

REMEMBERING ONE OF THEIR OWN

QUILTS OF VALOR
CHAPTER PRESENTS QUILT
TO LATE MEMBER’S HUSBAND

BY BOB FENSKE
editor@nhtrib.com

Kathy Ball lived a life of selflessness, and she was a mainstay with Quilts of Valor groups based in both Chickasaw and Howard counties for many years before she passed away earlier this year at the age of 70.

So this past Sunday, the Freedom Strippers, the chapter based in Chickasaw County not only handed out quilts to veterans but also presented Ball’s husband, Doug, a quilt that she had made. “I don’t know how many quilts she made, but it was a lot,” said Linda Kapler, the group leader of the Freedom Strippers.

“It was quite an emotional day. It always is when we do Quilts of Valor presentations, but to be able to honor her memory and present Doug a quilt she made, it meant a lot to us to be able to do it.”

Seven veterans were presented quilts and two of them went to the two children of Doug and Kathy Ball as Chad Ball and Lisa Cloninger received quilts that were pieced by their mother; in fact, Kathy Ball pieced several of the other quilts that were presented to veterans during the ceremony at Our Lady of Mt. Carmel Church in Lawler.

After the quilts were presented to the veterans, the Ball’s three children — Lisa, Chad and Jared — presented their father with a special quilt that was made by his wife.

“I don’t know if there was a dry eye there,” Kapler said, “but we wanted to honor Kathy and tell Doug and his family how much we appreciated Kathy’s passion for our program.”

Ball was a longtime custodian at Turkey Valley Community Schools and a dedicated church and community volunteer and her organizational skills helped the many organizations that she supported.

“She was always there whenever someone needed help. She always had a smile, and we miss her every day.”

The veterans who received quilts that are presented as a way of saying thank you for their service, sacrifice and valor included:

- Navy Hospital Corpsman Lisa Cloninger.
- Army Sgt. 1st Class Chad Ball.
- Army Nurse Corp 1st Lt. Linda Treloar.
- Army Spec. 5th Class Fred Stange.
- Army Spec. 4th Class Kipp Jones.
- Army Sgt. Kyle Balk.
- Army National Guard Spec. Zachary Neville.



The three children of Doug and Kathy Ball — (from left) Lisa Cloninger, Jared Ball and Chad Ball — present their father, Doug, with a quilt that was pieced together by Doug’s wife and the kids’ mother before she passed away at the age of 70 this past January.

The presentation took place during a Quilts of Valor ceremony that the Chickasaw County chapter Freedom Strippers held “in honor and in memory of our dear friend Kathy Ball,” who was a longtime volunteer with the organization that makes and presents healing quilts to our nation’s veterans.

Those who received Quilts of Valor Sunday take a moment to pose for a picture, and they include (front row, from left) Kyle Balk, Kipp Jones, Fred Stange, Linda Treloar, (back row) Zachary Neville, Chad Ball and Lisa Cloninger.

Photos courtesy of Ray Kapler

Protivin gearing up for Czech Days Aug. 19-21

Holy Trinity Parish in Protivin will be hosting its 44th annual Czech Days celebration Aug. 19-21.

Friday activities include the kickoff of softball and volleyball tournaments and a fireman’s

waterfall fight.

Polka bands will take center stage Saturday and will perform throughout the weekend, along with activities like a bean-bag tournament, an antique tractor show and car show and kids

games. A Czech mass will be held at 6 p.m., and a Polka Mass is set for 10:30 a.m. on Sunday.

There will also be plenty of homemade food, including Czech favorites like kolaches and rohlíčky.

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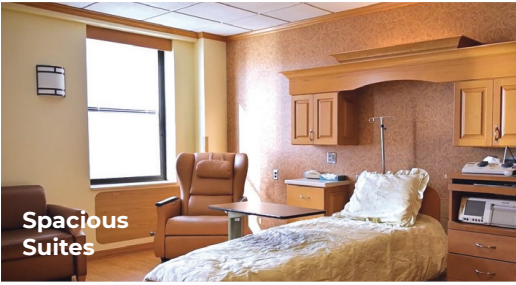
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Briefs

New Hampton Rotary Club to recycle computers Aug. 19

The New Hampton Rotary Club will hold its annual computer recycling program on Friday, Aug. 19. Club members will have a trailer parked in the Carquest parking lot near the intersection of Linn Avenue and Main Street and will accept all computers and accessories that will be recycled. The trailer will be open from 3 to 5 p.m., and Rotary Club members will be on hand to help residents, businesses and organizations unload equipment. Rotary members are reminding those that will use the recycling program that only computers, monitors and other accessories will be accepted.

Nashua-Plainfield instructor named Iowa History Teacher of the Year

The Gilder Lehrman Institute of American History earlier this week announced that it has selected Nashua-Plainfield instructor Suzy Turner as its Iowa History Teacher of the Year. Turner is entering her 19th year at Nashua-Plainfield, where she has served as the advisor for the school's powerhouse National History Day program. Since 2004, 960 exemplary American history teachers from elementary, middle, and high schools in all fifty states, Department of Defense schools, Washington D.C., and US territories have been named State History Teacher of the Year by the institute. The national winner—drawn from this pool of state winners and honored in a ceremony in New York City—will be announced this fall.



Turner

Carnegie presents annual Farewell to Summer concert Sunday

The Carnegie Cultural Center will hold its annual Farewell to Summer concert this Sunday at Mikkelson Park. The Tom and Betty Show will present their acoustic show that is known for its unique covers and original songs during the concert that is set to begin at 7:30 p.m. at the band shell. Totally Rolled Ice Cream will be available in the park between 6:30 and 8:30 p.m. The inclement weather location will be at the New Hampton Elementary School Auditorium.

Research Farm to hold Fall Field Day near Nashua Aug. 24

The annual Fall Field Day at the ISU Northeast Research and Demonstration Farm will run from 1 to 4:30 p.m. on Wednesday, Aug. 24. Lisa Schulte Moore, ISU professor of natural resource ecology and management, will kick-off the program, by providing her insights on carbon markets titled “Carbon Science for Carbon Markets: Emerging Opportunities in Iowa.” Erin Hodgson, extension entomologist, and Ashley Dean, education extension specialist, will discuss corn rootworm and resistance management. Bill Long, field agronomist with Pioneer, will discuss the new technology of stacked traits with RNAi (SmartStax PRO® from Bayer & Vorceed™ Enlist® corn from Corteva) for corn rootworm control. Dan Anderson, ag engineering specialist, will give an update on water quality research being conducted, including cover crops and manure trials. Steve Harris, department chair plant pathology and microbiology and entomology, will discuss the latest on sudden death syndrome in soybeans, treatments, and current soybean disease trends to be aware of for the 2022 growing season. The field day is free and open to the public. It starts at the Borlaug Learning Center Headquarters on the ISU Northeast Research Farm and Demonstration Farm. CCA credits will be available. For more information about the event, call Terry Basol at 641-426-6801; or Josh Michel at 563-581-7828.



Bob Fenske/Tribune

Sean and Adrienne O'Neill of Charles City may not have been married at the Little Brown Church, but they appreciated that they could reaffirm their vows at the famed church located near Nashua during its annual Marriage Reunion this past Sunday.

Pastor: Trust just as important as love

MARRIAGE REUNION: FROM 1

new to the area, but we've enjoyed becoming friends with Drew and his wife, and we really appreciate their words about marriage.” The 69th annual Marriage Reunion was much like the previous 68. Many of the couples in attendance said their “I do’s” at the historic church, but several, including the O'Neills, were married elsewhere but have found a bond in the “Church in the Wildwood.” For the O'Neills, Sunday's event with its reaffirmation of marriage vows was an early anniversary gift to each other. On Aug. 17, they will celebrate their 32nd anniversary. “It's a wonderful service,” Sean O'Neill said, “and the words we heard from Drew, the love we saw on the faces of the other couples, it was so meaningful to both of us.” THE MARRIAGES reaffirmed ran the gamut on Sunday. There was Howard and Patricia Elliott, who exchanged vows in the Little Brown Church on Jan. 31, 1953. They returned to the church where it all started 69 1/2 years ago and had the honor of ringing the bell at the end of the service. “It was a nice service,” Patricia said, “and you know, we still love each other after all these years.” The couple traveled to Nashua from the small town of Farragut, which is located in far southwest Iowa. “It's almost a 300-mile drive,” Howard said, “but it was worth it.” They were asked the secret to their long marriage and they both smiled and said in almost unison. “We listen to each other.” And then there was Paul and Carol Meyer of Cedar Falls, who were married at

the Little Brown Church on June 19, 2021. “We wanted to celebrate our one-year anniversary here,” Carol said, “and we certainly weren't disappointed. This place means the world to us.” Her husband agreed. “I know it wasn't that long ago,” he said, “but it was a great reminder of the best day of my life. And the pastor, well, what he said really hit home to me.” THAT PASTOR TAKES great care to present a good sermon no matter what Sunday it is at the Little Brown Church, but he has said in the past that on Marriage Reunion Sunday, he wants to reach his target audience — the couples who have come to his little church to reaffirm their vows. His sermon Sunday was short — less than 12 minutes, to be exact — but it built on what two of his favorite “philosophers” wrote in a song decades ago. Those two philosophers? “John and Paul,” i.e., John Lennon and Paul McCartney of the Beatles, who penned one of the band's most enduring songs, “All You Need Is Love.” But McHolm told the couples gathered that a successful marriage actually needs more than love. “You know what I found is the most indispensable element involved in love, without which the rest of it is just a waste of time? That's a thing called trust. If you don't trust, you really don't love.” And he said trust is really easy to build. “There's no great formula to it,” he said from the pulpit. “You know how you build trust? You make promises and keep them. ... When we make a promise and keep it, guess what it does? It builds more trust. And guess what more trust does? It builds more love.” So he asked those attending the service

— both longtime members of his congregation and some of the 77,000 couples who have said “I do” at the church over the years — to remember that there are three more words besides “I love you” that are important to any union. “You know what three words are just as important for your wife or your husband as those three wonderful words, ‘I love you.’ I think it's just as important if you look your darling straight in the eye and say, ‘I trust you.’ ... Because without one, you can't really have the other. It's not either or.” FOR EACH AND every couple, the little church in the Vale is special. Just ask Jason and Leslie Johannsen of Faribault, Minnesota. They were married at the church in 2019 and planned on attending the Marriage Reunion the following summer. But the pandemic had other ideas. “We came last year, we're here this year and we'll be here every year after this year,” Jason said. “This is a place that will always be special to us.” The couple had known each other for years — their children played sports and attended school together. They knew each other, but it took waiting together at a Wal-Mart checkout line to realize that they were meant for each other. “After that, the rest is kind of history,” Leslie said with a smile. “We came here, Drew married us and we've never looked back.” She and her husband were asked what they would remember the most about this particular Marriage Reunion, and Jason had a quick response. “What he said about trust, keeping your promises,” he said. “That's how a marriage has to work. ... And to hear it here, where it all started, that made it even more special.”



Kelly Terpstra/Tribune

An early end to the season

Amelia Meyer gets ready to hit the water after taking a ride down the plunge slide at the New Hampton Municipal Pool, which because of a shortage of lifeguards had to close for the season after Tuesday's open swim. Parks and Recreation officials, however, say those residents who need to cool off can still do so because the pool's Splash Pad will remain open from 9 a.m. to 9 p.m. until Labor Day.

Lots of rain but no flooding in the county

WEATHER: FROM 1

the county and a fire at a Reicks View Farms' finishing barn in southern Howard County may have been caused by a lightning strike. Reicks View officials in a press release said that “multiple local fire departments — [including New Hampton and Alta Vista] responded” and that “there was heavy damage throughout the building and no estimates are available at this time. No employees or firefighters were injured in the fire.” The press release went on to “thank the local fire departments and dedicated employees that responded to the fire.” Meanwhile, the storms caused the New Hampton Golf and Country Club to close Sunday and Monday to pick up sticks and limbs from the storms that produced heavy lightning and strong winds. But Chickasaw County avoided the heavy flooding that has plagued it in recent years. “I've talked to our deputies,” Chickasaw County Sheriff Marty Hemann said Sunday morning, “and thankfully, it looks like we avoided the flooding. We needed the rain, that's for sure, but it's nice we're not running around closing a bunch of roads.”

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Most difficult thing to say

Love requires that we say 'I am sorry' and 'I forgive you'

What phrase is just three words long but is one of the most difficult things to say?

You might be thinking, "I love you." But there is a phrase that is more difficult than that — actually two phrases. They are: "I am sorry," and "I forgive you."

"I am sorry" is difficult because of our pride. "I am sorry" means we have to admit that we messed up. We have to acknowledge that the choices we made or the things we said weren't good.

But we don't like to think of ourselves as anything but good. So we try

to deflect the blame: "He started it!" "It's not my fault!"

"I am sorry" makes us vulnerable. It gives up control of the situation. It puts us at the mercy of another. But it also gets rid of the heavy burden of guilt.

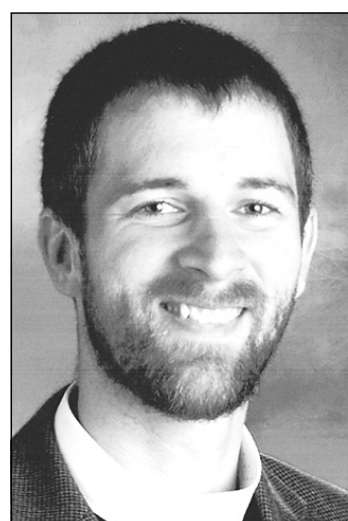
When we apologize, the burden shifts to those we offended. Now they have some decisions to make. They can deny the apology: "I will never forgive you!"

They can offer a benign response that doesn't settle the matter: "Let's just forget about it." "Try to do better next time."

Or they can do the hardest thing and say, "I forgive you." This is difficult because of our anger. We don't want to let others off the hook when they wrong us. But if we don't forgive, a burden of bitterness stays on us.

Jesus gave us a petition for all this: "Forgive us our trespasses, as we forgive those who trespass against us."

He forgives our countless sins, because they have all been paid for through His death on the cross. And He teaches us to share His forgiveness with those who sin against us.



Pastor Faugstad serves Redeemer Lutheran Church in New Hampton and the Jerico and Saude congregations northeast of town (<https://saudejerico.com/>).

