digs - H. Weber 16, Courtney 15, Tiedt 14, Busta 10, M. Weber 8, Thronson 7, J. Schmitt 3, Reicks 2, Snyder 1.

Blocks - M. Weber 3, Reicks 3, Tiedt 1, Busta 1.

Serving - Busta 26-26, M. Weber 10-12, Courtney 5-6, Tiedt 9-10, H. Weber 9-9, Thronson 9-9.

Aces - Busta 2, M. Weber 1, Tiedt 1, Thronson 1.

TV VOLLEYBALL: FROM 16

lead; a well-placed dump kill by Brianna Busta and a smasher kill by Tiedt gave the set to the Trojans, 25-23.

The second set also started in favor of the TV girls, who led by four points midway through, but EdCo came back to tie at 24 and would go on to win 26-24.

That momentum, paired with mental mistakes by the TV girls, led to a bad loss in the next set, by a 25-11 score.

“We made too many errors in a row and couldn’t get our momentum back,” Balk said. “I would agree that our strong mentality wasn’t present tonight.”

Turkey Valley did right the ship in the fourth set, at least temporarily, with a block by Busta and Maici Weber giving TV a 7-3 lead – they still led 12-8 when Jacqlyn Schmitt downed a kill – but the Vikings tied at 16, then took a 3-point lead. The never-give-up attitude by the Trojans kept the score close, Schmitt earned a point when she lofted the ball just over the fingertips of her opponent and Kinsey Reicks blocked a shot – the last of her team-high

six blocks on the night – to come within a point, 24-23, but the Vikings won the next point.

EdCo came into the game led by Audrie Heimrichs with 260 kills and 41 blocks and Marin Gaul with 254 kills. The Trojans’ Tiedt finishes the season with 175 kills and led the team Monday with 11 and also led the dig category with 21.

Busta finished with nine kills, Maici Weber had 31 assists, 16 digs, four blocks and a 16-for-16 serving effort and Courtney, Tiedt and Mariah Thronson all scored aces.

The match was the last for the group of seniors that included Busta, Alison Leibold, Abigail Schmitt, Courtney, Jacqlyn Schmitt, Sierra Morris and Snyder.

“These seniors will always have a big place in my heart especially since I’ve only been able to get to know them for one year,” said the rookie coach. “I repetitively said the entire season that it doesn’t matter how much you play, you are equally as important to the team. Since Turkey Valley is a small school, these girls have grown up together.”

Trojans take to big field at state qualifier in Cascade

By KELLY TERPSTRA
sports@nhtrib.com

Trust yourself.

That may be the best advice any cross country coach can give one of their runners as they enter the most important meet of the season today (Thursday).

After last week’s Upper Iowa Conference meet, Turkey Valley and head coach Sarah Bakula will be one of 19 teams in attendance at the large Class 1A state-qualifying meet that will be held at Fillmore Fairways Golf Course in Cascade.

That’s why the Trojans are thinking big.

They’ll have to in order to compete amongst one of the largest fields they’ve run in – sans the gigantic contingent of

runners that try to tackle the All-American race at Luther College in Decorah.

TV head coach Sarah Bakula talked about the qualifier, where she’ll bring her three Trojans to and hope to come up with season-best times.

“It’s more of a tactical race... when I can move and not trying to go out too fast,” said Bakula. “Be confident in your race is ultimately what it’s going to come down to on Thursday.”

Bakula said the terrain at the qualifier will be somewhat similar to the UIC race last week at Tri-City Golf Course in Luana, which has its fair share of hills.

Russell Nieman cracked the top 10 and claimed all-conference honors at that meet. Nieman, a junior who is also playing football this fall, clipped

out to an 18:04.8 – good for sixth place overall.

“Dedication and determination truly outlines what Russell is. He’s going to put all his effort into being the best that he can be,” said Bakula. “He’s very gutsy. To come out here your first year – that’s impressive.”

Nieman’s PR this season is 17:45 and came at the South Winneshiek Invite a week earlier. He may need to go even lower than that to crack the state field in Fort Dodge later next week. Class 1A allows the top two teams in the eight sites across the state to run at the state meet. The top 10 individuals at each of those sites also vault themselves to state.

TV freshman Morgan Wenthold did accomplish a PR at Luana as she placed 17th

overall at the league meet in 23:13.1. That was almost five seconds faster than her previous PR at South Winn.

“What we’ve really been working on this year is trying to go out a little bit slower. Her first two miles were really consistent with each other – almost identical times,” said Bakula. “That definitely played a part. Obviously, she had more energy at the end.”

Bode Balk, another junior for TV, has improved by leaps and bounds since last year. Balk ran 21:30.1 – which enabled him to place 35th. Conversely, Balk ran a 25:11 at last year’s UIC meet, which was in 43rd place.

“That’s a huge improvement and gives him a little more momentum into next year,” said Bakula.

Chickasaws want more than just making playoffs

NH FOOTBALL: FROM 17

awful. Clear Lake gained 136 yards and raced out to a three-touchdown lead in the opening 12 minutes Friday. And then it got interesting. Braden McShane got the Chickasaws on the board early in the second quarter when he scored on a 27-yard run, and when Aiden Roberson made a sensational catch in traffic on the two-point conversion, New Hampton had cut the lead to 21-8.

On Clear Lake's next possession, the Lions were driving until senior Evan Knowlton jumped a Clear Lake pass, intercepted it and raced 51 yards.

"Evan made a great read," Frerichs said, "and you can't ask a defensive back for anything more than he gave us on that play."

New Hampton, though, needed a brilliant catch on the sideline from Isaac Howe to convert a fourth-and-14 before Speltz snuck it in from the 1-yard-line to trim the deficit to 21-14 with 2:24 remaining in the first half.

"We had been down two scores at Cresco at half," Frerichs said, "so getting it down to a one-score game was huge for us. Considering how we started, 21-14 was something we could live with."

New Hampton would cut the deficit to one on its first drive of the second half that was capped by a 17-yard touchdown from McShane, who finished the night with 198 yards on 30 carries.

After Clear Lake took a 28-20 lead late in the third quarter, the Chickasaws had an answer. And his name was McShane, who scored on a 4-yard run and then carried a host of Lions into the end zone for a two-point conversion that knotted the game at 28 with 7:09 remaining.

"We figured, 'OK, we get a stop and we get the ball back and score.' That was the plan," Speltz said.

Clear Lake had other ideas and put together a 65-yard drive that took 6:25 off the clock and ended with a Cael Stephany 1-yard TD quarterback sneak with 44 seconds remaining.

Facing a fourth-and-1 at the 3-yard line, the Lions eschewed a chip-shot field goal, because they knew a three-point win would still leave them as the district's fourth seed.

The Chickasaws, though, weren't done.

