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Nashua REPORTER

Husky freshman second at TIC meet
Page 7



Vol. 115, Issue 19 13 May 2022 Nashua, IA 50658 • 75 cents



Kelly Terpstra/Reporter

Making some beautiful music!

Nashua-Plainfield Elementary School kindergarten students (above) belt out “A Mud Puddle Jumped on Me” during the school’s annual Spring Concert that featured solos by third-grader Layla Schmitt (below left) and the fourth-grader’s “Pizza Boy,” Kyle Lane (below right), before a “packed house” in the Nashua-Plainfield High School gymnasium Monday night.

See MORE CONCERT PHOTOS, Page 2



County receives some good insurance news

By **BOB FENSKE**
Of the Reporter

The Chickasaw County Board of Supervisors on Monday received some good news as it met with two representatives of the Heartland Risk Pool Insurance Group that provides the county its property and workers’ compensation insurance.

The county’s insurance bill for 2022-23 will drop by 12.1 percent — from \$429,673 to \$377,609 — and much of the decrease is coming because of a steep decline in its workers’ compensation premium.

This year, the county is paying \$137,750 in workers’ comp premiums, but the premium will drop to \$90,277 for the fiscal year that begins July 1. The reason, Heartland’s Judy Hamaker and Judy Funk said, is the county has had relatively

few workers’ comp claims in recent years.

“Kudos to your department heads, kudos to your employees,” said Funk, who is retiring at the end of this year and will be replaced by Hamaker. “We had some years where claims have been scary, and this shows the commitment we’ve seen you and your employees have made to safety.”

The county will receive a further premium credit on its total bill of almost \$28,000 because it belongs to the Heartland group.

But Funk, who has worked with Chickasaw County for the past 21 years, urged supervisors to consider raising the insurance values on a number of its larger buildings. The board has for several months discussed doing just that, and although

See SUPERVISORS, 4

Nashua veterans will mark Memorial Day with three programs on May 30

Members of the Nashua’s Ralph Nicholson VFW Post 6792 have announced the times and sites for the programs they will hold to observe Memorial Day on Monday, May 30.

The veterans will begin their day with a program at Riverton Cemetery at 8:45 a.m., move to Veterans Park for a program at 10 a.m. and then hold their third and final program at Greenwood Cemetery at approximately 10:45 a.m.

Longtime Nashua-Plainfield teacher and History Day advisor will deliver the keynote address at Greenwood, and the VFW members encourage the public to attend any or all of the services.



Kelly Terpstra/Reporter

A hot time on the course ... in more ways than one!

Nashua-Plainfield senior Drew Rodruck blasts the ball out of a sand trap on his way to a career-best round during Wednesday’s sectional tournament at the Nashua Town and Country Club. On a day, when temperatures climbed into the 90s, the Huskies also had a hot day on the course, qualifying for the district meet. See STORY, PAGE 7

Did we skip spring and head straight to summer?

By **BOB FENSKE**
Of the Reporter

As Jeff Trost participated in Men’s Night at the Nashua Town and Country Club Wednesday night, he couldn’t help but smile.

“Pretty much every trash can was

filled with water bottles from our sectional meet,” he said. “Trust me, we went through a lot of water — four cases — and I’ll tell you this much. We had some guys hurting. Play 18 holes in that heat, and you’re going to feel it.”

Then again, we all felt it this week as temperatures soared into the 90s

both Wednesday and Thursday, and our strange spring (what spring, you might be saying?) continued.

After a cool and wet April, Mother Nature appeared to skip the season and take us directly to summer this week.

See WEATHER, 4

New Hampshire pastor to embark on bicycle trip from Nashua to Nashua

Ride will raise money to restore the bell tower at pastor’s church

By **DEAN SHALHOUP**

Nashua (New Hampshire) Telegraph

Since he was in college, the Rev. Andrew W. Armstrong — he much prefers “Rev. Andy” — has embarked on more than a few long-distance bicycle trips, pedaling fast and slow, uphill and downhill, under hot sun and chilly rain as he passed through state after state, often stopping to visit people or places.

So it would seem fitting that Armstrong, for the past six years the senior pastor at the historic First Church of Nashua, New Hampshire, would choose to spend his upcoming summer sabbatical aboard a two-wheeled, self-propelled vehicle on a 2,000-mile journey from a little town named Nashua to a mid-size city named Nashua.

The latter Nashua would, of course, be “our” Nashua, the home of one of the Northeast’s earliest congregations and, since 1894, the handsome, Romanesque Revival landmark prominently sited atop Library Hill.

Now, in the midst of his “fourth attempt at retirement,” as Armstrong jokes in his message in the church’s monthly newsletter, he is in the process of planning the nearly cross country jaunt that will begin May 15 right in front of another church with a handsome tower and deep historical roots: the Little Brown Church in the Vale.

If you suddenly find yourself humming a tune that has “the Little Brown Church in the Vale” among its lyrics, you’ve got the right one — although the name of the song, which is actually a hymn, is “The Church in the Wildwood.”

Thereby the Nashua-to-Nashua connection: The Little Brown Church in the Vale is off Cheyenne Avenue in Nashua, Iowa. Built during the Civil War era, “Little Brown” was dedicated in 1864, a ceremony at which a Dr. William Pitts, a music and voice teacher from neighboring Bradford Academy, had his class sing the “Church in the Wildwood.”

Armstrong, meanwhile, said the plan is to drive out to Nashua, Iowa, with his wife, who will drop him and his bike off in Nashua then continue on to visit their daughter in Minnesota.

As soon as Armstrong attaches his few accessories to his bike frame, swings a leg over the bar and settles into the seat, the odometer will start ticking off the miles in what is officially called the “Tower to Tower Historical Ride.”

Armstrong said he’s looking forward to

See PASTOR, 3



Armstrong

Nashua-Plainfield celebrates spring (or summer?) with K-5 concert



Kelly Terpstra/Reporter
During Tuesday night's Elementary vocal and fifth-grade band concert, children displayed their talent, including clockwise, from left, Mya Morelock, a fifth grade band decked-out in cowboy hats, first grade singers and Harper Stowe on the ever-present recorder.



Above, Reagan Brahn joins her classmates in the fifth-grade band in a number, at right kindergarten students Emmet Huck and Royce Meyer sing, below right, the fourth graders perform "They're Just Bugs" and below are fourth graders, from left, Adli Hagen, Adrienne Kalvig and Halle Carpenter.



Feenstra reps in county today

U.S. Rep. Randy Feenstra (R-Hull) announced that his office will be holding spring traveling office hours in May. Representatives from Feenstra's office will be in 19 counties to help constituents with casework relating to passports, veterans' benefits, and other federal programs. The office hour will be on Friday, May 13 from 11 a.m. to noon at the New Hampton Public Library.



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Lucille Cronin, 86

Lucille Cronin, age 86 of Nashua, died Tuesday, May 10, 2022, at 11th Street Chautauqua Guest Home in Charles City.

A Mass of Christian Burial will be held at 10:30 a.m. Monday, May 16, 2022, at St. Michael's Catholic Church in Nashua with the Rev. Tom Heathershaw celebrating the Mass.

Interment will follow at St. Michael's Catholic Cemetery with Glenn McMichael, Matthew McMichael, Lucas McMichael, Joseph Constant, Michael Constant and Alex Larson serving as pallbearers.

Friends may greet the family from 4 to 6 p.m. on Sunday, May 15, 2022, at Hugeback-Johnson Funeral Home & Crematory/Olson Chapel in Nashua, with a Rosary following the visitation. An hour prior to the Mass on Monday, visitation will continue at the funeral home.

Online condolences for Lucille's family may be left at hugebackfuneralhome.com.

Lucille's life — one filled with love and kindness — began on Nov. 4, 1935, when she was born to George and Cecelia (Loughren) Merfeld on their acreage in Greene. The youngest of nine children, she grew up on the acreage where she and her siblings helped their parents with their gardens, strawberry patch, sweet corn and livestock. It was also as a child that her brother, Mick, gave her the nickname "Tudy."

She received her education at Sacred Heart Catholic Academy in Greene through the eighth grade and graduated from Greene High School, where she was a member of the Class of 1954. As a student, she found her lifelong passion for music as she sang in the choir, took piano lessons, and also loved playing softball. She was a sports fan throughout her lifetime, especially the ones that her children and grandchildren participated in.

After graduating, Lucille accepted a position at Oliver Tractor in Charles City and worked as the plant manager's secretary for 10 years.

One night, she and a friend went bowling in Charles City and stopped at Club 218. Tom Cronin was there with a friend who knew the woman Lucille was with. He waved Tom over to the table, and Tom sat down beside Lucille. The rest is history as on Aug. 8, 1964, they were married at Immaculate Conception Catholic Church in Charles City.

Lucille and Tom lived in Nashua, where Tom worked at First Nashua State Bank and the couple raised their family that grew to include John, Julie and Jane. The Cronins' three children grew up with a good, caring, sweet mother who was incredibly involved in their lives. Lucille was a fantastic listener and baker (her brownies, raisin creams and cherry bars were the best) and was so supportive of her children and their activities. They remember going golfing with Mom and stopping at the Dairy Treat for ice cream (Mom's favorite treat) or at Nelson's Nook for a doughnut, and they recall that their mother always had a treat waiting for them after school and loved hearing how their day had gone.

Lucille was a Cub Scout and Girl Scout leader, and for many years she taught religion at St. Michael's, where she was a member of St. Bernadette's Circle and a cashier at the church Fair Stand.

She and Tom loved to golf together, and they went on "tour" every summer as they played numerous couples tournaments all around the state



Lucille Cronin

of Iowa. Tom will tell you he had the most wonderfully supportive wife when it came to his career as a banker. When the Cronin children finished school, Lucille went to work at the bank as Tom's secretary, and they worked side by side until they retired in 1999.

The couple enjoyed traveling together, taking cruises and visiting California a number of times. They also spent time in Bella Vista, Arkansas, where they enjoyed winters golfing "down South."

Lucille was an amazing grandmother to her six grandchildren and eight great-grandchildren. She loved attending their concerts, sporting events and other school activities. Lucille loved babies; in fact, if there were infants in the room, she immediately gravitated to them.

Her love for music never ebbed. Lucille played the piano every day, and she loved playing and singing with her children and grandchildren, who will always remember singing songs like Whitney Houston's "I Will Always Love You" with Grandma.

She was an avid solitaire and Sudoku player, and she enjoyed playing cards and games — from 500 to spinner dominoes — with her family and friends.

Lucille was also committed to her community. In addition to being active at St. Michael's, she was a member of the Junior Federated, a women's organization in Nashua. The Cronins were longtime members of the Nashua Town and Country Club.

She made everyone around her feel special and worthy. Her two daughters, for example, were both born on the same date, Aug. 12, two years apart, but Lucille made sure that both Julie and Jane had their own special birthday cakes that she baked and decorated herself each year.

Lucille was a remarkable woman, one who was a great teacher to her children and grandchildren and kind and sweet to everyone she met. A wonderful wife, marvelous mother, great grandmother and fantastic friend will be missed by many, who will always cherish the memory of her and her loving and faith-filled example.