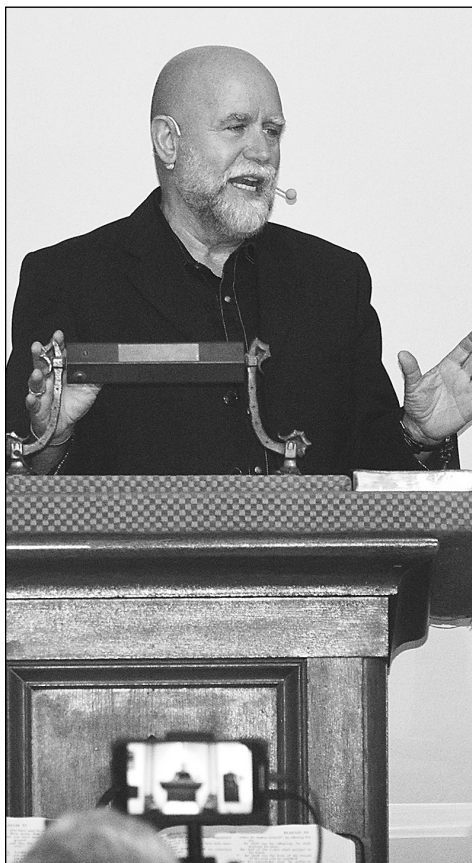
This is a very difficult task — apologizing and forgiving — but love requires nothing less.



Bob Fenske/Tribune

Celebrating marriage!

Howard and Patricia Elliott (above) celebrate 69 1/2 years of marriage by ringing the bell at the Little Brown Church's Marriage Reunion, where Pastor Drew McHolm (left) delivers a sermon on the importance of trust in every marriage and Lilah Slessor and Doralyn Bigelow (below) play a violin duet during the service.



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If you're like most people, your work has been a central part of your life. So, wouldn't it be nice to have the flexibility to decide when you no longer want to work?

Many people of retirement age have achieved this type of control. In fact, two-thirds of workers ages 65 and older say they work primarily because they want to, not because they have to, according to a 2021 study by Edward Jones and Age Wave. But that means that one-third of workers in this age group feel financially compelled to work. This doesn't necessarily mean they dislike the work they do — but it's probably fair to say they would have liked the option of not working. How can you give yourself this choice?

You can start by asking yourself these questions:

- When do I want to retire? You'll want to identify the age at which you wish to retire. You may change your mind later and move this date up or back, but it's a good idea to have a target in mind.
- What sort of retirement lifestyle do I want? When you retire, do you anticipate staying close to home and pursuing your hobbies, or do you hope to travel the world? Would you like to spend your time volunteering? Open your own business or do some consulting? Clearly, some of these choices will require more resources than others, so you'll want to follow a financial strategy that aligns with the retirement lifestyle you intend to pursue.
- Am I saving and investing enough? As you chart your course toward your retirement journey, you'll want to assess the sources of income you'll have available. If you think you may be falling short of achieving



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your retirement goals, you may need to consider saving more.

• When should I start taking Social Security? You can begin collecting Social Security benefits as early as 62, but your monthly payments will be much bigger if you wait until your "full" retirement age, which will likely be between 66 and 67. Your decision about when to take Social Security will depend on several factors, including your other sources of income and your family history of longevity. Of course, as you're probably aware, the Social Security system is facing significant financial stress, so it's possible that we may see changes to Social Security, based on actions Congress could take. In any case, you might want to be fairly conservative in estimating how much Social Security can contribute to your retirement income.

By addressing the above questions, you can get a clearer sense of when you might reach the point at which work is optional. But you'll also need to consider other factors, too, such as how much you enjoy working or when your spouse or partner is planning to retire. In any case, the sooner you start planning for this next phase of your life, the better position you'll be in when it's time to make the transition.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

Ambulance discussion goes nowhere

County still unsure how to proceed with hiring a consultant to get EMS service off the ground

By **BOB FENSKE**
editor@nhtrib.com

The sound of spinning one's wheels may not have been literally heard in the Chickasaw County Board of Supervisors meeting on Monday, but it most definitely was heard in the figurative sense.

Board members made little progress in getting a county-owned ambulance service off the ground Monday despite a more-than-40-minute discussion.

Instead, the supervisors, who voted on Aug. 3 to sign 28E agreements with six cities that obligates the county to start an ambulance service by Jan. 1, made no progress in hiring a consultant to help the county get moving on its EMS service.

County Attorney David Laudner told board members that he had talked to the State Auditor's Office and asked officials there if the county needed to hire a consultant through a bidding process.

"He said there has to be some forethought as to bidding and spending ... fair and reasonable and open competition," Laudner said, "[but] it does not eliminate a single-source option ... his big thing was documentation."

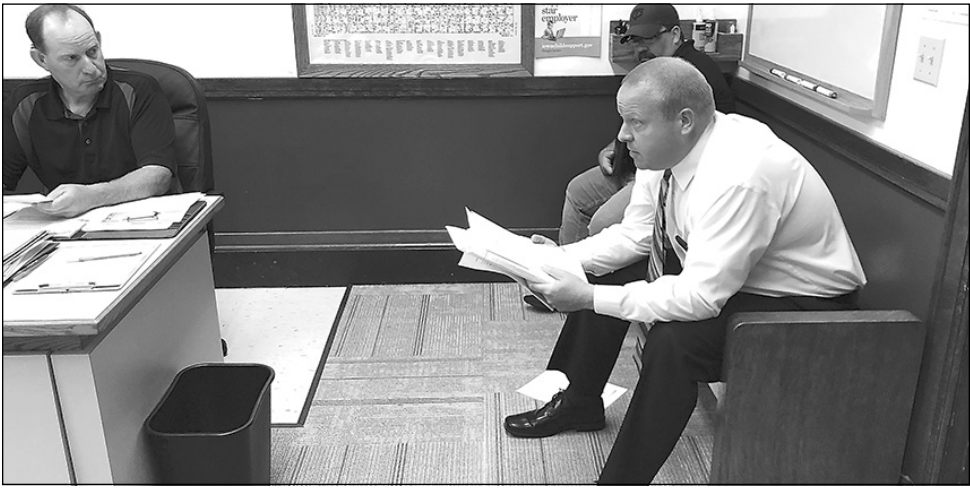
Three board members — Chairman Matt Kuhn, Jason Byrne and Steve Breitbach — are on record supporting a county-owned ambulance service. The plan is to use the county's American Recovery Plan Act (ARPA) funds to purchase the equipment and a building to house the service. Cities, meanwhile, that signed the 28E agreements will pay the county quarterly once the service is up and running.

Iowa Falls EMS Director Corey Larson, who helped the Ambulance Council with several budgets last month and did so for free, has offered to provide consulting services for \$22,500.

One of the sticking points, though, is that others have offered to do the same. Supervisor Jake Hackman pointed out that Fredericksburg resident Doreen Cook and Jeremy McGrath, the owner of Chickasaw Ambulance Service, have offered services.

And SafeTech Solutions, a company that did a feasibility study for the Ambulance Council earlier this year, has said that it would return to help the county implement changes for \$10,000 that would be in addition to the \$20,000 the council has already paid SafeTech.

"Personally, I don't think I want to



Bob Fenske/Tribune

Chickasaw County Attorney David Laudner explain options the county has when it comes to hiring a consultant to help the county start an EMS service.

go with SafeTech," Byrne said, "because we heard at the meeting, nobody was impressed with what they presented, nor was I."

McGrath, who offered to help get a new service running in his offer to sell the county his equipment and a building in New Hampton for a little more than \$1.7 million, said time is of the essence.

"The biggest issue is procurement or getting the equipment by Jan. 1," he said. "That puts you in the middle of November. You ought to have everything ready to go by Dec. 1. I think your biggest task right now is finding and hiring a director."

But to do that, the county wants a consultant in place.

Laudner suggested that the quickest way to that goal might be to contact SafeTech.

"One would suspect if you quoted this [offer by Larson] and asked them is this a reasonable price," Laudner said. "Since there is this nationwide company that has all this expertise, one would suspect they would be able to give you pretty good backing if you're out of line or in line."

The county attorney emphasized that supervisors don't have to go out for bid.

"What you have to do is prove that what you want to pay is reasonable," Laudner said. "How you do that is up to you."

Byrne again said that he's wary of working with SafeTech, especially since the county isn't going with the "size" of a publicly-owned service it recommended, and he took issue when Hackman brought up the idea that the service would lose money.

Supervisor votes no on EMS because not all are 'in'

AMBULANCE: FROM 1

their EMS service through the Chickasaw County Ambulance Council, which has a contract with the privately-owned Chickasaw Ambulance Service that runs through this Dec. 31.

Hackman said he voted no because not all of the cities had decided to join forces.

"I don't know how the county can start an ambulance service when not all county govern-

ment agencies are included," he said. "There are going to be a lot of issues in here ... The county service should be for all the county residents ... They're either all in or all out because it's going to come down to a finance issue — taxation without representation."

Byrne, though, said that he felt comfortable with the board's decision and Kuhn added that the absence of Nashua and Alta Vista from the county-owned

service wasn't because of a lack of effort.

"Eighty percent of the county wants to stay together," Byrne said, "Hopefully the other 20 percent joins in at some point."

"I think I did my part to try and work things out," Kuhn said and added after the meeting that "we did everything we could to get this going with the entire county but if it's having the whole county together and not having an ambulance or having most of the county together with an ambulance, that's an easy choice for me."

Earlier in the meeting, the supervisors discussed a proposal from Iowa Falls EMS Director Corey Larson to provide consulting services to help get the county-owned service up and running.

Kuhn said Larson would not charge the county for the work, including coming up with several different budgets for the service he has done in recent

weeks. But he would charge \$22,500 to perform 17 "scope of work" duties that included development of job descriptions, salary and wage recommendations, and assisting the county in obtaining the proper licenses and accreditations.

Chickasaw Ambulance Service owner Jeremy McGrath reminded the board that part of his offer to sell the county ambulances, equipment and a building he owns in New Hampton for a little more than \$1.7 million also included providing many of those same consulting services Larson is offering.

Supervisors, though, said they were worried about using American Recovery Plan Act (ARPA) funds without going through a bid process to hire a consultant.

"These are audit questions," Laudner said. "Sorry, I'm not trying to beg off, but this is not my area of expertise."



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Turkey Valley Area Calendar of Events



Monday, August 8, 2022
7:00pm
School Board Meeting

Thursday, August 11, 2022
FFA - Iowa State Fair Judging

Friday, August 12, 2022
FFA - Iowa State Fair Judging

Saturday, August 13, 2022
FFA - Iowa State Fair Judging

Sunday, August 14, 2022
FFA - Iowa State Fair Judging

Monday, August 15, 2022
FFA - Iowa State Fair Judging

Tuesday, August 16, 2022
FFA - Iowa State Fair Judging

Wednesday, August 17, 2022
FFA - Iowa State Fair Judging
Professional Development

Thursday, August 18, 2022
FFA - Iowa State Fair Judging
Professional Development
5:00pm- 7:00pm
Meet and Greet Night

Friday, August 19, 2022
FFA - Iowa State Fair Judging
Professional Development

Saturday, August 20, 2022
FFA - Iowa State Fair Judging

Sunday, August 21, 2022
FFA - Iowa State Fair Judging

Monday, August 22, 2022
Professional Development

Tuesday, August 23, 2022
1st Day of School
2 Hour Early Dismissal
Cross Country: High School J.V./Varsity
vs. Edgewood-Colesburg
@ Edgewood-Colesburg High School

Wednesday, August 24, 2022
2 Hour Early Dismissal

Friday, August 26, 2022
7:00pm
Football: Varsity Varsity
vs. Edgewood-Colesburg @ Edgewood-Colesburg High School

Monday, August 29, 2022
First Day of Preschool
6:00pm Football: JV J.V.
vs. Gladbrook-Reinbeck Jr/Sr High School
@ Turkey Valley High School Football Field

Tuesday, August 30, 2022
5:00pm Volleyball: High School Varsity
Tournament vs. Multiple Schools
@ New Hampton High School

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THIS YEAR'S FEATURED EQUIPMENT: MASSEY HARRIS

Saturday, August 13
Gates Open at 7 am
Draft Horse Demonstrations at 10am
Tractor Pull Starts at 4:00 pm
Bluegrass Music at Noon to 2:30pm

Sunday, August 14
Gates Open at 7 am - 4:30 pm
Sanctioned Kids Pedal Pull at 1:00 pm
Bluegrass Music at Noon & 2:00 pm
Raffle Drawing at 2:00pm

Outdoor Activities for Both Days
Grain Threshing • Straw Baling • Corn Shelling • Ensilage Cutting • Hay Loading • Wire Check Planting • Saw Mill Steam Engines • John Deere Press Baler Hit & Miss Gas Engine • Cross Row Cultivating Vintage Tractor & Equipment • Feed Grinding Kids Games • Blacksmith Shop

Flea Market Both Days

Food Stand on Grounds Both Days
Vendors Wanted for Flea Market - No Set Up Fee
For more information Call:
Chuck Stone (319)240-6312 or Roger Burgart (563)920-8522
Tractor Pull information Call:
Dustin Matke (319) 240-6380 or Roger Burgart (563) 920-8522

Almanac

	H	L	P
Wednesday	90	59	--
Thursday	81	60	--
Friday	85	63	--
Saturday	89	70	3.08
Sunday	80	61	.53
Monday	80	54	--
Tuesday	77	55	--

Forecast

Thursday: Mostly sunny with a high of 77 and a low of 58.

Friday: Partly sunny with slight chance of a shower; high 86, low 63.

Saturday: Partly sunny with a high of 86 and a low of 65.

Sunday: Mostly sunny but chance of a stray shower; high 82, low 63.

Extended forecast: Partly cloudy to start the work week and pleasant as highs will be in the upper 70s and lows will fall into the 50s.

Meetings

MONDAY

- Chickasaw County Board of Supervisors, 9 a.m., Courthouse Board Room.
- New Hampton School Board, 6:30 p.m., High School Media Center.
- New Hampton City Council, 7 p.m, City Hall.

History

- In 1919, Germany adopts the Weimar Constitution, making the country a republic.
- In 1934, a group of federal prisoners classified as “most dangerous” arrives at Alcatraz Island, a 22-acre rocky outcrop situated 1.5 miles offshore in San Francisco Bay, as the former military prison becomes a federal penitentiary.
- In 1952, Prince Hussein is proclaimed the king of Jordan after his father, King Talal, is declared unfit to rule by the Jordanian Parliament on grounds of mental illness
- In 1972, the last U.S. ground combat unit in South Vietnam, the 3rd Battalion, 21st Infantry, departs for the U.S.
- In 2014, Robin Williams, the prolific Oscar-winning actor and comedian, dies at the age of 63 by suicide.