After a McShane kickoff return gave New Hampton the ball at its own 36, Speltz went to

Class 2A, District 3 Football

	Dist.	All
Osage	5-0	6-2
New Hampton	3-2	6-2
Crestwood	3-2	5-3
Clear Lake	3-2	4-4
Forest City	1-4	2-6
GHV	0-5	0-8

FRIDAY, OCT. 14, RESULTS

Clear Lake 35, New Hampton 28
Forest City 36, Garner-Hayfield-Ventura 0

Osage 28, Crestwood 12

THURSDAY, OCT 20, REGULAR SEASON GAME

Okoboji at Forest City

FRIDAY, OCT. 21, REGULAR SEASON GAME

Garner-Hayfield-Ventura at Oelwein

FRIDAY, OCT. 21, PLAYOFF GAMES

New Hampton at Waukon
Clarion-Goldfield-Dow's at Osage
Clear Lake at PCM
North Fayette Valley at Crestwood

Chickasaws vs. Indians

Here are how New Hampton and Waukon, the two teams who will meet in the opening round of the Class 2A state football playoffs, stack up (stats are per game):

	NH	W
Record	6-2	5-3
Points	28.5	34.0
Points allowed	14.3	18.8
Shutouts	2	2
Rushing yards	245.1	211.8
Passing yards	96.1	167.4
Total yards	341.2	379.2
Interceptions	6	8
Fumble recoveries	9	5

work - finding Carter Steinlage for a 14-yard gain, hitting Cael Laures for a 20-yard completion and then finding Steinlage for a 26-yard pass to put the Chickasaws at the Clear Lake 4-yard line with 4.4 seconds remaining.

"It says something about our boys the way they went down the field," Frerichs said. "Brady did a really good job I thought of buying time on that drive, our receivers got open and he threw some really good passes."

It set up one final play, and Frerichs went with a pitch to McShane, but the Lions snuffed out the play and celebrated a win.

"We wanted to put the ball in our best player's hands," Frerichs said, "and give them



Bob Fenske/Tribune

New Hampton's Marshall Zeien (71) and Kam Josephson (79) converge on Clear Lake quarterback Cael Stephany for a sack while the Chickasaws' Ben Tenge (below) looks to break a tackle during Friday night's regular-season finale.

credit, they stopped it."

Still, it was a gritty effort by the Chickasaws, especially considering that they lost two key players to injuries as lineman Marshall Zeien didn't return to the field after suffering an injury late in the first half while the team's leading receiver, Hunter Serie, was lost to an apparent knee injury on the opening kickoff in the second half.

"We had a lot of guys step up," Frerichs said, "and I can't say enough about them."

Speltz finished the night 9-for-14 for 137 yards as New Hampton outgained Clear Lake 328-295.

Ben Tenge led the Chickasaw defense with 8.5 tackles, including 1.5 for losses. McShane added 7.5 while Steinlage and Logan Fettkether, one of those Chickasaws Frerichs referred to as stepping up, had 5.5 apiece.

In the end, it wasn't enough, and now New Hampton will have to win on the road to keep its season from ending.

"Our goal wasn't just to make the playoffs," Speltz said. "We love playing football and we want to keep playing it as long as we can."

CLEAR LAKE 35, NEW HAMPTON 28						
NH	0	14	6	8	-	28
CL	21	0	7	7	-	35

FIRST QUARTER

CL - Titan Schmitt 33 run (Kinnick Clabaugh kick), 10:46.

CL - Cael Stephany 1 run (Clabaugh kick), 7:44.

CL - Schmitt 5 run (Clabaugh kick), 0:22.

SECOND QUARTER

NH - Braden McShane 27 run (Aiden Roberson pass from Brady Speltz), 8:46.

NH - Speltz 1 run (run failed), 2:24.

THIRD QUARTER

NH - McShane 17 run (pass failed), 7:44.



CL - Schmitt 7 run (Clabaugh kick), 2:53.

FOURTH QUARTER

NH - McShane 4 run (McShane run), 7:09.

CL - Stephany 1 run (Clabaugh kick), 0:44.

TEAM STATS

	NH	CL
First downs	14	14
Rushes-yards	43-191	
Passing yards	137	
Total yards	328	
Att-Comp-Int	14-9-1	8-3-2

NEW HAMPTON STATISTICS

Rushing - Braden McShane 30-198, Ben Tenge 3-5, Isaac Howe 2-3, Brady Speltz 8-(15).
Passing - Speltz 9-14-1 - 137.

Receiving - Carter Steinlage 3-57, Isaac Howe 3-47, Hunter Serie 2-13, Cael Laures 1-20.

Tackles - Tenge 8.5, McShane 7.5, Logan Fettkether 5.5, Steinlage 5.5, Howe 5, Gatlin McCumber 3.5, Evan Knowlton 3, Ty Shekleton 2.5, Kam Josephson 2, Aiden Roberson 1.5, Marshall Zeien 1.5, Speltz 1, Serie 1.

Tackles for loss - Tenge 1.5, Fettkether 1, McCumber 1, Josephson 1, Zeien 0.5.

Sacks - Fettkether 1, Zeien 0.5, Josephson 0.5.

Interceptions - Knowlton 1-51, McShane 1-24.

Kickoffs - Shekleton 5-37.6, Punts - Steinlage 3-30.7.

Kickoff returns - Gilbert 5-17.2, McShane 1-21.

Trojans seniors finish off unbeaten district season

TV FOOTBALL: FROM 17

hands on another." He also snared a 2-point conversion. "Noah threw that perfectly."

That conversion catch came after an Oliver Schmitt 3-yard score; Schmitt also ran a reverse for a 40-yard touchdown in the second quarter and sailed for an even longer, 45-yard score in the fourth stanza, adding a conversion run to his point totals. The junior finished with 121 yards on 11 carries, caught a pass for a 38-yard gain and, for good measure, had the third interception of the night for the Trojans with a 37-yard return of a ball that was tipped by Ryan Franzen.

While his totals were impressive, they also reflect upon the work of offensive linemen like Troy Schmitt. The senior and his classmates opened holes for 298 rushing yards and afforded protection so Hanson could pass for another 84 yards. Turkey Valley rushed eight fewer times than West Central and gained 123 more yards, with seven rushing touchdowns. Since Schmitt is also on defense - where he finished with 7.5 tackles - and special teams, he doesn't get much time off during a game.

"And that's alright," he said. "I'm just glad to be able to help. A lot of guys are playing both ways. I think we all appreciated the toughness of tonight's game."

The fact that West Central was able to score 32 points, and perhaps coach Mark Scott wanting to toughen his kids up for the post-season by leaving them in for a full game, led to a season-high 73 points for the

8-Man, District 3 Football

	Dist.	All
Turkey Valley	5-0	6-1
Tripoli	4-1	6-2
Clarksville	3-2	5-3
West Central	2-3	4-5
Riceville	1-4	2-7
Janesville	0-5	2-7

FRIDAY, OCT. 14, RESULTS

Turkey Valley 73, West Central 32

Clarksville 94, Riceville 14
Janesville 70, Dunkerton 26

Tripoli 46, Springville 6

THURSDAY, OCT. 20, REGULAR SEASON GAME

West Central at Central

Elkader

FRIDAY, OCT. 21, REGULAR SEASON GAME

Dunkerton at Riceville

FRIDAY, OCT. 21, PLAYOFF GAMES

Edgewood-Cokesburg at Turkey Valley

Central City at Tripoli

Clarksville at West

Bend-Mallard

Trojans. Hanson ran for two touchdowns and threw the two strikes to Bodensteiner while gaining 70 yards on nine rushing attempts. Carson Busta scored on a 15-yard run, finished with 48 rushing yards and four points on conversions and Mauricio Tinajero had the best average rushing, with 46 yards on three attempts as the hard-to-bring-down senior averaged 15.3 yards and scored a 10-yard touchdown, adding a PAT kick.