She is survived by her husband of almost 58 years, Tom of Nashua; her children, John Cronin of Clear Lake, Julie (Glenn) McMichael of Nashua and Jane Constant of Cedar Rapids; her grandchildren, Matthew (Chloe) McMichael of Nashua, Lucas McMichael of Seattle, Washington, Sarah (Alex) Larson of Nashua, Joseph (Alexsy) Constant of Marion, Michael (Stephani) Constant of Cedar Rapids, Nicole Constant of Cedar Rapids; and eight great-grandchildren, with one on the way.

Lucille was preceded in death by her parents; six brothers, Louis, Paul, James, Eugene, Charles and Maurice Merfeld; and two sisters, Ruth Keeling and Margaret Tolliver.



Pastor Andrew Armstrong — better known as "Pastor Andy" — stands on the steps of his church in Nashua, New Hampshire with the bicycle he will ride from our Nashua in Iowa to his Nashua in New England later this summer.

Pastor has knowledge about a lot of Nashuas

PASTOR: FROM 1

meeting people he's been in contact with, seeing sights he's never seen and visiting churches — some of which offered to put him up for a night or two — but the overall purpose of the trip is to raise funds for the church's Tower Restoration Fund.

The project is a comprehensive restoration of the church's bell tower, a three-year, roughly \$325,000 undertaking that is well on its way to completion.

A New Hampshire Land and Community Heritage Investment Program (LCHIP) grant received in December helped the cause, as did a number of other donations and pledges.

Armstrong's goal is to raise \$75,000 for the project through the online fundraising site GoFundMe. Nearly \$4,000 has been raised so far, an amount that is expected to swell steadily as Armstrong's start date draws nearer.

What inspired Armstrong to delve into the history of other Nashuas was a chance sighting of a road sign he passed while pedaling through Montana on a bike trip he took during the year-off he took while attending seminary in Boston.

The sign welcomed people to "Nashua, Montana," and it caught Armstrong's eye

RIDE TO RAISE FUNDS

FOR CHURCH'S BELL TOWER

The Rev. Andrew Armstrong, senior pastor of First Church Nashua (the one in New Hampshire), is embarking on a 2,000-mile bicycle trip from Nashua, Iowa, to Nashua, New Hampshire, in May to raise funds for the church's Tower Restoration Fund.

Donations can be made at <https://gf.me/v/c/mmrvtower-totower-historical-ride> or go to www.gofundme.com and search "Tower to Tower Historical Ride-Rev Andy Armstrong."

because one of his seminary friends happened to be from "our" Nashua.

"I took a photo and sent it to him," Armstrong said.

One contacted the other, and Armstrong's Nashua friend ended up hosting him for a summer while Armstrong was teaching at the Boston area seminary.

His interest in the history of First Church Nashua and the other places named Nashua led Armstrong to old church records, where he came across names of members of the Greeley family, who were prominent busi-

nessmen, and they and their families were First Church Nashua communicants.

He also discovered that it was a couple of the Greeleys, wealthy industrialists who, after moving west as part of the U.S. westward expansion, settled in a small Iowa town they named "Nashua" after their hometown.

Armstrong also discovered another Nashua — in California, of all places. As it turned out, that Nashua, along with one in Minnesota (population 68), were rural, unincorporated places, and the 6th Nashua turned out to be a neighborhood in Kansas City, Kansas.

As for his upcoming journey, Armstrong says he estimates he'll be on the road for about a month, and expects he'll cover around 60-80 miles per day.

The reason he chose the route he did?

"I love middle America," he said. "Plus, it's mostly flat, fewer hills," he added with a laugh.

"I'm really looking forward to meeting people along the way," Armstrong said.

"This is not a race."

....

Dean Shalhoup is a senior writer for the Nashua (New Hampshire) Telegraph, which granted permission to the Reporter to reprint this story.

FARMING IS A FAITH-BASED PROFESSION

Despite research and scientific breakthroughs, and despite innovations in technology, farming remains largely an act of faith.

You plant a seed and you harvest a crop.

You care for your livestock and they provide you with offspring. So much of what happens in between is out of your control.

Here are some verses that speak to a farmer's faith.

God's Blessings to You

• The Lord will send a blessing on your barns and on everything you put your hand to. The Lord your God will bless you in the land. — Deuteronomy 28:8

• But I will bless the person who puts his trust in me. He is like a tree growing near a stream and sending out roots to the water. It is not afraid when hot weather comes, because its leaves stay green; it has no worries when there is no rain; it keeps on bearing fruit. — Jeremiah 17:7-8

• The Lord will open the heavens, the storehouse of his bounty, to send rain on your land in season and to bless all the work of your hands. You will lend to many nations but will borrow from none. — Deuteronomy 28:12

• May God give you of heaven's dew and of earth's richness — an abundance of grain and new wine. — Genesis 27:28

When You Worry About the Future

• The threshing places will be full of grain; the pits beside the presses will overflow with wine and olive oil. I will give you back what you lost in the years when swarms of locusts ate your crops. — Joel 2:24-25

• I alone know the plans I have for you, plans to bring you prosperity and not disaster, plans to bring about the future you hope for. — Jeremiah 29:11

• The light shines in the darkness, and the darkness has never put it out. — John 1:5

Biblical Advice for Farmers

• Be sure you know the conditions of your flocks, give careful attention to your herds; for riches do not endure forever, and a crown is not secure for all generations. — Proverbs 27:34-35

• Farmers who wait for perfect weather never plant. If they watch every cloud, they never harvest. — Ecclesiastes 11:4

• But ask the animals what they think — let them teach you; let the birds tell you what's going on. Put your ear to the earth — learn the basics. Listen — the fish in the ocean will tell you their stories. Isn't it clear that they all know and agree that God is sovereign, that he holds all things in his hand? — Job 12:7-12

• Those too lazy to plow in the right season will have no food at the harvest. — Proverbs 20:4

• Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty. — Proverbs 21:5

• Plant your seed in the morning and keep busy all afternoon, for you don't know if profit will come from one activity or another—or maybe both. — Ecclesiastes 11:6

When You Need Reassurance

• The farmer knows just what to do, for God has given him understanding. ... The Lord of Heaven's Armies is a wonderful teacher and he gives the farmer great wisdom. — Isaiah 28:26, 29

• He will also send you rain for the seed you sow in the ground, and the food that comes from the land will be rich and plentiful. In that day your cattle will graze in broad meadows. — Isaiah 30:23

• I do not need bulls from your farms or goats from your flocks; all the animals in the forest are mine, and the cattle on thousands of hills. All the wild birds are mine and all living things in the fields. — Psalm 50:9-11

• As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease. — Genesis 8:22

• The one who plants and the one who waters work together with the same purpose. And both will be rewarded for their own hard work. — 1 Corinthians 3:8

• He calmed the raging storm, and the waves became quiet. — Psalm 107:29

— agriculture.com

Now he who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness.
2 Corinthians 9:10

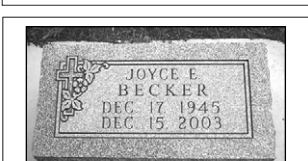
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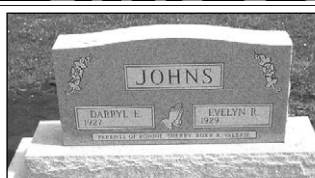
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Russet	Webster City	\$10,559	\$6,399
Colonial Rose	Fort Dodge	\$4,835	\$3,477
Salisbury Pink	Fort Dodge	\$3,506	\$2,149
Russet	Webster City	\$7,367	\$5,507
Midnight Black	Fort Dodge	\$11,947	\$8,533
Wausau	Fort Dodge	\$2,802	\$1,699

Chickasaw County Community Foundation's key impacts highlight annual report

The Chickasaw County Community Foundation's 2021 annual report is now available on the Community Foundation's website at www.chickasawccf.org.

The report highlights key impacts made and lists funds held with the Community Foundation along with grant-funded projects.

In 2021, a total of \$107,327 in grants from all charitable giving funds of the Foundation were awarded to organizations benefitting Chickasaw County residents and communities. Since the Foundation's establishment in 2005, \$1.4 million in grants have been awarded.

Charitable, community-minded people who want to do good in their community to support the causes they care about can do so with the Chickasaw County Community Foundation, an affiliate of the Community Foundation of Northeast Iowa.

The Foundation helps meet the county's needs through funds held with the Foundation and by increasing connections between people and the organizations that serve them. The Foundation also provides grants in its core program areas of arts and culture, community betterment, education and youth development, environment and animal welfare, health and human service.

For questions about the report, contact Jenna Flugum, marketing and communications manager at the foundation by emailing jflugum@cfeia.org or calling 319-243-1366.

Sheriff covers a lot of ground with supervisors

Board approves new one-year contract with Fredericksburg; gets updates from Hemann

By Bob Fenske
Of the Reporter

The Chickasaw County Sheriff's Office and the city of Fredericksburg have reached a contract agreement for law enforcement services during the 2022-23 fiscal year that begins on July 1.

Sheriff Marty Hemann presented the agreement to the Board of Supervisors during Monday night, and the board members unanimously approved the one-year contract. "It went well," Hemann said. "No issues, no drama."

Fredericksburg agreed to contract with the Sheriff's Office to provide 1,020 hours of service during the fiscal year. The city also agreed to pay \$59.50 per hour, which adds up to \$60,690 for the length of the contract.

The \$59.50 hourly rate is an increase from the \$56.81 the county is charging cities during this fiscal year.

Earlier this year, the city of Nashua balked at the increased rate, leading to relatively contentious negotiations that saw the Board of Supervisors propose raising the hourly rate if the city reduced the number of hours of law enforcement service.

In the end, the Nashua City Council grudgingly agreed to contract with the Sheriff's Office for 2,880 hours of service for the fiscal year. In the past, the city has contracted for 240 hours, but council members wanted more flexibility for deputies to cover the "more busy" times of the year.

The approval of the Fredericksburg contract came after Hemann presented an update on his office that included the potential increase in fees inmates will be charged for the time they spend in jail after they are sentenced.

Hemann said he has been notified by officials in Winneshiek and Fayette counties that they will in all likelihood raise their daily jail fees from \$50 to \$60, and he told

supervisors Chickasaw County should do the same.

"Basically, we can only charge you once you are sentenced," Hemann said after meeting with the board. "So say you get sentenced to two days but you spent eight hours with us after you get arrested, you get credit for that time but you still pay us for the two days you were sentenced."

Hemann touched on a number of subjects, a number of which included cost increases, during his report.

The sheriff updated the supervisors on the jail's meal situation.

For a number of years, Inspiring Lives provided meals to jail inmates but earlier this year, the agency notified the office it would no longer provide meals to the jail.

Hemann told supervisors that the jail was now contracting with MercyOne New Hampton Medical Center for meals and although the price the hospital charges is higher, the county is making up some of those costs because Inspiring Lives charged a delivery fee while jail personnel now pick up the meals from MercyOne.

Supervisors also learned that the Sheriff's Office recently put a new Durango in its fleet but that several vehicles have been in the shop for repairs.

"We obviously need our vehicles to be on the road," he said, "and it's just part of doing business, I guess. There's not much else we can do but have them fixed."