Birthdays

- Film star Chris Hemsworth turns 39.
- Podcast host Joe Rogan turns 55.
- Former Kansas City Royals star pitcher Bret Saberhagen turns 58.
- Famed professional wrestler Hulk Hogan turns 69.
- Steve Wozniak, who along with Steve Jobs founded Apple, turns 72.
- Ethel Kennedy, the wife of the late Bobby Kennedy, turns 94.

Corrections

- The Tribune wants to make sure all information it presents is accurate and correct.

If you see an error, please call Editor Bob Fenske at 641-394-2111.

Tribune

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Chris D. Pitz, 51

Chris D. Pitz, age 51 of Elma, passed away of natural causes on Tuesday, July 5, 2022.

Visitation was held from 4 to 7 p.m. on Saturday, Aug. 6, 2022, at Conway-Markham Funeral Home in Elma.

Burial will be held at a later date.

Online condolences may be left at www.conway-markham-fh.com. Memorials may be directed to Chris’ family.

Chris Dale was born July 5, 1971 to Ray and Paulette (Howe) Pitz in Sumner. He attended and graduated from Turkey Valley High School in 1990.

After completing his education, Chris began working for Hillandale Farms and Feather Lite for a number of years. Chris eventually worked for McNeilus Truck and Manufacturing as a welder in Riceville.

He made his home in Cresco, with his son, Chris Jr. While in Cresco, Chris met Karla Crain and the two of them hit it off. As they built their life together,

Chris welcomed Karla’s sons, Jonathon, Ryan and Charlie. Together they moved to Elma in 2009.

Chris was passionate about hunting and fishing and also enjoyed four wheeling and wood working. He had a joyous heart and loved practical jokes. Chris was a member of the Elma Sportsman Club.

Chris will be deeply missed by the love of his life, Karla Crain of Elma; his son, Chris J. Pitz of Cresco; his stepsons, Jonathon (Lisa) Crain of Elma, Ryan (Jennifer) Crain of Hesper, and Charlie Crain of Elma; his grandchildren, Sophia, Jace, Slade, and Zander “Bear;” his siblings, Shelly (Kerry) Glock, Karen Tieskoetter, Gary (Ann) Pitz, Teri (Ty) Blaylock, and Rusty (Laura) Pitz; his parents-in-law, Don (Cheryl) Numedahl of Decorah; his faithful pup, Lacey; and numerous nieces, nephews and extended family.

He was preceded in death by his parents, Ray and Paulette and granddaughter, Jayden.

Property Transfers

James Gebel and Eileen Gebel to Aaron Johnson and Gretchen Johnson; E1/2 NW SE SW 21-97-12 W1/2 SW SE SW 21-97-12 W1/2 NW SE SW 21-97-12

Richard A. Grandy EST, Joan Halverson Schmidt COEX, J. Halverson Schmidt COEX Joan Halverson Schmidt COEX and J. Halverson Schmidt COEX, J. Halverson Schmidt COEX and Angela Schroeder COEX to Kevin Leo Zwanziger and Gail Lynne Zwanziger; S1/2 SW 33-94-14.

Josh Sinnwell, Joshua L. Sinnwell, Heather Sinnwell and Heather A. Sinnwell to Sinnwell River Grand LLC; PARCEL 2021-75 SE SW 12-94-14.

Kathleen M. Shekleton to Paula Duff; PARCEL 2022-12 NE NE 32-95-12.

Charles E. Jones EST and Joaquin Jones EX to Julie M. Winters; SE NW SW 09-94-14 BRADFORD SAMPLES ADDITION Block: 5 BRADFORD SAMPLES ADDITION Block: 6 BRADFORD SAMPLES ADDITION Block: 7 BRADFORD SAMPLES ADDITION Block: 8 VACATED STREETS NW SW 09-94-14.

Charles E. Jones EST and Joaquin Jones EX to Joaquin Jones, Janie Jones Remsburg, Jamie Jones Remsburg, Jane E. Jones Remsburg snd Jane E. Jones Remsburg; NW EX NE SE 09-94-14 EX SE NW 09-94-14 S30’ BRADFORD ANDREWS ADDITION Block: 7 BRADFORD SAMPLES ADDITION Block: 3 EX BRADFORD SAMPLES ADDITION Block: 4 FORMER RD BRADFORD SAMPLES ADDITION VACATED STREETS BRADFORD ANDREWS ADDITION.

From the week of Aug. 7 1947 (75 years ago)

- There were a thousand bathers in the New Hampton Municipal Swimming Pool last Sunday, according to the manager L.H. Shillinglaw. The crowd was made up of children of all ages, as well as grown men and women. The crowd seemed to be from far and wide, but most of them were from New Hampton.
- The Athletic Park was an interesting place also on Sunday with the baseball game and picnickers. The heat of 97 degrees on Sunday brought many and the heat on Monday, also 97, brought many bathers again, but not so large a crowd as on Sunday.
- On sale at Corner Grocery: Peas or Corn, \$2.75 per case; Decker’s Bacon Squares, wrapped, 39 cents per Lb.; Pork & Beans, 2 cans for 27 cents; Pickles, 25 cents per quart; Cheese, 69 cents per Lb.; Cottage Cheese for 19 cents; and Napkins, 10 cents per package.

1972 (50 years ago)

- The New Hampton’s Parachute Club will be shooting for a state “first” as host to an “Open Jump” here this weekend. One of the most active parachute clubs in the state, the New Hampton group hopes to have the New Hampton Municipal Airport the scene of the state’s first formation of an “Eight Man” free fall formation.
- Present plans call for a quartette of local jumpers to from the nucleus of the Eight Man attempt, Lyle Northrup, his sons Brad, 17 and Lowell, 15, and Pat Morrissey. The remainder of the jumpers to join in the effort will be selected from a group of visiting participants. At least 40 skydivers are expected to be on hand.
- Around New Hampton: A & W, Chili Dog, first one regular price, second one, 1 cent; Mike and Moni’s Queen Castle, 3 Malts (regular 40 cents) or 4 Sundae (regular 35 cents) for \$1.00; Hotel Chickasaw, Every Tuesday, All You Can Eat, Buffet Supper, \$2.00; Brite Spot in Lawler, Sat. Aug. 12 Chicken Bar-B-Que and Live Music by L & M; Crystal Ball Roller Rink, Free Roller Skating, Thursday, Aug. 10 from 7:30-10:30, sponsored by Mr. Tange and Mr. G.C. Wiegand.

1997 (25 years ago)

- LCPL Jason P. Denner and LCPL Ryan J. Denner are stationed with the United States Marine Corps in Okinawa, Japan.
- Both men are currently stationed in the same base in Okinawa. Jason was home the last week in May visiting friends and family before reporting for duty on June 1. He will be spending six months of duty there.
- Ryan was home on a 30-day leave in July and reported on August 1. His tour of duty will be one year. Jason and Ryan are the sons of Jan Manson and Larry Denner, New Hampton.
- Mark Folkers, son of Dean and Wanda Folkers, will be playing baseball with the Charles City Stars in Charles

Dale Joseph Rosonke, 62



Dale Rosonke

Dale Joseph Rosonke, age 62 of New Hampton, died Friday, Aug. 5, 2022, from injuries sustained in an accident.

A Mass of Christian Burial was held at 10:30 a.m. Wednesday, Aug. 10, 2022, at Immaculate Conception Catholic Church, North Washington, with the Rev. Ken Glaser celebrating the Mass and the Rev. James Goerend con-celebrating.

Interment was in St. Mary’s Cemetery, North Washington.

Friends greeted the family from 4 to 7 p.m. Tuesday, Aug. 9, 2022, at the Hugeback-Johnson Funeral Home & Crematory in New Hampton where there was a 7 p.m. Parish Scripture Service. Visitation continued an hour prior to Mass at the church on Wednesday.

In lieu of flowers, monetary donations will be gifted in Dale’s memory to the Chickasaw County Cattlemen, Chickasaw County Pork Producers, Chickasaw Wrestling, and New Hampton FFA Alumni.

Dale was born on March 30, 1960, to Glen and Mary (Lynch) Rosonke in New Hampton.

The oldest of the Rosonke’s six children, Dale found his passion and love for farming at a young age. He and his siblings helped his parents with chores on their farm west of New Hampton, and Dale was hooked on being a farmer for his entire life.

He attended school in New Hampton, where he wrestled and was part of FFA before graduating with the Class of 1978 at New Hampton High School.

In addition to farming, Dale worked several jobs after high school, but his heart belonged to the land and to his family.

He met Linda Glaser at a dance in Alta Vista, and the rest is history. They began dating, fell in love, were married on September 17, 1988, and settled on the farm, where they raised crops, cattle, and hogs.

The Rosonkes were blessed with three children — Hannah, Nathan and Jonas — who fondly remember growing up with a father who was a hard-working family man, one who had a deep and abiding faith in God. The kids spent countless hours with Dad in the cattle yard, and they remember it didn’t matter if a blizzard was raging, they were going to church every week.

Dale began every day telling his family “good morning” and ended every night wishing them “good night.” It was little things like that, that made him a special husband and a wonderful father.

He was a great dad, but he was an even better grandpa to Cutter, who had Grandpa wrapped around his little finger, and we’re sure grandson No. 2, who is due later this month, would have done the same.

Dale enjoyed working on his farm, deer hunting, playing cards, and spending time with his family and friends. He had a great sense of humor, was known to pull a prank or two and his competitiveness in card games like “Spoons” was legendary. And he had a love for animals — from his cattle to his dog Bourbon to the farm cats. Dale loved going on Ranger rides with Bourbon, and he always let his daughter know when there was a new litter of cats on the farm.

He was a member of the Good Shepherd Catholic Cluster and attended Mass at Immaculate Conception in North Washington and St. Boniface in Ionia. Dale was active in both the Chickasaw County Cattlemen’s Association and the Chickasaw County Pork Producers and he also was involved in the New Hampton FFA Alumni chapter.

This is a very tough goodbye for all of us who knew Dale, especially his wife of more than 34 years, his children, Cutter and the grandchild on the way, and all those other family members and friends whose lives were touched by him. Dale gave us so many wonderful memories, and we know that his faith tells us today he is in Heaven, waiting for the rest of us. We will miss you dearly Dale and thank you for making our lives better because we knew and loved you.

Dale is survived by his wife, Linda; three children, Hannah (Nic) Flood of Mason City, Nathan Rosonke of Coralville, and Jonas Rosonke (Alyssa Tiedt) of New Hampton; grandson, Cutter Flood and another on the way; siblings, Charles Rosonke of New Hampton, Judy Wedeking of Plainfield, Karen (Larry) Hrdlicka of Schley, Paul Rosonke (Cheryl Anderson) of Alta Vista, and Dean Rosonke of New Hampton; father-in-law, Joe Glaser of New Hampton; and sisters- and brothers-in-law, Bev (Norman) Brus of Waverly, Diane (Dan) Sumner of New Hampton, Steve (Shirley) Glaser of Nashua, Chuck (Nancy) Glaser, Phil (Theresa) Glaser all of New Hampton, Rev. Ken Glaser of Cedar Rapids, Jerry (Diane) Glaser of Prior Lake, MN, Ed (Lynn) Glaser of Dubuque, and James (Janet) Glaser of New Brighton, Minnesota.

He was preceded in death by his parents; his mother-in-law, Phyllis Glaser; brother-in-law, Rodney Wedeking.

It’s been five years all ready?

Dr. Jack Kline (above) delivers the message at an ecumenical church service while a young child gets a chance to meet Percy (below) in August 2017, when what is now MercyOne New Hampton Medical Center held a huge party to celebrate the 100th anniversary of its founding.



City for the nine year old Little League World Series.

There will be 15 different state attending this World Series which will include Hawaii and Puerto Rico.

2012 (10 years ago)

- As Nashua-Plainfield Community Schools head back to class on Aug. 16, the school district will be in the midst of two major projects.
- While the \$4.5 million building projects that will add a new middle school and science wing to the current high school and lead to a new wellness center won’t be completed until next year, school officials are busy preparing for the final implementation of the district’s 1:1 computer project.
- All students in grades 7-12 will receive a laptop this fall that they will be able to use at school and take home with them.
- Colonial Manor of Elma was presented an award before family, community members and state officials.
- The long-term care facility was presented the 2012 Iowa Governor’s Award for Quality Care. Lt. Governor Kim Reynolds congratulated the nursing home and the town on the award.

2017 (5 Years ago)

- Mercy Medical Center-New Hampton celebrated its 100th birthday this past weekend with a three-day party.
- Current and former staff members held a picnic Friday, the hospital threw its employees and the community



members a party on Saturday and hospital tours and a mass were held Sunday morning.

Scores of peoples earned the right to wear a “My Story Began Here” button, which was handed out to all those born at either St. Joe’s or Mercy.

An ecumenical church that featured a sermon by Dr. Jack Kline was also held on Saturday that included the Memorial Butterfly Release.

- Ryan Gorman played in the Iowa Baseball Coaches Association’s All-Star Series last week. He didn’t get to play

all nine positions like he did during New Hampton’s banner 2017 season, but “Mr. Utility” had the time of his life.

Gorman played for the Small School East team that finished second to the Small School West in the four-team series, the 2017 New Hampton graduate played a host of positions. When the team finished the last of its four games, Gorman spent time as a pitcher, catcher, second baseman, right fielder and left fielder. His team went 2-1 in its first three games before falling in the title game.

2021 (1 year ago)

- This past weekend, Ionia, the small Chickasaw County city where Fun Days is an annual tradition, but took a double meaning in 2021.
- The Little Town with the Big Welcome threw a big party Friday and Saturday as it not only celebrated its annual festival but marked its 130th birthday.
- The city’s population on Saturday morning for the “2-Way Parade” was way more than the 275 or so the Census Bureau estimates live in Ionia.
- The annual celebration featured plenty of activities ranging from live music to kid’s games to a cow show to a softball tournament. Ionia’s Birthday Bash was held Saturday which included free birthday cake to celebrate Ionia’s incorporation back in 1891.
- *News Bits From Our Past are compiled by the Tribune’s Terri Josephson*

Supervisors move ahead with selling East Main office building

SUPERVISORS: FROM 1

were interested in the position. “I did ask Donna, I did ask Laura,” he said, “and both denied the appointment to me. Just to throw that out there, I did try to fill from within.” Shekleton said she has a wide variety of experience that she will bring to the office. She provides accounting services to a variety of customers, works with her husband Brad on their feeding cattle farm and has taught college accounting courses at Kaplan University, Northeast Iowa Community College and Upper Iowa University.