Hayek led the defense, adding 8.5 tackles to his interception, and while on offense caught

a pair of 2-point conversions. Franzen tied Troy Schmitt's 7.5 tackle total and Russell Nieman recovered a fumble.

It's a long list of seniors that have made their mark on the team this year: Carson Busta, Hanson, Franzen, Hayek, Bodensteiner, Brady Fischer, Troy Schmitt, Treyton Hulbert, Tinajero, Arin Rausch and Victor Montiel.

"It's pretty cool being close with all our seniors and winning the championship," said Bodensteiner. And despite the large number of seniors that will be lost, don't count next year's team out. Six Trojans that played big chunks of time last year are missing from this year's roster, mostly due to graduation.

"People had implications that this year's team wouldn't be able to perform as well as last year, with all the talent gone from that team," Troy Schmitt said. "But we showed that we are capable of performing just as well this year."

Turkey Valley has a win over their first round opponent already this season, beating Edgewood-Colesburg 46-26, the first game of the campaign.

The Vikings are 4-3 on the season and are led by quarterback Cael Funk, who has passed for 1,175 yards and 16 touchdowns to date. He is 82-for-142 with only two interceptions. The Viking running game only has 849 yards total on the ground; Oliver Schmitt alone has 830 of Turkey Valley's 2,021 yards.

"Most of the time we don't need to pass," Bodensteiner said with a shrug. "But we've been working on it for the post-season."

Trojans vs. Vikings

Here are how Turkey Valley and Edgewood-Colesburg, the two teams who will meet in the opening round of the Eight-Man state football playoffs, stack up (stats are per game):

	TV	EC
Record	6-1	5-3
Points	48.0	32.0
Points allowed	28.0	28.9
Shutouts	0	0
Rushing yards	288.7	103.4
Passing yards	62.9	166.9
Total yards	351.6	270.3
Interceptions	6	4
Fumble recoveries	5	6

TURKEY VALLEY 73, WEST CENTRAL 32

WC	6	6	6	14	-	32
TV	16	30	13	14	-	73

FIRST QUARTER

WC - Brooks Ingels 6 pass to Creighton Houge (pass failed) 9:23.

TV - Noah Hanson 28 pass to Calvin Bodensteiner (Hanson pass to Carson Busta) 7:49.

TV - Chase Hayek 75 interception return (Oliver Schmitt run) 2:11.

SECOND QUARTER

TV - Schmitt 3 run (Hanson pass to Bodensteiner) 11:28.

WC - Brandon Cushion 3 run (pass failed) 6:51.

TV - Hanson 2 run (Hanson pass to Hayek) 3:28.

TV - Schmitt 40 run (pass failed) 1:36.

TV - Hanson 15 pass to Bodensteiner (Hanson pass to Hayek) :43.

THIRD QUARTER

TV - Hanson 4 run (pass failed) 8:39.

WC - Cushion 20 run (pass failed) 6:41

TV - C. Busta 15 run (Mauricio Tinajero kick) 4:09.

FOURTH QUARTER

WC - Houge 1 run (Ingels kick)



Dorothy Huber/Tribune

Turkey Valley kicker Mauricio Tinajero, along with teammate Victor Montiel, was busy on Friday as the two combined for 11 kickoffs in the Trojans' win.

10:52.
TV - Schmitt 45 run (C. Busta run) 9:59.

WC - Cushion 10 yd run (Ingels kick).
TV - Tinajero 10 run (kick failed) 2:15.

TEAM STATS

	TV	WC
Rushing-yards	32-298	40-175
Passing yards	84	118
Total yards	382	293
Att-comp-int	6-4-1	16-7-3

TURKEY VALLEY STATS

Rushing - Oliver Schmitt 11-121, Noah Hanson 9-70, Carson Busta 7-48, Mauricio Tinajero 3-46, Burke

Chickasaws face loaded field at their 2A qualifier

XC: FROM 17

trailing fellow state-qualifying teams Denver (fourth), Williamsburg (fifth) and Crestwood (13th), and Osage is 20th in the latest rankings.

And the individual race is loaded, too, as four of the top-10 ranked runners will compete in Oelwein. In addition to Kolbet, the meet includes second-ranked Katelyn Johnston of Osage, seventh-ranked Kinze She of Crestwood and 10th-ranked Avery Trunkhill of Denver.

On the boys side, New Hampton is ranked 20th, which means it will have to beat one of three rated teams - No. 5 Denver, No. 7 Oelwein and No. 11 Williamsburg - to earn an Oct. 28 trip to Fort Dodge for the state meet.

New Hampton has two runners - senior Peyton Anderson and sophomore Natalie Nossbisch - who are seeking a second-straight trip to state.

Turkey Valley, meanwhile, will head to Cascade for its Class 1A state qualifying meet today.

Because Class 1A has eight state qualifying meets, only the top two teams and the top-10 individual runners will qualify for the state meet.

The Trojans are led by Russell Nieman, who is coming off a top-10 finish at the Upper Iowa Conference meet last week.

ON TAP FOR THE CHICKASAWS AND TROJANS THURSDAY

New Hampton cross country at 2A state qualifying meet, Oelwein, 4 p.m.

TV cross country at 1A state qualifying meet, Cascade, 4 p.m.

FRIDAY

New Hampton varsity football at Waukon, Class 2A state playoffs, 7 p.m.

Turkey Valley varsity football vs. Edgewood-Colesburg, eight-man state playoffs, 7 p.m.

MONDAY

New Hampton volleyball in Class 3A regional final, if qualified, site to be announced, 7 p.m.

Pork recipes for any time of the day!



Breakfast Egg Rolls

INGREDIENTS

- 8 eggs
- 1/3 cup half and half
- 1 teaspoon black pepper
- 1/2 teaspoon salt
- 1/2 pound ground mild pork sausage
- 4 slices bacon, diced
- 2 cups shredded cheddar
- 2 tablespoons diced chives
- 10 egg roll wrappers

SAUCE INGREDIENTS (OPTIONAL)

- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 2 tablespoons lemon juice
- 1 teaspoon smoked paprika
- 1/4 teaspoon cayenne pepper
- 1/2 teaspoon salt
- 1 tablespoon chopped chives

DIRECTIONS

In a large bowl, whisk together the eggs, half and half, black pepper; set aside.

In a large skillet over medium heat, brown the sausage and cook the bacon pieces until brown and crispy.

Pour the egg mixture into the skillet and cook until the eggs are done.

Remove the skillet from the heat and stir in the eggs and chives.

Spoon about 1/3 cup of the filling into the center of an egg roll wrapper.

Fold one corner in toward the center and then bring the two side corners into the center.

Dab a little bit of water onto the remaining corner of the egg roll wrapper. Roll it up and then repeat with the remaining egg rolls.

Preheat about 1 1/2 inches of vegetable oil in a large skillet until the oil reaches 350 F.

Fry the egg rolls (about 1 to 2 minutes on each side); remove from the oil and enjoy warm with chipotle dipping sauce.

For the (optional) sauce – Combine all the ingredients and then serve with the hot egg rolls.

TO MAKE AHEAD

Filling can be prepared in advance and kept refrigerated until you're ready to form and fry the egg rolls. We don't recommend frying egg rolls ahead of time and reheating, as they'll lose their crunch.