The Sheriff's Office K-9 officer recently had to undergo surgery after he suffered a torn ACL, and Hemann told supervisors that the office planned to hold fundraisers, including an upcoming bags tournament, and seek donations to pay for the surgery.

"The costs of vehicles are going up, fuel is going up, fixing vehicles is going up, medical bills are going up," he said, "and it's a trend we're just having to deal with right now."

Letter to the Editor

Farm Bureau celebrates Beef Month

May is Beef Month, and the Chickasaw County Farm Bureau would like to thank all of the beef farmers for all of their hard work and time.

As summer gets closer, the weather gets warmer, think about and thank all of those farmers that raise the great beef that you may be putting on your grill.

It takes a lot of time and hard work to raise quality beef that many of us love to eat and what Iowa beef farmers are well known for.

Happy Beef Month and, again, Thank You Beef Farmers!

Chickasaw County Farm Bureau



Representatives of Heartland Risk Pool Insurance Group meet with the Chickasaw County Board of Supervisors on Monday morning.

County's property, workers' comp premiums drop

SUPERVISORS: FROM 1

Heartland's proposal on Monday included a 15 percent increase on values of properties the county owns, but Funk urged the board to think about possibly upping the values.

"I know you weren't part of the derecho, but I can tell you that Tama County, for

example, can tell you horror stories," she said. "There are too many buildings out there with too little value around the state, especially as we see construction costs go way up."

Board members said they will continue looking at the values of county property and will get back to Heartland before the fiscal year if they decide to increase insur-

ance values, but they also took time to thank county employees for the decrease in workers' compensation premiums.

"I'll say what Judy said and thank our department heads, our employees," Supervisor Jake Hackman said. "I know accidents happen, but they've done a good job limiting them and that's why we're seeing what we're seeing."

Medical experts stress importance of hydration in heat wave

WEATHER: FROM 1

Record highs temperatures were recorded throughout much of Northeast Iowa this week, and farmers rushed to make up for lost time when it came to their planting season.

Soil temperatures, which had yet to crack the all-important 50-degree barrier last week, soared right along with the air temperatures.

Area residents went from turning up their heat on Sunday to switching on their air condi-

tioners on Monday.

The heat wave also came with a healthy dose of humidity, and healthcare workers sent out reminders to residents to stay hydrated. Weather forecasters also warned that there was the potential for severe thunder-

storms both Thursday night and today (Friday).

The good news for those of us who aren't quite ready for summer is that the heat is expected to dissipate over the weekend, when high temperatures are expected to be near 70.

Early voting for June 7 primary begins Wednesday

Early voting for the June 7 primary will begin next week at the Chickasaw County Courthouse.

The Auditor's Office announced that voters can begin casting ballots in either the Republican or the Democratic primary next Wednesday during its regular business hours, which are 8:30 a.m. to 4:30 p.m.

Voters currently can request that absentee ballots be mailed to them, but election

officials stress that under state law, the first day they can actually mail the ballots is next Wednesday. Monday, May 23 is the last day to request a ballot by mail.

The Auditor's Office will also be open on Saturday, June 4, for those who would like to cast absentee ballots, and Monday, June 6, is the last day residents can vote at the Auditor's Office. It is also the final day that the Auditor's Office can accept mailed-in

ballots.

On election day, voters must cast their ballots at the polls, which will be open from 7 a.m. to 8 p.m.

Voters are reminded that they need to bring a valid ID to either the Auditor's Office or their polling place when they are ready to cast their ballots.

Winners of the primary will move onto the Nov. 8 general election.

Briefs

SafeTech will present ambulance options Tuesday

The Chickasaw County Ambulance Council and Board of Supervisors will receive a report Tuesday from the company conducting an ambulance feasibility study.

SafeTech Solutions officials will meet with county officials and residents at 5:30 p.m. this coming Tuesday at the Chickasaw Event Center.

SafeTech was hired by the Ambulance Council earlier this year to perform a feasibility study, and company officials said in March that their initial report will offer the county a number of options on how to proceed with EMS services.

New Hampton FFA to honor the late Bob Svec with tractor drive

New Hampton FFA will be holding the Bob Svec Memorial Tractor Drive on Sunday, June 12.

The set up for the ride and breakfast will be held at the Airport Lake Tractor pull grounds. The ride registration will start at 8 a.m., and a drivers meeting is set for 9:30, with the ride to and from Bradford beginning immediately after the meeting. Lunch will be provided for the driver, and extra meals will be \$10 each.

The fee for the ride will be \$60, and will include a t-shirt if registration is completed by May 27 and registration can be made by going to the FFA's Facebook page. Svec served as a New Hampton police officer for almost a decade, before

health concerns forced him to retire. Svec, who passed away last summer, then took a job at KCZE-FM radio, where he served as the morning host and a tireless supporter of students throughout the area.

Legal Notice • Legal Notice

THE IOWA DISTRICT COURT FOR CHICKASAW COUNTY IN THE MATTER OF THE ESTATE OF MARILYN J NORDMAN, Deceased CASE NO. BSPR003046 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of MARILYN J NORDMAN, Deceased, who died on or about March 19, 2022:

You are hereby notified that on April 26, 2022, the Last Will and Testament of MARILYN J NORDMAN, deceased, bearing date of October 12, 2020, was admitted to probate in the above named court and that Shawna Lebeck and Shanelle Harken have been appointed Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereaf-

ter be forever barred. Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and in less or filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated April 27, 2022
Shawna Lebeck, Executor of Estate, 2637 Scenic Lane, Nashua, IA 50658
Shanelle Harken, Executor of Estate, 603 N Elizabeth, Clarksville, IA 50619
Lance Michael Gritters, ICIS#: AT0003068, Attorney for Executors, Stumme, Collins, Gritters & Epley, PLLC, 303 1st Ave NE, PO Box 836, Waverly, IA 50677
Date of second publication: 05/13/22

No. 21991
05/06/22 05/13/22

Legal Notice • Legal Notice • Legal Notice • Legal Notice • Legal Notice • Legal Notice • Legal Notice • Legal Notice

CHICKASAW COUNTY BOARD OF SUPERVISORS' MINUTES May 2, 2022

The Board convened on Monday, May 2nd, 2022, at 9:00 AM with members Breitbach, Byrne, Hackman, and Kuhn in the Boardroom on the second floor of the Court House, New Hampton, Iowa. Zoll participating via phone. Chairperson Kuhn called the meeting to order. Also present were Auditor Stephanie Mashek and Roger Tiemessen.

Motion by Byrne, Second by Hackman to approve the agenda for May 2nd, 2022. Roll Call: Ayes- Hackman, Breitbach, Byrne, Zoll (via phone), and Kuhn. Motion Carried.

Motion by Hackman, Second by Breitbach to approve the minutes from April 25th, 2022. Roll Call: Ayes- Hackman, Breitbach, Byrne, Zoll (via phone), and Kuhn. Motion Carried.

9:05 AM Mashek stated that Human Resource training from Ahlers & Cooney was sent out this morning to department heads and the board. Mashek stated that an individual resigned from Public Health & Homecare, and it will be added to a future agenda.

Motion by Byrne, Second by Hackman to approve The Balk Tank, LLC class C liquor license for twelve month term. Roll Call: Ayes- Hackman, Breitbach, Byrne, Zoll (via phone), and Kuhn. Motion Carried.

Emergency Management Coordinator Jeff Bernatz present at 9:08 AM. Discussion on the settings on the owl and address the concerns conveyed to the board.

Dale Tiemessen present at 9:15 AM. Consensus of the board is to go out for bids on new boardroom chairs.

Motion by Hackman, Second by Byrne to enter into the public hearing at 9:15 AM on the proposed transfer of Real Property to Tiemessen. Roll Call: Ayes- Hackman, Breitbach, Byrne, Zoll (via phone), and Kuhn. Motion Carried. Public comment asking how this came to be. Byrne stated that the Assessor's office found the error. No written comments received.

Motion by Hackman, Second by Byrne to close the public hearing at 9:17 AM. Roll Call: Ayes- Hackman, Breitbach, Byrne, Zoll (via phone), and Kuhn. Motion Carried.

9:20 AM Motion by Hackman, Second by Breitbach to approve Resolution 05-02-22-28 Transfer of Real Property to Tiemessen by quit claim deed. Roll Call: Ayes- Hackman, Breitbach, Byrne, Zoll (via phone), and Kuhn. Motion Carried. RESOLUTION NO. 05-02-22-28 A RESOLUTION VACATING AND ABANDONING THE WEST

TWENTY-TWO (22) FEET OF THE EAST TWO HUNDRED AND FIVE (205) FEET OF THE SOUTH SIXTY-THREE (63) FEET OF THE SOUTHEAST QUARTER (SE ¼) OF THE NORTHEAST QUARTER (NE ¼) OF SECTION TWENTY-TWO (22), TOWNSHIP NINETY-SIX (96) NORTH, RANGE THIRTEEN (13) WEST OF THE 5th P.M., IN CHICKASAW COUNTY, IOWA, AND AUTHORIZING THE CONVEYANCE OF SAID REAL PROPERTY BY QUIT CLAIM DEED TO

DALE B. TIEMESSEN AND ROGER F. TIEMESSEN WHEREAS, THE WEST TWENTY-TWO (22) FEET OF THE EAST TWO HUNDRED AND FIVE (205) FEET OF THE SOUTH SIXTY-THREE (63) FEET OF THE SOUTHEAST QUARTER (SE ¼) OF THE NORTHEAST QUARTER (NE ¼) OF SECTION TWENTY-TWO (22), TOWNSHIP NINETY-SIX (96) NORTH, RANGE THIRTEEN (13) WEST OF THE 5th P.M., IN CHICKASAW COUNTY, IOWA, is no longer of value to the citizens of Chickasaw County, Iowa, and continued ownership is detrimental to the citizens of Chickasaw County, Iowa; and WHEREAS, it is in the best interests of the citizens of Chickasaw County, Iowa, that said real property be vacated and abandoned for the purpose of sale; and WHEREAS, Dale B. Tiemessen and Roger F. Tiemessen are the owners of the adjacent real property and have tendered an offer to purchase said real property for One Dollar (\$1.00); and WHEREAS, the Board of Supervisors of Chickasaw County, Iowa, held a public hearing on the 2nd day of May, 2022, at 9:15 a.m. after formal publication of Resolution No. 04-18-22-25 and received no written or verbal complaints or objections from the public with regard to the proposed vacation, abandonment, and sale of said real property; and WHEREAS, the Chairman of the Board of Supervisors of Chickasaw County, Iowa, and the Chickasaw County, Iowa, Auditor shall be authorized to sign a Quit Claim Deed transferring said real property to the owners of the adjacent real property. Dale B. Tiemessen and Roger F. Tiemessen; NOW, THEREFORE, BE IT HEREBY RESOLVED by the Board of Supervisors of Chickasaw County, Iowa, that THE WEST TWENTY-TWO (22) FEET OF THE EAST TWO HUNDRED AND FIVE (205) FEET OF THE SOUTH SIXTY-THREE (63) FEET OF THE SOUTHEAST QUARTER (SE ¼) OF THE NORTHEAST QUARTER (NE ¼) OF SECTION TWENTY-TWO (22), TOWNSHIP

NINETY-SIX (96) NORTH, RANGE THIRTEEN (13) WEST OF THE 5th P.M., IN CHICKASAW COUNTY, IOWA, hereby is vacated and abandoned, and the Chairman of the Board of Supervisors of Chickasaw County, Iowa, and the Chickasaw County, Iowa, Auditor hereby are authorized to sign a Quit Claim Deed transferring any and all interest Chickasaw County, Iowa, has in THE WEST TWENTY-TWO (22) FEET OF THE EAST TWO HUNDRED AND FIVE (205) FEET OF THE SOUTH SIXTY-THREE (63) FEET OF THE SOUTHEAST QUARTER (SE ¼) OF THE NORTHEAST QUARTER (NE ¼) OF SECTION TWENTY-TWO (22), TOWNSHIP NINETY-SIX (96) NORTH, RANGE THIRTEEN (13) WEST OF THE 5th P.M., IN CHICKASAW COUNTY, IOWA to the owners of the adjacent real property, Dale B. Tiemessen and Roger F. Tiemessen. HEREBY RESOLVED by the Board of Supervisors of Chickasaw County, Iowa, this 2nd day of May, 2022. /ss/ Matthew Kuhn, Chairperson to the Board of Supervisors. ATTEST: /ss/ Stephanie Mashek, Auditor & Secretary to the Board of Supervisors.