The Shekletons have two grown sons — Garrett and Shane — and two grandchildren. Shekleton said she’s interested in keeping the auditor’s office after November’s election, saying she will seek the nomination for the seat at a special county convention that is slated for this weekend. “I’m excited to start and contributing to the betterment of our county,” she said, “and my focus right now will be to get up to speed. My focus — no matter how long I have the job — is to do what’s best for our county.” Later during Monday’s meet-

ing, supervisors elected not to go into closed session and instead, discussed the possible sale of a building and land the county owns at 910 E. Main St. in New Hampton publicly. The county has been approached by a company that would like to purchase the land for \$100,000, and both Board Chairman Matt Kuhn and Hackman said company officials said the location would become the home of a second Dollar General store in New Hampton. Hackman said he felt the price was a good one and that the county should take it.

“The No. 1 comparison is the old Dungey’s Furniture location that sold in 2021 for \$135,000, the new site of Hometown Dental,” Hackman said. “That’s approximately 1.9 acres, though. Ours is 0.8.” Hackman added that “we have to take care of the organizations in there. ... but I think \$100,000 is a fair offer. ... It would add to the tax roll and a lot more potential sales tax.” Kuhn at first expressed reservations, saying “that \$100,000, I understand they don’t want the building, but I would think that would be worth more than just a lot.”

He also pointed out that a decision to move forward with selling the East Main Street property could affect how the county proceeds with selling the Heritage building. “I think that process is going to take a little time, but the 22nd is when we open bids on the Heritage,” Kuhn said. “I think that needing more office space ... is going to put a spin on that building, at least for me.” In its request for bids, however, the county has reserved the right to reject all bids, and Hackman said he felt it was important that the county move forward, especially since technically the offer on the East Main building expired Tuesday night. County Attorney David Laudner said he believes the

potential buyer understands that the Board of Supervisors must follow Iowa law and that a sale couldn’t be completed in a matter of days. “I would put together a resolution that you intend to accept this offer and then vote next week to approve that resolution,” he said. “They’re aware what your requirements were and how the time frame worked.” Board members then voted to direct Laudner to draw up the resolution and also voted to hire HRS Surveying to survey the land because an adjacent property may “encroach” on the county’s property. “Once we have the survey, we can clean it up from there,” County Assessor Ray Armel said.

County to open Heritage for tours this Friday morning

The Chickasaw County Board of Supervisors reminded those who are interested in purchasing the Heritage building and its adjacent property that the facility will be open Friday morning. Those interested in bidding on the property can visit the building that is located on 16 acres of ground the county is considering selling between 9 a.m. and noon. The county has set a deadline of 4 p.m. on Friday, Aug. 19, for bids to be submitted to the county’s Auditor’s Office, and the Board of Supervisors will consider the bids at its meeting on Monday, Aug. 22.

Legal Notice

ORDINANCE No 2022-1
AN ORDINANCE AMENDING THE CODE OF ORDINANCES OF THE CITY OF ALTA VISTA, IOWA 2008 BY AMENDING PROVISIONS PERTAINING TO ELECTRIC RATES BE IT ENACTED by the City Council of the City of Alta Vista, Iowa:
Section 1. Section 110.05 of the Code of Ordinances of the City of Alta Vista, Iowa is repealed and the following adopted in lieu thereof:
110.05 Rates. The rates for electric service shall be as follows:
(Code of Iowa, Sec. 384.84)
1. Electric Rates— All customers
2. Base Rate. \$10.00 each meter per month
3. \$.0125 per kilowatt
Section 2. SEVERABILITY CLAUSE: If any section, provision or part of this ordinance shall be adjudged invalid or unconstitutional, such adjudication shall not affect the validity of the ordinance as a whole or any section ; provision or part thereof not adjudged invalid or unconstitutional.
Section 3. WHEN EFFECTIVE: This ordinance shall be in effect from and after its final passage, approval and publication as provided by law.
Passed by the Council the 1st day of August, 2022.
s/ Frank Burke, Mayor
s/ Jarrett Holthaus, City Clerk

No. 22243
08/11/22

You're invited
St. John's Pleasant Hill
GRILL ON THE HILL
10009 Union Avenue
Rural Nashua

*Saturday,
August 13th, 2022
Serving from 5-7 p.m.*

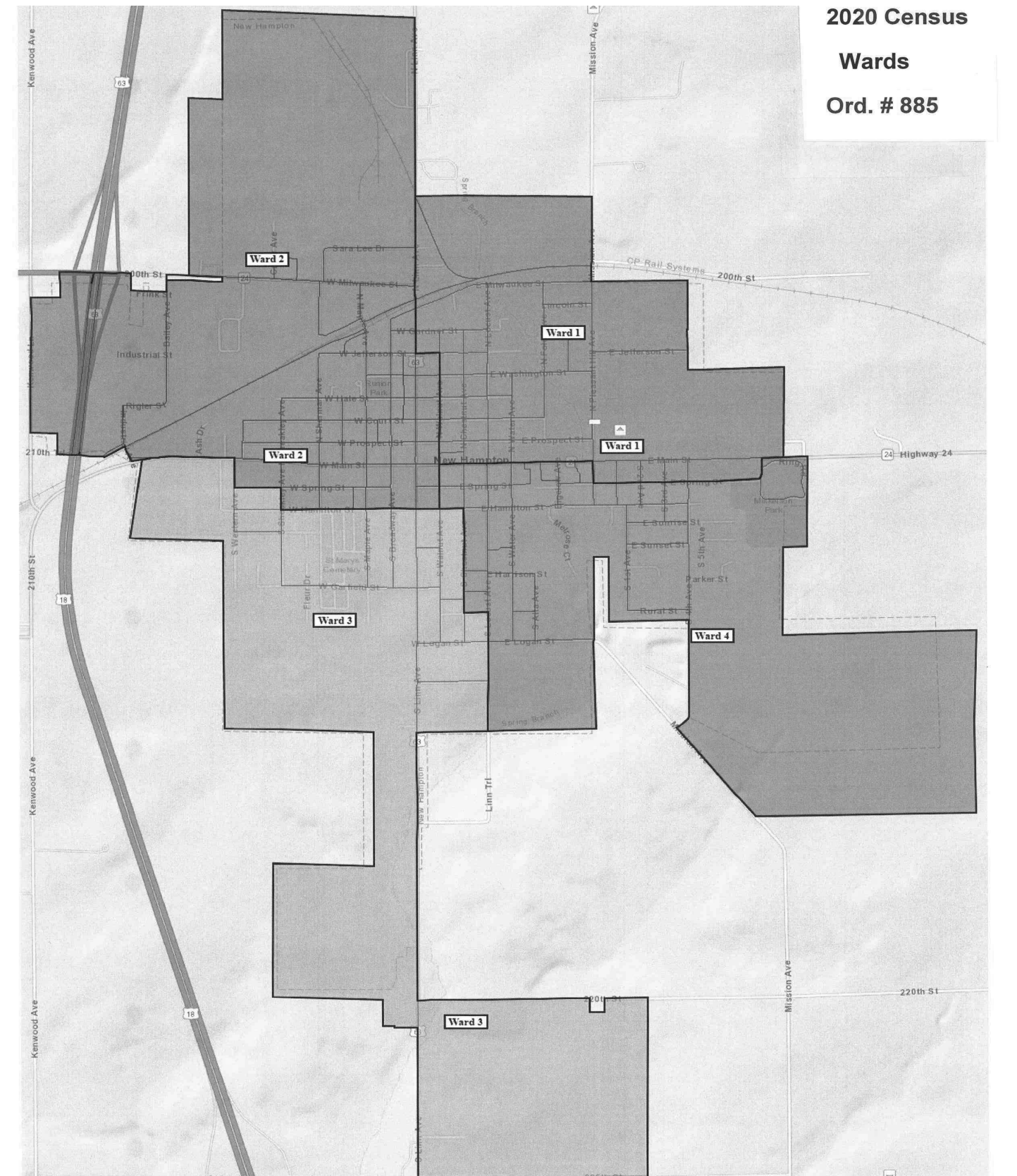
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The City of New Hampton is required to publish the redistricting map once the 2020 Census is complete and prior to the next general election. The map outlines the four wards for City of New Hampton residents. A residents' ward may have changed from the 2010 census. The map can also be viewed on the City of New Hampton's website at www.newhamptonia.com.



2020 Census
Wards
Ord. # 885

I want to thank the MercyOne New Hampton Medical Center staff during my recent surgery. I received very good care from Dr. Rad, his surgical team, Dr. Kline, the hospital nurses, the support crew and therapy crew. Also thanks to my family, friends and church members for cards, phone calls, flowers, food and transportation when needed.

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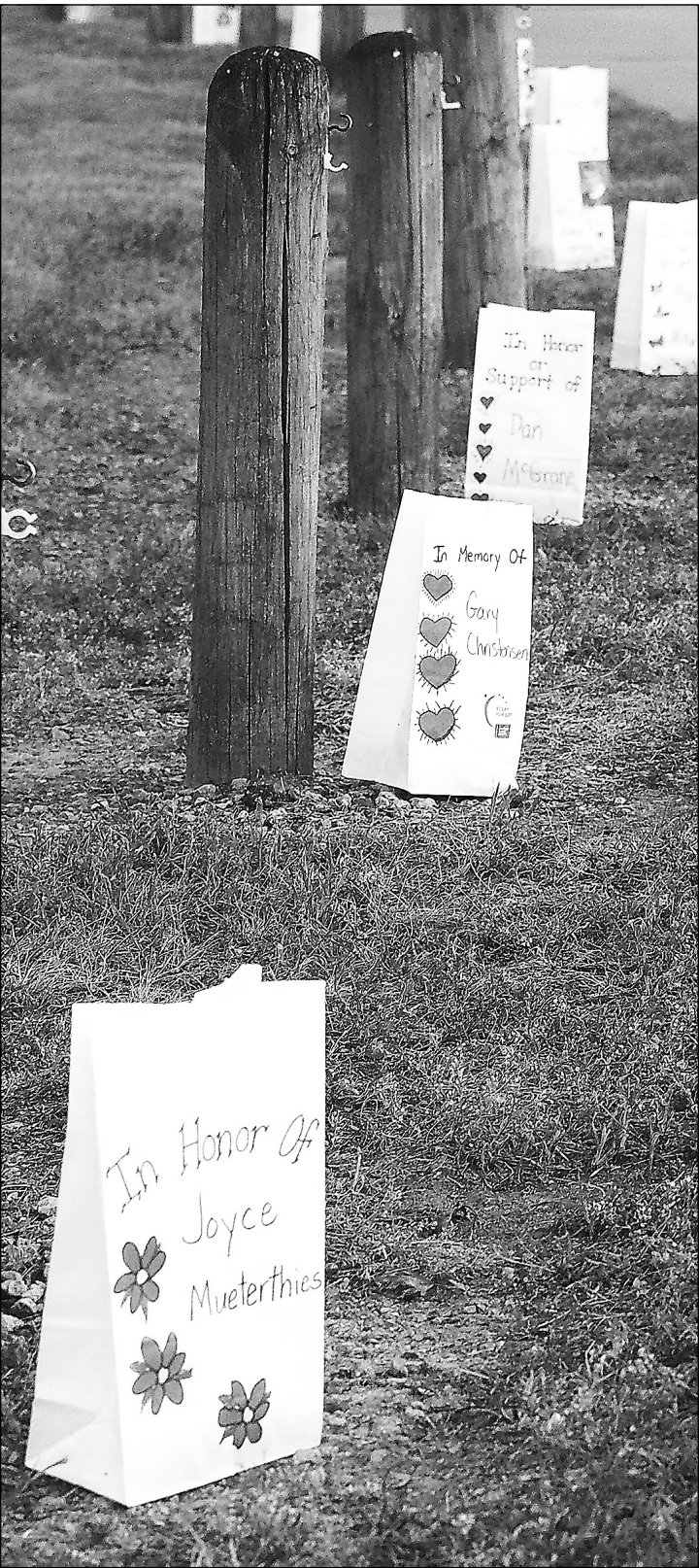
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Luminary bags that both honor cancer survivors and memorialize those lost to the disease line Mikkelson Park’s Ring Road during last week’s Relay for Life.

Briefs

Mobile Food Bank to distribute next Thursday

The Northeast Iowa Mobile Food Bank will make its monthly stop in New Hampton next Thursday. The distribution will take place at Trinity Lutheran Church and all food insecure residents of the county can pick up items between 4 and 5:30 p.m. Those who would like to help with the distribution should report to the church by 3:30 p.m.

Bethel dean’s list

Lydia Gessner has been named to the Bethel University dean’s list for academic excellence for the spring 2022 semester. She is the daughter of Shirley Gessner from New Hampton. The dean’s list honors all Bethel full-time students who achieve an outstanding scholastic record during a semester with a grade point average of 3.6 or greater on a 4.0 scale.



Kelly Terpstra/Tribune

Chickasaw County Relay for Life Committee member Lacy Carolan (above) talks to the crowd during the Relay for Life opening ceremonies while Gloria Parks, Jeannie Douglas and Muriel Meyer (below) take a lap around Ring Road last Thursday.

Relay goal is to KO cancer

Annual event raises more than \$25,000 for the American Cancer Society

By KELLY TERPSTRA
sports@nhtrib.com

The reason Lacy Carolan stood in front of the band shell’s microphone at Mikkelson Park on Thursday in New Hampton was simple. She, like millions of other devotees of an incredibly important cause, wants to knock out cancer. That difficult journey to eliminate and find a cure for an ever-adapting adversary starts with showing you care and perhaps most important of all – being there for a loved one that may be dealing with more than they can handle after a recent discovery of cancer.

“It shows support – No. 1, you’re not alone,” said Carolan. “No. 2 – there are services available to help you get through this process if you are unfortunately the one that got diagnosed or the one that is going through this battle.”

Cancer accounts for 1 in 4 deaths in the United States according to the American Cancer Society.