SUBSTITUTIONS

While this recipe calls for sausage and bacon, you can opt to use all sausage (use 12 ounces), all bacon (use 12 slices), or even diced ham (use about 1 1/2 cups).

Add a little spice with pepper jack cheese in place of cheddar.

Try dipping in salsa or fresh guacamole instead of chipotle sauce.



The Best Pork Chop Marinade

INGREDIENTS

- 2 Tbsp brown sugar
- 1/4 c. extra virgin olive oil
- 1/4 c. reduced sodium soy sauce
- 2 Tbsp Worcestershire sauce
- 1 tsp salt

- 1/2 tsp ground black pepper
- 3 cloves garlic minced
- 4 bone-in pork chops

DIRECTIONS

Mix Marinade – First, grab a small bowl and whisk all of the ingredients except pork chops together.

Marinate – Next, grab a resealable zip lock bag and large bowl and place the pork chops in it. Pour the marinade you prepared into it. Squeeze as much air out of bag as possible and seal. Marinate for at least 2 hours or overnight.

Grill – When you are ready to grill the pork chops preheat grill or grill pan to medium heat. Place pork chops on grill or in pan. Discard remaining marinade. Grill the pork chops over medium heat for 4-5 minutes on each side or until a thermometer inserted in the middle of the meat reaches 145 degrees F. Remove from grill or grill pan.

Rest – Let pork chops stand for 5 minutes before eating to let juices redistribute. This gets you that super juicy, delicious pork chop!



Sausage Stuffing

INGREDIENTS

- 1/2 c salted butter
- 1 c diced apple
- 1 c diced celery
- 1 c diced onion
- 1 lb ground pork sausage
- 8 c bread cubes
- 1 egg
- 2 1/2 c chicken broth
- 1/4 c fresh parsley
- 1 tsp ground sage
- 1 tsp thyme leaves
- 1 tsp garlic powder
- 1/2 tsp salt

DIRECTIONS

Preheat oven to 350F.

In a skillet, melt butter on medium high heat. Add apples, celery and onion. Sauté until tender,

about 6 minutes. Remove to a bowl.

In the same pan, add the sausage and brown until done.

Combine all ingredients and pour into a greased 9x13" baking dish. Bake for 60-65 minutes.

Top with additional fresh parsley, if desired.



Grilled Pizza

INGREDIENTS

- 1 tube refrigerated pizza dough
- Cooking spray
- Sauce and toppings

DIRECTIONS

Cut dough into 6 equal portions. Lightly spray each piece of dough with cooking spray.

Pre-heat grill to medium low.

Lay the dough pieces (cooking spray side down) directly on the grill.

Cook for 3-5 minutes or until the bottom is golden brown.

Flip the pizzas and top the cooked side.

Close the grill and cook an additional 2-3 minutes or until cheese is melted.

VARIATIONS

BBQ Pulled Pork: BBQ sauce, pulled pork, red onions, cheddar & mozzarella cheeses, and cilantro.

Pork-Lovers: Regular sauce, sausage, Canadian bacon, pepperoni and mozzarella cheese.

Hawaiian: Regular sauce, ham, pineapple, and mozzarella cheese.

— Recipes courtesy of the Iowa Pork Producers; for more great pork ideas, go online to iowapork.org

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Waukon restaurant (hint, football fans) wins IPPA pork tenderloin contest

A car dealership-turned-restaurant is where you'll find Iowa's Best Breaded Pork Tenderloin for 2022.

Lid's Bar & Grill in Waukon, in the northeast corner of the state, has won the 20th annual contest, presented by the Iowa Pork Producers Association (IPPA) and managed by its restaurant and foodservice committee.

"Obviously we enjoy highlighting our state's delicious pork," said Kelsey Sutter, IPPA's marketing and programs director. "But this award also forever transforms local Iowa businesses, as tenderloin enthusiasts look forward to the announcement every year, and are known to travel lengthy distances to try a variation on this Midwestern staple."

Each third-pound tenderloin is cut and twice tenderized at Quillin's Food Ranch in Waukon. At the restaurant, the never-frozen meat is hand-breaded to order—dipped in milk then dredged through a seasoned breading.

"The tenderloins are actually fairly thick, so you can taste the pork instead of just breading," said Dan Liddiard, who co-owns Lid's with his wife Kelly. Lid's is a shortened version of the couple's last name.

The deep-fried favorite is served with lettuce and mayo on a lightly buttered and toasted bun, baked fresh daily also at Quillin's. Sandwiches include a side of crinkle-cut French fries.

Chef Phil Carey, a tenderloin finalist judge, describes the sandwich as having "great pork flavor, with a wonderful breading that greatly complements the overall sandwich," as well as a "perfect size of bun-to-pork-tenderloin ratio."

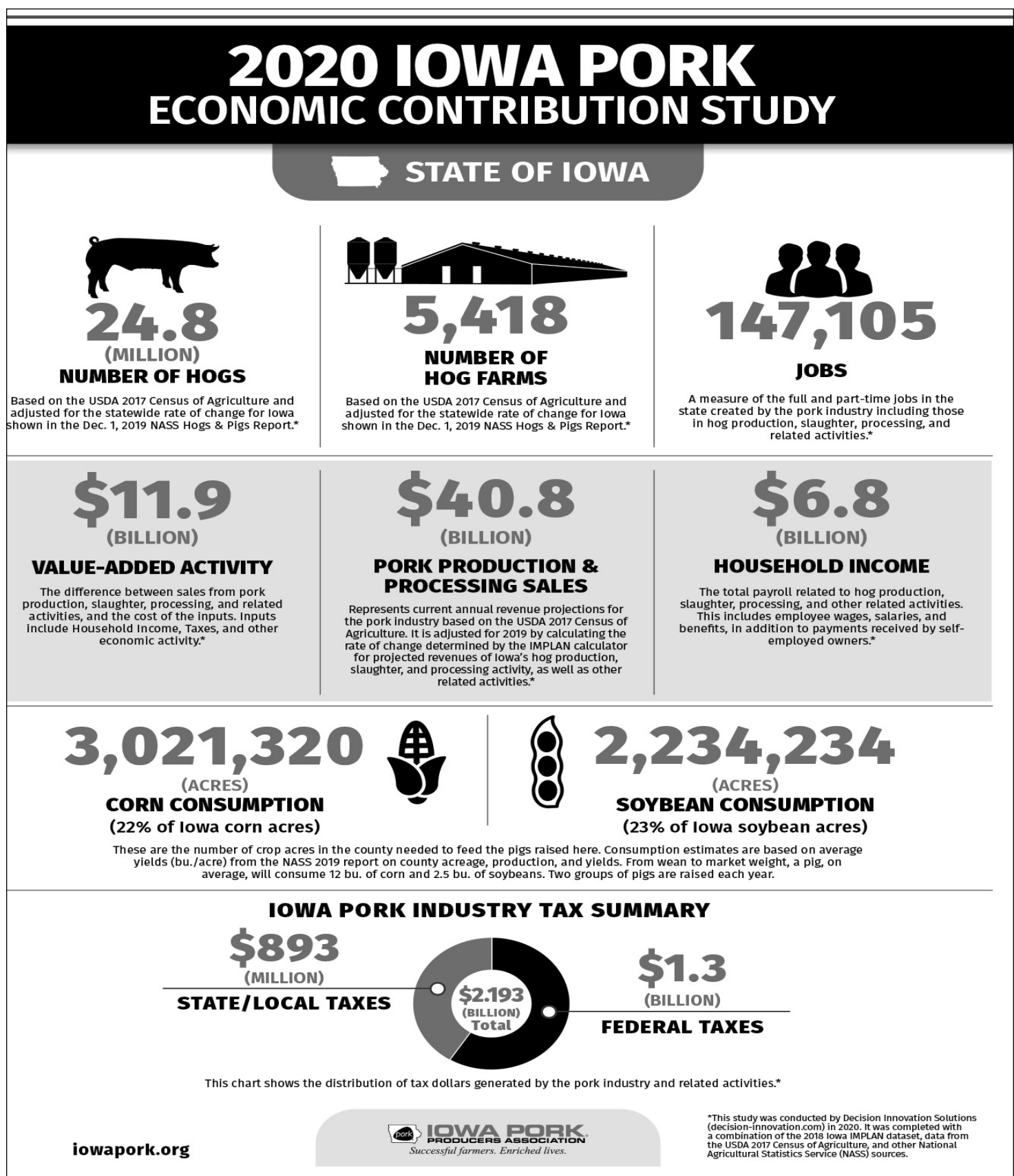
The Liddiards are Waukon natives who opened the eatery in July 2020. Dan Liddiard had operated West Side Auto Sales on the site for nearly a decade. However, when car sales plummeted during the early months of COVID-19, he reduced his inventory and renovated a portion of the office, showroom, and shop for the restaurant. The Liddiards had no prior experience in food service.