Bob Fenske, member of media present at 9:21 AM.

Committee Assignment Updates: Breitbach attended Northeast Iowa Community Action meeting on April 25, 2022.

Byrne attended a Workforce meeting on April 28, 2022.

Hackman attended the Pathway meeting on April 25, 2022.

D. Tiemessen and R. Tiemessen left at 9:28 AM.

Motion by Hackman, Second by Byrne to open the public hearing for FY21-22 Budget Amendment at 9:30 AM. Roll Call: Ayes- Hackman, Byrne, Breitbach, Zoll (via phone), and Kuhn. Motion Carried.

Motion by Hackman, Second by Byrne to approve Resolution 05-02-22-29 to Amend Department Appropriations. Roll Call: Ayes- Hackman, Byrne, Breitbach, Zoll (via phone), and Kuhn. Motion Carried. RESOLUTION TO AMEND DEPARTMENTAL APPROPRIATIONS RESOLUTION NO. 05-02-22-29 WHEREAS the Board of Supervisors approved a Departmental Appropriations on June 7th, 2021 for

all departments of the fiscal year beginning July 1st, 2021 in accordance with section 331.434, Subsection 6, Code of Iowa, and WHEREAS the appropriations approved on June 7th, 2021 are hereby amended in accordance with the attached sheet for the following reasons and with no increase in current fiscal year taxes: Board of Supervisors.....(\$11,267.00).....FICA (\$13,995.00).....IPERS (\$34,560.00).....Health Insurance (\$50,000.00).....County Betterment for Airport Project Treasurer.....(\$6,624.00).....FICA (\$8,174.00).....IPERS (\$17,280.00).....Health Insurance County Attorney.....(\$51,322.00).....Salaries-Deputy Attorney.....(\$5,183.00).....FICA (\$5,004.00).....IPERS \$51,322.00.....Special Attorney Fees Sheriff \$4,180.00.....Fuels-Gasoline \$2,000.00.....Fuels-Gasoline \$1,500.00.....Fuels-Gasoline \$7,490.00.....Fuels-Gasoline \$7,000.00Boarding & Housing Prisoners \$2,000.00.....Emergency Treatment \$34,995.00.Motor Vehicle Replacement \$17,000.00.....Light Equipment Veteran's Affairs.....\$11,374.00.....Salaries-VA \$3,000.00.Stationary, Forms, & General \$400.00.....Telephone & Internet\$871.00.....FICA \$1,074.00.....IPERS General Services.....\$15,000.00.....Real Property Insurance Unemployment.....(\$5,000.00).....Unemployment Compensation (Fund 0002) \$5,000.00Unemployment Compensation (Fund 0001) MHDD.....\$70,000.00.....Distribution MHDD Regional Fiscal Agent Weed Commissioner.....\$100.00.....Fuels/Gasoline \$200.00.....Official Publications \$30.00.....Sustenance Meals \$100.00.....Education-Training \$100.00.....Loding Capital Projects.....\$6,347.00.....Radio Communications Project (\$233,049.00).....LEMC PASSED, APPROVED, AND AD- OPTED THIS 2ND DAY OF MAY

2022. /ss/ Matthew Kuhn, Chairperson to the Board of Supervisors. ATTEST: /ss/ Stephanie Mashek, Auditor & Secretary to the Board of Supervisors.

Depart, Before Amendment, Icrease/ Decrease, After Amendment Board of Supervisors, \$356,989.00, (\$109,122.00), \$247,167.00

Treasurer, \$369,555.00, (\$32,078.00), \$337,477.00

County Attorney, \$342,369.00, (\$10,187.00), \$332,182.00

Sheriff, \$1,755,381.00, \$83,655.00, \$1,839,046.00

Veteran's Affairs \$48, 995.00, \$16,719.00, 465,714.00

General Services, #813,441.00, \$15,000.00, \$829,441.00

Unemployment, \$5,000.00, \$0.00, \$5,000.00

Mental Health, ID & DD, \$357,990.00, \$70,000.00, \$427,990.00

Weed Commissioner, \$345.00, \$53,000, \$875.00

Capital Projects, \$2,003,565.00, (\$2,266,702.00), 1,766,863.00

Service Area, Before Amendment, Increase/Decrease, After Amendment

Public Safety & Legal Services, \$2,504,725.00, \$73, 487.00, \$2,578,203.00

Physical Health & Social Services, \$1, 528,374.00, \$16,719.00, \$1,545,093.00

Mental Health, ID & DD, \$357,990.00, \$70,000.00, \$427, 990.00

County Environment & Education, \$762,130.00, (\$49,470.00), \$712,660.00

Government Services to Residents, \$595,260.00,(\$32,078.00), \$563, 182.00

Kuehn left at 10:01 AM. Head Custodian David Gorman present at 10:03 AM.

10:00 AM Discussed the Heritage Property budget and maintenance once possession of the building is taken by the County on July 1, 2022 or thereafter.

Gorman left at 10:18 AM. Deputy Ryan Shawver, City of New Hampton Chief of Police Zach Nobsch, Greg Wilde, Sid Wilde, and Sheriff Martin Hemann.

10:22 AM Motion by Hackman, Second by Byrne to approve the letter of support to the Iowa Utilities Board regarding proposed rules revision for wet weather and soil conditions during potential construction of Carbon Pipeline. Roll Call: Ayes- Hackman, Breitbach, Byrne, Zoll (via phone), and Kuhn. Motion Carried.

Jail Administrator Jordan Gansen present at 10:25 AM.

10:30 AM Discussed proposal of a feasibility study for Chickasaw County jail from Samuels Group.

Treasurer Sue Breitbach present at 11:02 AM.

Samuels group, Gansen, Shawver, and Nobsch left at 11:07 AM.

Assessor Ray Arnel present at 11:07 AM.

Recorder Shirley Troyna present at 11:09 AM.

11:07 AM Discussed the Conflict-of-Interest Policy. Tabled to May 9th, 2022.

Deputy Shawver, Jail Administrator Jordan Gansen, New Hampton Chief of Police Zach Nobsch, Emergency Management Coordinator Jeff Bernatz, and John Hansen present at 11:24 AM.

Sue Breitbach, Troyna, and Arnel left at 11:24 AM.

11:30 AM Discussed proposal of a feasibility study for Chickasaw County jail from Midwest Construction Consultants.

Hemann, Gansen, Nobsch, Bernatz, and Hansen left at 12:04 PM.

Motion by Breitbach, Second by Hackman to adjourn at 12:07 PM. Roll Call: Ayes- Hackman, Breitbach, Byrne, Zoll (via phone), and Kuhn. Motion Carried.

Matthew Kuhn, Chairperson Board of Supervisors ATTEST: Stephanie Mashek, Secretary to the Board

No. 22019
05/12/2022 NH 05/13/2022 NR

Author shares a journey like no other

Former pilot shares spectacular story of near-death experiences where he says he spent time in both Heaven and Hell

By **BOB FENSKE**
Of the Reporter

Jim Woodford had spent most of his life as a “traveler.” In his job as a jetliner pilot, he had traveled the globe, delivering passengers and cargo to more than 50 countries around the globe.

But in 2014, little did he know that he would travel “to the most incredible place ever.” And for more than two hours on Saturday, as he had done the previous two nights, the native of Newfoundland, Canada, shared the story of his amazing journey to both Heaven and Hell with a room full of people at Hugeback-Johnson Funeral Home.

He peppered his talk with humor — “I understand if you’re skeptical or you’re here because your wife dragged you here” — but the pilot who spent more than 11 hours “clinically dead” in 2014 said today he travels the world to tell his story and to urge people to “try to reconnect with God.”

Why? Because he said he has seen the incredible beauty of Heaven and the horrific ugliness of Hell.

He was invited to New Hampton by Gayla Hugeback, whose family owns and operates the funeral home, and before Woodford arrived, she joked that the only reason she believed Woodford, who receives hundreds of invitations to speak each week, accepted her invitation was that “we both love horses.”

But just a few hours after the famed speaker and the author of “Heaven: An Unexpected Journey” departed New Hampton, Hugeback said she will always remain grateful that she was able to meet Woodford

and, more importantly, that he was so willing to share his story with New Hampton-area residents.

“He touched so many people, he comforted so many people,” she said. “I think his talks ... they changed a lot of lives, including ours.”

In addition to holding three programs at the funeral home, Woodford also met with students at St. Joseph Community School.

In those talks, he shared the story of growing up in a rugged part of Canada, dreaming of becoming a pilot. That dream became a reality, and he met the love of his life, Lorraine, as his career zoomed to the heights of the airline industry.

But in 2014, he was struck by a rare disease called Guillain Barre, and doctors gave him little chance of recovery.

“You would think I would have said, ‘Hey God, I am in a bit of a bind, can you help me out?’ But not me,” he said. I was arrogant. I lived a self-centered life concerned about everything but God.”

Still, he slowly recovered and appeared to have “made” it, even though for much of his recovery, he was totally dependent on Lorraine.

His life forever changed on an April 2014 day when he went to check on his horses.

“I’m in my truck, and all of a sudden, I felt like I was on fire, I couldn’t breathe, my lungs were collapsing,” he said.

And suddenly, Woodford recounted he felt no pain, he could “see through his feet” and was outside of his truck.

His journey had commenced.

And for more than two hours, he shared the most spectacular trip he will take in his lifetime. He discussed seeing the hor-



Bob Fenske/Reporter
Jim Woodford shares his near-death experiences before a large crowd at Hugeback-Johnson Funeral Home in New Hampton this past Saturday afternoon.

rors of Hell and the absolute beauty of heaven. After seeing the former, he said he was met by three giant angels who told him, “Fear not, James, for we are your friends.”

Woodford said he saw no shadows, no darkness. He said almost everyone in Heaven appeared to be young and was told by the angels that almost everyone in Heaven — save for God’s holy prophets — are not older than when Jesus died at the age of 33. He described, as he put it, “indescribably beautiful colors and flowers,” that are a part of Heaven and shared what he saw in the Holy City.