Carolan, a committee member on Chickasaw County’s Relay for Life, addressed the audience that attended the American Cancer Society fundraiser – many of the participants wearing purple-colored shirts to signify they have survived cancer’s onslaught.

Those survivors of cancer’s gruesome grip that came to the ceremony near the eastern outskirts of New Hampton, are living and breathing testaments that one can defeat cancer.

“Together we can make a great impact to save lives and that’s why we are here today,” said Carolan.

While those successes and triumphs over cancer are



inspiring stories of perseverance and persistence to stay alive – sometime against long odds – the obvious does need to be stated. It’s why the fight is even more critical than ever in many people’s minds. Cancer is still killing at an alarming rate. The dreaded disease is the second-most common cause of death in the U.S., exceeded only by heart disease.

“It is a worthy opponent to say the least. It has a formidable nature, a resourceful manner and destructive appetite,” said Carolan. “But it will never have what we have. We have an advantage over cancer because of the generosity of people like you. You have courage, hope and empathy and determination.”

Hannah Mitchell is the Senior Development Manager for the American Cancer Society. She oversees Chickasaw County and many of the counties in northeast Iowa that are helping funnel time, energy and money into turning a disease – that is as pervasive as it is equally destructive – into a much more

treatable form. The end goal is to wipe out the affliction altogether.

That’s motivation to keep going for millions of people dealing with cancer across the nation that know they have allies in their corner.

“You can make it through. It gives them the sense of hope that they need. That at the end of the day, sometimes that’s it. Sometimes that’s what keeps them getting up every single day,” said Mitchell.

The statistics surrounding cancer are not only daunting – but scary at the same time. Mitchell said 1 in 3 men – and 1 in 2 women – will be diagnosed with cancer in their lifetime.

Carolan and Mitchell continue to push on through. It’s that unrelenting drive that has already helped raise over \$25,000 for the Chickasaw County Relay for Life.

“It’s all about getting the awareness out there and raising the funds for the research and the things that need to be done,” said Carolan. “It’s still impactful. Any funds, anything

raised, is important – whether it’s \$100,000 or it’s \$1,000.”

Carolan, who lost her mother, Nita Geerts, at the age of 54 to pancreatic cancer in 2013, said those caring for a cancer patient are also offered tremendous backing by Relay for Life.

“There’s also so much support for the caregivers,” said Carolan. “It’s not only just about the people who are actually fighting the disease – granted they’re doing the hard work – but us people that are left behind. Or the one’s that are watching our loved ones suffer – they need to realize that there’s support for them, too.”

Carolan, who has been involved with the American Cancer Society for over 10 years, also lost her grandmother, Rose Kerkove, at 92 years of age. Kerkove passed away due to brain cancer this past June.

Attendees of Thursday’s ceremony took part in a “survivor meal” at 5 p.m., followed by a community meal and a closing ceremony. There was also live music being played and several sponsors’ booths set up in the park. Of course the evening wound down with a lighting of the luminaries, which helps memorialize and honor those that have lost their fight against cancer or are in the midst of it. Several of the luminaries also had personal messages on the bags that lined the walkway at Mikkelson Park.

“The goal of Relay for Life is really to bring our community of survivors and their caregivers out so that they can have a night just to celebrate them and their survival,” said Mitchell. “So that they can have that chance to have that sense of camaraderie – that they are not alone in this journey and that there are people just like them.”

Prayers lead the way to tent revival meetings

By LYDIA GESSNER
Of the Tribune

As Landon Edminster and Aaron Severs walked the trails of Mikkelson Park last spring, they talked about life and about faith.

As the spring breeze brought the scents of new life, they bowed their heads to pray in one of the park shelters, praying that God would move through their shared vision.

“To pray that we would not act in our strength, but in the power of God,” Severs said. “Because if we had acted in our own strength, this could have easily come to naught, could have been a waste, and we recognize conversion of souls, the salvation of souls is something only God can do.”

“But God asks us to serve Him, just like a king doesn’t pave the roads,” he added.

Prayer became their first act of obedience to do what they felt God was calling them to do.

Severs and Edminster first met a couple years ago. Edminster went to Bible college in Wisconsin where he was an evangelism minor. He first felt called by God to be a preacher when he was eight years old on the way home from church. Then in high school he felt like he should take evangelism courses in college.

“[I] found out in the Bible what an evangelist was, it is somebody that would spread the Gospel and it always just burned in my heart that that’s what He wanted me to do,” Edminster said.

He married his wife Abby just over two years ago, who is from Iowa. They went into full time ministry right away and preached in a church in Waukon the Sunday after their honeymoon. “Long story,” Landon said about

the first days of their ministry, “... but Pastor Tom Needham, he’s a missionary in Cameroon, Africa, stood up in a college chapel and said, ‘I’ve been praying for Northeastern Iowa for 20 years and we’ve got a farmhouse in Greene, Iowa that’s available for a young couple to come and live there if they’ll come to Northeastern Iowa and preach the Gospel.’”

The Edminsters were that couple and they went and lived there to pray about where they should go next.

That’s where Severs comes in. Needham is Severs’ father-in-law. He encouraged Edminster to connect with Aaron Severs and his wife Kelly.

“And so we’d visit him at some of the meetings they had ... to be an encouragement,” Aaron said. “Well it turned out he encouraged me more than I him!”

The Severs had been living in New Hampton before their family grew and they moved to an acreage in North Washington. While in New Hampton they had a children’s ministry that they ran out of their home, with kids coming to their house to hear about the Bible.

The Severs had a heart for New Hampton and soon this rubbed off on Landon.

After living in the farmhouse in Greene, Landon and Abby had felt called to go to Postville where they began with tent meeting outreaches and eventually planted a church which they still have today.

Landon remembers some older pastors telling him that he’d been in one place for too long, and as an evangelist he should be on the move.

But he felt that his vision was not to go state to state, but town to town.

“A lot of evangelists ... they would go church to church a lot of times and



Lydia Gessner/Tribune

Landon Edminster preaches a sermon during a recent tent revival meeting that was recently held at Mikkelson Park in New Hampton

I had that vision to go city to city and connect with existing churches, or if there wasn’t a believing church to be able to preach the Gospel in a city that had never heard the Gospel before,” Landon said.

So he began praying about New Hampton. Last winter, he and Aaron would pray over the phone.

“So I guess some of [our] conversations were on a personal basis just to learn to walk with God and to walk in the Spirit and not fulfill the lusts of the flesh,” Aaron said. “All those beautiful teachings that God gives us to walk in newness of life. Not just to get saved, but to actually walk in that newness of life. And so out of that, [Landon] sensed the Lord talking to him about New Hampton, and it scared me a little bit at first, but I was willing ... very much.”

It was Landon who decided to contact evangelist Gary Gillmore to preach

at their tent meetings.

Gillmore and Landon knew each other from Landon’s days in Bible college where Gillmore’s grandchildren also attended. Gillmore has been an evangelist for 48 years, traveling all over the country telling people about Jesus Christ.

“That’s why God called me I think into evangelism is because that’s what I knew growing up,” he said.

Two weeks ago, it worked for him to come to New Hampton, and the tent the Edminsters were able to purchase was set up in Mikkelson Park all of last week and at 7 p.m., from Sunday through Friday, people came to listen to the Gospel message, hear testimonies and sing worship songs.

Gillmore said he would guess they averaged about 50 people per night. The highlight for him was seeing people come to Christ.

“Well seeing people come to Christ

for salvation would be the highlight. We had I think three or four, come to Christ, get saved,” he said. “And the one thing that was really a blessing is they came back. Sometimes people come and get saved and you never see them again.”

Gillmore preached about how coming to Christ means acknowledging one’s sin and putting one’s trust and belief in Jesus.

Landon Edminster said they plan to seek God about what city they should go to next and work with churches there like they did with Prairie Lakes here in New Hampton.

“God just kept moving us forward to keep purchasing things and providing for it and just seems like God’s thrusting us into going to new cities and to keep moving,” Landon said, “and so our intentions would be to keep seeking God and not just pick a city but seek God.”

boomers



PLANNING FOR UPS AND DOWNS

FINANCIAL PLANNER SAYS IT'S IMPORTANT TO PLAN FOR RECOVERY

By DOROTHY HUBER
dorhubernews@gmail.com

It's really not gambling, but, at times, investing in the stock market feels just like rolling the dice.

Especially when you've worked all your life to build a nest egg, and that egg rolls off the cliff, sails down the hill and smashes into a thousand pieces.

The egg can be pieced back together, given the right plan and the market recovery, which always happens, sooner or later. Though he's a long way from retirement age, Edward Jones' Clint Whitcome feels the pain suffered by his clients in the downturn that started earlier this year.

"Obviously when you see your clients hurting you have empathy for them, especially those approaching or at retirement," he said. "In that regard, it's not fun having those conversations but that's why we plan for ups and downs during retirement."

The financial advisor for the company likes to use analogies. "We plan for this giant staircase.... you go up a few steps and you might go down one. There's good news and bad news, it's all part of the formula."

While some investors are only able to see money going down the tube, Whitcome — who has been an advisor in New Hampton for over 10 years — uses another analogy to compare the current situation to shopping.

"If stuff is on sale that you plan on using someday, why not buy it on sale?"

And it is still "on sale," as the market is down. The Dow Jones Industrial Average reached an all-time high of 36,799 in January and as of August 1 the benchmark stood at 32,396. That's well above the low for the year, but the market volatility is exactly why an advisor is a good idea. Not to mention not having to learn those terms (P/E ratio, what IS that, exactly?)

Going back to the gambling theme, it is possible to "time" the market — that is, sell when stocks are starting on the way down and buy before they go back up. It's possible, but not probable.

Over the 20-year period ending Dec. 31, 2021, the S&P 500 returned an annualized 9.52%. Not a bad return. But remove the 10 best days from that period, and the return drops to 5.33%, according to a J.P. Morgan analysis provided by Whitcome. And, over that period, seven of the market's best days occurred within two weeks after one of the 10 worst days.

Putting that into a dollar amount is shown by the graph in this story. A \$10,000 investment in



Dorothy Huber/Tribune

Clint Whitcome talks financial strategy in his office at Edward Jones in New Hampton. The downturn has worried some of his clients, others are confident of the market's recovery.

the S&P 500 — a benchmark indicator — at the start of 2002 left untouched would have soared to \$61,685 by the end of 2021. For someone that tried to time the market and missed the 10 best days, that figure drops to \$28,260.

So while investors might be tempted to take money out of the market, that could be the worst thing to do.

"A lot of what we do is emotional coaching, people act on their fears. My biggest fear is when people exit the market and don't have the nerve to return."

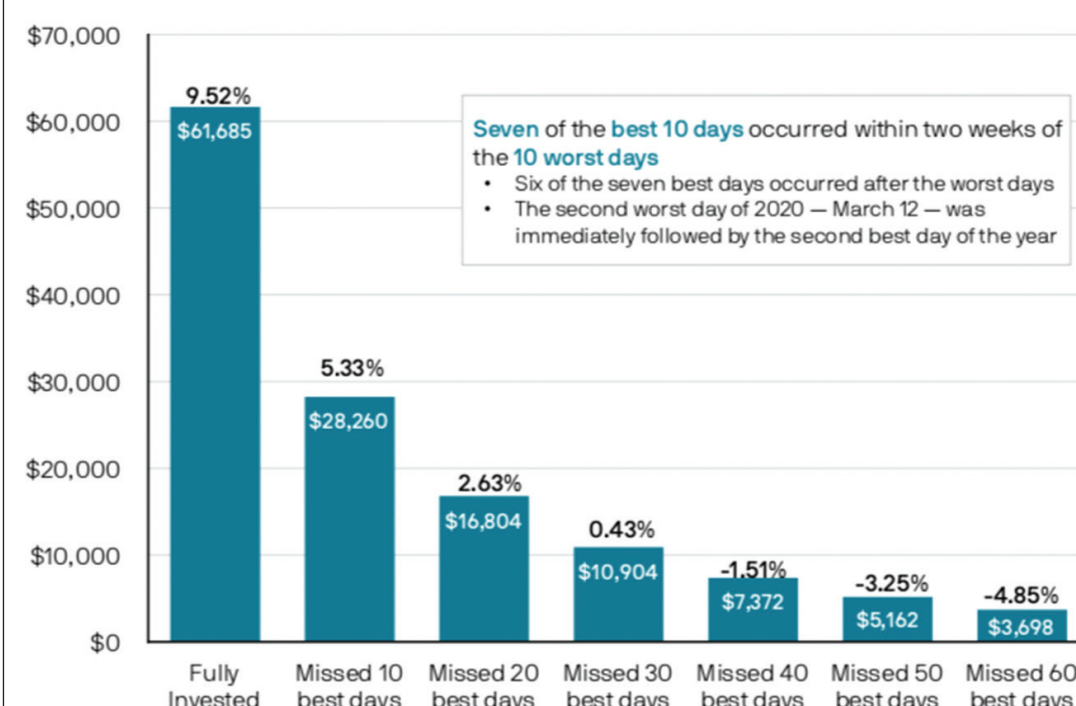
He added with a smile that his second biggest fear comes from someone who does somehow

SEE MARKET, 10

Impact of being out of the market

Returns of the S&P 500

Performance of a \$10,000 investment between January 1, 2002 and December 31, 2021



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MANY FACTORS GO INTO FINANCIAL PLANNING

MARKET: FROM 9

time the market. “Then they’ll think they can do it again.”

Rather than try and time the market, investment professionals will tell you the biggest asset is time, starting to save at an early age. But before Whitcome will talk seriously to anyone about investing, he will counsel them in other areas.

“A lot of stuff we do, we don’t really get paid for,” he said. “That’s part of being a good financial advisor. I’ve sent away a lot of prospective clients over the years.”

He counsels people on having the proper insurance, whether or not they have their emergency reserve funded and if their debt is manageable. “Those are some of the biggest things, but really anything that could disrupt financial goals. I tell them ‘when you have this much saved, come back to me.’”

A 2009 Wartburg grad with a degree in business administration and minor in marketing, Whitcome is careful not to suggest any options where the risk is more than the investor is comfortable with.

“We evaluate their risk tolerance versus the rate of return. You plan for years like this, even though it’s not fun to watch.”

He thinks most investors, however, are savvy enough to withstand the down markets. “But every time the market goes down people make

a decision to take money out,” he added. “They think the market will get worse, but I’ll ask them if any of their goals have changed. We plan for this giant staircase and if your goals haven’t changed let’s not make a drastic change.”