"Nope," Dan Liddiard admits. "Not till after the day we opened." Since being named among the top five tenderloin finalists earlier this month, tenderloin fans have been flooding in from all over the state, the Liddiards said. The business went from selling about 25 pounds of loins per week, to 35 to 40 pounds a day. A drive-up window accommodates carry-out customers.

"To be nominated for this was absolutely incredible," said Dan Liddiard, choking back tears. "To win is 10 times that. It's pretty great."

IPPA's restaurant and foodservice committee officially presented the best tenderloin award at the restaurant on Tuesday.

Lid's will receive \$500, a plaque, and a large banner to display. This year's runner-up is Ludlow's Steakhouse in Corydon, about an hour and a half south of Des Moines.





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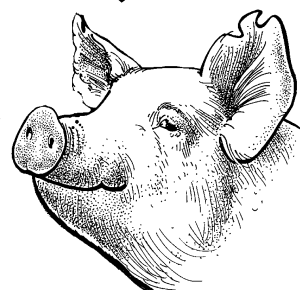
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Pork industry makes huge impact on Iowa economy

Iowa Pork Producers Association says it's not just the 5,000-plus pig farms, but it's the almost 150,000 jobs pork creates in state

The work of Iowa's pig farmers is the core of a vital pork industry in the state, says a new study released by the Iowa Pork Producers Association (IPPA).

Iowa's 5,418 pig farms generate work not only in pig production, but also in hog harvesting and pork processing. In all, there are 147,105 Iowa jobs created by the pork industry through direct, indirect and induced jobs. The jobs break out this way:

- Pig production on the farms generates 46 percent of the jobs.
- The state's 14 commercial hog harvesting facilities create 45 percent of the jobs
- Commercial pork processing contributes another 9 percent of jobs.

A study provided a year ago by the Coalition to Support Iowa Farmers showed that livestock production was the only agriculture sector that was increasing the number of jobs in Iowa.

In the three areas of the pork industry, labor income from those Iowa jobs is \$6.84 billion, according to Decision Innovations Solutions (DIS), an economic research and analysis firm that conducted the study for IPPA. DIS used a 2018 Iowa dataset, data from the USDA 2017 Census of Agriculture and other USDA/NASS sources and used IMPLAN modeling to project data that would reflect 2019 numbers and dollars.

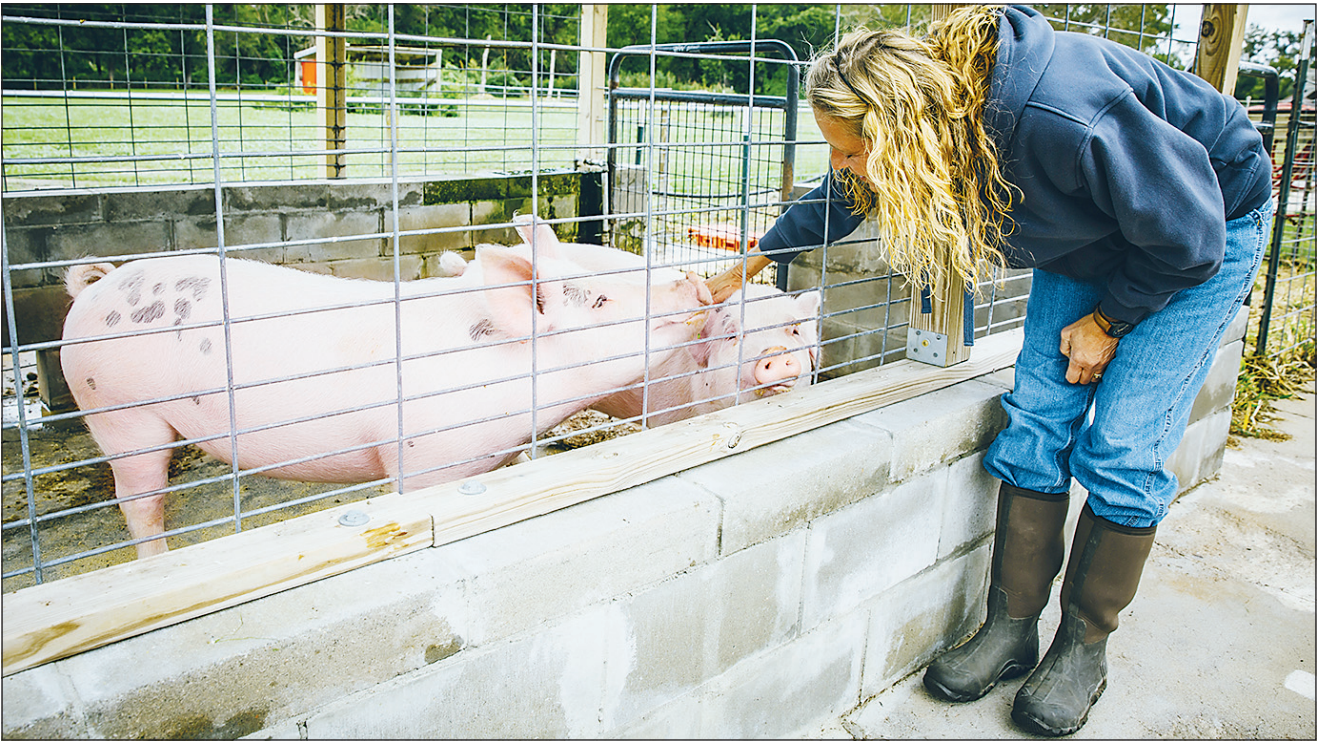
The three pork industry sectors generated \$40.8 billion in sales.

Pig production accounted for 34 percent of the total, or \$13.9 billion in sales from Iowa's pig farms.

Hog harvesting facilities had 55 percent of the sales, and pork processing accounted for 11 percent of sales.