Meanwhile, back on Earth, Woodford’s body was located in his truck in that pasture and he was rushed to a hospital, where once again, doctors told his wife that there was little — if any — hope for her husband.

Yet, he recovered, and he laughed when he told the crowd what his first words were to his wife after he regained consciousness in an intensive care unit.

“Lorraine, I saw Jesus, and Jesus has horses,” he said, “and I know that’s a strange thing to say but that was the first thing I told her.”

Woodford told the area residents gathered in a funeral home that those who have gone before them are in a wonderful place where love rules.

“Know they are alive and well and cared for in heaven,” he said.

And for hours after each event, he talked with those who attended his program and shared more of his story.

“I understand the skepticism, but what I can do is share my story,” he said, “That’s why I’m here, to tell you that Heaven and Hell are very real and that God loves us, He’s always loved us and he will continue to love us and care for us.”

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Briefs

Nashua-Plainfield seniors to have baccalaureate, Awards Night next week

Nashua-Plainfield seniors will have their last day of school next Wednesday and that evening they will take part in an optional baccalaureate service and have Senior Awards Night. Baccalaureate will begin at 6:30 p.m. in the high school gymnasium and will be followed by the handing out of awards and scholarships during a program that will start at 7:30. Commencement for the 41 graduating seniors will be held on Sunday, May 22, and for the first time since 2019, students will receive their diplomas in the high school gymnasium. The

past two years, commencement was held at the football field because of the COVID-19 pandemic.

The commencement ceremony will start at 2:30 p.m.

Mobile Food Bank to make stop in New Hampton next Thursday

The Northeast Iowa Mobile Food Bank will make its monthly distribution in Chickasaw County on Thursday, May 19. All food-insecure individuals and families are invited to received food at Trinity Lutheran Church in New Hampton and distribution is set for 4:30 to 6 p.m.

NASHUA CITY WIDE GARAGE SALES

Thursday thru Saturday, June 16, 17, & 18

Thursday - Saturday June 16-18 2022

Garage Sale!

DEADLINE June 6th by Noon

Include Your Sales Days & Address in Your Ad

\$15.00 50 Words Max

- Only one word per space
- Abbreviations count as a word
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Examples: 10 N Chestnut is THREE words; "8 a.m. to 5 p.m." is five words and "8 to five" is three words

Get your Garage Sale ad published **WITH A MAP** in the June 10th Reporter

Use this convenient form as a pricing guide, then mail it to our office with your payment! Or drop off at the Tribune Office in New Hampton

Nashua REPORTER
641-394-2111
801 Riverside Drive, Charles City, Iowa 50616

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46	47	48	49	50
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IDPH IOWA Department of PUBLIC HEALTH

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Syphilis is on the rise in Iowa.

Syphilis is a sexually transmitted infection. Early numbers show a 75% increase in syphilis cases in Iowa from 2020 to 2021.

It's more common and easier to get than you might think.

Syphilis is curable but can cause serious health problems without treatment. Talk to your doctor about whether you are at risk.

Learn more about syphilis: ashsexualhealth.org/syphilis
Find a testing location near you: gettested.cdc.gov

IDPH IOWA Department of PUBLIC HEALTH

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Algona, IA 50511
515-295-2927



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Garage Sales

342 SOUTH ALTA AVE. New Hampton. Multi-family garage sale. Fishing poles, children's clothes, restaurant dishes, adult clothes, camp stove, log splitter, toys, home decor, much miscellaneous.

DENVER CITY-WIDE Garage Sales: Many garage sale listings for week-end of May 12-13-14 in Denver. Flyers at www.denveriaforum.com; Casey's; Kwik Star.

GARAGE SALE 201 N. Locust Ave, New Hampton. First United Methodist Church. Thursday May 12th 8 to 5. Friday May 13th 8 to 3. Please use door on the east side of church. Furniture, kitchen items, dishes, toys, books, sporting goods and a variety of other items.

Miscellaneous

GENERAC STANDBY Generators provide backup power during utility power outages, so your home and family stay safe and comfortable. Prepare now. Free 7-year extended warranty (\$695 value). Request a free quote today! Call for additional terms and conditions. 1-855-954-5087

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Lime Chips
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Huskies take second at TIC East and Central Springs meet

Huskies have plenty to celebrate; Mahnesmith named division's coach of the year

By KELLY TERPSTRA
Of the Reporter

It's been a magical year for the Nashua-Plainfield Huskies in 2022.

There could be many more memorable moments forged in an historic season for the Huskies and first-year N-P head coach Jessi Mahnesmith.

That means the next two weeks could produce gold – in multiple events.

Numerous records have been shattered by the N-P girls track team this spring and the Huskies broke some more at the Top of Iowa Conference meet last week Thursday at Osage. Spearheaded by a supremely talented senior class and a freshman that is one of the best runners in the state – N-P is primed to finish strong.

There's still plenty of work to be

Head online for state qualifying meet story

Both the Nashua-Plainfield boys and girls track teams competed Thursday night at the Class 1A state qualifying meet in Hudson.

We'll have stories and photos from the meet online today (Friday) when all the state meet qualifiers are known.

And next week's Reporter will have stories on the state qualifying meet and the first day of the Class 1A state meet in Des Moines.

done on the biggest stage to date.

"These seniors have been amazing leaders," said N-P assistant coach Amber McCall. "They're not done yet, though. This is definitely a special

moment for them. They have a lot going on within this next two weeks."

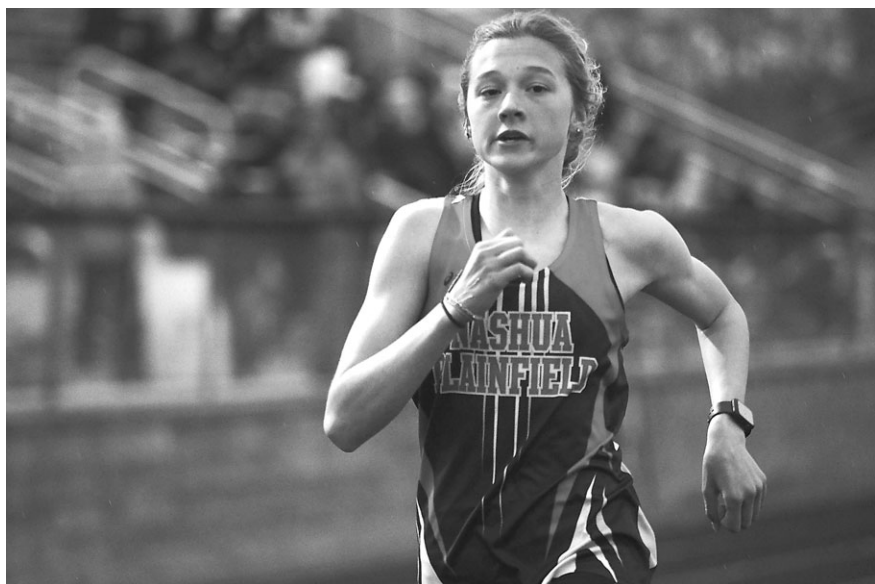
The Huskies won eight events at the conference meet and placed runner-up to Osage. The Green Devils bested N-P, 118-105.

N-P also ran at the Panther Co-Ed Relays on Monday in Manly in a meet hosted by Central Springs. The Huskies placed runner-up in that meet as well with 115 points. The host Panthers took first in the overall standings with 162 points.

N-P ran at Hudson in the Class 1A state qualifying meet on Thursday of this week and has a chance to send numerous athletes to the state meet in Des Moines next week.

The Huskies sport top-five times in several events – mainly the sprint

SEE GIRLS TRACK, 8



Kelly Terpstra/Tribune

Nashua-Plainfield's Kadence Huck sprints to the finish line during the 800 at last week's Cowpath Relays.

Huskies land two on all-TIC East golf team

Franzen takes second, Nelson ninth as N-P girls finish fourth at conference

By BOB FENSKE
Of the Reporter

What Nashua-Plainfield coach Jeff Trost has most appreciated about Paige Franzen and Autumn Nelson in recent weeks comes down to one word – consistency.

And the two leaders of the Huskies' golf team were at it again Monday when they both posted top-10 finishes at the Top of Iowa Conference East Division meet.

Franzen fired a 94 to finish second in the individual standings while Nelson had back-to-back 51s to finish with a 102 and take seventh, which was also good for all-conference honors.

"They've played consistent golf lately," Trost said, "and I know Paige gets a little frustrated when she doesn't hit a great shot and we're still working on her that not every shot is going to be perfect. But she puts it behind her very well, especially for a freshman. And Autumn, well she's just been really steady for us lately. She's not going to shoot a super low score, but she's going to find the low 50s, maybe the high 40s, most days."

Franzen finished seven shots off the pace set by North Butler's Meg Thompson, who won medalist honors with an 87. Mason City Newman's Emma Wiener (98) and North Butler's Reagan Mulder (99) were the only other players to break 100 on a wind-swept day at Greene's Round Grove Golf and Country Club.

North Butler won the meet with a 415, 13 strokes better than runner-up Newman. Northwood-Kensett took third with a 456 while the Huskies finished with a 462.

Faith Franzen had a 121 while Natalie Sinnwell rounded out the Nashua-Plainfield scorers with a 145.

"Wind can be really tough on kids," Trost said, "because it can be such a mental grind. You hit a good shot, or you think you do, and the wind pushes it this way or that way. It was important for the girls to realize bogies and double bogies had to be a goal on a day like that."

Nashua-Plainfield will play the first round of the regional tournament at Tripoli today, and the top two teams and five individuals will advance to the second round of the regional at Grundy Center next Wednesday. If, however, Tripoli is one of the top two teams, then three teams will move on.

"We've got our work cut out for us," Trost said, "but these girls have come a long ways this year and I know they'll give us their best shots."

TEAM RESULTS

North Butler 415, Mason City Newman 428, Northwood-Kensett 456, Nashua-Plainfield 462, Central Springs 465, West Fork 467, St. Ansgar 470, Osage 501, Rockford 546.

Medalist - Meg Thompson (NB) 44-43 - 87.
Nashua-Plainfield scores: Paige Franzen 46-48 - 94, Autumn Nelson 51-51 - 102, Faith Franzen 63-58 - 121, Natalie Sinnwell 71-74 - 145, Maddie Foster 86-85 - 171, Payton Howland 87-85 - 172.



Kelly Terpstra/Reporter

Paige Franzen watches her chip shot during the a meet held last month.



Kelly Terpstra/Tribune

Nashua-Plainfield's Dawson Glaser launches a tee shot during Wednesday's Class 1A sectional meet that was held at the Nashua Town and Country Club.

AFTER DISAPPOINTING TIC MEET, HUSKIES REBOUND TO QUALIFY FOR DISTRICTS

By KELLY TERPSTRA
Of the Reporter

One word, three letters – H-O-T.

Prep linksters repeatedly swigged from water bottles or sports drinks, wiped sweat from their brow and tried to maintain some semblance of cool on a scorcher of a mid-May afternoon in Nashua on Wednesday.