When to retire is not as simple as having a certain dollar figure to reach. “It comes down to the lifestyle they want to lead. If they don’t have enough money saved, that’s when we have crucial conversations about what they want to do to achieve their goals.”

But again, he won’t push riskier — and thus oftentimes higher yield — options, rather, he talks about working longer, spending less or working part-time in retirement.

“When and how to draw Social Security is also big,” he admitted. “What age you start is one of the biggest factors in retirement.”

Once clients get over the fact the market is down, they can get back to thinking about the future. “We discuss a market recovery plan, what we can do right now that, when the market recovers, to position ourselves best.”

So here’s to the market recovering, and the ensuing bull market. Or is it a bear market? One more Clint analogy to help with that term. “A bear attacks downward with his paw. The market going down is a bear market, while a bull attacks up with his horns.”

So, here to the next bull market. And a happy retirement.

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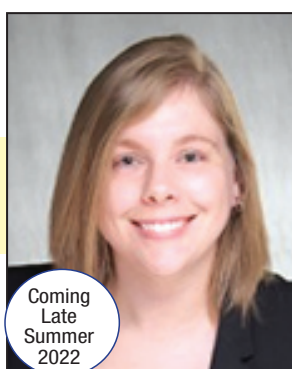
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HOW TO DETERMINE IF IT'S TIME TO DOWNSIZE

Metro Editorial Library

Individuals work hard to save enough money to purchase their homes. And the hard work doesn't end there. Once homeowners settle into a new home, they may set their sights on renovations that suit their individual needs. And even when buyers find a home that needs no such work, maintenance requires homeowners' utmost attention.

All that hard work is perhaps one reason why seniors may be a little reluctant to downsize as they advance through their golden years. In addition to the sweat equity homeowners put into their homes, all the memories they've made within their walls can make it harder to put a home on the market.

Downsizing is a difficult decision that's unique to each homeowner. Seniors who aren't quite certain if downsizing is right for them can consider three key factors to make a decision that's in their best interests.

- **Cost:** Perhaps no variable affects senior homeowners' decisions to downsize their homes as much as cost. No one wants to outlive their money, and downsizing to a smaller home can help seniors reduce their monthly expenses by a significant margin. Even homeowners who have long since paid off their mortgages can save substantial amounts of money by downsizing to a smaller home or even an apartment or condominium. Lower



property taxes, reduced insurance premiums and the need to pay for fewer repairs are just some of the ways downsizing can save seniors money.

- **Space:** Many people love the extra space that single-family homes provide. But seniors can take a walk through their homes and see how many rooms they still use on a consistent basis. If much of the home is unused, seniors can probably downsize without adversely affecting their daily lives.

- **Market:** The real estate market is another factor to consider when deciding if the time is right to downsize. A seller's market can help seniors get the biggest return on their real estate investment, potentially helping them make up for

meager retirement savings. For example, home prices skyrocketed across the country during the COVID-19 pandemic, making that a great time for sellers to put their homes on the market. Seniors selling to downsize may capitalize on such spikes since they won't be looking to turn around and buy larger, equally expensive homes once they sell their current place. If the market is down and seniors can withstand the work and cost a little longer, it may be best to wait until things bounce back in sellers' favor.

Downsizing requires careful consideration of a host of variables. No two situations are the same, so seniors should exercise due diligence to determine if downsizing is right for them.

HOW TO CREATE STRUCTURE AFTER RETIREMENT

Metro Editorial Library

Professionals typically look forward to retirement and the freedom that comes with it. The notion that commuting and deadlines will one day be a distant memory is enough to make anyone excited for retirement. But when the day to leave the daily grind behind arrives, many retirees admit to feeling a little anxiety about how they're going to find structure.

Retirement is a big transition, and Robert Delamontagne, PhD, author of the 2011 book "The Retiring Mind: How to Make the Psychological Transition to Retirement," notes that some retirees experience anxiety, depression and even a sense of loss upon calling it a career. Some of those feelings can undoubtedly be traced to the perceived lack of purpose some individuals feel after retiring. Without a job to do each day, people can begin to feel useless. Overcoming such feelings can be difficult, but finding ways to build daily structure can make the transition to retirement go smoothly.

- **Find something to truly engage in.** Professionals who truly enjoy their work tend to be fully engaged, so it's no surprise if such individuals have a hard time adjusting to retirement. Some may suggest volunteering can help fill the void created by retirement, but researchers with the Sloan Center on Aging and Work at Boston College have found that only those individuals who are truly engaged in their post-retirement volunteering enjoy the psychological benefits of such pursuits. So before retirees dive right in to volunteering as a means to creating structure, they should first exercise due diligence and find an opportunity they'll

find genuinely engaging.

- **Embrace the idea of "bridge employment."** "Bridge employment" is the name given to the trend that has seen retired individuals take on part-time or temporary employment after they have retired from full-time working. COVID-19 has no doubt skewed post-retirement working statistics since the World Health Organization first declared a pandemic in March 2020, but a 2019 survey from the LIMRA Secure Retirement Institute found that 27 percent of pre-retirees with at least \$100,000 in assets planned to work part-time in retirement. Even part-time work can provide enough daily structure to help retirees feel as though each day is not just a free-for-all.

- **Make a concerted effort to be more social.** Volunteering and working are not the only ways to create structure in retirement. A concerted effort to be more social can help retirees fill their days with interactions with like-minded individuals who may be experiencing the same feelings. Join a book club, a local nature group that goes on daily or semi-daily morning hikes or another local community organization. These are great ways to build structure and meet new people. Retirees can create social media accounts to find local community groups that cater to their interests. Even if it seems hard

to believe, plenty of retirees are seeking to create structure in retirement life, and social media can make it easier to find such individuals in your community.

Structure and retirement may seem like strange bedfellows. But many retirees seek structure after calling it a career, and there are many fun ways for seniors to create more organization in their lives.



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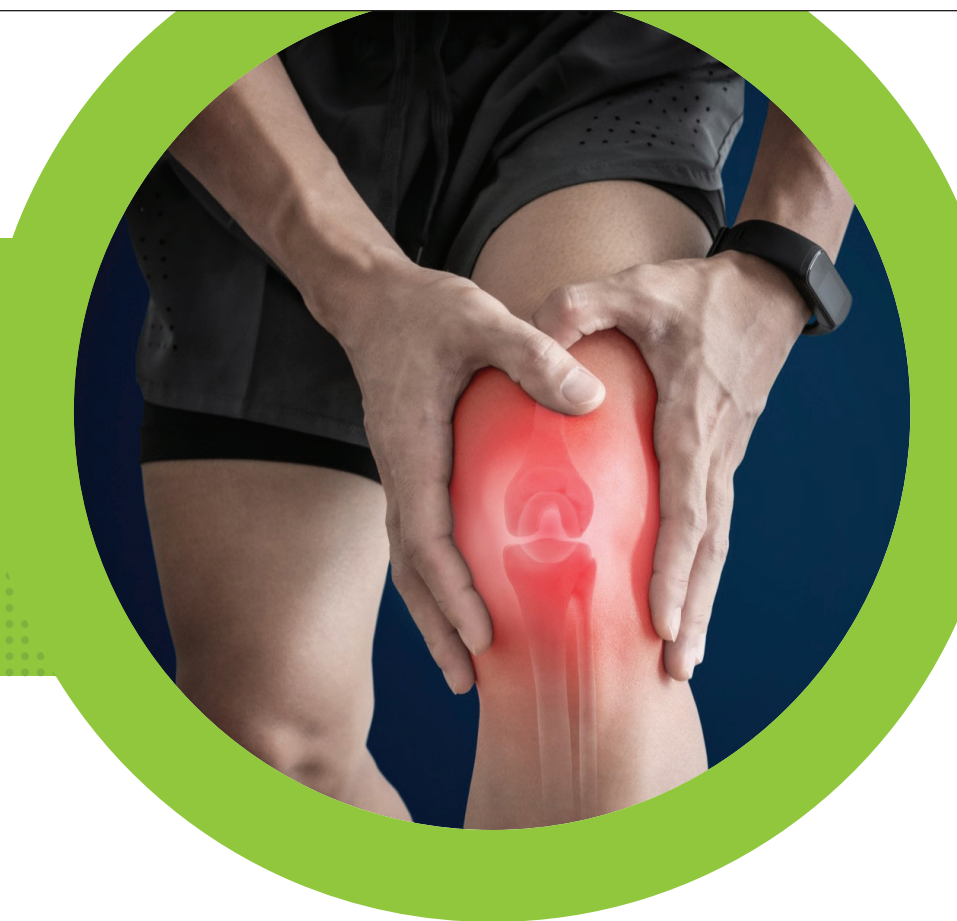


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How to Stay Mentally Sharp After Retirement

Metro Editorial Library

If asked to describe how they envision retirement, many professionals might reference travel, time spent with grandchildren and various recreational pursuits. Few, if any, would mention cognitive decline. However, cognitive decline poses a significant threat to aging men and women, especially during retirement.

Researchers have long since recognized that certain cognitive abilities begin to decline with advanced age, even among elderly individuals who are healthy. However, despite that decline, the Centers for Disease Control and Prevention notes that dementias like Alzheimer's disease are not an inevitable part of aging. In fact, the CDC estimates that as many as 40 percent of dementia cases may be prevented or delayed. In addition, the CDC reports that it's not uncommon for routine memory, skills and knowledge to stabilize or even improve as the brain ages.

That's good news for retirees who want to spend their post-

work life pursuing their passions and hobbies. Individuals also can embrace some strategies to stay mentally sharp in retirement.

- **Consider delaying retirement.** Even if early retirement is a dream, it might be better to work a little longer than you had planned. A 2021 study published in the journal SSM - Population Health found that postponed retirement is beneficial to cognitive function for all genders, races/ethnicities, educational levels, and professional status. The study reported that individuals who waited until age 67 to retire experienced less cognitive decline than those who retired prior to turning 67.

- **Make exercise part of your retirement routine.** A lack of structure may seem enticing to individuals who have spent decades working. However, many retirees find that little structure loses its appeal quickly after calling it quits. When creating a new routine in retirement, include regular exercise. According to the

Mayo Clinic, studies indicate that people who are physically active are less likely to experience a decline in their mental function. So daily exercise not only gives retirees something to do, but also benefits their brains.

- **Enroll in an adult education course.** A 2014 study published in the journal JAMA Neurology examined the association between lifetime intellectual enrichment and cognitive decline in the older population. The study's authors found that higher levels of late-life cognitive activity were associated with higher levels of cognition. The study's authors concluded that lifetime intellectual enrichment might delay the onset of cognitive impairment. Retirees can look into adult learning programs at local colleges and universities to see if anything piques their interest.

Retirement can be everything professionals hope it will be, especially for those who make a concerted effort to maintain optimal cognitive function after they call it a career.

Qualities to Look for in A Post-Retirement Job

Metro Editorial Library

The notion of relaxing on a beach all day in one's golden years is still a retirement dream for millions of adults across the globe. But many individuals also harbor a desire to keep working after retiring. Whether it's a volunteering gig or a part-time job retirees are looking for, certain qualities can make an opportunity uniquely suited to a post-retirement job.

- **Flexibility:** Retirees may be looking to contribute to their communities or simply earn a little spending money, but they will likely still want the freedom to travel or spend time with their families whenever they choose. So flexibility is something to look for in a post-retirement job. This is what makes consultant work so attractive to retirees. In-person hours may not be required of consultants, who can then offer their input while visiting their grandchildren or traveling the world.

- **Socialization:** Though the ability to work from home can make it easier for retirees to earn some extra money, some seniors aren't concerned about their finances but want to work so they can get out of the house. In that case, look for a job that offers the opportunity to socialize and meet new people. Socializing as an older adult is a great way to fend off loneliness. In addition, one study published in 2007 in the journal of the American Public Health Association found that social support networks have a positive effect on cognition among older adults. So a post-retirement job that enables retirees to socialize could delay or reduce the severity of age-related cognitive decline.

- **Engagement:** A job seniors find engaging also is more likely to provide the types of benefits seniors are looking for in post-retirement work. For example, researchers at Boston College's Sloan Center on Aging and Work found that seniors who find a job or volunteering opportunity truly engaging are more likely to benefit psychologically from those experiences than those whose post-retirement work is not engaging. If seniors find themselves simply going through the motions

with their post-retirement work, they can look for opportunities that they can be more enthusiastic about.

- **Pressure-free:** Regardless of what retirees did for a living prior to calling it a career, chances are they dealt with work-related stress. In fact, the American Stress Institute reports that 83 percent of workers in the United States suffer from work-related stress, while Statistics

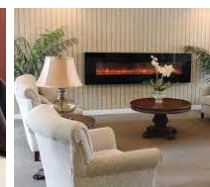


Canada reports that 62 percent of Canadian workers say work is their main source of stress. After a lifetime of confronting work-related stress, individuals who want to work in retirement should look for pressure-free opportunities. This is an important quality, as the ASI indicates that stress has been linked to increased rates of heart attack, hypertension and other disorders.

The right post-retirement job may differ from what individuals looked for during their careers. Various qualities can combine to make for a post-retirement gig that benefits seniors in myriad ways.

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Applicants should possess excellent customer service skills as well as strong clerical, math and computer data entry skills. A general knowledge of agricultural practices would also be beneficial. This position has a starting salary range of \$32,283 up to \$58,158 per year including full health and retirement benefits under the federal employee program. The individual selected will be required to pass a background investigation and fingerprint check.

The full vacancy announcement with mandatory application requirements can be obtained online at www.usajobs.gov by searching in the keywords vacancy announcement number **#FSACO-11599155-22-IA-KR.**

This vacancy has an opening date of **August 10th, 2022, and a closing date of August 23rd, 2022.**

There is an essay section requirement entitled; Knowledge, Skills and Abilities (KSA). Applications that do not include KSA's will not be considered.