Using Local Feedstuffs

There are several reasons that Iowa



is the nation's number one producer of pork.

The state's pig farmers not only have a proud heritage, they have built upon the experiences of that heritage and combine it with using new research and technology to become more efficient in producing nutritious, safe and delicious pork.

Another reason is the availability of key feedstuffs for raising pigs.

A balanced pig diet contains energy and amino acids, which come from corn and soybean meal diets. From weaning to reaching market weight, an average pig eats 12 bushels of corn and 2.5 bushels of soybeans.

Over the course of a year, Iowa pigs

consume corn that is the equivalent of 22 percent of the state's corn production and 23 percent of the state's soybeans. That means nearly one-fourth of Iowa's row crops are marketed for near-by use, thus reducing the cost of grain transportation.

Pigs and Farms, Increasing and Decreasing

The number of pigs in Iowa in December 2019, was 24.8 million hogs. Ninety-five percent (23.79 million) of those hogs are market animals, which have increased by three percent annually for the past decade. Iowa holds 32 percent of the U.S. hog inventory.

Conversely, Iowa's breeding herd

(1.01 million head) has been declining slowly despite growth (1.2 percent) in the national breeding herd (6.46 million).

The size of pig farms is increasing, 69 percent of Iowa's hog inventory is now on farms with 5,000 or more pigs (20 percent of all pig farms). However, the most common commercial-size hog farm (32 percent) in Iowa is in the category of 2,000-4,999 head. Farms with 1,000-1,999 pigs are 13 percent of Iowa's pig farms.

The top five counties in pig inventory are Washington, Sioux, Lyon, Hamilton and Plymouth counties. Each of these counties has more than 1 million pigs.

147,105
JOBS

CREATED BY
IOWA'S PORK INDUSTRY

In addition to analyzing state data on the impact of Iowa's pork industry, additional analysis was conducted on 35 counties in Iowa to review local economic contributions. (The data from these counties will be released soon.)

Adding Barns is a Jobs Benefit to Counties

The DIS study also included information about the economic activity in a community when a new 2,400-head finishing barn is built.

This part of the study considered the construction and first year operations of a barn this size, which is typical for Iowa.

Building the barn would create 12 jobs (half in construction and half in operations) and sales activities of \$2.5 million.

A new pig barn sources about 35 percent of inputs locally. The construction of a new pig barn requires several purchases such as steel, concrete and equipment.

Once construction is completed, pig farms purchase feed, veterinary and other professional services, and many other inputs to produce market hogs for sale.

— Iowa Pork Producers

Letter to the Editor

It's their month, so thank a pig farmer in October

The members of the Chickasaw County Farm Bureau would like to wish all pork farmers and those in the industry a Happy Pork Month.

Thank you for your time and hard work to not only put pork products on our plates, but many other things.

It takes a pig to make footballs, gelatin, pet foods, ingredients for some medications, cooking oils, and many more things.

Take time to thank a pork farmer today and head out for a yummy pork tenderloin or juicy pork chop!

Thanks again, pork producers, for all you do!

Chickasaw County Farm Bureau

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Pork is not only tasty, but it's great for you!

Pork has many beneficial qualities that make it easy to incorporate into a balanced menu.

The variety of options range from decadent and flavorful to lean and nutrient-rich cuts that are affordable, easy to make, and enjoyable to people of all ages.

Both the pork tenderloin and pork sirloin roast meet the criteria for the American Heart Association Heart Checkmark, which means they contain less than 5 grams of fat, 2 grams or less of saturated fat, and 480 milligrams or less of sodium per label serving. Pork is also packed with protein (46 percent of your daily needs can be found in just a three-ounce pork serving), making it easy to include in a health-forward and balanced diet.

Here are other key nutrients (and their percent of daily value provided by a 3 ounce serving) in pork:

- Without Thiamin (50 percent), metabolism of carbohydrates, protein, and fat would be significantly compromised. Animal protein is one of the best sources of this nutrient, and among the choices, pork is tops.
- Niacin (34 percent) is an important for the normal function of many enzymes in the body and involved in the metabolism of sugars and fatty acids.
- Vitamin B6 (30 percent) is important for the normal function of enzymes and co-enzymes, which are needed to metabolize protein, carbohydrates, and fats. Plus, it plays a critical role in the regulation of glycogen (stored carbohydrates) metabolism.
- Zinc (25 percent) is a component of more than 70 enzymes, zinc is a key player in energy metabolism and the immune system.
- Vitamin B12 (25 percent) helps build red blood cells and metabolize carbohydrates and fats.
- Next to milk, few foods have as much riboflavin (20 percent)

per serving as pork. Riboflavin has an important role in the release of energy from foods.

• Phosphorous (15 percent) helps strengthens bones and generates energy in cells.

• Potassium (6 percent), a mineral also known as an electrolyte, plays a major role in water balance and helps maintain normal blood pressure. This is considered a nutrient of public health concern.

• Iron (6 percent) is a mineral we need for growth and development. Our body uses it to make hemoglobin, which is a protein in red blood cells that carries oxygen from the lungs throughout the body, and myoglobin, a protein that provides oxygen to muscles. Your body also uses iron in hormone production. Iron in food comes in two forms: heme iron and nonheme iron. Meat like pork, seafood, and poultry have both heme and nonheme iron.

• Magnesium (6 percent) is an important for the normal function of many enzymes (catalysts for the body's chemical reactors), glucose and muscle action.

In other words, that pork chop, that pork tenderloin, that bacon ... you get the idea ... is not just tasty but it turns out it's also pretty dang healthy for you.

So enjoy pork; after all, it's good

Put it on the Plate

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All that matters is it's a win for Chickasaws

New Hampton opens regional with an up-and-down sweep

By Bob Fenske
editor@nhtrib.com

All that mattered Monday night for the New Hampton volleyball team was coming up with a W.

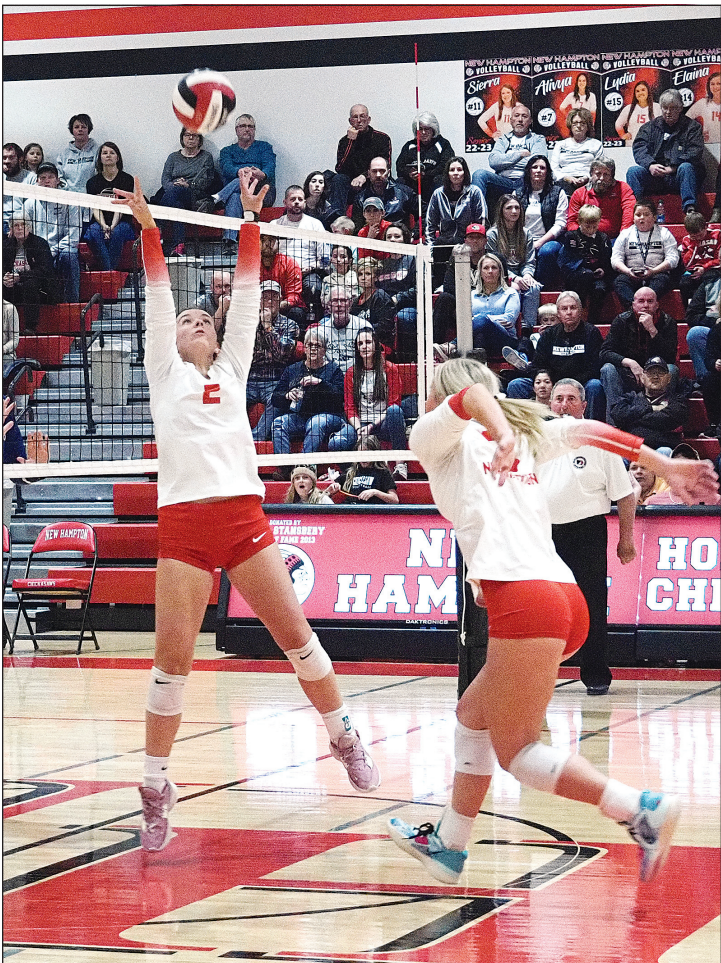
Style points didn't matter, which was probably a good thing as the Chickasaws, fresh off winning the Northeast Iowa Conference tournament championship, weren't at their best but even a so-so night from New Hampton proved too much for Crestwood.