With temps in the 90s, the sun beat down on the Nashua Town and Country Club at the Class 1A Sectional meet hosted by Nashua-Plainfield.

The Huskies and longtime veteran coach Jeff Trost didn't seem to mind the July-like weather and had plenty of "chill" traversing the lush green terrain of its home course.

That all added up to a sectional runner-up finish and a chance to compete in the district round on Monday at Spring Valley Golf Course near Livermore – an hour-and-forty-five minute drive for the Huskies to see if they have what it takes to crack the state field.

North Butler cruised to the sectional crown with a 344. N-P was 26 strokes back in second with a 370.

"The goal this time of the year is to advance. It can be ugly, it can pretty," said Trost. "But if you're playing in the next round, you've hit the goal you started out with."

Wednesday's N-P team score of 370 was a whopping 73 strokes better than the Huskies' bloated eighth-place tally of 443 at the Top of Iowa Conference meet on Monday. That was a miserable day to say the least as N-P fought the course at the Northwood Country Club and lost – big time. The

Huskies played in heavy winds at the league meet and started out on the wrong foot in its first 18-hole tournament of an upside-down spring season that has been truncated for most teams because of inclement weather.

"I always preached to the kids – you just play and do the best you can. Add 'em up at the end and see where you stand," said Trost. "If you start looking for a number...that's pressure that you put on yourself, then you start taking chances that you don't normally need to take."

The feeling in the clubhouse Wednesday saw smiles all around from this Husky contingent that saw N-P senior Drew Rodruck shoot the round of his life on his home course. Rodruck was an individual district qualifier as he fired an 87. Rodruck kept it consistent with an opening nine-hole tally of 44, followed by a 43 to end his day. Rodruck fired a 69 to start his morning on Monday and finished with 119 – 32 strokes worse than his best effort on Wednesday.

"Conference – it was tough that day with the wind and everything. With it being our home course – I'd say that helped us a little bit and helped the score out a lot," said Rodruck.

Rodruck said his driver was working well for him. He kept plugging away – just like his teammates did – and the scores dropped considerably from two days prior.

"I didn't envision this this morning when I woke up, making it on. That's why you play the game," said Rodruck.

N-P senior Trey Nelson fired a 90. He shot a career-best 86 last

SEE BOYS GOLF, 8



Nashua-Plainfield golfers Bryce Anderson (above) and Devon Griffin (below) watch their putts during Wednesday's meet.



Kelly Terpstra/Reporter

Nashua-Plainfield senior Drew Wilken runs with a pack of runners during last week's Cowpath Relays

Record leap highlights week for N-P boys

Lamborn clears 6-4 in high jump as Huskies take third at Central Springs

By KELLY TERPSTRA
Of the Reporter

The wind was not a high jumper's best friend on Monday in Manly.

In fact, with hollowing, almost gale-force-type gusts, it was more like a thorn in one's side.

That's where Aiden Lamborn's mantra of mind of matter set in and took hold.

Lamborn, a Nashua-Plainfield junior, overcame that obstacle and

blocked out the bad.

The result was a cool breeze, indeed.

Lamborn shattered the school record in the high jump in the last regular season meet of the season at the Panther Co-Ed Relays. He not only broke a 28-year old N-P mark, but topped his personal-best leap by over three inches.

"He actually started out at 5-6 and he didn't get that," said N-P head coach Chase Sudol. "Then he battled back and started jumping the best he's

ever jumped."

Lamborn – a state qualifier in the event last year – cleared 6-4 to break former Husky Corey Hendricks' old school record of 6-2, set in 1994.

"The wind was blowing so hard that the bar was literally blowing off without even touching the bar," said Sudol. "It's kind of one of things that if he touches the bar at all it's going off."

Lamborn cleared a mental hurdle,

SEE BOYS TRACK, 8



N-P senior Makenzie Foelske (center) gets off the blocks against Osage's Meredith Street (right) in the 100 dash at a Husky home invite last month.

Mahnesmith named TIC Coach of the Year

NP GIRLS TRACK: FROM 7

and distance medley. N-P re-broke the school record in the sprint medley and sports the second-fastest time in the state headed into this week with a clip of 1:51.89. The team consists of seniors Abbie Hyde, Rylee Weiss, Makenzie Foelske and freshman phenom Kadence Huck.

N-P is ranked No. 1 according to Varsity Bound in the dmed with the foursome of Foelske, Jennah Carpenter, Hyde and Huck. The three seniors and Huck shattered the conference meet record at Osage with a time of 4:18.97.

They'll look to break the school record at Hudson and topple an all-time mark that has stood for 31 years at N-P. The N-P distance medley team of former Huskies Cynthia Cmelik, Cathy Schultz, Tonya Fish and Andie Griffith still hold that record that came in 1991, which is 4:18.2.

N-P also won the 4x400 relay at the league meet with the team of Hyde, Carpenter, sophomore Jordyn Frost and Huck. The "fab four" comes into the state qualifying meet with a No. 2 ranking in the event with a time of 4:15.67.

Don't let the records fool you – these Huskies are still as fast-to-earth as high school athletes can be.

"Obviously it's important that we stay humble," said McCall. "We continue to focus on the little things that we need to focus on. We still have to show up on Thursday and we still have to perform on Thursday. It's not a guarantee that we get to go to

N-P beats the heat to advance to district competition

NP BOYS GOLF: FROM 7

year to advance as an individual district qualifier. N-P shot a 375 in 2021 as team on the same home course it played on Wednesday at sectionals last spring and did not advance to districts – finishing in third place.

N-P freshman Dawson Glaser fired a 93 in his first varsity sectional meet. N-P senior Bryce Anderson (100), sophomore Devon Griffin (105) and freshman Ty Berger (110) all shaved considerable strokes off their game since Monday's disappointing result.

"I'm super excited for the kids. We've got some kids that haven't played much golf and now we're at the next level. How you get there doesn't matter, you're one of the district qualifiers," said Trost.

The Huskies have played a considerable amount of golf in the last few weeks after not being able to hit the links at the start of the season.

"We were inside a lot. Not a lot of us were able to get out but this team's put a lot of work in to help get the score," said Rodruck.

The top two teams in a 1A sectional advance, unless the host school finishes in the top two spots of the team standings. That's exactly what happened on Wednesday. Clarksville and West Fork tied for third with 385s, but the Indians advanced on to district play courtesy of having the best score from its fifth golfer. That came down to Cooper Negan of Clarksville's 109 besting Ethan Shields of West Fork's 119.

North Butler had two individual district qualifiers in Mitchell Staudt (80) and Nolan Reser (86). West Fork's Noah Atkinson was meet medalist with a 78.

The state takes the best four individual finishers on to the next round of district play. Rodruck tied for fourth overall with Adam Wyborny of Rockford. Wyborny was

state automatically."

Huck also broke the conference meet record in the open 800. Her time of 2:24.58 is currently sixth-fastest in 1A.

If Foelske's smile had a price tag on it Thursday, it would have been a million dollar one.

Foelske, who placed seventh in the 100 dash last year, toppled fellow senior and friend Meredith Street of Osage for the first time since junior high in that event – by the slimmest of margins. That would be by just one-hundredth of a second – 12.82 to 12.83.

"Everybody was just super excited. I know we were even tearing up for her," said Mahnesmith.

Street and Foelske know each other well as they have played on the same club volleyball team over the years. Street was state runner-up in the 100 dash in 2021 in Class 2A. She's signed on to play volleyball for the University of Northern Iowa this fall. Foelske will run for Warburg College in Waverly.

"That race was amazing, just emotional. It showed that everything that 'Kenzie is working for is paying off," said McCall. "It was truly amazing to see her big smile."

N-P senior Breanna Hackman continues to cement her legacy as the most successful thrower in the history of field events for the Huskies. Hackman won both the shot put and the discus at conference and is looking to get back down to Drake Stadium. She holds the school record in both events and threw 37-4.5 in the shot put and 113-4 in the discus. Hackman finished state

runner-up in the shot put as a junior. She finished in third place in the discus at state.

Carpenter won the 400 hurdles in a season-best time of 1:12.52 at the Panther Relays.

To put a cherry on the top of sundae, Mahnesmith was selected as the TIC East Coach of the Year.

"I was definitely a humbling experience to receive that award. As a first-year head coach, I am still learning in so many ways. So to see our team be successful, share memories together, and have fun in the process, has been so rewarding," said Mahnesmith.

Mahnesmith also gave a shout out to McCall and Jay Connor, who also helps coach the N-P boys team.

"In addition to the talent on the team, I am also very fortunate to have some great assistant coaches who have been contributors to our season's success," said Mahnesmith.

TOP OF IOWA CONFERENCE MEET TEAM SCORES

Osage 118, Nashua-Plainfield 105, St. Ansgar 104, Central Springs 89.5, Northwood-Kensett 68, West Fork 64, North Butler 24.5, Mason City Newman 16.

NASHUA-PLAINFIELD RESULTS

100 - 1. Makenzie Foelske 12.82, 11. Bailey Fisher 15.13.
200 - 2. Abbie Hyde 28.11, 8. Jordyn Frost 29.15.
400 - 9. Ellie Eick 1:10.09, 12. Grace Gelner 1:14.69.
800 - 1. Kadence Huck 2:24.58, 10. Kara Levi 2:51.83.
110 hurdles - 12. Marleigh Lowe 20.47, 13. Emily Becker 20.49.
1,500 - 8. Amberley Gerholdt 5:59.65, 13. Lexi Weiss 6:39.72.
3,000 - 8. Emma O'Neill 16:06.77.
400 hurdles - 5. Jennah Carpenter

1:14.93, 10. Lowe 1:24.13.
Discus - 1. Breanna Hackman 113-4, 15. Myranda Webster 53-4.
High jump - 3. Frost 4-8.
Long jump - 1. Foelske 14-9.5, 13. Rylee Weiss 12.
Shot put - 1. Hackman 37-4.5, 11. Josslynn Glaser 26.75.
4x100 - 7. Bailey Fisher, Ryan Reams, Maci Malven, R. Weiss 59.15.
4x200 - 4. R. Weiss, Frost, Reams, Fisher 2:01.88.
4x400 - 1. Hyde, Carpenter, Frost, Huck 4:15.67.
4x800 - 4. Carpenter, Gerholdt, Levi, Eick 11:13.71.
Shuttle hurdle - 6. Lowe, Reams, Becker, Sheryl Bergmann 1:26.22.
Sprint medley - 1. Hyde, R. Weiss, Foelske, Huck 1:51.89.
Distance medley - 1. Foelske, Carpenter, Hyde, Huck 4:18.97.

PANTHER CO-ED RELAYS TEAM SCORES

Central Springs 162, Nashua-Plainfield 115, Clear Lake 91, North Union 86, Riceville 60, North Iowa 36, Northwood-Kensett 33, Rockford 14.