Applicants should apply at all pay grades. Questions regarding this position can be directed to Ron Pethoud at 641-394-5929 or by email at ronald.pethoud@usda.gov. **All applications must be submitted online by August 23, 2022.** EOE

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City of Alta Vista Council Meeting Monday, August 1, 2022 The regular meeting for the City Council of Alta Vista convened on Monday, August 1, 2022, at 6:00 pm with the following Council members present: Frank Burke, Kevin Crooks, Rick Heying, Samantha Slick, Dean White, and Amy Laures in the Alta Vista City Hall. The meeting was called to order by Mayor Frank Burke. Agenda was discussed. Laures made the motion, seconded by Slick to approve the agenda. All ayes. Motion carried. July 25, 2022 special meeting minutes were discussed. Crooks made the motion, seconded by Heying to approve the July 25, 2022 special meeting minutes. All ayes. Motion carried. Visitor concerns were discussed. Ryan Crooks from Alliant Energy was in attendance to explain the plans to bury lines through town. Council sees no issues with the plans. Fire Department was discussed. Library was discussed. Ambulance update was discussed. Amy will contact Brady with Howard County to get started with the 28E Agreement with the Elma Ambulance. Nuisance properties were discussed. Treasurer was discussed. Crooks made the motion, seconded by Heying to hire Pat Halvorson with a starting wage of \$13,000/hr and a review after 90 days. All ayes. Motion carried. Old Creamery was discussed. Fences were discussed.	Grants were discussed. Usages were discussed. Consensus of the council is to add a \$5.00 fee to monthly bills for road maintenance and equipment. First reading will be at the September meeting. Ordinance 2022 - 1 was discussed. Clerk read Ordinance 2022-1 stating that the cost per kilowatts will be increased to \$.125 per kilowatt. Crooks made the motion, seconded by Laures to approve the first reading of Ordinance 2022 -1. Roll call vote. Ayes: Laures, White, Heying, Crooks, Slick. Nays: None. Motion carried. Laures made the motion, seconded by Heying to waive the third reading of Ordinance 2022-1. Roll call vote. Ayes: Laures, White, Heying, Crooks, Slick. Nays: None. Motion carried. Ordinance will be in effect once published in Tribune. Schucky's liquor license was discussed. Heying made the motion, seconded by White to approve Schucky's liquor license. All ayes. Motion carried. Delinquents were discussed. Water was discussed. Sewer was discussed. Streets were discussed. Sanitation was discussed. Parks were discussed. Municipal Hall was discussed. Electric was discussed. Ordinance increasing rates to .125 per kwh will be presented at August meeting.	Disbursements were discussed. Crooks made the motion, seconded by Heying to approve the disbursements. All ayes. Motion carried.. <i>To Whom Amt</i> <i>Purpose</i> Burke, Francis\$277.05 Mayor Pay Crooks, Kevin\$138.52 Council Pay Heying, Richard\$138.52 Council Pay Laures, Amy L\$138.38 Council Pay Slick, Samantha\$138.52 Council Pay White, Dean A\$138.52 Council Pay Holthaus, Jarrett\$1,273.22 Wages Buchholtz, Dale W\$1,248.71 1/2 July Salary Buchholtz, Dale W\$1,248.71 1/2 July Salary Geerts, James\$157.78 Fire Chief Pay Hubka, Kevin\$239.19 Fire Chief Pay Alliant Energy\$15,615.21 Electric Purchase Amy Laures\$91.25 Mileage AV Express\$463.82 Fuel Bodensteiner Implement Co\$55.63 Lawnmower Switch City of Alta Vista\$235.75 Utilities Cooley Pumping\$95.00	Toilet Rental Hawkeye Fire & Safety\$281.50 Service Fire Extinguishers Holthaus, Jarrett\$25.67 Fire Parking Sign IMWCA\$954.00 Work Comp Premium- 1st installment Iowa DNR\$25.00 Water Supply Fee Jendro Sanitation\$1,394.61 Garbage Pick-Up John Deere Financial\$53.31 Chainsaw Chain, Cleaner, Paint, and Tree Microbac Laboratories, Inc.\$14.25 Drinking Water Analysis Midwest Patch\$889.50 Patch New Hampton Tribune\$96.48 Publications People's Savings Bank\$120.12 HSA- July Stanton Electric LLC\$280.00 Outages Wellmark\$622.59 Health Insurance- August Premium Chickasaw County Auditor..\$1,558.62 Ambulance- 1st Qtr Municipal Pipe Tool Co\$3,823.22 Cleaning Sanitary Lines, Lift Station, and Storm Sewer Alta Vista Public Library ...\$6,050.00 Allocations Chickasaw County Auditor..\$113.00 Haz-Mat Fee Schwickerath PC\$117.00 Legal Counsel AV Express\$423.09	Fuel Innovative Ag Service.....\$1,673.78 LP Fill-up US Treasury\$1,724.76 Withholdings IPERS\$1,125.44 Withholdings State of IA\$871.00 Withholdings State of IA\$492.60 WET Tax State of IA\$804.51 Sales Tax\$45,227.83 Library Account Campbell, Stacy\$368.69 Wages Flatjord, Christina\$336.22 Wages Taylor-Griffen, Crystal\$200.41 Wages VISA\$84.76 Supplies Campbell, Stacy\$44.53 Wages- correction City of Alta Vista\$49.98 Utilities City of Alta Vista\$569.88 Payroll Liability Campbell, Stacy\$443.44 Wages Baker & Taylor\$108.75 Books OverDrive, Inc.\$400.00 Bridges Setup Fee Windstream\$132.14 Telephone/Internet\$2,738.80 \$47,966.63 July Disbursements General\$14,903.41	Road Use Taxes\$4,327.44 Water\$2,431.38 Sewer\$4,528.25 Electric\$19,037.35 Utility Deposits\$- Library\$2,738.80 Economic Development\$- Total\$47,966.63 July Receipts General\$3,718.40 Option Tax\$5,183.97 Road Use Tax\$1,254.57 Water\$2,846.62 Sewer\$2,041.02 Electric\$12,153.41 Utility Deposits\$0.26 Debt Service\$0.02 Economic Development\$0.02 Library\$23,870.50 Total\$51,068.77 No financial report was presented. Council and Mayor concerns were discussed. Heying made the motion, seconded by Crooks to adjourn at 7:27 pm. All ayes. Motion carried. The next council meeting will be September 12, 2022 at 6:00 PM at Alta Vista City Hall. Frank Burke, Mayor Attest: Jarrett Holthaus, City Clerk No. 22244 08/11/22
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CHICKASAW CO CLAIMS LISTING-AUG. 3, 2022 20/20 FX LLC.....N E W CONTRACT FY2023, NEW PC & BATTERY RPLCMNT 4,614.80 AG VANTAGE FS INCB R U S H I N G CHEMICALS521.38 ALLIANT ENERGYUTLS CO CHICK. & SPLIT ROCK PARKS, IONIA & INTRSCN LGHTG1,316.71 ALTA VISTA, CITY OFFM TRANS AV MAY - JULY 20223,671.79 AMAZON CAPITAL SERVICESU N F - CO SHER DEPT174.95 BACKFLOW PREVENTION SERV INCANNL BACKFLOW INSPEC-TION 1811 240TH ST150.00 BASSETT, CITY OFFM TRANS BASS MAY - JULY 2022816.27 BENNETT PHARMACY INC.M E D SUPPLS CO SHER DEPT111.48 BLACK HAWK COUNTY TREASURERF Y 2 0 2 3 ALLOC - CRT ADMIN., FY22 4TH QTR MED EXAM FEES890.13 BMC AGGREGATES LCSPOT AND SHOULDER ROCK25,618.81 BODENSTEINER IMPLEMENT COMPANYKIT CO CRTHS.....31.25 BUTLER CO REC85 GALLON MARATHON WATER HEATER-TWIN PONDS, GEO & ELEC CO TPNC, TWIN PONDS2,438.99 BUTLER-BREMER MUTUAL TELEPHONE CO.....MTHLY PHONE SERV CO ASSESSOR87.58 CARD SERVICES.TEXT BOOK & SUBSCRIPTION-EMA186.00 CENTEC CAST METAL PRODUCTS	GRAVE MARKERS- VA369.19 CHEMSEARCHCUST. SUPPLS CO BLDGS262.40 CHICKASAW CO SHERIFFR FREEBURY- NE IOWA EMA64.50 CHICKASAW COUNTY AMBULANCE COUNCIL 2ND QTRR AMBULANCE SERVICE AGREEMENT-09/01/2229,400.00 CHICKASAW EVENT CENTER.....COUNCIL ON AGING FOR FY2023 PER 28E AGREEMENT7,000.00 CIAVARELLI, CALEBU N F REIMB-CONS129.96 CINTAS CORPORATION #762U N I-FORMS, EMPLOYEE & BUILDING CONSUMABLES..1,421.25 CINTAS CORPORATION NO 2MEDS CO CRTHS132.77 CJ COOPER & ASSOC INC/S & G HARVIEUX INCRANDOM DRUG TESTING105.00 COMMUNITY INSURANCE OF IOWARENEWAL POLICY -SURETY BOND- 07/01/22--07/01/2023692.47 COM-TEC LAND MOBILE RADIO ...EQUIP FOR SEC ROADS12,044.00 CONSOLIDATED ENERGY CODIESEL FUEL AV & IONIA6,826.40 CONTINENTAL RESEARCH CORP ..CUST. SUPPLS CO CSB210.71 CRESCO SHOPPERADS - 2022 SUM/FALL TRAVEL & LEISURE GUIDE AD-CONS296.00 CTK GROUP LLCEDUC TRNG-10/10-	12/22--ISAKSON450.00 CULLIGAN WATER CONDITIONINGBOTTLE WATER & COOLER RENTAL CO DEPTS218.60 DIAMOND MOWERS INCLADES ..697.96 EASTERN IOWA TIRE INCTIRES #6645.20 EUROFINS ENVIRONMENT WATER SAMPLES -TWIN PONDS68.25 FAIRHURST TOOLS SALESTOOLS855.66 FLOYD COUNTY SHERIFFSERVICE FEES73.00 FORTERRA PIPE & PRECASTRIDGEWAY BLVD CULVERT890.32 FREDERICKSBURG PLBG & HTG LLC PARTS & LABOR - SPLIT ROCK SHOWER96.64 FREDERICKSBURG, CITY OFFREDERICKSBURG UTLS AND INTERSECTION LIGHTING61.94 FRIEDRICH, TONI SME SERVICES & MLG REIMB260.00 GAGE PLBG & HTG INC, MICK, NH SHOP A/C REPAIR, SERVICE CALL-AC CRTHS, PLUMBING SUPPLS-CONS2,632.61 GALLSUNF - SHAWVER136.74 GOVERNMENT FORMS AND SUPPLIES LLC..VOTER CARDS & ENVELOPES - ELECTION162.64 HACH COMPANYDPD TOTAL CHLORINE REAGENT POWDER PILLOWS & VIALS629.17 HTH ENGINEERING INCRPLACE-MENT HEADSET- CO ATTY61.41 IONIA, CITY OFFM TRANS IONIA	MAY -- JULY2,848.31 IOWA PRISON INDUSTRIESIGNS..3,925.33 ISAC2022 ISAC ANNL CONF. - LAURA WICKHAM250.00 JENDRO INCC C - R U - RAL RECY-JULY 2022, GRBG CO BLDGS2,901.63 JOHN DEERE FINANCIALS U P P L S CO EMA134.22 KNUTSON, JOEL O. IN VESTIGATION FEE & MLG- 2477.49 LARRY'S SALES & SERVICEPARTS FOR #30490.00 LAWLER, CITY OFFM TRANS LAWLER MAY-- JULY2,108.73 LAWSON PRODUCTS INC.ELECTRICAL PARTS & SUPPLS, HARDWARE, CONSUMEABLE493.75 LEAF CAPITAL FUNDING LLCANON TN 305MXT LEASE COPIER299.23 LENSING, ROMAN C.MILEAGE TO IDOT MID YEAR CONFERENCE- R. LENSING173.75 MAIL SERVICES LLCPRINT & PSTG CO TREAS442.38 MAY, INDIA ANN ME INVESTIGATOR FEE & MLG-06.29.2022, 22-007254458.56 MIDAMERICAN ENERGY COPOWER @ NASHUA TOWER152.94 MOTOROLA SOLUTIONS INCBILLING FOR NEW SUBSCRIBERS54,266.83 NEW HAMPTON AUTO BODY LLC. PARTS FOR #25449.95 NEW HAMPTON MUNICIPAL UTILITIESPHONE & INTERNET CO VA- JULY 22125.89 NEW HAMPTON TRI-	BUNE.....AMBULANCE MTG MINUTES-07/07/202296.20 NEW HAMPTON, CITY OFAUGUST 2022 GARAGE RENT ..1,250.00 NORTH WASHINGTON, CITY OFFM TRANS NW MAY -- JULY2,000.07 NUB'S BAIT & TACKLE WAX WORMS & CRAWLER FOR ANIMALS34.70 ON TRACK SIGNSDUMBERING & SIGNAGE FOR #20780.00 PLUNKETT'S PEST CONTROL INC.....PEST CONTROL PROG. FY23-ATTY BLDG296.40 POLK CO SHERIFFSERVICE FEES- 06/30/202237.50 PROTIVIN, CITY OFFM TRANS PROTIVIN MAY - JULY335.96 QUILL LLC..OFFICE SUPPLS CO SHER DEPT147.82 RAPID PRINTERS / OFFICE WORLD POSTAGE, NEWLETTER, SUPPLS CO DEPTS926.37 RAY O'HERRON CO INCTACO DD MAG POUCH-GAEDD102.39 REYNOLD FREEMAN COMM. CONSULTINGCHICK. CO. IA RADIO SYSTEM TOWER PROJ1,750.00 RICKS SERVICE CENTER LLCITRES - 2020 GMC TRUCK - CONS895.34 RILEY'S INC ..CUST. SUPPLS CO BLDGS, COPY FEES CO DEPTS..659.36 SADLER POWER TRAIN INCTOOLS1,471.48 SCHNEIDER GEOSPATIAL LLCGIS MAPPING CONNECTION WITH EAGLEVIEW2,820.00 SCHUETH ACE HARDWARELOCK & KEY FOR METAL SHED	- CONS, CUST. 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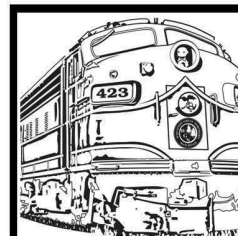
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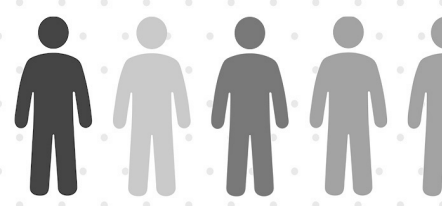
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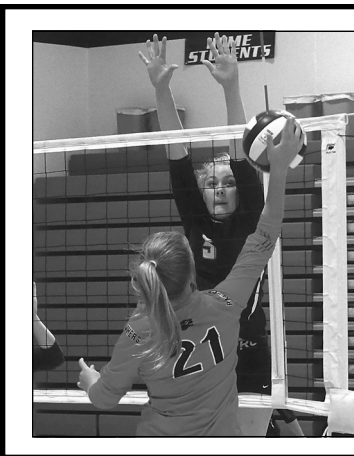
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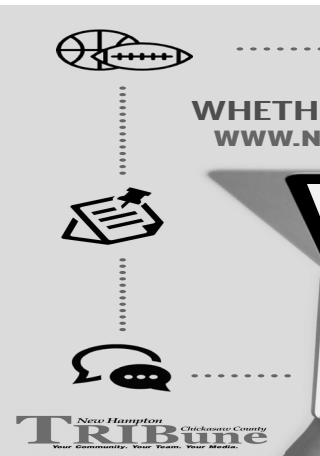
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Bob Fenske/Tribune

Gov. Kim Reynolds holds 10-month-old Ace Howes and is amazed at one of the crafts made by Betty Steward during a stop in Ionia Saturday afternoon.