The Chickasaws picked up a 25-23, 25-17, 25-18 sweep over their Northeast Iowa Conference rivals in the opening round of the Class 3A regional tournament to avoid what coach Jess Geerts worried was a huge "trap match." The victory sent New Hampton to Osage on Wednesday to play the seventh-ranked Green Devils, who made quick work of North Fayette Valley for a 25-8, 25-9, 25-19 win.

"This one, I'm not going to lie, worried me, and it worried me a lot," Geerts said after her team improved to 23-14. "We were coming off a big win, a big tournament, and we looked like it tonight. I told the girls in the locker room that we won on talent tonight, but that was it. We were really up and down."

She paused and smiled. "But we won, and that's what matters. Granted, we have to play better on Wednesday."

New Hampton fell behind 5-2 in the opening set, but used a 15-8 run capped off by a perfect tip from senior Elaina



Rosonke to take a 17-13 lead.

Crestwood, though, fought back and tied the match at 23 before Braelyn Rosonke and Carlee Rochford came up with kills to seal a 25-23 win.

A Marissa Cahoy kill helped New Hampton open up a 6-2 lead in the second set, but again, the Cadets fought back to cut the deficit to 14-12, but Molly Wegner's two aces sparked a five-point run and

the Chickasaws moved to within one set of heading to Osage.

They got it by using a 10-2 run to take a 12-5 lead and cruised to the win with a senior, Rochford, fittingly coming up with the final kill on the last home match the Class of 2023 will play on its home court.

"When we were good, we were good," Geerts said, "but these girls are smart enough to know we have to clean up a lot



Bob Fenske/Tribune

New Hampton's Molly Wegner (left) sets the ball for teammate Carlee Rochford, and the Chickasaws (above) celebrate a winning point during Monday's Class 3A regional match against Crestwood.

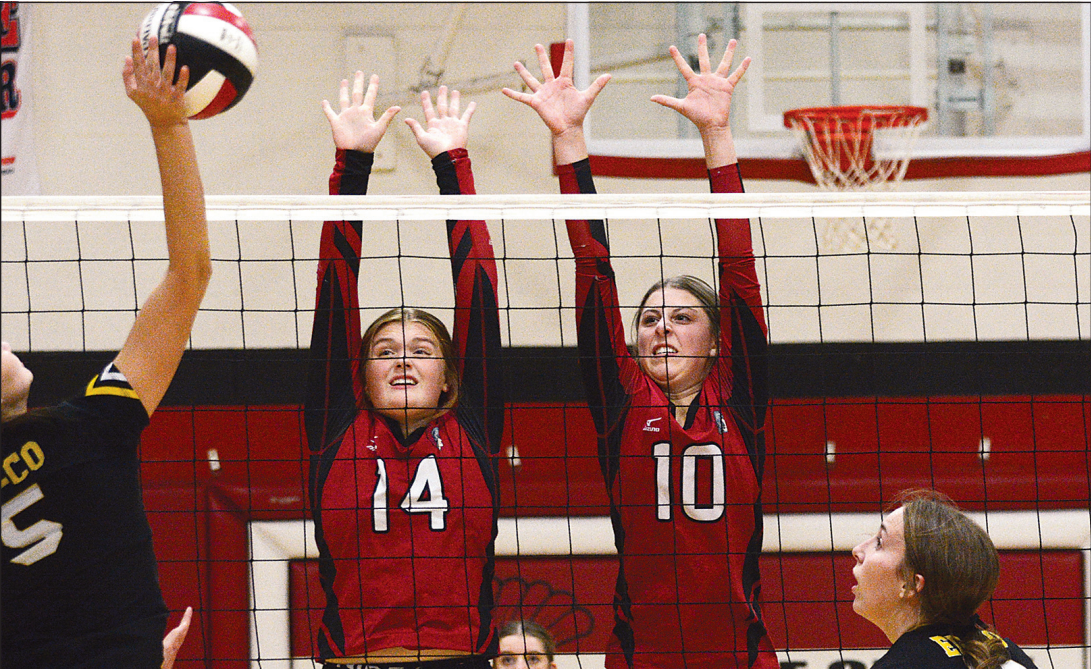
of things."

Cahoy led the balanced Chickasaws with 13 kills, Rochford added eight and Braelyn Rosonke had seven. The Chickasaws' two setters — Paige Steinlage and Molly Wegner — combined for 34 assists, and the defense was good enough as Elaina Rosonke led the way with three blocks while Cahoy added nine digs and Rochford and Aliya Wisner contributed eight apiece.

"We need to be better at the serving line," Geerts said after her team made eight service errors, compared to just four aces, "but I'm proud of them for finding a way to do what they had to do on a night where they weren't at their best."

NEW HAMPTON 3, CRESTWOOD 0		
Crestwood	23	17
New Hampton	25	25
NEW HAMPTON STATS		
Kills -	Marissa Cahoy 13,	Carlee Rochford 8,
Assists -	Paige Steinlage 20,	Molly Wegner 14,
Digs -	Cahoy 9,	Aliya Wisner 8,
Tank 4,	E. Rosonke 2,	B. Rosonke 2,
Blocks -	E. Rosonke 3,	B. Rosonke 2,
Serving -	Steinlage 15-16,	Wegner 14-16,
Wagner 10-10,	Cahoy 9-11,	Rochford 8-8,
E. Rosonke 7-9,	Tank 2-3,	Aces -
Wegner 2,	E. Rosonke 1,	Wisner 1.

Elaina Rosonke 5, Hailee Pesek 4, Paige Steinlage 2. Assists - Steinlage 20, Molly Wegner 14, Cahoy 1, Rochford 1. Digs - Cahoy 9, Aliya Wisner 8, Rochford 8, Steinlage 5, Jenna Tank 4, E. Rosonke 2, B. Rosonke 2. Blocks - E. Rosonke 3, B. Rosonke 2, Steinlage 2, Cahoy 1. Serving - Steinlage 15-16, Wegner 14-16, Wisner 10-10, Cahoy 9-11, Rochford 8-8, E. Rosonke 7-9, Tank 2-3. Aces - Wegner 2, E. Rosonke 1, Wisner 1.



Dorothy Huber/Tribune

Turkey Valley's Jacqlyn Schmitt and Kinsey Reicks (above) go up for a block attempt while Maici Weber (right) makes a pass as teammate Olivia Snyder backs her up during the Trojans' Class 1A regional match against Edgewood-Colesburg on Monday.