NASHUA-PLAINFIELD RESULTS

100 - 1. Foelske 13.34, 9. Hannah Lechtenberg 16.06.
200 - 7. Reams 31.07, 9. Fisher 31.44.
400 - 1. Huck 1:02.77, 5. Gelner 1:15.84.
800 - 3. Gerholdt 2:51.32, 5. Levi 2:53.22.
100 hurdles - 7. Reams 20.09, 11. Bergmann 25.42.
400 hurdles - 1. Carpenter 1:12.52, 6. Lowe 1:31.97.
Discus - 1. Hackman 115-2, 9. Webster 77-8.
High jump - 3. Frost 4-6.
Long jump - 1. Foelske 15-3, 9. Malven 10-3.
Shot put - 2. Hackman 37-7, 11. Glaser 28-2.
4x200 - 3. Fisher, Carpenter, Frost, Hyde 1:56.74.
4x800 - 5. Carpenter, Gerholdt, Levi, Eick 11:41.4.
Sprint medley - 1. Hyde, R. Weiss, Foelske, Huck 1:57.67.
Distance medley - 1. Foelske, Carpenter, Hyde, Huck 4:37.82.



Husky seniors (from left to right) Trey Nelson, Drew Rodruck and Bryce Anderson enjoy a moment at the sectional meet in Nashua on Wednesday.

also allowed to play at districts individually as the state allows more than four golfers to advance into the next round if that fourth-place tie involves an individual from the host school.

Rodruck and his Huskies beat the heat and came out on the other end smiling.

"The water helps. I don't think I've played golf in weather like this at least since last year. It made it more difficult as the day went on," Rodruck added. "Putting in the extra holes every day makes a difference."

TOP OF IOWA CONFERENCE EAST TEAM SCORES

Osage 342, North Butler 362, Mason City

CLASS 1A SECTIONAL TEAM SCORES

North Butler 344, Nashua-Plainfield 370, Clarksville 385, West Fork 385, Rockford 389, Tripoli 428, Riceville 516.
Medalist - Noah Atkinson (WF) 40-38-78.
Nashua-Plainfield scores - Rodruck 44-43-87, Nelson 47-43-90, Glaser 47-46-93, Anderson 62-61-123, Griffin 53-52-105, Berger 51-59-110.



Kelly Terpstra/Reporter
Nashua-Plainfield junior Bo Harrington runs in a relay earlier this spring.

Relays picking up speed for Nashua-Plainfield

NP BOYS TRACK: FROM 7

so to speak, at the state qualifying meet last year at Northwood where he cracked the state meet with a jump of 6-1.

"For a kid that was never going to go out for track, it was a cool moment for him and his talents to all come together in one night and see what he could do," said Sudol, about his school-record leap.

Lamborn, who stands 6-7, was at it again on Thursday down in Hudson at the state qualifying meet in effort to return to Des Moines.

"The kids got an opportunity ahead of him to do something really special," said Sudol. "That would have gotten him into Drake right there. That's how cool that moment is for him."

N-P's biggest night of the season prior to Thursday's huge meet at Hudson came last Thursday at the Top of Iowa Conference get together at Osage.

The Huskies finished in sixth place with 50 points, but PR'd in five relays (4x100, 4x400, 4x800, sprint and distance medley). That bodes well for the state qualifying meet according to Sudol.

"I thought that was the best we had ran in our relays and stuff. All our times were the best that we had done. I could see just guys going for it," said Sudol. "The effort that they put forth is what I want to see on Thursday and what it's going to take to accomplish what we want to accomplish."

N-P placed second in the 4x400 relay with a time of 3:36 and featured seniors Sam Fundermann, Drew Wilken, McKade Munn and junior Bo Harrington.

The distance medley squad of Fundermann, Lamborn, Munn and Harrington placed third (3:53).

N-P's 4x800 relay of juniors Devin Johnson, Dylan Blanchard, Harrington and Wilken ran its best clip of the year with a third-place finish in 8:41.

Husky sophomore Titus Evans placed second in the 400 hurdles at Manly in a season-best clip of 1:01.87.

N-P freshman Braiden Schaufenbuel ran his fastest time in the 3,200 run at Manly in 12:53.

Kaden Wilken, a junior, crossed the finish line in 16.29 in the 110 hurdles. That was his best time of the spring and placed him fifth. Drew Wilken ran his fastest time in the open 800 in 2:11 at Osage.

N-P's sprint medley squad of seniors Tyson White, Max Hillegas, Munn and Harrington placed fifth in 1:41.

"We're still going for our sprint med. It's kind of always been the one race since I've been coach that we go for," said Sudol, in his sixth season at N-P. "We're still hopeful there. The time's doable for us and our district. We just don't think we've put our best race together in that event yet."

Sudol hoped his Huskies send six out the seven relays to state in 2021. That goal remains the same.

"Our goals are big. I'm not going to lie to you. We want to win districts and we want to send just as many guys to state as last year," said Sudol. "It's just a matter of it all happening on that night."

N-P finished in third place at the Panthers Relays with 124 points. Clear Lake was first (138) and Central Springs was second (130). The 4x100 and 4x100 relays were not run as severe weather forced the cancellation of those events.

Sudol feels his talented squad also has what it takes to peak at exactly the right moment – just like his Huskies did at last year's state qualifying meet in Northwood.

"We're going to be asking a lot from the kids – I understand that," said Sudol. "I also think the next step in our program is to get a banner or something like that."

TOP OF IOWA CONFERENCE MEET TEAM SCORES

St. Ansgar 164, Central Springs 126, Osage 80, North Butler 59.5, Northwood-Kensett 55.5, Nashua-Plainfield 50, West Fork 38, Mason City Newman 16.

NASHUA-PLAINFIELD RESULTS

100 - 8. Kaden Wilken 12.34, 10. Tyson White 12.54.
200 - 10. Jackson Carey 26.8, 12. Caleb Lentz 27.49.
400 - 6. Drew Wilken 54.68, 9. Dylan Blanchard 56.86.
800 - 6. D. Wilken 2:11.32, 12. Devin Johnson 2:24.74.
110 hurdles - 5. K. Wilken 16.29, 6. Titus Evans 17.09.
1,600 - 8. Zachary Zwanziger 5:08.89, 14. Braiden Schaufenbuel 5:42.21.
3,200 - 8. Z. Zwanziger 11:38.99, 12. Caleb Sinnwell 12:54.02.
400 hurdles - 9. K. Wilken 1:02.93, 11. Joel Winters 1:04.3.
Discus - 11. Jackson Zwanziger 83-4, 13. Aiden Sullivan 76-1.
High jump - 3. Aiden Lamborn 5-10, 4. Bo Harrington 5-6.
Long jump - 6. Tate White 16-3, 11. Tucker Franzen 15-7.25.
Shot put - 3. Tyson White 41-3, 13. Jarrett Petersen 31-9.25.
4x100 - 5. Sam Fundermann, Aiden Gelner, McKade Munn, Tyson White 47.23.
4x200 - 5. Winters, Gelner, Hayden Munn, Lamborn 1:40.87.
4x400 - 2. Fundermann, Harrington, M. Munn, D. Wilken 3:36.76.
4x800 - 3. Johnson, Harrington, Blanchard, D. Wilken 8:41.29.
Shuttle hurdle - 5. Winters, Lamborn, Evans, K. Wilken 1:08.08.
Sprint medley - 5. Tyson White, Max Hillegas, M. Munn, Fundermann 1:41.54.
Distance medley - 3. Fundermann, Lamborn, M. Munn, Harrington 3:53.38.

PANTHER CO-ED RELAYS TEAM SCORES

Clear Lake 138, Central Springs 130, Nashua-Plainfield 124, Northwood-Kensett 94, North Union 43, North Iowa 41, Riceville 25, Rockford 7.

NASHUA-PLAINFIELD RESULTS

100 - 5. Hayden Munn 13.28, 8. J. Zwanziger 14.09.
200 - 5. K. Wilken 25.16.
400 - 3. D. Wilken 54.61, 6. Blanchard 59.91.
800 - 6. D. Wilken 2:14.59, 10. Johnson 2:30.76.
110 hurdles - 2. Evans 16.43, 4. K. Wilken 16.57.
3,200 - 2. Schaufenbuel 12:53.35, 5. Luke Paplow 13:48.24.
400 hurdles - 3.2. Evans 1:01.87, 4. Winters 1:04.
Discus - 9. J. Zwanziger 90-6, 13. Sullivan 76-4.
High jump - 1. Lamborn 6-4, 5. Harrington 5-6.
Long jump - 4. Evans 17-1.75, 8. Franzen 16-2.75.
Shot put - 2. Tyson White 41-9, 5. Petersen 36-9.
4x200 - 3. Fundermann, Gelner, M. Munn, Lamborn 1:39.02.
4x800 - 4. Johnson, Blanchard, Z. Zwanziger, Lentz 9:50.52.
Shuttle hurdle - 3. Evans, Winters, Lamborn, K. Wilken 1:06.51.
Sprint medley - 3. Tyson White, Hillegas, M. Munn, Fundermann 1:44.54.
Distance medley - 2. Fundermann, Lamborn, M. Munn, Harrington 4:00.86.

Thanks to Our Nurses



Qualities that help nurses thrive

Nursing is a challenging and rewarding field. Nurses are in high demand, and the COVID-19 pandemic has only highlighted just how vital these talented medical professionals are.

The American Association of Colleges of Nursing says nursing is the United States' largest health care profession, employing more than 3.8 million registered nurses. In 2018, the U.S. Bureau of Labor Statistics estimated that registered nurse jobs are projected to grow by 15 percent between 2016 and 2026. The Canadian Institute for Health Information says that, as of 2019, there were 439,975 regulated nurses in Canada.

Many people interested in nursing careers may wonder if they have what it takes to be a nurse. Certain qualities can help nurses thrive in this challenging field.

• **Trustworthiness:** For nearly two decades the American public has ranked nursing as its most trusted, admired and ethical profession, as indicated in Gallup polls. Nurses hold high ethical standards and 84 percent of respondents ranked nurses' honesty as "very high" or "high."

• **Empathy:** Being able to feel what another person is experiencing from the patient's point of view is a skill nurses must hone. This may require nurses to put themselves in their patients' shoes and adapt care to make patients feel more comfortable and secure.

• **Emotional stability:** Nurses often have to shelve

their emotions so they can offer their patients the most effective care. Each day can bring powerful emotions. Nurses are not robots, but they have to perfect the balance of being empathetic while remaining strong in challenging situations. According to Daymar College, research has shown that nurses who are emotionally stable are more capable of solving problems and keeping their patients safe.

• **Effective communication:** Great nurses are good communicators who can absorb information from their patients and communicate health care initiatives back succinctly. Nurses also must be able to effectively share information and care plans between doctors and other staff.

• **Problem-solving:** Professional nurses see problems and find solutions. They know when certain situations may be challenging and seek the input of others to come to a satisfactory outcome.

• **Team player:** Nurses need to work seamlessly with health care teams, patients, families, and all individuals involved in a health plan. This may require nurses to don many different hats while remaining flexible and being willing to adapt to changing situations on the fly.

Demand for nurses is surging and the profession can make for an exciting and rewarding career. Prospective nurses can take inventory of their personalities and skill sets to determine if nursing is the right fit.