Reynolds seeking second full term as Iowa's governor

REYNOLDS: FROM 1

alive and well.” She spent much of her time in Ionia at a Farmers Market that featured that hot salsa she asked her husband, Kevin, to purchase, and talking to vendors ranging from the New Hampton High School FFA to Kellogg’s Honey, a family affair for more than 50 years that produces honey that is sold not just in Iowa but all across the country. Asked what the story of that family honey business means to her, Reynolds had a quick answer. “It can happen anywhere,” she said. “You don’t have to be in one of the big cities — Des Moines, Cedar Rapids — to be successful in Iowa. I really believe rural Iowa’s best days are ahead, and you can see it in

businesses like this.” She said one lesson businesses in Iowa learned through COVID-19 was that “you can be anywhere” and be successful. Reynolds said that’s why she is pushing for infrastructure investment in rural Iowa. “Broadband, good roads, safe bridges, we need all that to thrive,” she said, “and that’s something I preach at almost every stop I make. We have so much potential here in rural Iowa, and we’re going to tap into that.” Reynolds took over as governor in 2017 after her predecessor, Terry Branstad, became the U.S. ambassador to China, and she won a full term in the 2018 election. Polls show she is comfortably ahead of Democrat Deidre DeJear in her bid for re-election this fall.

In June, DeJear told Democrats gathered for a convention in Des Moines that Reynolds has lost touch with the state, saying, “We’ve got to focus on Iowans. We’ve gotten chance after chance to see something out of this current governor, but we know now through the evidence, the fruits of her labor, that her focus is not on Iowa.” Reynolds, though, said her swing through northern Iowa, which included stops in places like Forest City, Osage, Waukon and Ionia, showed she’s in touch with her constituents. “One of the best parts of the past few days is getting out of Des Moines,” she said. “My heart is in rural Iowa. It’s where I’m from. It holds the key to the future of our state.”

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New Hampton senior Carter Steinlage (above) reaches high in the air in an attempt to grab a pass at practice on Monday. Chickasaw senior Elaina Rosonke gives a thumbs-up (below, left) and NH assistant coach Tate Hofmeister (below, right) makes a pass.



Chickasaw junior Kam Josephson participates in drills (above) and NH's Alivya Wisner winds up for a hit (below). Isaac Howe (upper, right) runs sprints and Marissa Cahoy high-fives Carlee Rochford (bottom, right).



Chickasaws incorporate fun into hard-working practices

Volleyball: From 20

return to bolster a bunch that should be a threat to make a deep postseason run.

NH seniors Carlee Rochford (118 kills) and Kandice Eggerichs (89) will also be a formidable duo for opponents to try to keep at bay up front near the net. Chickasaw junior Hailee Pesek (100 kills) is also another explosive hitter for Geerts that will be counted on.

NH senior Jenna Tank (194 digs), as well as juniors Alivya Wisner (82 digs) and Claire Geerts – who led the team in digs with 252 – all return on the back row for the Chickasaws. NH junior Paige Steinlage also recorded 157 assists last year at her setter position.

Wegner led the team in assists (479) and Cahoy was tops in kills (294).

So it's easy to see why the Chickasaws should be fun to watch this fall and could improve on their 24-11 mark from a year ago.

But in order to put a good product out on the court, which Geerts seems to do each and every year, hard work is essential.

That means the Chickasaws have been busy this summer.

Camp started last week and that was a chance for almost all involved in the program to get the ball rolling early on and be up to speed when the season begins at home versus Nashua-Plainfield and Jesup in a triangular on the first day of school – Tuesday, Aug. 23.

"It's a way to get a jump-start," said Geerts about camp, which for a lot of teams begins the week before the official startup day that the state allows teams to officially practice.

Team members have worked out and lifted weights three days a week during the summer and participated in open gym twice a week.

Chickasaws worked on some agility training over at Mikkelson Park in the pool a week ago. While that all sounds like hard work – New Hampton players had fun, too, while swimming in the pool.

NH will scrimmage Decorah next Friday

Football: From 20

replace two all-stars in Jacob Burgart (DL) and Drake Wemark (WR), as well as its starting quarterback in Mason Lane. But there's plenty of pieces left on a roster that should make plenty of noise, especially with contributions from hungry hopefuls that might not have seen a lot of playing time last year.

Frerichs broke down for Chickasaw fans that want to be in the know just how the first few official weeks of practice go down – at least in terms of the equipment New Hampton players will be wearing.

"We will practice for two days in helmets only. Then we will have three days with helmets and shoulder pads. The sixth day is when we can go full pads and full contact," said Frerichs. "We have to have 10 team practices before we can have our scheduled scrimmage with Decorah."

That scrimmage with the Vikings is scheduled to take place on Friday, Aug. 19 at home. New Hampton's first game is slated to take place at home versus MFL-Mar-Mac the following Friday.

There's a lot more than just blood, sweat and tears exuded out on a football field to pile up wins and it all starts with practice. Frerichs says his players learn skills and techniques for individual their position and then incorporate what they have been trained into a team setting.

Goal setting – both for the individual and team – is right

"We always try to look up new drills. We try to bring new things in," said Geerts.

New Hampton will practice in the morning before school starts, so what better way to get the day started out on the right foot with some cereal for breakfast. That's what Chickasaw players all did one day before the start of practice.

Those type of bonding activities weren't the only time New Hampton gets together to have fun in a group setting. Geerts also said team suppers are scheduled at player's houses and afterwards team members play games in the backyard.

Geerts also brought in former University of Iowa volleyball coach Bond Shymansky and his wife Molly to practice one day. Molly Shymansky is a former University of Northern Iowa volleyball player.

"We brought them in last Tuesday just for something different," said Geerts. "That kind of changes things up, too. Then they're not always listening to me."

It's always nice to schedule fun activities while working to get better, but fun also comes with the territory when you have a willingness to want to succeed and do your best.

"First of all, I believe if they're being competitive when they're practicing – that's when the fun comes in," said Geerts. "If they have that drive to want to win and they're competitive, then they're going to have fun."

As is the case with most winning teams, practice is competitive to maintain one's standing in Geerts' rotation.

"We are returning a lot of letterwinners," said Geerts. "That's make a huge difference. That doesn't necessarily mean that just because they were a letterwinner or starter last year that they're going to maintain that position."

Geerts said she has just seven freshman players out this fall.

"That's kind of concerning in a sense because freshmen play A and B on a conference night," said Geerts. "They're going to have to play both games. They'll be fine. But it makes it hard to practice. If varsity and JV are gone, that takes a good chunk of your kids. That leaves you with just a handful to work out."

Geerts said NH is allowed three scrimmages during the year. The Chickasaws will scrimmage at Waverly on Tuesday, Aug. 16 before heading down to LaPorte City to take part in another scrimmage along with host Union on Sat., Aug. 20.

"We like to save one for post-season – which doesn't always happen" said Geerts of the scrimmages. "At least you have it if you need it."



Tank



Pesek



Steinlage



Plenty of fun in Ionia

The Ionia Fun Days Parade (above) makes its way down Main Street Saturday morning, and let's be honest, it would not be a parade in Ionia without the Rausch Bros. Trucking entry (right) making a lot of children happy!



Gov. Kim Reynolds (left) poses for a photo with Cliff and Marian Burgart at the Farmers Market Saturday afternoon while the evening before, the band County Line Drive (above) begins playing a street concert and one of the Fun Days Committee members, Erin Phillips (right), poses with newly crowned Little Miss Ionia Claire Miller and Little Mr. Ionia Mason Schmidt.

Ionia Fun Days photos
by Bob Fenske and Lydia Gessner



The annual Ionia Fun Days softball tournament (above) attracted large crowds to the park both Friday night and all day Saturday and Ionia Fun Days Parade Grand Marshals Linda and Louie Hugh enjoy the drive “back down” Main Street during the two-way parade Saturday morning.



Iowa PBS to host event during Suicide Prevention Month

Iowa PBS next month will host a program that will provide what the network calls hopeful, forward-facing initiative designed to educate and inform adults on the warning signs of suicide in teens and young adults, as well as discuss the many different ways to create safe spaces for the young people in our lives to be open about their mental health.

Facing Suicide in Iowa will air at 6 p.m. on Tuesday, Sept. 6.

The in-person and online premiere and discussion will open the conversation for caregivers, parents, educators, healthcare workers, law enforcement officers and everybody in between. Attendees will preview local and national content with a follow-up discussion and Q&A with experts in suicide prevention. Questions for the local experts will be solicited from the audience ahead of the event as well as live.

Iowa PBS will premiere locally created content including short features and the network's 30-minute Facing Suicide in Iowa documentary, which profiles Iowa families who have been affected by sui-

cide. Clips from the national documentary produced by Twin Cities PBS, Facing Suicide, will also be shown.

Following the screening, a panel discussion will be moderated by Peggy Huppert, executive director of NAMI Iowa. Panelists will include Drew Martel, director of crisis services with Foundation 2, Mary

Neubauer, a mother and mental health advocate, and Brian Carico, an educator and mental health advocate.

Guests may join in person at the Iowa PBS studios in Johnston or join virtually through an online screening platform, OVEE.

Register for free at iowapbs.org/events.

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Chickasaws back at it in 2022

Frerichs begins 30th season at helm of New Hampton

By KERRY TERPSTRA
sports@nhtrib.com

Remember the 80s? Scott Frerichs sure does. That's when the LeMars alum and Hall of Fame head football coach for the New Hampton Chickasaws first donned a whistle and clipboard in his quest to bring out the best in each and every student athlete he encounters.

He's at it again this fall and will begin his 30th season at the helm of the Chickasaws.

While the decade of the 1980s might seem like a long time ago, time flies when you're working hard and having fun.

And that's exactly what Frerichs and his well-coached teams have been able to do.

As mini-camp got under way last week, the first official start to the practice season got under way on Monday statewide.

Just how much have practices changed since Frerichs began his prep coaching career almost 40 years ago?

The adage – the more things change, they stay the same, might be apropos.

"Sometimes I feel as though much has changed and sometimes I don't think so. What worked in the 80's still works today," said Frerichs, who took over the New Hampton program in 1993.

Of course there have been changes in the gridiron game along the way that all coaches have had to adapt to. One doesn't guide a squad to a state title in 1999 and 19 state playoff berths and not know how to keep up with an ever-changing game like Frerichs has at New Hampton.

"We do things a little differently but it still comes down to expectations of coaches and athletes and the way you do things – have discipline, work hard, play as a team, listen, learn, have fun," said Frerichs. "These things haven't changed.



Kelly Terpstra/Tribune

New Hampton head football coach Scott Frerichs instructs his players on Monday. This was the first official start of practice for fall sports teams in Iowa.

Coaches still have to be consistent, demanding, and demonstrate the work ethic and love of the game for kids."

Frerichs, who also guided New Hampton to the UNI-Dome and the state semifinal round of the Class 3A playoffs in 2009, said his practices aren't quite as urgent as they used to be back in the day.

"As our numbers have decreased, we find ourselves working more 9-12 together and cannot separate into three groups. We also do not have two coaches at the sophomore level. We have to keep in mind that we have younger players

with the junior and seniors and try to adjust to a level that best fits everyone's needs," said Frerichs.

Frerichs should have a good shot at the joining the 200-win club this fall. He currently stands six wins away from that prestigious mark with a career record of 194-97. Frerichs was inducted into the Iowa High School Athletic Association Football Hall of Fame in 2011.

There are 50 team members currently listed on New Hampton's 2022 roster on Varsity Bound – which is a decent amount for a Class 2A program, especially one that is

looking to repeat as a district champion.

After an 0-2 start last fall, the Chickasaws (5-4, 4-1) rebounded to share the Class 2A, District 3 crown with Clear Lake and Osage.

The Chickasaws return one of 2A's top returning running backs in junior Braden McShane (1,248 yards rushing). There weren't too many sophomores that ranked in the top 30 of leaders in the rushing department in 2A, but McShane was one of them.

New Hampton will have to

SEE FOOTBALL, 18



Kelly Terpstra/Tribune

Chickasaw junior Molly Wegner sets a ball in practice on Monday in New Hampton's gymnasium.

New Hampton aims to continue winning tradition

Chickasaws return plenty from 24-win team

By KERRY TERPSTRA
sports@nhtrib.com

There were a lot of volleyball players in New Hampton's gymnasium on Monday.

If anything, that's a testament to the program that long-time head coach Jess Geerts has created with her winning brand of Chickasaw volleyball.

While Geerts' numbers on her high school roster might be down a tad with 41 athletes out – there were plenty of youngsters that made their way on to the courts to work on fundamentals during the official start to practice for falls sports teams in Iowa.

The second through eighth

grade future Chickasaw stars all took part in practice from Monday through Wednesday of this week.

That means the future should be a bright one for a program that remains strong.

"We have a couple sophomores that have really shined this summer," said Geerts, who begins her 17th season as New Hampton's head coach in 2022.

New Hampton will return a good portion of firepower in its varsity lineup as two NEIC first-team all-conference selections – juniors Marissa Cahoy (MH/OH) and Molly Wegner (S) –

SEE VOLLEYBALL, 18



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