Trojans falter in regional opener

Turkey Valley season comes to an end with four-set loss to Ed-Co

By DOROTHY HUBER
dorhubernews@gmail.com

"They brought their 'A' game, we brought our 'B' game."

It's a simple statement, but there was a lot of emotion behind it as first-year coach Shelbie Balk came into the Turkey Valley gymnasium after talking to her players. It's normal for high school athletes to emerge from a post-game defeat — in this case a 3-1 Trojan loss to Edgewood-Colesburg Monday — with remnants of a good cry, but in this case, the redness around the eyes extended to the coach as well.

"I'm not going to lie, it was very emotional for

everyone after the game," said Balk. "We agreed that we tried our best today and that's what matters. Was it our best game? Absolutely not, but it is what we brought today."

Turkey Valley came into the first round of regionals with a 17-15 record while Edgewood-Colesburg was 14-19, tied for second place in the Tri-Rivers West conference with a 5-2 record.

The Trojans took an early lead in game one, with kills by Adriana Tiedt and Olivia Snyder helping the home team to a 6-4 lead. The Vikings kept it close as Clare Courtney had the serve with the TV girls down 21-19 and served to a 23-21

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KILLING IT!

Kelly Terpstra/Tribune

New Hampton’s Marissa Cahoy (above) beats the Waukon block attempt and puts down a kill while Paige Steinlage (below), who picked up her 500th career assist, sets up another Chickasaw attack during the first rounds of the Northeast Iowa Conference tournament.

CHICKASAWS DOUBLE UP WITH NEIC TOURNAMENT TITLE

By Kelly Terpstra
sports@nhtrib.com

Landmark moments are tough to come by. The New Hampton Chickasaw volleyball team marked off two of those boxes on their to-do list of marquee achievements this fall. The super exciting part is Jess Geerts’ Northeast Iowa Conference squad may not be done in its quest to reel in some more. Wining the regular season and postseason conference titles in the NEIC in the same year is no small task. Mission accomplished. New Hampton capped a storied run to go 10-0 in league matches to capture both crowns in 2022. The sweep was culminated by running through the gauntlet once more as the Chickasaws took down every league opponent to snare the postseason tournament this past Saturday in Waverly. Never before has New Hampton achieved this lofty goal in school history. “Check these off our goals for the season! The girls fight and keep battling, that is for sure, even when it is tough,” said



Geerts in her 17th season of leading the Chickasaws. New Hampton claimed the outright regular season NEIC title earlier this month in a

sweep at Waukon. Other key matches in NH’s journey to secure the league crown during the regular season came over Decorah in five games, another

er barnburner five-setter over league power Waverly-Shell Rock and taking down Charles City in four games. NH also swept Crestwood in league play. That conference title claimed by the Chickasaws was their first league championship since 2019. But to defeat those teams once more in the two-night postseason format is definitely icing on the cake. “It was one thing to win the conference, but to then get the tournament title too just added to the sweetness,” said Geerts. NH is now 23-14 and winners of its past seven matches in a row after disposing of Crestwood in the first round of Class 3A, Region 5 postseason play this past Monday. NH played No. 7 Osage (27-6) on the road Wednesday for the right to advance to the regional final. New Hampton is vying to get back to the state tournament for the second time in school history and first since 2018. No. 12 Dubuque Wahlert (13-17) and 14th-ranked Monticello loom on the bottom half of the bracket. The regional final is slated to be played on Tuesday, Oct. 25 at

SEE NEIC TOURNEY, 11

Cross country runners aim for trip to Fort Dodge
New Hampton heads to Oelwein, Turkey Valley off to Cascade for state qualifying meets

By Bob Fenske
editor@nhtrib.com

If New Hampton is going to break through and send a team — or better yet, teams — to the state cross country meet, the Chickasaws are going to have to pull off an “upset” today (Thursday) when they

head to Oelwein for the Class 2A state qualifying meet. At least, the latest Iowa Track Coaches Association’s rankings say so. In cross country, the top three teams and the top 15 individuals secure trips to state, and New Hampton is the fourth highest ranked team in both the boys and

girls fields at today’s meet in which the gun sounds at 4 p.m. Start with the New Hampton girls, who are led by eighth-ranked and Northeast Iowa Conference champion Campbell Kolbet. The Chickasaws are ranked 17th,

SEE XC, 12



Bob Fenske/Tribune

New Hampton’s Evan Knowlton (above) returns an interception while teammate Aiden Roberson (right) makes a great catch on a two-point conversion during the Chickasaws’ game at Clear Lake this past Friday.



Dorothy Huber/Tribune

Calvin Bodensteiner is already celebrating what he knows will be a “pick-six” by Turkey Valley teammate Chase Hayek during Friday night’s game against West Central.

Trojans finish running table in district play

Turkey Valley routs West Central, heads into playoffs on five-game winning streak

By Dorothy Huber
dorhubernews@gmail.com

Two hours and 105 points after the start of the Turkey Valley-West Central game Friday, the Trojans were the undisputed champs in 8-man, District 3 for the second straight year. The outright district winners will be awarded a first-round home playoff game when they take on Edgewood-Colesburg Friday at 7 p.m. The 73-32 TV win over the Blue Devils came after Turkey Valley seniors — including 11 football players — were honored on parents night. Three of those seniors put the first TV points on the board as Calvin Bodensteiner took a

28-yard pass from Noah Hanson for a touchdown and Carson Busta added a conversion catch. That gave the Trojans a slim lead as West Central had scored first, but the next two drives by the visitors were interrupted. Bodensteiner and Chase Hayek each had an interception, and Hayek — starting up the sideline and cutting to the middle — returned his 75 yards to score. The catch by Bodensteiner was his first of two touchdown grabs for the night; he scored another late in the half. He also had his eyes on a couple more pickoffs. “There’s one before Chase’s pick six I could have had, and me and Carson both had our

SEE TV FOOTBALL, 12



Treyton Hulbert (53) and Brady Fischer block for a Turkey Valley running back during Friday’s game.

New Hampton drops a thriller
Down 21-0, Chickasaws roar back but final drive comes up just short

By Bob Fenske
editor@nhtrib.com

Twelve hours after the clock struck “triple zeros,” the frustration in Brady Speltz’s voice still came through loud and clear. “We played a great last three quarters,” the New Hampton quarterback said, “but all that matters is the final score. ... And you can’t fall behind 21-0. You just can’t.” And that slow start cost the Chickasaws dearly as Clear Lake held off a furious last-minute Chickasaw drive to pull out a 35-28 win in the regular season finale for both teams. The loss - along with the margin of defeat - dropped New Hampton to Class 2A, District 3’s playoff fourth seed. A win would have secured a home playoff game for New Hampton, but instead, the Chickasaws will head to Waukon on Friday for a playoff opener with the District 4 champion Indians. “The kids obviously were down,” New Hampton coach Scott Frerichs said after his team fell to 6-2 and finished district play 3-2. “We talked to them about how we’re this close to being 8-0 and told them, ‘How you would feel then, would you care who we played?’ We need them to take that mindset into the playoffs.” Speltz concurred. “We know we can beat anyone,” he said Saturday morning, “but I guess we’ve learned that anyone can beat us, too, if we come out like we did last night.” The start against the Lions was, in a word,

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