These nursing specialists are in demand

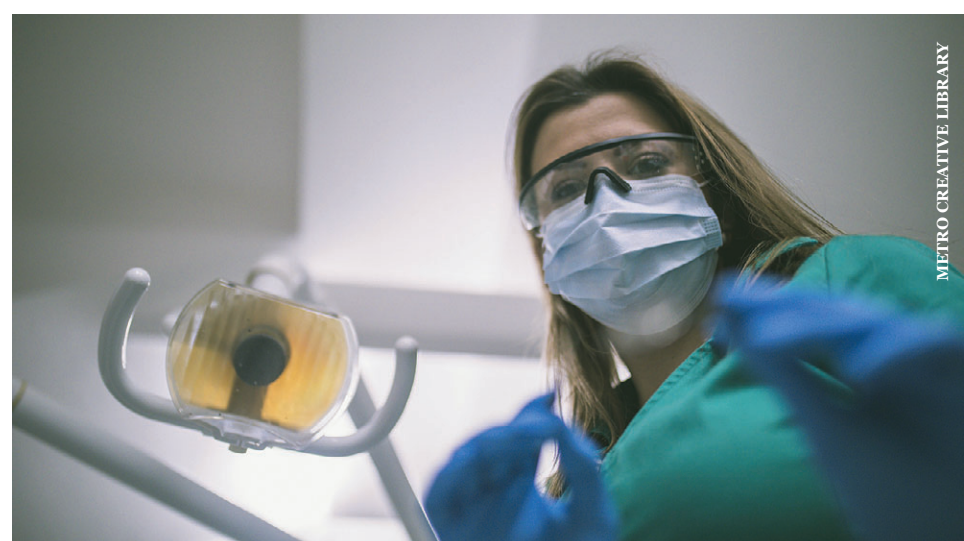
Nursing can be a fast-paced, exciting occupation. Nursing is a vibrant field that includes talented professionals who specialize in various areas of health care. Depending on which type of medicine they find appealing, nurses can work in various settings.

Demand for nurses is high. The U.S. Bureau of Labor Statistics predicted that the demand for nurses in the United States would soar in the early years of the 2020s. The ongoing global pandemic has increased demand for nurses even more and highlighted how essential these workers really are.

New nurses or seasoned applicants ready for something a little different may appreciate the growth potential in a variety of in-demand specialties.

• **Geriatric nurse:** The population of senior citizens is expected to increase by 75 percent between 2010 and 2030, according to Husson University Online. Many nurses have no geriatric training, making a career in geriatric nursing a viable option — and one that can provide for quality care for the aging population.

• **Cardiac nurse:** The World Health Organization reports that heart disease is the leading cause of death across the globe. So it should come as no surprise that the demand for nurses with a specialty in cardiac health is growing. Cardiac nurses can advise about preventing heart disease and



assist in surgical procedures.

• **Certified nursing anesthetist:** This interesting career option involves nursing and anesthesia. A certified nurse anesthetist administers anesthesia to patients under the supervision of an anesthesiologist. These nurses work closely with doctors in various fields.

• **Nursing midwife:** In this specialty, nurses deliver babies and provide health care to pregnant patients. They also are instrumental in offering prenatal and postnatal care.

• **Critical care nurse:** Critical care nurses are especially educated and trained

for emergency situations. They are called on to tend to serious wounds and monitor life-support systems.

• **Family nurse practitioner:** An individual who becomes an FNP is trained in primary care health services for people of all ages. The duties of an FNP are similar to a primary care physician in diagnosing and treating illnesses, providing physical exams and prescribing medications.

The opportunities in nursing are endless. Individuals have many options when they decide to become a nurse, and many fields that fall under the nursing umbrella are experiencing a shortage.

Comfortable footwear is a must for nurses

Nurses provide essential care for millions of people every day. Nursing can take a physical toll, as shifts can last anywhere from eight to 12 hours.

Studies indicate that an average 12-hour day shift requires a nurse to walk about five miles, while a 12-hour night shift will require a nurse to walk roughly three miles. All of that walking eventually can take a toll on the feet.

Nurses can combat foot pain and fatigue in a number of ways.

• **Choose supportive shoes.** Comfort begins with supportive shoes. Stores sell a

range of ergonomic shoes that cater to the unique needs of nurses. Most nursing shoes offer incredible support, actively absorb shock and properly position arches to prevent foot pain when standing for long periods.

• **Get the right fit.** The right fit also is important when choosing footwear. Wearing shoes that are too small or too big can cause problems. Large shoes lead to blisters, while small shoes can result in bunions, corns and even deformities that may require surgery.

• **Wear compression socks.** Compression socks can

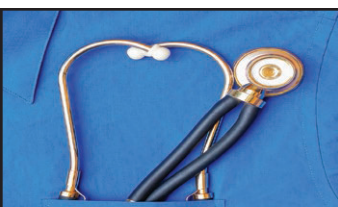
alleviate tired muscles and swollen feet. Prevention magazine says compression socks work to reduce fluid buildup and fatigue in the legs by promoting better blood flow in the veins of the calves and feet. Nurses should begin with lighter compression ratings, although a custom fit and prescription by a doctor is the best way to go about getting compression socks. Nurses also need comfortable, slip-resistant compression socks to move quickly and freely during emergency situations.

• **Alternate footwear.** Wearing the same shoes each day may lead to the forma-

tion of pressure points and can result in repetitive strain. Nurses should invest in more than one pair of supportive shoes and rotate through their collection.

• **Get a massage.** Foot massages and warm soaks are a treat and often are part of a pedicure. Both can make the feet feel better. Frequently stretching and rolling feet, and running the soles of the feet over a tennis ball can soothe the feet.

Foot health and comfort is something nurses should prioritize so they can do their jobs to the best of their abilities.



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N is for Never giving up
U is for Understanding what your patients need
R is for Reliable care you provide
S is for Saving lives
E is for Encouragement and giving others hope

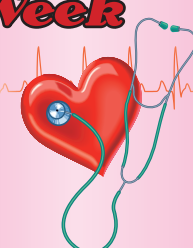


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Thanks to Our Nurses



THE MORE THINGS CHANGE ...

MERCYONE CLINICAL LEADER SAYS NURSING IS STILL ABOUT PEOPLE

By **BOB FENSKE**
Of the Reporter

Mike Tiedt laughed when he was asked if his childhood dream was to become a nurse.

"Well, I took a little circular route to this career," he said with a smile, "but once I found it, I knew this was my calling."

When he came out of high school, a graduate of Wapsie Valley, his plan was simple: Attend a two-year college, get an associates degree and then go to work in construction.

That meant there were times he was laid off; after all, this is the Midwest and not all of our seasons were created equal when it comes to construction.

So he went to work as a nurse's aide in the "offseason" and discovered he was born to be a nurse.

"I like helping people, that was the No. 1 thing," he said when asked about making the career switch. "Can it be a stressful job? Absolutely, but when it comes right down to it, I think this was supposed to be my career path. It just took a while to discover it."

Recently, he accepted a position as a clinical leader at MercyOne New Hampton Medical Center.

Tiedt works two days a week on the hospital's Med-Surg floor and spends the rest of the week doing what he calls "office work" that ranges from helping set up continuing education for the hospital's nursing staff to helping supervise hospital staff.

In many ways, it's been a refreshing new start for Tiedt, who began working in New Hampton this past February.

"I'll be honest, I was thinking about getting out of nursing," he said, "but then I saw this job, I applied for it and honestly, my heart pulled me back into it and I'm so appreciative for this place."

Still, he'll be the first to admit that the past two years have been a grueling period for doctors, nurses and hospital staff.

COVID-19 has led to what national healthcare experts say is an alarming "burnout rate" in healthcare.

"I get that because the pandemic was high stress, high burnout for nurses," he said. "It felt like we had double the weight if that makes any sense, and I was wondering if maybe I needed a change. Thankfully, this came along, and I feel recharged."

HIS ULTIMATE boss, MercyOne New Hampton CEO and President Aaron Flugum, said he has never appreciated his fellow healthcare workers as much as he has in the past two years.

"We see change all the time in healthcare," he said, "but the magnitude of change we've seen because of the pandemic — and sometimes it happened on a daily basis — has, at times, seemed to me to be overwhelming."

He talked about how the hospital's nurses had to take on new roles — OR nurses worked the floor or helped with COVID testing, for example — throughout the pandemic.

And Flugum pointed out it wasn't just nurses who had to be flexible.

"It was literally everyone in the hospital," he said. "Clinic staff had to change how we checked people in, cleaning staff had to turn over rooms faster than ever. I can go up

and down the list. Everyone employed here had to be flexible. I always been proud to work with these people, but the last couple of years, that pride has gone through the roof."

TIEDT KNOWS A thing or two about change; after all, it's been 25 years since he gave up construction and became a nurse.

He remembers the days when charting was done the old-fashioned way — with pen and paper. Today, electronics and technology have forever changed nursing.

Tiedt also will tell you that when he began work as a nurse, the "hierarchy" was much different.

"It's more team orientated than ever," he said. "Back then, it was the doctor and that was it. Today, it's more of a team approach. Obviously, the doctor is going to have the final say, but I think nurses today have more input, if that makes any sense, than we did when I first started."

But one thing hasn't changed, at least in his opinion.

"It's still about caring for people, putting the patient first," he said, "and the one thing I learned right away in nursing is that no two patients are alike. Nursing is more than putting in IVs, administering medicines and all that. Sometimes, it's just about listening."

WHEN HE MADE the decision to go into nursing, Tiedt was a newlywed, but his wife, Janeen, was 100 percent



Bob Fenske/Reporter

MercyOne New Hampton Medical Center clinical leader Mike Tiedt does some charting in a room on the hospital's Med-Surg floor earlier this week.

behind him as he received his LPN and RN degrees from Hawkeye Community College and his bachelor's degree from Bethel University in St. Paul, Minnesota.

For years, he specialized as in emergency care, and he can tell you the proverbial horrors stories that he saw while an ER nurse in a downtown Minneapolis hospital.

"We treated stabbings and we treated gunshot wounds," he said, "but one thing I always liked about emergency work is it was fast paced."

He said that he's worked at hospitals with 900 beds and 40,000 ER patients in a year and he's worked at hospitals with just 4,000 emergency "cases" a year, but they share a

common bond.

"But all the people come into the ER at the same time," he said with a laugh.

Asked if he misses working at a big-city hospital, Tiedt's smile said it all. He doesn't.

And he believes rural medicine is full of heroes — from the nurses to the doctors to the lab technicians to ... well, everyone who works at a small hospital.

"I think what I appreciate the most about rural medicine is the people are so flexible and have so much knowledge," he said. "In a bigger hospital, it's not just doctors that special-

ize, it's nurses. Out here, we're more generalists. The talent you see here at MercyOne New Hampton, honestly, I'd put it up against any of the big hospitals because they do everything here."

In a sense, he echoed the words Flugum spoke in his interview.

"People here are willing to do whatever it takes to deliver great patient care," the hospital administrator said. "That's to me what makes this place so special."

TODAY, TIEDT IS re-en-

ergized.

The father of two children — 16-year-old Elizabeth and 14-year-old Andrew — loves his new job, and he's extremely grateful that he remained a nurse.

"I love the people I work with," he said, "and every day, I get to get inspired because they obviously care so much about our patients."

He smiled when asked if he had any regrets about staying in nursing.

"I think if I had left, then I would be kicking myself right now. Thankfully, I didn't."

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